

BELLEVUE NETWORK ON AGING
MINUTES

January 4th, 2018
8:30-10:30am

Bellevue Hidden Valley Boys & Girls Club of Bellevue

MEMBERS PRESENT: Arlene Cheng, Ethan Crawford, Judy Dowling, Jullie Gray, Jeanne Grote, Beverly Heyden, Howard Katz, Hannah Kimball, Desiree Leigh, Bill Merriman, Berta Seltzer, Peggy Foster, Gazel Tan, Diana Thompson, George Twiss, Janet Zielasko,

MEMBERS ABSENT: Lauren Emery, Bob Megargel, Phyllis Smilen, Linda Whitehead,

STAFF PRESENT: Dan Lassiter/Bellevue Parks & Community Services,
Christy Strangland/Bellevue Human Services, Alex
O'Reilly/Bellevue Human Services

GUESTS: Debbie Lacey – Retreat Facilitator

RECORDING SECRETARY: Daniel Lassiter, Bellevue Parks & Community Services

WELCOME AND ROLL CALL - The meeting was called to order at 8:30am by Chair Hannah Kimball

APPROVAL OF MINUTES – December 7th, 2017 minutes approved with no changes.

[PRESENTATION & DISCUSSION] - BNOA Retreat

Debbie had Advocacy, Transportation/Housing, and Outreach/Memory Care report the 2017 activity.

Advocacy Committee

- Six members from BNOA and six members from the KSC attended Senior Lobby Day in Olympia on February 23, 2017 and met with legislators in the 41st, 45th and 1st Districts to share our State and Federal Agendas for 2017.
- BNOA and KSC Advocacy members (7 in total) met with Rep. Dave Reichert on May 31st to share and discuss our State and Federal Agendas for 2017.
- Four members from BNOA met with Congressman Adam Smith on August 10, 2017 to share and discuss our State and Federal Agendas for 2017.
- BNOA Advocacy member, Diana Thompson, has been actively involved at the state level regarding hearing aids and hearing loss issues. Senate Bill 5177 regarding Hearing loss education of health care providers did pass.

The Hearing Aid Bill has been requested to be included into Gov. Inslee's budget.

- BNOA and KSC Advocacy members closely followed and supported the Veteran, Human Services Senior levy proposal, which was on the ballot in November 2017 and passed.
- BNOA and KSC Advocacy continued to monitor the Medicare Observation Status at the state and federal levels.
- BNOA and KSC Advocacy group met with an Evergreen Hospital Care Manager re: hospitalizations and the selection process of finding quality skilled nursing facilities. The purpose of the meeting was to determine if there was a need to advocate for older adults regarding this issue.
- Bellevue City Councilmember Lynne Robinson was invited to BNOA at the December 2017 meeting to get her input as to how best to work in conjunction with the City Council regarding advocacy issues.

Transportation/Housing Committee

- The committee completed an annual audit of the City of Bellevue affordable housing website connected with ARCH.
- Information was gathered on all the forms of transportation available to aging adults in Bellevue and put it into a matrix format to show the gaps of affordable and accessible transportation in Bellevue.
- Met with Dave Berg (Director of Transportation) and Franz Loewenherz, from the Bellevue Transportation Department to discuss funding of a shuttle bus system for the Bellevue area. A potential letter from BNOA and another from the Bellevue Human Services Commission encouraging King County to fund a shuttle will be discussed and potentially pursued.

Outreach/Memory Care Committee

- BNOA PowerPoint presentation development. The presentation covers BNOA purpose and activity and where-to-turn information for aging adults of Bellevue. It can easily be changed to fit the targeted audience. The first presentation is scheduled for January 2018.
- The Outreach committee was represented at:
 - The Overlake Hospital Senior Fair
 - The Bellevue Strawberry Festival
 - Asian Services Health Fair

- India Association of Western Washington Health Fair
 - Welcome America Diversity event
 - Aging & Disability Housing forum
 - King County Library Resource Fair
 - Alzheimer's Café
 - BNOA advertised monthly by the Bellevue Neighborhood News letter
- Arranged and presented aging concerns at a City of Bellevue Council Proclamation of older Americans Month and then again for the Elder Abuse Awareness Day Proclamation

The BNOA team discussed potential presentations for the year including: How to Advocate; Elder Abuse Awareness with Paige Ulrey; Disability Law; Elder information referral service; Transportation options; Alzheimer discussion with Dr. Rhodes; Diversity with Debbie Lacey; Cannabis/pain management; Emergency Preparedness.

COMMITTEE ORGANIZATION – MEMBERS & GOALS

ADVOCACY

Members: Diana Thompson-Chair, Janet Zielasko, Jullie Gray, Jeanne Grote, Howard Katz,
Goals:

- 1. Implement BNOA State and Federal Agenda's**
 - Write pass out for Feb 22 lobby day by Feb 21, 2018
 - Attend lobby day Feb 22, 2018
 - Write legislators on issues of importance – ongoing
 - Revise Medicare pass out and support possible expansion – ongoing
 - Support aging & disability candidate's forum – Oct 2018
- 2. Adopt/implement BNOA Local Agenda**
 - Review the needs (e.g. Dementia support; advocate training; medical observation sheet review; inform the aging community of its' rights; Age Friendly Community...)

TRANSPORTATION/AFFORDABLE HOUSING

Members: Judy Dowling -Chair, Peggy Foster-co-chair, Hannah Kimball, Beverly Heyden, Berta Seltzer, Phyllis Smilen

Goals:

1. Work with the Bellevue Human Services Commission to be a sounding board for King County Metro Transportation.
2. Get members involved on affordable housing board
3. Village Exploration status.
4. Co-housing

OUTREACH / MEMORY CARE

Members: Gazel Tan co-chair, George Twiss co-chair, Ethan Crawford, Diana Thompson, Howard Katz, Hannah Kimball, Janet Zielasko, Arlene Cheng, Bill Merriman, Jeanne Grote, George Twiss, Desiree Leigh

Goals:

1. 2-way outreach – Aging Adults & COB Council
 - Implement PowerPoint
 - Explore sites to present the information.
 - Explore social media
 - Update and distribute the resource directory
2. Communication projects
 - Ask-a-Senior
 - Align with Bellevue buzzword “Access”

Program to sponsor

1. Memory care – George, Desiree, Jeanne
 - Museum activity
 - Momentia involvement
2. Chinese Information Service Center – George, Arlene, Gazel
 - Family Care Support Program support at Lake Hills, South Bellevue Community Center
3. Fraud prevention – Jeanne, Howard
4. Smart 9-1-1 - Diana

New Business

All BNOA were invited to the first BNOA PowerPoint presentation on Sunday January 14th at Pres. Church Newport.

Dan asked for members to consider providing the talk(s) at the City of Bellevue Council’s Proclamation of Senior Awareness Month and Aging Abuse Awareness Day and consider partnering with Bellevue Fire Cares for a proclamation on Fall Prevention in September.

An Ad Hoc committee was added to organize some meetings with other communities to encourage aging adult advocate groups to be developed in neighboring communities. The committee will be led by Berta Seltzer with Alex O’Reilly’s support.

The meeting adjourned at 12pm.