

# Connections

September-December 2025



[register.bellevuewa.gov](https://register.bellevuewa.gov) | 425-452-6885





# Connections

## Bellevue City Council

Lynne Robinson, Mayor  
Mo Malakoutian, Deputy Mayor  
Dave Hamilton  
Conrad Lee  
Jared Nieuwenhuis  
John Stokes  
Janice Zahn

## Parks & Community Services Board

Chair, Rowena Clima  
Vice-Chair, Michelle Valverde  
Member, Steve Chianglin  
Member, Eileen Chou  
Member, Paul Clark  
Member, Eric Drever  
Member, Elizabeth Kronoff

## City of Bellevue Tax ID Number / 91-6007020

Every attempt has been made to ensure that information in this brochure is accurate at the time of publication. For the most up-to-date information on activity availability, pricing, dates, times, and location, please visit our online registration system at [register.bellevuewa.gov](http://register.bellevuewa.gov).

Program availability, minimum and maximum enrollment, location, times, dates, and health screening requirements are all subject to change based on the latest guidance from local, state, and national public health authorities.

### Questions or comments about this publication?

Bridgette Larsen, Parks Marketing Coordinator, [blarsen@bellevuewa.gov](mailto:blarsen@bellevuewa.gov).

## Equal Opportunity Statement

The City of Bellevue assures that no person shall on the grounds of race, color, national origin, or sex as provided by Title VI of the Civil Rights Act of 1964, and related statutes, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any City of Bellevue program or activity. Any person who believes his/her Title VI protection has been violated may file a complaint with the ADA/Title VI Administrator. For Title VI complaint forms and advice, please contact the ADA/Title VI Administrator at 425-452-6168.

## Bellevue Parks & Community Services

PO Box 90012 | Bellevue, WA 98009-9012

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**Information**

정보  정보

सूचना  資料

**425-452-6800**

సమాచారం Thông Tin

Información معلومات

اطلاعات Информация

## Human Services Commission

Chair, Jaskaran Singh Sarao  
Vice-Chair, Angela White  
Member, Delfina Gonzalez  
Member, Angela Phan  
Member, Fitri Rashid  
Member, Olga Perelman  
Ex-Officio Member, Police Major Ellen Inman

## Food & Refreshments

Programs listed in this brochure may include a food or beverage refreshment. Please contact your Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

# Financial Assistance Available for Recreation Programs



Bellevue Parks & Community Services strives to make program opportunities available to all interested individuals who live in the boundaries of the city of Bellevue, regardless of income. We provide scholarships to those who might not otherwise be able to participate. Visit one of the locations listed at the bottom of this page to obtain a copy of the scholarship application form, visit [bellevuewa.gov/connections](http://bellevuewa.gov/connections) to download a copy, or call 425-452-6885 and staff will be happy to mail you a copy of the form, free of charge.

贝尔维尤公园和社区服务中心致力于为居住在贝尔维尤市边界地区的所有对此计划感兴趣的人士提供机会，而不会考虑个人的收入情况。我们为可能无法参与的人士提供奖学金。您可前往本页面底部列出的其中任一地点，领取一份奖学金申请表副本，也可以浏览网站 [bellevuewa.gov/connections](http://bellevuewa.gov/connections) 下载一份副本，或致电 425-452-6885，工作人员将乐意给您免费邮寄申请表副本。

Bellevue 公園和社區服務致力於為居住在 Bellevue 市邊界的所有感興趣的個人提供計劃機會，無論收入為何。我們為那些可能無法參加的人提供獎學金。請瀏覽本頁下方列出的地點之一以索取獎學金申請表的副本，請瀏覽 [bellevuewa.gov/connections](http://bellevuewa.gov/connections) 下載副本，或致電 425-452-6885，工作人員將很樂意為您郵寄一份副本表格，無需額外費用。

Bellevue パーク&コミュニティサービスは、プログラムにご興味をお持ちのBellevue市民全員が収入の多寡によらずご利用いただけるよう努めています。参加が叶わない方には奨学金を支給しています。奨学金の申請用紙は、このページの下に記載の場所にて直接入手または [bellevuewa.gov/connections](http://bellevuewa.gov/connections) からダウンロード、あるいは 425-452-6885 にお電話いただければ、職員が無料で用紙を郵送させていただきます。

벨뷰 공원 및 근린시설 서비스는 소득 수준과 관계없이 프로그램에 관심이 있는 벨뷰시 거주 시민이라면 누구든지 프로그램을 이용할 기회를 제공 하고자 노력합니다. 참여가 어려운 사람에게는 장학금을 제공합니다. 이 페이지 하단에 열거된 지점 중 한 곳을 방문하거나 [bellevuewa.gov/connections](http://bellevuewa.gov/connections)를 방문하여 장학금 지원서 양식을 받을 수 있으며, 425-452-6885번으로 전화하면 직원이 지원서 양식을 무료로 발송해드립니다.

Bãi đỗ xe & Dịch vụ Cộng đồng Bellevue cố gắng tạo cơ hội tham gia chương trình cho tất cả những cá nhân quan tâm sống trong địa phận thành phố Bellevue, bất kể thu nhập. Chúng tôi cung cấp học bổng cho những cá nhân không thể tham gia. Truy cập một trong những địa điểm được liệt kê ở cuối trang này để lấy một bản sao của mẫu đơn đăng ký học bổng, truy cập [bellevuewa.gov/connections](http://bellevuewa.gov/connections) để tải xuống một bản sao, hoặc gọi 425-452-6885 và nhân viên luôn sẵn lòng gửi cho quý vị một bản sao của mẫu đơn qua đường bưu điện hoàn toàn miễn phí.

Служба парков и коммунальных предприятий Белвью предлагает программы создания возможностей всем заинтересованным лицам, которые живут в пределах города Белвью, независимо от их дохода. Мы предоставляем стипендии тем, кто без этого не сможет стать участником программы. Получить бланк заявки на стипендию можно в одном из офисов, перечисленных в нижней части этой страницы. Чтобы скачать бланк заявки, зайдите на страницу [bellevuewa.gov/connections](http://bellevuewa.gov/connections) или позвоните по номеру 425-452-6885, и сотрудники бесплатно отправят вам бланк по почте.

Parques y Servicios Comunitarios de Bellevue procura hacer que las oportunidades para participar en los programas estén disponibles a todos aquellos que estén interesados y vivan dentro de los límites de la ciudad de Bellevue, independientemente de sus ingresos. Otorgamos becas a los que no podrían participar de otra manera. Visite algunos de los locales listados al pie de esta página para obtener una copia del formulario de solicitud de becas, también puede ingresar a [bellevuewa.gov/connections](http://bellevuewa.gov/connections) y descargar el formulario o puede llamar al 425-452-6885 y el personal felizmente le enviará una copia por correo electrónico sin costo.

**Bellevue Aquatic Center** 601 143rd Ave NE  
**Bellevue City Hall** 450 110th Ave NE – ServiceFirst  
**Bellevue Youth Theatre** 16501 NE 10th St  
**Crossroads Community Center** 16000 NE 10th St  
**Highland Community Center** 14224 Bel-Red Rd  
**Kelsey Creek Farm** 410 130th Pl SE

**Crossroads Mini City Hall** 15600 NE 8th St #H9  
**North Bellevue Community Center**  
4063 148th Ave NE  
**Northwest Arts Center** 9825 NE 24th St  
**South Bellevue Community Center**  
14509 SE Newport Way



Adaptive Recreation - Physical & Intellectual

Adaptive Recreation: Fire Arts Class

Explore your creativity through pottery and glass fusion in a class designed for individuals with intellectual disabilities. Participants will build confidence while working with their hands to design and create original art pieces. A two-week turnaround is needed for projects completed on the final day. Students may bring a snack if needed. New participants must meet with Northwest Arts Center staff before registering. Call 425-452-4106 or email [nwac@bellevuewa.gov](mailto:nwac@bellevuewa.gov) to schedule.

Northwest Arts Center

\$200(R) \$240(N) Ages 18/up  
9242 Fri 1-2:30 p.m. 10/3-11/21

Adaptive Tennis

Learn basic tennis skills in a supportive environment designed for individuals with intellectual disabilities. This program focuses on building confidence, coordination and a love of the game through active participation.

All new participants must meet with instructor Sara Wilson prior to registering. Please call 425-452-7690 or email [swilson@bellevuewa.gov](mailto:swilson@bellevuewa.gov) for your appointment.

Robinswood Tennis Center

Fall 1 Session Registration Dates:  
August 5 (R) August 12 (NR)

\$48(R) \$48(N) Ages 14/up  
9821 Wed 4-5 p.m. 9/17-10/22

Fall 2 Session Registration Dates:  
October 6 (R) October 13 (NR)

\$56(R) \$56(N) Ages 14/up  
9852 Wed 4-5 p.m. 11/5-12/17

\*\*\*For the following classes all new participants must meet with Mary Boyle prior to registering. Please call 425-452-4118 or email [mboyle@bellevuewa.gov](mailto:mboyle@bellevuewa.gov) for an appointment. \*\*\*



Artistic Inspirations

Develop your artistic talents in this evening class designed for adults with intellectual disabilities. This evening art class is for the more serious artists. Each week a different medium will be explored from watercolor to colored pencil drawings and more!

No class on holidays.

Highland Community Center & Park

\$75(R) \$90(N) Ages 18/up  
10212 Mon 5-7 p.m. 9/22-11/24

Arts & Crafts

This class is adapted and designed for individuals living with intellectual disabilities. Join us for a burst of creativity and fun with exciting arts and crafts projects! Let your imagination soar and create something amazing! Note: Only one craft class per session.

No class on holidays.

Highland Community Center & Park

\$56(R) \$68(N) Ages 18/up  
10238 Fri 1-2:30 p.m. 9/26-11/21  
10237 Fri 11 a.m.-12:30 p.m. 9/26-11/21

BINGO

Join a lively evening of fun in this class designed for adults with intellectual disabilities. Enjoy classic BINGO games with a chance to win fun prizes (no money involved) and build social connections in a welcoming and entertaining setting.

No class on holidays.

Highland Community Center & Park

\$52(R) \$63(N) Ages 18/up  
10230 Wed 7-8 p.m. 9/24-11/26

Full Fitness

This class is designed for adults with intellectual disabilities and meets twice a week to discuss nutrition and healthy lifestyle habits over dinner. Participants bring their own meal. After dinner, the group practices exercises focusing on strength, balance, flexibility and control.

No class on holidays.

Highland Community Center & Park

\$92(R) \$111(N) Ages 18/up  
10218 Tue, Thu 5-6:30 p.m. 9/23-11/25

Highland Hangout

Designed for adults with intellectual disabilities, this relaxed class offers time to unwind with board games, coloring, puzzles or friendly conversation. Enjoy music and make new connections while choosing the activities you love. Feel free to drop in and make the afternoon your own.

No class on holidays.

Highland Community Center & Park

\$52(R) \$63(N) Ages 18/up  
10211 Mon-Thu 3-5 p.m. 9/22-11/26

Highland Times

Join this participant-led publication where the group collaborates to select topics and work on individual articles. This is a great opportunity to share your perspective and create something meaningful for the community. Bring a meal or snack to enjoy while working together. Attendance is important to complete each issue.

No class on holidays.

Highland Community Center & Park

Free Ages 18/up  
10296 5-7 p.m. 10/8, 10/29, 11/19

Indoor Boccia

This class is designed and adapted for adults with intellectual disabilities. Join the Highland Boccia team and enjoy this exciting precision ball sport in a fun, supportive setting. Boccia is similar to Bocce and involves throwing, kicking or using a ramp to get your ball closest to the target ball, called the jack. Build coordination, strategy and teamwork while having a great time indoors.

No class on holidays.

Highland Community Center & Park

\$62(R) \$75(N) Ages 18/up  
10239 Sat 10 a.m.-12 p.m. 9/27-11/22

Mindful Movement

This class is designed for adults with intellectual disabilities and explores the connection between mindfulness and movement. Each week, the group will engage in activities that promote physical and emotional wellness, including journaling, yoga, meditation, balance exercises and dance.

No class on holidays.

Highland Community Center & Park

\$74(R) \$89(N) Ages 18/up  
10217 Mon, Wed 5-7 p.m. 9/22-11/26

Movie Time

This class is designed and adapted for adults with intellectual disabilities. Bring your dinner and enjoy a movie in-house with your peers. Participants can bring up to two movies (rated: G, PG, or PG13) to submit to the group vote each week.

No class on holidays.

Highland Community Center & Park

\$52(R) \$63(N) Ages 18/up  
10225 Wed 5-7 p.m. 9/24-11/26





## Multi-Sport

Enjoy friendly competition and teamwork while playing a variety of sports in this class designed for adults with intellectual disabilities. Each week offers a chance to try new activities, including basketball, volleyball, hockey, kickball and other indoor games. No class on holidays.

Highland Community Center & Park

\$71(R) \$88(N) Ages 18/up

10219 Tue, Thu 6:30-8 p.m. 9/23-11/25

## Physical Disability Exercise

This class is developed and adapted for adults with physical disabilities. Whether you are seeking to maintain motor strength, enhance range of motion, or build your social network this fitness course has something for you. No class on holidays.

Highland Community Center & Park

\$108(R) \$130(N) Ages 18/up

10243 Tue, Thu 11 a.m.-12 p.m. 9/23-12/4

10244 Tue, Thu 12.-1:30 p.m. 9/23-12/4

## Social Club

Connect, laugh and make new friends in this fun weekly gathering for adults with intellectual disabilities. Each session offers something different, from game nights to karaoke, in a welcoming and upbeat environment that encourages socializing and shared experiences. No class on holidays.

Highland Community Center & Park

\$52(R) \$63(N) Ages 18/up

10215 Mon 7-8 p.m. 9/22-11/24

## Virtual Trivia Night

Test your knowledge and have fun with others in this virtual trivia night designed for adults with intellectual disabilities. Topics include Highland facts, Seattle sports, music, decades and more. No trivia experience needed. Just bring your best guesses and a good sense of humor. Everyone gets a chance to participate and be part of the fun. No class on holidays.

Highland Community Center & Park

\$52(R) \$63(N) Ages 18/up

10216 Mon 7-8 p.m. 9/22-11/24

## Virtual BINGO

This class is designed for adults with intellectual disabilities. Enjoy the fun of BINGO from home in this virtual class! Each week the BINGO game will be hosted on Zoom. Keep an eye on your email inbox to receive your BINGO card (you will use the same BINGO card for all weeks). Real prizes and real fun included.

No class on holidays.

Highland Community Center & Park

\$52(R) \$63(N) Ages 18/up

10234 Wed 7-8 p.m. 9/24-11/26

## Special Events

### Island Beats & Little Feet

Fall into fun with a live performance by Ian Dobson, featuring the vibrant sounds of steel drums and popular tunes that will have the whole family smiling! While the concert is open to all ages, little ones (ages 0-8) can enjoy a playful scavenger hunt.

Highland Community Center & Park

Free for all ages

10536 10 a.m.-12 p.m. 9/10

### Kelsey Creek Farm Fair

Meet farm animals, collect pumpkins and take a wagon ride at the annual Kelsey Creek Farm Fair. Festivities will include pony rides, pumpkin patch and decorating, hands-on heritage activities, animal viewing, country lane children's play area, pedal tractors, tractor-pulled wagon rides and food trucks. For more information, call 425-452-7688 or email [kelseycreekfarm@bellevuewa.gov](mailto:kelseycreekfarm@bellevuewa.gov).

Kelsey Creek Farm

Free for all ages

10527 11a.m.-4 p.m. 10/04



## Halloween Howl '25

Get ready to boogie in the moonlight at this Halloween dance designed for individuals with intellectual disabilities. Enjoy a night of ghoulish fun with witch's brew, Halloween treats and snacks. Capture scary-good moments at the photo booth, create eerie masterpieces in the crafting corner, or relax in the sensory room. Guardians and caregivers are free. Registration is accepted at the door.

Highland Community Center & Park

\$10(R) \$12(N) Ages 16/up

10240 6-8:30 p.m. 10/24

## Trick or Treat with the Farm Animals

Dress up in your favorite costume and trick-or-treat alongside farm animals in costume! Kids can decorate their own bag, make Halloween-themed crafts and try pumpkin bowling. This event takes place both indoors and outdoors.

Education Barn, Kelsey Creek Farm

\$30(R) \$36(NR) Age 2-10

10530 1-3 p.m. 10/25

## Monster Mash Halloween Bash

This indoor community event is an opportunity for all ages to enjoy a fun trick-or-treat party! Collect your candy while enjoying theme-based crafts and activities. Our indoor play gym for toddlers will also be open. No registration required.

Northwest Arts Center

Free for all ages

6212 5:30-8 p.m. 10/25

## Highland's Holiday Dinner & Dance Party '25

Join friends and Highland staff to dance the night away, enjoy a delicious dinner and capture memories in the photo booth. A sensory room is available for relaxation. Guardians and caregivers are free. Registration is accepted at the door.

North Bellevue Community Center

\$10(R) \$12(N) Ages 16/up

10241 6-8:30 p.m. 12/5

## Holiday Barn Lighting

Kick off the holiday season with a countdown to turn on the barn lights! Sing carols and enjoy crafts, hot cocoa and photos with the animals. You'll also have the chance to go inside the barn and watch the animals eat dinner.

Education Barn, Kelsey Creek Farm

Free for all ages

10532 5-6:30 p.m. 12/6

## Seafair Cruise

This event is designed for adults with intellectual disabilities. Join the parade along the Lake Washington shoreline aboard ships provided by Meydenbauer Yacht Club with volunteer support. Space is limited. Wheelchair and walker users must register directly through Seafair. Interested in volunteering? Contact Mary Boyle at 425-452-4118 or [mboyle@bellevuewa.gov](mailto:mboyle@bellevuewa.gov).

Meet at Meydenbauer Bay Yacht Club

Free Ages 18/up

10242 2.-5 p.m. 12/7



Performing Arts —  
Bellevue Youth Theatre

Ticket prices: \$13  
Live stream: \$8  
[register.bellevuewa.gov](https://register.bellevuewa.gov) or 425-452-7155  
\* **Sensory-friendly show**

**Phantom**  
Travel with us to 1880s Paris with a twist! While not a musical, this steampunk retelling of Gaston Leroux’s “Phantom of the Opera” has thrills, mystery, intrigue, and enough music to satisfy the opera ghost in us all. Celebrate with BYT this fall!

Friday, Oct. 24 7 p.m.  
**Saturday, Oct. 25 5 p.m.\***  
Sunday, Oct. 26 2 p.m.  
Saturday, Nov. 1 2 p.m. and 7 p.m.  
Sunday, Nov. 2 2 p.m.

**Wendy and Peter: Into Neverland**  
We have all heard the story of Peter Pan, the boy who never grew up. Now it is time to hear from Wendy. In an original twist on a classic tale, Wendy and Peter: Into Neverland explores the world of fairies, pirates, lost children, all through the eyes of Wendy. This show is heart-warming and fun for the whole family.

Friday, Nov. 7 7 p.m.  
**Saturday, Nov. 8 5 p.m.\***  
Sunday, Nov. 9 2 p.m.  
Friday, Nov. 14 7 p.m.  
Saturday, Nov. 15 2 p.m. and 7 p.m.  
Sunday, Nov. 16 2 p.m.

**The Wonderful Wizard of Oz**  
Join us for this retelling of the classic book The Wonderful Wizard of Oz by L. Frank Baum. Get ready for a magical journey where we meet the characters we all know and love, from the Munchkins to the Cowardly Lion, to the Wonderful Oz himself. This new non-musical adaptation offers a different take from the original movie, focusing on the imagination of

the book. Let’s follow the path of the yellow brick road where discovery takes you home.  
Friday, Nov. 21 7 p.m.  
**Saturday, Nov. 22 5 p.m.\***  
Sunday, Nov. 23 2 p.m.  
Friday, Nov. 28 7 p.m.  
Saturday, Nov. 29 2 p.m. and 7 p.m.  
Sunday, Nov. 30 2 p.m.

**Elf: The Musical Jr**  
Santa’s coming! Get in the holiday spirit and join us for Elf: The Musical Jr. Based on the 2003 movie “Elf”, this musical take on the classic story follows Buddy the Elf as he travels from Santa’s Workshop to New York City so he can find his father, spread Christmas joy, and discover who he really is. Come enjoy the fun music, Christmas cheer, classic jokes and elf-tastic dancing this holiday season. After all, “The best way to spread Christmas cheer is singing loud for all to hear!”

Friday, Dec. 5 7 p.m.  
**Saturday, Dec. 6 5 p.m.\***  
Sunday, Dec. 7 2 p.m.  
Friday, Dec. 12 7 p.m.  
Saturday, Dec. 13 2 p.m. and 7 p.m.  
Sunday, Dec. 14 2 p.m.

**Theatre**  
**Cast Audition Information**  
Tuesday, Sept. 2 at SBCC, 5 p.m.-6:30 p.m. for Wendy and Peter: Into Neverland  
Wednesday, Sept. 3 or Thursday, Sept. 4 at BYT, 5 p.m.-6:30 p.m. for Phantom, Wendy and Peter: Into Neverland, The Wonderful Wizard of Oz, and Elf JR.

**Phantom**  
Travel with us to 1880’s Paris with a twist! While not a musical, this steampunk retelling of Gaston Leroux’s “Phantom of the Opera” has thrills, mystery, intrigue and enough music to satisfy the opera ghost in us all. Roles for participants 10 and up. **No conflicts Oct. 20-26 and Nov. 1-2**

Ages 10/up  
Rehearsal location: BYT-Main Space  
Rehearsal begins: Monday, Sept. 15  
Rehearsal time: 5-7 p.m.  
Tech week: Oct. 20-23  
Performs: Oct. 24-Nov. 2

**Wendy and Peter: Into Neverland**  
We have all heard the story of Peter Pan, the boy who never grew up. Now it is time to hear from Wendy. This original twist on a classic tale, explores the world of fairies, pirates, lost children, all through the eyes of Wendy. **No conflicts Nov. 3-9 and Nov. 14-16.**

Ages 5/up  
Rehearsal location: SBCC-206 A  
Rehearsal begins: Monday, Sept. 22  
Rehearsal time: 5-7 p.m.  
Tech week: Nov. 3-6  
Performs: Nov. 7-16

**The Wonderful Wizard of Oz**  
Join us for this retelling of the classic book The Wonderful Wizard of Oz by L. Frank Baum. Get ready for a magical journey where we meet the characters we all know and love, from the Munchkins to the Cowardly Lion, to the Wonderful Oz himself. This new non-musical adaptation offers a different take from the original movie, focusing on the imagination of the book. **No conflicts Nov. 17-23 and Nov. 28-30.**

Ages 5/up  
Rehearsal location: BYT-Rehearsal Room  
Rehearsal begins: Monday, Sept. 22  
Rehearsal time: 5:30-7:30 p.m.  
Tech week: Nov. 17-20  
Performs: Nov. 21-30

**Elf JR.**  
Are you excited to treat every day like it’s Christmas?!? Based on the 2003 movie “Elf”, this musical take on the classic story follows Buddy the Elf as he travels from Santa’s Workshop to New York City so he can find his birth father,

spread Christmas joy, and discover who he really is. Come sing and dance with us this fall, after all, “the best way to spread Christmas cheer is singing loud for all to hear!” Children under 11 and participants over 19 should expect ensemble roles. **No conflicts Dec. 1-7 and Dec. 12-14.**

Ages 5/up  
Rehearsal location: CCC-Theatre Room  
Rehearsal begins: Monday, Sept. 22  
Rehearsal time: 5-7 p.m.  
Tech week: Dec. 1-4  
Performs: Dec. 5-14

**Theatre Classes**  
**Exploring Theatre**  
Step into a world of magic, imagination, and creative play with Exploring Theatre! This fun, interactive class is designed for little ones (ages 3-5) and their grown-ups to explore popular fairy tales and children’s books through playful theater activities, dress up, and games. Develop social skills, confidence, empathy, and imagination by bringing beloved characters to life and exploring their stories.

<b>\$60(R) \$72(N)</b>	<b>Ages 3-5</b>	
<b>10313</b>	<b>Thu</b>	<b>10-11 a.m. 9/4-9/25</b>
<b>\$75(R) \$90(N)</b>	<b>Ages 3-5</b>	
<b>10314</b>	<b>Thu</b>	<b>10-11 a.m. 10/2-10/30</b>
<b>\$45(R) \$54(N)</b>	<b>Ages 3-5</b>	
<b>10315</b>	<b>Thu</b>	<b>10-11 a.m. 11/6-11/20</b>

**Improv for All!**  
Explore the exciting world of improv theater in this fun, interactive class led by experienced improv artist and educator Kendall Uyeji. Through creative exercises and engaging games, students of all experience levels will build teamwork, quick-thinking skills, and stage confidence. Participants will also gain valuable life skills such as problem-solving, empathy, and public speaking.

<b>Free</b>	<b>Ages 12-19</b>	
<b>10316</b>	<b>Fri</b>	<b>7-9 p.m. 9/5-10/17</b>



## Tennis

### Week-to-Week Tennis Classes

#### Cardio Tennis

Enjoy short cycles of tennis workouts designed to raise your heart rate and improve aerobic fitness. Players of all abilities are welcome to join the fun and get a great workout on the court. Registration opens seven days before each class with online sign-up at noon and phone registration at 12:30 p.m. Call 425-452-7690. Registration is non-refundable and non-transferable.

#### Robinswood Tennis Center

**\$13(R) \$13(N) Ages 18/up**  
**Mon 1:30-2:30 p.m.**  
**Wed 6:30-7:30 p.m.**

#### Senior Drill & Play

This class combines instruction, drills and point play, running September through June. Registration opens seven days before each class. Online registration is available at noon and phone registration at 12:30 p.m. by calling 425-452-7690. Registration is non-refundable and non-transferable.

#### Robinswood Tennis Center

**\$14 (R) \$14 (N) Ages 50/up**  
**Tue 1:30-2:45 p.m.**  
**Tue 6:30-7:45 p.m.**

## Adult Tennis

#### Beginning Tennis

This class covers basic tennis skills including etiquette, rules and scoring. It is designed for players with a USTA level of 2.0.

#### Robinswood Tennis Center

**Fall 1 Session Registration Dates:**  
**August 5 (R) August 12 (NR)**  
**\$147 (R) \$147 (N) Ages 18/up**

9798	Mon	2:45-4 p.m.	9/8-10/20
9799	Tue	1:30-2:45 p.m.	9/9-10/21
9806	Tue	7:45-9 p.m.	9/9-10/21
9800	Wed	11 a.m.-12:15 p.m.	9/10-10/22
9807	Wed	9-10:15 p.m.	9/10-10/22

#### Fall 2 Session Registration Dates:

**October 6 (R) October 13 (NR)**

**\$147 (R) \$147 (N) Ages 18/up**

9836	Mon	2:45-4 p.m.	10/27-12/15
9837	Tue	1:30-2:45 p.m.	10/28-12/16
9844	Tue	7:45-9 p.m.	10/28-12/16

**\$168 (R) \$168 (N) Ages 18/up**

9838	Wed	11 a.m.-12:15 p.m.	10/29-12/17
9845	Wed	9-10:15 p.m.	10/29-12/17

#### Advanced Beginning Tennis

This class builds on basic skills, reinforces techniques and introduces advanced drills focused on doubles play. Designed for players with a USTA level of 2.5 or higher.

#### Robinswood Tennis Center

#### Fall 1 Session Registration Dates:

**August 5 (R) August 12 (NR)**

**\$147 (R) \$147 (N) Ages 18/up**

9801	Mon	1:30-2:45 p.m.	9/8-10/20
9802	Tue	11 a.m.-12:15 p.m.	9/9-10/21
9803	Tue	2:45-4 p.m.	9/9-10/21
9808	Tue	9-10:15 p.m.	9/9-10/21
9804	Wed	12:15-1:30 p.m.	9/10-10/22
9809	Wed	7:45-9 p.m.	9/10-10/22

#### Fall 2 Session Registration Dates:

**October 6 (R) October 13 (NR)**

9839	Mon	1:30-2:45 p.m.	10/27-12/15
9840	Tue	11 a.m.-12:15 p.m.	10/28-12/16
9841	Tue	2:45-4 p.m.	10/28-12/16
9846	Tue	9-10:15 p.m.	10/28-12/16

**\$168 (R) \$168 (N) Ages 18/up**

9842	Wed	12:15-1:30 p.m.	10/29-12/17
9847	Wed	7:45-9 p.m.	10/29-12/17



Register online [register.bellevuewa.gov](https://register.bellevuewa.gov) | 425-452-6885



#### Intermediate Tennis

This class is for players with sound fundamentals who want to improve advanced techniques such as spin serves, continental grip volleys, slice backhands and basic strategies. Designed for USTA level 3.0 or higher.

#### Robinswood Tennis Center

#### Fall 1 Session Registration Dates:

**August 5 (R) August 12 (NR)**

**\$147 (R) \$147 (N) Ages 18/up**

9805	Mon	12:15-1:30 p.m.	9/8-10/20
9810	Mon	7:45-9 p.m.	9/8-10/20
9811	Thu	7:45-9 p.m.	9/11-10/23

#### Fall 2 Session Registration Dates:

**October 6 (R) October 13 (NR)**

9843	Mon	12:15-1:30 p.m.	10/27-12/15
9848	Mon	7:45-9 p.m.	10/27-12/15
9849	Thu	7:45-9 p.m.	10/30-12/18

#### Advanced Tennis

This class focuses on advanced drills and strategies for singles and doubles play. Designed for players with a USTA level of 3.5 or higher.

#### Robinswood Tennis Center

#### Fall 1 Session Registration Dates:

**August 5 (R) August 12 (NR)**

**\$147 (R) \$147 (N) Ages 18/up**

9812	Mon	9-10:15 p.m.	9/8-10/20
9813	Thu	9-10:15 p.m.	9/11-10/23

#### Fall 2 Session Registration Dates:

**October 6 (R) October 13 (NR)**

9850	Mon	9-10:15 p.m.	10/27-12/15
9851	Thu	9-10:15 p.m.	10/30-12/18

## Junior Tennis Teams

Robinswood Junior Teams require tryouts to register. Tryout forms are available at [BellevueWA.gov/tennis](https://BellevueWA.gov/tennis). Forms can be dropped off in person at the front desk or brought on tryout day. Check the form for the drop-off deadline. Prep Team spots are limited and filled on a first-come basis.

#### Prep Team

The Prep Team focuses on strengthening rally skills for students who have completed the Intermediate Saturday class. The goal is to develop consistent rallies and begin match play. Entry requires a tryout. Participants registered for a Saturday class cannot try out for a Junior Team within the same session. Tryout forms are available at [BellevueWA.gov/tennis](https://BellevueWA.gov/tennis).

#### Robinswood Tennis Center

**\$72(R) \$72(N) Ages 7-18**

#### Fall 1 Session

Sat	9-10 a.m.	9/13-10/25
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#### Fall 2 Session

Sat	9-10 a.m.	11/1-12/20
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#### Team 1

Players have progressed past the Intermediate class and Prep Team level. They can keep score, play matches, execute volleys and overheads, and place serves consistently. Entry requires a tryout. Participants registered for a Saturday class cannot try out for a Junior Team within the same session.

#### Robinswood Tennis Center

**\$168 (R) \$168 (N) Ages 7-18**

#### Fall 1 Session

Tue, Thu	4-5:15 p.m.	9/9-10/23
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#### Fall 2 Session

Tue, Thu	4-5:15 p.m.	10/28-12/18
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Register online [register.bellevuewa.gov](https://register.bellevuewa.gov) | 425-452-6885



Team 2

Players have completed a session in one of the top ladder spots on Team 1. They show progression in basic skills and incorporate them into match play. Entry requires a tryout. Participants registered for a Saturday class cannot try out for a Junior Team within the same session.

Robinswood Tennis Center  
\$168 (R) \$168(N) Ages 7-18

Fall 1 Session  
Tue, Thu 5:15-6:30 p.m. 9/9-10/23

Fall 2 Session  
Tue, Thu 5:15-6:30 p.m. 10/28-12/18

Tournament Team

Players have completed a session in one of the top ladder spots on Team 2. Students actively participate in tournaments. They have a strong grasp of basics and work on offensive shots and strategies. Entry requires a tryout. Participants registered for a Saturday class cannot try out for a Junior Team within the same session.

Robinswood Tennis Center  
Fall 1 Session  
\$252(R) \$252(N) Ages 7-18  
Mon, Wed, Fri 5:15-6:30 p.m. 9/8-10/24

Fall 2 Session  
\$264 (R) \$264 (N) Ages 7-18  
Mon, Wed, Fri 5:15-6:30 p.m. 10/27-12/19

Elite Team

Players have completed a session in one of the top ladder spots on Tournament Team. This is the highest-level junior team at Robinswood, designed for advanced players. Drills are in a match-play environment. Entry requires a tryout. Participants registered for a Saturday class cannot try out for a Junior Team within the same session.

Robinswood Tennis Center  
Fall 1 Session  
\$252(R) \$252(N) Ages 7-18  
Mon, Wed, Fri 4-5:15 p.m. 9/8-10/24

Fall 2 Session  
\$264(R) \$264(N) Ages 7-18  
Mon, Wed, Fri 4-5:15 p.m. 10/27-12/19

Youth Tennis

Little Lobbers  
The Little Lobbers class helps young children build hand-eye coordination and develop muscle memory for basic tennis form.

Robinswood Tennis Center  
\$91(R) \$91(N) Ages 4-6

Fall 1 Session Registration Dates:  
August 5 (R) August 12 (NR)  
9815 Sat 11-11:45 a.m. 9/13-10/25

Fall 2 Session Registration Dates:  
October 6 (R) October 13 (NR)  
9854 Sat 11-11:45 a.m. 11/1-12/20

Beginning  
The Beginning class is designed for children with little or no prior tennis experience. The goal is to introduce basic tennis skills.

Robinswood Tennis Center  
Fall 1 Session Registration Dates:  
August 5 (R) August 12 (NR)  
\$91(R) \$91(N) Ages 7-10  
9817 Sat 1:30-2:30 p.m. 9/13-10/25  
\$91(R) \$91(N) Ages 11-14  
9818 Sat 2:30-3:30 p.m. 9/13-10/25

Fall 2 Session Registration Dates:  
October 6 (R) October 13 (NR)  
\$91(R) \$91(N) Ages 7-10  
9857 Sat 1:30-2:30 p.m. 11/1-12/20  
\$91(R) \$91(N) Ages 11-14  
9858 Sat 2:30-3:30 p.m. 11/1-12/20

Advanced Beginning

The Advanced Beginning class is for students who have completed Beginning or have similar previous lessons.

Robinswood Tennis Center  
Fall 1 Session Registration Dates:  
August 5 (R) August 12 (NR)  
\$91(R) \$91(N) Ages 7-10  
9819 Sat 3:30-4:30 p.m. 9/13-10/25  
\$91(R) \$91(N) Ages 11-14  
9820 Sat 4:30-5:30 p.m. 9/13-10/25

Fall 2 Session Registration Dates:  
October 6 (R) October 13 (NR)  
\$91(R) \$91(N) Ages 7-10  
9859 Sat 3:30-4:30 p.m. 11/1-12/20  
\$91(R) \$91(N) Ages 11-14  
9860 Sat 4:30-5:30 p.m. 11/1-12/20

Teen  
The Teen class is designed for beginning and advanced beginning levels of teens. The class will focus on fundamental skills.

Robinswood Tennis Center  
\$91(R) \$91(N) Ages 15-18  
Fall 1 Session Registration Dates:  
August 5 (R) August 12 (NR)  
9816 Sat 12-1 p.m. 9/13-10/25

Fall 2 Session Registration Dates:  
October 6 (R) October 13 (NR)  
9856 Sat 12-1 p.m. 11/1-12/20

Intermediate  
The Intermediate class is for students who have completed Advanced Beginning or have comparable experience. This is the highest level of Saturday youth lessons.

\$91(R) \$91(N) Ages 7-14  
Fall 1 Session Registration Dates:  
August 5 (R) August 12 (NR)  
9814 Sat 10-11 a.m. 9/13-10/25

Fall 2 Session Registration Dates:  
October 6 (R) October 13 (NR)  
9853 Sat 10-11 a.m. 11/1-12/20

Drop-in Sports

SBCC Drop-in Sports  
South Bellevue Community Center offers a variety of drop-in sports. Join us for badminton, basketball, pickleball, volleyball and family-friendly options.

Drop-in Badminton  
Available Monday and Wednesday,  
10:30 a.m.-12:30 p.m. and 6-8 p.m.  
\$4(R) \$5(N) Ages 18/up

Drop-in Basketball  
Available Wednesday 6 a.m.-8 a.m.,  
Thursday 6-8 p.m., and Saturday 8-10 a.m.  
no class 10/25)  
\$4(R) \$5(N) Ages 18/up

Drop-in Family Badminton  
Available Sunday 8 a.m. to 10 a.m.  
A family-friendly program for children under 18 to play with a parent or guardian. One adult participant per household is required on court. No drop-offs or organized activities allowed.

Free Ages 5/up

Drop-in Family Pickleball  
Available Sunday 10 a.m.-12 p.m.  
A family-friendly program for children under 18 to play with a parent or guardian. One adult participant per household is required on court. No drop-offs or organized activities allowed.

Free Ages 5/up

Drop-in Pickleball  
Available Monday and Friday 6-8 a.m.,  
Thursday 10:30 a.m.-12:30 p.m. and 3-5 p.m.  
\$4(R) \$5(N) Ages 18/up

Drop-in Volleyball  
Available Tuesday and Thursday 6-8 a.m.,  
Tuesday 6-8 p.m., and Friday 4-6 p.m.  
\$4(R) \$5(N) Ages 18/up

NBCC Drop-in Sports

North Bellevue Community Center offers several drop-in sports for adults 18 and older. No registration is required for billiards, and fees for pickleball and ping pong are payable at the door. Discounts are available with the City of Bellevue PlayPass.

Drop-in Billiards

Play pool on two regulation-sized tables during business hours. Balls, cues, racks and chalk are provided.

Free	Ages 18/up		
7052	Weekdays	9 a.m.-8 p.m.	9/2-12/30

Drop-in Pickleball

Join a recreational pickleball game during two-hour sessions. Courts and nets are provided. Players bring their own paddle and balls. Maximum 18 players per session.

\$4(R) \$5(N)	Ages 18/up		
7065	Tue, Thu	6-8 p.m.	9/2-12/18
7064	Mon, Wed, Fri	3-5 p.m.	9/3-12/29

Drop-in Ping Pong

Play recreational ping pong during specified times. Tables and nets are provided. Players bring their own paddles and balls.

\$4(R) \$5(N)	Ages 18/up		
7066	Mon, Fri	3-5 p.m.	9/3-12/31

Hidden Valley Sports Park Drop-in Sports and Clinics

Drop-in Pickleball

Play recreational pickleball with courts and nets provided. Players must bring their own paddle and balls. A City of Bellevue PlayPass is recommended and can be purchased at any City recreation facility or online.

\$4(R) \$5(N)	Ages 18/up		
10162	Tue, Wed	10 a.m.-12 p.m.	9/2-12/23
10594	Fri	12:30-2:30 p.m.	9/2-12/23

Drop-in Volleyball

Coed volleyball for adults 18 and older. This drop-in program recommends a COB PlayPass. Day drop-in fees may be paid by Visa or MasterCard only.

\$4(R) \$5(N)	Ages 18/up		
10163	Mon, Fri	10 a.m.-12 p.m.	9/5-12/19

Beginner Pickleball Clinic for Adults

This four-session clinic is designed for beginners. Learn pickleball basics including rules, techniques, and terminology, along with beginner play time. Nets and balls are provided. Participants must bring their own paddle. Advance registration required.

\$30-\$40(R) \$36-\$48(N)	18/up		
10164	Thu	10 a.m.-12 p.m.	9/4-9/25
10165	Thu	10 a.m.-12 p.m.	10/2-10/23
10167	Thu	10 a.m.-12 p.m.	11/6-11/20
10168	Thu	10 a.m.-12 p.m.	12/4-12/18

Pickleball Clinic (3-week)

For beginners to advanced beginners, this clinic covers the fundamentals of pickleball, rules, terminology, strategy, and practice matches. Nets and balls are provided. Bring your own paddle. Advance registration required.

\$40(R) \$48(N)	Ages 18/up		
10164	Thu	10 a.m.-12 p.m.	9/4-9/25
10165	Thu	10 a.m.-12 p.m.	10/2-10/23
\$30(R) \$36(N)	Ages 18/up		
10167	Thu	10 a.m.-12 p.m.	11/6-11/20
10168	Thu	10 a.m.-12 p.m.	12/4-12/18

CCC Drop-in Programs

Crossroads Community Center offers a variety of free and low-cost drop-in programs for youth, adults and families. No registration required, first-come, first-served and space is limited.

Indoor Kite Flying

Enjoy free indoor kite flying on the 1st and 3rd Thursday of each month. Equipment provided by our facility partner.

Free for all ages			
8393	Thu	5:45-7:45 p.m.	9/4-12/18

Adult & Family Sports

Adult Pickup Basketball (Fall)

Register for the full 10-week session, averaging \$5 per game. Check in with staff and sign the attendance sheet upon arrival. Teams and rules are decided by the group each night.

Hidden Valley Sports Park			
\$20(R) \$20(N)	Ages 18/up		
9953	Mon	8-10 p.m.	11/24-12/15
\$50(R) \$50(N)	Ages 18/up		
9952	Mon	8-10 p.m.	9/15-11/17

Adult Pickup Pickleball (Fall)

Register for 10 sessions at \$5 per session. Three courts are available. Partners are chosen upon arrival.

Hidden Valley Sports Park			
\$50(R) \$50(N)	Ages 18/up		
9954	Thu	8-10 p.m.	9/18-11/20

SBCC Badminton

South Bellevue Community Center offers a variety of badminton clinics and classes for all skill levels.

Badminton Clinic

This introductory 90-minute clinic is designed for beginners and those who have never played before. Learn the basics of badminton, including rules, terminology, and recreational play. All equipment is provided. Advance registration is required.

South Bellevue Community Center			
\$10(R) \$12(N)	Ages 18/up		
9751	Mon	8:30-10 a.m.	9/8
9752	Wed	8:30-10 a.m.	9/10
9753	Mon	8:30-10 a.m.	9/15
9755	Wed	8:30-10 a.m.	9/17
9756	Mon	8:30-10 a.m.	9/22
9757	Wed	8:30-10 a.m.	9/24
9758	Mon	8:30-10 a.m.	9/29
9759	Wed	8:30-10 a.m.	10/1
9760	Mon	8:30-10 a.m.	10/6
9761	Wed	8:30-10 a.m.	10/8
9762	Mon	8:30-10 a.m.	10/13

Adult Pickleball

Drop in for open-play pickleball on three courts. Morning and afternoon sessions available. 24-player maximum.

\$4(R) \$5(N)	Ages 18/up		
9333	Mon-Thu	9 a.m.-11 a.m.	9/2-12/18
9332	Mon, Tue	12-2 p.m.	9/2-12/16
9330	Tue	5:45-7:45 p.m.	9/2-12/16

Adult Basketball

Get moving in the morning playing basketball or extend your lunch break with drop-in adult hoops.

\$4(R) \$5(N)	Ages 18/up		
9331	Sat	10 a.m.-12 p.m.	9/6-12/27
9334	Thu, Fri	12-2 p.m.	9/4-12/19

Adult Volleyball

Play pickup volleyball on Wednesday nights and Saturday afternoons. One net available; 18-player max.

\$4(R) \$5(N)	Ages 18/up		
9336	Sat	12-2 p.m.	9/6-12/27
9335	Wed	5:45-7:45 p.m.	9/3-12/17



Games Room

Play pool, table tennis, air hockey, card games and more in our fully stocked games room. Drop in during business hours.

Free for all ages			
9351	Weekdays	9 a.m.-7:45 p.m.	9/2-12/19
9352	Sat	9 a.m.-4:45 p.m.	9/6-12/27

Games Room (Winter Session)

Limited hours during winter session.

Free for all ages			
9353	Mon-Sat	9 a.m.-4:45 p.m.	12/22-1/3



9763	Wed	8:30-10 a.m.	10/15
9764	Mon	8:30-10 a.m.	10/20
9765	Wed	8:30-10 a.m.	10/22
9766	Mon	8:30-10 a.m.	10/27
9767	Wed	8:30-10 a.m.	10/29
9768	Mon	8:30-10 a.m.	11/3
9769	Wed	8:30-10 a.m.	11/5
9770	Mon	8:30-10 a.m.	11/10
9771	Wed	8:30-10 a.m.	11/12
9772	Mon	8:30-10 a.m.	11/17
9773	Wed	8:30-10 a.m.	11/19
9774	Mon	8:30-10 a.m.	11/24
9775	Wed	8:30-10 a.m.	11/26
9777	Mon	8:30-10 a.m.	12/1
9778	Wed	8:30-10 a.m.	12/3
9779	Mon	8:30-10 a.m.	12/8
9780	Wed	8:30-10 a.m.	12/10
9781	Mon	8:30-10 a.m.	12/15
9782	Wed	8:30-10 a.m.	12/17
9783	Mon	8:30-10 a.m.	12/22

### SBCC Climbing Wall

The South Bellevue Climbing Wall stands 33 feet tall, modeled after the granite of Index, Wash. It features three top-rope stations with routes ranging from beginner to expert levels, plus a bouldering wall. SBCC offers climbing programs for all ages and abilities.

### Intro to Adaptive Climbing

This free, six-week class is designed for youth ages 6 and up with intellectual or developmental disabilities. Families are encouraged to participate alongside their children. Participants will learn climbing basics including equipment, knots, techniques, safety, and communication through games and challenges. All equipment is provided. Pre-registration is required and can be completed by emailing [sbcc@bellevuewa.gov](mailto:sbcc@bellevuewa.gov). A modification intake meeting is required for participants prior to the class start date.

#### South Bellevue Community Center

Free Ages 6/up

9881	Tue	6-7:30 p.m.	9/9-10/14
9882	Tue	6-7:30 p.m.	10/21-12/2 (no class 11/11)

### Staffed Belay Session

Experienced staff belay climbers during these one-hour sessions, providing a safe and encouraging environment. Equipment provided; climbing shoes not included. Athletic shoes required. Pre-registration required.

#### South Bellevue Community Center

\$8(R) \$9.60(N) Ages 6/up

9947	Mon	4-5 p.m.	9/8
9948	Mon	5-6 p.m.	9/8
9950	Tue	4-5 p.m.	9/9
9951	Tue	5-6 p.m.	9/9
9955	Wed	4-5 p.m.	9/10
9956	Wed	5-6 p.m.	9/10
9962	Mon	4-5 p.m.	9/15
9963	Mon	5-6 p.m.	9/15
9965	Tue	4-5 p.m.	9/16
9966	Tue	5-6 p.m.	9/16
9967	Wed	4-5 p.m.	9/17
9968	Wed	5-6 p.m.	9/17
9973	Mon	4-5 p.m.	9/22
9974	Mon	5-6 p.m.	9/22
9976	Tue	4-5 p.m.	9/23
9977	Tue	5-6 p.m.	9/23
9978	Wed	4-5 p.m.	9/24
9979	Wed	5-6 p.m.	9/24
9984	Mon	4-5 p.m.	9/29
9985	Mon	5-6 p.m.	9/29
9987	Tue	4-5 p.m.	9/30
9988	Tue	5-6 p.m.	9/30
9989	Wed	4-5 p.m.	10/1
9990	Wed	5-6 p.m.	10/1
9994	Mon	4-5 p.m.	10/6
9995	Mon	5-6 p.m.	10/6
9997	Tue	4-5 p.m.	10/7
9998	Tue	5-6 p.m.	10/7
9999	Wed	4-5 p.m.	10/8
10000	Wed	5-6 p.m.	10/8
10012	Tue	4-5 p.m.	10/14
10013	Tue	5-6 p.m.	10/14
10014	Wed	4-5 p.m.	10/15
10015	Wed	5-6 p.m.	10/15

10019	Mon	4-5 p.m.	10/20
10020	Mon	5-6 p.m.	10/20
10022	Tue	4-5 p.m.	10/21
10023	Tue	5-6 p.m.	10/21
10024	Wed	4-5 p.m.	10/22
10025	Wed	5-6 p.m.	10/22
10030	Mon	4-5 p.m.	10/27
10031	Mon	5-6 p.m.	10/27
10033	Tue	4-5 p.m.	10/28
10034	Tue	5-6 p.m.	10/28
10035	Wed	4-5 p.m.	10/29
10036	Wed	5-6 p.m.	10/29
10040	Mon	4-5 p.m.	11/3
10041	Mon	5-6 p.m.	11/3
10043	Tue	4-5 p.m.	11/4
10044	Tue	5-6 p.m.	11/4
10045	Wed	4-5 p.m.	11/5
10046	Wed	5-6 p.m.	11/5
10050	Mon	4-5 p.m.	11/10
10051	Mon	5-6 p.m.	11/10
10056	Wed	4-5 p.m.	11/12
10057	Wed	5-6 p.m.	11/12
10061	Mon	4-5 p.m.	11/17
10062	Mon	5-6 p.m.	11/17
10064	Tue	4-5 p.m.	11/18
10065	Tue	5-6 p.m.	11/18
10066	Wed	4-5 p.m.	11/19
10067	Wed	5-6 p.m.	11/19
10071	Mon	4-5 p.m.	11/24
10072	Mon	5-6 p.m.	11/24
10074	Tue	4-5 p.m.	11/25
10075	Tue	5-6 p.m.	11/25
10076	Mon	4-5 p.m.	12/1
10077	Mon	5-6 p.m.	12/1
10079	Tue	4-5 p.m.	12/2
10080	Tue	5-6 p.m.	12/2
10081	Wed	4-5 p.m.	12/3
10082	Wed	5-6 p.m.	12/3
10089	Tue	4-5 p.m.	12/9
10086	Mon	4-5 p.m.	12/8
10087	Mon	5-6 p.m.	12/8

10090	Tue	5-6 p.m.	12/9
10091	Wed	4-5 p.m.	12/10
10092	Wed	5-6 p.m.	12/10
10096	Mon	4-5 p.m.	12/15
10097	Mon	5-6 p.m.	12/15
10099	Tue	4-5 p.m.	12/16
10100	Tue	5-6 p.m.	12/16
10101	Wed	4-5 p.m.	12/17
10102	Wed	5-6 p.m.	12/17

### Intro to Climbing

This 1.5-hour session teaches climbing basics to prepare participants for rock climbing and future programs. Equipment provided; climbing shoes not included. Athletic shoes required. Open to youth and adults.

#### South Bellevue Community Center

\$15(R) \$18(N) Ages 6/up

9949	Mon	6-7:30 p.m.	9/8
9958	Wed	6-7:30 p.m.	9/10
9964	Mon	6-7:30 p.m.	9/15
9969	Wed	6-7:30 p.m.	9/17
9975	Mon	6-7:30 p.m.	9/22
9980	Wed	6-7:30 p.m.	9/24
9986	Mon	6-7:30 p.m.	9/29
9991	Wed	6-7:30 p.m.	10/1
9996	Mon	6-7:30 p.m.	10/6
10001	Wed	6-7:30 p.m.	10/8
10016	Wed	6-7:30 p.m.	10/15
10021	Mon	6-7:30 p.m.	10/20
10026	Wed	6-7:30 p.m.	10/22
10032	Mon	6-7:30 p.m.	10/27
10037	Wed	6-7:30 p.m.	10/29
10042	Mon	6-7:30 p.m.	11/3
10047	Wed	6-7:30 p.m.	11/5
10052	Mon	6-7:30 p.m.	11/10
10058	Wed	6-7:30 p.m.	11/12
10063	Mon	6-7:30 p.m.	11/17
10068	Wed	6-7:30 p.m.	11/19
10073	Mon	6-7:30 p.m.	11/24
10078	Mon	6-7:30 p.m.	12/1
10083	Wed	6-7:30 p.m.	12/3
10088	Mon	6-7:30 p.m.	12/8



10124	Tue	6-7:30 p.m.	12/9
10093	Wed	6-7:30 p.m.	12/10
10098	Mon	6-7:30 p.m.	12/15
10125	Tue	6-7:30 p.m.	12/16
10103	Wed	6-7:30 p.m.	12/17

### Belay Certification Class

Learn gear use, rope handling, climbing commands, and skills needed to pass the belay test for independent climbing at SBCC. The two-hour class includes 90 minutes of instruction plus a certification exam. Open to adults 18 and older.

South Bellevue Community Center

\$20(R) \$24(N) Ages 18/up

9959	Thu	4-6 p.m.	9/11
9960	Thu	6-8 p.m.	9/11
9970	Thu	4-6 p.m.	9/18
9972	Thu	6-8 p.m.	9/18
9981	Thu	4-6 p.m.	9/25
9982	Thu	6-8 p.m.	9/25
9992	Thu	4-6 p.m.	10/2
9993	Thu	6-8 p.m.	10/2
10002	Thu	4-6 p.m.	10/9
10003	Thu	6-8 p.m.	10/9
10017	Thu	4-6 p.m.	10/16
10018	Thu	6-8 p.m.	10/16
10027	Thu	4-6 p.m.	10/23
10028	Thu	6-8 p.m.	10/23
10038	Thu	4-6 p.m.	10/30
10039	Thu	6-8 p.m.	10/30
10048	Thu	4-6 p.m.	11/6
10049	Thu	6-8 p.m.	11/6
10059	Thu	4-6 p.m.	11/13
10060	Thu	6-8 p.m.	11/13
10069	Thu	4-6 p.m.	11/20
10070	Thu	6-8 p.m.	11/20
10084	Thu	4-6 p.m.	12/4
10085	Thu	6-8 p.m.	12/4
10094	Thu	4-6 p.m.	12/11
10095	Thu	6-8 p.m.	12/11
10104	Thu	4-6 p.m.	12/18
10105	Thu	6-8 p.m.	12/18

### SBCC Pickleball

South Bellevue Community Center offers pickleball classes and clinics for all skill levels.

### 2-Week Pickleball Skills & Drill

Advance your pickleball skills with two 90-minute sessions focused on improving groundstrokes, volleys, dinks, serves, and gameplay strategy. Designed for players who have completed beginner classes or clinics. All equipment provided. Advanced registration required.

\$22(R) \$26.40(N) Ages 18/up

9871	Thu	8:30-10 a.m.	9/11-9/18
9872	Thu	8:30-10 a.m.	9/25-10/2
9876	Tue	8:30-10 a.m.	11/18-11/25
9877	Tue	8:30-10 a.m.	12/2-12/9
9879	Thu	8:30-10 a.m.	12/11-12/18

### Adult Beginner Pickleball

Learn basic skills, rules, etiquette, terminology, and scoring in this six-week progressive class designed for players up to Level 2.5. Players are encouraged to bring their own paddle, but one will be provided if necessary. All other equipment will be provided.

\$60(R) \$72(N) Ages 18/up

9869	Tue	8:30-10 a.m.	9/9-10/14
9870	Thu	8:30-10 a.m.	10/16-11/20

### Introduction to Pickleball Clinic

New to pickleball? This 90-minute clinic covers the basics for recreational and social play, including rules and terminology. Equipment provided. Advanced registration required.

\$10(R) \$12(N) Ages 18/up

9873	Thu	8:30-10 a.m.	10/9
9874	Tue	8:30-10 a.m.	10/21
9875	Tue	8:30-10 a.m.	11/4
9878	Thu	8:30-10 a.m.	12/4
9880	Tue	8:30-10 a.m.	12/16



### Bellevue Indoor Skate Park

#### Skate Clinics for Adults

This clinic welcomes adults 18 and older at any skill level. Beginners learn foundational skills like knee slides, pushing, pumping, and basic ramp moves in small groups. More advanced skaters will focus on ramp, ledge, and rail techniques. Weather permitting, sessions include outdoor street skate plaza time. Boards and gear are provided free; equipment is also available for purchase.

Bellevue Skate Park

\$20(R) \$24(N) Ages 18-99

10447	Mon	5-5:55 p.m.	9/15
10448	Mon	5-5:55 p.m.	9/22
10450	Mon	5-5:55 p.m.	9/29
10451	Mon	5-5:55 p.m.	10/6
10452	Mon	5-5:55 p.m.	10/13
10453	Mon	5-5:55 p.m.	10/20
10454	Mon	5-5:55 p.m.	10/27
10455	Mon	5-5:55 p.m.	11/3
10456	Mon	5-5:55 p.m.	11/10
10457	Mon	5-5:55 p.m.	11/17
10458	Mon	5-5:55 p.m.	11/24
10459	Mon	5-5:55 p.m.	12/1
10460	Mon	5-5:55 p.m.	12/8
10461	Mon	5-5:55 p.m.	12/15

### Adult Enrichment

#### Board Game Bonanza

Join an afternoon of board games and socializing. This free program is open to adults 18 and older.

South Bellevue Community Center

Free Ages 18/up

10128 Fri 1-3 p.m. 9/12-12/19

#### Monday Mixer

This lively social event is designed for adults 55 and older. Enjoy games, music, crafts, light refreshments, and great company. Each week offers something new to connect and relax. Monthly flyers detail all activities. Bring a friend or make new ones!

This program is funded by the King County Veterans, Seniors, and Human Services Levy for adults 55+.

North Bellevue Community Center

Free Ages 55/up

10214 Mon 1-2:30 p.m. 9/8-12/15



### Aquatics

#### Learn-to-swim lessons

Jump into swim lessons, offered weekdays and weekends for all ages, including tots, preschoolers, youth and adults. Choose between group classes or private lessons. Visit [register.bellevuewa.gov](https://register.bellevuewa.gov) or call 425-452-4444 for the most up-to-date list of lessons.

Bellevue Aquatic Center

Registration dates are announced monthly.



Arts & Crafts

Arts and Craft enrichment activities for older adults. Space is limited and advance registration is required.

Art for Older Adults

This weekly art club welcomes adults 55 and older to explore different art forms such as drawing, cartooning, watercolor, and crafts. Beginners and experienced artists are encouraged to join. The program is free thanks to funding from the King County Veterans, Seniors and Human Services Levy.

North Bellevue Community Center

Free Ages 55/up  
Every Wed 1-2:30 p.m. 9/3-12/17

SBCC Open Art Studio

Artists 18 and older can gather to work on their own projects, share techniques, and socialize. The studio supports a variety of mediums including pencil, charcoal, watercolor, acrylic, oil, textiles, knitting and needlework. Bring your own supplies. Participants manage setup and cleanup.

South Bellevue Community Center

Free Ages 18+  
9788 Tue 1-3 p.m. 9/9-12/16  
(no class 11/11)

Watercolor Painting for Beginners

Discover the basics of watercolor painting in this beginner-friendly class. All supplies are included. Each week, explore different tools and techniques, culminating in a finished painting by the end of each session. Perfect for beginners and intermediate artists seeking a fun, relaxed environment to develop their skills.

Northwest Arts Center

\$120(R) \$144(N) Ages 18/up  
9317 Mon 1-2:30 p.m. 9/22-10/27  
9318 Mon 1-2:30 p.m. 11/3-12/8

Watercolor Workshop

Learn and improve watercolor painting in this three-session workshop. Projects focus on autumn-themed still lifes and landscapes. Students will practice layering, color mixing, and brush techniques.

Northwest Arts Center

\$60(R) \$72(N) Ages 16/up  
10507 Fri 10:30 a.m.-12:30 p.m. 10/10-10/24  
10508 Fri 10:30 a.m.-12:30 p.m. 11/7-11/21

Winter Wonders

Create winter-themed watercolor paintings, including cozy cabins and holiday cards. This three-week workshop covers layering, shading and color theory to help capture seasonal scenes.

Northwest Arts Center

\$60(R) \$72(N) Ages 16/up  
10509 Fri 10:30 a.m.-12:30 p.m. 12/5-12/19

Yarn Club & Fiber Arts

Explore fiber arts in this monthly workshop series for adults 55 and older. Learn techniques in felting, crochet, knitting, and embroidery. All materials are provided. Pre-registration is required. For more details or a full schedule, visit the front desk, call 425-452-7681, or go online to [register.bellevuewa.gov](https://register.bellevuewa.gov). This program is funded by the King County Veterans, Seniors and Human Services Levy.

North Bellevue Community Center

Free Ages 55/up  
10175 Tue 1-3 p.m. 9/2-12/2



Ceramics

Pottery for Beginners

Discover the joy of working with clay in this hands-on beginner class. Students will learn essential pottery skills including hand building, coil and pinch pot construction, glazing techniques, and more. Each week features a seasonal project designed to build confidence and creativity. The final class includes an introduction to wheel throwing. Instruction builds week to week, so attendance and on-time arrival are important. This class can be taken more than once for new project variety each session.

Northwest Arts Center

\$150(R) \$180(N) Ages 8-13  
8446 Mon 4:30-5:45 p.m. 9/22-10/27  
8447 Mon 4:30-5:45 p.m. 11/3-12/8  
\$180(R) \$216(N) Ages 13/up  
8449 Mon 6-7:30 p.m. 9/22-10/27  
8450 Mon 6-7:30 p.m. 11/3-12/8

Pottery Studio

Northwest Arts Center

Take your clay skills to the next level in this open studio format class designed for students with previous pottery experience. Choose your own projects and work at your own pace with support from our instructor. Gain more in-depth exposure to wheel throwing, hand building, glazing, and kiln preparation. Students must have previous experience in a beginner pottery class before taking this class, should be familiar with basic pottery tools, and are expected to maintain proper tool care and studio etiquette.

\$180(R) \$216(N) Ages 8-13  
8441 Sat 10.-11:30 a.m. 9/27-11/1  
\$150(R) \$180(N) Ages 8-13  
8442 Sat 10.-11:30 a.m. 11/8-12/13  
\$180(R) \$216(N) Ages 13/up  
8443 Sat 12-1:30 p.m. 9/27-11/1  
\$150(R) \$180(N) Ages 13/up  
8445 Sat 12-1:30 p.m. 11/8-12/13

Dance

CISC Line Dancing

Line dancing is a fun and energizing way to get moving! Learn choreographed routines set to music, no partner needed. This drop-in program is hosted by CISC and open to all adults. PlayPass discounts available.

North Bellevue Community Center

\$4(R) \$5(N) Ages 18/up  
7126 Wed 1-2:45 p.m. 9/3-12/31

NBCC Line Dancing

Perfect for beginners or those wanting to refresh their skills, this drop-in class offers a great way to stay active and social. Learn simple routines while enjoying upbeat music. Fees payable at the door. PlayPass discounts available.

North Bellevue Community Center

\$4(R) \$5(N) Ages 18/up  
7085 Fri 1-2:45 p.m. 9/5-12/26

Sounds of Swing Big Band Dance

Tap your toes to live swing and jazz music at this monthly dance hosted by the Sounds of Swing Big Band. Light refreshments included. No registration required, just come ready to dance!

North Bellevue Community Center

\$3(R) \$3(N) Ages 18/up  
7107 1-3 p.m. 9/9-12/9

Line Dancing with Tim

Line dancing is a fun way to get moving and meet others in the community. Each week, you'll learn an easy-to-follow routine in a relaxed and friendly setting.

Crossroads Community Center

Free Ages 18/up  
9588 Mon 5:30-7:30 p.m. 9/8-9/29



SBCC Line Dancing

Dance to popular music while getting a great workout and meeting new friends. The first part of class focuses on beginner steps, with progress to intermediate routines over time.

South Bellevue Community Center

Free     Ages 18/up  
9789   Mon   1-3 p.m.                      9/8-12/15

Zumba Fitness – Family

Dance together in this high-energy Zumba class designed for kids and their parents or caregivers. Build coordination and confidence while having a blast! Fee covers both adult and child. Register under the child’s name.

Northwest Arts Center

\$120(R) \$144(N)   Ages 3/up  
9178   Mon   5-5:45 p.m.                      10/20-12/15

Zumba Sculpt

Get fit with this upbeat class that combines dance and toning exercises to international music. Great for all experience levels. Bring a yoga mat, water, and wear supportive shoes.

Northwest Arts Center

\$144(R) \$172.80(N)   Ages 18/up  
9180   Mon   6-6:45 p.m.                      10/20-12/15

Aztec Dance

Celebrate tradition and community through weekly Aztec dance sessions led by Nahui Ollin Tezcatlipocatl. Open to all ages and skill levels, just drop in and join the rhythm.

Crossroads Community Center

Free for all ages  
8102   Wed, Thu   5:30.-7:30 p.m.   9/3-12/31

Ballet 1/2 by City Opera Ballet

Dancers will learn ballet foundations, French vocabulary and improve coordination. The session ends with a performance for family and friends. Students of all genders welcome!

Dress code: ballet slippers, comfortable athletic clothing that is easy to move in (leotard, leggings, shorts, sweats, etc.) and long hair pulled away from face. Please bring a water bottle.

South Bellevue Community Center

\$160(R) \$192(N)   Ages 6-8  
9619   Tue   5-6 p.m.                      9/9-11/18  
(no class 11/11)

Hip Hop 1/2 by City Opera Ballet

Kids build confidence and coordination while learning the basics of hip-hop through fun and energetic routines. Final class includes a family showcase. Students of all genders are welcome! Clean, “indoor only” athletic shoes required.

Dress code: comfortable athletic clothing that is easy to move in (leggings, shorts, sweats, etc.), athletic shoes, and long hair pulled away from face. Please bring a water bottle.

South Bellevue Community Center

\$160(R) \$192(N)   Ages 5-7  
9618   Sat   11 a.m.-12 p.m.                      9/6-11/22  
(no class 9/27 & 10/25)



Hippity Hop Dance Class by City Opera Ballet

This fun class helps young children explore rhythm and movement while building balance and social skills. Clean, “indoor only” athletic shoes required.

Dress code: comfortable athletic clothing that is easy to move in (leggings, shorts, sweats, etc.), athletic shoes, and long hair pulled away from face. Please bring a water bottle.

Northwest Arts Center

\$84(R) \$100.80(N)   Ages 3-5  
9189   Thu   4:30-5:15 p.m.                      9/25-10/30  
9191   Thu   5:30-6:15 p.m.                      9/25-10/30  
\$70(R) \$84(N)     Ages 3-5  
9190   Thu   4:30-5:15 p.m.                      11/6-12/11  
9192   Thu   5:30-6:15 p.m.                      11/6-12/11

SBCC Hippity Hop

Boogie to fun music while learning the basics of hip-hop dance. This class encourages kids to move confidently and express themselves. Final class includes a performance. Students of all genders are welcome!

Dress code: comfortable athletic clothing that is easy to move in (leggings, shorts, sweats, etc.), athletic shoes, and long hair pulled away from face. Please bring a water bottle.

South Bellevue Community Center

\$120(R) \$144(N)   Ages 3-4  
9617   Sat   10-10:45 a.m.                      9/6-11/22  
(no class 9/27 & 10/25)

SBCC Pre-Ballet

Students will gain coordination, confidence, and social skills as they learn the basics of ballet steps. This course ends with a fun recital on the last day of class to showcase student progress for family and friends. Students of all genders welcome!

Dress code: comfortable athletic clothing that is easy to move in (leotard, legging, shorts, sweats, etc.), ballet slippers, and long hair pulled away from face. Please bring a water bottle.

South Bellevue Community Center

\$120(R) \$144(N)   Ages 4-5  
9616   Sat   9-9:45 a.m.                      9/6-11/22  
(no class 9/27 & 10/25)

Health and Wellness for Older Adults

Parkinson’s Support Group

Join others living with Parkinson’s disease in a supportive and welcoming group. This monthly meeting is a chance to share experiences, exchange ideas, and learn together. Family members and caregivers are welcome.

North Bellevue Community Center

Free     Ages 18/up  
3271   5-7 p.m.                      9/3-12/3

Transcend United

Enjoy a welcoming, multicultural space with free weekly activities for older adults. Drop in to play board games, sing karaoke, dance, create art, or attend informative seminars. Open to all, come connect and have fun in community!

Crossroads Community Center

Free     Ages 18+  
8101   Mon, Thu   9:30 a.m.-2 p.m.   9/4-12/29

ESL

CISC ESL Instruction

This class will be conducted in English and Cantonese/Mandarin. Participants will learn basic English words and simple phrases. This class is great for new English learners with no and low English literacy skills.

This class is coordinated by Chinese Information Services Community Living Connections Outreach Program. Please contact Boliver Choi at boliverc@cisc-seattle.org for any questions. Registration required to join online. In-person participants can drop in without registration.

North Bellevue Community Center

Free Ages 50/up  
10489   Wed, Fri   9:15-10:45 a.m.   9/3-12/31

Games & Social Activities for Older Adults

A variety of free and low-cost ways to relax, connect, and have fun with others in the community.

Board Game Library

Explore NBCC’s growing collection of classic and modern board games, including Chess, Rummikub, Go, Monopoly, Settlers of Catan, Wingspan and more. Games are available for in-facility use, just check them out at the front desk.

North Bellevue Community Center

Free Ages 18/up  
7041   Weekdays   9 a.m.-8 p.m.   3/4-12/31



### Coffee & Coloring

Unwind with a cup of coffee, friendly conversation and relaxing coloring activities. We provide adult-friendly coloring pages, pencils, crayons and markers or bring your own favorites. Not into coloring? Just come for the company and enjoy a peaceful morning.

North Bellevue Community Center

Free for all ages

7042 Fri 9:30-11:30 a.m. 9/5-12/26

### Drop-in Cribbage

Join us for a friendly game of Cribbage in a welcoming, social setting. All skill levels are welcome. No registration required, just drop in and play.

North Bellevue Community Center

Free for all ages

7048 Thu 10 a.m.-12 p.m. 9/4-12/18

### Drop-in Duplicate Bridge

Play the most popular variation of contract bridge in a relaxed, social setting. Bring a partner or sign up on-site to be paired with someone. No pre-registration required.

North Bellevue Community Center

Free Age 18/up

7061 Fri 12:15-3:30 p.m. 9/5-12/26

### Friday Movies

Spend your Friday afternoon enjoying a free movie and popcorn with others in the community. Call 425-452-7681 or stop by NBCC for the full movie schedule.

North Bellevue Community Center

Free Age 18/up

7078 Fri 2-4 p.m. 9/5-12/26

### Huayin Performing Arts Group

Learn traditional Chinese dance and connect with others in this welcoming cultural program. The Huayin Performing Arts Group meets twice weekly for movement, music and community. All skill levels are welcome.

Crossroads Community Center

Free Age 18/up

8100 Wed, Fri 10 a.m.-12 p.m. 9/3-12/31

### SBCC Bridge Bunch

Whether you're new to Bridge, getting back into the game, or just want a fun place to play and improve, join us every Thursday for friendly games with fellow community members. This is a free, drop-in activity.

South Bellevue Community Center

Free Ages 18/up

9790 Wed 1-3 p.m. 9/10-12/17

### Adult Book Group

Join a welcoming, volunteer-led book group that meets monthly to discuss a selected read and share perspectives in a relaxed setting. All are welcome, just drop in and enjoy great conversation.

Crossroads Community Center

Free Ages 18/up

9389 Fri 11 a.m.-1 p.m. 12/5

8413 Fri 11 a.m.-1 p.m. 10/31

10598 Fri 11 a.m.-1 p.m. 9/26

### Community Lunch

Enjoy a hot, nutritious lunch and connect with others in a welcoming, multicultural setting. Meals are served by GreenSprouts on a first-come, first-served basis at noon. Lunch tickets are available starting at 11 a.m. Weekly menus and schedules are available at NBCC or online. A \$5 donation is suggested for adults 60+, and the cost is \$7 for those under 60.

North Bellevue Community Center

\$5(R) \$5(N) Ages 55/up

7045 Fri 12-1 p.m. 9/5-12/26

10493 Mon 12-1 p.m. 9/8-12/29

### Thanksgiving Luncheon

Join us for a Thanksgiving lunch that includes a meal, dessert and entertainment. This program is funded by the King County Veterans Seniors and Human Services Levy. Vegetarian Meals are available upon request.

North Bellevue Community Center

\$5 55/up

10510 11:30 a.m.-1 p.m. 11/25

## Multicultural Social Services

North Bellevue Community Center

### ELAP Eastside Legal Assistance Program

Receive free elder law and probate legal help through the Eastside Legal Assistance Program (ELAP). Appointments available on the third Thursday of each month. Call 425-747-7274 to schedule. Income eligibility determined by ELAP.

Free to those who qualify Ages 55/up

7067 2.-5 p.m. 9/18-12/18

### IACS Community Program

In partnership with Indian American Community Services, this weekly program offers wellness activities such as chair yoga, health talks, breathing exercises, and youth engagement. A light lunch is included. All are welcome. Learn more at [iacswa.org](http://iacswa.org)

Daily fee Ages 18+

7080 Thu 9 a.m.-4 p.m. 9/4-12/18

### Sea Mar Latinx Community Program

Spanish-speaking older adults are invited to participate in weekly community-building activities. Programs may include wellness seminars, ESL classes, meals, social support, and more. Provided in partnership with Sea Mar Community Health Centers.

Free Ages 18/up

7090 Fri 9 a.m.-2 p.m. 9/5-12/19

### CISC Drop-In SHIBA Assistance

Get free, unbiased and confidential help with Medicare and health care choices. Offered by Statewide Health Insurance Benefits Advisors (SHIBA) and CISC, this drop-in program helps to assess the client's health care coverage needs, determine general eligibility for health care coverage programs and provide enrollment help with Medicare.

Free Ages 18/up

7168 Wed 9:30-11 a.m. 9/3-12/17

### CISC Information & Assistance (Mandarin)

Walk-in, first-come, first-served support in Mandarin for older adults who need help accessing essential services. Offered by CISC's Family Resource Support Program. Questions? Contact Boliver Choi at [boliverc@cisc-seattle.org](mailto:boliverc@cisc-seattle.org).

Free Age 18/up

7173 Thu 9 a.m.-12 p.m. 9/4-12/18

### CISC Russian Speaking Older Adult Program

Join a vibrant Russian-speaking community for wellness activities, cultural engagement, and social connection. Includes classes, games, crafts, health talks and more. Coordinated by CISC's Russian Senior Day Program. Questions? Email [lyudmilap@cisc-seattle.org](mailto:lyudmilap@cisc-seattle.org) or [boliverc@cisc-seattle.org](mailto:boliverc@cisc-seattle.org).

Free Ages 50/up

7176 Tue, Fri 9:30 a.m.-2 p.m. 9/2-12/19

## Music

Make music, sing, or simply enjoy the rhythm of community through these engaging classes and gatherings.

### Music Together

Sing, dance, and play in this beloved early childhood music program! Each week, you and your child will explore original and traditional songs from around the world while learning rhythms, tonal patterns, and movement. Families receive a songbook and online resources to continue the music-making at home. Designed for parent/caregiver participation.

Note: A \$50 materials fee is due to the instructor on or before the first day.

Northwest Arts Center

\$200(R) \$240(N) Ages 5/under

8451 Wed 9:30-10:15 a.m. 9/17-11/19

8452 Wed 10:30-11:15 a.m. 9/17-11/19





**Music Together Babies**

Bond with your baby through music in this engaging class designed for infants and their caregivers. Sing, sway and play along to songs from around the world while exploring rhythm, melody and movement. Families receive an illustrated songbook and access to print and online resources to keep the music going at home. A joyful way to support your child’s early development and love of music.

Note: A \$50 materials fee is payable directly to the instructor on or before the first day of class.

**Northwest Arts Center**

**\$200(R) \$240(N) Ages 7 months/under**  
**8454 Wed 11:30 a.m.-12:15 p.m. 9/17-11/19**

**SBCC Music Together**

Sing, play and learn together in this joyful music class designed for children from birth to age 5 and their caregivers. Explore music and movement through original and traditional songs from around the world. This mixed-age class follows a family-style format that encourages learning through play, observation and participation. Younger children enjoy watching and imitating, while older kids build confidence by leading. Each family receives an illustrated songbook and access to music resources to continue the fun at home. No musical experience required, just come ready to make music!

Note: An additional \$50 material fee will be paid directly to the instructor on the first day of class.

**South Bellevue Community Center**

**\$200(R) \$240(N) Ages 5/under**  
**10496 Wed 5-5:45 p.m. 9/17-11/19**

**10494 Wed 3-3:45 p.m. 9/17-11/19**  
**10495 Wed 4-4:45 p.m. 9/17-11/19**  
**10497 Thu 10:30 a.m.-11:15 p.m. 9/18-11/20**  
**10498 Thu 11:30 a.m.-12:15 p.m. 9/18-11/20**

**Ladies Musical Club Music Concert Series**

Enjoy an afternoon of beautiful classical music performed by members and guest artists of the Ladies Musical Club. These free concerts feature solo and ensemble performances in an intimate setting, perfect for music lovers of all ages. No registration required just drop in and enjoy the music.

**Crossroads Community Center**

**Free for all ages**

**8412 Tue 12:30-2:30 p.m. 10/21**  
**9568 Tue 12:30-2:30 p.m. 11/18**  
**9569 Tue 12:30-2:30 p.m. 12/16**

**CISC Chinese Musical Instrument Group**

Join this informal gathering for lovers of Chinese music and traditional instruments. Bring your own instrument and enjoy playing and sharing music with others in a friendly, relaxed setting. This is not a lesson, just a time to connect through music.

**North Bellevue Community Center**

**Free Ages 18/up**

**7128 Mon 9:30 a.m.-1:30 p.m. 9/3-12/22**

**CISC Chorus**

Lift your voice and join a welcoming chorus community, no auditions required! Singers of all levels are invited to drop in and enjoy the joy of music together. This free, informal group is a great way to meet others and have fun through song.

**North Bellevue Community Center**

**Free Ages 50/up**

**7127 Wed 9:30-11:30 a.m. 9/3-12/17**

**NBCC Chorus**

Join us for a fun and informal singing group open to all ages and abilities. We sing classic songs from the 1920s to the 1960s with piano accompaniment, mostly in unison, but harmony is welcome too! There are no performances or auditions, just a great time singing together. Drop in and enjoy the music!

**North Bellevue Community Center**

**Free for all ages**

**7083 Fri 10:30 a.m.-12 p.m. 9/5-12/19**

**Sea Mar Gema Chorus**

Sing in Spanish and connect with others in this welcoming drop-in choir for older adults. Led by Sea Mar volunteers, the Gema Chorus is open to everyone, no experience or registration needed. Just come ready to sing and enjoy the music!

**North Bellevue Community Center**

**Free All Ages**

**7047 Fri 10:30-11:30 a.m. 9/5-12/19**

**Sounds of Swing Big Band Practice**

Drop by and enjoy live rehearsals of swing-era hits and jazz standards performed by the Sounds of Swing Big Band. Free and open to all, no registration needed. Rehearsals are held every Tuesday, except the second Tuesday of the month, when the group hosts a public dance (\$3 admission).

**North Bellevue Community Center**

**Free Ages 18/up**

**10512 Tue 1-3 p.m. 9/2-12/16**



**Older Adult Tech Literacy**

Computer and technology classes and workshops for older adults.

**One-on-One Tech Help**

Get personalized help with your laptop, tablet, or smartphone from an experienced instructor. This one-on-one session is great for learning basic skills like email and device setup, identifying scams, and navigating Wi-Fi. You can also get support for more advanced topics like operating systems, privacy settings, and app use.

This program is supported by the King County Veterans, Seniors and Human Services Levy and is intended for adults 55+.

**North Bellevue Community Center**

**\$4(R) \$9(N) Ages 55/up**

**By appointment only**

**Mon 1-1:45 p.m. 9/8-12/22**  
**Mon 2-2:45 p.m. 9/8-12/22**  
**Mon 3-3:45 p.m. 9/8-12/22**

**Indoor Play**

**CCC Indoor Play**

Toddlers and their caregivers can enjoy safe, indoor playtime and social fun.

**Crossroads Community Center**

**\$4(R) \$5(N) Ages 5/under**

**8398 Fri 9-11 a.m. 9/5-12/19**

**Youth + Adult Badminton**

Join us for family-style badminton on Friday nights. Free for youth 18 and under.

**Crossroads Community Center**

**\$4(R) \$5(N) Ages 7/up**

**8399 Fri 5:45-7:45 p.m. 9/5-12/19**

**Family Basketball**

Play together as a family on Saturday mornings. A participating adult must be on court at all times. No drop-offs or team play.

**Crossroads Community Center**

**Free, Age 5/up**

**8400 Sat 9-10 a.m. 9/6-12/27**



Youth/Family Basketball

Free afterschool drop-in program for students and families.

Crossroads Community Center

Free Ages 18/up  
9347 Wed 12-5:30 p.m. 9/3-12/17  
9348 Mon, Tue, Thu, Fri 2-5:30 p.m. 9/2-12/19

Youth/Family Basketball (Winter Session)

Extended hours for winter session.

Crossroads Community Center

Free Age 18/under  
9349 Weekdays 9 a.m.-4:45 p.m. 12/22-1/2

NBCC Storytime and Indoor Play

Start with Family Storytime from 1:30–2 p.m., where volunteers read favorite children’s books. Stay afterward for supervised gym play with toys and mats.

North Bellevue Community Center

Free Ages 5/under  
7073 Thu 2-3:45 p.m. 9/4-12/18

SBCC Indoor Play

Indoor Play at the South Bellevue Community Center is a fun activity that is held in the gymnasium. Come enjoy some indoor gym play with toys, mats and other fun activities. Parents/ caregivers must supervise their own children and be present at all times.

South Bellevue Community Center

\$4(R) \$5(N) Ages 5/under  
9787 Mon, Wed, Fri 10:30 a.m.-12 p.m. 9/8-12/19 (no class 11/26 & 11/28)

Out of School Time & Youth Enrichment

Domino Toppling

Design and build epic chain reactions using dominoes! Learn a new technique each week, starting with lines and turns, and working up to complex towers. All skill levels welcome, and all materials provided. Class size is limited to 15 participants.

Crossroads Community Center

Free Ages 7-17  
9589 Wed 3-4 p.m. 9/24-10/29  
9590 Wed 3-4 p.m. 11/5-12/17 (No class 11/26)

SBCC Drama Kids

Drama Kids offers theater classes designed for elementary-aged children to build skills in speech, improvisation, dramatic movement, and more. Participants develop confidence, social skills, and creativity through fun activities and an end-of-session performance for family and friends. This 10-week composite class welcomes students ages 4–11 and requires no previous experience.

South Bellevue Community Center

\$220(R) \$264(N) Ages 4-11  
10501 Fri 5-6 p.m. 9/12-11/21 (No class 10/31)

Afterschool Teen Makerspace

This free Makerspace offers a hands-on environment to learn, create, and collaborate on a variety of art and craft projects. Pre-registration is required as space is limited. Participants can explore activities including watercolor and acrylic painting, drawing, coloring, photography, beading, and fine arts projects. The Makerspace also features a Cricut machine for creating leather earrings, custom stickers, vinyl decals, handmade cards, and more, plus sewing projects and a light board.

Crossroads Community Center

Free Ages 7-17  
10189 Thu 4-5:30 p.m. 10/16  
10190 Thu 4-5:30 p.m. 10/23



10187	Thu	4-5:30 p.m.	10/2
10191	Thu	4-5:30 p.m.	10/30
10188	Thu	4-5:30 p.m.	10/9
10193	Thu	4-5:30 p.m.	11/13
10194	Thu	4-5:30 p.m.	11/20
10192	Thu	4-5:30 p.m.	11/6
10196	Thu	4-5:30 p.m.	12/11
10195	Thu	4-5:30 p.m.	12/4
10184	Thu	4-5:30 p.m.	9/11
10185	Thu	4-5:30 p.m.	9/18
10186	Thu	4-5:30 p.m.	9/25
10226	Wed	2:30-5 p.m.	10/15
10223	Wed	2:30-5 p.m.	10/1
10227	Wed	2:30-5 p.m.	10/22
10228	Wed	2:30-5 p.m.	10/29
10224	Wed	2:30-5 p.m.	10/8
10231	Wed	2:30-5 p.m.	11/12
10232	Wed	2:30-5 p.m.	11/19
10233	Wed	2:30-5 p.m.	11/26
10229	Wed	2:30-5 p.m.	11/5
10236	Wed	2:30-5 p.m.	12/10
10235	Wed	2:30-5 p.m.	12/3
10220	Wed	2:30-5 p.m.	9/10
10221	Wed	2:30-5 p.m.	9/17
10222	Wed	2:30-5 p.m.	9/24

Creative Kids Art Class

This class inspires children to enjoy art and develop creative expression. Suitable for beginners and experienced young artists alike, students explore 2D and 3D art forms including drawing, acrylic and watercolor painting, collage, fiber and paper arts, weaving, clay sculpting, and more. Children’s artwork may be featured on the Northwest Arts Center Art Wall.

Northwest Arts Center

\$90(R) \$108(N) Ages 7-11  
9070 Wed 4:30-5:30 p.m. 9/24-10/29  
\$75(R) \$90(N) Ages 7-11  
9071 Wed 4:30-5:30 p.m. 11/5-12/10  
\$90(R) \$108(N) Ages 6-8  
9064 Sat 9:30-10:30 a.m. 9/27-11/1

\$75(R) \$90(N) Ages 6-8  
9067 Sat 9:30-10:30 a.m. 11/8-12/13  
\$90(R) \$108(N) Ages 8-11  
9066 Sat 10:45-11:45 a.m. 9/27-11/1  
\$75(R) \$90(N) Ages 8-11  
9068 Sat 10:45.-11:45 a.m. 11/8-12/13

Painting on Canvas

Northwest Arts Center

Explore your creativity with vibrant acrylic paints. Whether you’re a beginner or experienced painter, this class offers a welcoming environment to learn various techniques, experiment with styles, and create beautiful artwork. An experienced instructor provides personalized guidance. All materials included. Taught by the American Academy of Fine Arts.

\$240(R) \$288(N) Ages 7-11  
9055 Tue 5:15-6:30 p.m. 9/23-10/28  
\$240(R) \$288(N) Ages 16/up  
9056 Tue 6:45-8:15 p.m. 9/23-10/28  
\$240(R) \$288(N) Ages 7-11  
9057 Tue 5:15-6:30 p.m. 11/4-12/16  
\$240(R) \$288(N) Ages 16/up  
9058 Tue 6:45.-8:15 p.m. 11/4-12/16

Painting on Canvas

Bellevue Main Club

Unleash your inner artist using vibrant acrylic colors. This class welcomes beginners and experienced painters alike. Learn a variety of painting techniques, explore different styles, and create beautiful works of art. Personalized instruction and all materials are provided. Taught by the American Academy of Fine Arts.

\$240(R) \$288(N) Ages 16/up  
9577 Tue 10:30 a.m.-12 p.m. 9/23-10/28  
9578 Tue 10:30 a.m.-12 p.m. 11/4-12/16



Pee Wee Picasso — Preschool Art

Connect with your little one through hands-on art projects that foster creativity and social skills. Kids and caregivers rotate through art stations, guided by an experienced instructor, using a variety of materials to create unique keepsakes. Enjoy the joy of making art together and meeting new friends. All supplies are provided.

Northwest Arts Center

\$90(R) \$108(N) Ages 2-5

9181	Mon	9:30-10:15 a.m.	9/22-10/27
9183	Mon	10:30-11:15 a.m.	9/22-10/27
9182	Mon	9:30-10:15 a.m.	11/3-12/8
9184	Mon	10:30-11:15 a.m.	11/3-12/8

Seasonal Watercolor Sketchbook

Explore the seasons through watercolor painting in this beginner-to-intermediate class. Learn basic techniques while creating a collection of samples, practice pieces, and final works in your sketchbook. Seasonal themes may include landscapes, city scenes, food, and more. All supplies are provided.

Northwest Arts Center

\$108(R) \$129.60(N) Ages 13/up

9072	Wed	6-7:15 p.m.	9/24-10/29
\$90(R) \$108(N) Ages 13/up			
9073	Wed	6-7:15 p.m.	11/5-12/10

Little Medical School — Veterinarian

Northwest Arts Center

Dogs

After “adopting” their own plush puppy, students will role-play a veterinarian’s key responsibilities, including how to perform a nose-to-tail exam. Future vets will learn to sew stitches, remove ticks, make healthy treats, and vaccinate their dog.

\$180(R) \$216(N) Ages 6-10

9310	Thu	4:30-5:30 p.m.	9/25-10/30
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Cats

Students will role-play a veterinarian’s duties and perform a whiskers-to-tail exam on a plush cat. They will learn about animal body language, maintaining a healthy environment including proper litter box placement, create a cat toy, and design a vet clinic.

\$180(R) \$216(N) Ages 6-10

9311	Thu	4:30-5:30 p.m.	11/6-12/18
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Body & Mind

Foam Rolling

Learn self-myofascial release, a form of self-massage using a foam roller to increase flexibility, improve circulation, reduce muscle tension, and enhance range of motion. This class covers foam rolling techniques for legs, back, torso, and more. Other recovery methods will also be discussed. Please bring a towel and your own foam roller.

South Bellevue Community Center

\$13(R) \$15(N) Ages 13/up

10131	Thu	9:15-10:15 a.m.	9/11
10132	Thu	9:15-10:15 a.m.	9/25
10133	Thu	9:15-10:15 a.m.	10/9
10134	Thu	9:15-10:15 a.m.	10/23
10135	Thu	9:15-10:15 a.m.	11/6
10136	Thu	9:15-10:15 a.m.	11/20
10137	Thu	9:15-10:15 a.m.	12/4
10138	Thu	9:15-10:15 a.m.	12/18

Gentle Yoga

Stretch, strengthen, and relax with yoga poses adapted for all experience levels. Focus on alignment for joint safety and use props for accessibility. Bring a yoga mat, strap, and two yoga blocks if possible. Online registration closes once the session begins; call or visit to register late.

South Bellevue Community Center

\$104(R) \$120(N) Ages 13/up

10207	Tue	11:45 a.m. -12:45 p.m.	9/9-10/28
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Gentle Yoga for Renewal & Relaxation

This class focuses on foundational yoga techniques to reduce stress and build self-awareness. Suitable for all levels, it emphasizes calming the nervous system and releasing tension. No class 11/11.

South Bellevue Community Center

\$78(R) \$90(N) Ages 13/up

10208	Tue	11:45 a.m.-12:45 p.m.	11/4-12/16
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Yoga for Stress Management

Dress warmly and bring a mat, towel, and water bottle. Learn yoga techniques to manage stress and promote relaxation.

South Bellevue Community Center

\$46.50(R) \$54(N) Ages 18/up

10516	Sun	10:30-11:30 a.m.	12/7-12/21
\$62(R) \$72(N) Ages 18/up			
10513	Sun	10:30-11:30 a.m.	9/7-9/28
10514	Sun	10:30-11:30 a.m.	10/5-10/26
10515	Sun	10:30-11:30 a.m.	11/2-11/23



Pilates

Strengthen your core, improve flexibility, and maintain joint mobility with Pilates basics using resistance bands, small balls, and light weights. All levels welcome. Bring a mat, towel, and water bottle.

South Bellevue Community Center

\$108.50(R) \$126(N) Ages 13/up

10148	Fri	9:15-10:15 a.m.	9/19-10/31
10130	Mon	9:15-10:15 a.m.	9/15-10/27
\$93(R) \$108(N) Ages 13/up			
10150	Fri	9:15-10:15 a.m.	11/7-12/19
(No class 11/28)			
10149	Mon	9:15-10:15 a.m.	11/3-12/15
(No class 11/10)			

Self Defense: Personal Empowerment for Families

Learn martial arts techniques to build awareness, confidence, and personal safety. Black belt instructors teach strikes, releases, takedowns, and voice use. Curriculum is adapted by age and size. One youth (8+) may register with each adult family member.

South Bellevue Community Center

\$15(R) \$18(N) Ages 8/up

10383	Sat	9:30-11:30 a.m.	10/4
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Sound Bath

Experience a meditative practice using traditional wind and crystal bowls to soothe the nervous system and promote relaxation. Not recommended for those with implanted devices or body piercings. Call 425-452-4240 or visit to register late.

South Bellevue Community Center

\$22.50(R) \$27(N) Ages 13/up

10392	Sat	10:30-11:45 a.m.	9/13
10393	Sat	10:30-11:45 a.m.	9/20
10394	Sat	10:30-11:45 a.m.	10/11
10395	Sat	10:30-11:45 a.m.	10/18
10396	Sat	10:30-11:45 a.m.	11/1
10397	Sat	10:30-11:45 a.m.	11/8
10398	Sat	10:30-11:45 a.m.	11/15
10399	Sat	10:30-11:45 a.m.	11/22
10400	Sat	10:30-11:45 a.m.	12/13
10401	Sat	10:30-11:45 a.m.	12/20

Tai Chi & Mindful Movement

Practice Chi Kung, Yang Family Tai Chi, breathwork, and meditation to improve focus, relaxation, flexibility, and balance. No equipment needed.

South Bellevue Community Center

\$77(R) \$91(N) Ages 18/up

10390	Fri	10:30-11:30 a.m.	9/12-10/31
\$66(R) \$78(N) Ages 18/up			
10391	Fri	10:30-11:30 a.m.	11/7-12/19



### CISC Tai Chi

Practice Chi Kung and Tai Chi to enhance posture, strength, and relaxation. Coordinated by Chinese Information Services. Contact Boliver Choi at [boliverc@cisc-seattle.org](mailto:boliverc@cisc-seattle.org) with questions.

#### North Bellevue Community Center

\$4(R) \$4(N) Ages 18/up  
7121 Thu 9:30-10:30 a.m. 9/4-12/18

### Yoga — All Levels

Develop body awareness, flexibility, strength, and balance with alignment-based yoga for beginners and intermediate students. Includes breathing, meditation, and wellness tips. Bring a mat, towel, and water bottle.

#### South Bellevue Community Center

\$78(R) \$90(N) Ages 13/up  
10203 Wed 6-6:50 p.m. 9/10-10/15  
\$65(R) \$75(N) Ages 13/up  
10204 Wed 6-6:50 p.m. 11/12-12/17  
(No class 11/26)

### Yoga — Mixed Levels

Enjoy a joyful yoga practice suitable for all levels and body types. Build strength, flexibility, and balance with Purna Yoga, including breathing and meditation. Instructor: Lynne Aebi

#### Northwest Arts Center

\$75(R) \$90(N) Ages 16/up  
9041 Tue 9:30-10:30 a.m. 9/16-10/14  
9042 Tue 9:30-10:30 a.m. 11/18-12/16

### Yogalates: Stretch and Strengthen

This class combines yoga, Pilates, and strength training for a full-body workout using mats and props such as belts, blocks, and bands. Suitable for all fitness levels. Bring a yoga mat; other props provided.

#### Northwest Arts Center

\$60(R) \$72(N) Ages 16/up  
10318 Thu 10:30-11:30 a.m. 9/25-10/16  
\$75(R) \$90(N) Ages 16/up  
10319 Thu 10:30-11:30 a.m. 11/13-12/18

### Free Welcome Week Workshop: Yogalates

Try this free class combining yoga, Pilates, and strength training for a full-body workout. This workshop is suitable for all fitness levels. Bring a yoga mat; other props provided.

Free Ages 16/up  
10321 Th 10:30-11:30 a.m. 9/18

### Yoga for Women's Health

Therapeutic yoga focusing on hormone balance, stress reduction, endocrine and reproductive health, flexibility, and self-care. Learn the science behind the techniques for lasting wellness. Bring a mat, towel, and water bottle. Dress warmly.

#### South Bellevue Community Center

\$46.50(R) \$54(N) Ages 18/up  
10520 Sun 9:15-10:15 a.m. 12/7-12/21  
\$62(R) \$72(N) Ages 18/up  
10517 Sun 9:15-10:15 a.m. 9/7-9/28  
10518 Sun 9:15-10:15 a.m. 10/5-10/26  
10519 Sun 9:15-10:15 a.m. 11/2-11/23

### SilverSneakers

#### Bellevue Main Club

Fitness program for adults 65+ of all levels. Instructors trained in senior fitness help adapt exercises safely. If your Medicare plan includes SilverSneakers, classes are free.

Free Ages 18/up  
9185 Tue 10-11 a.m. 9/23-10/28  
9187 Tu 10-11 a.m. 11/4-12/16

### SilverSneakers Classic

Improve strength, endurance, and range of motion with fall prevention drills. Use chair and handheld weights or tubing. Drop-in program, no registration required.

#### North Bellevue Community Center

\$6(R) \$7(N) Ages 18/up  
7093 Mon, Wed, Fri 11 a.m.-12 p.m. 9/3-12/31

### SilverSneakers Yoga

Seated and standing yoga poses to increase flexibility and balance using a chair. Drop-in program, no registration required.

#### North Bellevue Community Center

\$6(R) \$7(N) Ages 18/up  
7097 Mon, Wed, Fri 9:30 a.m.-10:30 a.m. 9/3-12/31

### Martial Arts

#### Self Defense:

#### Personal Empowerment for Families

Build awareness and confidence with martial arts techniques to fight back, escape grabs, and practice personal safety. Black belt instructors lead strikes, releases, takedowns, and voice use. Curriculum adapts to age and size. Dress in comfortable athletic clothes; bring a water bottle.

#### South Bellevue Community Center

\$15(R) \$18(N) Ages 8/up  
10383 Sat 9:30-11:30 a.m. 10/4

### Boxing Fundamentals

Learn boxing basics including footwork, stance, offense, and defense in a non-contact, safe environment. USA Boxing-certified coaches guide all skill levels. Dress in loose athletic attire; bring a water bottle.

#### South Bellevue Community Center

\$70(R) \$84(N) Ages 9-17  
9662 Mon, Wed 5-5:50 p.m. 9/8-9/29  
10142 Mon, Wed 5-5:50 p.m. 11/3-11/24  
\$90(R) \$108(N) Ages 9-17  
10141 Mon, Wed 5-5:50 p.m. 10/1-10/29  
\$60(R) \$72(N) Ages 9-17  
10143 Mon, Wed 5-5:50 p.m. 12/1-12/17

### Boxing Fundamentals — Youth & Adult

Designed for individuals and families (ages 7+), this class covers boxing fundamentals to build confidence and skill in a supportive setting. Dress in loose athletic wear; bring water. Late registration by phone or in person only.

#### South Bellevue Community Center

\$70(R) \$84(N) Ages 7/up  
10144 Tue, Thu 7 p.m.-7:50 p.m. 9/9-9/30  
\$90(R) \$108(N) Ages 7/up  
10145 Tue, Thu 7 p.m.-7:50 p.m. 10/2-10/30  
\$60(R) \$72(N) Ages 7/up  
10146 Tu, Th 7 p.m.-7:50 p.m. 11/4-11/25  
(No class 11/11. Last class 11/25)  
10147 Tue, Thu 7 p.m.-7:50 p.m. 12/2-12/18

### Hapkido

This family-friendly martial arts program builds discipline, patience, perseverance, and self-confidence through fitness, self-defense, and meditation. Separate classes for ages 5-12 and 12+. Pre-registration required; no drop-in.

#### North Bellevue Community Center

\$64(R) \$80(N) Ages 5-12  
10118 Mon, Wed 5:30-6:30 p.m. 9/3-9/29  
\$64(R) \$80(N) Ages 12/up  
10114 Mon, Wed 6:35-7:35 p.m. 9/3-9/29  
\$72(R) \$90(N) Ages 5-12  
10119 Mon, Wed 5:30-6:30 p.m. 10/1-10/29  
\$72(R) \$90(N) Ages 12/up  
10115 Mon, Wed 6:35-7:35 p.m. 10/1-10/29  
\$56(R) \$70(N) Ages 5-12  
10120 Mon, Wed 5:30-6:30 p.m. 11/3-11/26  
\$56(R) \$70(N) Ages 12/up  
10116 Mon, Wed 6:35-7:35 p.m. 11/3-11/26  
\$56(R) \$70(N) Ages 5-12  
10121 Mon, Wed 5:30-6:30 p.m. 12/1-12/22  
\$56(R) \$70(N) Ages 12/up  
10117 Mon, Wed 6:35-7:35 p.m. 12/1-12/22



Kendo

Tyee Middle School Site

A martial art based on Samurai traditions emphasizing mental and physical discipline. Classes are offered for beginning, intermediate, advanced, and women’s advanced levels. Equipment purchase required for beginners.

Advanced

Advanced Kendo is for those students who have completed Beginning and Intermediate Kendo and are in armor (bogu). Individuals with previous experience must contact the teacher for approval to enroll in Advanced Kendo.

\$90(R) \$108(N)    Ages 8/up  
9786    Fri    7:30-9:30 p.m.    9/19-12/12

Beginning

The beginning class focuses on learning basic footwork and sword handling. Participants use a Bokken (oak sword) for weeks 1-4. At week 5, a Shinai (bamboo sword) is also required. Upon completion of the beginning class, continuing students enroll in the Intermediate Kendo class.

Please note, first time participants must purchase an equipment package of a bokken (oak sword), shinai (bamboo sword), and carry bag, either before or at the first class. Cost is \$70 and can be paid by credit card, check or cash.

\$90(R) \$108(N)    Ages 10/up  
9784    Fri    6:30-8 p.m.    9/19-12/12

Intermediate

Intermediate Kendo is a continuation where participants work on skill improvement. Part of the class time is spent in drills with the advanced class. The prerequisite to Intermediate Kendo is completion of Beginning Kendo. Students will progress to actual striking of live targets. Once students have progressed in skill, they will be able to move into wearing armor and engage in bouts with other students.

\$90(R) \$108(N)    Ages 8/up  
9785    Fri    6:30-8 p.m.    9/19-12/12

Women’s Advanced

This is a women’s only kendo class that builds on the skills learned in the Advanced Kendo class. Participants should have previously completed

Advanced Kendo or be currently enrolled in Advanced Kendo, have armor (bogu), and have approval from the teacher to enroll. This class takes place one time per month. Participants are welcome to attend the class that matches their gender identity or expression.

\$30(R) \$36(N)    Ages 10/up  
10176    Fri    8-9:30 p.m.    9/19-11/14

Shotokan Karate

Learn traditional karate focused on respect, excellence, strength, and character. Black belt instructors teach techniques in a supportive setting. Bring a water bottle.

South Bellevue Community Center  
\$63(R) \$77(N)    Ages 6-12  
10008    Mon, Wed    6-6:50 p.m.    9/8-9/29  
10010    Mon, Wed    6-6:50 p.m.    11/3-11/24  
\$81(R) \$99(N)    Ages 6-12  
10009    Mon, Wed    6-6:50 p.m.    10/1-10/29  
\$63(R) \$77(N)    Ages 9/up  
10106    Mon, Wed    7-7:50 p.m. 9/8-9/29  
\$54(R) \$66(N)    Ages 6-12  
10011    Mon, Wed    6-6:50 p.m. 12/1-12/17  
\$63(R) \$77(N)    Ages 9/up  
10108    Mon, Wed    7-7:50 p.m. 11/3-11/24  
\$54(R) \$66(N)    Ages 9/up  
10109    Mon, Wed    7-7:50 p.m. 12/1-12/17  
\$81(R) \$99(N)    Ages 9/up  
10107    Mon, Wed    7-7:50 p.m. 10/1-10/29

Taekwondo

An ancient Korean martial art emphasizing kicks and punches to build strength, confidence, patience, and respect. Uniform purchase (\$50) and belt testing fees apply. Bring a water bottle.

An additional \$50 fee will be due to instructor upon purchase of uniform. Additional fees for belt testing.

South Bellevue Community Center  
\$77(R) \$91(N)    Ages 7/up  
10361    Tue, Thu    4-4:50 p.m.    9/9-9/30  
10362    Tue, Thu    5-5:50 p.m.    9/9-9/30  
\$77(R) \$91(N)    Ages 9/up

Cardio & Active Fitness

Beginner Workout Essentials

Jump-start your fitness routine with a free, guided introduction to cardio, strength training, stretching and foam rolling. Led by a certified fitness professional, this small-group class is designed to help new exercisers feel confident using Fitness Center equipment.

South Bellevue Community Center

Free    Ages 13/up  
10521    Wed    3-4 p.m.    9/3  
10522    Wed    3-4 p.m.    9/10  
10523    Wed    3-4 p.m.    9/17  
10524    Wed    3-4 p.m.    9/24

Cycle/Stretch

This beginner-friendly class combines indoor cycling with guided stretching to improve cardiovascular health and flexibility. Ideal for older adults, beginners and those returning to exercise. Please arrive 10 minutes early on first day for a bike fit. Bring a bike-style water bottle and towel. Wear stiff soled shoes or SPD cycle shoes, padded shorts and heart rate monitor if you have them.

South Bellevue Community Center

\$49(R) \$59.50(N)    Ages 13/up  
10110    Tue, Thu    10:30-11:30 a.m.    9/9-9/30  
10111    Tue, Thu    10:30-11:30 a.m.    10/2-10/30  
(No Class 10/14 and 10/16)  
\$42(R) \$51(N)    Ages 13/up  
10112    Tue, Thu    10:30-11:30 a.m.    11/4-11/25  
(No Class 11/11 and 11/27)  
10113    Tue, Thu    10:30-11:30 a.m.    12/2-12/18

Cycling

Build strength and stamina in this outdoor cycling class for all levels. Instructors offer modifications and support for newcomers. To register after start date, call the South Bellevue Community Center at 425-452-4240 or visit us in-person. Beginners can also call for an introductory lesson and bike set-up session prior to your first class. Bring a bike-style water bottle and towel. Wear stiff soled shoes or SPD cycle shoes, padded shorts and heart rate

10363    Tue, Thu    6-6:50 p.m.    9/9-9/30  
\$99(R) \$117(N)    Ages 7/up  
10364    Tue, Thu    4-4:50 p.m.    10/2-10/30  
10365    Tue, Thu    5-5:50 p.m.    10/2-10/30  
\$99(R) \$117(N)    Ages 9/up  
10366    Tue, Thu    6-6:50 p.m.    10/2-10/30  
\$66(R) \$78(N)    Ages 7/up  
10367    Tue, Thu    4-4:50 p.m.    11/4-11/25  
(No Class 11/11)  
10368    Tue, Thu    5-5:50 p.m.    11/4-11/25  
(No Class 11/11)  
\$66(R) \$78(N)    Ages 9/up  
10369    Tue, Thu    6-6:50 p.m.    11/4-11/25  
(No Class 11/11)  
\$66(R) \$78(N)    Ages 7/up  
10370    Tue, Thu    4-4:50 p.m.    12/2-12/18  
10371    Tue, Thu    5-5:50 p.m.    12/2-12/18  
\$66(R) \$78(N)    Ages 9/up  
10372    Tue, Thu    6-6:50 p.m.    12/2-12/18

Tai Chi Chen-Style Class

Join a friendly community and improve fitness, strength, flexibility, and coordination through Chen-style Tai Chi. Learn forms step-by-step. No experience needed; wear comfortable clothes.

Bellevue Main Club  
\$75(R) \$90(N)    Ages 18/up  
9313    Mon    10-11 a.m.    9/29-10/27  
9314    Mon    10-11 a.m.    11/10-12/8

Tai Chi Chen-Style Free Workshop

Free introduction workshop to Chen-style Tai Chi. No prior experience necessary. Wear comfortable clothes.

Bellevue Main Club  
Free    Ages 18/up  
9315    Mon    10.-11 a.m.    9/22  
9316    Daily    10.-11 a.m.    11/3



monitor if you have them. Please arrive 10 minutes before class start time for set-up. Park in the lower tennis court lot.

**South Bellevue Community Center**

**\$42(R) \$51(N) Ages 13/up**  
10376 Mon, Wed 6-7 a.m. 12/1-12/17  
**\$49(R) \$59.50(N) Ages 13/up**  
10373 Mon, Wed 6-7 a.m. 9/8-9/29  
10375 Mon, Wed 6-7 a.m. 11/3-11/24  
**\$56(R) \$68(N) Ages 13/up**  
10374 Mon, Wed 6-7 a.m. 10/1-10/29  
(No class 10/15)

**Jazzercise – Northwest Arts Center**

Experience a full-body workout that blends dance, cardio, resistance training and yoga set to upbeat music. Classes include Jazzercise and Jazzercise & Stretch options. Visit [www.jazzercise.com](http://www.jazzercise.com) for updates, pricing information and special offers. All Jazzercise classes are ongoing, participants can join anytime.

**Northwest Arts Center**

**Drop-in Fee \$20 Ages 16/up**  
9052 Mon 9-10:30 a.m.  
9/15-12/29–Jazzercise & Stretch  
9053 Thu 9-10 a.m. 9/18-12/18 – Jazzercise  
9054 Sat 9-10 a.m. 9/20-12/20 – Jazzercise

**Jazzercise — South Bellevue Community Center**

A high-energy fusion of dance fitness, cardio and strength for all levels. No registration required. For more information, contact [sbjazzercise@gmail.com](mailto:sbjazzercise@gmail.com).

**South Bellevue Community Center**

**Ages 16/up**  
10596 Mon-Fri 9:15-10:15 a.m. 9/2-12/23  
10596 Sat 8:15-9:15 a.m. 9/6-12/20

**Weight Training & Fitness**

Stay strong and flexible with a supportive class that uses free weights, body weight and chair-based options. Includes balance and mobility work. All fitness levels and ages welcome. Instructor: Sabrina Mix

**Northwest Arts Center**

**\$78(R) \$93.60(N) Ages 16/up**  
8439 Wed 11:15 a.m.-12:15 p.m. 9/17-10/29  
**\$65(R) \$78(N) Ages 16/up**  
8440 Wed 11:15 a.m.-12:15 p.m. 11/5-12/10

**Tai Chi & Mindful Movement — Northwest Arts Center**

Restore and re-energize with a blend of Tai Chi, Chi Kung, breathwork and meditation. Builds balance, strength and calm. No experience needed. Instructor: Sabrina Mix

**Northwest Arts Center**

**\$78(R) \$93.60(N) Ages 16/up**  
8437 Wed 10-11 a.m. 9/17-10/29  
**\$65(R) \$78(N) Ages 16/up**  
8438 Wed 10-11 a.m. 11/5-12/10

**Zumba — South Bellevue Community Center**

Move to Latin rhythms in this fun, full-body workout for all fitness levels. Monday classes offer dance cardio. Friday Zumba Toning adds light weights for strength. Bring a small towel and water bottle.

**South Bellevue Community Center**

**\$80(R) \$96(N) Ages 13/up**  
10386 Fri 10:30-11:30 a.m. 9/12-10/31  
10384 Mon 10:30-11:30 a.m. 9/8-10/27  
10385 Mon 6-6:50 p.m. 9/8-10/27  
**\$60(R) \$72(N) Ages 13/up**  
10389 Fri 10:30-11:30 a.m. 11/7-12/19  
(No class 11/28)  
**\$70(R) \$84(N) Ages 13/up**  
10387 Mon 10:30-11:30 a.m. 11/3-12/15  
10388 Mon 6-6:50 p.m. 11/3-12/15

**Zumba Sculpt — Northwest Arts Center**

Dance your way to strength with this upbeat class blending Zumba choreography and toning. Features Bollywood, Latin and hip-hop music. Bring a mat and aerobic shoes. No dance experience needed. Bring a yoga mat and aerobics shoes. Questions? Email [tanya.dancefitness@gmail.com](mailto:tanya.dancefitness@gmail.com).

**Northwest Arts Center**

**\$108(R) \$129.60(N) Ages 18/up**  
9179 Mon 6-6:45 p.m. 9/22-10/27  
9180 Mon 6-6:45 p.m. 11/3-12/8

**Strength & Conditioning**

**Active Adult Fitness**

Stay strong, mobile, and energized with this all-levels class combining elements of martial arts, yoga, Pilates, cardio, and strength training. Register for Monday or Wednesday, or join both for a more comprehensive routine. Participants must be able to move from floor to standing. Bring a small towel and water bottle.

**South Bellevue Community Center**

**\$80(R) \$96(N) Ages 18/up**  
10378 Mon 10:30-11:30 a.m. 9/8-10/27  
10139 Wed 10:30-11:30 a.m. 9/3-10/29  
**\$60(R) \$72(N) Ages 18/up**  
10379 Mon 10:30-11:30 a.m. 11/3-12/15  
10140 Wed 10:30-11:30 a.m. 11/5-12/17

**Fall Prevention and Balance Training**

Improve balance, strength, and coordination in this free workshop designed to reduce fall risk and build confidence in movement. Led by a certified fitness instructor. Please bring a water bottle.

**South Bellevue Community Center**

**Free Ages 18/up**  
10525 Thu 9:15-10:15 a.m. 9/4

**Fit 360**

This action-packed class builds cardio and strength with a variety of equipment and exercises. All fitness levels are welcome. Your certified instructor will work with you on needed modifications and will end each class with a

relaxing cooldown and stretching routine. Bring water and a small towel to class.

**South Bellevue Community Center**

**\$77(R) \$91(N) Ages 13/up**  
10004 Mon, Wed 9:15-10:15 a.m. 9/8-9/29  
10544 Tue 7-7:50 p.m. 9/9-10/28  
(No Class 10/21)  
10005 Mon, Wed 9:15-10:15 a.m. 10/1-10/29  
(No Class 10/15 and 10/20)  
10006 Mon, Wed 9:15-10:15 a.m. 11/3-11/24  
**\$55(R) \$65(N) Ages 13/up**  
10545 Tue 7-7:50 p.m. 11/4-12/16  
(No Class 11/11 and 11/25)  
**\$66(R) \$78(N) Ages 13/up**  
10007 Mon, Wed 9:15-10:15 p.m. 12/1-12/17



**Functional Fitness**

A unique group class designed to enhance your overall movement quality and everyday Train for real life with dynamic exercises that build balance, coordination, strength, and agility. Improve how you move in daily tasks in a supportive, all-levels class. Wear comfortable athletic attire and bring a water bottle.

**South Bellevue Community Center**

**\$88(R) \$104(N) Ages 18/up**  
10205 Tue 9:15-10:15 a.m. 9/9-10/28  
**\$66(R) \$78(N) Ages 18/up**  
10206 Tue 9:15-10:15 a.m. 11/4-12/16  
(No Class 11/11)



Gentle Movement

This low-impact class for older adults promotes flexibility, joint mobility, and balance using light weights, stretching, and mindful movement. Wear comfortable athletic attire and bring a water bottle.

South Bellevue Community Center

\$88(R) \$104(N) Ages 18/up  
10381 Fri 11:45 a.m.-12:45 p.m. 9/12-10/31  
\$66(R) \$78(N) Ages 18/up  
10382 Fri 11:45 a.m.-12:45 p.m. 11/7-12/19

Small Group Training

Work one-on-one in a small group setting with a certified personal trainer. Get personalized workouts, encouragement, and accountability tailored to your goals. Bring a small towel and water bottle.

South Bellevue Community Center

\$160(R) \$200(N) Ages 16/up  
10127 Mon 7-7:50 p.m. 9/8-10/27  
\$140(R) \$175(N) Ages 16/up  
10129 Mon 7-7:50 p.m. 11/3-12/15

Total Body Fitness

Join a certified group fitness instructor for this fun and effective way to burn stubborn body fat and improve your level of fitness! Workouts utilize dumbbells, bands, bodyweight exercises, agility movements, and more to strengthen your body and core.

South Bellevue Community Center

\$77(R) \$91(N) Ages 16/up  
9827 Tue, Thu 6-6:50 a.m. 9/9-9/30  
\$66(R) \$78(N) Ages 16/up  
9828 Tue, Thu 6-6:50 a.m. 10/7-10/30  
(No Class 10/14 and 10/16)  
9829 Tue, Thu 6-6:50 a.m. 11/4-11/25  
(No Class 11/11)  
9830 Tue, Thu 6-6:50 a.m. 12/2-12/18

Total Body Fitness — Virtual

Join from home for a full-body workout with a certified instructor using bodyweight and optional home equipment. Link will be emailed prior to class start. Participants will receive an email with class information and the virtual access link about 24 hours prior to the start of the class.

South Bellevue Community Center

\$44(R) \$52(N) Ages 16/up  
9831 Tue 6-6:50 a.m. 9/9-9/30  
\$33(R) \$39(N) Ages 16/up  
9832 Tue 6-6:50 a.m. 910/7-10/28  
(No Class 10/14)  
9833 Tue 6-6:50 a.m. 911/4-11/25  
(No Class 11/11)  
9834 Tue 6-6:50 a.m. 912/2-12/16

Youth Sports

McVander Co-Ed Street Hockey

No ice or skates needed, just lace up your tennis shoes and join the fun! Learn ball hockey fundamentals like passing, shooting, and positioning in this fast-paced, beginner-friendly program. Improve teamwork, confidence, and agility through drills and scrimmages. Each participant receives a t-shirt, stick, and ball to keep. Learn more at [McVanderHockey.com](https://McVanderHockey.com).

Tyee Middle School Site

\$140(R) \$168(N) Ages 6-12  
10122 Mon 5:30-6:30 p.m. 9/22-10/27  
10123 Mon 5:30-6:30 p.m. 1/3-12/15



Girls Basketball

Want to improve your basketball skills and fundamentals? Girls Basketball Club creates an opportunity for up-and-coming players to learn the concepts of basketball, practice new skills, and improve during basketball season. Sessions focus on building individual skills such as dribbling, shooting, passing, and defense. No prior experience necessary. Participants are welcome to attend the class that matches their gender identity or expression.

Tyee Middle School Site

\$44(R) \$53(N) Ages 6-12  
9657 Thu 5:30-6:30 p.m. 10/30-11/20

Girls Basketball Club Scrimmage Series

Learn the flow of the game in this beginner league with weekly scrimmages and a focus on teamwork and fun. Players receive a jersey. While there is no prerequisite, we recommended signing up for the Girls Basketball Club clinics in November before joining the league. Please note, there are no practices. Each week will be an opportunity to scrimmage.

Tyee Middle School Site

\$40(R) \$48(N) Ages 7-9  
9658 Thu 5:30-6:30 p.m. 12/4-12/18

Flag Football

Get active and have fun in this non-contact co-ed flag football program. Players will build basic football skills through drills and friendly games. No experience necessary.

Robinswood Community Park - Fields

\$44(R) \$53(N) Ages 7-13  
9647 Wed 1:45-3 p.m. 9/24-10/15  
9648 Wed 1:45-3 p.m. 10/22-11/12

Gymnastics

This noncompetitive class helps kids develop balance, strength, coordination, and confidence through tumbling, bars, beam, and vault. All skill levels welcome.

Crossroads Community Center

\$240(R) \$288(N) Ages 6-12  
9649 Mon 4:15-5:15 p.m. 9/15-11/3

9650 Mon 5:30-6:30 p.m. 9/15-11/3  
\$150(R) \$180(N) Ages 6-12  
9651 Mon 4:15 -5:15 p.m. 11/17-12/15  
\$150(R) \$180(N) Ages 6-12  
9652 Mon 5:30-6:30 p.m. 11/17-12/15

Local Hoops Pre-Season Basketball Clinics

Work with expert coaches to sharpen your basketball fundamentals before the season begins. Build skills in shooting, defense, passing, and more through drills and mini-games.

Crossroads Community Center

\$115(R) \$138(N) Ages 10-13  
9656 Thu 4:30-5:30 p.m. 10/30-12/11  
\$115(R) \$138(N) Ages 5-6  
9655 Wed 4:30-5:30 p.m. 11/5-12/10  
\$115(R) \$138(N) Ages 7-9  
9654 Tue 4:30-5:30 p.m. 11/4-12/16

No School Day Basketball Clinic

Stay active on your day off with Local Hoops! Improve your ball handling, passing, and shooting during this fun one-day clinic.

Crossroads Community Center

\$55(R) \$66(N) Ages 6-12  
10177 Mon 9 a.m.-12 p.m. 11/10

Multi-Sport

Play a new sport each week! From flag football and soccer to kickball and ultimate frisbee, this program is perfect for kids who love to move and try new games.

Tyee Middle School Site

\$44(R) \$53(N) Ages 7-13  
9659 Wed 4:30-5:30 p.m. 11/5-11/26  
Robinswood Community Park - Fields  
\$44(R) \$53(N) Ages 7-13  
9653 Mon 4:15-5:15 p.m. 9/29-10/20



## Running — Cross Country

Build endurance, confidence, and a love for running with weekly workouts on Bellevue trails. Running distances will vary from 1/2 mile to 2 miles. Optional weekend meets with neighboring cities included. Workouts vary by age and experience. Meets are typically on weekends with one on a Thursday or Friday evening, with details provided at the first practice.

### Lake Hills Community Park

\$85(R) \$102(N) Ages 6-13

9644	Thu	5-6 p.m.	9/11-10/23
9644	Thu	5 p.m.-6	9/11-10/23
9644	Thu	5 p.m.-6	9/11-10/23

## Skate Clinics

Whether you're just starting out or building your skills, these small-group skateboarding clinics help you progress safely and confidently. All gear provided if needed. We have a one to three instructor ratio.

### Bellevue Skate Park

\$20(R) \$24(N) Ages 6/up

10407	Mon	4-4:55 p.m.	9/15
10408	Mon	4-4:55 p.m.	9/22
10409	Mon	4-4:55 p.m.	9/29
10410	Mon	4-4:55 p.m.	10/6
10411	Mon	4-4:55 p.m.	10/13
10412	Mon	4-4:55 p.m.	10/20
10413	Mon	4-4:55 p.m.	10/27
10414	Mon	4-4:55 p.m.	11/3
10415	Mon	4-4:55 p.m.	11/10
10416	Mon	4-4:55 p.m.	11/17
10417	Mon	4-4:55 p.m.	11/24
10418	Mon	4-4:55 p.m.	12/1
10419	Mon	4-4:55 p.m.	12/8
10420	Mon	4-4:55 p.m.	12/15
10421	Sat	10:45-11:45 a.m.	9/20
10422	Sat	10:45-11:45 a.m.	9/27
10423	Sat	10:45-11:45 a.m.	10/4
10424	Sat	10:45-11:45 a.m.	10/11
10425	Sat	10:45-11:45 a.m.	10/18
10426	Sat	10:45-11:45 a.m.	10/25

10427	Sat	10:45-11:45 a.m.	11/8
10428	Sat	10:45-11:45 a.m.	11/15
10429	Sat	10:45-11:45 a.m.	11/22
10430	Sat	10:45-11:45 a.m.	12/6
10432	Sat	10:45-11:45 a.m.	12/13
10433	Sat	10:45-11:45 a.m.	12/20
10434	Wed	2-3 p.m.	9/24
10436	Wed	2-3 p.m.	10/1
10438	Wed	2-3 p.m.	10/8
10439	Wed	2-3 p.m.	10/15
10440	Wed	2-3 p.m.	10/22
10441	Wed	2-3 p.m.	11/5
10442	Wed	2-3 p.m.	11/12
10443	Wed	2-3 p.m.	11/19
10444	Wed	2-3 p.m.	12/3
10445	Wed	2-3 p.m.	12/10
10446	Wed	2-3 p.m.	12/17



## Soccer League

Learn soccer fundamentals while having fun with friends. This co-ed league includes practices and games with an emphasis on teamwork and sportsmanship. If you are interested in volunteering, please email Erin McCaslin at [emccaslin@bellevuewa.gov](mailto:emccaslin@bellevuewa.gov).

## Robinswood Community Park — Fields

\$85(R) \$102(N)	Ages 5-6		
9646	Wed	4:15-5:15 p.m.	9/17-10/22
\$85(R) \$102(N)	Ages 7-9		
9645	Tue	4:15-5:15 p.m.	9/16-10/21

## Early Learning/Preschool

### Natural Start Preschool

Natural Start Preschool is a nature-based preschool that combines Kindergarten readiness activities with explorations in nature, located in the 39-acre Eastgate Park in South Bellevue. This provides an ideal location for outdoor learning and our low teacher-to-student ratios which are designed to keep our students engaged and connected. For more information, [visitnaturalstartpreschool.com](http://visitnaturalstartpreschool.com) or email our director at [nspdirector@outlook.com](mailto:nspdirector@outlook.com).

### Parkside Pre-K

Give your child a strong start with this month-to-month kindergarten readiness program for ages 4-5. Led by experienced early childhood educators Harpreet and Carly, Parkside Pre-K offers fun, themed lessons designed to build academic and social skills. Each child must be fully potty trained and age 4 by the first day of class.

### Crossroads Community Center

#### Apples and Leaves

Learn about the fall harvest and explore seasonal colors. No class Sept. 1 (Labor Day).

\$285(R) \$342(N) Ages 4-5

7481 Weekdays 9:30 a.m.-12:30 p.m. 9/2-9/26

#### Fall Fun

Pumpkins, bats, and all the magic of fall!

\$375(R) \$450(N) Ages 4-5

7482 Weekdays 9:30 a.m.-12:30 p.m. 9/29-10/31

#### Thankful Hearts

Gratitude, sharing, and caring. No class Nov. 11, 27 or 28.

\$255(R) \$306(N) Ages 4-5

7483 Weekdays 9:30 a.m.-12:30 p.m. 11/3-11/26

#### Holiday Joy

Celebrate winter traditions together. No class Dec. 22-31.

\$225(R) \$270(N) Ages 4-5

7484 Weekdays 9:30 a.m.-12:30 p.m. 12/1-12/19

## Parkside Pre-K Saturday School

Join us the first Saturday of each month for a fun morning of songs, crafts, and learning in a preschool setting. A great way to connect and grow outside the regular school week. Participants must be fully potty trained.

### Crossroads Community Center

\$15(R) \$18(N) Ages 4-5

8696	Sat	9:30 a.m.-12:30 p.m.	12/6
8694	Sat	9:30 a.m.-12:30 p.m.	11/1
8691	Sat	9:30 a.m.-12:30 p.m.	10/4
8690	Sat	9:30 a.m.-12:30 p.m.	9/6

## Park Ranger Programs

### Lake Hills Greenbelt Ranger Walk

Enjoy a fun, educational weekend activity for the whole family. Join a Park Ranger for an easy 1-mile hike through the Lake Hills Greenbelt trails to discover seasonal plants and wildlife. Wear weather-appropriate clothing and sturdy shoes. Bring binoculars or magnifying glasses if you like. The trail is mostly level and gravel. Rain or shine. Pre-registration required.

### Lake Hills Greenbelt

Free for all ages

10326	2-3 p.m.	9/6
10327	2-3 p.m.	9/13
10329	2-3 p.m.	9/27
10330	2-3 p.m.	10/4
10332	2-3 p.m.	10/11
10331	2-3 p.m.	10/18
10353	2-3 p.m.	10/25
10354	2-3 p.m.	11/1
10355	2-3 p.m.	11/8
10356	2-3 p.m.	11/15
10357	2-3 p.m.	11/29
10360	2-3 p.m.	12/6
10358	2-3 p.m.	12/13
10359	2-3 p.m.	12/20



Ranger-led Hike at Lewis Creek Park

Explore the natural and cultural history of Lewis Creek Park with a Bellevue Park Ranger. Look for signs of wildlife and learn how to safely encounter animals. This easy hike is 1 mile with about 50 ft elevation change. Dress for the weather and wear sturdy shoes. Outdoor only. Pre-registration required.

Lewis Creek Park

Free for all ages

10402	Daily	10:30-11:30 a.m.	9/6
10403	Daily	10:30-11:30 a.m.	10/4
10404	Daily	10:30-11:30 a.m.	11/1
10405	Daily	10:30-11:30 a.m.	12/6

Ranger-led Hike at Mercer Slough Nature Park

Join a Park Ranger for a 1.5-mile guided hike through Mercer Slough Nature Park. This kid-friendly program explores the park’s birds and wildlife and ends at the pedestrian bridge. Best for ages 5 and up. Pre-registration required. Meet at Mercer Slough Visitor Center.

Pre-registration for all participants is required. Meet at the Mercer Slough Visitor’s Center.

Mercer Slough Environmental Education Center

Free for all ages

10335	Sun	2-3:30 p.m.	9/21
10336	Sun	2-3:30 p.m.	10/26
10337	Sun	2-3:30 p.m.	11/30
10338	Sun	2-3:30 p.m.	12/21

Ranger-led Hike at Coal Creek

Discover Bellevue’s largest park on this 2-mile, moderately difficult hike with 240 ft elevation change. Explore history and wildlife with a Park Ranger. This hike is rated as moderately difficult (2 miles with 240 ft elevation change). Dress for weather, wear sturdy shoes. Outdoor only. Pre-registration required.

Coal Creek Natural Area

Free for all ages

10406	Sun	10:30 a.m.-12 p.m.	9/21
10548	Sun	10:30 a.m.-12 p.m.	12/14

Ranger-led Hike at Lakemont Community Park

Enjoy a 2-mile moderately difficult hike with 700 ft elevation change along a creek. Dress for weather and wear sturdy shoes. Pre-registration required. Meets at Lakemont Community Park, 5170 Village Park Dr SE. Outdoor only.

Lakemont Community Park

Free for all ages

10540	Sun	10:30 a.m.-12 p.m.	10/19
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Ranger-led Hike at Lakemont Highlands Open Space

Explore 3.5 miles of trails at Lakemont Highlands Open Space. This hike is rated as moderately difficult (680 ft elevation change). Dress for weather and wear sturdy shoes. Pre-registration required. Meets at Lewis Creek Park Visitor Center, 5808 Lakemont Blvd SE. Outdoor only.

Lewis Creek Visitor Center

Free for all ages

10546	Sun	10 a.m.-12 p.m.	11/23
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An Un-Stuffing Day Hike

Shake off the holiday haze on this 1-mile moderately easy hike with about 50 ft elevation change. Reflect on forest benefits and learn ways to protect it. Dress for weather and wear sturdy shoes. Pre-registration required. Meets at Lewis Creek Park Visitor Center. Outdoor only.

Lewis Creek Visitor Center

Free for all ages

10547		10:30 a.m.-12 p.m.	11/29
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A Solstice Stroll

Welcome winter by heading outside on the shortest day of the year. We'll ponder seasonality, forest changes, and the bygone residents of the area. All ages are welcome. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Preregistration is required for each participant. Meets at Lewis Creek Park Visitor Center, 5808 Lakemont Blvd SE. Outdoor only.

Lewis Creek Visitor Center

Free for all ages

10549	Sun	10:30 a.m.-12 p.m.	12/21
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Ranger Programs at Mercer Slough

Join a Park Ranger for a fun and educational experience at Mercer Slough Environmental Education Center. Programs include indoor and outdoor activities, rain or shine. Please dress for outdoor exploration and bring a water bottle. Pre-registration is required for each participant.

Mercer Slough Environmental Education Center

Story and Stroll at Mercer Slough

Enjoy a nature-themed story and trail walk through the forested wetlands of the Mercer Slough Nature Park. Designed to engage young children, each session includes a guided walk and story time. Pre-registration required for both children and accompanying adults.

Free Ages 3/up

10341	Fri	9:30-10:30 a.m.	9/5
10342	Fri	9:30-10:30 a.m.	10/3
10345	Fri	9:30-10:30 a.m.	11/7
10346	Fri	9:30-10:30 a.m.	12/5

Talonted Eagles

Explore the world of bald eagles! Their sharp eyesight, hunting skills, and adaptations that make them such powerful birds of prey.

Free Ages 5/up

10380	Sat	2-3 p.m.	9/20
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Swim to Spawn

Follow the journey of salmon from the ocean to the Mercer Slough where they will eventually spawn in the shallow waters of Kelsey creek. Learn about the different life stages and what you can do to help protect their survival.

Free Ages 5/up

10340	Sat	2-3 p.m.	10/18
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Mercer Slough Night Hike

Awaken your senses and step into the nocturnal world for a guided hike into the Mercer Slough Nature Park. Exploring the park after the sun has set will certainly prove to be a unique and memorable experience for the whole family.

Free for all ages

10334	Fri	7-8:30 p.m.	10/24
10333	Fri	7-8:30 p.m.	9/26

Nocturnal in November

Several types of owls can be found living throughout many of Bellevue’s Parks. These silent predators of the night are considered a keystone species within the ecosystem. Join us for a fun-filled hour learning about these owls. Dissect an owl pellet to discover who was for lunch. Best for ages 5-8.

Free Age 5/up

10377	Sat	2-3 p.m.	11/22
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Breakfast for Birds

Discover how local and migratory birds survive winter and what you can do in your own backyard to help them survive tough times. Create your own pine-cone bird feeder to take home for your backyard birds.

Free Ages 5/up

10339	Sat	2-3 p.m.	12/20
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Ranger Programs at Lake Hills Greenbelt  
Ranger Station

Join a Bellevue Park Ranger for hands-on learning along the trails of the Lake Hills Greenbelt. These programs offer kids and families the chance to explore nature, discover local wildlife, and get creative with crafts. Programs run rain or shine. Please dress for the weather and wear sturdy shoes. Pre-registration is required for all attendees, including accompanying adults.

Lake Hills Greenbelt

Tiny Trailblazers

Explore plants and wildlife, hear stories, and enjoy a simple craft with your little one.

Free	Ages 2-5	
10322	10-11 a.m.	9/5
10323	10-11 a.m.	10/3
10324	10-11 a.m.	11/7
10325	10-11 a.m.	12/5

Creepy Creatures Walk

Take a flashlight walk and learn about Bellevue’s nocturnal wildlife including bats, owls, and raccoons. Bring a flashlight and dress for the weather. Children must be accompanied by an adult.

Free	Ages 4/up	
10542	7:30-8:30 p.m.	9/19
10543	6:30-7:30 p.m.	10/17

The Whoo’s Whoo of Owls

Discover owl adaptations and dissect owl pellets in this engaging program for kids and families. Pre-registration required for all attendees, including accompanying adults.

Free	Ages 4-13	
10343	10-11 a.m.	9/13
10344	10-11 a.m.	9/27



Fall Forest Fungi

Search for mushrooms and learn about the hidden life of fungi. Join us for a walk along the Lake Hills Greenbelt trails as we spot different types of mushrooms and learn about how fungi grow, recycle nutrients, and create an immense underground network for plants. Children must be accompanied by an adult.

Free	Ages 4/up	
10348	10-11 a.m.	10/18
10347	10-11 a.m.	10/11

Marvelous Moss & Lichen

When the green leaves fall away, other green organisms get their chance to flourish! Explore the moss-terious world of moss and lichens as we walk the Lake Hills Greenbelt trail and learn about their important benefits for wildlife. Children must be accompanied by an adult.

Free	Ages 4/up	
10349	10-11 a.m.	11/15
10350	10-11 a.m.	11/22

Pine-ing Fir Evergreens

Celebrate the evergreens of the Pacific Northwest with a nature walk and evergreen-themed craft. Branch out amongst the tree-mendous evergreens along the Lake Hills Greenbelt trail. Pre-registration required for all attendees. Children must be accompanied by an adult.

Free	Ages 4/up	
10352	10-11 a.m.	12/20
10351	10-11 a.m.	12/13

Ranger Programs at Lewis Creek Visitor Center

Discover nature with your child through guided hikes, crafts, and seasonal programs at Lewis Creek Park. These hands-on learning experiences foster curiosity, environmental awareness, and outdoor fun for all ages. Dress for the weather and wear sturdy shoes. Pre-registration is required for all participants, including accompanying adults.

Squirrels Just Want to Have Fun

Meet Bellevue’s scurrying and soaring squirrels through games, activities, and a short nature walk. Preregistration is required for children and adults.

Free	Ages 5-10 with accompanying adult(s)	
10572	2:30-3:30 p.m.	9/7
10573	2:30-3:30 p.m.	9/20
10574	2:30-3:30 p.m.	9/28

Toddler Trails at Lewis Creek Park

Get outside and explore nature with your toddler while learning how to make hiking fun for little ones. We’ll take frequent stops while we investigate the different environments of Lewis Creek Park. This hike’s difficulty is rated as easy (.5 miles). Pre-registration is required for children and adults. Outdoor only.

Free	Ages 18-36 months	
10550	10-11 a.m.	9/13
10551	10-11 a.m.	10/5
10552	10-11 a.m.	11/22
10553	10-11 a.m.	12/7

Creature Crafts

Enjoy themed crafts and activities your child can explore at their own pace. Each month brings a new nature topic. Preregistration is required for children and adults.

Free	Ages 3-7 with accompanying adult(s)	
10554	10:30-11:30 a.m.	9/14
10555	10:30-11:30 a.m.	10/11
10556	10:30-11:30 a.m.	11/9
10557	10:30-11:30 a.m.	12/13

Night Hike at Lewis Creek Park

When the sun sets and the dark of night creeps in, Lewis Creek Park comes alive! Learn about the different nocturnal and crepuscular species that call the park home. Bring a flashlight or headlamp, as well as good shoes and warm clothes for the journey. Preregistration is required for children and adults.

Free	Ages 8/up with accompanying adult(s)	
10568	7-8:30 p.m.	9/20
10569	6-7:30 p.m.	11/8
10570	5:30-7 p.m.	12/20

Street Smart Raccoons

Learn how clever raccoons adapt to city life and how we can peacefully share our space with them. Ages 5-10 with accompanying adult(s). Preregistration is required for children and adults.

Free	Ages 5-10 with accompanying adult(s)	
10558	2:30-3:30 p.m.	10/5
10559	2:30-3:30 p.m.	10/18
10560	2:30-3:30 p.m.	10/26





An International Bat Week Hike

Celebrate Bat Week with an evening hike to discover local bat species and nighttime wildlife. We'll take a dusk hike to look for evening wildlife that call Lewis Creek home. Bring a flashlight or headlamp, as well as sturdy shoes. Preregistration is required for children and adults. Meets at Lewis Creek Picnic Area, 5702 Lakemont Blvd SE.

Free Ages 5/up with accompanying adult(s)  
10567 6-7:30 p.m. 10/25

Colorful Fall

Explore the science behind changing leaf colors and take a short forest walk to spot fall foliage. We'll do an unbe-leaf-able experiment and go for a short, guided, walk through the forest at Lewis Creek Park. Preregistration is required for children and adults.

Free Ages 5-10 with accompanying adult(s)  
10561 2:30-3:30 p.m. 11/8  
10562 2:30-3:30 p.m. 11/16



Salmon Sense

Learn how salmon navigate their journey home and explore their habitat through hands-on activities. Join us as we explore the inner workings of salmon and for hands-on activities before heading onto Lewis Creek Park's trails to learn about stream habitat and how we can help salmon starting right here in Bellevue! Preregistration is required for children and adults.

Free Ages 8/up with accompanying adult(s)  
10563 1:30-3 p.m. 11/22

Animals In Winter

Where do the animals go in winter? How do bears sleep so long? Join us for hands-on activities to learn the how's and why's of wintertime adaptations. Afterwards we'll see how well we can hibernate. Preregistration is required for children and adults.

Free Ages 5-10 with accompanying adult(s)  
10564 2:30-3:30 p.m. 12/6  
10565 2:30-3:30 p.m. 12/14  
10566 2:30-3:30 p.m. 12/27

Natural Resources & Outdoor Education

Take your hiking to the next level with ranger-guided hikes on some of the region's most scenic trails. Each trip includes round-trip van transportation departing from Lewis Creek Park. Trail locations and details will be emailed the week prior and may vary depending on weather and trail conditions.

Cascade Hiking Club

This hiking series is designed for those ready to level up from beginner to intermediate. Trails feature moderate difficulty, ranging from 3.5 to 6 miles with up to 2,000 ft of elevation gain. Bring water, snacks, and sturdy hiking shoes.

Meet at Lewis Creek Park  
\$12(R) \$15(N) Ages 18/up

Denny Creek

10158 Fri 9:30 a.m.-3:30 p.m. 10/3

Garfield Ledges

10161 Fri 9:30 a.m.-3:30 p.m. 10/24

Lodge Lake

10159 Fri 9:30 a.m.-3:30 p.m. 10/10

Talus Loop Trail

10160 Fri 9:30 a.m.-3:30 p.m. 10/17

Farm

Farm Explorers

Experience a hands-on farm adventure with animal care, barn chores, a pony ride, and delicious snacks. This drop-off program is designed for independent 4- to 6-year-olds and includes seasonal themes, crafts, stories, and friendly farm animals. Each session highlights different animals and activities, ensuring something new every time.

Kelsey Creek Farm

\$96(R) \$115(N) Ages 4-6

10449 Tue 10 a.m.-12:30 p.m. 9/11-9/25  
10462 Tue 10 a.m.-12:30 p.m. 10/16-10/30  
10463 Tue 10 a.m.-12:30 p.m. 11/6-11/20  
10464 Tue 10 a.m.-12:30 p.m. 12/4-12/18

Junior Farmers

Explore life on the farm in this after-school program. Participants will experience seasonal themes, arts and crafts, story time, and direct interaction with farm animals. Each session focuses on different animals and includes new hands-on experiences.

Kelsey Creek Farm

\$78(R) \$94(N) Ages 7-9

10469 Wed 2-4 p.m. 9/10-9/24  
10471 Wed 2-4 p.m. 10/15-10/29  
10472 Wed 2-4 p.m. 11/5-11/19  
10479 Wed 2-4 p.m. 12/3-12/17

Little Farmers

Enjoy a fun and interactive barn experience with your 2- to 3-year-old. Each class includes chores, feeding animals, pony rides, crafts, and seasonal activities. Dress for indoor and outdoor play, and a little mess! Siblings under two welcome in carriers.

Kelsey Creek Farm

\$78(R) \$94(N) Ages 2-3

10465 Thu 10-11:30 a.m. 9/9-9/23  
10466 Thu 10-11:30 a.m. 10/14-10/28  
10467 Thu 10-11:30 a.m. 11/4-11/25  
10468 Thu 10-11:30 a.m. 12/2-12/16

Farm Story Time

Join us for stories at the farm, each with a seasonal theme and a visit from one of our animals. Designed for ages 1-5. Pre-registration not required. Children must be accompanied by an adult. Space is limited, and doors close when the program begins or when capacity is reached

Kelsey Creek Farm

Free Recommended for ages 1-5.

10537 Wed 10-10:30 a.m. 9/10  
10590 Wed 10-10:30 a.m. 10/15  
10591 Wed 10-10:30 a.m. 11/12  
10592 Wed 10-10:30 a.m. 12/17

Farm Animal Pen Pal

Get mail from a Kelsey Creek Farm animal! Sign up to receive a letter and photo from one of our friendly animals, and write back to receive a reply. Includes two letters, a photo, and a return envelope. Recommended for ages 4-10 but all are welcome.

Kelsey Creek Farm

Fees: \$5(R) \$6(N) Ages 4/up

Bella the Cow - 9172 Daily 9/1-12/31  
Cinnabun the Bunny - 9174 Daily 9/1-12/31  
Jackson the Cat - 9173 Daily 9/1-12/31  
Paige the Sheep - 9175 Daily 9/1-12/31  
Rascal the Pony - 9171 Daily 9/1-12/31

Kelsey Creek Open House

Learn about farm programs, camps, and volunteer opportunities while enjoying crafts and free play at the farm.

Kelsey Creek Farm

Free for all ages

10534 Thu 10 a.m.-12 p.m. 9/4







**Kelsey Creek Farm Fair**  
Celebrate fall with tractor rides, pumpkins, animal visits, food trucks, kids’ activities, and more. Free shuttle service from Wilburton Park & Ride and Bannerwood Sports Park. No pets allowed on shuttles or in barn areas.

**Kelsey Creek Farm**  
Free (some activities have fees)  
All ages welcome  
10527 Sat 11a.m.-4 p.m. 10/4

**Trick or Treat with the Farm Animals**  
Wear your costume and trick-or-treat with farm animals dressed for Halloween! Includes crafts, pumpkin bowling, and bag decorating. Activities are indoors and outdoors. Adult participation required.

**Kelsey Creek Farm**  
\$30(R) \$36(N) Ages 2-10  
10530 Sat 1-3 p.m. 10/25

**Barn Lighting**  
Celebrate the season as we light up the barns and sing carols. Enjoy crafts, cocoa, photos with animals, visiting the decorated log cabin, and a special once-per-year opportunity to go inside the barn to watch the animals eat dinner.

**Kelsey Creek Farm**  
Free (some activities have fees)  
All ages welcome  
10532 Sat 5-6:30 p.m. 12/6

**Kelsey Creek Farm Fair Special Event Volunteers**

**Adult Farm Volunteers**  
Assist Kelsey Creek Farm staff in providing daily care to our farm animals. Help staff bring the animals out to pasture, clean their living quarters, and prepare meals for the animals each day. Volunteers will learn about caring for livestock and about Bellevue’s agricultural history while giving back to their community.

**Kelsey Creek Farm**  
Free Ages 18/up  
10431 Tue 8:30-10:30 a.m. 9/9-10/28  
10437 Wed 8:30-10:30 a.m. 9/10-10/29

**After School Teen Farm Volunteers**  
Assist Kelsey Creek Farm staff in providing daily care to our farm animals. Help prepare meals for the animals, clean their living quarters, assist with other farm chores, and help bring the animals back into the barn each day. Teens will learn responsible animal care, job skills, and independence while earning service hours for school.

**Kelsey Creek Farm**  
\$15 (R) \$18 (N) Ages 12-18  
10502 Wed 2-4:15 p.m. 9/10-9/24  
10504 Wed 2-4:15 p.m. 10/15-10/29  
10505 Wed 2-4:15 p.m. 11/5-11/19  
10506 Wed 2-4:15 p.m. 12/3-12/17

**Saturday Morning Teen Farm Volunteers**  
Join the team at Kelsey Creek Farm and get hands-on experience caring for farm animals! Help bring the animals out to pasture for the day, prepare meals for the animals, clean their living spaces, and assist with other farm chores. Teens will learn responsible animal care, job skills, and independence while earning service hours for school.

**Kelsey Creek Farm**  
\$15 (R) \$18 (N) Ages 15-18  
10486 Sat 8:30 a.m.-12 p.m. 9/13-9/27  
10490 Sat 8:30 a.m.-12 p.m. 10/11-10/25  
10491 Sat 8:30 a.m.-12 p.m. 11/8-11/22  
10492 Sat 8:30 a.m.-12 p.m. 12/6-12/20

**Farm Fair Event Volunteers**  
Assist staff with event set up, managing children’s activity booths and other event tasks at our annual Farm Fair event. This is one of Bellevue’s longest running events. Volunteers gain experience in event operations, customer service, working with children, and teamwork while earning community service hours.

**Kelsey Creek Farm**  
Free Ages 15/up  
10528 Sat 9:30 a.m.-5 p.m. 10/4

**Farm Fair Clean Up Volunteers**  
Help us wrap up the annual Farm Fair event at Kelsey Creek Farm. Volunteers are needed to assist with breaking down the event activities, ensuring our farm is ready for the next day. This is a great opportunity to earn community service hours, gain hands-on experience in event operations, build team-work skills, and be part of one of Bellevue’s longest running events.

**Kelsey Creek Farm**  
Free Ages 15/up  
10529 Sat 3-5 p.m. 10/4

**Trick or Treat with the Farm Animals Special Event Volunteers**

Assist staff with event set up, running children’s activity booths, helping to pass out candy, and other event tasks at our Trick or Treat with the Farm Animals event. Volunteers gain experience working with children, build teamwork skills, and will earn community service hours for school.

**Kelsey Creek Farm**  
Free Ages 15/up  
10531 Sat 12-3:30 p.m. 10/25

**Barn Lighting Special Event Volunteers**  
Assist staff with event setup, running children’s activity booths, turning on the holiday lights, and other event tasks at our annual Barn Lighting event. Volunteers gain experience working with children, build teamwork skills, and will earn community service hours for school.

**Kelsey Creek Farm**  
Free Ages 15/up  
10533 Sat 4-7 p.m. 12/6

**TRACKS**

**Tracks Bike Club**  
Spend early release Wednesdays riding bikes, playing games and hanging out with friends. Each week, we’ll take a 2-3 mile bike ride on Bellevue trails. Participants must be proficient riders as this is not a learn-to-ride program. Bikes and helmets available by request.

**Lake Hills Community Park**  
\$30(R) \$36(N) Ages 10-13  
10166 Wed 1:45-3:30 p.m. 10/1-10/22





### Tracks Wednesday Walk and Roll

Get outside with your toddler or preschooler and explore the park! Kids can ride bikes, scooters, or strollers on a mini wheel course or walk a scavenger hunt trail. Includes craft time and an activity book. Registration is required for both child and adult.

#### Surrey Downs Park

Free for all ages

10306	Wed	10:30 a.m.-12 p.m.	10/15
10307	Wed	10:30 a.m.-12 p.m.	10/22
10308	Wed	10:30 a.m.-12 p.m.	10/29
10305	Wed	10:30 a.m.-12 p.m.	10/8
10303	Wed	10:30 a.m.-12 p.m.	9/24

### Tracks Park Walks

Enjoy a relaxed Thursday walk through a different Bellevue park each week. Socialize, explore, and enjoy the outdoors. After the walk, we'll stop for a picnic lunch before returning to North Bellevue Community Center. Transportation is provided. Bring lunch and water. Pre-registration required.

Meet at North Bellevue Community Center

\$5(R) \$6(N)      Ages 50/up

#### Kelsey Creek Park – 10169

Daily 11 a.m.-1 p.m.      10/2

#### Bellevue Botanical Garden – 10170

Daily 11 a.m.-1 p.m.      10/9

#### Lewis Creek Park – 10171

Daily 11 a.m.-1 p.m.      10/16

#### Newcastle Beach Park – 10172

Daily 11 a.m.-1 p.m. 10/23

#### Mercer Slough – 10173

Daily 11 a.m.-1 p.m. 10/30

### Tracks Tuesday Trails 50+ Hiking

Explore beautiful trails with others 50 and up. Hikes are under 3 miles and chosen for ease and scenic value. Transportation from North Bellevue Community Center is included. Dress for the weather and bring lunch and water.

Meet at North Bellevue Community Center

\$8(R) \$10(N)      Ages 50/up

#### Bridle Trails State Park – 10157

Tue 10 a.m.-2 p.m.      10/28

#### Oxbow Lake Loop – 10153

Tue 10 a.m.-2 p.m.      9/30

#### Paradise Valley – 10155

Tue 10 a.m.-2 p.m.      10/14

#### Redtown Trailhead – 10151

Tue 10 a.m.-2 p.m.      9/16

#### Sky Country Trailhead – 10154

Tue 10 a.m.-2 p.m.      10/7

#### Tolt Mac Donald – 10152

Tue 10 a.m.-2 p.m.      9/23

#### Tradition Lake Loop – 10156

Tue 10 a.m.-2 p.m.      10/21



Register online [register.bellevuewa.gov](https://register.bellevuewa.gov) | 425-452-6885

# Scholarship Application



## INSTRUCTIONS

It is the policy of Bellevue Parks & Community Services to make program opportunities available to all interested people, regardless of income. We provide scholarships to those who might not otherwise be able to participate. Scholarships may be granted for the entire class fee or may provide a percentage discount, depending on individual circumstances. All information will remain confidential.

To be eligible for a scholarship **you must reside within the city limits of Bellevue** and meet the household size/yearly income requirements. Applicants meeting the eligibility guidelines are awarded up to \$500 per person, per calendar year. Eligible residents will be **required to provide proof of living in Bellevue City limits and income for entire household**. Household is defined as: those on the IRS Income Tax Return and/or all individuals living in your home that you care for (married or not).

Send only **copies** of your documents and **attach them to the completed application**.

Copies **will not be returned**.

**Examples of supporting documents** You only need **one** of each category:

### 1. Income verification with name on it

- tax return, W-2's for all income earners in the household 21 and older
- most recent month of pay stubs for all income earners in the household 21 and older
- KCHA 'Rent Calculation Worksheet'
- City of Bellevue Utility Rate reduction income qualification meets 75% rate for parks scholarship. If you wish to provide additional income verification, you may qualify for more scholarship
- Social Security Income
- DSHS food stamps–families of 4 or less automatically qualify for 75% under HUD and families of 5 or more automatically qualify for 50%

### 2. Proof of living within the Bellevue city limits

Supporting documents must have the name and address of service location on them

- Water, sewer, garbage bills
- PSE gas/electric bill
- Lease agreement or Mortgage paperwork

## Scholarship applications must be approved prior to registration

A scholarship application alone does not register the participant, nor does it reserve space in a program.

Registrations are processed in the order received. You will be notified once your application for scholarship has been reviewed.

Scholarship Application and copies of supporting documents may be dropped off at any location listed below:

Bellevue Aquatic Center	601 143rd Avenue Northeast
Bellevue City Hall	450 110th Avenue Northeast - Service First
Bellevue Youth Theatre	16501 Northeast 10th Street
Crossroads Community Center	16000 Northeast 10th Street
Highland Community Center	14224 Bel-Red Road
Kelsey Creek Farm	410 130th Place Southeast
Mini City Hall Crossroads Mall	15600 Northeast 8th Street #H9
North Bellevue Community Center	4063 148th Avenue Northeast
Northwest Arts Center	9825 Northeast 24th Street
South Bellevue Community Center	14509 Southeast Newport Way



ATTACH COPIES OF SUPPORTING DOCUMENTS TO THE SCHOLARSHIP APPLICATION

Proof of living in Bellevue City limits and proof of income. See front page for list of examples.  
Contact us at 425-452-6885 option #1 to inquire about other forms not listed.

LIST OF HOUSEHOLD MEMBERS

Parent/Guardian First Name	Parent/Guardian Last Name	Date of Birth	Gender
Household Member First Name	Household Member Last Name	Date of Birth	Gender

CONTACT INFORMATION

City	State	ZIP Code
Work Phone	Cell Phone	
Email Address	Primary School Location (optional)	
Household Size	Yearly Income Before Taxes \$	

QUALIFYING GUIDELINES FOR SCHOLARSHIP APPLICATION

Household Size	1	2	3	4	5	6	7	8
Full Scholarship	\$31,650	\$36,200	\$40,700	\$45,200	\$48,850	\$52,450	\$59,045	\$65,728
3/4 Scholarship	\$52,700	\$60,250	\$67,800	\$75,350	\$81,400	\$87,450	\$93,400	\$99,450
1/2 Scholarship	\$77,700	\$88,800	\$99,900	\$110,950	\$119,850	\$128,750	\$137,600	\$146,500

Example: If your family size is 2 and your household income is \$27,800 or less, you are eligible for a full scholarship.

I certify that the above information is correct to the best of my knowledge. I reside within the city limits of Bellevue, and I understand that any additional fees (i.e., supply fees, late fees for Day Camp Programs) are my own responsibility.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If you are outside qualifying parameters and believe you qualify, please contact us by one of the following:

Email: parksweb@bellevuewa.gov

Call: 425-452-6885, option #1

In person at one of the facilities listed on the front page

OFFICE USE ONLY

Date _____ Year _____	Approved By (print) _____ Initial _____
<input type="checkbox"/> Approved <input type="checkbox"/> Denied <input type="checkbox"/> Exception	Comments: _____
Circle One: 50% 75% 100%	<input type="checkbox"/> COB <input type="checkbox"/> INC
Staff Name: _____	

Please detach and return with your signature

Effective March 31, 2025

Every effort is made to ensure that the information in this catalog is accurate at the time of publication. Because policies, personnel, and funding can change, Bellevue Parks & Community Services reserves the right to add or withdraw programs and to amend, revise, or modify any provision, including - but not limited to - price, date, and location, printed in this brochure. You are encouraged to visit [register.bellevuewa.gov](https://register.bellevuewa.gov) for the most up-to-date information.

For programs meeting fewer than 10 hours per week, please see "General Recreation Programs" policies. Day Camp policies on this page do not apply to camps meeting fewer than 10 hours per week.

Food & Refreshments

Programs listed in this brochure may include a food or beverage refreshment. Please contact the Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

City of Bellevue Tax ID Number:

91-6007020

Registration Priority:

The City of Bellevue is committed to providing a wide range of recreation activities for Bellevue residents. Therefore, the City gives advance registration preference for those residing within the Bellevue city limits. Non-residents are welcome to take part in recreation programs on a space-available basis. Non-resident registrations are not accepted prior to the first day of non-resident registration. On this day, mailed and faxed registrations will be accepted, via phone at 425-452-6885, or online at [register.bellevuewa.gov](https://register.bellevuewa.gov).

Due to an interlocal agreement with King County, all registrations for programs at South Bellevue Community Center are processed in the order received.

Registration Confirmation:

Registration receipts are mailed electronically after registration has been processed. Call 425-452-6885 to request a printed registration receipt.

Financial Assistance/Scholarships:

Financial assistance is available to qualifying residents who live within the Bellevue City limits. Applicants will be notified of the amount due for each registration after financial assistance application is processed. Please call 425-452-6885 or visit [BellevueWA.gov/connections](https://BellevueWA.gov/connections) for information on applying for financial assistance.

Payment:

Payment is accepted in cash, gift certificates, checks, or Visa/MasterCard only. Payment for all programs except day camps is due in full at the time of registration. Please do not mail cash.

Financial assistance/Scholarship application is required prior to registration

General Recreation Programs:

Payment is due at the time of registration.

Day Camps (camps meeting 10 hours or more per week):

Each Day Camp requires a \$50 non-refundable registration fee, per participant, per camp, at the time of registration, and will be applied toward the final amount due. Non-Bellevue resident fee differential is also due at the time of registration. Payment in full of the remaining balance is due thirty (30) calendar days prior to the first day of each session. The city of Bellevue will automatically charge a credit card/debit card on file for balances due for day camps on the payment due date and, if necessary, adjust or reverse a payment for any entry made to an account or credit card in error.

PAGE 1 OF 2

CONTINUED ON NEXT PAGE →



# Registration & Payment Policies



### Credit Card:

Include credit card number and expiration date on registration form.

### Checks:

All checks or drafts received by the city which are returned or dishonored by the drawee bank or other such depository shall be assessed a charge of \$15.00 (Administrative Order 53).

### Refunds:

Classes cancelled by the city will result in a 100% refund of program fees. No refunds or credits will be issued on or after the first day of the program or camp. No refunds are available for programs \$10 or less.

**General Recreation Programs:** A refund is granted if the withdrawal is made at least seven (7) calendar days prior to the start of class, less a \$10 administrative fee per participant, per program.

Class withdrawals requested fewer than seven (7) calendar days prior to class will result in a refund of:

- Programs with fees \$20 or less: program fee, less \$10 administrative fee, per participant, per program.
- Programs with fees greater than \$20: 50% of the program fee, per participant, per program.

The City of Bellevue prohibits sex discrimination in the operation or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Bellevue for a community athletic program are also prohibited from discriminating on the basis of sex. In addition, the City of Bellevue does not discriminate on any other basis provided by Federal or State law. If you have questions or wish to file a complaint, contact Susan Freeburg at [sfreeburg@bellevuewa.gov](mailto:sfreeburg@bellevuewa.gov), or 425-452-4278.

**Day Camps (camps meeting 10 hours or more per week):** A refund is granted if the withdrawal is made at least fourteen (14) calendar days prior to the first day of class, less a \$50 non-refundable registration fee, per participant, per camp. Camp withdrawals requested less than fourteen (14) calendar days prior to camp will result in a refund of 50% of the program fee, per participant, per program. If you are interested in transferring to a different camp, please call 425-452-6885 for information on our transfer policy.

### Resident Definition:

A resident is defined as anyone living within the jurisdictional boundary of the City of Bellevue as determined by City records. If you have any question as to whether you are within the jurisdictional boundary of the City of Bellevue, please contact the Development Services Department's Land Use Division at 425-452-4188.

# Activity Registration Form



Please Print Clearly

Adult Last Name		First Name		Date of Birth	
Preferred Phone:		Phone Type:	Secondary Phone:		Phone Type:
Street Address					
City		State	Zip	Pronouns	
E-mail-address-providing your email address, you will receive emailed receipts and updates from Bellevue Parks & Community Services.					
Work Phone					
Home Phone					

☐ Check here if you need to be contacted by staff to request a modification for a participant with a disability.

Child #1 Name:			
Last	First	Date of Birth	Pronouns
Class No	Class Title	Fee	Use Scholarship?

Child #2 Name:			
Last	First	Date of Birth	Pronouns
Class No	Class Title	Fee	Use Scholarship?


**Emergency Contact**

Contact Name \_\_\_\_\_ Relation \_\_\_\_\_

Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_

**Payment Details** See Payment Policies for More Information.

**Payment Method** ☐ Check ☐ D.D.A. (send to Highland) ☐ Credit Card

Total Fee \$ \_\_\_\_\_ Card Number \_\_\_\_\_ Expiration date \_\_\_\_\_

**Waiver on reverse side of form must be signed prior to returning this form. Registrations received without a signed waiver will not be processed.** 



WAIVER OF LIABILITY/PHOTO & VIDEO RELEASE

PLEASE READ CAREFULLY

In consideration of myself and/or my child(ren) being allowed to use City of Bellevue Parks & Community Services facilities and/or participate in the city-sponsored activity(ies) identified herein, I ASSUME ANY AND ALL RISKS, INCLUDING RISK OF INJURY OR DEATH, associated with my or my child(ren)'s use of said facilities and/or participation in said activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to waive and RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of city facilities or participation in the city-sponsored activity(ies) identified herein. I acknowledge that I have carefully read this WAIVER OF LIABILITY and fully understand that I am waiving any right that I may have to bring a legal action or to assert a claim against the City of Bellevue in connection with the use of city facilities or participation in the city-sponsored activity stated below.

**PHOTO/VIDEO RELEASE:** I give my permission to have photos and/or video and audio recordings taken of me or my child(ren) during City of Bellevue activities and authorize the City of Bellevue to copyright, use, and publish the same. I understand I am waiving any right of privacy, compensation, copyright or other ownership right connected to the photo or recording. If you do not give permission to have photos and/or video and audio taken of you or your child(ren), please contact the main office at 425-452-6885 or parksweb@bellevuewa.gov.

**I acknowledge that I have carefully read this WAIVER OF LIABILITY / RELEASE and fully understand that I am waiving any right that I may now or hereafter have to bring a legal action to assert any claim against the City of Bellevue in connection with my participation in this volunteer activity.**

I accept the conditions printed above:

Participant and/or Parent/Guardian Signature      Date      Printed Name

Registration NOT VALID without signed waiver.

Mail completed form to: Bellevue Parks Registration; P.O. Box 90012; Bellevue, WA 98009-9012



Please detach and return with your signature

Low-Cost & No-Cost Programs

Bellevue Parks & Community Services offers a variety of low-cost and no-cost programs for all ages! Enjoy year-round participation in one or more of these programs for less than \$500. Visit [BellevueWA.gov/scholarship](http://BellevueWA.gov/scholarship) to learn more about our financial assistance program, which provides up to \$500 per year to Bellevue residents meeting certain income guidelines.

Bellevue Aquatic Center

Lap Swim  
Open Swim

Bellevue Botanical Garden

Docent-Led Tours

Bellevue Skate Park

Open Skate Sessions

Bellevue Youth Theatre

Fall Auditions – free for Bellevue residents  
Elf: The Musical Jr Phantom  
Wendy and Peter: Into Neverland  
The Wonderful Wizard of Oz

Crossroads Community Center

Adult Volleyball  
Adult Pickleball  
Adult, Youth, and Family Basketball  
Adult Kite Flying  
Adult Table Tennis  
Badminton  
Indoor Play  
Pop a Shot  
Adult, Youth & Family Games Room – Arts/Crafts, Board Games, Billiards, Table Tennis, Air Hockey

Highland Community Center

Adult Badminton  
Adaptive Recreation Programs  
Physical Disability Exercise  
Wheelchair Basketball  
Drop-In Adult Basketball  
Drop-In Exercise  
Parent/Child Indoor Play  
1/2 Court Basketball

Kelsey Creek Farm

Farm Story Time  
Farm Fair  
Weekend Workshops  
Teen/Adult Farm Programs

Lake Hills Greenbelt Ranger Station

Ranger Walks  
Family Discovery Series  
Lewis Creek Visitor Center  
Evening Programs  
Ranger-led Hikes  
Family Discovery Series  
Adult Volunteers

Mercer Slough Environmental Education

Center  
Story & A Stroll  
Ranger-led Hikes  
Family Discovery Series

North Bellevue Community Center

Friday Movies  
Art for Older Adults  
Billiards  
Chorus  
Cribbage  
Drop-In Pickleball  
Drop In Table Tennis  
Drop-In Tai Chi  
Family Story Time/Play Time  
Adult Volleyball Drop-In – Hidden Valley Gym  
Adult Pickleball Drop-In – Hidden Valley Gym  
Line Dancing  
Board Games  
Coffee & Coloring  
Duplicate Bridge  
Pinochle  
Sounds of Swing - Jazz

Northwest Arts Center

Indoor Play

South Bellevue Community Center

Bridge  
Indoor Play  
Tai Chi & Mindful Movement  
Boxing Fundamentals  
Active Adult Fitness  
Badminton – Adult & Family  
Basketball – Adult & Family  
Indoor Cycling & Cycle/Stretch  
Line Dancing  
Open Art Studio  
Fitness Center Drop-In  
Pickleball - Adult & Family  
Shotokan Karate - Youth  
Taekwondo  
Adult Volleyball  
ZUMBA

TRACKS

Wednesday Walk and Roll  
Park Walks  
Tuesday Trails 50+ Hiking



Inclusion Process

Bellevue Parks & Community Services provides a variety of programs, activities, and services. We are committed to working with people with disabilities, their families, and caregivers to help ensure they have access to services. We provide information about program opportunities and when needed, modifications that make it possible for participants to access and participate in programs of their choice.

**We welcome the opportunity to provide modifications for people with disabilities so that full participation in leisure an recreation programs, classes, services, and facilities may be enjoyed by all.** The City provides reasonable modifications on a case-by-case, individualized basis including, but not limited to, training of staff, added supervision, use of adaptive equipment, consultation with other professionals, and taking other steps to ensure a safe and enjoyable leisure experience.

Successful participation and modifications succeeds with the commitment of staff, participants, as well as parents/guardians. You may request modifications during the registration process, or any time after registration. Participants are asked to notify staff regarding reasonable modifications necessary for participation, if possible, at least two full weeks prior to the start of the program. However, in some cases we may need more time to make a reasonable modification. The city strives to provide a safe and enjoyable environment and will do this cooperatively with all participants. Individuals who have requested a modification

will receive the city's best efforts at providing adaptations and reasonable support in programs, activities, and services. The city reserves the right to take any and all steps necessary, at any time, to ensure the safety and fundamental nature of its programs, classes, or activities.

Inclusive experiences encourage and enhance opportunities for people of varying abilities to participate and interact in life's activities together. They also provide an environment that promotes and fosters physical, social and psychological inclusion of people with diverse experiences and skill levels. Additionally, inclusion is effective in developing community support and encouraging attitudinal changes to reflect dignity, self-respect, and involvement within the community. Recreation and socialization activities and programs provided by Bellevue Parks & Community Services promote healthy social, physical, educational, and cultural development. Inclusion allows those with differing abilities the opportunity to participate in City of Bellevue recreational programs. Inclusion increases the number of recreational choices, allows for individual rowth and development, expanded social circles. Adaptive recreation programs provide choice, support skill development, and successful recreation participation for participants with disabilities.

For more information about our inclusion process, or our adaptive recreation programs for youth and adults, contact Highland Community Center at 425-452-7686.

Please detach and return with your signature

Adaptive Recreation Registration Form  
Highland Community Center

Mailing Address: PO Box 90012 | Bellevue WA 98009  
Phone: 425-452-7686 | Email: hcc@bellevuewa.gov



Participants Name:	Date of Birth:
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POINT OF CONTACT INFORMATION:

Last Name	First Name	Date of Birth	
Preferred Phone:	Phone Type:	Secondary Phone:	Phone Type:
Street Address		City	State Zip
E-mail Address			

Registration Opens: August 26 (R) and September 2 (NR)

Intellectual Disability Programs (No class Nov 11, 27, 28, 29)

<input type="checkbox"/> Indoor Boccia Sat 10 a.m.-Noon \$62(R) \$75(NR) Sep 27-Nov 22	<input type="checkbox"/> Full Fitness Tue/Thu 5-6:30 p.m. \$92(R) \$111(NR) Sep 23-Nov 25
<input type="checkbox"/> Morning Arts & Crafts Fri 11 a.m.-12:30 p.m. \$56(R) \$68(NR) Sep 26-Nov 21	<input type="checkbox"/> Multisport Tue/Thu 6:30-8 p.m. \$71(R) \$88(NR) Sep 23-Nov 25
<input type="checkbox"/> Hangout Mon-Thu 3-5 p.m. \$52(R) \$63(NR) Sep 22-Nov 26	<input type="checkbox"/> Seafair Cruise Sun 2-5 p.m. \$0(R) \$0(NR) Dec 7
<input type="checkbox"/> Afternoon Ars & Crafts Fri 1-2:30 p.m. \$56(R) \$68(NR) Sep 26-Nov 21	<input type="checkbox"/> Movie Time Wed 5-7 p.m. \$52(R) \$63(NR) Sep 24- Nov 26
<input type="checkbox"/> Artistic Inspirations Mon 5-7 p.m. \$75(R) \$90(NR) Sep 22-Nov 24	<input type="checkbox"/> Virtual Trivia Mon 7-8 p.m. \$52(R) \$63(NR) Sep 22-Nov 24
<input type="checkbox"/> Halloween Howl Fri 6-8:30 p.m. \$10(R) \$12(NR) Oct 24 Will any family members or caregivers be joining you? No, just me! <input type="checkbox"/> Yes! 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/>	<input type="checkbox"/> BINGO Wed 7-8 p.m. \$52(R) \$63(NR) Sep 24- Nov 26
<input type="checkbox"/> Social Club Mon 7-8 p.m. \$52(R) \$63(NR) Sep 22-Nov 24	<input type="checkbox"/> Virtual BINGO Wed 7-8 p.m. \$52(R) \$63(NR) Sep 24- Nov 26
<input type="checkbox"/> Mindful Movement Mon/Wed 5-7 p.m. \$74(R) \$89(NR) Sep 22-Nov 26	<input type="checkbox"/> Highland Times Wed 5-7 p.m. \$0(R) \$0(NR) Oct 8, Oct 29, Nov 19
<input type="checkbox"/> Holiday Ball Fri 5-8:30 p.m. \$10(R) \$12(NR) Dec 5 Will any family members or caregivers be joining you? No, just me! <input type="checkbox"/> Yes! 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/>	

Physical Disability Programs

<input type="checkbox"/> PD Exercise Tue & Thu 11a.m.-Noon \$108(R) \$130(NR) Sep 23-Dec 4	<input type="checkbox"/> PD Exercise Tue & Thu Noon-1:30 p.m. \$108(R) \$130(NR) Sep 23-Dec 4
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WAIVER OF LIABILITY/PHOTO & VIDEO RELEASE

PLEASE READ CAREFULLY

In consideration of myself and/or my child(ren) being allowed to use City of Bellevue Parks & Community Services facilities and/or participate in the city-sponsored activity(ies) identified herein, I ASSUME ANY AND ALL RISKS, INCLUDING RISK OF INJURY OR DEATH, associated with my or my child(ren)'s use of said facilities and/or participation in said activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to waive and RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of city facilities or participation in the city-sponsored activity(ies) identified herein. I acknowledge that I have carefully read this WAIVER OF LIABILITY and fully understand that I am waiving any right that I may have to bring a legal action or to assert a claim against the City of Bellevue in connection with the use of city facilities or participation in the city-sponsored activity stated below.

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**I acknowledge that I have carefully read this WAIVER OF LIABILITY / RELEASE and fully understand that I am waiving any right that I may now or hereafter have to bring a legal action to assert any claim against the City of Bellevue in connection with my participation in this volunteer activity.**

By signing below, I accept the conditions printed above, and by further initialing where indicated below, I acknowledge that I have carefully reviewed and understand the Concussion Information Sheet and Sudden Cardiac Arrest Information Sheet accompanying this Waiver of Liability / Release

Participant and/or Parent/Guardian Signature      Date      Printed Name

Registration NOT VALID without signed waiver.

\_\_\_\_\_ I acknowledge that I have carefully reviewed and understand the Concussion  
Initial      Information Sheet.

\_\_\_\_\_ I acknowledge that I have carefully reviewed and understand the Sudden Cardiac  
Initial      Arrest Information Sheet .

**Payment Details** See Payment Policies for More Information.

**Payment Method**    ☐ Check    ☐ D.D.A. (send to Highland)    ☐ Credit Card

Total Fee \$ \_\_\_\_\_ Card Number \_\_\_\_\_ Expiration date \_\_\_\_\_

▶ Please detach and return with your signature

FALL INTO FUN

24 free activities across Bellevue this September

Celebrate the season with free community events for all ages. From dance and fitness classes to cultural performances and family fun, Bellevue Parks & Community Services invites you to connect, move and explore this fall.

- Line Dancing Bonanza & Karaoke Night – Sept. 4–5 at SBCC
- Island of Hope Performance – Sept. 6 at Bellevue Youth Theatre
- Skate Clinics – Sept. 11 at Bellevue Skate Park
- Cultural Dance Performances – Sept. 12, 24, 29 at Crossroads CC
- Family Fun Swim – Sept. 14 at Bellevue Aquatic Center
- Youth Fitness Fair – Sept. 17 at Lake Hills Community Park
- Jazzercise, Yoga & Tai Chi – Sept. 18 at Northwest Arts Center
- Tennis Clinics – Sept. 20 at Robinswood Tennis Center

See the full events schedule:



BellevueWA.gov/fall-fun





# 2025-2026 Bellevue Youth Link Program **OPEN HOUSE**



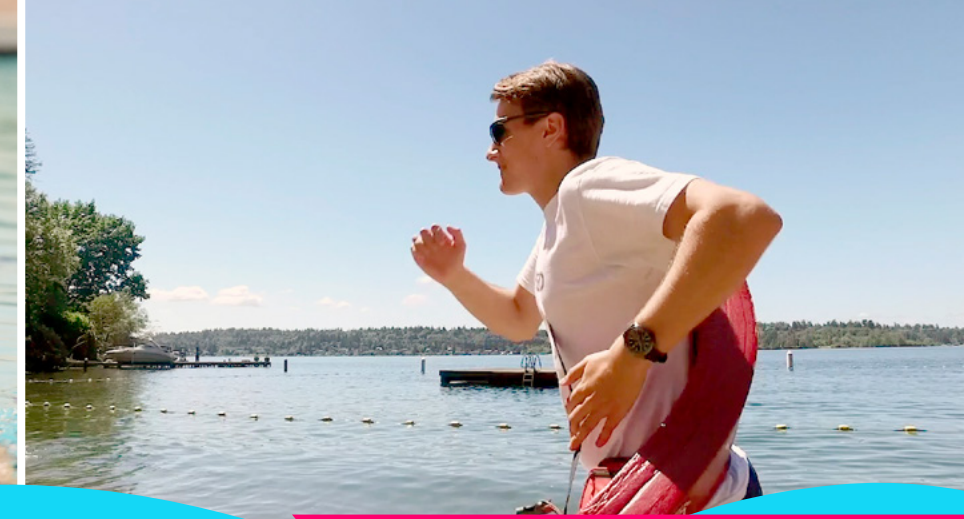
**Thursday, Sept. 11 • 6-8 p.m.**

**Bellevue City Hall in Room 1E-108**

Presentation at 6:30 p.m. and 7:30 p.m.

- Interested in youth leadership?
- Looking for community service opportunities?

For more information, contact **Bellevue Youth Link** at **425-452-2846**  
or **youthlink@bellevuewa.gov**



Apply at [BellevueWA.gov/swim](https://BellevueWA.gov/swim)

## Now hiring lifeguards and swim instructors

Bellevue Aquatic Center has immediate openings for lifeguards and swim instructors. Enjoy flexible shifts while helping people stay safe and confident in the water.

Must be 15 or older, hold a current American Red Cross lifeguard certification and pass a background check.

**Not certified yet? Email [aquatics@bellevuewa.gov](mailto:aquatics@bellevuewa.gov) or call 425-452-4444 for details.**



## Volunteer and Keep Bellevue Parks Vibrant

Share your time and talent with Parks & Community Services and help neighbors live, grow and thrive. Care for animals at Kelsey Creek Farm, nurture blooms at Bellevue Botanical Garden, coach youth sports or lend a hand at community centers. Every hour you serve strengthens our city.

**Sign up today at [BellevueWA.gov/volunteer](https://BellevueWA.gov/volunteer) or call 425-452-4195.**







## Park's Facilities

Facility Name	Address	Phone Number
Bellevue Aquatic Center	601 143rd Ave. NE	425-452-4444
Bellevue Botanical Garden	12001 Main St.	425-452-2750
Bellevue Golf Course	5500 140th Ave. NE	425-452-7250
Bellevue Indoor Skate Park	14224 Bel-Red Rd.	425-452-2722
Bellevue Youth Theatre	16051 NE 10th St.	425-452-7155
Crossroads Community Center	16000 NE 10th St.	425-452-4874
Crossroads Golf Course	5500 140th Ave. NE	425-452-7250
Highland Community Center (Adaptive recreation for individuals with disabilities & general programs)	14224 Bel-Red Rd.	425-452-7686
Kelsey Creek Farm	410 130th Pl. SE	425-452-7688
Lake Hills Greenbelt Ranger Station	15416 SE 16th St.	425-452-7225
Lewis Creek Visitor Center	5808 Lakemont Blvd. SE	425-452-4195
Mercer Slough Environmental Education Center	1625 118th Ave. SE	425-452-6914
North Bellevue Community Center	4063 148th Ave. NE	425-452-7681
Northwest Arts Center	9825 NE 24th St.	425-452-4106
Parks & Community Services Administration	450 110th Ave. NE	425-452-6885
Robinswood House	2430 148th Ave. SE	425-865-0795
Robinswood Tennis Center	2400 151st Pl. SE	425-452-7690
South Bellevue Community Center	14509 SE Newport Way	425-452-4240



For alternate formats, interpreters, or reasonable modification requests please phone at least 48 hours in advance 425-452-6885 (voice) or email [parkswb@bellevuewa.gov](mailto:parkswb@bellevuewa.gov). For complaints regarding modifications, contact the City of Bellevue ADA, Title VI, and Equal Opportunity Officer at [ADATitleVI@bellevuewa.gov](mailto:ADATitleVI@bellevuewa.gov).

