

## 2023 Outreach Accomplishments

- Oct 11, 2023, A gathering took place to include the City of Bellevue Departments and BNOA to showcase what each is doing that supports the older adults of Bellevue. This facilitator led activity was a big step in showcasing what the City of Bellevue is doing in support of older adults. It has been suggested that this be an annual meeting to encourage dialogue between the departments.
  
- The May 8th council meeting the Older Adults Awareness Proclamation was received by the BNOA.
  
- Older Adult Abuse World Awareness Day is June 15<sup>th</sup>, and on June 12<sup>th</sup> the City of Bellevue Council read a proclamation which Diana Thompson of the BNOA received and made comments on a local abuse awareness case.

- Articles for Neighborhood News Publication:

BNOA members wrote published articles on food insecurity, OTC hearing aids, fraud with cyber security, older adult recreation in Bellevue, cancer awareness, mental health, The Alzheimer's Plan of Washington State, and more.

Neighborhood News (NN) distribution to 25+ Bellevue public sites monthly by the BNOA members.

- Outreach Table set up at:
  1. Health Fair in June, "Aging Well Affinity Group", by the Bellevue Chamber.
  2. The Health Fair at NBCC by the Chinese Information Service Center.
  3. Crossroads of Bellevue Farmers Market (monthly)

4. The big hits included Vial Of Life, the BNOA Resource book and information on affordable housing.
5. Bellevue Farmers Market (monthly)
6. Bellevue Farmers Market Senior Day Organization Assist
  - a. Invited: Hopelink, SHIBA, RSVP, Sound Generations, ENN, Bellevue Fire Cares, a Blood Pressure check site; Hearing Loss,. The Sounds of Swing Band from North Bellevue Community Center performed.
7. The Long-Term Healthcare Fair.

➤ Resource Book developed by BNOA distributed to 500+ individuals.

## **2023 Accomplishments for Housing and Transportation Committee**

- Updated the Transportation Matrix
- Reordered AARP HomeFit guides, which offers tips/suggestions for retrofitting homes to age in place.
- Committee members continue to monitor the City of Bellevue Weekly Permit Bulletin, Downtown Bellevue Building Updates, and updates from affordable housing advocacy organizations.
- Collaboration with city and regional partners, such as EERC, on mobility and transportation solutions with a focus on options for older adults.
- Submitted articles to Neighborhood News and helped distribute the newsletter in the community.
- Followed housing projects Congregations for the Homeless (CFH) open house. Attended actual opening of CFH, now PorchLight, new men's shelter.
- Attended several Housing Forums hosted by CoB, and continued to be a voice for older adults regarding issues of Universal Design, lack of affordable assisted living and SNF facilities, loneliness, convenient and accessible transportation, concerns over lack of parking spaces in new construction, aging in place, burdens on seniors with fixed incomes, etc.
- Sent emails to CoB Human Services Commission to express concerns over Community Development Block Grant (CDBG)

proposed funding cuts to several older adult organizations and were successful in getting requests fully funded.

- Worked with BNOA to help facilitate a meeting w/CoB re: position paper.
- Participated in a meeting with Michael Shiosaki and Shelly Brittingham, to share contents of our BNOA "position paper", which lead to a very productive "Summit" meeting with some members of the greater CoB leadership team. The department representatives and BNOA members stayed well beyond the meeting to chat in small groups over a variety of ideas and topics.
- Followed Rides'n'Smiles and helped publicize the new program.
- Invited CoB's new Affordable Housing Planning Manager, Linda Abe, to our H&T meeting.
- Drafted a list of "senior housing/senior issues" talking points which members can all use whenever we have the opportunity.
- Throughout the season, volunteered at both Farmers Markets; at the June Resource Fair at NBCC; as well as other events, handing out literature and answering questions.
- Attended KSC sponsored art show, as well as several other events they hosted this year, including "aging in place" seminar, to continue to build our relationship with them.
- Visited new older adult living sites on the Eastside.
- Participated in Bike Bellevue

Members attended, and represented older adult issues, at:

- CoB Human Services Focus Group for Older Adults
- Lunch'n'Learn virtual meeting on affordable housing
- Focus Group to assess the "City of Bellevue's performance related to the specific concerns of older residents."
- Bellevue 2044 Drafting the Plan Kick-Off
- Aging Well Community put on at the Newcastle Library
- CoB Diversity Advantage Plan (DAP) meeting
- Transportation Solutions Summit
- CoB Human Services Needs Update meeting.
- Action for Affordable Housing on the Eastside: Imagine Gathering

Members also tried out these services so they could provide accurate information to the community:

- CoB Service First
- CoB's new one-stop transportation site called Choose Your Way to help commuters find alternatives to solo driving at [www.chooseyourwaybellevue.org](http://www.chooseyourwaybellevue.org).