

**BELLEVUE NETWORK ON AGING
MINUTES**

March 1st, 2018
8:30-10:30am

Hidden Valley Boys & Girls Club of Bellevue

- MEMBERS PRESENT:** Judy Dowling, Gazel Tan, Diana Thompson, Janet Zielasko, Berta Seltzer, Beverly Heyden, Lauren Emery, Ethan Crawford, Phyllis Smilen, Peggy Foster, Arlene Cheng, George Twiss, Howard Katz
- MEMBERS ABSENT:** Linda Whitehead, Bob Megargel, Jullie Gray, Desiree Leigh, Bill Merriman, Christy Stangland, Jeanne Grote, Bob Megargel
- STAFF PRESENT:** Dan Lassiter/Bellevue Parks & Community Services,
- GUESTS:** Jill Leon/Providence ElderPlace
- RECORDING SECRETARY:** Abby Burdick/Bellevue Parks & Community Services
- WELCOME AND ROLL CALL:** The meeting was called to order by the Chair Hannah Kimball and roll call taken.
- APPROVAL OF MINUTES:** February 1st, 2018 minutes. Changes identified and minutes approved.

PRESENTATION & DISCUSSION:

Jill Leon, Providence ElderPlace: *Staying in Your Home as Long as Possible*

Introduction: Jill has worked in the Seattle Metro area in the Senior Health Care and Service Industry since 2006. She has helped Older Adults in Housing, Long Term care insurance, Home Health, Hospice and now with Providence ElderPlace the PACE program.

Presentation: PACE is a Medicare and Medicaid program that helps people meet their health care needs in the community instead of going to a nursing home or other care facility. PACE stands for Programs of All-Inclusive Care for the Elderly.

With PACE, the focus is on the individual — you have a team of health care professionals working with you and your family to make sure you get the coordinated care you need. Usually they care for a small number of people (1:7 ratio).

PACE organizations provide care and services in the home, the community, and the PACE center. They have contracts with many specialists and other providers in the community to make sure that you get the care you need. Many people in PACE get most of their care from staff employed by the PACE organization in the PACE center. PACE centers meet state and federal safety requirements.

PACE provides all the care and services covered by Medicare and Medicaid if authorized by your health care team. If your health care team decides you need care and services that Medicare and Medicaid doesn't cover, PACE may still cover them.

Here are some of the services PACE covers:

- Adult day primary care (including doctor and recreational therapy nursing services)
- Dentistry
- Emergency services
- Home care
- Hospital care
- Laboratory/x-ray services
- Meals
- Medical specialty services
- Nursing home care
- Nutritional counseling
- Occupational therapy
- Physical therapy
- Prescription drugs
- Preventive care
- Social services, including caregiver training, support groups, and respite care
- Social work counseling
- Transportation to the PACE center for activities or medical appointments, if medically necessary. You may also be able to get transportation to some medical appointments in the community.

See PowerPoint presentation located on the BNOA website for more information.

COMMITTEE REPORTS:

Outreach, Education & Diversity Committee *(reported Gazel Tan)*

The committee has been working on the Transportation Survey. The survey deadline has been extended to March 17th. The survey will be available at the Active Adult Overlake Health Fair at Westminster Chapel March 3rd for which the committee is looking for three more volunteers to assist at this event in addition to Diana, Gazel, Judy, Desire, Ethan & Peggy.

Howard & Gazel attended the Neighborhood Leadership meeting with Mark Cummings, the new Director of Planning, who may be a beneficial guest speaker at a BNOA meeting. The planning department did a survey on the top 10 priority issues for residents of Bellevue, traffic and congestion, maintaining parks and open spaces, education and public safety were among the top priorities as a result. Gazel will e-mail this survey/its results to the group.

The Neighborhood Conference is coming up in April.

Transportation & Housing Committee *(reported by Judy Dowling)*

The committee has been mostly consumed with the Transportation Survey. The electronic pin pad for voting is not going to work out. The committee is just going to move forward with paper surveys translated to Mandarin, Spanish, Russian and Korean at the Senior Fair and at North Bellevue Community Center.

The committee is going to be working with Janet Lewine to audit the housing website next month.

There is a meeting at 6:30pm on Monday, March 5th at City Hall about permanent housing for the Bellevue homeless population (Eastgate Shelter).

There were several people that attended the Human Services Commission listening session to tell stories about personal transportation experiences in Bellevue. There will be another opportunity to tell your stories on March 20th at 6:00pm. Don Okazaki of King County Metro will take down the input and Christy Stangland will facilitate the meeting. If you plan to attend e-mail Dan Lassiter.

Advocacy Committee *(reported by Diana Thompson)*

Diana attended Senior Lobby Day. The issues that the committee is supporting are reducing the training requirements for people that give respite care, the hearing aid bill and two property tax bills.

COMMUNITY PARTNERSHIPS REPORTS:

Eastside Easy Rider Collaborative *(reported by Hannah Kimball)*

There was no meeting in February. The new Collaborative Mobility Coordinator, Anna Lofing, has been active and aggressive in getting involved and cross pollinating with all the organizations. Thursday, March 8th at the Redmond Library, 4:00-6:00pm Puget Sound Regional Council is doing a listening session for Vision 2050.

Eastside Human Services Forum *(no report)*

Timebank of Puget Sound *(no report)*

Aging & Disability Services *(no report)*

Senior Lobby *(no report Diana Thompson)*

The ADHOC Committee met. How can we collaborate and have a stronger voice? Are there concerns that overlap and would be of interest to all the cities? Does it make most sense for all the jurisdictions to meet 3 or 4 times a year and if there are overlapping concerns, should we be moving forward as a unified group? Maybe the Eastside Human Services forum group would take this on as a project and we would work alongside?

NEW BUSINESS *(no report)*

STAFF REPORT *(reported by Dan Lassiter)*

Darrion Spratley will be taking information brochures to the fair on behalf of the Advisory Board and BNOA. Gazel will pick up the materials on Sunday and take them back to North Bellevue Community Center soon thereafter.

Next month's presenter is Gwen Russo, an Associate Planner with Bellevue's Planning & Community Development Department (PCD) to talk about aging adult statistics in Bellevue.

In May the BNOA will present proclamation to Council on Aging Adult Awareness Month. Dan needs assistance in putting that together and going to council. Judy Dowling volunteered to receive the proclamation and speak a little on behalf of aging adults.

Adjourn

The meeting adjourned at 10:30am.