

CONNECTIONS

April through
June, 2024

**Bellevue resident
registration begins
March 4 @ Noon**

Registrations from non-Bellevue
residents will be accepted
beginning March 11.



For alternate formats, interpreters, or reasonable modification requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ParksWeb@BellevueWA.gov. For complaints regarding modifications, contact the City of Bellevue ADA, Title VI, and Equal Opportunity Officer at ADATitleVI@bellevuewa.gov.



Bellevue Parks &
Community Services

CONNECTIONS



Bellevue Parks & Community Services

PO Box 90012
Bellevue, WA 98009-9012

Bellevue City Council

Lynne Robinson, Mayor

Mo Malakoutian, Deputy Mayor

Dave Hamilton
Jared Nieuwenhuis
Conrad Lee
John Stokes
Janice Zahn

Parks & Community Services Board

Paul Clark, Chair

Rowena Clima, Vice-Chair

Eileen Chou
Heather Trescases
Elizabeth Kronoff
Michelle Valverde

Human Services Commission

Jaskaran Singh Sarao, Chair

Chad Halsted, Vice-Chair

Someireh Amirfaiz
Benjamin Piper
Angela White
Major Mark Tarantino, Ex-Officio

Food & Refreshments

Programs listed in this brochure may include a food or beverage refreshment. Please contact your Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

City of Bellevue Tax ID Number 91-6007020

Every attempt has been made to ensure that information in this brochure is accurate at the time of publication. For the most up-to-date information on activity availability, pricing, dates, times, and location, please visit our online registration system at register.bellevuewa.gov.

Program availability, minimum and maximum enrollment, location, times, dates, and health screening requirements are all subject to change based on the latest guidance from local, state, and national public health authorities.

Questions or comments about this publication? Contact Colin Walker, Department Marketing Administrator, CWalker@BellevueWA.gov.

Equal Opportunity Statement

The City of Bellevue assures that no person shall on the grounds of race, color, national origin, or sex as provided by Title VI of the Civil Rights Act of 1964, and related statutes, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any City of Bellevue program or activity. Any person who believes his/her Title VI protection has been violated may file a complaint with the ADA/Title VI Administrator. For Title VI complaint forms and advice, please contact the ADA/Title VI Administrator at 425-452-6168.

정보	Information	情報
Información		معلومات
సమాచారం		Информация
اطلاعات		Thông Tin
सूचना		資料
425-452-6800		



Financial Assistance Available for Recreation Programs

Bellevue Parks & Community Services strives to make program opportunities available to all interested individuals who live in the boundaries of the city of Bellevue, regardless of income. We provide scholarships to those who might not otherwise be able to participate. Visit one of the locations listed at the bottom of this page to obtain a copy of the scholarship application form, visit bellevuewa.gov/connections to download a copy, or call 425-452-6885 and staff will be happy to mail you a copy of the form, free of charge.

贝尔维尤公园和社区服务中心致力于为居住在贝尔维尤市边界地区的所有对此计划感兴趣的人士提供机会，而不会考虑个人的收入情况。我们为可能无法参与的人士提供奖学金。您可前往本页面底部列出的其中任一地点，领取一份奖学金申请表副本，也可以浏览网站 bellevuewa.gov/connections 下载一份副本，或致电 425-452-6885，工作人员将乐意给您免费邮寄申请表副本。

Bellevue 公園和社區服務致力於為居住在 Bellevue 市邊界的所有感興趣的個人提供計劃機會，無論收入為何。我們為那些可能無法參加的人提供獎學金。請瀏覽本頁下方列出的地點之一以索取獎學金申請表的副本，請瀏覽 bellevuewa.gov/connections 下載副本，或致電 425-452-6885，工作人員將很樂意為您郵寄一份副本表格，無需額外費用。

벨뷰 공원 및 근린시설 서비스는 소득 수준과 관계없이 프로그램에 관심이 있는 벨뷰시 거주 시민이라면 누구든지 프로그램을 이용할 기회를 제공하고자 노력합니다. 참여가 어려운 사람에게는 장학금을 제공합니다. 이 페이지 하단에 열거된 지점 중 한 곳을 방문하거나 bellevuewa.gov/connections를 방문하여 장학금 지원서 양식을 받을 수 있으며, 425-452-6885번으로 전화하면 직원이 지원서 양식을 무료로 발송해드립니다.

Bãi đỗ xe & Dịch vụ Cộng đồng Bellevue cố gắng tạo cơ hội tham gia chương trình cho tất cả những cá nhân quan tâm sống trong địa phận thành phố Bellevue, bất kể thu nhập. Chúng tôi cung cấp học bổng cho những cá nhân không thể tham gia. Truy cập một trong những địa điểm được liệt kê ở cuối trang này để lấy một bản sao của mẫu đơn đăng ký học bổng, truy cập bellevuewa.gov/connections để tải xuống một bản sao, hoặc gọi 425-452-6885 và nhân viên luôn sẵn lòng gửi cho quý vị một bản sao của mẫu đơn qua đường bưu điện hoàn toàn miễn phí.

Bellevue パーク&コミュニティサービスは、プログラムにご興味をお持ちのBellevue市民全員が収入の多寡によらずご利用いただけるよう努めています。参加が叶わない方には奨学金を支給しています。奨学金の申請用紙は、このページの下に記載の場所にて直接入手または bellevuewa.gov/connections からダウンロード、あるいは 425-452-6885 にお電話いただければ、職員が無料で用紙を郵送させていただきます。

Служба парков и коммунальных предприятий Белвью предлагает программы создания возможностей всем заинтересованным лицам, которые живут в пределах города Белвью, независимо от их дохода. Мы предоставляем стипендии тем, кто без этого не сможет стать участником программы. Получить бланк заявки на стипендию можно в одном из офисов, перечисленных в нижней части этой страницы. Чтобы скачать бланк заявки, зайдите на страницу bellevuewa.gov/connections или позвоните по номеру 425-452-6885, и сотрудники бесплатно отправят вам бланк по почте.

Parques y Servicios Comunitarios de Bellevue procura hacer que las oportunidades para participar en los programas estén disponibles a todos aquellos que estén interesados y vivan dentro de los límites de la ciudad de Bellevue, independientemente de sus ingresos. Otorgamos becas a los que no podrían participar de otra manera. Visite algunos de los locales listados al pie de esta página para obtener una copia del formulario de solicitud de becas, también puede ingresar a bellevuewa.gov/connections y descargar el formulario o puede llamar al 425-452-6885 y el personal felizmente le enviará una copia por correo electrónico sin costo.

Bellevue Aquatic Center 601 143rd Ave NE
Bellevue City Hall 450 110th Ave NE - ServiceFirst
Bellevue Youth Theatre 16501 NE 10th St
Crossroads Community Center 16000 NE 10th St
Highland Community Center 14224 Bel-Red Rd

Kelsey Creek Farm 410 130th Pl SE
Crossroads Mini City Hall 15600 NE 8th St #H9
North Bellevue Community Center 4063 148th Ave NE
Northwest Arts Center 9825 NE 24th St
South Bellevue Community Center 14509 SE Newport Way

Registration & Payment Policies

Every effort is made to ensure that the information in this catalog is accurate at the time of publication. Because policies, personnel, and funding can change, Bellevue Parks & Community Services reserves the right to add or withdraw programs and to amend, revise, or modify any provision, including - but not limited to - price, date, and location, printed in this brochure. You are encouraged to visit Register.BellevueWA.gov for the most up-to-date information.

For camps meeting fewer than 15 hours per week, please see "General Recreation Programs and Mini-Camps" policies. Day Camp policies on this page do not apply to camps meeting fewer than 15 hours per week.

Food & Refreshments

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City of Bellevue Tax ID Number:

91-6007020

Registration Priority:

The City of Bellevue is committed to providing a wide range of recreation activities for Bellevue residents. Therefore, the City gives advance registration preference for those residing within the Bellevue city limits. Non-residents are welcome to take part in recreation programs on a space-available basis. Non-resident registrations are not accepted prior to the first day of non-resident registration. On this day, mailed and faxed registrations will be accepted, via phone at 425-452-6885, or online at <http://register.bellevuewa.gov>.

Due to an interlocal agreement with King County, all registrations for programs at South Bellevue Community Center are processed in the order received.

Registration Confirmation:

Registration receipts are mailed electronically after registration has been processed. Call 425-452-6885 to request a printed registration receipt.

Financial Assistance/Scholarships:

Financial assistance is available to qualifying residents who live within the Bellevue City limits. Applicants will be notified of the amount due for each registration after financial assistance application is processed. Please call 425-452-6885 or visit BellevueWA.gov/Connections for information on applying for financial assistance.

Payment:

Payment is accepted in cash, gift certificates, checks, or Visa/MasterCard only. Payment for all programs except day camps is due in full at the time of registration. All transactions completed online require payment in full at the time of registration. Please do not mail cash.

Scholarship/financial assistance application is required prior to registration.

General Recreation Programs and Mini-Camps: Payment is due at the time of registration. Scholarship application is required prior to registration if paying with scholarship.

Day Camps: Each Day Camp requires a \$50 non-refundable fee, per participant, per camp, at the time of registration, and will be applied toward the final amount due. Payment in full is due for the first two (2) camps at the time of registration. Payments for subsequent camps are due thirty (30) calendar days prior to the first day of each session.

Credit Card:

Include credit card number and expiration date on registration form.

Checks:

All checks or drafts received by the City which are returned or dishonored by the drawee bank or other such depository shall be assessed a charge of \$15.00 (Administrative Order 53).

Refunds:

Classes cancelled by the City will result in a 100% refund of program fees. No refunds or credits will be issued on or after the first day of the program or camp. No refunds are available for programs \$10 or less.

General Recreation Programs/Mini-Camps (camps meeting fewer than 15 hours per week):

A refund is granted if the withdrawal is made at least seven (7) calendar days prior to the start of class, less a \$10 administrative fee per participant, per program. Class withdrawals requested fewer than seven (7) calendar days prior to class will result in a refund of:

- Programs with fees \$20 or less: program fee, less \$10 administrative fee, per participant, per program.
- Programs with fees greater than \$20: 50% of the program fee, per participant, per program.

Day Camps (camps meeting 15 hours or more per week): A refund is granted if the withdrawal is made at least ten (10) calendar days prior to the first day of class, less a \$35 non-refundable deposit, per participant, per camp. Camp withdrawals requested less than ten (10) calendar days prior to camp will result in a refund of 50% of the program fee, per participant, per program. If you are interested in transferring to a different camp, please call 425-452-6885 for information on our transfer policy.

RESIDENT DEFINITION:

A resident is defined as anyone living within the jurisdictional boundary of the City of Bellevue as determined by City records. If you have any question as to whether you are within the jurisdictional boundary of the City of Bellevue, please contact the Development Services Department's Land Use Division at 425-452-4188.

The City of Bellevue prohibits sex discrimination in the operation or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Bellevue for a community athletic program are also prohibited from discriminating on the basis of sex. In addition, the City of Bellevue does not discriminate on any other basis provided by Federal or State law. If you have questions or wish to file a complaint, contact Susan Freeburg at SFreeburg@bellevuewa.gov, or 425-452-4278.



Activity Registration Form



For alternate formats, interpreters, or reasonable modification requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ParksWeb@BellevueWA.gov. For complaints regarding modifications, contact the City of Bellevue ADA, Title VI, and Equal Opportunity Officer at ADATitleVI@bellevuewa.gov.

Bellevue resident registration begins March 4 at Noon
Registrations from non-Bellevue residents will be accepted beginning March 11.

Please Print Clearly

Adult Last Name Adult First Name Adult Date of Birth

Street Address City State ZIP

E-Mail Address - By providing your email address, you will receive emailed receipts and updates from Bellevue Parks & Community Services.

() Work Phone () Home Phone Pronouns

Participant #1 Name:

Last First
Date of Birth: Pronouns

Class No	Class Title	Fee	Use Scholarship?

☐ Check here if you need to be contacted by staff to request a modification for a participant with a disability.

Participant #2 Name:

Last First
Date of Birth: Pronouns

Class No	Class Title	Fee	Use Scholarship?

Participant #3 Name:

Last First
Date of Birth: Pronouns

Class No	Class Title	Fee	Use Scholarship?

Payment Details

Payment Method

☐ Check ☐ D.D.A. (send to Highland CC)

☐ Credit Card

Total Fee: \$



Card Number

Expiration Date

CVV

Waiver on reverse side of form must be signed prior to returning this form. Registrations received without a signed waiver will not be processed.



WAIVER OF LIABILITY/PHOTO & VIDEO RELEASE

PLEASE READ CAREFULLY

In consideration of myself and/or my child(ren) being allowed to use City of Bellevue Parks & Community Services facilities and/or participate in the City-sponsored activity(ies) identified herein, I ASSUME ANY AND ALL RISKS, INCLUDING RISK OF INJURY OR DEATH, associated with my or my child(ren)'s use of said facilities and/or participation in said activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to waive and RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facilities or participation in the City-sponsored activity(ies) identified herein. I acknowledge that I have carefully read this WAIVER OF LIABILITY and fully understand that I am waiving any right that I may have to bring a legal action or to assert a claim against the City of Bellevue in connection with the use of City facilities or participation in the City-sponsored activity stated below.

PHOTO/VIDEO RELEASE: I give my permission to have photos and/or video and audio recordings taken of me or my child(ren) during City of Bellevue activities and authorize the City of Bellevue to copyright, use, and publish the same. I understand I am waiving any right of privacy, compensation, copyright or other ownership right connected to the photo or recording. If you do not give permission to have photos and/or video and audio taken of you or your child(ren), please contact the main office at 425-452-6885 or Parksweb@bellevuewa.gov.

I acknowledge that I have carefully read this WAIVER OF LIABILITY / PHOTO & VIDEO RELEASE and fully understand that I am waiving any right that I may now or hereafter have to bring a legal action to assert any claim against the City of Bellevue in connection with my or my child(ren)'s participation in this activity.

Participant's Parent/Guardian Signature

Date

Printed Name

Registration NOT VALID without signed waiver.

Mail completed form to:

Bellevue Parks Registration; P.O. Box 90012; Bellevue, WA 98009-9012

Low-Cost & No-Cost Programs

Bellevue Parks & Community Services offers a variety of low-cost and no-cost programs for all ages! Enjoy year-round participation in one or more of these programs for less than \$500.

Visit BellevueWA.gov/scholarship to learn more about our financial assistance program, which provides up to \$500 per year to Bellevue residents meeting certain income guidelines.

Bellevue Aquatic Center

Lap Swim
Open Swim

Bellevue Botanical Garden

Docent-Led Tours

Bellevue Skate Park

Open Skate Sessions

Bellevue Youth Theatre

Play Lab
Storybook Series
The Phantom Tollbooth
The Tempest
Once on This Island JR.

Crossroads Community Center

Adult Volleyball
Adult Pickleball
Adult, Youth, and Family Basketball
Adult Kite Flying
Adult Table Tennis
Badminton
Parent/Child Playgroup
Adult, Youth & Family Games Room - Arts/Crafts,
Board Games, Billiards, Table Tennis, Air Hockey

Highland Community Center

Adaptive Recreation Programs
Physical Disability Exercise
Wheelchair Basketball
Drop-In Adult Basketball
Drop-In Exercise

Kelsey Creek Farm

Farm Story Time
Log Cabin Open House
Fraser Cabin Heritage Program
Weekend Workshops
Teen/Adult Farm Programs

Lake Hills Greenbelt Ranger Station

Ranger Walks
Family Discovery Series

Lewis Creek Visitor Center

Evening Programs
Ranger-led Hikes
Family Discovery Series
Adult Volunteers

Mercer Slough Environmental Education Center

Story & A Stroll
Ranger-led Hikes
Family Discovery Series

North Bellevue Community Center

Friday Movies
Art for Older Adults
Book Club
Billiards
Chorus
Cribbage
Drop-In Pickleball
Drop In Table Tennis
Drop-In Tai Chi
Family Story Time/Play Time
Adult Volleyball Drop-In - Hidden Valley Gym
Adult Pickleball Drop-In - Hidden Valley Gym
Line Dancing
Board Games
Coffee & Coloring
Duplicate Bridge
Pinochle
SeniorTech Computer Help
Sounds of Swing - Jazz

Northwest Arts Center

Parent/Child Indoor Play
Open Art Studio

South Bellevue Community Center

Active Adult Fitness
Badminton - Adult & Family
Basketball - Adult & Family
Indoor Cycling & Cycle/Stretch
Line Dancing
Open Art Studio
Fitness Center Drop-In
Pickleball - Adult & Family
Shotokan Karate - Youth
Taekwondo
Adult Volleyball
ZUMBA

TRACKS

Tuesday Trails
Wednesday Walks
TRACKS Elementary Program

Inclusion Process

Bellevue Parks & Community Services provides a variety of programs, activities, and services. We are committed to working with people with disabilities, their families, and caregivers to help ensure they have access to services. We provide information about program opportunities and when needed, modifications that make it possible for participants to access and participate in programs of their choice.

We welcome the opportunity to provide modifications for people with disabilities so that full participation in leisure and recreation programs, classes, services, and facilities may be enjoyed by all. The City provides reasonable modifications on a case-by-case, individualized basis including, but not limited to, training of staff, added supervision, use of adaptive equipment, consultation with other professionals, and taking other steps to ensure a safe and enjoyable leisure experience.

Successful participation and modifications succeeds with the commitment of staff, participants, as well as parents/guardians. You may request modifications during the registration process, or any time after registration. Participants are asked to notify staff regarding reasonable modifications necessary for participation, if possible, at least two full weeks prior to the start of the program. However, in some cases we may need more time to make a reasonable modification. The city strives to provide a safe and enjoyable environment and will do this cooperatively with all participants.

Individuals who have requested a modification will receive the city's best efforts at providing adaptations and reasonable support in programs, activities, and services. The city reserves the right to take any and all steps necessary, at any time, to ensure the safety and fundamental nature of its programs, classes, or activities

Inclusive experiences encourage and enhance opportunities for people of varying abilities to participate and interact in life's activities together. They also provide an environment that promotes and fosters physical, social and psychological inclusion of people with diverse experiences and skill levels. Additionally, inclusion is effective in developing community support and encouraging attitudinal changes to reflect dignity, self-respect, and involvement within the community. Recreation and socialization activities and programs provided by Bellevue Parks & Community Services promote healthy social, physical, educational, and cultural development. Inclusion allows those with differing abilities the opportunity to participate in City of Bellevue recreational programs. Inclusion increases the number of recreational choices, allows for individual growth and development, expanded social circles. Adaptive recreation programs provide choice, support skill development, and successful recreation participation for participants with disabilities.

For more information about our inclusion process, or our adaptive recreation programs for youth and adults, contact Highland Community Center at 425-452-7686.

Highland Community Center

Mailing Address: PO Box 90012 Bellevue, WA 98009
 ☎(425) 452-7686 | ✉HCC@BellevueWA.Gov

Adaptive Rec Registration Form



Main Contact Information

Last Name	First Name	Date of Birth
Street Address	City	State
ZIP		
Email Address-By providing your email address, you will receive receipts and updates from Bellevue Parks & Community Services		
()	()	
Primary Phone	Alternate Phone	

Participant Name:

Date of Birth: M ☐ F ☐

Registration Opens:
 Bellevue Resident: **March 4th**
 Non-Bellevue Resident: **March 11th**

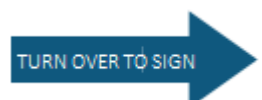
Intellectual Disability Programs		
IN-PERSON		
Highland Hangout	\$50(r) \$63(nr)	
Mon-Thur 3pm-5pm		Apr 1 st -Jun 6 th
Just Hoops	\$50(r) \$63(nr)	
Mon-Thur 3:30pm-5pm		Apr 1 st -Jun 6 th
Artistic Inspirations	\$72(r) \$88(nr)	
Mon 5pm-7pm		Apr 1 st -Jun 3 rd
Dance	\$50(r) \$63(nr)	
Mon 7pm-8pm		Apr 1 st -Jun 3 rd
Fitness	\$89(r) \$111(nr)	
Tue/Thur 5pm-6:30pm		Apr 2 nd -Jun 6 th
Track	\$71(r) \$88(nr)	
Tue/Thur 6:30pm-8pm		Apr 2 nd -Jun 6 th
Movie Time	\$50(r) \$63(nr)	
Weds 5pm-7pm		Apr 3 rd -Jun 5 th
BINGO	\$50(r) \$63(nr)	
Weds 7pm-8pm		Apr 3 rd -Jun 5 th
Craft Class	\$50(r) \$63(nr)	
Fri 1pm-2:30pm		Apr 5 th -Jun 7 th
Barn Dance	\$10(r) \$12(nr)	
Friday 6pm-8:30pm		May 10 th

(r) = Resident of Bellevue (nr)=Non-Bellevue Residents

Intellectual Disability Programs		
VIRTUAL		
Trivia	\$50(r) \$63(nr)	
Mon 7pm-8pm		Apr 1 st -Jun 6 th
BINGO	\$50(r) \$63(nr)	
Weds 7pm-8pm		Apr 3 rd -Jun 5 th
Physical Disability Programs		
IN-PERSON		
PD Exercise	\$108(r) \$129 (nr)	
Tues & Thur 11am-Noon		Apr 2 nd -Jun 20 th
PD Exercise	\$108(r) \$129(nr)	
Tues & Thur Noon-1:30pm		Apr 2 nd -Jun 20 th

(r) = Resident of Bellevue (nr)=Non-Bellevue Residents

Remember to sign the back.
 Registrations received without a signed waiver will not be processed.



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I acknowledge that I have carefully read this WAIVER OF LIABILITY / PHOTO & VIDEO RELEASE and fully understand that I am waiving any right that I may now or hereafter have to bring a legal action to assert any claim against the City of Bellevue in connection with my or my child(ren)'s participation in this activity.

PARENT OR GUARDIAN SIGNATURE

DATE

PRINTED NAME



**Bellevue Parks &
Community Services**

Payment Details

Payment Method

☐ Check ☐ D.D.A. (send to Highland)

☐ Credit Card *Total Fee: \$_____*



Card Number _____

Expiration Date _____

CV _____

Adaptive Recreation

All new Adaptive Recreation participants must meet with Mary Boyle prior to registering. Please call (425) 452-4118 or e-mail MBoyle@BellevueWA.gov for an appointment.

Barn Dance

This event is adapted and designed for individuals with intellectual disabilities. Saddle up for a night of toe-tapping tunes, lively rhythms, and good ol' country charm at our barn dance, where memories are made, and the spirit of the night invites you to twirl and sway in the warmth of community and laughter! About halfway through the evening, we take a break and enjoy some fun food.

Highland Community Center

\$10(R) \$12(N) Ages 16/up
4132 6:00pm-8:30pm 5/10

Adaptive Tennis

Tennis for individuals with intellectual disabilities allow participants to be introduced to basic tennis skills with the focus on building self-esteem and participation. Registration for this class may only be done in person with Instructor Sara Wilson. Contact the front desk for assistance 425-452-7690.

Robinswood Tennis Center

\$56 Ages 14/up
2744 We 4:00pm-5:00pm 5/1-6/12

Artistic Inspirations

This class is designed and adapted for adults with intellectual disabilities. This evening art class is for the more serious artists. Each week a different medium will be taught from watercolor to colored pencil drawings and more!

Highland Community Center

\$72(R) \$88(N) Ages 18/up
4094 Mo 5:00pm-7:00pm 4/1-6/3

Arts & Crafts

This class is adapted and designed for individuals living with intellectual disabilities. Come and get your creative juices flowing and make fun arts and crafts projects!

Highland Community Center

\$50(R) \$63(N) Ages 18/up
4125 Fr 1:00pm-2:30pm 4/5-6/7

BINGO

This class is adapted and designed for adults with intellectual disabilities. Join us for a thrilling game of BINGO where you get a chance to win fantastic prizes (no money)! Grab your cards and get ready to shout "BINGO!" as we play for exciting rewards and endless entertainment.

Highland Community Center

\$50(R) \$63(N) Ages 18/up
4119 We 7:00pm-8:00pm 4/3-6/5

Virtual BINGO

This class is designed for adults with intellectual disabilities. BINGO goes virtual! Each week the BINGO game will be hosted on Zoom. Keep an eye on your e-mail inbox to receive your BINGO card (you will use the same BINGO card for all weeks) Real prizes, real fun!

Highland Community Center Zoom Room

\$50(R) \$63(N) Ages 18/up
4137 We 7:00pm-8:00pm 4/3-6/5

Dance

This class is adapted and designed for adults with intellectual disabilities. This is a great group activity that will enhance your physical coordination and artistic self-expression.

Highland Community Center

\$50(R) \$63(N) Ages 18/up
4096 Mo 7:00pm-8:00pm 4/1-6/3

Full Fitness

This class is designed and adapted for adults with intellectual disabilities. This course meets twice a week to discuss nutrition and how to implement a healthy lifestyle over dinner. Participants provide their own meal for each class. After dinner, the group will explore and try various exercises focusing on strength, balance, flexibility, and control.

Highland Community Center

\$89(R) \$111(N) Ages 18/up
4097 Tu, Th 5:00pm-6:30pm 4/2-6/6

Movie Time

This class is designed and adapted for adults with intellectual disabilities. Bring your dinner and enjoy a movie in-house with your peers. Participants can bring up to two movies (rated: G, PG, or PG13) to submit to the group vote each week.

Highland Community Center

\$50(R) \$63(N) Ages 18/up
4116 We 5:00pm-7:00pm 4/3-6/5

Physical Disability Exercise

This class is developed and adapted for adults with physical disabilities. Whether you are seeking to maintain motor strength, enhance range of motion, or build your social network this fitness course has something for you.

Highland Community Center

\$108(R) \$129(N) Ages 18/up
4138 Tu, Th 11:00am-12:00pm 4/2-6/20
4139 Tu, Th 12:00pm-1:30pm 4/2-6/20

Track

This class is designed and adapted for adults with intellectual disabilities. Join us on the track for an exciting blend of fun and fitness. We practice twice a week, and Special Olympic competition is optional. Coaches provide leadership at the Special Olympic tournaments.

Highland Community Center

\$71(R) \$88(N) Ages All Ages
4108 Tu, Th 6:30pm-8:00pm 4/2-6/6

Virtual Trivia Night

This class is designed for adults with intellectual disabilities. Join us for Highland's virtual trivia night! Our staff has put together epic trivia bundles ranging from Highland facts, Seattle sports, music, decades, and more. Not a quiz master? No worries the trivia has been designed with fun in mind, everyone gets a chance to participate. Bring that random fact knowledge and flex your trivia skills in this virtual program

Highland Community Center

\$50(R) \$63(N) Ages 18/up
4136 Mo 7:00pm-8:00pm 4/1-6/6

Highland Hangout

This class is designed and adapted for adults with intellectual disabilities. Join us for an afternoon filled with vibrant conversation, lively board games, puzzle-solving, and cinematic adventures. It's the perfect way to transform your slow afternoons into thrilling and stimulating experience!

Highland Community Center

\$50(R)	\$63(N)		Ages 18/up
4093	Mo-Th	3:00pm-5:00pm	4/1-6/6

Just Hoops

This class is designed and adapted for adults with intellectual disabilities. Looking for a way to pass the time before Highland programs start? Look no further! Drop in for an afternoon of shooting hoops, the perfect opportunity to squeeze in some physical activity while having fun with your peers. This program is not staffed, guardians and caregivers can join in on the fun – the more, the merrier

Highland Community Center

\$50(R)	\$63(N)		Ages 18/up
4706	Mo-Th	3:30pm-5:00pm	4/1-6/6

Drop-In Programs

Youth Eastside Services Counseling

Youth Eastside Services provides resources, on-site, for mental health counseling, crisis intervention and referrals for youth & teens. No appointment is required to meet with Y.E.S. counselor Judith Mercado. For more information about the organization, visit youtheastideservices.org or call 425-747-4937.

Crossroads Community Center

Free			
4677	We	11:30am-7:30pm	4/3-6/12

Family Story and Play Time

Every Thursday, NBCC volunteers lead a family story time reading for children ages 1-5 years old. Story time is followed by play time in the multipurpose room with a variety of toys provided by NBCC. All children must be accompanied by a parent or guardian and must be supervised throughout the program.

North Bellevue Community Center

Family Play Time

Free			Ages 1-5
3260	Th	2:00pm-4:00pm	1/4-12/26

Family Story Time

Enjoy story-time with your little-one (ages 2-5) each Thursday from 1:30 - 2 pm. During Family Storytime, NBCC volunteers will read several of their favorite children's books for toddlers.

Free			Ages 1-5
3259	Th	1:30pm-2:00pm	1/4-12/26

NEW PROGRAM!

Afterschool Teen Makerspace

The Crossroads Community Center Makerspace is a community-oriented workspace where teens (12-18) can learn, create, and collaborate through hands-on experiences. Free drop-in program. Space may be limited. The CCC Makerspace includes equipment and supplies for activities that include: Watercolor, & acrylic painting, line drawing, coloring, photography, beading, and other fine arts projects. Cricut machine - leather earrings & bracelets, custom stickers, vinyl decals, handmade greeting cards, and more. Sewing machine and projects. Light board. Pre-registered monthly workshops and more to come!

Crossroads Community Center

Free			Ages 12-18
3488	Tu, We	3:00pm-5:00pm	4/2-6/12

Teen Makerspace Workshop Series

Crossroads Community Center

Card Making

Design an inspirational, celebratory or thank you card for Mother's Day or another special someone in your life.

Free			Ages 12-18
4696	Tu	3:00pm-5:00pm	5/14

Intro to Crochet

Learn the introductory steps and stitches to making crochet slippers.

Free			Ages 12-18
4697	Tu	3:00pm-5:00pm	6/4

Painting

Choose a canvas and paint the place you dream of spending your summer at.

Free			Ages 12-18
4693	Tu	3:00pm-5:00pm	4/9

Sewing Repair

Sewing repair workshop. Learn how to repair holes and sew on buttons.

Free			Ages 12-18
4694	Tu	3:00pm-5:00pm	4/23

Sticker Making

Using Cricut design space make a personalized sticker for your favorite water bottle, binder, or skateboard.

Free			Ages 12-18
4695	We	3:00pm-5:00pm	5/8

Drop-In Pickleball

Courts and nets provided by the facility, players provide their own paddle and balls. This is a drop-in program, fees payable at the door. 18 players max per each session.

North Bellevue Community Center

\$4(R)	\$5(N)		Ages 18/up
3347	Tu	6:00pm-8:00pm	1/2-12/31
3255	Mo, We, Fr	3:00pm-5:00pm	1/3-12/27

Drop-In Ping Pong

Adults 18+ can drop-in for a recreational game of ping pong during specified play times. Table and net provided by North Bellevue Community Center. Players provide their own paddle and balls. This is a drop-in program, fees payable at the door.

North Bellevue Community Center

\$4(R)	\$5(N)	Ages 18/up	
3256	Mo, Fr	3:00pm-5:00pm	1/3-3/29

Drop-In Coed Volleyball - Hidden Valley

Coed Volleyball at Hidden Valley Sports complex is for adults ages 18+. This is a drop-in program.

Hidden Valley Sports Park

\$4(R)	\$5(N)	Ages 18/up	
4428	Mo	10:00am-12:00pm	4/1-6/17
4430	Tu	10:00am-12:00pm	4/2-6/18
4429	Fr	10:00am-12:00pm	4/5-6/21

Drop-In Pickleball - Hidden Valley

Court and net provided by the facility, players provide their own paddle and balls. This is a drop-in program.

Hidden Valley Sports Park

\$4(R)	\$5(N)	Ages 18/up	
4433	We	10:00am-12:00pm	4/3-6/19
4432	Fr	12:30pm-2:30pm	4/5-6/21

NBCC Drop-in Social Activities

The North Bellevue Community Center offers variety of drop-in social activities that are Free or low-cost.

North Bellevue Community Center

Drop-In Billiards

Adults 18+ can drop-in during business hours to play pool/billiards on our two regulation sized tables at North Bellevue Community Center. Balls, cues, racks & chalk provided. No registration required.

Free		Ages 18/up	
	Mo-Th	9:00am-8:30pm	Ongoing
	Fr	9:00am-5:30pm	Ongoing

Board Games at NBCC

Join us for a fun afternoon of games to make friends, socialize, and sharpen your mind. Participants are welcome to use the NBCC game library during business hours. No gaming experience required. Bring your family, friends and neighbors or come to meet fellow board game enthusiasts.

This program receives funds from the King County Veterans, Seniors and Human Services Levy.

Free		Ages 18/up	
	Mo-Th	9:00am-8:00pm	Ongoing
	Fr	9:00am-5:30pm	Ongoing

Drop-in Cribbage

Come play the classic card game Cribbage in a friendly, community setting. This is a free, drop-in program, no registration required.

Free		Ages All Ages	
	Th	10:00am-12:00pm	Ongoing

Drop-in Pinochle

Enjoy Thursday Pinochle games in a casual, friendly setting. This is a free, drop-in program, no registration required.

Free		Ages All Ages	
	Th	12:00pm-3:00pm	Ongoing

Coffee & Coloring

Join us for a relaxing morning of coloring pictures, drinking coffee and socializing. We will provide coloring pages from books that are designed especially for adults as well as colored pencils, crayons and markers. Coffee, water, and tea will also be provided. Feel free to bring your own favorite coloring and supplies as well. Don't like to color? That's okay! Have a cup of coffee, chat a little and enjoy a stress-free time.

Free		Ages All Ages	
	Fr	9:30am-11:30am	Ongoing

Drop-in Duplicate Bridge

Duplicate Bridge is the most widely used variation of contract bridge in club and tournament play. Bring a partner or get on a list at North Bellevue Community Center to be paired with a partner and enjoy some social play! No pre-registration required.

Free		Ages 18/up	
	Fr	12:15pm-3:30pm	Ongoing

Friday Movies

Enjoy a free movie and popcorn at North Bellevue Community Center! Detailed movie list is available in print format at North Bellevue Community Center or by calling 425-452-7681.

Free		Ages 18/up	
	Fr	2:00pm-4:00pm	Ongoing

South Bellevue Community Center Climbing Wall

The South Bellevue Climbing Wall is 33 feet tall and sculpted to look and feel like Index granite. The wall offers three, top-ropes each with several routes with varying degrees of difficulty from beginner to expert and a bouldering wall. Call 425-452-4240 or visit BellevueWA.gov/SBCC for the current schedule.

South Bellevue Community Center Drop-In Sports

South Bellevue Community Center offers a wide variety of drop-in sports. Adult drop-in programs are 18+. Call 425-452-4240 or visit BellevueWA.gov/SBCC for the current schedule.

- Adult Pickleball
- Adult Volleyball
- Adult Badminton
- Adult Basketball
- Family Basketball
- Family Badminton
- Family Pickleball

Crossroads Community Center Drop-In Programs

Crossroads Community Center offers many programs and partners with community providers to serve anyone interested in recreational activities. We offer a range of afterschool programming, pre-kindergarten, cultural growth, and health & wellness programs. No registration required: first-come, first-served, and space is limited.

Crossroads Community Center

Adult Pickleball

Open play pickleball offered at a variety of times throughout the week.

\$4(R)	\$5(N)	Ages 18/up	
	Mo & Th	12-2pm	
	Tu	5:45-7:45pm	
	Fr	9-11am	

Adult Table Tennis

Six ping pong tables provided for open play in the gym.

\$4(R)	\$5(N)		Ages 18/up
	Mo & We	9-11am	
	Fr	5:45-7:45pm	

Adult Volleyball

Play volleyball after-work on Wednesday nights.

\$4(R)	\$5(N)		Ages 18/up
3470	We	5:45pm-7:45pm	4/1-6/12

Badminton

Family badminton on Monday nights. Free for 18 and under.

\$4(R)	\$5(N)		Ages All Ages
4020	Mo	5:45pm-7:45pm	4/1-6/17

Games Room

Games room for all ages, that has pool tables, ping pong tables, air hockey table, and arts & crafts room.

Free			Ages All Ages
3469	Weekdays	9:00am-7:45pm	4/1-6/20

Parent/Child PlayGroup

Great way to get out of the house and make new friends.

\$4(R)	\$5(N)		Ages 5/under
3471	Tu, Th	9:00am-11:00am	4/1-6/20

Drop-In Programs at Highland Community Center

Adult Badminton

Badminton is the perfect opportunity for everyone, from beginners to seasoned players, to enjoy a casual yet thrilling game of badminton. Come join us for a friendly and welcoming atmosphere, meet new friends, and experience the fun of badminton. We invite you to grab your racket and shuttlecock and be a part of the vibrant badminton community. See you on the court! Fee payable at the door.

Highland Community Center

\$4(R)	\$5(N)		Ages 18/up
	Mo/We	1:30pm-3:30pm	Ongoing

Adult Basketball

Drop-In Basketball is available on Tuesdays and Thursdays from 11:30a-1:30pm (Excluding Holidays) The adult drop-in sports programs have a cap of 15 players per day. Fees payable at the door.

Highland Community Center

\$4(R)	\$5(N)		Ages 18/up
	Tu/Th	11:30am-1:30pm	Ongoing

Child Indoor Play

Parent-child drop-in play is a fantastic opportunity for parents/caregivers and their little ones to come together in a warm, welcoming space filled with a variety of toys and activities. You're in charge of setting up and taking down the fun, creating a unique and engaging play environment. Join us for quality time, laughter, and learning through play. Fees payable at the door

Highland Community Center

\$4(R)	\$5(N)	(Parent/Caregiver Free)	Ages 8/under
	We/Fr	9:00am-12:00pm	Ongoing

Exercise:

Welcome to our inclusive fitness room, where you'll find adaptive equipment for your fitness needs. Whether you seek to maintain motor strength, enhance range of motion, or build stamina, check us out! Fees payable at the door.

Highland Community Center

\$4(R)	\$5(N)		Ages 18/up
	Mo/We	9:00am-5:00pm	Ongoing
	Tu/Th	2:00pm-5:00pm	Ongoing

50+ Half-Court Basketball

Get ready to rediscover the joy of the game and connect with fellow enthusiasts! Whether you're craving the thrill of half-court action or simply looking to shoot hoops and unwind, our exclusive sessions for ages 50+ offer camaraderie, laughter, and unforgettable moments on the court. Fees payable at the door.

Highland Community Center

\$4(R)	\$5(N)		Ages 50/up
	Fr	1:00pm-3:00pm	Ongoing

Youth/Family Basketball

FREE afterschool drop-in program for students and families.

Free			Ages 18/under
	Mo, Tu, Th, Fr	2-5:30pm	
	We	12-5:30pm	

Adult Basketball

Extend your lunch break with drop-in adult hoops.

\$4(R)	\$5(N)		Ages 18/up
3463	Tu, Fr	12:00pm-2:00pm	4/2-6/18

Indoor Kite Flying

This is a FREE drop-in program, equipment is provided by facility partner.

Free			Ages All Ages
3467	Th	5:45pm-7:45pm	4/4-5/16

Aquatics

The Bellevue Aquatic Center is offering group (3Y-12Y) and private (3Y+) swim lessons.

Please call 425-452-4444 or visit Register.BellevueWA.gov for lesson availability.

Open and family swim times offered daily.

Please call 425-452-4444 or visit our website for times: BellevueWA.gov/Aquatics

Bellevue Aquatic Center

The Bellevue Aquatic Center is open to the public 6 days a week. Monday – Friday 8am-8pm and Saturdays 8am-4pm. Programs available include Lap Swim, Water Walking, Water Exercise and Open Swim. For the most up to date schedule and for specific program information visit the Bellevue Aquatic Center website — BellevueWA.gov/Swim — or contact the pool at Aquatics@BellevueWA.gov or call 425-452-4444.

Spring Break Day Camps

Art and Craft Camp for Kids

This art and craft program is designed to enhance your child's enjoyment of art and creative expression. Children will explore their creativity using a variety of materials including pen and ink, charcoal, pastels, watercolor and acrylics paints. Please bring a snack (peanut free) and an old shirt to keep clothes from getting stained.

Northwest Arts Center

\$200(R)	\$240(N)		Ages 6-12
4285	Mo-Th	9:00am-11:30am	4/8-4/11
\$200(R)	\$240(N)		Ages 6-12
4462	Mo-Th	12:30pm-3:00pm	4/8-4/11

Clay Figurine Camp

This camp will guide students through the process of sculpting a clay figurine, with an emphasis on techniques for creating a balanced figure. Students will learn how to use clay sculpting tools to create a fun and imaginative figurine each day of camp. Creations made in this class will not be kiln fired.

Northwest Arts Center

\$249(R)	\$298.80(N)		Ages 6-11
4082	Mo-Fr	1:00pm-3:30pm	4/8-4/12

Painting on Canvas Kids Camp

In this camp, students will learn to paint in different styles using various surfaces and techniques. Students will create mono-prints and apply acrylic paints on canvas with brushes and briers. Modern and traditional approaches to painting will be applied throughout this camp.

Northwest Arts Center

\$249(R)	\$298.80(N)		Ages 6-11
4081	Mo-Fr	9:30am-12:00pm	4/8-4/12



Add Extended Care to NW Arts Ctr. Day Camp:

4091	11:30am-12:30pm - \$35(R) \$42(N)
4092	3-5pm - \$35(R) \$42(N)

Bellevue Youth Theatre Spring Break Camp

Bellevue Youth Theatre

It's All Greek to Me

Combining stories from different Greek myths, this camp features an added element of surprise. For the first time ever, the audience will be able to choose the outcome of the show! Epic music, legendary battles, and a little bit of chaos take the stage for this heroic one-week camp. Extended care available.

\$300(R)	\$345(N)		Ages 7-12
4200	Mo-Fr	9:30am-3:00pm	4/8-4/12

Add Extended Care

\$120(R)	\$140(N)		Ages 7-12
4202	Mo-Fr	8:00am-9:30am 3:00pm-5:30pm	4/8-4/12

Local Hoops Academy Basketball Camp

Participants will be coached on ball handling, shooting technique, defensive principles, decision making and other fundamentals. Work through a series of drills each day and finish with competitive game play. Come ready to work!

Crossroads Community Center

\$255(R)	\$306(N)		Ages 6-12
3960	Mo-Fr	9:00am-12:00pm	4/8-4/12

UK International Soccer Camp

Learn the best of UK soccer through a coaching curriculum which develops the whole player, as an athlete and as a person, providing campers with the tools and self-belief to reach goals on and off the field. Daily schedule includes warm up, skills, fundamentals, small-sided games, technical session, and tournaments.

Robinswood Community Park - Fields

\$289(R)	\$347(N)		Ages 7-13
3959	Mo-Fr	9:00am-3:00pm	4/8-4/12
\$190(R)	\$228(N)		Ages 4-13
3809	Mo-Fr	9:00am-12:00pm	4/8-4/12
\$158(R)	\$190(N)		Ages 7-13
3958	Mo-Fr	12:30pm-3:00pm	4/8-4/12

Spring Break Skate Camp

Discover the thrill of skateboarding at our newly transformed indoor skate park! Our camp is designed to cover every aspect of skating, from park safety to mastering tricks, engaging in skate-centric games and enjoying an end-of-week showcase and pizza party – all while fostering camaraderie and fun. Whether you're a novice or a skilled skater, our camp is tailored just for you.

Don't worry about equipment – skateboards and safety gear are provided at no extra cost. We recommend experiencing our camp before making any skateboard or gear purchases. Get ready for an unforgettable Spring Break filled with excitement, learning, and friendship!

Bellevue Skate Park

\$200(R)	\$240(N)		Ages 6-11
4082	Mo-Fr	9:00am-12:00pm	4/8-4/12

Summer Day Camp Registration Begins Soon!

Mark your calendars:

Bellevue resident registration
begins at Noon on March 25, 2024

Non-Bellevue resident registration
begins at Noon on April 1, 2024

Browse our complete summer camp offerings at BellevueWA.gov/Connections or by picking up a copy of our summer camp guide from your nearest community center beginning in mid-March.

Adult Enrichment

History of Eastside Logging, Presented by the Eastside Heritage Center

Did you know that most of the east side of Lake Washington was clear-cut by 1920 or that nearly all the big trees that we see today are less than 100 years old? (It will take another 400 years for our evergreens to reach 'maturity')! Come and see the equipment that evolved from two men working one tree all day with a hand-saw, to sky-line cable operations that could clear a whole Cougar Mountain valley in a single day. Presented in partnership by the Eastside Heritage Center and Bellevue Parks & Community Services. This program is best for adults, but participants ages 13+ are welcome with accompanying adult(s). No pre-registration required.

Free			Ages 13/up
4371	Su	1:00pm-3:00pm	4/14

CCC Book Group

Volunteer-led adult book group.
Crossroads Community Center

Adult Book Group

Free			Ages 18/up
	Fr	11:00am-2:00pm	4/26, 5/31, 6/14

Arts & Crafts at NBCC

North Bellevue Community Center

Afterschool Art Adventures April

Young artists will mix and match different art media including but limited to pencil, watercolor, gouache, pastel, markers, collage and ink. We will paint on paper, cardboard, and canvas. We will test and grow young design, drawing, and assembly skills. This is a creator space where traditional art rules will be bent and broken!

\$64			Ages 7-11
4440	We	3:30pm-4:45pm	4/3-4/24
4441	We	3:30pm-4:45pm	5/8-5/29
4709	We	3:30pm-4:45pm	6/5-6/26

Line Dancing

Do you like to dance? Line dancing is a great way to move to a variety of popular music, elevate your mood, and make some new friends. We have a caller who walks you through each dance. Enjoy the benefits of using your brain and at the same time providing exercise, with excellent health benefits. The first 45 minutes will be geared to beginner dancers and each session will progress towards the improver to intermediate levels as time goes on. Come join the fun!

South Bellevue Community Center

Free			Ages 18/up
	Mo	1:00pm-3:00pm	4/1-6/10

Dance @NBCC

North Bellevue Community Center

CISC Line Dancing

Line Dancing is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows, all facing each other or in the same direction, and executing the steps at the same time. With this dance group, you will learn and practice these routines and moves! Individual dancing/no partner required. This is a drop-in activity, no pre-registration required. Fees payable at the door.

\$4(R)	\$5(N)		Ages 18/up
2765	We	1:00pm-2:45pm	1/3-12/18

NBCC Line Dancing

This fun drop-in program is designed to meet the needs of both beginners and those looking for a review of basic line dance steps and combinations. Instructor Leila Wyatt is patient, fun and full of energy. She uses a variety of music, in a relaxed, social atmosphere. Come learn to dance while giving your brain and body a great workout! Drop-in program fees payable at the door.

\$4(R)	\$5(N)		Ages 18/up
3270	Fr	1:00pm-2:45pm	1/5-12/27

Sounds of Swing Big Bang Dance

The second Tuesday of each month, Sounds of Swing Big Band hosts a dance at the North Bellevue Community Center. Come enjoy the toe-tapping music of the swing era as well as jazz standards. This activity is \$3 per person, payable at the door, no pre-registration required. Coffee and snacks provided.

\$3(R)			Ages 18/up
3280	Tu	1:00pm-3:00pm	1/9-12/10

Music @NBCC

North Bellevue Community Center

Sounds of Swing Big Bang Practice

Each week the Sounds of Swing Big Band rehearses toe-tapping music of the swing era as well as jazz standards for your listening pleasures at North Bellevue Community Center. No pre-registration required. This is a FREE activity.

FREE			Ages 18/up
3279	Tu	1:00pm-3:00pm	1/2-12/17

CISC Chorus

Come sing with the CISC Chorus at North Bellevue Community Center! New singers are welcomed to join at any time, no auditions required. This is a FREE activity. Registration required to join online. In-person participants can drop-in without registration.

FREE			Ages 50/up
2766	We	9:30am-11:30am	1/3-12/18

NBCC Chorus

The NBCC Chorus meets Friday mornings 10:30am-12:00pm to sing together with piano accompaniment. It is very informal; no auditions required. We generally sing in unison, but harmony is great if you wish to do it. We have six books of songs of the 1920's, 30's to 60's. No performances, we welcome everyone, please join us!

FREE			Ages All Ages
3264	Fr	10:30am-12:00pm	1/5-12/20

CISC Chinese Musical Instrument Group

CISC's Chinese Musical Instrument is an informal gathering for enthusiasts of Chinese music and instruments. Every Monday, participants will gather to play and appreciate Chinese music. This is not an instructional group; participants should have their own instrument and come prepared to play music with others.

FREE
3117 Mo 9:30am-12:00pm Ages 18/up 1/8-12/23

NBCC Drop-in Social Activities

The North Bellevue Community Center offers variety of drop-in social activities that are Free or low-cost.

North Bellevue Community Center

Drop-In Billiards

Adults 18+ can drop-in during business hours to play pool/billiards on our two regulation sized tables at North Bellevue Community Center. Balls, cues, racks & chalk provided. No registration required.

FREE
Weekdays 9:00am-8:30pm Ages 18/up

Board Games at NBCC

North Bellevue Community Center has a collection of board games that are available for checkout. To learn more or to check out a game, please inquire at the front desk.

FREE
We 1:00pm-3:00pm Ages 18/up 1/3-12/18

Drop-in Cribbage

Come play the classic card game Cribbage in a friendly, community setting. This is a free, drop-in program, no registration required.

FREE
Th 10:00am-12:00pm Ages All Ages 1/4-12/19

Drop-in Pinochle

Enjoy Thursday Pinochle games in a casual, friendly setting. This is a free, drop-in program, no registration required.

FREE
Th 12:00pm-3:00pm Ages All Ages 1/4-12/19

Coffee & Coloring

Join us for a relaxing morning of coloring pictures, drinking coffee and socializing. We will provide coloring pages from books that are designed especially for adults as well as colored pencils, crayons and markers. Coffee, water, and tea will also be provided. Feel free to bring your own favorite coloring and supplies as well. Don't like to color? That's okay! Have a cup of coffee, chat a little and enjoy a stress-free time.

FREE
Fr 9:30am-11:30am Ages All Ages 1/5-12/27

Drop-in Duplicate Bridge

Duplicate Bridge is the most widely used variation of contract bridge in club and tournament play. Bring a partner or get on a list at North Bellevue Community Center to be paired with a partner and enjoy some social play! No pre-registration required.

FREE
Fr 12:15pm-3:30pm Ages 18/up 1/5-12/27

Friday Movies

Enjoy a free movie and popcorn at North Bellevue Community Center! Detailed movie list is available in print format at North Bellevue Community Center or by calling 425-452-7681.

FREE
Fr 2:00pm-4:00pm Ages 18/up 1/5-12/20

BellevueWA.gov/Parks

Register Online:
Register.BellevueWA.gov

Tai Chi

North Bellevue Community Center

CISC Tai Chi

Practice Chi Kung, Tai Chi, and flowing movements to encourage proper posture, strength, stretching and flow of chi. Experience meditative practice through movement and stillness. Gain a sense of refreshed focus and relaxation. This class is coordinated by Chinese Information Services. Please contact Boliver Choi at boliverc@cisc-seattle.org for any questions.

\$4(R) \$5(N)
3207 Th 9:30am-10:30am Ages 18/up 1/4-12/18

Multi-Cultural Services & Programs

Health and Wellness for Older Adults

North Bellevue Community Center

CISC Health and Wellness Fair

The Health and Wellness Fair, organized by Chinese Information Service Center, is a great opportunity for Bellevue Community members to learn more about health services on the Eastside and the Greater Seattle area.

Free
4436 Daily 10:00am-2:00pm Ages 18/up 6/5

ESL

North Bellevue Community Center

CISC ESL Instruction

This class will be conducted in English and Cantonese/Mandarin. Participants will learn basic English words and simple phrases. This class is great for new English learners with no and low English literacy skills.

This class is coordinated by Chinese Information Services Community Living Connections Outreach Program. Please contact Boliver Choi at boliverc@cisc-seattle.org for any questions. Registration required to join online. In-person participants can drop in without registration.

Free
3103 We, Fr 9:15am-10:45am Ages 50/up 1/3-12/20

NBCC Drop-In Social Services

North Bellevue Community Center

CISC Russian Speaking Program

This program supports the Russian older adults with structured activities to promote physical, social and emotional well-being and cross cultural interaction with other older participants. The civic activities will allow aging adults to be engaged in the community by familiarizing participants with WA State and U.S. history, local news, and by introducing and encouraging them to attend local events, offering health/mind wellness seminars, offering social services support and referral, promotion of socialization within an English-speaking community. Arts, crafts, music and games will be part of the daily activities which will be incorporated into the program schedule.

This class is coordinated by CISC's Russian Senior Day Program. Please contact Lyudmila Pashkova at lyudmilap@cisc-seattle.org or Boliver Choi at boliverc@cisc-seattle.org for any questions.

Free
3120 Tu, Fr 9:30am-2:00pm Ages 50/up 1/2-12/20

April through June, 2024

CONNECTIONS

CISC Drop-In SHIBA Assistance

Statewide Health Insurance Benefits Advisors (SHIBA) provides free, unbiased and confidential help with Medicare and health care choices. We help to assess client's health care coverage needs, determine general eligibility for health care coverage programs and provide enrollment help with Medicare.

Free			Ages 18/up
2767	We	9:30am-11:00am	1/3-12/18

CISC Information & Assistance

Information & Assistance provides short-term support and crisis intervention to help low-income families and people with disabilities with no/low English literacy to access crucial services. Through our language appropriate services, we help our clients understand options and resources available to them so that they can make informed choices. We offer personal application assistance for clients who are in need of public assistance to meet their basic necessities.

This class is provided in Mandarin to those 55+ and is coordinated by CISC's Family Resource Support Program. Please contact Karia Wong at kariaw@cisc-seattle.org or Stephen Lam at stephenl@cisc-seattle.org for any questions. This is a FREE walk-in first come first served program.

Free			Ages 18/up
3115	Th	9:00am-12:00pm	1/4-12/19

ELAP Legal Assistance

Eastside Legal Assistance Program will host an elder law and probate clinic at North Bellevue Community Center on the 3rd Thursday of each month. To schedule an appointment, please call ELAP at 425-747-7274. ELAP determines income qualification to utilize this program.

Free			Ages 55/up
3257	Th	2:30pm-5:30pm	1/4-12/26

IACS Community Program

North Bellevue Community Center and the Indian American Community Services (Formerly IAWW) have partnered in an effort to unite and celebrate multi-generational Indian families and bridge cultural gaps in the community by providing safe, creative space for activities including chair yoga, health talks and social communications. IACS will provide healthy living lectures, mindful breathing exercises, and a variety of special group activities and youth activities for the Bellevue public. Light lunch is also provided. Contact IACS for additional information; 206-805-8955, or www.iacswa.org.

Free			Ages 18/up
3261	Th	9:00am-3:00pm	1/4-12/19

Sea Mar Community Program

Spanish speaking older adults will have an opportunity to be part of the community by participating in various activities provided by North Bellevue Community Center. Activities could include health/mind wellness seminars, social services support, ESL classes, social engagement classes, exercise programs, community meal program and promotion of socialization within English speaking community.

This program is provided in partnership with Sea Mar - Sea Mar Community Health Centers is a community-based organization committed to providing quality, comprehensive health, human, housing, educational and cultural services to diverse communities, specializing in service to Latinos.

Free			Ages 18/up
3275	Fr	9:00am-2:00pm	1/5-12/27

Music @NBCC

North Bellevue Community Center

CISC Chorus

Come sing with the CISC Chorus at North Bellevue Community Center! New singers are welcomed to join at any time, no auditions required. This is a FREE activity. Registration required to join online. In-person participants can drop-in without registration.

Free			Ages 50/up
2766	We	9:30am-11:30am	1/3-12/18

NBCC Chorus

The NBCC Chorus meets Friday mornings 10:30am-12:00pm to sing together with piano accompaniment. It is very informal; no auditions required. We generally sing in unison, but harmony is great if you wish to do it. We have six books of songs of the 1920's, 30's to 60's. No performances, we welcome everyone, please join us!

Free			Ages All Ages
3264	Fr	10:30am-12:00pm	1/5-12/20

CISC Chinese Musical Instrument Group

CISC's Chinese Musical Instrument is an informal gathering for enthusiasts of Chinese music and instruments. Every Monday, participants will gather to play and appreciate Chinese music. This is not an instructional group; participants should have their own instrument and come prepared to play music with others.

Free			Ages 18/up
3117	Mo	9:30am-12:00pm	1/8-12/23

Sounds of Swing Big Bang Practice

Each week the Sounds of Swing Big Band rehearses toe-tapping music of the swing era as well as jazz standards for your listening pleasures at North Bellevue Community Center. No pre-registration required. This is a FREE activity.

Free			Ages 18/up
3279	Tu	1:00pm-3:00pm	1/9-12/17

多元文化服務與項目

老年人健康與保健

North Bellevue Community Center (北 Bellevue 社區中心)

CISC 健康與保健展覽會

由 Chinese Information Service Center (中文資訊服務中心) 主辦的健康與保健展覽會為 Bellevue 社區成員提供了解 Eastside 和大 Seattle 地區醫療服務的絕佳機會。

免費			年滿 18 歲以上
4436	每天	上午 10:00 至下午 2:00	6 月 5 日

ESL

North Bellevue Community Center (北 Bellevue 社區中心)

CISC ESL 教學

本課程將以英語和廣東話／中文進行。參加者將學習基本英文單字和簡單片語。本課程適合無英語素養技能或該技能程度低的新英語學習者。

本課程由中文資訊服務社區生活連結推廣計劃協調。若有任何疑問，請透過下列電子郵件聯絡 Boliver Choi: boliverc@cisc-seattle.org。需要登記才能線上加入。親自到場的參與者不須登記即可參加。

免費			年滿 50 歲以上
3103	星期三, 星期五	上午 9:15 至 10:45	1 月 3 日至 12 月 20 日

NBCC 到場社群服務

North Bellevue Community Center (北 Bellevue 社區中心)

CISC 到場 SHIBA 協助

Statewide Health Insurance Benefits Advisors (全州健康保險福利顧問, SHIBA) 提供有關 Medicare 和醫療保健選擇的免費、公正和保密的幫助。我們協助評估客戶的醫療保健保險需求, 確定醫療保健保險計劃的一般資格, 並提供 Medicare 投保協助。

免費 年滿 18 歲以上
2767 星期三 上午 9:30 至 11:00 1 月 3 日至 12 月 18 日

CISC (中文資訊服務中心, CISC) 資訊與協助

資訊與協助提供低收入家庭以及無/低英語程度的障礙人士短期支援與危機干預, 幫助其獲得重要服務。透過我們的適當語言服務, 我們就能幫助客戶他們可使用的選項和資源, 使其做出我們提供需要公共援助才能達成基本需求的客戶申請協助。

本課程以普通話提供, 對象為 55 歲以上的人, 並由 CISC 的家庭資源支援計劃負責協調。如有任何疑問, 請聯絡 Karia Wong (kariaw@cisc-seattle.org) 或 Stephen Lam (stephenl@cisc-seattle.org)。這是先到先參加的免費課程。

免費 年滿 18 歲以上
3115 星期四 上午 9:00 至中午 12:00 1 月 4 日至 12 月 19 日

Music @NBCC

North Bellevue Community Center (北 Bellevue 社區中心)

CISC 中國樂團

CISC 中國樂器中國音樂和樂器愛好者的非正式聚會。參與者每週一聚集在一起演奏和欣賞中國音樂。這不是教學小組; 參與者必須有個人樂器, 並準備與他人一起演奏音樂。

免費 年滿 18 歲以上
3117 星期一 上午 9:30 至中午
12:00 1 月 8 日至 12 月 23 日

Dance @NBCC

North Bellevue Community Center (北 Bellevue 社區中心)

CISC 排舞

排舞是經過編排的舞蹈, 有著重複的步驟順序, 會有排成至少一列的人跳舞, 全都面對彼此或相同方向, 並同時進行步驟。只要跟著舞群, 就能學習並練習這些舞步! 個人舞蹈/無需舞伴。這是自由參加的活動, 無需事先報名。在門口支付費用

本計畫由 CISC 提供 - Chinese Information Service Center (中文資訊服務中心) 透過提供資訊、轉介、倡導、社會與支援服務, 幫助整個 King 縣的移民在新社區中成功。

\$4 (居民) \$5 (非居民) 年滿 18 歲以上
2765 星期三 下午 1:00 至下午 2:45
1 月 3 日至 12 月 18 日

多元文化服务与项目

老年人健康与保健

North Bellevue Community Center (北 Bellevue 社区中心)

CISC 健康与保健产业展览会

由 Chinese Information Service Center (仁人服务社) 举办的健康与保健产业展览会, 是 Bellevue 社区成员进一步了解 Eastside 和大 Seattle 地区健康服务产业状况的绝佳机会。

免费 年龄 18 周岁及以上
4436 每天 上午 10:00-下午 2:00 6/5

ESL

North Bellevue Community Center (北 Bellevue 社区中心)

CISC ESL 教学

本课程将使用英语和广东话/普通话授课。参与者将学习基础英语单词和简单的短语。本课程适合无英语读写能力或能力水平较低的英语初学者。

本课程由仁人服务社的社区生活连接外展计划协调。如有疑问, 请联系 Boliver Choi, 电子邮箱: boliverc@cisc-seattle.org。线上参与课程需要进行注册。线下课程无需注册即可参加。

免费 年龄 50 周岁及以上
3103 周三、周五 上午 9:15-上午 10:45 1/3-12/20

NBCC 免预约社会服务

North Bellevue Community Center (北 Bellevue 社区中心)

CISC 老年人健康保险福利上门援助

Statewide Health Insurance Benefits Advisors (老年人健康保险福利援助计划, SHIBA) 提供有关 Medicare 和医疗保健选择的免费、公正和保密的帮助。我们帮助评估客户的医疗保健保险需求, 确定医疗保健保险计划的一般资格, 并提供 Medicare 的注册帮助。

免费 年龄 18 周岁及以上
2767 周三 上午 9:30-11:00 1/3-12/18

CISC 信息与援助计划

信息与援助计划旨在提供短期支持和危机干预, 以帮助英语能力差或较低的低收入家庭和残疾人获得关键服务。通过我们的语言相关服务, 我们将帮助客户了解可供选择的选项和资源, 以便他们做出明智的选择。我们为需要公共援助的客户提供个人申请援助, 以满足他们的基本生活需要。

本课程面向年满 55 周岁人士, 使用普通话授课, 并由 CISC 家庭资源支持计划协调。如有任何疑问, 请联系 Karia Wong (kariaw@cisc-seattle.org) 或 Stephen Lam (stephenl@cisc-seattle.org)。这是一项免费项目, 先到先得。

免费 年龄 18 周岁及以上
3115 周四 上午 9:00-中午 12:00 1/4-12/19

NBCC 乐器队

North Bellevue Community Center (北 Bellevue 社区中心)

CISC 中国乐器队

CISC 中国乐器队是中国音乐和乐器爱好者的非正式聚会。每周一, 参与者会聚集在一起演奏和欣赏中国音乐。这不是一个教学小组; 参与者必须拥有个人乐器, 并准备好与他人一起演奏音乐。

免费 年龄 18 周岁及以上
3117 周一 上午 9:30-中午 12:00 1/8-12/23

NBCC 舞蹈队

North Bellevue Community Center (北 Bellevue 社区中心)

CISC 排舞团

排舞是一种编排的舞蹈, 其中有一系列重复的舞步, 需要一群人排成一排或多排, 并且所有人面对面或朝着同一个方向, 同时跳这些舞步。在这个舞团, 您将学习并练习这些舞蹈和动作! 您也可以选择独舞 (即无需舞伴)。这是一项可即时参加的活动, 无需预先报名。活动现场付费

该项目由 CISC - Chinese Information Service Center (仁人服务社) 发起, 旨在为 King 县的移民提供信息、转诊、拥护、社会和支持服务, 以帮助他们融入新社区的生活。

\$4(R) \$5(N) 年滿 18 周岁
2765 周三 下午 1:00-下午 2:45 1/3-12/18

Мультикультурные услуги и программы

Русскоязычная программа CISC

Эта программа поддерживает русскоязычных пожилых людей посредством проведения специальных структурированных мероприятий, способствующих физическому, социальному и эмоциональному благополучию, а также межкультурному взаимодействию с другими пожилыми участниками. Гражданская деятельность позволит пожилым взрослым участвовать в жизни сообщества, знакомя участников с историей штата WA и США, местными новостями, а также предлагая им и поощряя их посещать местные мероприятия, семинары по физическому/психическому здоровью, а также предлагая поддержку социальных служб и направления к специалистам, содействие социализации внутри англоязычного сообщества. Искусство, ремесла, музыка и игры станут частью ежедневных мероприятий, которые будут включены в расписание программы.

Данное занятие координируется в рамках Дневной программы CISC для пожилых русскоязычных жителей. По любым вопросам обращайтесь к Lyudmila Pashkova по адресу lyudmilap@cisc-seattle.org или Boliver Choi по адресу boliverc@cisc-seattle.org.

Бесплатно Для возраста от 50 и старше
3120 Вт, Пт 9:30-14:00 1/2-12/20

Servicios y programas multiculturales

Programa comunitario Sea Mar

Los adultos mayores que hablen español tienen la oportunidad de ser parte de la comunidad al participar de diferentes actividades provistas por el North Bellevue Community Center (Centro comunitario de North Bellevue). Las actividades pueden incluir seminarios sobre el bienestar de la salud/mente, servicios sociales, clases ESL, clases de compromiso social, programas de ejercicio físico, programa de alimentación comunitaria y promoción de la sociabilización dentro de las comunidades angloparlantes.

Este programa se imparte en asociación con Sea Mar. El Centro de salud comunitario Sea Mar es una organización con bases en la comunidad comprometida en proveer servicios de salud, humanos, de vivienda, educativos y culturales de calidad e integrales a comunidades diversas, en especial a los latinos.

Gratis Edad: mayores de 18 años
3275 Vie 9:00 a. m. - 2:00 p. m. 1/5-12/27

बहु-सांस्कृतिक सेवाएँ एवं कार्यक्रम

IACS सामुदायिक कार्यक्रम

North Bellevue Community Center (North Bellevue कम्युनिटी सेंटर) और Indian American Community Services (भारतीय अमेरिकी सामुदायिक सेवाएँ) (पहले IAWW) ने बहु-पीढ़ी वाले भारतीय परिवारों को एकजुट करने और जश्न मनाने और कुर्सी योगा, स्वास्थ्य वार्ता सहित सामाजिक संचार गतिविधियों के लिए सुरक्षित, रचनात्मक स्थान प्रदान करके समुदाय में सांस्कृतिक फ़ासलों को कम करने के प्रयास हेतु भागीदारी की है। IACS Bellevue की जनता के लिए स्वस्थ रहन-सहन पर लेक्चर्स, सावधान साँस लेने के व्यायाम, और विभिन्न प्रकार की विशेष सामूहिक गतिविधियाँ और युवा गतिविधियाँ प्रदान करेगा। हल्का लंच भी दिया जाएगा। ये प्रोग्राम प्रत्येक गुरुवार को सभी के लिए खुला है। अतिरिक्त जानकारी के लिए IACS से संपर्क करें; 206-805-8955, या www.iacswa.org।

मुफ्त 3261 गुरुवार सुबह 9 बजे-दोपहर 3 बजे उम्र 18/ज़्यादा 1/4-12/19

Continuing Education

SeniorTech of Puget Sound Drop-in Computer Assistance

North Bellevue Community Center We offer technical support on a one-on-one basis on the 2nd and 4th Tuesday of each month, and the 5th Tuesday when there is one, during the hours of 9:30am to noon. Experienced senior technology users will be available to help you with technical issues with your computers and mobile devices. This is a drop-in program, no pre-registration required. Fees payable at the door; \$3/residents, \$4/non-residents.

Older Adult Tech Program

North Bellevue Community Center

Senior Tech Drop-In Computer Assistance

We offer one-on-one technical support on the 2nd and 4th Tuesday of each month, and the 5th Tuesday when there is one. Experienced senior technology users will be available to help you with technical issues with your computers and mobile devices. This is a drop-in program, no pre-registration required.

\$3(R) \$4(N) Ages 18/up
3276 Tu 9:30am-12:00pm 1/9-12/24

Microsoft Windows

We will explore basics of Windows 10 and 11. To upgrade, do I need to buy a new computer? How do I transfer photos from my smartphone to my Windows machine? How do I edit photos in Windows? Is there a free word processor in which I can compose documents? Which tips and tricks will save me time and make it easier for me to use my computer? Where can I get free help? Join us for this workshop where you can ask questions and learn from other attendees with similar challenges. Please update your computer and have your passwords available.

\$36(R) \$44(N) Ages All Ages
4437 We 1:30pm-3:00pm 4/3-4/24

Android Phones and Tablets

Learn all about how to use your Android powered phones and Tablets. This workshop will help you learn how to use the basic features of your Android devices including: user interface, navigation, installing/updating/organizing apps, emailing, messaging, social media, and more. Join us for this workshop where you can ask questions and learn from other attendees with similar challenges. Please update your devices and have your passwords available.

\$36(R)	\$44(N)		Ages 55/up
4438	We	1:30pm-3:00pm	5/1-5/22

Chromebooks

Learn all about how to use your Chromebook. This workshop will help you learn how to use the basic features of your device. Join us for this workshop where you can ask questions and learn from other attendees with similar challenges. Please update your devices and have your passwords available.

\$36(R)	\$44(N)		Ages 55/up
4439	We	1:30pm-3:00pm	6/5

Arts

Open Art Studio

Northwest Arts Center

Open art studio provides the opportunity for you to join with others in a social setting while doing art. Bring your own art project to work on or create something from supplies provided by the NW Arts Center. Participants are responsible for set up and clean up of their projects.

FREE			Ages 16/up
3262	Mo	1:00pm-3:00pm	Ongoing

South Bellevue Community Center

This is an opportunity for artists to gather and practice their art and techniques, receive feedback from other artists, and socialize. The studio will primarily focus on media that includes pencil, charcoal, watercolor, acrylics and oil; however, it's also open to textiles, knitting and needle work.

FREE			Ages 16/up
	Tu	1:00pm-3:00pm	Ongoing

Mixed Media Art for Kids Class

This art program is process-oriented and designed to enhance your child's enjoyment of art and creative expression. Children will explore their creativity using pen and ink, charcoal, soft and oil pastels, and paints. The classes are led by a degreed, professional artist. Please bring an old shirt to keep clothes from getting stained. All materials provided.

Northwest Arts Center

\$148(R)	\$177.60(N)		Ages 5-7
3296	We	1:30pm-2:30pm	3/27-5/22
3297	Sa	9:30am-10:30am	3/23-5/18

\$148(R)	\$177.60(N)		Ages 8-11
3298	We	2:45pm-3:45pm	3/27-5/22
3300	Sa	10:45am-11:45am	3/23-5/18

Art for Older Adults

Join us for this aft club for folks ages 55+! A different art activity will be explored each week, including drawing, cartooning, watercolor, crafts, and more! This is a fun, social club centered around creativity and exploring the arts. Beginner friendly, artists of all skill levels are welcome. *This is a free weekly workshop for adults ages 55+.* Funding for this program comes from the King County Veterans Seniors and Human Services Levy.

North Bellevue Community Center

Free			Ages 55/up
	We	1:00pm-2:30pm	Ongoing

Fun Creativity Art Class for Young Kids

Creative drawing for children is a great way to foster artistic expression and imagination. In this program, young artists will explore various mediums, such as crayons, watercolors, and colored pencils to bring their ideas to life. Our instructors encourage creativity and help children discover their unique artistic voices. Whether it's painting colorful landscapes or drawing imaginative creatures, these young artists have the opportunity to grow their creative talents while having loads of fun. Join us and watch your child's creativity flourish!

Northwest Arts Center

\$240(R)	\$288(N)		Ages 5-8
4078	Tu	4:15pm-5:15pm	3/26-5/21

Cartoon/Manga Drawing Class

This dynamic course allows young artists to explore two distinct artistic styles – Western cartoons and Japanese manga. Students will learn character design, storytelling, and illustration techniques in a fun and supportive environment. Our experienced instructors provide individualized guidance, helping children bring their imaginative characters to life on paper. Join us for an inspiring artistic journey where your child can develop their drawing skills and discover the colorful worlds of cartoons and manga.

Northwest Arts Center

\$280(R)	\$336(N)		Ages 7-13
4077	Tu	5:30pm-7:00pm	3/26-5/21

Acrylic Painting - Teen/Adult

This painting class will explore acrylic painting and is designed to include several different themes such as botanicals, landscape, water-scape, still life etc. This class is suitable for beginners with little or no painting experience or for intermediate/advanced painters who are looking for a great space to socialize and paint with other creative individuals. Several in-class demonstrations on color theory and composition will be discussed. Basic materials provided. Feel free to bring your own easel and other art supplies.

Northwest Arts Center

\$210(R)	\$252(N)		Ages 16/up
3931	Tu	6:00pm-7:30pm	4/16-5/21

crafts, dance, and culinary arts.

Ceramics & Glass

Pottery: Get Your Hands Dirty!

Calling all creators, welcome to the wonderful world of pottery! This introductory pottery course is perfect for those wanting to explore the art of pottery making. Students will learn basic pottery techniques such as: hand building, wheel throwing, sculpting, coil construction, glazing, and more. No experience required.

Northwest Arts Center

\$224(R) \$268.80(N)		Ages 7-12	
3090	Sa	10:00am-11:30am	3/23-5/18
3091	Sa	12:00pm-1:30pm	3/23-5/18
\$224(R) \$268.80(N)		Ages 13/up	
3014	Th	6:00pm-7:30pm	3/28-5/23

Fused Glass Art for Kids

In this class, kids will explore the magic of melted glass. Students will arrange and affix colored glass to various surfaces, bringing to life various colorful projects. All materials provided.

Northwest Arts Center

\$150(R) \$180(N)		Ages 7-12	
4282	Th	4:00pm-5:00pm	4/18-5/23

Culinary Arts

Kids' Candy Making

Students will create a number of delicious chocolates and other treats in this class while learning the basics of candy making from experts in the industry. Dip, dunk, drizzle and embellish treats like pretzels, cookies, Rice Krispie treats and Oreos. Learn to mold suckers, make candy bark, create candy dots and more. Participants will leave with their creations and a book of instructions on how to recreate them.

Northwest Arts Center

\$320(R) \$384(N)		Ages 7-13	
3213	Sa	11:00am-1:30pm	4/20-5/18

Kids' Candy Making Workshop

Join in on the fun of making various chocolate candy creations! Students will learn basic candy making and decorating techniques. Dip, dunk, drizzle and embellish treats like pretzels, gummy bears, suckers, Oreos and more. Each participant will leave with their unique treats and instructions for how to make these creations at home.

Northwest Arts Center

\$75(R) \$90(N)		Ages 8-12	
4316	We	1:30pm-4:00pm	5/22
4376	Sa	11:00am-1:30pm	

Basic Candy Making Workshop

Learn the basics of candy making, molding and decorating from experts in the industry in this one-time workshop! Learn to mold suckers, make candy bark, create candy dots and more. Create all-time favorites like Mint Melt-a-ways (like Frangos) and Tiger's Butter. Participants will have the opportunity to make some of the items demonstrated during the class and will leave with their creations and a book of instructions on how to recreate them.

Northwest Arts Center

\$85(R) \$102(N)		Ages 14/up	
4317	We	6:00pm-8:30pm	5/1

Advanced Candy Making I Workshop

For those already familiar with the basics of candy making, join us to learn more about advanced techniques and recipes in this one-time workshop led by industry experts. Learn how to make turtles, chocolate boxes, dessert cups and chocolate dipped fruits and caramels. Participants will have the opportunity to make some of the items demonstrated during the class and will leave with their creations and a book of instructions on how to recreate them.

Northwest Arts Center

\$95(R) \$114(N)		Ages 14/up	
4318	We	6:00pm-8:30pm	5/8

Dance

Dance @NBCC

North Bellevue Community Center

CISC Line Dancing

Line Dancing is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows, all facing each other or in the same direction, and executing the steps at the same time. With this dance group, you will learn and practice these routines and moves! Individual dancing/no partner required. This is a drop-in activity, no pre-registration required. Fees payable at the door

This program is provided by CISC - Chinese Information Service Center helps immigrants throughout King County achieve success in their new community by providing information, referral, advocacy, social, and support services.

\$4(R) \$5(N)		Ages 18/up	
2765	We	1:00pm-2:45pm	1/3-12/18

NBCC Line Dancing

This fun drop-in program is designed to meet the needs of both beginners and those looking for a review of basic line dance steps and combinations. Instructor Leila Wyatt is patient, fun and full of energy. She uses a variety of music, in a relaxed, social atmosphere. Come learn to dance while giving your brain and body a great workout! Drop-in program fees payable at the door.

\$4(R) \$5(N)		Ages 18/up	
3270	Fr	1:00pm-2:45pm	1/5-12/27

Sounds of Swing Big Bang Dance

The second Tuesday of each month, Sounds of Swing Big Band hosts a dance at the North Bellevue Community Center. Come enjoy the toe-tapping music of the swing era as well as jazz standards. This activity is \$3 per person, payable at the door, no pre-registration required. Coffee and snacks provided.

\$3		Ages 18/up	
3280	Tu	1:00pm-3:00pm	1/9-12/10

Story Ballet

Introductory ballet class with story time from classical ballets, dance games and performance practice. Includes French for Young Dancers.

Northwest Arts Center

\$160(R) \$192(N)		Ages 5-7	
3084	Th	5:00pm-6:15pm	3/28-5/23

Hippity Hop Dance Class by City Opera Ballet

Children will learn the basics of hip hop dance with fun and upbeat music, while developing confidence, coordination and personality. A fun recital ends this course to share student progress for family and friends.

Northwest Arts Center

\$128(R)	\$153.60(N)		Ages 3-5
3088	Th	4:00pm-4:45pm	3/28-5/23

Pre-Ballet I by Emerald Ballet Theater

A joyful introduction to movement. Basic dance technique inspired by beautiful music, literature, and art in a developmentally appropriate way. Flexibility, coordination, strength, and creativity develop in the young dancer.

Northwest Arts Center

\$160(R)	\$192(N)		Ages 3-5
3040	Tu	4:00pm-4:45pm	3/26-5/21
3041	Tu	5:00pm-5:45pm	3/26-5/21

Aztec Dance

Learn about traditional aztec dance performed by Nahui Ollin Tezcatlipocatl of Bellevue. Community members are welcome to attend; group meets weekly.

Crossroads Community Center

Free			Ages All Ages
3474	We, Th	5:00pm-7:00pm	4/3-6/20

SBCC Dance Classes

SBCC offers a variety of children's dance classes for participants ages 3-13. Classes are 45 - 60 minutes in length, once per week, and range from 8-12 weeks per session. Each program will conclude with a recital at the conclusion of each session. Students of all genders welcomed!

South Bellevue Community Center

Ballet 1/ 2 by CITY OPERA BALLET

Students will gain coordination, confidence, and social skills as they learn the foundations of ballet and basic French vocabulary. This course ends in a fun recital to showcase student progress for family and friends. Students of all genders welcomed!

\$140(R)	\$168(N)		Ages 6-8
4199	Tu	5:00pm-6:00pm	4/16-6/15

Intro to Cheerleading

Students should expect to gain confidence as they learn cheer motions, placement, jumps and how to rally. This class will also begin introducing basic tumbling and stunting as skill/strength progression of students allows. Pom poms, T-shirt and hair bow are included within the price of registration.

\$160(R)	\$192(N)		Ages 8-13
4201	Tu	6:00pm-7:00pm	4/16-6/15

Hip Hop 1/ 2 by CITY OPERA BALLET

Time to POP, LOCK and BREAK! Children will learn basic hip hop moves and gain physical strength as they start the introduction to hip hop floorwork (coffee grinder, etc...). You can expect your child to develop confidence, coordination, personality and have fun; all while listening to some of their favorite music! This course ends in a fun recital to showcase student progress for family and friends. Students of all genders are welcomed!

\$112(R)	\$134(N)		Ages 5-7
4198	Sa	11:00am-12:00pm	4/20-6/15

Hippity Hop by CITY OPERA BALLET

ARE YOU READY TO BOOGIE? Children will learn the basics of hip-hop dancing with fun and upbeat music. You can expect your child to develop confidence, coordination, personality and HAVE FUN! This course ends in a fun recital to showcase student progress for family and friends. Students of all genders are welcomed!

\$88(R)	\$105.60(N)		Ages 3-4
4196	Sa	10:00am-10:45am	4/20-6/15

Pre-Ballet by CITY OPERA BALLET

Students will gain coordination, confidence, and social skills as they learn the basics of ballet steps. This course ends in a fun recital to showcase student progress for family and friends. Students of all genders welcomed!

\$88(R)	\$105.60(N)		Ages 4-5
4195	Sa	9:00am-9:45am	4/20-6/15

Music

Ladies Musical Club Music Concert Series

LMC's most visible face is its Public Concert Series that offers over 50 free classical music concerts from October through May by LMC member-musicians and guests. The classical music series is presented at a variety of venues throughout the Seattle metro area, including Seattle Art Museum, Frye Art Museum, Seattle Public Library, Central and West Seattle Branches, University House Wallingford, Mirabella, Bellevue's Crossroads Community Center Theater, Congregational Church on Mercer Island, and the Music Center of the Northwest in North Seattle. These intimate, one-half-hour to one-hour, music programs are free and open to the public.

Crossroads Community Center

1:00pm-2:30pm	4/16, 5/21
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Music Together

Learn original and traditional songs from around the world during this unique musical experience of languages, tonalities and rhythms. An illustrated songbook, print and online resources will help families continue the music-making fun at home and nurture a child's musical growth. This is the foundational Music Together class, one that a child can attend from birth to age five through 12 song collections. This class is designed for parent/ caregiver participation with the child. Build a love of music to last a lifetime! *Additional Fee of \$50 material fee to be paid directly to Music Together with Mrs. Chrisi on or before the first day of class.*

South Bellevue Community Center

\$195(R)	\$234(N)		Ages 5/under
3021	Tu	6:15pm-7:00pm	4/2-6/11
3022	Th	10:30am-11:15am	4/4-6/13
3023	Th	11:30am-12:15pm	4/4-6/13

Northwest Arts Center

\$195(R)	\$234(N)		Ages 5/under
3104	We	9:30am-10:15am	4/3-6/12
3105	We	10:30am-11:15pm	4/3-6/12
3106	We	11:30am-12:15pm	4/3-6/12

Performing Arts

SBCC Drama Kids

Drama Kids at SBCC offers theater classes and programs for kids that are specially tailored to elementary school children ages 6-10. The instructors in our classes provide unique requirements and enhance the skills of every participant. Students at our kids' theater classes learn speech, improvisation, dramatic movement, scene starters, snippets, and an additional variety of dramatic arts activities. One of the most fun parts of our composite classes is the end-of-the-year performances. Our students demonstrate the dramatic skills they have learned over the course of the class in a short production in front of friends and family. Our theater classes and programs for kids are not only highly enjoyable for the students; they also help develop social skills, confidence, and speaking abilities. The unique knowledge and skills kids pick up at Drama Kids at SBCC can create lasting friendships as well as educational benefits.

South Bellevue Community Center

\$175(R) \$210(N)
4208 Th

Ages 6-10
4:00pm-5:30pm 4/18-6/13

Bellevue Youth Theatre

BYT PERFORMANCES

In-person seating as well as live-streaming links are available for many shows.

Ticket prices:

In-person performance: \$12

Live streaming link: \$8

(No refunds once purchased.) Group rates are available. Call the Bellevue Youth Theatre Box Office for more information, 425-452-7155.

Play Lab

For audiences ages 13+.

FREE! Suggested Donation \$5.

First-come, first-served. No tickets will be pre-sold for this performance.

Bellevue Youth Theatre is proud to present our first Playwriting Lab Showcase! Be the first to experience these incredible new plays, written by BYT's talented teen playwrights. Each session will feature staged readings of different teen-written plays performed by BYT teen actors.

Barbicide and Hush Little Baby

Friday March 15th at 7 pm

Journey to the West and Aaron to Philip

Saturday March 16th at 2 pm

Pizza and Existentialism

Saturday March 16th at 7 pm

Storybook Series

Introducing BYT's first play for the very young (ages 3-7), Storybook Series is an interactive theatre experience featuring two popular tales: Rapunzel and The Frog Prince. This show includes pre-show activities, dances, and even a sing-along! Experience the magic and wonder of live theatre in this production that was created for the whole family!

- Friday, March 29th at 6 pm
- Saturday, March 30th at 2 & 6 pm
- Saturday, April 6th at 2 & 6 pm
- Sunday, April 7th at 2 pm

The Phantom Tollbooth –

Live streaming will not be available for this show

If you like witty dialogue, corny dad jokes, and playful wordplay, have we got a show for you! Based on the beloved book by Norton Juster, "The Phantom Tollbooth" takes Milo on a wild adventure to wacky lands to restore Rhyme and Reason to the kingdoms of Dictionopolis and Digitopolis! Fun for the whole family!

- Friday, April 19th at 7 pm
- Saturday, April 20th at 7 pm
- Sunday, April 21st at 2 pm
- Saturday, April 27th at 2 & 7 pm
- Sunday, April 28th at 2 pm

The Tempest

A storm! A shipwreck! A magician who seeks revenge! Don't miss your chance to experience Shakespeare's final play: The Tempest. Filled with magic, mischief, betrayal, and love – this epic tale has been reimagined for modern audiences.

- Friday, May 3rd at 7 pm
- Saturday, May 4th at 2 & 7 pm
- Sunday, May 5th at 2 pm

Once on This Island JR.

This fantastical musical tells the story of Ti Moune, an orphan saved by the Gods for something wonderful! When she falls in love with a boy from the other side of the island, she will have to test the strength of her love against the power of death.

- Friday, May 17th at 7 pm
- Saturday, May 18th at 7 pm
- Sunday, May 19th at 2 pm
- Saturday, May 25th at 2 & 7 pm
- Sunday, May 26th at 2 pm

Bellevue Youth Theatre auditions will be held as follows:

AUDITIONS FOR TREASURE ISLAND
Monday & Tuesday, June 3 & 4 from 5-6:30pm
at Bellevue Youth Theatre

Cost: FREE – Bellevue residents/\$150 Non-Residents

The Bellevue Youth Theatre provides inclusive recreational programs for youth ages 5-19, with the focus on teen participants. Persons with disabilities, families and older adults are encouraged to participate. The emphasis of the theatre is to build self-esteem, teamwork and confidence in youth while performing in a supportive environment. Children 11 and younger, and first-time participants, may have limited roles. For more information, please call 425-452-7155.

Treasure Island

Find out what happens when Jim Hawkins discovers a map and sets out to find Captain Flint's famous buried treasure! Along the way, we'll meet a band of mutinous buccaneers, magical mermaids, and the most famous pirate of all – Long John Silver! Avast ye land lubbers! Adventure awaits on the seven seas! Will you be answerin' the call?

Everyone 12 and older who attends and audition is cast. Just pick one of the dates and show up anytime between the hours of 5-6:30 pm! Audition dates are either June 3rd or 4th at the Bellevue Youth Theatre.

Jewel Cast – Rehearses 4-6 pm @ Bellevue Youth Theatre
Tech Week: July 29-August 1
Performs: August 2-4
NO CONFLICTS JULY 29-AUGUST 4

Gold Cast – Rehearses 6-8pm @ Bellevue Youth Theatre
Tech Week: August 5-8
Performs: August 9-11
NO CONFLICTS AUGUST 5-11

Limited registration for participants 11 and under (30 per show), pre-registration required. You must still attend one of the audition dates even if you are pre-registered.

Kelsey Creek Farm

Adult Farm Volunteers

Assist Kelsey Creek Farm staff in providing daily care to our farm animals. Help staff bring the animals out to pasture, clean their living quarters, and prepare meals for the animals each day. Volunteers will learn about caring for livestock and about Bellevue's agricultural history while giving back to their community.

Kelsey Creek Farm

Free			Ages 18/up
3879	Tu	8:30am-10:30am	5/7-6/11
3880	We	8:30am-10:30am	5/8-6/12

After School Teen Farm Volunteers

Assist Kelsey Creek Farm staff in providing daily care to our farm animals. Help prepare meals for the animals, clean their living quarters, assist with other farm chores, and help bring the animals back into the barn each day. Teens will learn responsible animal care, job skills, and independence while earning service hours for school.

Kelsey Creek Farm

\$15(R)	\$18(N)		Ages 12-18
3876	We	2:00pm-4:30pm	4/3-4/17
3877	We	2:00pm-4:30pm	5/8-5/22
3878	We	2:00pm-4:30pm	5/29-6/12

Saturday Morning Teen Farm Volunteers

Assist Kelsey Creek Farm staff in providing daily care to our farm animals. Help prepare meals for the animals, clean their living quarters, assist with other farm chores, and help bring the animals out to pasture for the day. Teens will learn responsible animal care, job skills, and independence while earning service hours for school.

Kelsey Creek Farm

\$15(R)	\$18(N)		Ages 15-18
3881	Sa	8:30am-12:00pm	4/6-4/20
3882	Sa	8:30am-12:00pm	5/11-5/25
3883	Sa	8:30am-12:00pm	6/1-6/15

Bees and Blooms

Come meet Kelsey Creek Farm's newest residents, the honeybees! You and your child will visit our bees, explore what kinds of flowers pollinators like, and make a bee-themed notebook. We'll talk about what honeybees do on farms and what native bees do for us all over Bellevue. This is an adult/child class.

Kelsey Creek Farm

\$25(R)	\$30(N)		Ages 4-8
4056	Su	1:00pm-2:00pm	5/19

Farm Explorers

Join us for a farm adventure featuring animal care, barn chores, a pony ride, and baking yummy snacks. This drop-off program is designed for the independent 4-6 year old. Curriculum is integrated with seasonal themes, arts and crafts, stories, and animal interactions. This class includes a pony ride. Some activities and animals will repeat but many will be new.

Kelsey Creek Farm

\$64(R)	\$77(N)		Ages 4-6
3870	Th	10:00am-12:30pm	4/4-4/18
\$96(R)	\$115(N)		Ages 4-6
3871	Th	10:00am-12:30pm	5/9-5/23
\$64(R)	\$77(N)		Ages 4-6
3872	Th	10:00am-12:30pm	5/30-6/6

Farm Story Time

Come enjoy story time in a farm setting. Each story session will involve a different farm-related theme and include a visit with one of our resident farm animals. The stories will come alive for your children as they see the featured animal characters from the stories in real life. Pre-registration not required. Children must be accompanied by an adult. Space is limited. Doors close when the program begins.

Kelsey Creek Farm

Free			Ages 1-5
4043	Th	10:00am-10:30am	5/2
4044	Th	10:00am-10:30am	6/13

Junior Farmers

Your child will be immersed in farm life in this after-school program. Activities include interacting with our farm animals, exploring the park's natural habitats, and creating crafts. Your child will take the animals on walks around the farm, see what's growing in the garden, and explore Bellevue's past through the historic buildings at Kelsey Creek Farm.

Kelsey Creek Farm

\$52(R)	\$63(N)		Ages 7-9
3873	We	2:00pm-4:00pm	4/3-4/17
\$78(R)	\$94(N)		Ages 7-9
3874	We	2:00pm-4:00pm	5/8-5/22
\$52(R)	\$63(N)		Ages 7-9
3875	We	2:00pm-4:00pm	5/29-6/5

Little Farmers

Join us for hands-on fun in the barn and barnyard with your 2-3-year-old. Classes will feature various farm animals, seasonal themes, barn chores, feeding and petting farm animals, crafts, parallel play, and a pony ride. Children team up with an adult to actively participate in this class. Each session focuses on a different set of animals and will have different activities. Some activities and animals will overlap but many will be new. Come dressed to play inside and outside and get dirty! Siblings under two are welcome in front or back packs.

Kelsey Creek Farm

\$55(R)	\$66(N)		Ages 2-3
3865	Tu	10:00am-11:30am	4/2-4/16
\$78(R)	\$94(N)		Ages 2-3
3863	Tu	10:00am-11:30am	5/7-5/21
\$55(R)	\$66(N)		Ages 2-3
3869	Tu	10:00am-11:30am	5/28-6/4

Log Cabin Open House

Visitors of all ages are welcome to join us for this free, drop-in activity to explore Kelsey Creek Farm's log cabin, which was built in 1888. We will have antique logging and farming implements from the 1880s on display, including a variety of axes, farm implements, and other tools. Children can participate in a variety of free pioneer activities, including grinding wheat, churning butter, and playing with bread dough. They can watch a wool spinning demonstration and try their hand at carding wool. Adults can take a deeper dive into the history of logging and farming on the Eastside with our farm's passionate historian.

Kelsey Creek Farm

Free			All Ages
4057	Su	1:00pm-3:00pm	4/21

Private Trail Rides

Your child will get to ride one of our adorable ponies on a private ride through the barnyard or trails at Kelsey Creek Farm. Your child will learn the basics of horseback riding and experience the farm in a whole new way. One adult may choose to walk along, but no strollers allowed.

Kelsey Creek Farm

\$20(R)	\$24(N)		Ages 2-5
Offered on most Tuesday and Thursday afternoons in May. Pre-registration required. Visit Register.BellevueWA.gov or call 425-452-7688 to register.			

Sheep Shearing

Saturday, April 27 • 11am-4pm

Kelsey Creek Farm

Watch the sheep being shorn of their winter coats. Enjoy wool spinning demonstrations, children's crafts, tractor-pulled wagon rides, food, animal viewing areas, and more. Free shuttle service available at Wilburton Park & Ride and Bannerwood Sports Park. Please note: no pets allowed on shuttle bus or in the barnyard areas. No registration needed. Admission is free, costs vary for food and activities.

Sheep Shearing Special Event Volunteer

Assist staff with event set up, running children's activity booths and other event tasks at our annual Sheep Shearing event. This is one of Bellevue's most unique events, running for over 40 years. Volunteers will gain experience working a large event, customer service skills, experience working with children, and teamwork skills while earning community service hours. Sign up online or call the farm at 425-452-7688 for more information.

Kelsey Creek Farm

Free			Ages 15/up
3492	Sa	9:30am-5:00pm	4/27

Fraser Cabin Heritage Program

Presented by the Eastside Heritage Center in partnership with Bellevue Parks & Community Services, the Fraser Cabin, built in 1888, comes to life with hands-on activities that relate to 1880s settler life. For more information, contact the Eastside Heritage Center at 425-450-1049, or visit eastsideheritagecenter.org.

Registration not required

Kelsey Creek Farm

Free			All Ages
	Sa	11am-3pm	6/15

Early Learning/ Preschool

Natural Start Preschool

Operating out of the South Bellevue Community Center, this Preschool offers a unique nature-based curriculum that supports the developmental and learning needs of preschoolers. Children have the opportunity to spend a majority of each day outside in a natural environment. For more information you can visit

NaturalStartPreschool.com or call 425-452-4240 for details.

Crossroads Preschool 2024-2025 Academic Year

Coming soon... Please call Crossroads Community Center 425-452-4874 or email CCC@BellevueWA.gov to learn more about registering your child for the upcoming Parkside Pre-K school year program, Sept. 2024 – May 2025.

Family Story and Play Time

Every Thursday, NBCC volunteers lead a family story time reading for children ages 1-5 years old. Story time is followed by play time in the multipurpose room with a variety of toys provided by NBCC. All children must be accompanied by a parent or guardian and must be supervised throughout the program.

North Bellevue Community Center

Family Story Time

Enjoy story-time with your little-one (ages 2-5) each Thursday from 1:30 - 2 pm. During Family Storytime, NBCC volunteers will read several of their favorite children's books for toddlers.

FREE Th 1:30pm-2:00pm Ages 1-5
1/4-12/26

Family Play Time

FREE Th 2:00pm-4:00pm Ages 1-5
1/4-12/26

Indoor Play

Kids and parents can enjoy indoor play time in a safe warm environment. Toys provided. Parents/caregivers must supervise their own children and be present at all times.

Northwest Arts Center
\$4(R) \$5(N) Ages 6/under
Th 9:30am-11:30am 1/11-3/28

South Bellevue Community Center
\$4(R) \$5(N) Ages 5/under

Highland Community Center
\$4(R) \$5(N) (Parent/Caregiver Free) Ages 8/under
We/Fr 9:00am-12:00pm Ongoing
Mo, We, Fr 10:30am-12:00pm Ongoing

Parkside Pre-K

Join us for a month-to month Kindergarten readiness program designed for 4 and 5-year old children going into kindergarten for the 2023-2024 school year. The Parkside classroom at Crossroads is full of learning activities and opportunities for growth, both academically and socially and based on weekly themes. We look forward to making Parkside Pre-K a warm and welcoming environment for every preschooler! *Each child must be fully toilet trained and turn 4 by 8/31/2023 to participate.*

Crossroads Community Center

Spring Fun

Hooray, it's Spring! New beginnings and sounds can be heard as fresh buds bloom and birds begin to emerge. Join us as we explore our spring season and how a garden grows. Play in the park, learn all about insects and butterflies, weather and all spring brings.

\$221(R) \$265(N) Ages 4-5
3976 Weekdays 9:30am-12:30pm 4/1-4/30

Outdoor Adventures

Let's explore the outdoors. We will learn how to set up a campsite, explore nature, and meet one of the City of Bellevue firefighters and learn about fire safety. We will use flashlights to read stories, make s'mores to send home, build log homes out of Lincoln Logs and more! A very fun month.

\$221(R) \$265(N) Ages 4-5
3977 Weekdays 9:30am-12:30pm 5/1-5/23

Health & Wellness

Strength, Conditioning, Cardio, & Active Fitness

SilverSneakers Classic

Seated and standing exercises to increase muscular strength, range of motion and activities for daily living. This is a drop-in program, no pre-registration required.

North Bellevue Community Center

\$6(R) \$7(N) Age: 18Y & Up
Silver Sneakers, 12 visit Punch Pass \$60 (R) \$72 (N)
11am-12pm Mon, Wed, Fri Ongoing

Crossroads Community Center

\$6(R) \$7(N) Age: 18Y & Up
11am-12pm Tu Ongoing

SilverSneakers For Beginners

SilverSneakers for Beginners is a slow-paced, easier exercise class for individuals who are new to fitness or need a more relaxed workout routine. This workout includes fall prevention drills and exercises to improve muscular strength, range of motion and endurance for daily living. A chair and handheld weights or tubing are used. If SilverSneakers is included in your Medicare Plan, you can attend the classes at no cost. This is a drop-in program, no pre-registration required.

North Bellevue Community Center
\$6(R) \$7(N) Age: 18Y & Up
9:30am-10:30am Wed Ongoing

Jazzercise

Dance-based group fitness program combining cardio with strength training and stretching to sculpt, tone, and lengthen muscles for a full-body workout. Visit [Jazzercise.com](https://www.jazzercise.com) for class times and fees.

New student specials are available! Registration/payment is completed directly with Jazzercise instructor at each class location.

Northwest Arts Center
North Bellevue Community Center
South Bellevue Community Center

Martial Arts Fitness

Increase your fitness level and gain skills in the disciplines of Hapkido, Aikido and Taekwondo. Class includes breath work, balance, cardio, strength, and flexibility exercises. Begin any-time and work at your own pace as this class is on-going and adaptable to all levels.

South Bellevue Community Center
\$50(R) \$60(N) Ages 13/up
4047 Tu 7:00pm-7:50pm 4/2-5/7
4048 Tu 7:00pm-7:50pm 5/28-6/25

ZUMBA

ZUMBA is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The Monday class is a full hour of calorie burning, energizing, and expressive dance movements. The Friday ZUMBA Toning class focuses on strengthening the arms, legs and glutes using light weights. Sign up for both days to get a well-rounded workout. You will fall in love with working out again and look forward to it.

South Bellevue Community Center

\$108(R)	\$132(N)		Ages 13/up
4060	Mo, Fr	10:30am-11:30am	4/1-5/17
\$54(R)	\$66(N)		Ages 13/up
4061	Mo	6:00pm-6:50pm	4/1-5/13
\$72(R)	\$88(N)		Ages 13/up
4062	Mo, Fr	10:30am-11:30am	5/20-6/17
\$36(R)	\$44(N)		Ages 13/up
4063	Mo	6:00pm-6:50pm	5/20-6/17

Zumba Fitness - Adults

This dance inspired class is great for everyone interested in fitness. These easy to follow dance routines encourage aerobic fitness, using a combination of low-intensity and high-intensity moves. Come and enjoy the calorie-burning dance fitness party.

Northwest Arts Center

\$90(R)	\$108(N)		Ages 13/up
4240	Mo	6:00pm-6:45pm	4/15-5/20

Zumba Fitness - Family

Welcome to the dance party! This class is a high-energy dance party packed with kid friendly dance routines. During the session, the students will work on improving their flexibility, strength and confidence. This class will encourage students to dance outside-the-box and bring their own personality to each movement.

Northwest Arts Center

\$90(R)	\$108(N)		Ages 5/up
4241	Mo	5:00pm-5:45pm	4/15-5/20

Cycling

Double the benefits as you increase your aerobic fitness level and burn a lot of calories in our outdoor natural setting. Classes are held under cover if needed. Dress for the temperature. This is an all-levels class as you control your pace in our friendly, welcoming community.

South Bellevue Community Center

\$91(R)	\$110.50(N)		Ages 13/up
4051	Mo, We	6:00am-7:00am	4/1-5/15
\$70(R)	\$85(N)		Ages 13/up
4052	Mo, We	6:00am-7:00am	5/20-6/26

Cycle/Stretch

Join us for this fusion class of beginner level indoor cycling and flexibility exercises. Class is designed for those who are new to indoor cycling including older adults, participants new to exercise and de-conditioned participants.

South Bellevue Community Center

\$49(R)	\$59.50(N)		Ages 13/up
4262	Tu, Th	10:30am-11:30am	4/2-4/30
\$63(R)	\$76.50(N)		Ages 13/up
4263	Tu, Th	10:30am-11:30am	5/2-5/30
\$56(R)	\$68(N)		Ages 13/up
4264	Tu, Th	10:30am-11:30am	6/4-6/27

Active Adult Fitness

This all-levels, balanced workout welcomes and benefits adults of all ages! Energize your mind and body with movements from the disciplines of Martial Arts/Tai Chi, Yoga, Strength Conditioning, Pilates, Cardio, Stretching and Balance Challenges. Register separately for the Monday and Wednesday class. For the ultimate benefit and to take advantage of the expertise of both instructors, register for both days. Participants must have the mobility to transition from the floor to standing. Join our encouraging and motivating community!

South Bellevue Community Center

\$60(R)	\$72(N)		Ages 18/up
4045	Mo	10:30am-11:30am	4/1-5/6
4265	We	10:30am-11:30am	4/3-5/8
\$50(R)	\$60(N)		Ages 18/up
4266	We	10:30am-11:30am	5/15-6/26
\$60(R)	\$72(N)		Ages 18/up
4046	Mo	10:30am-11:30am	5/13-6/24

Beginner Strength Training for Women

Join a small group of women lead by a certified fitness professional and learn the basics of strength training in this beginner level class. At the end of the session, we'll be familiar and comfortable with the strength training equipment in the Fitness Center and have your own strength training workout.

South Bellevue Community Center

\$50(R)	\$60(N)		Ages 13/up
4053	Tu	1:00pm-2:00pm	4/2-4/30
4054	Tu	1:00pm-2:00pm	5/7-6/11

Fit 360

This action-packed class builds cardio and strength with a variety of equipment and exercises. All fitness levels are welcome. Your certified instructor will work with you on needed modifications and will end each class with a relaxing cooldown and stretching routine.

South Bellevue Community Center

\$99(R)	\$117(N)		Ages 13/up
4233	Mo, We	9:15am-10:15am	4/1-4/29
\$88(R)	\$104(N)		Ages 13/up
4234	Mo, We	9:15am-10:15am	5/1-5/29
\$77(R)	\$91(N)		Ages 13/up
4235	Mo, We	9:15am-10:15am	6/3-6/26

Functional Fitness

Explore a pain-free range of motion with a variety of mobility, flexibility and movement patterns. Each session will progress from isolated joint mobility exercises to exercises using multiple muscle groups that mimic activities of daily living as well as sports movements. Consistent participation will be rewarded with stronger and more supple bodies, negating the effects of modern sedentary lifestyles.

South Bellevue Community Center

\$99(R)	\$117(N)		Ages 18/up
4064	Tu, Th	9:15am-10:15am	4/2-4/30
4065	Tu, Th	9:15am-10:15am	5/2-5/30
\$88(R)	\$104(N)		Ages 18/up
4066	Tu, Th	9:15am-10:15am	6/4-6/27

Small Group Training

Join a certified personal trainer for this small group training class focused on helping you achieve your fitness goals! Workouts will be designed to meet everyone's needs and fitness level. Trainer will provide support, encouragement, and accountability to help you reach new heights in health and wellness.

South Bellevue Community Center

\$80(R)	\$100(N)		Ages 16/up
4151	Mo	7:00pm-7:50pm	4/8-4/29
\$60(R)	\$75(N)		Ages 16/up
4152	Mo	7:00pm-7:50pm	5/6-5/20

Total Body Fitness

Join a certified group fitness instructor for this fun and effective way to burn stubborn body fat and improve your level of fitness! Workouts utilize dumbbells, bands, bodyweight exercises, agility movements, and more to strengthen your body and core. Sweat and have fun!

South Bellevue Community Center

\$77(R)	\$91(N)		Ages 16/up
4257	Tu, Th	6:00am-6:50am	4/2-4/30
\$99(R)	\$117(N)		Ages 16/up
4258	Tu, Th	6:00am-6:50am	5/2-5/30
\$88(R)	\$104(N)		Ages 16/up
4261	Tu, Th	6:00am-6:50am	6/4-6/27

Weight Training & Fitness

Fun, flexibility, balance, and strength. Enjoy a mixture of styles to stay fit and confident. Increase flexibility and range of motion through mat work and various movement styles, with chair/seated options available. Use body weight and free weights. All fitness levels and ages welcome.

Northwest Arts Center

\$110(R)	\$132(N)		Ages 16/up
3008	We	11:15am-12:15pm	3/20-6-12

Total Body Fitness - Virtual

Join a certified group fitness instructor virtually from home for this fun, affordable and effective way to burn stubborn body fat and improve your level of fitness! Workouts are modified for virtual participants using bodyweight exercises, agility movements, and more to strengthen your body and core. Get ready to sweat and have fun!

South Bellevue Community Center

\$44(R)	\$52(N)		Ages 16/up
4248	Tu	6:00am-6:50am	4/2-4/30
\$33(R)	\$39(N)		Ages 16/up
4252	Th	6:00am-6:50am	4/4-4/18
\$55(R)	\$65(N)		Ages 16/up
4254	Th	6:00am-6:50am	5/2-5/30
\$44(R)	\$52(N)		Ages 16/up
4253	Tu	6:00am-6:50am	5/7-5/28
4255	Tu	6:00am-6:50am	6/4-6/25
4256	Th	6:00am-6:50am	6/6-6/27

Body & Mind

Forest Bathing

Inspired by the Japanese practice of shinrin-yoku, Forest Bathing--spending quiet time in nature-- has scientifically proven to boost immune strength, reduce stress, and improve cognitive functioning. Beyond these physiological benefits, Forest Bathing also offers the opportunity to deepen your relationship with the natural world. By slowing down and carefully observing with all the senses, we may notice incredible things that have eluded us our whole lives. Escape the rapid pace of your daily routine, relax, and find unexpected beauty in the moment and all around. *This is a moderately challenging walk on a dirt path with roots and rocks. Although we only travel a short distance, it is not appropriate for people with restricted mobility.*

South Bellevue Community Center

\$25(R)	\$30(N)		Ages 12/up
4275	Fr	9:00am-10:30am	4/26
4277	Fr	9:00am-10:30am	5/31
4278	Fr	9:00am-10:30am	6/21
4279	Fr	9:00am-10:30am	7/26

Sound Bath

A sound bath is a meditative practice with waves of soothing, echoing sound from traditional wind and crystal bowl instruments. Learning to focus on the sound waves may help participants feel a decrease in stress, fatigue, anxiety, depression, sadness, and pain. Sound baths may improve your overall mood and release tension in your body as it soothes the nervous system. Participating in a sound bath may be easier than other meditative practices because all you need to do is listen. Relaxation is the main takeaway from the session, and it is not intended to replace other medication or therapies. *Please be advised that this class is not recommended if you have an implanted heart or brain device such as a pacemaker or diabetic pump. Also consider removing body piercings as they may absorb and radiate sound vibrations.*

South Bellevue Community Center

\$22.50(R)	\$27(N)		Ages 13/up
4281	Sa	10:30am-11:45am	4/6
4284	Sa	10:30am-11:45am	4/20
4288	Sa	10:30am-11:45am	5/11
4289	Sa	10:30am-11:45am	5/18
4290	Sa	10:30am-11:45am	5/25
4291	Sa	10:30am-11:45am	6/1
4292	Sa	10:30am-11:45am	6/8
4294	Sa	10:30am-11:45am	6/22
4295	Sa	10:30am-11:45am	6/29

Gentle Yoga

Each class offers poses for stretching, active strengthening and deep relaxing. We focus on alignment for joint safety and use props to make poses accessible for many levels of experience. Benefits include improved strength, flexibility and balance, reduced tension, better joint health, better mental clarity and an overall feeling of well-being.

South Bellevue Community Center

\$91(R)	\$105(N)		Ages 13/up
4058	Tu	11:45am-12:45pm	4/2-5/14
4059	Tu	11:45am-12:45pm	5/21-6/25

Pilates

Pilates is a low-impact exercise designed to strengthen core muscles, increase body awareness, and improve balance and flexibility. This class combines Pilates basics with yoga and barre exercises. Students often feel a sense of overall wellness with a stronger mind-body connection. All fitness levels welcome.

South Bellevue Community Center

\$108.50(R)	\$126(N)		Ages 13/up
4079	Fr	9:15am-10:15am	4/5-5/17
\$93(R)	\$108(N)		Ages 13/up
4080	Fr	9:15am-10:15am	5/24-6/28

SilverSneakers Yoga

SilverSneakers® Yoga: Seated and standing yoga poses to increase flexibility, balance and range of motion. This is a drop-in program, no pre-registration required.

North Bellevue Community Center

\$6(R)	\$7(N)		Age: 18Y & Up
Silver Sneakers, 12 visit Punch Pass \$60 (R) \$72 (N)			
		9:30am-10:30am	Mon, Fri
			Ongoing

Crossroads Community Center

\$6(R)	\$7(N)		Age: 18Y & Up
		9:30am-10:30am	Mon, Tue, Fri
			Ongoing

Yoga - Mixed Levels

This class welcomes all levels and all body types in a joyful practice that helps you build strength, flexibility, and balance. Beginners or anyone with a health condition will benefit from a strong, safe foundation in alignment yoga while intermediate students will receive expert guidance on deepening their practice. This Purna Yoga class guides you toward well-rounded sequences for your individual needs, and includes breathing and meditation techniques, and health and nutrition tips.

Northwest Arts Center

\$120(R)	\$144(N)		Ages 16/up
3046	Tu	9:30am-10:30am	3/12-5/7
\$60(R)	\$72(N)		Ages 16/up
3047	Tu	9:30am-10:30am	5/14-6/4

Yoga - All Levels

Beginner and intermediate students who want a strong, safe foundation in alignment yoga will develop body awareness, flexibility, balance, and strength, plus learn sequences to start a personalized yoga practice. Students with injuries or health conditions will learn modifications to practice safely. This joyful class integrates other aspects of a well-rounded practice such as breathing, meditation and health and nutrition tips.

South Bellevue Community Center

\$91(R)	\$105(N)		Ages 13/up
3267	We	6:00pm-6:50pm	3/13-4/24
\$104(R)	\$120(N)		Ages 13/up
4055	We	6:00pm-6:50pm	5/1-6/26

Tai Chi & Mindful Movement

This class incorporates the practices of Chi Kung, Yang family style Tai Chi, stretching, breathwork, and meditation. Expect to feel an immediate sense of refreshed focus, relaxation, and overall well-being. Longer-term benefits include increased flexibility and balance, calmness, strength, and a deeper mind-body connection.

Northwest Arts Center

\$110(R)	\$132(N)		Ages 16/up
3010	We	10:00am-11:00am	3/20-6/12

Bellevue Main Club

\$110(R)	\$132(N)		Ages 16/up
3006	Th	10:00am-11:00am	3/21-6/13

South Bellevue Community Center

\$50(R)	\$60(N)		Ages 18/up
4049	Fr	10:30am-11:30am	4/5-5/10
4050	Fr	10:30am-11:30am	5/31-6/28

Martial Arts

CISC Tai Chi

Practice Chi Kung, Tai Chi, and flowing movements to encourage proper posture, strength, stretching and flow of chi. Experience meditative practice through movement and stillness. Gain a sense of refreshed focus and relaxation. This class is coordinated by Chinese Information Services. Please contact Boliver Choi at boliverc@cisc-seattle.org for any questions.

North Bellevue Community Center

\$4(R)	\$4(N)		Ages 18/up
3207	Th	9:30am-10:30am	1/4-12/18

Boxing Fundamentals

Gain a strong foundation with technical skills to increase confidence and competence in this martial art. Learn footwork, stance, base, mechanics of offense and defense while understanding movement that works best for your body. USA Boxing certified coaches use USA Boxing protocols to create an emotionally, mentally and physically safe environment to explore the benefits of boxing.

South Bellevue Community Center

Youth

\$70(R)	\$84(N)		Ages 9-17
4227	Mo, We	5:00pm-5:50pm	4/1-4/29
\$80(R)	\$96(N)		Ages 9-17
4229	Mo, We	5:00pm-5:50pm	5/1-5/29
\$50(R)	\$60(N)		Ages 9-17
4231	Mo, We	5:00pm-5:50pm	6/3-6/17

Adult

\$70(R)	\$84(N)		Ages 18/up
4228	Mo, We	11:45am-12:45pm	4/1-4/29
\$80(R)	\$96(N)		Ages 18/up
4230	Mo, We	11:45am-12:45pm	5/1-5/29
\$50(R)	\$60(N)		Ages 18/up
4232	Mo, We	11:45am-12:45pm	6/3-6/17

Hapkido

Conqueror Hapkido Martial Arts, Self Defense is a family friendly program that aims to instill or enhance discipline, patience, perseverance and self-confidence through fitness, self-defense, Martial Arts and meditation exercises.

North Bellevue Community Center

\$72(R)	\$90(N)		Ages 5-12
4421	Mo, We	5:30pm-6:30pm	4/1-4/29
\$64(R)	\$82(N)		Ages 5-12
4423	Mo, We	5:30pm-6:30pm	5/1-5/29
\$64(R)	\$80(N)		Ages 5-12
4424	Mo, We	5:30pm-6:30pm	6/3-6/26

\$72(R)	\$90(N)		Ages 12/up
4422	Mo, We	6:35pm-7:35pm	4/1-4/29
4426	Mo, We	6:35pm-7:35pm	5/1-5/29
4425	Mo, We	6:35pm-7:35pm	6/3-6/26

Kendo

Kendo is a co-ed martial arts sport based on Samurai traditions requiring both mental and physical discipline. There are various levels of classes offered based on experience.

Please note: Kendo will be held at Tyee Community Gym on May 10 and August 16.

Beginning

The beginning class focuses on learning basic footwork and sword handling. Participants use a Bokken (oak sword) for weeks 1-4. At week 5, a Shinai (bamboo sword) is also required. Upon completion of the beginning class, continuing students enroll in the Intermediate Kendo class.

Highland Community Center

\$90(R)	\$108(N)		Ages 10/up
2621	Fr	6:30pm-8:00pm	3/22-5/31
3995	Fr	6:30pm-8:00pm	6/7-8/16

Intermediate

Intermediate Kendo is a continuation where participants work on skill improvement. Part of the class time is spent in drills with the advanced class. The prerequisite to Intermediate Kendo is completion of Beginning Kendo. Students will progress to actual striking of live targets. Once students have progressed in skill, they will be able to move into wearing armor and engage in bouts with other students.

Highland Community Center

\$90(R)	\$108(N)		Ages 8/up
2622	Fr	6:30pm-8:00pm	3/22-5/31
3996	Fr	6:30pm-8:00pm	6/7-8/16

Advanced

Advanced Kendo is for those students who have completed Beginning and Intermediate Kendo and are in armor (bogu). Individuals with previous experience must contact the teacher for approval to enroll in Advanced Kendo.

Highland Community Center

\$90(R)	\$108(N)		Ages 8/up
2623	Fr	7:30pm-9:30pm	3/22-5/31
3997	Fr	7:30pm-9:30pm	6/7-8/16

Martial Arts Fitness

Increase your fitness level and gain skills in the disciplines of Hapkido, Aikido and Taekwondo. Class includes breath work, balance, cardio, strength, and flexibility exercises. Begin any-time and work at your own pace as this class is on-going and adaptable to all levels.

South Bellevue Community Center

\$50(R)	\$60(N)		Ages 13/up
4047	Tu	7:00pm-7:50pm	4/2-5/7
4048	Tu	7:00pm-7:50pm	5/28-6/25

Shotokan Karate

Learn traditional Karate with a non-violent philosophy emphasizing Respect, Excellence, Strength and Character with fun and experienced Black Belt instructors.

South Bellevue Community Center

\$63(R)	\$77(N)		Ages 6-12
4236	Mo, We	6:00pm-6:50pm	4/1-4/29
\$72(R)	\$88(N)		Ages 6-12
4238	Mo, We	6:00pm-6:50pm	5/1-5/29
\$63(R)	\$77(N)		Ages 6-12
4244	Mo, We	6:00pm-6:50pm	6/3-6/26

\$63(R)	\$77(N)		Ages 9/up
4237	Mo, We	7:00pm-7:50pm	4/1-4/29
\$72(R)	\$88(N)		Ages 9/up
4243	Mo, We	7:00pm-7:50pm	5/1-5/29
\$63(R)	\$77(N)		Ages 9/up
4245	Mo, We	7:00pm-7:50pm	6/3-6/26

Taekwondo

An ancient Korean Martial Art, Taekwondo is a system of practical techniques for self-defense. Instruction is designed to emphasize kicks and punches that strengthen and condition the whole body and promote confidence, patience and respect.

South Bellevue Community Center

\$72(R)	\$85.50(N)		Ages 5/up
4217	Tu, Th	4:00pm-4:50pm	4/2-4/30
4219	Tu, Th	5:00pm-5:50pm	4/2-4/30
4221	Tu, Th	4:00pm-4:50pm	5/2-5/30
4222	Tu, Th	5:00pm-5:50pm	5/2-5/30
\$64(R)	\$76(N)		Ages 5/up
4224	Tu, Th	4:00pm-4:50pm	6/4-6/27
4225	Tu, Th	5:00pm-5:50pm	6/4-6/27

\$72(R)	\$85.50(N)		Ages 9/up
4220	Tu, Th	6:00pm-6:50pm	4/2-4/30
4223	Tu, Th	6:00pm-6:50pm	5/2-5/30
\$64(R)	\$76(N)		Ages 9/up
4226	Tu, Th	6:00pm-6:50pm	6/4-6/27

Natural Resources & Outdoor Education

History of Eastside Logging, Presented by the Eastside Heritage Center

Did you know that most of the east side of Lake Washington was clear-cut by 1920 or that nearly all the big trees that we see today are less than 100 years old? (It will take another 400 years for our evergreens to reach 'maturity')! Come and see the equipment that evolved from two men working one tree all day with a hand-saw, to sky-line cable operations that could clear a whole Cougar Mountain valley in a single day. Presented in partnership by the Eastside Heritage Center and Bellevue Parks & Community Services. This program is best for adults, but participants ages 13+ are welcome with accompanying adult(s). No pre-registration required.

Free			Ages 13/up	
4371	Su	2:00pm-4:00pm		4/14

Canoe Mercer Slough

Explore the beautiful Mercer Slough Nature Park by water! Bellevue park rangers lead this 3-hour canoe trip from Enatai Beach Park. You'll see how this amazing ecosystem functions as you travel into the heart of Mercer Slough Nature Park, a 329 acre wetland. With a little luck, you may catch a glimpse of otters, herons, turtles, and other wildlife of Mercer Slough. *Participants paddle the entire distance of 4 miles (in 3 hours) and must stay with the group. Children must be at least 5 years old to participate. One adult must be present for every two children or youth. Coast Guard approved life jackets must be provided by parents for children weighing less than 35 lbs.*

Enatai Beach Park			Ages 5/up	
\$20				
4385	Daily	8:45am-12:00pm		6/2
4398	Daily	8:45am-12:00pm		6/9
4399	Daily	8:45am-12:00pm		6/16
4400	Daily	8:45am-12:00pm		6/30

TRACKS

Tracks Bike Club

Come ride bikes, play games and hang out with us on early release Wednesdays. We will take a different 2-3 mile bike ride each week on trails in Bellevue. Participants must be proficient at riding bikes. This program is not suitable for beginners or those looking to learn to ride. Bikes and helmets are available by request.

Lake Hills Community Park			Ages 10-13	
\$30(R)	\$36(N)			
3209	We	2:00pm-4:00pm		3/6-3/27

Tracks Park Walks

Join us for a 50+ Thursday walk! We will take a leisurely walk through a new Bellevue Park each week. Meet new people as you walk around some of Bellevue's best parks. After a short walk we will head to a picnic spot and enjoy lunch before returning to North Bellevue Community Center. Transportation to and from North Bellevue Community Center is included, please bring your own lunch and water.

North Bellevue Community Center			Ages 50/up	
\$20(R)	\$25(N)			
3211	Th	11:00am-1:00pm		3/7-3/28
3957	Th	11:00am-1:00pm		5/2-5/30

Cascade Hiking Club

This hiking series is meant for hikers ready to level up and move from beginner to intermediate. Trails will have moderate degree of difficulty perfect for those looking for a challenge. Hikes range from 3.5-6 miles with up to 2,000 ft of elevation gain.

Lewis Creek Park

Cedar Butte

\$12(R)	\$15(N)		Ages 18/up	
3953	Fr	9:30am-3:30pm		5/10

Wallace Falls

\$12(R)	\$15(N)		Ages 18/up	
3954	Fr	9:30am-3:30pm		5/17

Middle Fork Pratt Trail

\$12(R)	\$15(N)		Ages 18/up	
3955	Fr	9:30am-3:30pm		5/31

Keekwulee Falls

\$12(R)	\$15(N)		Ages 18/up	
3956	Fr	9:30am-3:30pm		6/7

Tracks Tuesday Trails 50+ Hiking

This easy hiking series is designed for active seniors looking to explore the beautiful trails around Bellevue, we will meet at the North Bellevue Community Center and ride to a trailhead in the Issaquah Alps, Cascades, or other scenic areas nearby. Hikes will be generally less than 3 miles and specifically chosen for the over 50 crowd.

North Bellevue Community Center

Evans Creek Preserve

\$8(R)	\$10(N)		Ages 50/up	
3943	Tu	10:00am-2:00pm		4/2

Paradise Valley Conservation Area

\$8(R)	\$10(N)		Ages 50/up	
3944	Tu	10:00am-2:00pm		4/9

Osprey Park

\$8(R)	\$10(N)		Ages 50/up	
3945	Tu	10:00am-2:00pm		4/16

Tradition Lake

\$8(R)	\$10(N)		Ages 50/up	
3946	Tu	10:00am-2:00pm		4/23

Beaver Lake/Hazel Wolf Wetlands

\$8(R)	\$10(N)		Ages 50/up	
3947	Tu	10:00am-2:00pm		4/30

Iron Horse State Park

\$8(R) \$10(N) Ages 50/up
3948 Tu 10:00am-2:00pm 5/7

Redmond Watershed Preserve

\$8(R) \$10(N) Ages 50/up
3949 Tu 10:00am-2:00pm 5/14

Franklin Falls

\$8(R) \$10(N) Ages 50/up
3950 Tu 10:00am-2:00pm 5/21

Twin Falls

\$8(R) \$10(N) Ages 50/up
3951 Tu 10:00am-2:00pm 5/28

Harvey Manning Trailhead

\$8(R) \$10(N) Ages 50/up
3952 Tu 10:00am-2:00pm 6/4

Ranger Programs

The Bellevue Beavers

While the North American Beaver is busy building a lodge or blocking up rivers, Mountain Beavers live very different lives. Both of these beavers make their homes in our parks, but just how closely related are they? Come learn more about these large rodents, and have fun being creative with a beaver craft after the class! We'll be heading out rain or shine. Please dress for the weather and wear sturdy shoes. Pre-registration is required for each participant. Ages: 4-10 with accompanying adult(s). Cost: Free!

Lake Hills Greenbelt

Free Ages 4/up
4320 Sa 10:00am-11:00am 5/25
4397 Sa 10:00am-11:00am 6/22

The Story of Seasons

As the year moves along, you can find many changes along the Lake Hills trails. Why do flowers bloom in the spring? What makes trees grow leaves, and lose them in the fall? How do these changes affect the animals in the park, and the things we can do? Come learn more with a local park ranger, and stay after for a fun craft. We'll be heading out rain or shine. Please dress for the weather and wear sturdy shoes. Pre-registration is required for each participant. Ages: 4-10 with accompanying adult(s).

Lake Hills Greenbelt Ranger Station

Free Ages 4/up
4322 Sa 10:00am-11:00am 6/15

World Migratory Bird Day

Each year over 81 countries all over the globe come together to celebrate migratory birds, flock to the parks to celebrate this very special event with us! Park rangers will be leading drop-in programs throughout the morning where you can join activities like our fun migration game, a ranger-led hike at 10 a.m., and create some crafts for bird friendly communities. This event is for all ages. No pre-registration required. Outdoor only.

Larsen Lake Blueberry Farm

Free Ages All Ages
4373 Sa 8:00am-11:30am 5/11

Cousin Coyote

Have you heard them howling in the evening near your home? Coyotes can easily adapt to an urban setting like Bellevue. Come learn what to do if you come across one of these dog-like creatures in your backyard or in the parks and stick around for a fun Coyote Craft! All children must be registered and accompanied by a registered adult.

Lake Hills Greenbelt

Free Ages 4-10 w/ accompanying adult
4546 Sa 10:00am-11:00am 4/27
4395 Sa 10:00am-11:00am 5/18

Movies at Mercer Slough: Our Planet

Take a journey through the past, present and future of earth in this 3-part series documentary.

Mercer Slough Environmental Education Center

Free Ages 10/up

A Global Warning

4370 2:00pm-3:30pm 5/19

How the Earth was Made

4368 2:00pm-3:30pm 4/14

Life After People

4372 2:00pm-3:30pm 6/16

Evening Walk and Talk – Local Wildlife

Join us for a special evening event and learn about some animals that seem to thrive in an urban environment. What makes Raccoons such great scavengers? Why are Coyotes seemingly found everywhere, and how might you live safely around your Black Bear Neighbors? Join us for a short walk through the greenbelt as well as we learn about our wild neighbors the make their homes here. Ages: All Ages Cost: Free!

Lake Hills Greenbelt

Free Ages All Ages
Sa 5:30-6:30pm 4/20

Ranger-Led Hike at Mercer Slough Nature Park

Bring the whole family to join a Ranger on a guided 1.5-mile hike through the Mercer Slough Nature Park. This kid-oriented program aims to educate kids and their parents about the Nature Park while discovering the birds and animals that call the Mercer Slough home. The hour-long nature walk ends at the channel bridge in the middle of the park. From there you can continue on to further explore the rich diversity the park has to offer. All are welcome but best for ages 5 and up.

Pre-registration for all participants is required. Meet at the Mercer Slough Visitor's Center.

Mercer Slough Environmental Education Center

Free Ages All Ages
4354 Daily 2:00pm-3:30pm 4/7
4356 Daily 2:00pm-3:30pm 4/21
4357 Daily 2:00pm-3:30pm 5/5
4358 Daily 2:00pm-3:30pm 5/19
4359 Daily 2:00pm-3:30pm 6/15
4361 Daily 2:00pm-3:30pm 6/29

Lake Hills Greenbelt Ranger Walk

Are you interested in a weekend activity that's both fun and educational? Bring the whole family to the Lake Hills Greenbelt Ranger Station for a mild 1-mile nature hike through the Greenbelt's trails and discover the season's myriad of flora and fauna. Wear your favorite weather-appropriate outdoor clothing and shoes, and feel free to bring personal wildlife-viewing gear (e.g. binoculars or magnifying glasses) to further enjoy the park. If you're feeling especially energized, continue on to the Larsen Lake trail loop and use your newfound knowledge to explore. We'll be heading out rain or shine, so come prepared to learn and have a great time! The trail is mostly level and is mostly gravel.

Lake Hills Greenbelt

Free			Ages All Ages
4323	Sa	2:00pm-3:00pm	4/20
4324	Sa	2:00pm-3:00pm	4/27
4325	Sa	2:00pm-3:00pm	5/4
4327	Sa	2:00pm-3:00pm	5/18
4328	Sa	2:00pm-3:00pm	5/25
4329	Sa	2:00pm-3:00pm	6/1
4330	Sa	2:00pm-3:00pm	6/8
4331	Sa	2:00pm-3:00pm	6/15
4332	Sa	2:00pm-3:00pm	6/22
4333	Sa	2:00pm-3:00pm	6/29

Ranger-led Hike at Lakemont Community Park

This lovely trail winds alongside a creek as we ascend and descend throughout the park. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 700 ft total elevation change). Preregistration required for each participant. Outdoor only.

Lakemont Community Park

Free			Ages All Ages
4374	Su	10:30am-12:00pm	4/21
4375	Su	10:30am-12:00pm	6/16

Ranger-led Hike at Lakemont Highlands Open Space

Join a Bellevue Park Ranger at the Lewis Creek Visitor Center to explore the Lakemont Highlands Open Space trail system. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (3.5 miles with 680 ft elevation change). Preregistration required for each participant. Outdoor only.

Lewis Creek Park

Free			Ages All Ages
	Su	10:00am-12:00pm	5/26

Ranger-led Hike at Lewis Creek Park

Join a Bellevue Park Ranger to explore the natural and cultural history of Lewis Creek Park. Look for signs of local wildlife and learn what to do when encountering animals in the wild. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Preregistration required for each participant. Outdoor only.

Lewis Creek Park

Free			Ages All Ages
		10:30am-11:30am	5/4
		10:30am-11:30am	6/1

Mercer Slough Night Hike

Awaken your senses and step into the nocturnal world for a guided hike into the Mercer Slough Nature Park. Exploring the park after the sun has set will certainly prove to be a unique and memorable experience for the whole family.

Mercer Slough Environmental Education Center

FREE			Ages 5/up
2928	Fr	7:00pm-8:00pm	3/22

Story and Stroll at Mercer Slough

Join a park Ranger to explore the forested Wetlands of the Mercer Slough Nature Park. Each week as we venture outside, children will be fascinated by all there is to discover and become more comfortable navigating the trail. Children will also enjoy a nature-based story connecting them to the natural world. Pre-registration for all parents and children is required.

Mercer Slough Environmental Education Center

Free			Ages 3/up
4338		11:00am-12:00pm	4/5
4341		11:00am-12:00pm	4/19
4342		11:00am-12:00pm	5/3
4343		11:00am-12:00pm	5/17
4348		11:00am-12:00pm	6/7
4350		11:00am-12:00pm	6/21

Ranger Programs at Mercer Slough

Join a Ranger for an educational program at Mercer Slough Environmental Education Center. Programs are held throughout the year, regardless of weather. Programs are indoors AND outdoors. Please dress for outdoor activities and bring a water bottle. Pre-registration for each person attending is required.

Mercer Slough Environmental Education Center

Wake Up Wetland

As the seasons change, so does nature. Many creatures big and small are emerging from their long winters nap in search of food and friends. Branches and shrubs are coming to life. Learn more about the plants and animals that indicate the first signs of Spring.

Free		Ages 5-10 w/ accompanying adult
4334		2:00pm-3:00pm 4/20

Perfect Pollinators

Pollination is not just fascinating; it is an essential ecological function. Over 80% of the world's flowering plants require a pollinator to reproduce. Unfortunately, we are witnessing a significant decline in our natural pollinator populations. Without these pollinators, humans will not survive, and terrestrial ecosystems will continue to deteriorate. Join a Park Ranger to learn more about what we can do to protect our future of food.

Free		Ages 5-10 w/ accompanying adult
4335		2:00pm-3:00pm 5/18

Who Let the Bugs Out?

We can find insects in almost every habitat, yet insects are underappreciated for their role in the food web. Without insects to help break down and dispose of wastes, dead animals and plants would accumulate in our environment. Other animals rely on insects as their primary food source. Without them they would starve. Join a Park Ranger for a nature walk in search of bugs. Enjoy some hands-on activities and crafts as well.

Free		Ages 5-10 w/ accompanying adult
4336		2:00pm-3:00pm 6/22

Family Discovery Series

Batty Nights at Lewis Creek Park

Come test out your echolocation with a Park Ranger. We'll learn all about our local bat species while taking a dusk hike to watch for bats as they forage for insects! Bring a flashlight or headlamp, as well as sturdy shoes! Ages 5+ with accompanying adult(s). Preregistration required for children and adults.

Lewis Creek Park

Free	Ages 5-10 w/ accompanying adult		
4367	Fr	8:30pm-10:00pm	5/31
4369	Fr	8:30pm-10:00pm	6/14

Creature Crafts

Join us for themed crafts and fun with your little ones. Create a take home craft and have fun with additional activities your little explorer can discover at their own pace. Each month we'll have a new topic to focus on. Preregistration required for children and adults.

Lewis Creek Park

Free	Ages 3-7 w/ accompanying adult		
4351		10:30am-11:30am	4/20
4352	Su	10:30am-11:30am	5/5
4353	Sa	10:30am-11:30am	6/29

Frog Hop!

One of the earliest sounds of spring is the constant rib-bit song of frogs. Learn about the amazing life cycle of these amphibians, as well as the kinds of frogs that live in Western Washington. Then join us to explore Lewis Creek using your ears to guide the way! Bring a flashlight or headlamp, as well as good shoes and warm clothes for the journey. Ages 5+ with accompanying adult(s). Preregistration is required for children and adults.

Lewis Creek Park

Free	Ages 5-10 w/ accompanying adult		
4366	Fr	7:30pm-9:00pm	4/5
3569	Sa	8:00pm-9:30pm	4/20

Monsters In The Creek

Look closely into a creek, stay still, and you might just see a giant set of jaws emerge from the deep to snatch dinner as it swims by! Creeks are full of living organisms, and while they might just look like ordinary bugs from afar, we'll get a tadpole's view of all the exoskeletons, pinchers, and external gills creeping along the creek bed this month. Ages 5-10 with accompanying adult(s). Preregistration is required for children and adults.

Lewis Creek Park

Free	Ages 5-10 w/ accompanying adult		
4363	Sa	2:30pm-3:30pm	6/8
4364	Sa	2:30pm-3:30pm	6/22
4365	Su	2:30pm-3:30pm	6/30

More Bees Please!

When springtime arrives, our native bees don't lose a moment! Find out what everyone is buzzing about as we learn about our gentle native pollinators and tap into a bee's creativity to help native bees all over Bellevue. Ages 5-10 with accompanying adult(s). Preregistration is required for children and adults.

Lewis Creek Park

Free	Ages 5-10 w/ accompanying adult		
4360	Sa	2:30pm-3:30pm	5/4
4360	Sa	2:30pm-3:30pm	5/4
4362	Su	2:30pm-3:30pm	5/26
4362	Su	2:30pm-3:30pm	5/26

The Secret Life of Slugs

Creepy, slimy, and cool! Put your best tentacle forward and join us to learn more about the slugs that call Lewis Creek home. Crawl in to learn more about that marvelous slime and to find a new perspective from the forest floor. Ages 5-10 with accompanying adult(s). Preregistration is required for children and adults.

Lewis Creek Park

Free	Ages 5-10 w/ accompanying adult		
3566	Su	2:30pm-3:30pm	4/7
3567	Sa	2:30pm-3:30pm	4/13
3568	Sa	2:30pm-3:30pm	4/27

Toddler Trails at Lewis Creek Park

Explore the trails at Lewis Creek Park with a park ranger and get out some wiggles. We'll take frequent stops while we investigate the different environments of Lewis Creek Park we wander through and learn how we can make hiking fun for everyone. This is an outdoor program, please dress for the weather and wear sturdy shoes. Ages 18 - 36 months with accompanying adult(s). This hike's difficulty is rated as easy (.5 miles). Preregistration required for children and adults. Outdoor only.

Lewis Creek Park

Free	Ages 18-36 months w/ accompanying adult		
		10:00am-11:00am	4/28
		10:00am-11:00am	5/25
		10:00am-11:00am	6/9

Toddler Trails at the Lake Hills Greenbelt

Come enjoy a special program designed for our littlest explorers. Whether by stroller or shoe, this short walk along the lake hills greenbelt trail will give your little one an opportunity to look at some different plants and learn about a few special animals.

Lake Hills Greenbelt

Free	Ages 1yr 6m/up		
4321	Fr	10:00am-10:45am	5/3
4396	Daily	10:00am-10:45am	6/7

Lake to Lake Bike Ride

Join us for the 11th annual Lake to Lake Bike Ride - an enjoyable, non-competitive ride that explores the hidden treasures of Bellevue. This ride utilizes low traffic roads, bike lanes, and part of the Lake-to-Lake Trail (non-technical gravel) and traverses much of the City. There are two routes: Greenbelt Loop, mostly flat 8-mile route; and Lake Loop, more challenging 24-mile route with significant elevation gain. The course is well-marked and supported by staff and volunteers. Riders under 18 must be registered and accompanied by an adult. This event is suggested for riders age 9 and above unless riding on a tandem, in a trailer, or tag-along. Pre-register for the ride at a discounted rate. Onsite day-of-event registration will also be available from 8:30 - 9:00AM. Start area opens 9:00 - 10:00AM. Participants under age 9 are free but registration is required.

Robinswood Community Park - Fields

\$20 Pre-registered

\$24 Day-of-event registration		Ages 9/up	
4586	Sat	9am-1pm	6/8
Free		Ages 8/under	
4591	Sat	9am-1pm	6/8

Lake to Lake Kids Bike Ride

As part of the 11th annual Lake to Lake Bike Ride, there is a kid-friendly course around the soccer fields at Robinswood Park. The Kids Ride is free and open to ages 3-8. Registration is required. Kids can complete as many laps around the course as time permits. Start area opens at 12:15pm for ages 3-4 and 12:30pm for ages 5-8.

Robinswood Community Park - Fields

Free		Ages 3-8	
4588	Sat	12:15-12:45pm	6/8

Adult Sports

Adult Sports Leagues

Adult volleyball and basketball leagues play Fall, Winter, & Spring seasons at various Bellevue Parks locations and are supervised by Parks staff. Players must be 18 or older. An Interested Players List is maintained and made available to team managers looking for additional players. For more information visit BellevueWA.gov/Leagues, email the league coordinator at leagues@BellevueWA.gov, or call 425-452-4479.

Youth Sports

Basketball Clinics

Want to improve your basketball skills and fundamentals? Basketball clinics create an opportunity for up-and-coming players to learn the concepts of basketball, practice new skills, and improve during basketball season. Sessions focus on building individual skills such as dribbling, shooting, passing, and defense. No prior experience necessary. Participants are welcome to attend the class that matches their gender identity or expression.

Tyee Middle School Site

\$30(R) \$36(N)		Ages 7-10	
2619	We	4:30pm-5:30pm	3/20-4/3

Girls Basketball Club

\$40(R) \$48(N)		Ages 6-12	
2618	Th	6:00pm-7:00pm	3/14-4/4

Multi-Sport

Are you the type of kid who likes to play? This 4-week program is for you! Flag football, soccer, ultimate frisbee, kickball, capture the flag...whatever the game may be, our widely talented coaches will make sure you have a blast!

Robinswood Community Park - Fields

\$40(R) \$48(N)		Ages 7-13	
2617	Mo	4:15pm-5:15pm	3/11-4/1

Flag Football

Join this safe, dynamic, and non-competitive environment for beginning young co-ed athletes to discover the fun in playing flag football. Athletes will develop basic skills and techniques necessary to succeed on both offense and defense. This program is designed to introduce players to the sport with 30-45 minutes of practice drills and agility followed by 30 minutes of fun game play. No experience necessary.

Robinswood Community Park - Fields

\$40(R) \$48(N)		Ages 7-13	
3065	We	1:45pm-3:00pm	4/17-5/8
3066	We	1:45pm-3:00pm	5/15-6/5

Gymnastics

Learn gymnastics or improve your current gymnastics skills. Our grade school class provides basic to intermediate gymnastics training. Gymnastics builds strength, balance, coordination, flexibility and confidence, a valuable athletic foundation to excel in a variety of sports. Each student will experience gymnastics including tumbling, bars, beam and vault, progressing at his or her own level. Classes are noncompetitive and focus on general fitness, self-esteem, and fun. We accommodate all skill levels in our classes and teach to the ability level of each child.

Crossroads Community Center

\$200(R) \$240(N)		Ages 6-12	
4259	Mo	4:00pm-5:00pm	4/15-6/10
4260	Mo	5:05pm-6:05pm	4/15-6/10

Skate Clinics

This skateboard class is designed for first-time, beginner-level, and skaters looking to improve on their skills. The clinic covers rolling and dropping in on ramps, ollies, ramp tricks, park etiquette, correct pushing, and most importantly, how to fall safely. For skaters returning from previous classes, we will work on progressing from where you left off. If you do not have your own equipment, skateboards and safety gear will be provided on-site. We have a one to three instructor ratio.

Bellevue Skate Park

\$20(R) \$24(N)		Ages 5/up	
4104	Mo	4:30pm-5:30pm	4/1
4105	Mo	4:30pm-5:30pm	4/15
4106	Mo	4:30pm-5:30pm	4/22
4107	Mo	4:30pm-5:30pm	4/29
4109	Mo	4:30pm-5:30pm	5/6
4110	Mo	4:30pm-5:30pm	5/13
4111	Mo	4:30pm-5:30pm	5/20
4112	Mo	4:30pm-5:30pm	5/27
4113	Mo	4:30pm-5:30pm	6/3
4114	Mo	4:30pm-5:30pm	6/10
4115	We	2:00pm-3:00pm	4/3
4117	We	2:00pm-3:00pm	4/17
4118	We	2:00pm-3:00pm	4/24
4120	We	2:00pm-3:00pm	5/1
4121	We	2:00pm-3:00pm	5/8
4122	We	2:00pm-3:00pm	5/15
4123	We	2:00pm-3:00pm	5/22
4124	We	2:00pm-3:00pm	5/29
4126	We	2:00pm-3:00pm	6/5

4127	Sa	10:45am-11:45am	4/20
4128	Sa	10:45am-11:45am	4/27
4129	Sa	10:45am-11:45am	5/4
4130	Sa	10:45am-11:45am	5/11
4131	Sa	10:45am-11:45am	5/18
4133	Sa	10:45am-11:45am	5/25
4134	Sa	10:45am-11:45am	6/1
4135	Sa	10:45am-11:45am	6/8

Soccer League

This co-ed instructional league is a great way to develop your child's basic knowledge and skills in soccer. This league will emphasize participation, fun, and positive sportsmanship while giving your child the basic instructions of dribbling, passing, scoring and teamwork! The season will begin with two weeks of team practice followed by four to five weeks of games. Come and join the fun! Volunteer coaches are needed for this league. If you are interested in volunteering, please email Erin McCaslin at emccaslin@bellevuewa.gov.

Robinswood Community Park - Fields

Youth

\$85(R)	\$102(N)		Ages 7-9
3062	Tu	4:15pm-5:15pm	4/16-5/28

Mighty Mites

\$85(R)	\$102(N)		Ages 5-6
3063	We	4:15pm-5:15pm	4/17-5/29

Track & Field

The main philosophy of the Track & Field program is to learn, participate, and introduce your child to physical fitness through basic events such as running, jumping, and throwing. This program will increase your child's knowledge and understanding of track and field events and teach them a variety of techniques and skills used in this sport. Your child will learn about various running distances and relays, hurdles, shotput, and turbo javelin. There will be an opportunity to participate in at least one optional track meet with another local city. A schedule with locations for the track season will be provided to the parents on the first day. Practice will be held at a local Bellevue Middle School.

A Bellevue School District Middle School

\$80(R)	\$96(N)		Ages 6-13
3064	Fr	4:30pm-5:30pm	4/19-6/7

Youth Soccer Clinics -

UK International Soccer Academy Training

UK International Soccer is bringing its Spring Soccer Academy to Bellevue. Qualified international coaches will provide every player with an engaging, developmental Spring training program focused on building fundamentals and learning the game. This clinic will be an opportunity to improve overall soccer skills and play in fun scrimmages!

Robinswood Community Park - Fields

\$125(R)	\$150(N)		Ages 7-8
3941	Mo	4:00pm-5:15pm	4/15-5/20

\$125(R)	\$150(N)		Ages 9-10
3942	Mo	4:00pm-5:15pm	4/15-5/20

Tennis

Robinswood Tennis Center Registration Dates:

Spring 2 Session: March 4 (R) / March 11 (N)

Adaptive Tennis

Tennis for individuals with intellectual disabilities allow participants to be introduced to basic tennis skills with the focus on building self-esteem and participation. Registration for this class may only be done in person with Instructor Sara Wilson. Contact the front desk for assistance 425-452-7690.

\$56(R)	\$56(N)		Ages 14/up
2744	We	4:00pm-5:00pm	5/1-6/12

Week-to-Week Tennis Classes

Robinswood Tennis Center

Register up to seven days in advance. Non-refundable, non-transferable.

Senior Drill & Play

This class is a combination of instruction, drill and point play, running September through June.

\$14			Ages 50/up
	Tu	1:30pm-2:45pm	Weekly

Cardio Tennis

Cardio Tennis consists of short cycles of workouts. Players of all abilities enjoy tennis together while they also consistently elevate their heart rates into their aerobic training zone.

\$13			Ages 18/up
	Mo	1:30pm-2:30pm	Weekly
	We	1:30pm-2:30pm	Weekly
	Th	6:30pm-7:30pm	Weekly

Adult Tennis

Robinswood Tennis Center

Beginning

The beginning level is designed to provide basic skills needed to play tennis including etiquette, rules, and scoring. USTA level of 2.0.

\$160			Ages 18/up
2736	Tu	7:45pm-9:00pm	4/23-6/11
2732	We	11:00am-12:15pm	4/24-6/12
2737	We	9:00pm-10:15pm	4/24-6/12

Advanced Beginning

The advanced beginning level will build on the basics, reinforce techniques, and add advanced drills on learning how to play doubles. USTA level of 2.5 or higher.

\$160			Ages 18/up
2733	Tu	11:00am-12:15pm	4/23-6/11
2738	Tu	9:00pm-10:15pm	4/23-6/11
2734	We	12:15pm-1:30pm	4/24-6/12
2739	We	7:45pm-9:00pm	4/24-6/12

Intermediate

The intermediate level is for participants who already have sound fundamentals and are working on advanced techniques such as spin serves, continental grip volleys, slice backhand, and basic strategies. USTA level 3.0 or higher.

\$140			Ages 18/up
2735	Mo	12:15pm-1:30pm	4/22-6/10
2740	Mo	7:45pm-9:00pm	4/22-6/10
\$160			Ages 18/up
2741	Th	7:45pm-9:00pm	4/25-6/13

Advanced

The advanced level will focus on more advanced drills and strategy for singles/doubles play. USTA 3.5 level or higher.

\$140			Ages 18/up
2742	Mo	9:00pm-10:15pm	4/22-6/10
\$160			Ages 18/up
2743	Th	9:00pm-10:15pm	4/25-6/13

Junior Tennis Teams

Robinswood Junior Teams require tryouts to register. Tryout forms are available at bellevuewa.gov/tennis. Forms can be dropped off in-person at the front desk or provided day of. See the provided drop-off date highlighted at the top of the form. Prep Team has limited availability and is on a first-come basis to secure a spot. Participants registered in a Saturday youth tennis program in the same session are not permitted to try out.

Robinswood Tennis Center

Prep Team

The Prep Team will focus on strengthening the student's rally skills. This team is designed for students who have completed Intermediate Saturday class. The goal of the team is to develop consistent rallies and begin match play. Entry to this team is through tryout.

\$72.01			Ages 7-18
2747	Sa	9:00am-10:00am	4/27-6/15

Team 1

Players on Team 1 have progressed past the Intermediate Class and Prep Team level. Players at this level should already be able to keep score, play matches against other players, execute volleys, execute overheads, and place serve consistently in the box. Entry to this team is through a tryout.

\$192			Ages 7-18
2748	Tu, Th	4:00pm-5:15pm	4/23-6/13

Team 2

Players on Team 2 have completed a session in one of the top ladder spots on Team 1. They have shown a progression of their basic skills and they are incorporating those skills into their match play. Entry to this team is through a tryout.

\$192			Ages 7-18
2749	Tu, Th	5:15pm-6:30pm	4/23-6/13

Tournament Team

Players on Tournament Team have completed a session in one of the top ladder spots on Team 2. A requirement for this team is that the student is actively participating in tournaments. The student has a strong grasp of the basics and is working on developing offensive shots and strategies. Entry to this team is through a tryout.

\$264			Ages 7-18
2750	Mo, We, Fr	5:15pm-6:30pm	4/22-6/14

Elite Team

Players on Elite Team have completed a session in one of the top ladder spots on Tournament Team. This team is designed for the high-level player. Drills are designed in a match-play environment. Elite Team is the highest-level junior team at Robinswood. Entry to this team is through a tryout.

\$264			Ages 7-18
2751	Mo, We, Fr	4:00pm-5:15pm	4/22-6/14

Youth Tennis

Participants trying out for Junior Tennis Teams in the same session are not permitted to register.

Robinswood Tennis Center

Little Lobbers

The Little Lobbers class focuses on young children building hand-eye coordination and developing muscle memory for basic form.

\$91			Ages 4-6
2726	Sa	11:00am-11:45am	4/27-6/15

Beginning

The Beginning Class is designed for any child who has never taken lessons before or has minimal experience. The goal of the class is to introduce basic tennis.

\$91			Ages 7-10
2727	Sa	12:30pm-1:30pm	4/27-6/15

\$91			Ages 11-14
2728	Sa	1:30pm-2:30pm	4/27-6/15

Advanced Beginning

The Advanced Beginning class is designed for students who have completed Beginning class or have had comparable lessons in the past.

\$91			Ages 7-10
2729	Sa	2:30pm-3:30pm	4/27-6/15

\$91			Ages 11-14
2731	Sa	3:30pm-4:30pm	4/27-6/15

Teen

The Teen class is designed for beginning and advanced beginning levels of teens. The class will focus on fundamental skills.

\$91			Ages 15-18
2730	Sa	4:30pm-5:30pm	4/27-6/15

Intermediate

The Intermediate Class is designed for students who have completed the Advanced Beginning class or have had comparable lessons in the past. Intermediate Class is the highest level of Saturday Youth lessons.

\$91			Ages 7-14
2725	Sa	10:00am-11:00am	4/27-6/15

Pickleball & Badminton

Adult Drop-In Pickleball

North Bellevue Community Center
\$4(R) \$5(N) 3-5pm Monday, Wednesday, Friday - Ongoing

Drop-in Pickleball at Hidden Valley

Court and net provided by the facility, players provide their own paddle and balls. This is a drop-in program, COB PlayPass required which can be purchased in any City of Bellevue Recreation facility.

Hidden Valley Fieldhouse			
\$4(R) \$5(N)	Ages 18/up		
Wed	10 am – 12 pm	Ongoing	
Fri	12:30pm-2:30pm	Ongoing	

SBCC Badminton Class

SBCC offers a variety of badminton clinics and classes to help teach you the game as well as advance your skills in the game. South Bellevue Community Center

Adult Beginner Badminton

This program is designed to provide basic skills needed to play badminton, including etiquette, terminology, rules, and scoring. This is an 8-week progressive program that is designed to assist in developing you to grow in the game and be provided instruction on ways in which you can improve your skills. Recommended for new and beginner players. Players are encouraged to bring their own raquet, but one will be provided if necessary. All other equipment will be provided.

\$70(R) \$84(N)		Ages 18/up	
4173	Mo	8:30am-10:00am	4/1-6/3

Badminton Clinic

If you've never played badminton before or are just a beginner, this introductory 90-minute clinic at SBCC is designed specifically for you! The one-time session will cover the basics of the game and help develop an understanding of badminton for recreational and social play, badminton rules, terminology, and provide beginner play time. All equipment is provided. Advanced registration is required. Ages 18+

\$10(R) \$12(N)		Ages 18/up	
4174	We	8:30am-10:00am	4/3
4176	We	8:30am-10:00am	4/17
4177	We	8:30am-10:00am	4/24
4178	We	8:30am-10:00am	5/1
4180	We	8:30am-10:00am	5/8
4181	We	8:30am-10:00am	5/15
4182	We	8:30am-10:00am	5/22
4183	We	8:30am-10:00am	5/29
4184	We	8:30am-10:00am	6/5

SBCC Pickleball Class

SBCC offers a variety of pickleball classes and clinics for varying skill levels.

South Bellevue Community Center

Adult Beginner Pickleball

This program is designed to provide basic skills needed to play pickleball, including etiquette, terminology, rules, and scoring. This is an 8-week progressive program that is designed to assist in developing you to grow in the game and be provided instruction on ways in which you can improve your skills. Recommended for players up to a Level 2.5 rating. Players are encouraged to bring their own paddle, but one will be provided if necessary. All other equipment will be provided.

\$70(R) \$84(N)		Ages 18/up	
4158	Tu	8:30am-10:00am	4/2-5/28
\$55(R) \$66(N)		Ages 18/up	
4401	Th	8:30am-10:00am	5/9-6/13

Pickleball Clinic

If you've never played pickleball before or are just a beginner, this introductory 90-minute clinic at SBCC is designed specifically for you! The one-time session will cover the basics of the game and help develop an understanding of pickleball for recreational and social play, pickleball rules, terminology, and provide beginner play time. All equipment is provided. Advanced registration is required.

\$10(R) \$12(N)		Ages 18/up	
4159	Th	8:30am-10:00am	4/4
4161	Th	8:30am-10:00am	4/25
4402	Tu	8:30am-10:00am	5/21
4403	Tu	8:30am-10:00am	6/4

Pickleball Skills & Drills

If you are looking to advance some of your pickleball skills past the introductory stages of the game, this course is for you. This one-time 90-minute class is designed for those looking to build upon the skills learned in the Adult Beginner Class and Pickleball Clinics. The drills will focus on improving ground strokes, volley, dinks and serves. You will also learn basic strategy and nuances for game play. All equipment is provided. Advanced registration is required.

\$10(R) \$12(N)		Ages 18/up	
4160	Th	8:30am-10:00am	4/18
4163	Th	8:30am-10:00am	5/2
4568	Tu	8:30am-10:00am	5/28
4569	Tu	8:30am-10:00am	6/11

Kelsey Creek Sheep Shearing

Saturday, April 27

10 a.m. to 4 p.m.

Kelsey Creek Farm

Watch the sheep being shorn of their winter coats. Enjoy wool spinning demonstrations, children's crafts, tractor-pulled wagon rides, food, animal viewing areas, and more. Free shuttle service available at Wilburton Park & Ride and Bannerwood Sports Park. Please note: no pets allowed on shuttle bus or in the barnyard areas. No registration needed. Admission is free, costs vary for food and activities.

