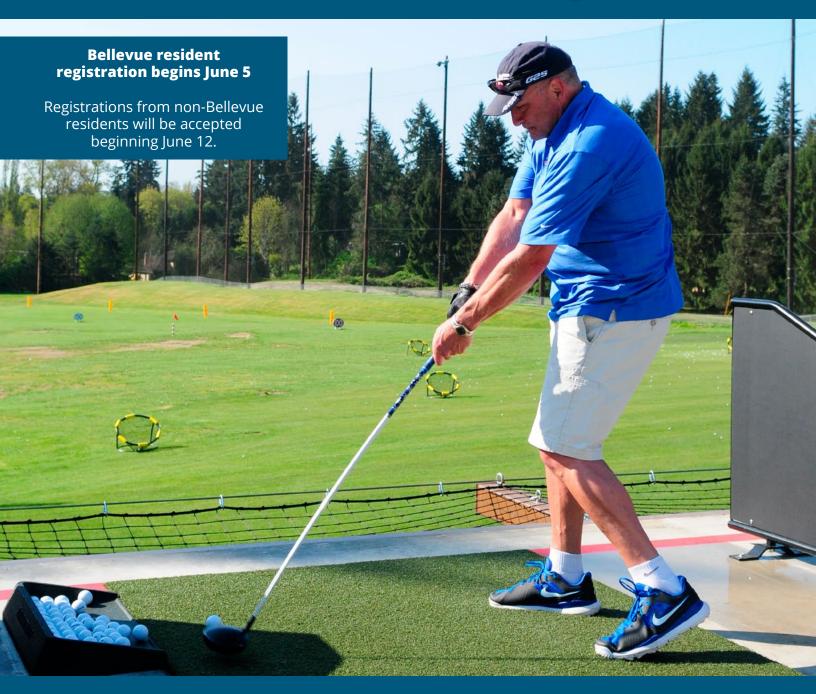
# CONNECTIONS July & August, 2023





For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ParksWeb@BellevueWA.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.







PO Box 90012 Bellevue, WA 98009-9012

#### **Bellevue City Council**

Lynne Robinson, Mayor Jared Nieuwenhuis, Deputy Mayor

Jeremy Barksdale Conrad Lee Jennifer Robertson John Stokes Janice Zahn

#### Parks & Community Services Board

David Hamilton, Chair Paul Clark, Vice-Chair

Eileen Chou Elizabeth Kronoff Rowena Clima Heather Trescases

#### Food & Refreshments

Programs listed in this brochure may include a food or beverage refreshment. Please contact your Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

#### City of Bellevue Tax ID Number

91-6007020

Every attempt has been made to ensure that information in this brochure is accurate at the time of publication. For the most up-to-date information on activity availability, pricing, dates, times, and location, please visit our online registration system at register. BellevueWA.gov.

Program availability, minimum and maximum enrollment, location, times, dates, and health screening requirements are all subject to change based on the latest guidance from local, state, and national public health authorities.

Questions or comments about this publication? Contact Colin Walker, Department Marketing Administrator, CWalker@BellevueWA.gov.

On the cover: Fore! Summer is a great time to visit the Bellevue Golf Course Driving Range. Photo by Colin Walker.

#### **Equal Opportunity Statement**

The City of Bellevue assures that no person shall on the grounds of race, color, national origin, or sex as provided by Title VI of the Civil Rights Act of 1964, and related statutes, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any City of Bellevue program or activity. Any person who believes his/her Title VI protection has been violated may file a complaint with the ADA/Title VI Administrator. For Title VI complaint forms and advice, please contact the ADA/Title VI Administrator at 425-452-6168.





# Financial Assistance Available for Recreation Programs

Bellevue Parks & Community Services strives to make program opportunities available to all interested individuals who live in the boundaries of the city of Bellevue, regardless of income. We provide scholarships to those who might not otherwise be able to participate. Visit one of the locations listed at the bottom of this page to obtain a copy of the scholarship application form, visit bellevuewa.gov/connections to download a copy, or call 425-452-6885 and staff will be happy to mail you a copy of the form, free of charge.

贝尔维尤公园和社区服务中心致力于为居住在贝尔维尤市边界地区的所有对此计划感兴趣的人士提供机会,而不会考虑个人的收入情况。我们为可能无法参与的人士提供奖学金。您可前往本页面底部列出的其中任一地点,领取一份奖学金申请表副本,也可以浏览网站bellevuewa.gov/connections 下载一份副本,或致电 425-452-6885,工作人员将乐意给您免费邮寄申请表副本。

Bellevue 公園和社區服務致力於為居住在 Bellevue 市邊界的所有感興趣的個人提供計劃機會,無論收入為何。我們為那些可能無法參加的人提供獎學金。 請瀏覽本頁下方列出的地點之一以索取獎學金申請表的副本,請瀏覽 bellevuewa.gov/connections 下載副本,或致電 425-452-6885,工作人員將很樂意為您郵寄一份副本表格,無需額外費用。

벨뷰 공원 및 근린시설 서비스는 소득 수준과 관계없이 프로그램에 관심이 있는 벨뷰시 거주 시민이라면 누구든지 프로그램을 이용할 기회를 제공하고자 노력합니다. 참여가 어려운 사람에게는 장학금을 제공합니다. 이 페이지 하단에 열거된 지점 중 한 곳을 방문하거나 bellevuewa.gov/connections를 방문하여 장학금 지원서 양식을 받을 수 있으며, 425-452-6885번으로 전화하면 직원이 지원서 양식을 무료로 발송해드립니다.

Bãi đỗ xe & Dịch vụ Cộng đồng Bellevue cố gắng tạo cơ hội tham gia chương trình cho tất cả những cá nhân quan tâm sống trong địa phận thành phố Bellevue, bất kể thu nhập. Chúng tôi cung cấp học bổng cho những cá nhân không thể tham gia. Truy cập một trong những địa điểm được liệt kê ở cuối trang này để lấy một bản sao của mẫu đơn đăng ký học bổng, truy cập bellevuewa.gov/connections để tải xuống một bản sao, hoặc gọi 425-452-6885 và nhân viên luôn sẵn lòng gửi cho quý vi một bản sao của mẫu đơn qua đường bưu điện hoàn toàn miễn phí.

Bellevue パーク&コミュニティサービス は、プログラムにご興味をお持ちのBellevue市民全員が収入の多寡によらずご利用いただけるよう努めています。参加が叶わない方には奨学金を支給しています。 奨学金の申請用紙は、このページの下に記載の場所にて直接入手または bellevuewa.gov/connections からダウンロード、あるいは 425-452-6885 にお電話いただければ、職員が無料で用紙を郵送させていただきます。

Служба парков и коммунальных предприятий Белвью предлагает программы создания возможностей всем заинтересованным лицам, которые живут в пределах города Белвью, независимо от их дохода. Мы предоставляем стипендии тем, кто без этого не сможет стать участником программы. Получить бланк заявки на стипендию можно в одном из офисов, перечисленных в нижней части этой страницы. Чтобы скачать бланк заявки, зайдите на страницу bellevuewa.gov/connections или позвоните по номеру 425-452-6885, и сотрудники бесплатно отправят вам бланк по почте.

Parques y Servicios Comunitarios de Bellevue procura hacer que las oportunidades para participar en los programas estén disponibles a todos aquellos que estén interesados y vivan dentro de los límites de la ciudad de Bellevue, independientemente de sus ingresos. Otorgamos becas a los que no podrían participar de otra manera. Visite algunos de los locales listados al pie de esta página para obtener una copia del formulario de solicitud de becas, también puede ingresar a bellevuewa.gov/connections y descargar el formulario o puede llamar al 425-452-6885 y el personal felizmente le enviará una copia por correo electrónico sin costo.

Bellevue Aquatic Center 601 143rd Ave NE Bellevue City Hall 450 110th Ave NE - ServiceFirst Bellevue Youth Theatre 16501 NE 10th St Crossroads Community Center 16000 NE 10th St Highland Community Center 14224 Bel-Red Rd Kelsey Creek Farm 410 130th PI SE Crossroads Mini City Hall 15600 NE 8th St #H9 North Bellevue Community Center 4063 148th Ave NE Northwest Arts Center 9825 NE 24th St South Bellevue Community Center 14509 SE Newport Way

# **Registration & Payment Policies**

Every effort is made to ensure that the information in this catalog is accurate at the time of publication. Because policies, personnel, and funding can change, Bellevue Parks & Community Services reserves the right to add or withdraw programs and to amend, revise, or modify any provision, including - but not limited to - price, date, and location, printed in this brochure. You are encouraged to visit <a href="Register.BellevueWA.gov">Register.BellevueWA.gov</a> for the most up-to-date information.

For camps meeting fewer than 15 hours per week, please see "General Recreation Programs and Mini-Camps" policies. Day Camp policies on this page do not apply to camps meeting fewer than 15 hours per week.

#### Food & Refreshments

Programs listed in this brochure may include a food or beverage refreshment. Please contact the Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

#### City of Bellevue Tax ID Number:

91-6007020

#### **Registration Priority:**

The City of Bellevue is committed to providing a wide range of recreation activities for Bellevue residents. Therefore, the City gives advance registration preference for those residing within the Bellevue city limits. Non-residents are welcome to take part in recreation programs on a space-available basis. Non-resident registrations are not accepted prior to the first day of non-resident registration. On this day, mailed and faxed registrations will be accepted, via phone at 425-452-6885, or online at http://register.bellevuewa.gov.

Due to an interlocal agreement with King County, all registrations for programs at South Bellevue Community Center are processed in the order received.

#### **Registration Confirmation:**

Registration receipts are mailed electronically after registration has been processed. Call 425-452-6885 to request a printed registration receipt.

#### Financial Assistance/Scholarships:

Financial assistance is available to qualifying residents who live within the Bellevue City limits. Applicants will be notified of the amount due for each registration after financial assistance application is processed. Please call 425-452-6885 or visit **BellevueWA.gov/Connections** for information on applying for financial assistance.

#### Payment:

Payment is accepted in cash, gift certificates, checks, or Visa/ MasterCard only. Payment for all programs except day camps is due in full at the time of registration. All transactions completed online require payment in full at the time of registration. Please do not mail cash.

Scholarship/financial assistance application is required prior to registration.

<u>General Recreation Programs and Mini-Camps:</u> Payment is due at the time of registration. Scholarship application is required prior to registration if paying with scholarship.

<u>Day Camps:</u> Each Day Camp requires a \$35 non-refundable fee, per participant, per camp, at the time of registration, and will be applied toward the final amount due. Payment in full is due for the first two (2) camps at the time of registration. Payments for subsequent camps are due fourteen (14) calendar days prior to the first day of each session.

#### **Credit Card:**

Include credit card number and expiration date on registration form.

#### Checks:

All checks or drafts received by the City which are returned or dishonored by the drawee bank or other such depository shall be assessed a charge of \$15.00 (Administrative Order 53).

#### Refunds:

Classes cancelled by the City will result in a 100% refund of program fees. No refunds are available for programs \$10 or less. No refunds or credits will be issued on or after the first day of the program or camp.

General Recreation Programs/Mini-Camps (camps meeting fewer than 15 hours per week):

A refund is granted if the withdrawal is made at least seven (7) calendar days prior to the start of class, less a \$10 administrative fee per participant, per program. Class withdrawals requested fewer than seven (7) calendar days prior to class will result in a refund of:

- Programs with fees \$20 or less: program fee, less \$10 administrative fee, per participant, per program.
- Programs with fees greater than \$20: 50% of the program fee, per participant, per program.

Day Camps (camps meeting 15 hours or more per week): A refund is granted if the withdrawal is made at least ten (10) calendar days prior to the first day of class, less a \$35 non-refundable deposit, per participant, per camp. Camp withdrawals requested less than ten (10) calendar days prior to camp will result in a refund of 50% of the program fee, per participant, per program. If you are interested in transferring to a different camp, please call 425-452-6885 for information on our transfer policy.

#### **RESIDENT DEFINITION:**

A resident is defined as anyone living within the jurisdictional boundary of the City of Bellevue as determined by City records. If you have any question as to whether you are within the jurisdictional boundary of the City of Bellevue, please contact the Development Services Department's Land Use Division at 425-452-4188.

The City of Bellevue prohibits sex discrimination in the operation or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Bellevue for a community athletic program are also prohibited from discriminating on the basis of sex. In addition, the City of Bellevue does not discriminate on any other basis provided by Federal or State law. If you have questions or wish to file a complaint, contact Susan Freeburg at SFreeburg@bellevuewa.gov, or 425-452-4278.



# **Activity Registration Form**



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ParksWeb@BellevueWA.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

Bellevue resident registration begins June 5 Registrations from non-Bellevue residents will be accepted beginning June 12.

Adult Last Name		Adult First Nam	e	Adult Date of Birtl	 h
Street Address			City	State	ZIP
E-Mail Address - <i>B</i> y	providing your email address, y	you will receive emailed	receipts and updates from Bel	llevue Parks & Community Servic	
		()			
Work Phone		Home Phone			
Participant #1 Nan	ne:		Participant #2 Nam	ne:	
Last	First		Last	First	
Date of Birth:	Male	☐ Female	Date of Birth:	Male	☐ Female
Class No	Class Title	Fee Use Scholar- ship?	Class No	Class Title	Fee Use Scholar ship?
	ou need to be contacted by		Participant #3 Nam	ne:	<b>L</b>
■ modification fo	r a participant with a disabi	ility.			
<b>Payment De</b>	tails		Last	First	
Payment Metho	d		Date of Birth:		Female
-	<ul><li>D.D.A. (send to Highlan)</li></ul>	d) MasterCard	Class No	Class Title	Fee Use Scholar ship?
	Total Fee: \$	VISA			
☐ Credit Card	10tai ree: \$				

Bellevue Parks Registration; P.O. Box 90012;

# WAIVER OF LIABILITY/PHOTO & VIDEO RELEASE PLEASE READ CAREFULLY

In consideration of myself and/or my child(ren) being allowed to use City of Bellevue Parks & Community Services facilities and/or participate in the City-sponsored activity(ies) identified herein, I ASSUME ANY AND ALL RISKS, INCLUDING RISK OF INJURY OR DEATH, associated with my or my child(ren)'s use of said facilities and/or participation in said activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to waive and RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facilities or participation in the City-sponsored activity(ies) identified herein. I acknowledge that I have carefully read this WAIVER OF LIABILITY and fully understand that I am waiving any right that I may have to bring a legal action or to assert a claim against the City of Bellevue in connection with the use of City facilities or participation in the City-sponsored activity stated below.

PHOTO/VIDEO RELEASE: I give my permission to have photos and/or video and audio recordings taken of me or my child(ren) during City of Bellevue activities and authorize the City of Bellevue to copyright, use, and publish the same. I understand I am waiving any right of privacy, compensation, copyright or other ownership right connected to the photo or recording. If you do not give permission to have photos and/or video and audio taken of you or your child(ren), please contact the main office at 425-452-6885 or Parksweb@ bellevuewa.gov.

I acknowledge that I have carefully read this WAIVER OF LIABILITY / PHOTO & VIDEO RELEASE and fully understand that I am waiving any right that I may now or hereafter have to bring a legal action to assert any claim against the City of Bellevue in connection with my or my child(ren)'s participation in this activity.

Participant's Parent/Guardian Signature Date Printed Name

Registration NOT VALID without signed waiver.

Mail completed form to:

Bellevue Parks Registration; P.O. Box 90012; Bellevue, WA 98009-9012

# Low-Cost & No-Cost Programs

Bellevue Parks & Community Services offers a variety of low-cost and no-cost programs for all ages! Enjoy year-round participation in one or more of these programs for less than \$500.

Visit BellevueWA.gov/scholarship to learn more about our financial assistance program, which provides up to \$500 per year to Bellevue residents meeting certain income guidlines.

#### **Bellevue Aquatic Center**

Lap Swim Open Swim

#### **Bellevue Botanical Garden**

**Docent-Led Tours** 

#### **Bellevue Skate Park**

**Skate Clinics** 

#### **Bellevue Youth Theatre**

Alice in Wonderland The Amplify Project

#### **Crossroads Community Center**

Adult Volleyball Adult Pickleball

Adult, Youth, and Family Basketball

Adult Kite Flying Adult Table Tennis

Adult, Youth & Family Games Room - Billiards,

Table Tennis, Air Hockey, Foosball

#### **Highland Community Center**

Adaptive Recreation Programs: Trivia, BINGO, Mindfulness, Hangout, Fitness, Track, Movie Time, Arts & Crafts, Physical Disability Exercise, Wheelchair Basketball.

#### **Kelsey Creek Farm**

Log Cabin Open House Fraser Cabin Heritage Program

#### **Lake Hills Greenbelt Ranger Station**

Ranger Walks

Family Discovery Series

#### **Lewis Creek Visitor Center**

Evening Programs
Ranger-led Hikes
Family Discovery Series

## Mercer Slough Environmental Education Center

Story & A Stroll Ranger-led Hikes Family Discovery Series

#### **North Bellevue Community Center**

Friday Movies Book Club Billiards Chorus Cribbage

Drop-In Pickleball Drop In Table Tennis

Adult Volleyball Drop-In - Hidden Valley Gym

Line Dancing Board Games Coffee & Coloring Duplicate Bridge Pinochle

SeniorTech Computer Help Sounds of Swing - Jazz

#### **South Bellevue Community Center**

Active Adult Fitness

Badminton

Basketball - Adult & Family Indoor Cycling & Cycle/Stretch

Fitness Center Drop-In

Pickleball

Shotokan Karate - Youth

Taekwondo Adult Volleyball ZUMBA

#### **TRACKS**

Tuesday Trails Wednesday Walks TRACKS Elementary Program



# Same great programs.

# A new way to register.

**Coming this July** 

# This July, we will complete a full replacement of our activity registration and facility scheduling system.

While we are working hard to minimize the impact to our customers, we do ask for your patience and understanding as we complete our system transition.

# In order to lessen the impact of this system replacement to your family:

Plan ahead and register by June 30.

We anticipate that our current registration system will become unavailable in July. Consider registering no later than June 30 for July & August recreation programs.

**Be prepared for a new online experience.** 

Our new registration system will include improved search and online registration functionality. You will receive an email invitation to claim your account in July. You will still be able to access all of our programs and services at Register.BellevueWA.gov.

Thank you for your patience.

Some online and staff-assisted functionality may be unavailable during the transition, including online registration, transfers, and withdrawals. Thank you for your patience as our staff train on the new system's functionality.

## **Inclusion Process**

Bellevue Parks & Community Services provides a variety of programs, activities, and services. We are committed to working with people with disabilities, their families, and caregivers to help ensure they have access to services. We provide information about program opportunities and when needed, modifications that make it possible for participants to access and participate in programs of their choice.

We welcome the opportunity to provide modifications for people with disabilities so that full participation in leisure and recreation programs, classes, services, and facilities may be enjoyed by all. The City provides reasonable modifications on a case-by-case, individualized basis including, but not limited to, training of staff, added supervision, use of adaptive equipment, consultation with other professionals, and taking other steps to ensure a safe and enjoyable leisure experience.

Successful participation and modifications succeeds with the commitment of staff, participants, as well as parents/guardians. You may request modifications during the registration process, or any time after registration. Participants are asked to notify staff regarding reasonable modifications necessary for participation, if possible, at least two full weeks prior to the start of the program. However, in some cases we may need more time to make a reasonable modification. The city strives to provide a safe and enjoyable environment and will do this cooperatively with all participants.

Individuals who have requested a modification will receive the city's best efforts at providing adaptations and reasonable support in programs, activities, and services. The city reserves the right to take any and all steps necessary, at any time, to ensure the safety and fundamental nature of its programs, classes, or activities

Inclusive experiences encourage and enhance opportunities for people of varying abilities to participate and interact in life's activities together. They also provide an environment that promotes and fosters physical, social and psychological inclusion of people with diverse experiences and skill levels. Additionally, inclusion is effective in developing community support and encouraging attitudinal changes to reflect dignity, self-respect, and involvement within the community. Recreation and socialization activities and programs provided by Bellevue Parks & Community Services promote healthy social, physical, educational, and cultural development. Inclusion allows those with differing abilities the opportunity to participate in City of Bellevue recreational programs. Inclusion increases the number of recreational choices, allows for individual growth and development, expanded social circles. Adaptive recreation programs provide choice, support skill development, and successful recreation participation for participants with disabilities.

For more information about our inclusion process, or our adaptive recreation programs for youth and adults, contact Highland Community Center at 425-452-7686.

# **Adaptive Recreation**

All new Adaptive Recreation participants must meet with Mary Boyle prior to registering. Please call (425) 452-4118 or e-mail mboyle@bellevuewa.gov for an appointment.

#### **Aloha Picnic and Dance**

Highland presents their annual summer picnic and Aloha Dance. Celebrate your summer with friends as there will be plenty on this warm summer evening. Picnic starts at 5pm with the dance to follow at 7pm. Please pre-register for Highland Community Center dances. Age: 16 and up

\$10(R) \$12(N) Age: 16Y & Up

1902072 5:30-8:30pm Fri Aug 11

#### BellevueAtHome: Trivia Night

This class is designed for adults with intellectual disabilities. Join us for Highland's virtual trivia night! Our staff have put together epic trivia bundles ranging from highland facts, Seattle sports, music, decades, and more. Not a quiz master? No worries the trivia has been designed with fun in mind, everyone gets a chance to participate. Bring that random fact knowledge and flex your trivia skills in this virtual program

Highland Park & Community Center

\$48(R) \$60(N) Age: 18Y & Up

2300291 7-8pm Mon Jul 10-Aug 28

#### BellevueAtHome: BINGO

This class is designed and adapted for adults with intellectual disabilities. BINGO goes virtual! Each week the BINGO game will be hosted on Zoom. Keep an eye on your e-mail inbox to receive your BINGO card (you will use the same BINGO card for all weeks) Real prizes, real fun! An e-mail will be sent out shortly before the program starts with the login information.

Highland Park & Community Center

\$48(R) \$60(N) Age: 18Y & Up

2300289 7-8pm Wed Jul 12-Sep 06

#### **Full Fitness**

This class is designed and adapted for adults with intellectual disabilities. This course meets twice a week to discuss nutrition and how to implement a healthy lifestyle over dinner. Participants must provide their own dinner for each class. After dinner, the group will explore and try various exercises focusing on strength, balance, flexibility, and control.

Highland Park & Community Center

\$86(R) \$108(N) Age: 18Y & Up

23013521 5-6:30pm Tue,Thu Jul 06-Sep 07





Face coverings are no longer required to enter Bellevue Parks & Community Services facilities. Please respect people's choice to continue to wear a mask when in our facilities.

#### **Softball**

Exercise and fun are rolled into one! New players at all levels of ability are welcome. We practice twice a week, and Special Olympic competition is optional. Coaches provide leadership at the Special Olympic tournaments.

Highland Park & Community Center

\$69(R) \$85(N) Age: 18Y & Up

1902060 6:30-8pm Tue,Thu Jul 06-Sep 07

#### **Movie Time**

This class is designed and adapted for adults with intellectual disabilities. Bring your snack and enjoy a movie in-house with your peers. Participants can bring up to two movies (rated: G, PG, or PG13) to submit to the group vote each week. NO CLASS ON HOLIDAYS.

Highland Park & Community Center

\$48(R) \$60(N) Age: 18Y & Up

23002931 5-7pm Wed Jul 05-Sep 06

#### **PD** Exercise

This specialized class is developed and adapted for adults with physical disabilities. Whether you are seeking to maintain motor strength, enhance range of motion, or build your social network this fitness course has something for you. NO CLASS ON HOLIDAYS

Highland Park & Community Center

\$106(R) \$126(N) Age: 18Y & Up

23002943 12-1:30pm Tue, Thu Jul 06-Sep 21

#### **Highland Hangout**

This class is designed and adapted for adults with intellectual disabilities. Your answer to a slow afternoon. Stimulating conversation, lively board games, solving puzzles or just enjoy a movie. NO CLASS ON HOLIDAYS

Highland Park & Community Center

\$48(R) \$60(N) Age: 18Y & Up

23002921 3-5pm Mon, Wed Jul 03-Sep 06

# **Drop-In Programs**

#### **Pickleball**

Adults can drop-in for a recreational game of pickleball during a two hour session. Court, net and balls are provided by the facility, players provide their own paddle. This is a drop-in program.

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up

3-5pm Mon,Wed,Fri Ongoing

#### **Bellevue Climbing Wall Programs**

The Bellevue Climbing Wall, located at the South Bellevue Community Center, is 33 feet tall and sculpted to look and feel like Index granite. The wall offers three belay ropes with at least five climbing routes of varying degrees of difficulty per rope, and a bouldering or horizontal traverse wall. Advanced climbers can take advantage of the wall's natural-looking granite for the ultimate texture climb.

We offer a full array of classes, supervised drop-in sessions, camps and programs for people of all skill levels to develop or improve their rock-climbing skills. The wall is also available to rent for parties, team-building and other celebration events. Program days/times may vary. To view the current schedule and register please visit BellevueWA.gov/SBCC or call 425-452-4240.

#### **Table Tennis**

Adults can drop-in for a recreational game of table tennis during specified play times. Table and net are provided by North Bellevue Community Center. Players provide their own paddle and

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up

Mon, Wed, Fri Ongoing

#### **Bellevue Indoor Skate Park**

Drop-in all-day sessions run Tuesday through Saturday and cost \$10 per visit, or \$25 for a monthly unlimited skate pass. The indoor skate park has a variety of ramps, rails, and skateboard obstacles which are updated on a regular basis.

Visit <u>BellevueWA.gov/Skate</u> for more information.

#### **Drop-In Sports at South Bellevue Community Center**

South Bellevue Community Center offers a wide variety of dropin sports for all ages, including:

Adult Badminton

- Adult Basketball
- Adult Pickleball
- Adult Volleyball
- Cornhole
- Family Basketball
- Family Badminton
- · Open Drop-In

For the most current drop-in sports schedule, as well as pricing and reservation information, please visit BellevueWA.gov/SBCC or call 425-452-4240.

#### Co-Ed Drop-In Volleyball

Two courts, maximum 28 players per session, first-come, firstserved.

Hidden Valley Sports Park

Age: 18Y & Up \$4(R) \$5(N)

11am-1pm Tue Ongoing 10am-12pm

#### **Drop-In Basketball**

The adult drop-in sports programs are for individuals 18+, 15 player cap. Closed on City observed holidays. Ask how a City of Bellevue Play Pass can save you time and money!

Highland Park & Community Center

Age: 18Y & Up \$4(R) \$5(N) Call for current schedule.

#### **Drop-in Billiards**

Adults can drop-in during business hours to play pool/billiards on our two regulation sized tables. Balls, cues, racks & chalk provided.

North Bellevue Community Center

**FREE** Age: 18Y & Up

Call for current schedule. Daily, Monday through Friday.

# Aquatics

#### The Bellevue Aquatic Center is offering group (3Y -12Y) and private (3Y+) swim lessons.

Please visit Register.BellevueWA.gov for lesson availability.

#### Open and family swim times offered daily.

Please visit our website for times: BellevueWA.gov/Aquatics

#### **Bellevue Aquatic Center**

The Bellevue Aquatic Center is open to the public 6 days a week. Monday – Friday 8am-8pm and Saturdays 8am-4pm. Programs available include Lap Swim, Water Walking, Water Exercise and Open Swim. For the most up to date schedule and for specific program information visit the Bellevue Aquatic Center website BellevueWA.gov/Swim — or contact the pool at Aquatics@ BellevueWA.gov or call 425-452-4444.

## **Adult Enrichment**

#### **Friday Movies**

Enjoy a free movie and popcorn at North Bellevue Community Center! The detailed movie list is available in print format at North Bellevue Community Center or by calling 425-452-7681. This program is free; however, advance registration is request-

North Bellevue Community Center

**FREE** Age: 18Y & Up

> 2-4pm Fri Ongoing

#### **Drop-in Duplicate Bridge**

Duplicate bridge is the most widely used variation of contract bridge in club and tournament play. Bring a partner or get on a list at North Bellevue Community Center to be paired with a partner and enjoy some social play! No pre-registration required. This is a FREE activity.

North Bellevue Community Center

Age: 18Y & Up **FRFF** 

> 12:15-3:30pm Fri Ongoing

#### **NBCC Chorus**

Chorus meets Friday mornings, 10:30am-noon, to sing together for our own enjoyment, accompanied by piano. Singing is usually in unison, but harmony is great! We have 6 books of songs of the 1920s, 30s, and 60s. This group does not perform. Everyone is welcome! FREE.

#### Coffee and Coloring

Join us every Friday at the North Bellevue Community Center for a relaxing morning of coloring pictures, drinking coffee and socializing. We will provide coloring pages from books that are designed especially for adults as well as colored pencils, crayons and markers will be provided. Coffee, water, and tea will also be provided. Feel free to bring your own favorite coloring and supplies as well. Don't like to color? That's okay! Have a cup of coffee, chat a little and enjoy a stress-free time. This program is free; however, advance registration is required. A donation of 50 cents is requested for each cup of coffee or tea. This program receives funding from the King County Veterans, Seniors and Human Services Levy

North Bellevue Community Center

**FREE** Age: All Ages

2300383 9:30-11:30am Ongoing

#### **Eastside Legal Assistance Clinic**

The Eastside Legal Assistance Program offers a general legal clinic for low-income individuals and will be utilizing space at North Bellevue Community Center monthly to hold sessions with pre-registered clientele. Please call Eastside Legal Assistance at 425 747-7274 to make an appointment. No drop-ins are available.

#### **Board Games at NBCC**

Join us every Wednesday for a fun afternoon of games. Games of all kinds teach critical thinking and strategic skills. They are a great way to make friends, socialize, and sharpen your mind. Every Wednesday, NBCC staff will lead and teach a different game. Spots for the "game of the week" are limited, but other participants are welcome to use the North Bellevue game library during this time. This program is open to all ages and all levels of gaming experience. Bring your family, friends and neighbors or come to meet fellow board game enthusiasts.

This program is free; however, advance registration is required. Children under 12 must be accompanied by a guardian. This program receives funds from the King County Veterans, Seniors and Human Services Levy.

North Bellevue Community Center FREE Age: 1Y & Ut

FREE Age: 1Y & Up 2301327 12:45-3pm Wed Apr 05-Dec 20

# Multi-Cultural Services & Programs

Programs at North Bellevue
Community Center with the Chinese
Information & Service Center

位於 North Bellevue Community Center (北 Bellevue 社區中心)課程,含中文資訊與服務中心

North Bellevue Community Center (北 Bellevue 社区中心) 与仁人服务社的计划

#### CISC 到場 SHIBA 協助

North Bellevue Community Center (北 Bellevue 社區中心)

免費 年齡:18歲以上

2300409 上午 9:30-11:00 星期三 1月4日 - 12月31日

#### 仁人服务社 (CISC) 老年人健康保险福利上门援助

North Bellevue Community Center (北 Bellevue 社区中心)

免费 年龄:18 岁及以上

2300409 上午 9:30-11:00 星期三 1月4日-12月31日

#### **CISC Drop-in SHIBA Assistance**

North Bellevue Community Center

FREE Age: 18Y & Up

2300409 9:30-11am Wed Jan 04-Dec 31

#### CISC ESL 牛津圖解字典

使用牛津圖解字典學習英語文法概念。容易理解的範例很適合英語初學者。這是練習英語並認識其他學習語言的老年人的好機會。

本課程由 CISC 的 Community Living Connections Outreach Program (社區生活連結推廣計劃)協調。若有任何疑問,請透過下列電子郵件聯絡 Boliver Choi: boliver Cacisc-seattle.org。親自到場的參與者不須登記即可參加。

North Bellevue Community Center(北 Bellevue 社區中心)

免費 年齡:50 歲以上

2300410 上午 9:30-11:00 星期五 1月6日 - 12月29日

#### 仁人服务社 (CISC) ESL 牛津图解词典

使用《牛津图解词典》来学习英语语法概念。示例简单易懂,适合英语初学者。这是一个练习英语和认识其他老年英语学习者的大好机会。

本课程由仁人服务社的CommunityLivingConnectionsOutreachProgram(社区生活连接外展计划)协调。如有疑问,请联系 Boliver Choi,电子邮箱:boliverc@cisc-seattle.org。本课程无需注册即可参加。

North Bellevue Community Center (北 Bellevue 社区中心)

免费 年龄:50 岁及以上

2300410 上午 9:30-11:00 星期五 1月6日-12月29日

#### **CISC ESL Oxford Picture Dictionary**

Using Oxford Picture Dictionary to lean English grammar concepts. Easy-to-understand examples are suitable for English beginners. It is a good opportunity to practice English and meet other seniors learning the language. This class is coordinated by CISC's Community Living Connections Outreach Program. Please contact Boliver Choi at boliverc@cisc-seattle.org for any questions. Participants can drop in without registration.

North Bellevue Community Center

FREE Age: 50Y & Up

2300410 9:30-11am Fri Jan 06-Dec 29

#### CISC 資訊與協助

資訊與協助提供低收入家庭以及無/低英語程度的障礙人士短期支援與危機干預,幫助其獲得重要服務。透過我們的適當語言服務,我們就能幫助客戶他們可使用的選項和資源,使其做出我們提供需要公共援助才能達成基本需求的客戶申請協助。本課程以普通話提供,對象為55歲以上的人。

North Bellevue Community Center(北 Bellevue 社區中心)

免費 年齡:18 歲以上

上午 9:00 - 中午 12:00 星期四 1月1日 - 12月31日

#### 仁人服务社 (CISC) 信息与援助计划

信息与援助计划旨在提供短期支持和危机干预,以帮助英语能力差或较低的低收入家庭和残疾人获得关键服务。通过我们的语言相关服务,我们将帮助客户了解可供选择的选项和资源,以便他们做出明智的选择。我们为需要公共援助的客户提供个人申请援助,以满足他们的基本生活需要。本课程为 55 岁以上人士提供普通话版本。

North Bellevue Community Center (北 Bellevue 社区中心)

免费 年龄:18 岁及以上

上午 9:00-下午 12:00 星期四 1月1日-12月31日

BellevueWA.gov/Parks Register Online: July & August, 2023
Register.BellevueWA.gov Connections

#### **CISC Information & Assistance**

Information & Assistance provides short-term support and crisis intervention to help low-income families and people with disabilities with no/low English literacy to access crucial services. Through our language appropriate services, we help our clients understand options and resources available to them so that they can make informed choices. We offer personal application assistance for clients who are in need of public assistance to meet their basic necessities. This class is provided in Mandarin to those 55+.

North Bellevue Community Center

**FREE** Age: 18Y & Up

> 9am-12pm Ian 01-Dec 31 Thu

#### CISC 合唱團

一起來 North Bellevue Community Center (北 Bellevue 社區中心) 和 CISC 合唱團一同唱歌! 隨時歡迎新的歌唱者。

North Bellevue Community Center(北 Bellevue 社區中心)

免費 年齡:50歲以上

> 上午 10:00-12:00 星期三 進行中

#### 仁人服务社 (CISC) 合唱团

来 North Bellevue Community Center (北 Bellevue 社区中心) 和仁人服务社 合唱团一起歌唱!您可以在任何时候加入合唱团。

North Bellevue Community Center (北 Bellevue 社区中心)

年龄:50 岁及以上

上午 10:00-下午 12:00 星期三 持续进行

#### **CISC Chorus**

Come sing with the CISC Chorus at North Bellevue Community Center! New singers are welcome at any time.

North Bellevue Community Center

**FREE** Age: 50Y & Up

> 10am-12pm Wed Ongoing

#### CISC 交際舞與排舞

中文資訊服務透過提供資訊、轉介、倡導、社會與支援服務,幫助整個 King 縣的移民在新社區中成功。排舞是經過編排的舞蹈,有著重複的 步驟順序,會有排成至少一列的人跳舞,全都面對彼此或相同方向,並 同時進行步驟。只要跟著舞群,就能學習並練習這些舞步!個人舞蹈/

North Bellevue Community Center (北 Bellevue 社區中心)

\$4(居民) \$5(非居民) 年齡:18 歲以上

下午 1:00 - 2:45 星期三 進行中

#### 仁人服务社 (CISC) 交际舞和排舞团

仁人服务社为 King 县的移民提供信息、转诊、拥护、社会和支持服务,以帮助 他们融入新社区的生活。排舞是一种编排的舞蹈,其中有一系列重复的舞步, 需要一群人排成一排或多排,并且所有人面对面或朝着同一个方向,同时跳这 些舞步。在这个舞团,您将学习并练习这些舞蹈和动作!您也可以选择独舞(即 无需舞伴)。

North Bellevue Community Center (北 Bellevue 社区中心)

\$4(居民)\$5(非居民) 年龄:18 岁及以上

下午 1:00-2:45 星期三 持续进行

#### CISC Ballroom & Line Dancing

Chinese Information Services helps immigrants throughout King County achieve success in their new community by providing information, referral, advocacy, social, and support services. Line Dancing is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows, all facing each other or in the same direction, and executing the steps at the same time. With this dance group, you will learn and practice these routines and moves! Individual dancing/ no partner required.

North Bellevue Community Center

Age: 18Y & Up \$4(R) \$5(N)

1-2:45pm Wed Ongoing

#### CISC 太極拳

太極拳是是中國內部的武術,可用於防禦訓練並且有健康益處,包括 增加靈活性與平衡感、降低血壓並改善心臟健康,並且可能可以降低 憂鬱、壓力與焦慮程度。太極很容易學習並跟隨,且能隨時加入。本活 動不提供教學

North Bellevue Community Center (北 Bellevue 社區中心)

\$4(居民) \$5(非居民) 年齡:50 歲以上

2300408 上午 9:15 - 10:30 1月5日-12月28日

#### 仁人服务社 (CISC) 太极社

太极是中国的一种武术, 既可以作为防御训练, 也可以增强身体灵活性和平衡 能力,降低血压和改善心脏健康,还可以降低抑郁、压力和焦虑水平。太极很容 易学习和上手,参与者可以随时加入。此活动未提供任何说明 North Bellevue Community Center (北 Bellevue 社区中心)

\$4(居民)\$5(非居民) 年龄:50 岁及以上

2300408 上午 9:15-10:30 星期四 1月5日-12月28日

#### **CISC Tai Chi**

Tai chi is an internal Chinese martial art practiced for both its defense training and its health benefits including enhanced flexibility and balance, lower blood pressure and improved heart health, and may lower levels of depression, stress and anxiety. Tai chi is easy to learn and follow, join any time. No instruction provided for this activity

North Bellevue Community Center

Age: 50Y & Up \$4(R) \$5(N)

2300408 9:15-10:30am Thu lan 05-Dec 28

#### **Sea Mar Community Program** (Programa comunitario Sea Mar)

Los adultos mayores que hablen español tienen la oportunidad de ser parte de la comunidad al participar de diferentes actividades provistas por el North Bellevue Community Center (Centro comunitario de North Bellevue). Las actividades pueden incluir seminarios sobre el bienestar de la salud/mente, servicios sociales, clases ESL, clases de compromiso social, programas de ejercicio físico, programa de alimentación comunitaria y promoción de la sociabilización dentro de las comunidades angloparlantes.

North Bellevue Community Center

(Centro comunitario de North Bellevue)

**GRATUITO:** Edad: mayores de 18

2300392 de 9 a.m. a 2 p.m. Viernes 06 de enero - 29 de diciembre

#### **Sea Mar Community Program**

Spanish speaking older adults will have an opportunity to be part of the community by participating in various activities provided by North Bellevue Community Center. Activities could include health/mind wellness seminars, social services support, ESL classes, social engagement classes, exercise programs, community meal program and promotion of socialization within English speaking community.

North Bellevue Community Center

FREE Age: 18Y & Up

2300392 9am-2pm Fri Jan 06-Dec 29

#### IACS Community Program (IACS सामुदायिक कार्यक्रम)

North Bellevue Community Center और Indian American Community Services (पूर्व में IAWW) ने चेयर योगा, स्वास्थ्य वार्ता और सामाजिक संचार सहित गतिविधियों के लिए सुरक्षित, रचनात्मक स्थान प्रदान करके, कई पीढ़ियों से रह रहे भारतीय परिवारों को एकजुट करने और जश्न मनाने, साथ ही समुदाय में सांस्कृतिक अंतराल को पाटने के प्रयास में भागीदारी की है। IACS Bellevue की जनता के लिए स्वस्थ रहने वाले व्याख्यान, ध्यानपूर्वक सांस लेने के व्यायाम, और विभिन्न प्रकार की विशिष समूह गतिविधियां और युवा गतिविधियां प्रदान करेगा। हलका लंच दिया जाता है।

North Bellevue Community Center (North Bellevue कम्युनर्टी सेंटर)

मुफ्त उम्रः 18 साल और उससे ज्यादा

जारी: सुबह 9 बजे से रात 8:30 बजे तक गुरुवार 05 जनवरी - 28 दिसंबर

#### **IACS Community Program**

North Bellevue Community Center and the Indian American Community Services (formerly IAWW) have partnered in an effort to unite and celebrate multi-generational Indian families and bridge cultural gaps in the community by providing safe, creative space for activities including chair yoga, health talks and social communications. IACS will provide healthy living lectures, mindful breathing exercises, and a variety of special group activities and youth activities for the Bellevue public. Light lunch is also provided.

North Bellevue Community Center

FREE Age: 18Y & Up

Ongoing 9am-8:30pm Thu Jan 05-Dec 28

# Continuing Education

#### **CISC Russian-Speaking Senior Day Program**

This program supports Russian-speaking older adults with structured activities to promote physical, social and emotional well-being and cross cultural interaction with other older participants. The civic activities will allow aging adults to be engaged in the community by familiarizing participants with WA State and U.S. history, local news, by introducing and encouraging them to attend local events, offering health/mind wellness seminars, offering social services support and referral, promotion of socialization within an English-speaking community. Arts, crafts, music and games will be part of the daily activities which will be incorporated into the program schedule.

North Bellevue Community Center

FREE Age: 50Y & Up

2300411 10am-2pm Tue,Fri Jan 03-Dec 29

#### SeniorTech of Puget Sound Drop-in Computer Assistance

North Bellevue Community Center

We offer technical support on a one-on-one basis on the 2nd and 4th Tuesday of each month, and the 5th Tuesday when there is one, during the hours of 9:30am to noon. Experienced senior technology users will be available to help you with technical issues with your computers and mobile devices. This is a drop-in program, no pre-registration required. Fees payable at the door; \$3/residents, \$4/non-residents.

### **Dance**

#### **Sounds of Swing Big Band Practice & Dance**

Each week the Sounds of Swing Big Band rehearses toe-tapping music of the swing era as well as jazz standards for your listening pleasures at North Bellevue Community Center. No pre-registration required. \*The second Tuesday of each month Sounds of Swing Big Band hosts a dance. \$3/person fee payable at the door, no pre-registration required.

North Bellevue Community Center

FREE Age: 18Y & Up

1-3pm Tue Ongoing

#### Line Dancing with Leila

This fun drop-in program is designed to meet the needs of both beginners and those looking for a review of basic line dance steps and combinations. The instructor is patient, fun and full of energy. She uses a variety of music, in a relaxed, social atmosphere. Come learn to dance while giving your brain and body a great workout!

North Bellevue Community Center

\$4(R) \$5(N) Age: 16Y & Up

1-2:45pm Mon,Fri Ongoing

15

# **Bellevue Youth Theatre**

#### BYT SUMMER AUDITIONS

No pre-registration for Alice in Wonderland. Just drop-in to one of the audition dates.

Audition dates: Tuesday, June 6 or Wednesday, June 7

Times: Anytime between 5-6:30 pm (drop-in)

Location: Bellevue Youth Theatre, 16051 NE 10th Street. We are located in the same parking lot as the Crossroads Community Center.

#### **Alice in Wonderland**

Come join the cast of Alice in Wonderland. Follow Alice down the rabbit hole into the mysterious Wonderland. Everyone who attends an audition will be included in the cast.

#### CAST A

Ages: 5 and older

Rehearsals Begin: Monday, June 26th Rehearsal Location: Bellevue Youth Theatre

Rehearsal Time: 5-7 p.m. Tech Week: July 31st-August 3rd Performances: August 4th-6th

NO CONFLICTS JULY 31st THROUGH AUGUST 6th

#### **CAST B**

Ages: 5 and older

Rehearsals Begin: Monday, June 26th Rehearsal Location: Bellevue Youth Theatre

Rehearsal Time: 5-7 p.m. Tech Week: August 7th-10th Performances: August 11th-13th

NO CONFLICTS AUGUST 7TH THROUGH AUGUST 13th

#### A NOTE ABOUT REHEARSALS:

Due to the short timeframe of first rehearsal to performance, this process is rehearsal heavy. Rehearsals will be about 3 times a week in the beginning and then 5 days a week beginning the second half of July. During tech week you must be there every day. THE FIRST TWO DAYS OF REHEARSALS ARE MANDATORY FOR EVERY CAST MEMBER. THERE CAN BE NO CONFLICTS FROM JULY 31-AUGUST 13.

#### **The Amplify Project**

Join us as we remix the classic tale of Alice in Wonderland! Explore acting, script writing, songwriting, and much more in this free summer program where teens write and perform their own reimagining of Wonderland. No experience necessary! You will need to attend one of the audition dates in addition to signing up online. (max 25 participants)

**Ages:** 13-19

Rehearsals Begin: Tuesday, June 27th Rehearsal Location: Bellevue Youth Theatre

Rehearsal Time: 6-8 p.m. Tech Week: August 21st - 24th Performances: August 25th & 26th

NO CONFLICTS AUGUST 14th THROUGH 26th

TEENS ARE ENCOURAGED TO PARTICIPATE IN BOTH ALICE IN

#### **BYT PERFORMANCES**

In-person seating as well as live-streaming links are available for all shows.

Ticket prices: \$12 (No refunds once purchased.)

Group tickets: \$10 (Must be purchased during the same transaction for the same date/time show. No refunds or exchanges.)

#### Alice in Wonderland

Curioser and curioser! Based on the beloved classic by Lewis Carroll, follow Alice down the rabbit hole as she meets many unusual characters. This show includes actors of all ages and is suitable for the whole family.

Friday, August 4 & 11 at 7 p.m. Saturday, August 5 & 12 at 2 p.m. Saturday, August 5 & 12 at 7 p.m. Sunday, August 6 & 13 at 2 p.m.

#### The Amplify Project - FREE!

Join us as we remix the classic tale of Alice in Wonderland!

Friday, August 25 at 7 p.m. Saturday, August 26 at 7 p.m.

## **Preschool**

#### **Natural Start Preschool**

Operating out of the South Bellevue Community Center, this Preschool offers a unique nature-based curriculum that supports the developmental and learning needs of preschoolers. Children have the opportunity to spend a majority of each day outside in a natural environment. Registration for the 2023/2024 school year is now open. For more information you can visit NaturalStartPreschool.com or call 425-452-4240 for details.

#### RainyDay Gym Time

Kids age 5 and under with parents come enjoy some indoor play space to work off a little energy with a variety of indoor play toys and mats. No pre-registration required.

North Bellevue Community Center

FREE Age: All Ages

> 1:30-3pm Thu Apr 06-Dec 29

#### **Music Together**

Learn original and traditional songs from around the world during this unique musical experience of languages, tonalities, and rhythms. An illustrated songbook, print, and online resources will help families continue the music-making fun at home and nurture a child's musical growth. This is the foundational Music Together class, one that a child can attend from birth to age five through 12 song collections. This class is designed for parent/ caregiver participation with the child. Build a love of music to last a lifetime!

South Bellevue Community Center

\$95(R) \$114(N) Age: Up to 5Y

2301900 5-5:45pm Mon, Thu Jul 31-Aug 14 2301901 6-6:45pm Mon, Thu Jul 31-Aug 14

### Youth Enrichment

#### Indoor Play @ Highland

Drop-in gym play for children under 8 with parents/caregivers. Toys and Equipment are self set up and take down. No charge for those under 1 year. Parents/caregivers must supervise their own children. Save even more when you purchase a play pass. Highland Community Center

\$4(R) \$5(N) Age: Up to 8Y Call for current schedule

# **Kelsey Creek Farm**

#### **Summer Teen Farm Volunteers**

Assist Kelsey Creek Farm staff in providing daily care to our farm animals. Help prepare meals for the animals, clean their living quarters, assist with other farm chores, and help bring the animals out to pasture for the day and back into the barn in the evening. Teens will learn responsible animal care, job skills, and independence while earning service hours for school.

Kelsey Creek Farm Park

\$15(R) \$18(N)	Age: 14-18Y	
23007291-2 8:30am-4pm	Wed,Thu,Fri	Jul 05-Jul 07
23007291-3 8:30am-4pm	Mon-Fri	Jul 10-Jul 14
23007291-4 8:30am-4pm	Mon-Fri	Jul 17-Jul 21
23007291-5 8:30am-4pm	Mon-Fri	Jul 24-Jul 28
23007291-6 8:30am-4pm	Mon-Fri	Jul 31-Aug 04
23007291-7 8:30am-4pm	Mon-Fri	Aug 07-Aug 11
23007291-8 8:30am-4pm	Mon-Fri	Aug 14-Aug 18
23007291-9 8:30am-4pm	Mon-Fri	Aug 21-Aug 25

#### Log Cabin Open House

Visitors of all ages are welcome to join us for this free, drop-in event to explore Kelsey Creek Farm's log cabin, which was built in 1888. Children can participate in a variety of free pioneer activities, including grinding wheat, churning butter, and playing with bread dough. We will have antique logging and farming implements from the 1880s on display, including a variety of axes, farm implements, and other tools. You can watch a wool spinning demonstration and try your hand at carding wool. Adults can take a deeper dive into the history of logging and farming on the Eastside with our farm's passionate historian. Registration is not required.

Kelsey Creek Farm Park

FREE Age: All Ages
1-3pm Sun Iul 16

#### Fraser Cabin Heritage Program

Presented by the Eastside Heritage Center in partnership with Bellevue Parks & Community Services, the Fraser Cabin, built in 1888, comes to life with hands-on activities that relate to 1880s settler life. For more information, contact the Eastside Heritage Center at 425-450-1049, or visit www.eastsideheritagecenter. org. Registration not required.

Kelsey Creek Farm Park

FREE Age: All Ages

11am-3pm Sat Jul 08

11am-3pm Sat Aug 12

## Health & Wellness

# Strength, Conditioning, Cardio, & Active Fitness

#### SilverSneakers Classic

Seated and standing exercises to increase muscular strength, range of motion and activities for daily living. This is a drop-in program, no pre-registration required.

North Bellevue Community Center

\$6(R) \$7(N) Age: 18Y & Up Ongoing 11am-12pm Mon, Wed, Fri

#### **Jazzercise**

Dance-based group fitness program combining cardio with strength training and stretching to sculpt, tone, and lengthen muscles for a full-body workout. Visit Jazzercise.com for class times and fees.

New student specials are available! Registration/payment is completed directly with Jazzercise instructor at each class location.

Northwest Arts Center North Bellevue Community Center South Bellevue Community Center

#### **Small Group Training**

Join a certified personal trainer for this small group training class focused on helping you achieve your fitness goals! Workouts will be designed to meet everyone's needs and fitness level. Trainer will provide support, encouragement, and accountability to help you reach new heights in health and wellness.

South Bellevue Community Center (Studio)

\$120(R) \$150(N) Age: 16Y & Up 2300123-4 7-7:50pm Mon Jul 03-Aug 14

#### **Active Adult Fitness**

This all-levels, balanced workout welcomes and benefits adults of all ages! Energize your mind and body with movements from the disciplines of Martial Arts/Tai Chi, Yoga, Strength Conditioning, Pilates, Cardio, Stretching and Balance Challenges. Register separately for the Monday and Wednesday class. For the ultimate benefit and to take advantage of the expertise of both instructors, register for both days. Participants must have the mobility to transition from the floor to standing. Join our encouraging and motivating community!

South Bellevue Community Center

\$70(R) \$84(N) Age: 18Y & Up 2300124-5 10:30-11:30am Mon Jul 03-Aug 14 \$60(R) \$72(N) Age: 18Y & Up 2300125-5 10:30-11:30am Wed Jul 05-Aug 16

#### Fit 360

Join a certified group fitness instructor for this action-packed cardio & strength class. Each workout includes a warm-up followed by strength, cardio and cool-down/stretching exercises. Your instructor will work with you on any modifications. Class will include equipment such as dumbbells and bands. All fitness levels welcome.

South Bellevue Community Center Age: 13Y & Up \$88(R) \$104(N)

2300469-6 9:15-10:15am Mon.Wed Jul 05-Jul 31

#### **Total Body Fitness**

Join a certified group fitness instructor for this fun and effective way to burn stubborn body fat and improve your level of fitness! Workouts utilize dumbbells, bands, bodyweight exercises, agility movements, and more to strengthen your body and core. Sweat and have fun!

South Bellevue Community Center \$88(R) \$104(N) Age: 16Y & Up

2300490-6 6-6:50am Tue,Thu Jul 06-Aug 01

#### **BellevueAtHome: Virtual Total Body Fitness**

Join a certified group fitness instructor virtually from home for this fun, affordable and effective way to burn stubborn body fat and improve your level of fitness! Workouts are modified for virtual participants using bodyweight exercises, agility movements, and more to strengthen your body and core. Get ready to sweat and have fun!

South Bellevue Community Center

\$44(R) \$52(N) Age: 16Y & Up 2300489-6 6-6:50am Tue

Jul 11-Aug 01

Age: 16Y & Up \$33(R) \$39(N)

2300600-6 6-6:50am Jul 06-Jul 27 Thu

#### Cycle/Stretch

Join us for this fusion class of beginner level indoor cycling and flexibility exercises. Class is designed for those who are new to indoor cycling including: older adults, participants new to exercise and de-conditioned participants.

South Bellevue Community Center Age: 13Y & Up \$56(R) \$68(N)

2300463-5 10:30-11:30am Tue,Thu Jul 06-Aug 01

#### Cycling

Double the benefits as you increase your aerobic fitness level and burn a lot of calories in the fresh air of our outdoor natural setting. Classes are held under cover. Dress for the temperature. This is an all-levels class as you control your pace in our friendly, welcoming community.

South Bellevue Community Center \$98(R) \$118(N) Age: 13Y & Up

2300025-5 6-7am Mon,Wed Jul 03-Aug 16

# **Body & Mind**

#### SilverSneakers Yoga

SilverSneakers® Yoga: Seated and standing yoga poses to increase flexibility, balance and range of motion. This is a drop-in program, no pre-registration required.

North Bellevue Community Center Age: 18Y & Up \$6(R) \$7(N) 11am-12pm Tue,Thu Ongoing

#### **Gentle Yoqa**

Each class offers poses for stretching, active strengthening and deep relaxing. We focus on alignment for joint safety and use props to make poses accessible for many levels of experience. Benefits include: improved strength, flexibility and balance; reduced tension; better joint health; better mental clarity and an overall feeling of well-being.

South Bellevue Community Center

\$78(R) \$90(N) Age: 13Y & Up

2300495-5 11:45am-12:45pm Tue Jul 11-Aug 15

#### Yoga - All Levels

Beginner and intermediate students who want a strong, safe foundation in alignment yoga will develop body awareness, flexibility, balance, and strength, plus learn sequences to start a personalized yoga practice. Students with injuries or health conditions will learn modifications to practice safely. This joyful class integrates other aspects of a well-rounded practice such as breathing, meditation and health and nutrition tips.

South Bellevue Community Center

Age: 13Y & Up \$78(R) \$90(N)

2301777-1 6-7pm Wed Jul 12-Aug 16

#### **Pilates**

Pilates is a low-impact exercise designed to strengthen core muscles, increase body awareness, and improve balance and flexibility. This class combines Pilates basics with yoga and barre exercises. Students often feel a sense of overall wellness with a stronger mind-body connection. All fitness levels welcome.

South Bellevue Community Center

\$84(R) \$99(N) Age: 13Y & Up

2300126-6 9:15-10:15am Fri Jul 07-Aug 18

#### **Forest Bathing**

Inspired by the Japanese practice of shinrin-yoku, Forest Bathing--spending quiet time in nature-- has scientifically proven to boost immune strength, reduce stress, and improve cognitive functioning. Beyond these physiological benefits, Forest Bathing also offers the opportunity to deepen your relationship with the natural world. By slowing down and carefully observing with all the senses, we may notice incredible things that have eluded us our whole lives. Escape the rapid pace of your daily routine, relax, and find unexpected beauty in the moment and all around. On this walk, a certified guide offers a series of invitations to help you find your own authentic way of interacting with the forests around the South Bellevue Community Center. There's no right or wrong way to do it; just be yourself and enjoy the forest.

South Bellevue Community Center

\$25(R) \$30(N) Age: 12Y & Up

2301473-4 9-10:30am Jul 19 Wed

#### **Sound Bath**

A sound bath is a meditative practice with waves of soothing, echoing sound from traditional wind and crystal bowl instruments. Learning to focus on the sound waves may help participants feel a decrease in stress, fatigue, anxiety, depression, sadness, and pain. Sound baths may improve your overall mood and release tension in your body as it sooths the nervous system. Participating in a sound bath may be easier than other meditative practices because all you need to do is listen. Relaxation is the main takeaway from the session, and it is not intended to replace other medication or therapies.

South Bellevue Community Center

\$22.50(R)	\$27(N) Age:	: 13Y & Up	
2301361-7	10:30-11:30am	Sat	Jul 15
2301359-6	6-7pm	Fri	Jul 21
2301361-8	10:30-11:30am	Sat	Jul 29
2301359-7	6-7pm	Fri	Aug 04
2301361-9	10:30-11:30am	Sat	Aug 12
2301359-8	6-7pm	Fri	Aug 18
	2301361-7 2301359-6 2301361-8 2301359-7 2301361-9	\$22.50(R) \$27(N) Age: 2301361-7 10:30-11:30am 2301359-6 6-7pm 2301359-7 6-7pm 2301361-9 10:30-11:30am 2301359-8 6-7pm	2301359-6 6-7pm Fri 2301361-8 10:30-11:30am Sat 2301359-7 6-7pm Fri 2301361-9 10:30-11:30am Sat

## **Martial Arts**

#### **Shotokan Karate**

Learn traditional Karate with a non-violent philosophy emphasizing Respect, Excellence, Strength and Character with fun and experienced Black Belt instructors.

South Bellevue Community Center

\$72(R) \$88(N) Age: 6-12Y 2300474-7 6-6:50pm Jul 05-Jul 31 Mon,Wed

Age: 6-12Y \$45(R) \$55(N)

Mon,Wed 2300474-8 6-6:50pm Aug 02-Aug 16

Ages 12-Adult or instructor permission for younger children.

Age: 12Y & Up \$72(R) \$88(N) 2300475-7 7-7:50pm

Jul 05-Jul 31 Mon,Wed

\$45(R) \$55(N) Age: 12Y & Up

2300475-8 7-7:50pm Mon,Wed Aug 02-Aug 16

#### Taekwondo

An ancient Korean Martial Art, Taekwondo is a system of practical techniques for self-defense. Instruction is designed to emphasize kicks and punches that strengthen and condition the whole body and promote confidence, patience and respect.

South Bellevue Community Center

\$56(R) \$66(N) Age: 5Y & Up 2300503-7 4-4:50pm Tue,Thu Jul 06-Jul 27 2300550-7 5-5:50pm Tue,Thu Jul 06-Jul 27 \$48(R) \$57(N) Age: 5Y & Up 2300503-8 4-4:50pm Tue,Thu Aug 01-Aug 17 2300550-8 5-5:50pm Tue,Thu Aug 01-Aug 17

6pm class is for ages 9-Adult or by instructor permission.

Age: 9Y & Up \$56(R) \$66(N)

2300482-7 6-6:50pm Tue,Thu Jul 06-Jul 27

Age: 9Y & Up \$48(R) \$57(N)

Tue,Thu Aug 01-Aug 17 2300482-8 6-6:50pm

#### Conqueror Hapkido

Conqueror Hapkido & Mixed Martial Arts for Self Defense is a family friendly program that aims to instill or enhance discipline, patience, perserverance and self-confidence through fitness, self-defense, Martial Arts and meditation exercises. Pre-registration required, no drop-in allowed.

North Bellevue Community Center

\$72(R) \$90(N) 2301809 5:30-6:30pm Mon,Wed Jul 03-Jul 31 2301810 5:30-6:30pm Mon,Wed Aug 02-Aug 30 \$72(R) \$90(N) Age: 12Y & Up 6:35-7:35pm 2301812 Mon.Wed Jul 03-Jul 31 Aug 02-Aug 30 2301813 6:35-7:35pm Mon.Wed

# Natural Resources & **Outdoor Education**

# Ranger Programs

#### Ranger Program: Hunters of the Sky

Dragonflies are beautiful and intriguing to watch but did you know they are also ferocious predators? They can judge the speed and trajectory of their prey with such precision that they adjust their flight accordingly and ambush unsuspecting insect's mid-air. Join a Park Ranger for a fun filled hour to learn more about these aerial hunters.

Mercer Slough Nature Park

**FREE** Age: 5Y - 10Y

2301869 2-3pm Sat Jul 15

#### Ranger Program: Nature's Landscape Engineers

Beavers' ability to change the landscape is second only to humans. These amazing rodents are so valuable to the ecosystem that Native Americans often referred to them as the "sacred center." Come learn more about these nocturnal creatures that call the Mercer Slough home.

Mercer Slough Nature Park

Age: 5Y - 10Y **FRFF** 

2301870 Aug 19 2-3pm Sat

#### Ranger-led Hike at Lewis Creek Park

Join a Bellevue Park Ranger to explore the natural and cultural history of Lewis Creek Park. Look for signs of local wildlife and learn what to do when encountering animals in the wild. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Preregistration required for each participant.

Lewis Creek Visitor Center & Park

**FREE** Age: All Ages 2301828 10:30-11:30am Jul 01 2301829 10:30-11:30am Aug 05

19

#### Ranger-led Hike at Lakemont Highlands Open Space

Join a Bellevue Park Ranger at the Lewis Creek Visitor Center to explore the Lakemont Highlands Open Space trail system. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (3.5 miles with 680 ft elevation change). Preregistration required for each participant.

Lewis Creek Visitor Center & Park

Age: All Ages

2301846 10am-12pm Aug 12

#### **Ranger-led Hike at Lakemont Community Park**

This lovely trail winds alongside a creek as we ascend and descend throughout the park. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 700 ft total elevation change). Preregistration required for each participant.

Lakemont Community Park

FREE Age: All Ages 10:30am-12pm Sun 2301844 Jul 23

#### Ranger-led Hike at Coal Creek

Explore Coal Creek at the Cinder Mine Trailhead to discover Bellevue's largest park and get lost in the wilderness while still in the city! This area is rich in history and wildlife you'll learn about while being guided by a Bellevue Park Ranger. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 240 ft elevation change). Preregistration required for each participant.

Coal Creek Natural Area

**FREE** Age: All Ages

2301205 10:30am-12pm Sun Jun 11

#### **Ranger Hike: Mercer Slough Nature Park**

Bring the whole family to join a Ranger on a guided 1.5-mile hike through the Mercer Slough Nature Park. This kid-oriented program aims to educate kids and their parents about the Nature Park while discovering the birds and animals that call the Mercer Slough home. The hour-long nature walk ends at the channel bridge in the middle of the park. From there you can continue on to further explore the rich diversity the park has to

Ages: All are welcome but best for 5 and up.

Mercer Slough Nature Park

FREE		Age: 3Y & Up	
2301858	2-3:30pm		Jul 08
2301859	2-3:30pm		Jul 29
2301860	2-3:30pm		Aug 12
2301861	2-3:30pm		Aug 26

#### Ranger Walk: Lake Hills Greenbelt

Interested in a weekend activity that's both fun and educational? Bring the whole family to the Lake Hills Greenbelt Ranger Station for a mild 1-mile nature hike through the Greenbelt's trails and discover the season's myriad of flora and fauna. Wear your favorite weather-appropriate outdoor clothing and shoes, and feel free to bring personal wildlife-viewing gear (e.g. binoculars or magnifying glasses) to further enjoy the park. If you're feeling especially energized, continue on to the Larsen Lake trail loop and use your newfound knowledge to explore. We'll be heading out rain or shine, so come prepared to learn and have a great time! Pre-registration required.

Lake Hills Greenbelt

REE	A	ge: Up to 100Y	
	2-3pm	Sat	Jun 24
	2-3pm	Sat	July 01
	2-3pm	Sat	July 08
	2-3pm	Sat	July 15
	2-3pm	Sat	July 22
	2-3pm	Sat	July 29
	2-3pm	Sat	Aug 05
	2-3pm	Sat	Aug 12
	2-3pm	Sat	Aug 19
	2-3pm	Sat	Aug 26

#### Ranger-led Hike at Lattawood Park

Meets at Lattawood Park Near the Playground, 4530 155th Ave SE Join a Bellevue Park Ranger to learn about local ecology and the restoration efforts in this neighborhood park. Please dress for the weather and wear sturdy shoes. This hike is rated as easy, (0.25 miles and mostly flat). Preregistration required for each participant.

Lattawood Park

Free All Ages 10:30-11:15am Sun Jul 30

# Family Discovery **Series**

#### **Canoe Mercer Slough**

Explore the beautiful Mercer Slough Nature Park by water! Bellevue park rangers lead this 3-hour canoe trip from Enatai Beach Park. You'll see how this amazing ecosystem functions as you travel into the heart of Mercer Slough Nature Park, a 320 acre wetland. You may catch a glimpse of otters, herons, turtles, and other wildlife of Mercer Slough. Prior canoeing or paddling experience and pre-registraton for each participant is required. Due to upcoming changes in our registration system, all registrations must be completed by phone. Call the Mercer Slough Environmental Education Center at 425-452-2565. Leave a message if no answer. We will return calls for confirmation of registration or your place on the waitlist.

Enatai Beach Park

	Age: 5Y & Up	
8:45-12am	Sun	Jul 09
8:45-12am	Sun	Jul 16
8:45-12am	Sun	Jul 23
8:45-12am	Sun	Jul 30
8:45-12am	Sun	Aug 13
8:45-12am	Sun	Aug 20
8:45-12am	Sun	Aug 27

# Family Discovery Series

#### **Delightful Ducks**

Many ducks make their home in the Pacific Northwest all year round. Come for a walk down the lake hills greenbelt and learn how our different local web-footed friends adapt to the changing seasons. Also enjoy a duck craft back at the Ranger Station! All children must be registered and accompanied by a registered adult

Lake Hills Greenbelt

FREE		Age: 4-10Y	
	10-11am	Sat	Jul 15
	10-11am	Sat	Jul 29

#### **Priceless Pollinators**

Summer is here, and our little buzzing and fluttering companions are waking up and getting to work! Join us at the Lake Hills Ranger Station to learn about the many different local pollinators and all that they do for us!

Lake Hills Greenbelt

FREE	Age: 4-10Y		
	10-11am	Sat	Aug 12
	10-11am	Sat	Aug 26

#### A Batty Evening at the Lake Hills Greenbelt.

When darkness falls, nocturnal animals are just waking up! From bats to owls in the air, and raccoons to coyotes on the ground, the night is ever so active! Discover which of these creatures live in Bellevue and come listen for them on a special Ranger-led night hike!

Lake Hills Greenbelt

FREE	Age:		
	8:30-9:30pm	Fri	Aug 25

#### **Toddler Trails**

Come enjoy a special program designed for our littlest explorers. Whether by stroller or shoe, this short walk along the lake hills greenbelt trail will give your little one an opportunity to look at some different plants and learn about a few special animals.

Lake Hills Greenbelt

FREE	Age: 18-36 Months with accompanying adult(s)			
	10-10:45am	Fri	Jul 07	
	10-10-45am	Fri	Διισ 11	

#### **Toddler Trails**

Explore the trails at Lewis Creek Park with a park ranger and get out some wiggles. We'll take frequent stops while we investigate the different environments of Lewis Creek Park we wander through and learn how we can make hiking fun for everyone. This is an outdoor program, please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (.5 miles).

Lewis Creek Visitor Center & Park

FREE	Age: 18-36 Months with accompanying adult(s)			
	10-11am	Sat	Jul 08	
	10-11am	Sun	Aug 27	

#### **Creature Crafts**

Join us for an hour of themed crafts and fun with your little ones. Create a take home craft and have fun with additional activities your little explorer can discover at their own pace. Each month we'll have a new topic to focus on.

Lewis Creek Visitor Center & Park

Ages 3-7 with a	accompanying adult(s).	
10:30-11:30am	Sun	Jul 02
10:30-11:30am	Sat	Jul 22
10:30-11:30am	Sun	Aug 13
10:30-11:30am	Sat	Aug 19

#### Street Smart Raccoons

Finding masked bandits in your garbage can be startling, but there's no need to be afraid! Come learn more about our problem-solving neighborhood raccoons and how they've learned to navigate our urban environments.

Lewis Creek Visitor Center & Park

FREE	Age: 5Y-10Y with accompanying adult(s)		
	2:30-3:30pm	Sun	Jul 09
	2:30-3:30pm	Sat	Jul 15
	2:30-3:30pm	Sat	Iul 29

#### **Busy Beavers**

Beavers shape the environment with help from their whole families to make places where animals of all shapes and sizes live. Join us as we learn all about nature's engineers, we'll do a fun fur experiment and go on a short walk around our wetland.

Lewis Creek Visitor Center & Park

REE	Age: 5Y-10Y with accompanying adult(s)				
	2:30-3:30pm	Sun	Aug 06		
	2:30-3:30pm	Sun	Aug 20		
	2:30-3:30pm	Sat	Aug 26		

#### **Batty Nights at Lewis Creek Park**

Come test out your echolocation with a Park Ranger. We'll learn all about our local bat species while taking a dusk hike to watch for bats as they forage for insects! Bring a flashlight or headlamp, as well as sturdy shoes! Preregistration required for children and adults.

Lewis Creek Visitor Center & Park

FREE	Age: 5Y & Up w/ adult(s)		
	8:30-10pm	Fri	Jul 14
	8-9:30pm	Fri	Aug 25

# Adult Enrichment Series

#### **Evening Nature Walk**

Join a Bellevue Park Ranger for a (grown-ups only) hike where we'll explore some of the park's nocturnal species, as well as strategies for seeing these shy animals at night. Please bring a flashlight or headlamp, dress for the weather, and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Ages 18+. Preregistration required for each participant.

Lewis Creek Visitor Center & Park FREE Age: 18Y & Up

8:30-10pm Fri Jul 28

# **Story & A Stroll**

#### Story and a Stroll

Join a park Ranger to explore the forested Wetlands of the Mercer Slough Nature Park. Each week as we venture outside, children will be fascinated by all there is to discover and become more comfortable navigating the trail. Children will also enjoy a nature-based story connecting them to the natural world. Each week we will read a new story!

#### Mercer Slough Nature Park

FREE	Ag	ge: 3Y & Up	
2301862	11am-12pm	Fri	Jul 07
2301863	11am-12pm	Fri	Jul 14
2301864	11am-12pm	Fri	Jul 21
2301865	11am-12pm	Fri	Jul 28
2301866	11am-12pm	Fri	Aug 11
2301867	11am-12pm	Fri	Aug 18
2301868	11am-12pm	Fri	Aug 25

# **Adult Sports**

#### **Adult Sports Leagues**

Adult volleyball and basketball leagues play Fall, Winter, & Spring seasons at various Bellevue Parks locations and are supervised by Parks staff. Players must be 18 or older. An Interested Players List is maintained and made available to team managers looking for additional players. For more information visit <u>BellevueWA.gov/Leagues</u>. email the league coordinator at leagues@BellevueWA.gov, or call 425-452-4479.

### **Tennis**

#### **Teen Instructional Clinic**

Class is designed for Beginning to Advanced Beginning levels of Teens.

#### Robinswood Tennis Center

\$52		Age: 14-17Y	
2301054	12-1pm	Mon-Thu	Jun 26-Jun 29
2301055	12-1pm	Mon-Thu	Jul 10-Jul 13
2301056	12-1pm	Mon-Thu	Jul 24-Jul 27
2301057	12-1pm	Mon-Thu	Aug 07-Aug 10
2301058	12-1pm	Mon-Thu	Aug 21-Aug 24

Online registration not available for the following Junior Teams. A tryout is required each session. Tryout forms and form drop-off date are available at BellevueWA.gov/Tennis

#### Team 1

Have progressed past Saturday Intermediate Lessons. Players at this level should already be able to keep score, play matches against other players, execute volleys & overheads, and place serves consistently in the box. USTA Rookie Level Tournament Players.

#### Robinswood Tennis Center

\$126		Age: All Ages	
2301027	2-3:30pm	Tue,Thu	Jun 27-Jul 27
\$112		Age: All Ages	
2301040	2-3:30pm	Tue,Thu	Aug 01-Aug 24

#### Team 2

Players on Team 2 have finished a session in one of the top ladder spots on Team 1. They have shown a progression of their basic skills and they are incorporating those skills into their match play. Team 2 players are playing at an intermediate USTA level.

#### Robinswood Tennis Center

\$126		Age: 4-18Y	
2301028	3:30-5pm	Tue,Thu	Jun 27-Jul 27
\$112		Age: 4-18Y	
2301042	3:30-5pm	Tue,Thu	Aug 01-Aug 24

#### **Tournament Team**

Players on Tournament Team have finished a session in one of the top spots on Team 2. A requirement for this team is that the student is actively participating in tournaments. The student has a strong grasp of the basics and is working on developing offensive shots and strategies. Tournament Team players are playing at an intermediate and/or advanced USTA level.

#### Robinswood Tennis Center

\$210	Α	ge: 4-18Y	
2301025	2-3:30pm	Mon,Wed	Jun 26-Jul 28
	10:30am-12pm	Fri	
\$168	Α	ge: 4-18Y	
2301039	2-3:30pm	Mon,Wed	Jul 31-Aug 25
	10:30am-12pm	Fri	

#### **Elite Team**

This junior team is for USTA Champs level players only. Participants should be ranked in the top 50 of their age group in the Pacific Northwest to try out. Drill and Match-play environment. Highest Level of Junior Teams at Robinswood.

#### Robinswood Tennis Center

\$210		Age: 4-18Y	
2301025	3:30-5pm	Mon,Wed	Jun 26-Jul 28
	9-10:30am	Fri	
\$168		Age: 4-18Y	
2301038	3:30-5pm	Mon,Wed	Jul 31-Aug 25
	9-10·30am	Fri	

## **Pickleball**

#### **Adult Drop-In Pickleball**

North Bellevue Community Center \$4(R) \$5(N) 3-5pm Monday, Wednesday, Friday - Ongoing



# Still looking for summer day camps?

Visit BellevueWA.gov/Connections to download a copy of our summer camp brochure.

Act fast — limited space is available.



### **Tuesday Nights**

July 18 Minions: The Rise of Gru

July 25 Trolls World Tour

August 1 Hoodwinked

August 8 Elf

August 15 Karate Kid

August 22 Back to the Future II

Pre-movie entertainment starts at 7 p.m. Movies start at dusk Downtown Park - 10201 4th St NE



Free family activities starting at 7 p.m.

Movies start at dusk.

Crossroads Park - 16140 NE 8th St

## **Thursday Nights**

August 3 Detective Pikachu

August 10 Big Hero 6

August 17 Dumbo

August 24 Hocus Pocus

### BellevueOutdoorMovies.com



Presented by



