

Discover. Connect. Belong.

View the full calendar and learn more at:
BellevueWA.gov/fall-into-fun

Fall Into Fun

STORIES WE SHARE

Sept. 1-30 | 2026 | Free September classes

Celebrate connection, belonging and community all month long with free and low-cost activities at the Northwest Arts Center and Bellevue Main Club. You're invited to try new experiences, meet new people and enjoy recreation, wellness and creativity throughout September.

Sept. 14

- Tai Chi: Chen-Style Class | 10-11 a.m. | Ages 18+ | Bellevue Main Club
- Fit and Strong 55+ | 11-11:50 a.m. | Ages 55+ | Northwest Arts Center
- Chair Yoga: Adapt & Flow | noon-12:50 p.m. | Ages 55+ | Northwest Arts Center
- Zumba Gold | 2-2:50 p.m. | Ages 55+ | Northwest Arts Center

Sept. 15

- Yoga: Mixed Levels | 9:30-10:30 a.m. | Ages 16+ | Northwest Arts Center
- Fitness 55+ Level 1 | 10-10:50 a.m. | Ages 55+ | Bellevue Main Club
- Fitness 55+ Level 2 | 11-11:50 a.m. | Ages 55+ | Bellevue Main Club

Sept. 16

- Tai Chi, Chi Kung & Mindful Movement | 10-11 a.m. | Ages 16+ | Northwest Arts Center
- Weight Training & Fitness | 11:15 a.m.-12:15 p.m. | Ages 16+ | Northwest Arts Center

Sept. 17

- Yopalates: Stretch and Strengthen | 10:30-11:30 a.m. | Ages 16+ | Northwest Arts Center

Sept. 18

- Fit and Strong 55+ | 10-10:50 a.m. | Ages 55+ | Northwest Arts Center
- Chair Yoga: Adapt & Flow | 11-11:50 a.m. | Ages 55+ | Northwest Arts Center

Sept. 19

- Jazzercise | 9-10 a.m. | Ages 16+ | Northwest Arts Center
- Tai Chi Chen-Style Class | 10:30-11:30 a.m. | Ages 18+ | Northwest Arts Center



PCS-26-85928

For alternate formats | interpreters | or reasonable modification requests please phone at least 48 hours in advance 425-452-7192 (voice) or email blarsen@bellevuewa.gov. For complaints regarding modifications | contact the City of Bellevue ADA | Title VI | and Equal Opportunity Officer at ADATitleVI@bellevuewa.gov.

