

CONNECTIONS

April to
June, 2023

Bellevue resident registration begins March 6

Registrations from non-Bellevue
residents will be accepted
beginning March 13.



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ParksWeb@BellevueWA.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.



Bellevue Parks &
Community Services

CONNECTIONS



Bellevue Parks & Community Services

PO Box 90012
Bellevue, WA 98009-9012

Bellevue City Council

Lynne Robinson, Mayor

Jared Nieuwenhuis, Deputy Mayor

Jeremy Barksdale

Conrad Lee

Jennifer Robertson

John Stokes

Janice Zahn

Parks & Community Services Board

David Hamilton, Chair

Paul Clark, Vice-Chair

Rowena Clima

Pradeep Singh

Eric Synn

Heather Trescases

Food & Refreshments

Programs listed in this brochure may include a food or beverage refreshment. Please contact your Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

City of Bellevue Tax ID Number

91-6007020

Every attempt has been made to ensure that information in this brochure is accurate at the time of publication. For the most up-to-date information on activity availability, pricing, dates, times, and location, please visit our online registration system at register.BellevueWA.gov.

Program availability, minimum and maximum enrollment, location, times, dates, and health screening requirements are all subject to change based on the latest guidance from local, state, and national public health authorities.

*Questions or comments about this publication?
Contact Colin Walker, Department Marketing
Administrator, CWalker@BellevueWA.gov.*

On the cover: Explore Bellevue's parks in springtime with a ranger-led activity! Photo by Marcus Donner.

Equal Opportunity Statement

The City of Bellevue assures that no person shall on the grounds of race, color, national origin, or sex as provided by Title VI of the Civil Rights Act of 1964, and related statutes, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any City of Bellevue program or activity. Any person who believes his/her Title VI protection has been violated may file a complaint with the ADA/Title VI Administrator. For Title VI complaint forms and advice, please contact the ADA/Title VI Administrator at 425-452-6168.

정보	Information	情報
Información		معلومات
సమాచారం		Информация
اطلاعات		Thông Tin
सूचना		資料
425-452-6800		



Financial Assistance Available for Recreation Programs

Bellevue Parks & Community Services strives to make program opportunities available to all interested individuals who live in the boundaries of the city of Bellevue, regardless of income. We provide scholarships to those who might not otherwise be able to participate. Visit one of the locations listed at the bottom of this page to obtain a copy of the scholarship application form, visit BellevueWA.gov/Connections to download a copy, or call 425-452-6885 and staff will be happy to mail you a copy of the form, free of charge.

贝尔维尤公园和社区服务中心致力于为居住在贝尔维尤市边界地区的所有对此计划感兴趣的人士提供机会，而不会考虑个人的收入情况。我们为可能无法参与的人士提供奖学金。您可前往本页底部列出的其中任一地点，领取一份奖学金申请表副本，也可以浏览网站 bellevuewa.gov/connections 下载一份副本，或致电 425-452-6885，工作人员将乐意给您免费邮寄申请表副本。

Bellevue 公園和社區服務致力於為居住在 Bellevue 市邊界的所有感興趣的個人提供計劃機會，無論收入為何。我們為那些可能無法參加的人提供獎學金。請瀏覽本頁下方列出的地點之一以索取獎學金申請表的副本，請瀏覽 bellevuewa.gov/connections 下載副本，或致電 425-452-6885，工作人員將很樂意為您郵寄一份副本表格，無需額外費用。

벨뷰 공원 및 근린시설 서비스는 소득 수준과 관계없이 프로그램에 관심이 있는 벨뷰시 거주 시민이라면 누구든지 프로그램을 이용할 기회를 제공하고자 노력합니다. 참여가 어려운 사람에게는 장학금을 제공합니다. 이 페이지 하단에 열거된 지점 중 한 곳을 방문하거나 bellevuewa.gov/connections를 방문하여 장학금 지원서 양식을 받을 수 있으며, 425-452-6885번으로 전화하면 직원이 지원서 양식을 무료로 발송해드립니다.

Bãi đỗ xe & Dịch vụ Cộng đồng Bellevue cố gắng tạo cơ hội tham gia chương trình cho tất cả những cá nhân quan tâm sống trong địa phận thành phố Bellevue, bất kể thu nhập. Chúng tôi cung cấp học bổng cho những cá nhân không thể tham gia. Truy cập một trong những địa điểm được liệt kê ở cuối trang này để lấy một bản sao của mẫu đơn đăng ký học bổng, truy cập bellevuewa.gov/connections để tải xuống một bản sao, hoặc gọi 425-452-6885 và nhân viên luôn sẵn lòng gửi cho quý vị một bản sao của mẫu đơn qua đường bưu điện hoàn toàn miễn phí.

Bellevue パーク&コミュニティサービスは、プログラムにご興味をお持ちのBellevue市民全員が収入の多寡によらずご利用いただけるよう努めています。参加が叶わない方には奨学金を支給しています。奨学金の申請用紙は、このページの下に記載の場所にて直接入手または bellevuewa.gov/connections からダウンロード、あるいは 425-452-6885 にお電話いただければ、職員が無料で用紙を郵送させていただきます。

Служба парков и коммунальных предприятий Белвью предлагает программы создания возможностей всем заинтересованным лицам, которые живут в пределах города Белвью, независимо от их дохода. Мы предоставляем стипендии тем, кто без этого не сможет стать участником программы. Получить бланк заявки на стипендию можно в одном из офисов, перечисленных в нижней части этой страницы. Чтобы скачать бланк заявки, зайдите на страницу bellevuewa.gov/connections или позвоните по номеру 425-452-6885, и сотрудники бесплатно отправят вам бланк по почте.

Parques y Servicios Comunitarios de Bellevue procura hacer que las oportunidades para participar en los programas estén disponibles a todos aquellos que estén interesados y vivan dentro de los límites de la ciudad de Bellevue, independientemente de sus ingresos. Otorgamos becas a los que no podrían participar de otra manera. Visite algunos de los locales listados al pie de esta página para obtener una copia del formulario de solicitud de becas, también puede ingresar a bellevuewa.gov/connections y descargar el formulario o puede llamar al 425-452-6885 y el personal felizmente le enviará una copia por correo electrónico sin costo.

Bellevue Aquatic Center 601 143rd Ave NE
Bellevue City Hall 450 110th Ave NE - ServiceFirst
Bellevue Youth Theatre 16501 NE 10th St
Crossroads Community Center 16000 NE 10th St
Highland Community Center 14224 Bel-Red Rd

Kelsey Creek Farm 410 130th Pl SE
Crossroads Mini City Hall 15600 NE 8th St #H9
North Bellevue Community Center 4063 148th Ave NE
Northwest Arts Center 9825 NE 24th St
South Bellevue Community Center 14509 SE Newport Way

Registration & Payment Policies

Every effort is made to ensure that the information in this catalog is accurate at the time of publication. Because policies, personnel, and funding can change, Bellevue Parks & Community Services reserves the right to add or withdraw programs and to amend, revise, or modify any provision, including - but not limited to - price, date, and location, printed in this brochure. You are encouraged to visit Register.BellevueWA.gov for the most up-to-date information.

For camps meeting fewer than 15 hours per week, please see "General Recreation Programs and Mini-Camps" policies. Day Camp policies on this page do not apply to camps meeting fewer than 15 hours per week.

Food & Refreshments

Programs listed in this brochure may include a food or beverage refreshment. Please contact the Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

City of Bellevue Tax ID Number:

91-6007020

Registration Priority:

The City of Bellevue is committed to providing a wide range of recreation activities for Bellevue residents. Therefore, the City gives advance registration preference for those residing within the Bellevue city limits. Non-residents are welcome to take part in recreation programs on a space-available basis. Non-resident registrations are not accepted prior to the first day of non-resident registration. On this day, mailed and faxed registrations will be accepted, via phone at 425-452-6885, or online at <http://register.bellevuewa.gov>.

Due to an interlocal agreement with King County, all registrations for programs at South Bellevue Community Center are processed in the order received.

Registration Confirmation:

Registration receipts are mailed electronically after registration has been processed. Call 425-452-6885 to request a printed registration receipt.

Financial Assistance/Scholarships:

Financial assistance is available to qualifying residents who live within the Bellevue City limits. Applicants will be notified of the amount due for each registration after financial assistance application is processed. Please call 425-452-6885 or visit BellevueWA.gov/Connections for information on applying for financial assistance.

Payment:

Payment is accepted in cash, gift certificates, checks, or Visa/MasterCard only. Payment for all programs except day camps is due in full at the time of registration. All transactions completed online require payment in full at the time of registration. *Scholarship/financial assistance application is required prior to registration.* Please do not mail cash.

General Recreation Programs and Mini-Camps: Payment is due at the time of registration. Scholarship application is required prior to registration if paying with scholarship.

Day Camps: Each Day Camp requires a \$35 non-refundable fee, per participant, per camp, at the time of registration, and will be applied toward the final amount due. Payment in full is due for the first two (2) camps at the time of registration. Payments for subsequent camps are due fourteen (14) calendar days prior to the first day of each session.

Credit Card:

Include credit card number and expiration date on registration form.

Checks:

All checks or drafts received by the City which are returned or dishonored by the drawee bank or other such depository shall be assessed a charge of \$15.00 (Administrative Order 53).

Refunds:

Classes cancelled by the City will result in a 100% refund of program fees. No refunds are available for programs \$10 or less. No refunds or credits will be issued on or after the first day of the program or camp. See COVID-19 procedures on preceding pages for information regarding pandemic-related refunds.

General Recreation Programs/Mini-Camps

(camps meeting fewer than 15 hours per week):

A refund is granted if the withdrawal is made at least seven (7) calendar days prior to the start of class, less a \$10 administrative fee per participant, per program. Class withdrawals requested fewer than seven (7) calendar days prior to class will result in a refund of:

- Programs with fees \$20 or less: program fee, less \$10 administrative fee, per participant, per program.
- Programs with fees greater than \$20: 50% of the program fee, per participant, per program.

Day Camps (camps meeting 15 hours or more per week): A refund is granted if the withdrawal is made at least ten (10) calendar days prior to the first day of class, less a \$35 non-refundable deposit, per participant, per camp. Camp withdrawals requested less than ten (10) calendar days prior to camp will result in a refund of 50% of the program fee, per participant, per program. If you are interested in transferring to a different camp, please call 425-452-6885 for information on our transfer policy.

RESIDENT DEFINITION:

A resident is defined as anyone living within the jurisdictional boundary of the City of Bellevue as determined by City records. If you have any question as to whether you are within the jurisdictional boundary of the City of Bellevue, please contact the Development Services Department's Land Use Division at 425-452-4188.

The City of Bellevue prohibits sex discrimination in the operation or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Bellevue for a community athletic program are also prohibited from discriminating on the basis of sex. In addition, the City of Bellevue does not discriminate on any other basis provided by Federal or State law. If you have questions or wish to file a complaint, contact Susan Freeburg at SFreeburg@bellevuewa.gov, or 425-452-4278.



Activity Registration Form



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ParksWeb@BellevueWA.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

Bellevue resident registration begins March 6
Registrations from non-Bellevue residents will be accepted beginning March 13.

Please Print Clearly

Adult Last Name Adult First Name Adult Date of Birth

Street Address City State ZIP

E-Mail Address - By providing your email address, you will receive emailed receipts and updates from Bellevue Parks & Community Services.

()
Work Phone

()
Home Phone

Participant #1 Name:

Last First

Date of Birth: Male Female

Class No	Class Title	Fee	Use Scholarship?

☐ Check here if you need to be contacted by staff to request a modification for a participant with a disability.

Participant #2 Name:

Last First

Date of Birth: Male Female

Class No	Class Title	Fee	Use Scholarship?

Participant #3 Name:

Last First

Date of Birth: Male Female

Class No	Class Title	Fee	Use Scholarship?

Payment Details

Payment Method

☐ Check ☐ D.D.A. (send to Highland)

☐ Credit Card

Total Fee: \$



Card Number

Expiration Date

Waiver on reverse side of form must be signed prior to returning this form. Registrations received without a signed waiver will not be processed.



WAIVER OF LIABILITY/PHOTO & VIDEO RELEASE

PLEASE READ CAREFULLY

In consideration of myself and/or my child(ren) being allowed to use City of Bellevue Parks & Community Services facilities and/or participate in the City-sponsored activity(ies) identified herein, I ASSUME ANY AND ALL RISKS, INCLUDING RISK OF INJURY OR DEATH, associated with my or my child(ren)'s use of said facilities and/or participation in said activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to waive and RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facilities or participation in the City-sponsored activity(ies) identified herein. I acknowledge that I have carefully read this WAIVER OF LIABILITY and fully understand that I am waiving any right that I may have to bring a legal action or to assert a claim against the City of Bellevue in connection with the use of City facilities or participation in the City-sponsored activity stated below.

PHOTO/VIDEO RELEASE: I give my permission to have photos and/or video and audio recordings taken of me or my child(ren) during City of Bellevue activities and authorize the City of Bellevue to copyright, use, and publish the same. I understand I am waiving any right of privacy, compensation, copyright or other ownership right connected to the photo or recording. If you do not give permission to have photos and/or video and audio taken of you or your child(ren), please contact the main office at 425-452-6885 or Parksweb@bellevuewa.gov.

I acknowledge that I have carefully read this WAIVER OF LIABILITY / PHOTO & VIDEO RELEASE and fully understand that I am waiving any right that I may now or hereafter have to bring a legal action to assert any claim against the City of Bellevue in connection with my or my child(ren)'s participation in this activity.

Participant's Parent/Guardian Signature

Date

Printed Name

Registration NOT VALID without signed waiver.

Mail completed form to:

Bellevue Parks Registration; P.O. Box 90012; Bellevue, WA 98009-9012

Low-Cost & No-Cost Programs

Bellevue Parks & Community Services offers a variety of low-cost and no-cost programs for all ages! Enjoy year-round participation in one or more of these programs for less than \$500.

Visit BellevueWA.gov/scholarship to learn more about our financial assistance program, which provides up to \$500 per year to Bellevue residents meeting certain income guidelines.

Bellevue Aquatic Center

Lap Swim
Open Swim

Bellevue Botanical Garden

Docent-Led Tours

Bellevue Skate Park

Skate Clinics

Bellevue Youth Theatre

Winnie the Pooh
Beauty and the Beast
Amelia Earhart
Peter Pan JR.

Crossroads Community Center

Adult Volleyball
Adult Pickleball
Adult, Youth, and Family Basketball
Adult Kite Flying
Adult Table Tennis
Adult, Youth & Family Games Room - Billiards, Table Tennis, Air Hockey, Foosball

Highland Community Center

Adaptive Recreation Programs: Trivia, BINGO, Mindfulness, Hangout, Fitness, Track, Movie Time, Arts & Crafts, Physical Disability Exercise, Wheelchair Basketball.

Kelsey Creek Farm

Saturday Morning Teen Farm Volunteers
After School Teen Farm Volunteers
Adult Farm Volunteers
Stitch Circle
Weekend Workshops
Sheep Shearing Special Event
Log Cabin Open House
Fraser Cabin Heritage Program

Lake Hills Greenbelt Ranger Station

Ranger Walks
Family Discovery Series

Lewis Creek Visitor Center

Evening Programs
Ranger-led Hikes
Family Discovery Series

Mercer Slough Environmental Education Center

Story & A Stroll
Ranger-led Hikes
Family Discovery Series

North Bellevue Community Center

Friday Movies
Book Club
Billiards
Chorus
Cribbage
Drop-In Pickleball
Drop In Table Tennis
Adult Volleyball Drop-In - Hidden Valley Gym
Line Dancing
Board Games
Coffee & Coloring
Duplicate Bridge
Pinochle
SeniorTech Computer Help
Sounds of Swing - Jazz

South Bellevue Community Center

Active Adult Fitness
Badminton
Basketball - Adult & Family
Indoor Cycling & Cycle/Stretch
Fitness Center Drop-In
Pickleball
Shotokan Karate - Youth
Taekwondo
Adult Volleyball
ZUMBA

TRACKS

Tuesday Trails
Wednesday Walks
TRACKS Elementary Program

Inclusion Process

Bellevue Parks & Community Services provides a variety of programs, activities, and services. We are committed to working with people with disabilities, their families, and caregivers to help ensure they have access to services. We provide information about program opportunities and when needed, modifications that make it possible for participants to access and participate in programs of their choice.

We welcome the opportunity to provide modifications for people with disabilities so that full participation in leisure and recreation programs, classes, services, and facilities may be enjoyed by all. The City provides reasonable modifications on a case-by-case, individualized basis including, but not limited to, training of staff, added supervision, use of adaptive equipment, consultation with other professionals, and taking other steps to ensure a safe and enjoyable leisure experience.

Successful participation and modifications succeeds with the commitment of staff, participants, as well as parents/guardians. You may request modifications during the registration process, or any time after registration. Participants are asked to notify staff regarding reasonable modifications necessary for participation, if possible, at least two full weeks prior to the start of the program. However, in some cases we may need more time to make a reasonable modification. The city strives to provide a safe and enjoyable environment and will do this cooperatively with all participants.

Individuals who have requested a modification will receive the city's best efforts at providing adaptations and reasonable support in programs, activities, and services. The city reserves the right to take any and all steps necessary, at any time, to ensure the safety and fundamental nature of its programs, classes, or activities. Inclusive experiences encourage and enhance opportunities for people of varying abilities to participate and interact in life's activities together. They also provide an environment that promotes and fosters physical, social and psychological inclusion of people with diverse experiences and skill levels. Additionally, inclusion is effective in developing community support and encouraging attitudinal changes to reflect dignity, self-respect, and involvement within the community. Recreation and socialization activities and programs provided by Bellevue Parks & Community Services promote healthy social, physical, educational, and cultural development. Inclusion allows those with differing abilities the opportunity to participate in City of Bellevue recreational programs. Inclusion increases the number of recreational choices, allows for individual growth and development, expanded social circles. Adaptive recreation programs provide choice, support skill development, and successful recreation participation for participants with disabilities.

For more information about our inclusion process, or our adaptive recreation programs for youth and adults, contact Highland Community Center at 425-452-7686.

Facility Addresses & Phone Numbers Quick Find Directory

Visit our website: BellevueWA.gov/Parks

RECREATION REGISTRATION.....425-452-6885
FACILITY & FIELD RENTALS425-452-6914

Adult Sports Leagues.....	425-452-4479
Bellevue Aquatic Center.....	425-452-4444
Bellevue Botanical Garden	425-452-2750
Bellevue Golf Course	425-452-7250
Bellevue Youth Theatre.....	425-452-7155
Community Gardens	425-452-2568
Crossroads Community Center.....	425-452-4874
Crossroads Par 3 Golf Course	425-452-4873
Northwest Arts Center Downtown	
Main Club Adult Programs at	
Boys & Girls Clubs of Bellevue	425-452-4106
Highland Community Center.....	425-452-7686
Kelsey Creek Farm Park	425-452-7688
Lake Hills Greenbelt	
Ranger Station.....	425-452-7225
Lewis Creek Visitor Center	425-452-4195
Mercer Slough Environmental	
Education Center	425-452-2565
Pacific Science Center.....	425-450-0207
North Bellevue Community Center	425-452-7681
Northwest Arts Center	425-452-4106
Parks Administration.....	425-452-6885
Robinswood House.....	425-452-7850
Robinswood Tennis Center.....	425-452-7690
Bellevue Indoor Skate Park.....	425-452-2722
South Bellevue Community Center	425-452-4240
Teen Services.....	425-452-2846
Youth Link	425-452-5254
Youth Sports	425-452-6885



Face coverings are no longer required to enter Bellevue Parks & Community Services facilities. Please respect people's choice to continue to wear a mask when in our facilities.

Adaptive Recreation

All new Adaptive Recreation participants must meet with Mary Boyle prior to registering. Please call (425) 452-4118 or e-mail mboyle@bellevuewa.gov for an appointment.

Barn Dance

Mosey on down to the Highland Center for our end-of-the-session dance. Please pre-register for Highland Center dances.

Highland Park & Community Center

\$10(R) \$12(N) Age: 16Y & Up
 2301373 6-8pm Fri

May 12

BellevueAtHome: Trivia Night

This class is designed for adults with intellectual disabilities. Join us for Highland's virtual trivia night! Our staff have put together epic trivia bundles ranging from highland facts, Seattle sports, music, decades, and more. Not a quiz master? No worries the trivia has been designed with fun in mind, everyone gets a chance to participate. Bring that random fact knowledge and flex your trivia skills in this virtual program

Highland Park & Community Center Zoom Room

\$48(R) \$60(N) Age: 18Y & Up
 2300291 7-8pm Mon

Apr 03-Jun 05

BellevueAtHome: BINGO

This class is designed and adapted for adults with intellectual disabilities. BINGO goes virtual! Each week the BINGO game will be hosted on Zoom. Keep an eye on your e-mail inbox to receive your BINGO card (you will use the same BINGO card for all weeks) Real prizes, real fun! An e-mail will be sent out shortly before the program starts with the login information.

Highland Park & Community Center Zoom Room

\$48(R) \$60(N) Age: 18Y & Up
 2300289 7-8pm Wed

Apr 05-Jun 07

BellevueAtHome: Mindfulness w/ Highland

This class is designed and adapted for adults with intellectual disabilities. This class will focus on the foundations of mindfulness. We will discuss the benefits mindfulness has on physical health and social-emotional wellness. During the class we will practice everyday mindfulness strategies and utilize journaling to support mindfulness techniques. This class will apply skills that prove beneficial in life, at work, and with peers.

Highland Park & Community Center Zoom Room

\$48(R) \$60(N) Age: 18Y & Up
 2300290 3-4pm Thu

Apr 06-Jun 08

Highland Hangout

This class is designed and adapted for adults with intellectual disabilities. Your answer to a slow afternoon. Stimulating conversation, lively board games, solving puzzles or just enjoy a movie.

Highland Park & Community Center

\$48(R) \$60(N) Age: 18Y & Up
 23002921 3-5pm Mon,Tue,Wed,Thu

Apr 03-Jun 08

Full Fitness

This class is designed and adapted for adults with intellectual disabilities. This course meets twice a week to discuss nutrition and how to implement a healthy lifestyle over dinner. Participants must provide their own dinner for each class. After dinner, the group will explore and try various exercises focusing on strength, balance, flexibility, and control.

Highland Park & Community Center

\$86(R) \$108(N) Age: 18Y & Up
2301352 5-6:30pm Tue,Thu Apr 04-Jun 08

Track & Field

Exercise and fun are rolled into one! New players at all levels of ability are welcome. We practice twice a week, and Special Olympic competition is optional. Coaches provide leadership at the Special Olympic tournaments. If a participant needs assistance with toileting, eating, dressing or severe behavior intervention, an assistant must accompany that participant during their stay at the tournaments.

Highland Park & Community Center

\$69(R) \$85(N) Age: 18Y & Up
2301353 6:30-8pm Tue,Thu Apr 04-Jun 08

Movie Time

This class is designed and adapted for adults with intellectual disabilities. Bring your snack and enjoy a movie in-house with your peers. Participants can bring up to two movies (rated: G, PG, or PG13) to submit to the group vote each week.

Highland Park & Community Center

\$48(R) \$60(N) Age: 18Y & Up
23002931 2-4pm Wed Apr 05-Jun 07

Arts and Crafts

This class is adapted and designed for individuals living with intellectual disabilities. Come and get your creative juices flowing and make fun arts and crafts projects! Highland Park & Community Center

\$48(R) \$60(N) Age: 18Y & Up
2300288 1-2:30pm Fri Apr 07-Jun 09

PD Exercise

This specialized class is developed and adapted for adults with physical disabilities. Whether you are seeking to maintain motor strength, enhance range of motion, or build your social network this fitness course has something for you.

Highland Park & Community Center

\$88(R) \$105(N) Age: 18Y & Up
23002943 11am-12pm Mon,Wed Apr 03-Jun 07
23002943 12-1:30pm Mon,Wed Apr 03-Jun 07

Drop-In Programs

Pickleball

Adults can drop-in for a recreational game of pickleball during a two hour session. Court, net and balls are provided by the facility, players provide their own paddle. This is a drop-in program.

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
3-5pm Mon,Wed,Fri Ongoing

Bellevue Climbing Wall Programs

The Bellevue Climbing Wall, located at the South Bellevue Community Center, is 33 feet tall and sculpted to look and feel like Index granite. The wall offers three belay ropes with at least five climbing routes of varying degrees of difficulty per rope, and a bouldering or horizontal traverse wall. Advanced climbers can take advantage of the wall's natural-looking granite for the ultimate texture climb.

We offer a full array of classes, supervised drop-in sessions, camps and programs for people of all skill levels to develop or improve their rock-climbing skills. The wall is also available to rent for parties, team-building and other celebration events. Program days/times may vary. To view the current schedule and register please visit BellevueWA.gov/SBCC or call 425-452-4240.

Table Tennis

Adults can drop-in for a recreational game of table tennis during specified play times. Table and net are provided by North Bellevue Community Center. Players provide their own paddle and balls.

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
3-5pm Mon, Wed, Fri Ongoing

Bellevue Indoor Skate Park

Drop-in all-day sessions run Tuesday through Saturday and cost \$10 per visit, or \$25 for a monthly unlimited skate pass. The indoor skate park has a variety of ramps, rails, and skateboard obstacles which are updated on a regular basis. Visit BellevueWA.gov/Skate for more information.

Drop-In Sports at South Bellevue Community Center

South Bellevue Community Center offers a wide variety of drop-in sports for all ages, including:

- Adult Badminton
- Adult Basketball
- Adult Pickleball
- Adult Volleyball
- Cornhole
- Family Basketball
- Family Badminton
- Open Drop-In

For the most current drop-in sports schedule, as well as pricing and reservation information, please visit BellevueWA.gov/SBCC or call 425-452-4240.

Co-Ed Drop-In Volleyball

Two courts, maximum 28 players per session, first-come, first-served.

Hidden Valley Sports Park

\$4(R) \$5(N) Age: 18Y & Up
11am-1pm Tue Ongoing
10am-12pm Fri

Women's Drop-In Volleyball

Two courts, maximum 28 players per session, first-come, first-served.

Hidden Valley Sports Park

\$4(R) \$5(N) Age: 18Y & Up
10am-12pm Mon Ongoing

Drop-In Basketball

The adult drop-in sports programs are for individuals 18+, 15 player cap. Closed on City observed holidays. Ask how a City of Bellevue Play Pass can save you time and money!

Highland Park & Community Center

\$4(R) \$5(N) Age: 18Y & Up

11:30am-1:30pm Mon-Fri

Ongoing

Drop-in Billiards

Adults can drop-in during business hours to play pool/billiards on our two regulation sized tables. Balls, cues, racks & chalk provided.

North Bellevue Community Center

FREE Age: 18Y & Up

Call for current schedule. Daily, Monday through Friday.

Aquatics

The Bellevue Aquatic Center is offering group (3Y-12Y) and private (3Y+) swim lessons.

Please visit Register.BellevueWA.gov for lesson availability.

Open and family swim times offered daily.

Please visit our website for times: BellevueWA.gov/Aquatics

Bellevue Aquatic Center

The Bellevue Aquatic Center is open to the public 6 days a week. Monday – Friday 8am-8pm and Saturdays 8am-4pm. Programs available include Lap Swim, Water Walking, Water Exercise and Open Swim. For the most up to date schedule and for specific program information visit the Bellevue Aquatic Center website — BellevueWA.gov/Swim — or contact the pool at Aquatics@BellevueWA.gov or call 425-452-4444.

Adult Enrichment

Friday Movies

Enjoy a free movie and popcorn at North Bellevue Community Center! The detailed movie list is available in print format at North Bellevue Community Center or by calling 425-452-7681. This program is free; however, advance registration is requested.

North Bellevue Community Center

FREE Age: 18Y & Up

2-4pm Fri

Ongoing

Drop-in Duplicate Bridge

Duplicate bridge is the most widely used variation of contract bridge in club and tournament play. Bring a partner or get on a list at North Bellevue Community Center to be paired with a partner and enjoy some social play! No pre-registration required. This is a FREE activity.

North Bellevue Community Center

FREE Age: 18Y & Up

12:15-3:30pm Fri

Ongoing

NBCC Chorus

Chorus meets Friday mornings, 10:30am-noon, to sing together for our own enjoyment, accompanied by piano. Singing is usually in unison, but harmony is great! We have 6 books of songs of the 1920s, 30s, and 60s. This group does not perform. Everyone is welcome! FREE.

Coffee and Coloring

Join us every Friday at the North Bellevue Community Center for a relaxing morning of coloring pictures, drinking coffee and socializing. We will provide coloring pages from books that are designed especially for adults as well as colored pencils, crayons and markers will be provided. Coffee, water, and tea will also be provided. Feel free to bring your own favorite coloring and supplies as well. Don't like to color? That's okay! Have a cup of coffee, chat a little and enjoy a stress-free time. *This program is free; however, advance registration is required. A donation of 50 cents is requested for each cup of coffee or tea. This program receives funding from the King County Veterans, Seniors and Human Services Levy*

North Bellevue Community Center

FREE Age: All Ages

2300383 9:30-11:30am Fri

Ongoing

Eastside Legal Assistance Clinic

The Eastside Legal Assistance Program offers a general legal clinic for low-income individuals and will be utilizing space at North Bellevue Community Center monthly to hold sessions with pre-registered clientele. Please call Eastside Legal Assistance at 425 747-7274 to make an appointment. No drop-ins are available.

Monday Morning Coffee Hour

Do you like coffee, tea, snacks? Looking for new friends or a new place to socialize? Join us on Monday mornings for the Monday Morning Coffee Hour and enjoy lively discussions, interesting speakers, short documentaries, games, and hot drinks.

North Bellevue Community Center

FREE Age: 18Y & Up

2301318 10-11am Mon

Apr 03-Dec 18

Board Games at NBCC

Join us every Wednesday for a fun afternoon of games. Games of all kinds teach critical thinking and strategic skills. They are a great way to make friends, socialize, and sharpen your mind. Every Wednesday, NBCC staff will lead and teach a different game. Spots for the "game of the week" are limited, but other participants are welcome to use the North Bellevue game library during this time. This program is open to all ages and all levels of gaming experience. Bring your family, friends and neighbors or come to meet fellow board game enthusiasts.

This program is free; however, advance registration is required. Children under 12 must be accompanied by a guardian. This program receives funds from the King County Veterans, Seniors and Human Services Levy.

North Bellevue Community Center

FREE Age: 1Y & Up

2301327 12:45-3pm Wed

Apr 05-Dec 20

Fly Fishing, Basics and Beyond

Are you curious about the quiet sport of fly fishing in the Pacific Northwest? Join us for a series of sessions covering the basics of gear, casting, knots, tactics, regulations, catch & release, stream/lake biology, fly tying and local spots to fly fish. We will tie 4 common flies for local waters, (Adams dry fly, Woolly Bugger, Gold Ribbed Hare's Ear nymph, and the Olive Willy wet fly). Discover where to find trout, bass, and salmon in our local rivers and lakes. We will practice fly casting on the lawn. Materials provided. Bring your gear if you have it. Fish on. Beginners welcome.

Northwest Arts Center

\$100(R) \$120(N) Age: 10Y and up
2301275 10-11:30am Sat

Apr 29-May 20

BellevueAtHome: iPhones and/or iPads Workshop

We will explore the basics of iOS for iPhones and iPads. How do I share photos via text or email? How do I use the editing tools for photos? Which app do I use to compose a letter? Can I use the Maps app to get to my appointment? How do I use my iPhone or iPad as a magnifier? Which tips and tricks will save me time and make it easier to use my iPhone or iPad? Where can I get free help? Join us for this virtual online workshop where you can ask questions and learn from other attendees with similar challenges. Please update your iPhone and/or iPad and have your passwords available.

North Bellevue Community Center Zoom Room

\$36(R) \$44(N) Age: 18Y & Up
2301277 1:30-3pm Wed

Apr 05-Apr 26

BellevueAtHome: Microsoft Windows Workshop

We will explore Windows 10 and 11. What does Windows 11 look like? How does it differ from Windows 10? If I don't upgrade to Windows 11, how long can I continue to use Windows 10? Which tips and tricks will save me time and make it easier for me to use my computer? Where can I get free help? Join us for this virtual online workshop where you can ask questions and learn from other attendees with similar challenges. Please update your computer and have your passwords available.

North Bellevue Community Center Zoom Room

\$36(R) \$44(N) Age: 18Y & Up
2301278 1:30-3pm Wed

Jun 07-Jun 28

BellevueAtHome: Android Phones and Tablets

Review the basics of Android for phones and/or tablets. How do I transfer photos? Do I need security on my phone and/or tablet? How do I make text larger? How do I use Maps rather than a separate GPS? Which apps should I consider using? Which tips and tricks will save me time and make it easier for me to use my phone and/or tablet? Where can I get help? Join us for this workshop where you can ask questions and learn from other attendees with similar challenges. Please update your Android phone and/or tablet and have your passwords available.

North Bellevue Community Center Zoom Room

\$36(R) \$44(N) Age: 18Y & Up
1:30-3pm Wed

May 03-May 24

Multi-Cultural Services & Programs

Programs at North Bellevue Community Center with the Chinese Information & Service Center

位於 North Bellevue Community Center (北 Bellevue 社區中心) 課程, 含中文資訊與服務中心

North Bellevue Community Center (北 Bellevue 社區中心) 与仁人服务社的计划

CISC 到場 SHIBA 協助

North Bellevue Community Center (北 Bellevue 社區中心)

免費 年齡: 18 歲以上
2300409 上午 9:30-11:00 星期三 1 月 4 日 - 12 月 31 日

仁人服务社 (CISC) 老年人健康保险福利上门援助

North Bellevue Community Center (北 Bellevue 社區中心)

免費 年齡: 18 岁及以上
2300409 上午 9:30-11:00 星期三 1 月 4 日-12 月 31 日

CISC Drop-in SHIBA Assistance

North Bellevue Community Center

FREE 年齡: 18Y & Up
2300409 9:30-11am Wed Jan 04-Dec 31

CISC ESL 牛津圖解字典

使用牛津圖解字典學習英語文法概念。容易理解的範例很適合英語初學者。這是練習英語並認識其他學習語言的老年人的好機會。

本課程由 CISC 的 Community Living Connections Outreach Program (社區生活連結推廣計劃) 協調。若有任何疑問, 請透過下列電子郵件聯絡 Boliver Choi: boliverc@cisc-seattle.org。親自到場的參與者不須登記即可參加。

North Bellevue Community Center (北 Bellevue 社區中心)

免費 年齡: 50 歲以上
2300410 上午 9:30-11:00 星期五 1 月 6 日 - 12 月 29 日

仁人服务社 (CISC) ESL 牛津图解词典

使用《牛津图解词典》来学习英语语法概念。示例简单易懂, 适合英语初学者。这是一个练习英语和认识其他老年英语学习者的大好机会。

本课程由仁人服务社的 Community Living Connections Outreach Program (社区生活连接外展计划) 协调。如有疑问, 请联系 Boliver Choi, 电子邮箱: boliverc@cisc-seattle.org。本课程无需注册即可参加。

North Bellevue Community Center (北 Bellevue 社區中心)

免費 年齡: 50 岁及以上
2300410 上午 9:30-11:00 星期五 1 月 6 日-12 月 29 日

CISC ESL Oxford Picture Dictionary

Using Oxford Picture Dictionary to learn English grammar concepts. Easy-to-understand examples are suitable for English beginners. It is a good opportunity to practice English and meet other seniors learning the language. This class is coordinated by CISC's Community Living Connections Outreach Program. Please contact Boliver Choi at boliverc@cisc-seattle.org for any questions. Participants can drop in without registration.

North Bellevue Community Center

FREE Age: 50Y & Up
2300410 9:30-11am Fri Jan 06-Dec 29

CISC 資訊與協助

資訊與協助提供低收入家庭以及無/低英語程度的障礙人士短期支援與危機干預,幫助其獲得重要服務。透過我們的適當語言服務,我們就能幫助客戶他們可使用的選項和資源,使其做出我們提供需要公共援助才能達成基本需求的客戶申請協助。本課程以普通話提供,對象為 55 歲以上的人。

North Bellevue Community Center (北 Bellevue 社區中心)

免費 年齡:18 歲以上
上午 9:00 - 中午 12:00 星期四 1 月 1 日 - 12 月 31 日

仁人服务社 (CISC) 信息与援助计划

信息与援助计划旨在提供短期支持和危机干预,以帮助英语能力差或较低的低收入家庭和残疾人获得关键服务。通过我们的语言相关服务,我们将帮助客户了解可供选择的选项和资源,以便他们做出明智的选择。我们为需要公共援助的客户提供个人申请援助,以满足他们的基本生活需要。本课程为 55 岁以上人士提供普通话版本。

North Bellevue Community Center (北 Bellevue 社区中心)

免費 年齡:18 岁及以上
上午 9:00-下午 12:00 星期四 1 月 1 日-12 月 31 日

CISC Information & Assistance

Information & Assistance provides short-term support and crisis intervention to help low-income families and people with disabilities with no/low English literacy to access crucial services. Through our language appropriate services, we help our clients understand options and resources available to them so that they can make informed choices. We offer personal application assistance for clients who are in need of public assistance to meet their basic necessities. This class is provided in Mandarin to those 55+.

North Bellevue Community Center

FREE Age: 18Y & Up
9am-12pm Thu Jan 01-Dec 31

CISC 合唱團

一起來 North Bellevue Community Center (北 Bellevue 社區中心) 和 CISC 合唱團一同唱歌!隨時歡迎新的歌唱者。

North Bellevue Community Center (北 Bellevue 社區中心)

免費 年齡:50 歲以上
上午 10:00-12:00 星期三 進行中

仁人服务社 (CISC) 合唱團

來 North Bellevue Community Center (北 Bellevue 社區中心) 和仁人服务社合唱團一起歌唱!您可以在任何时候加入合唱團。

North Bellevue Community Center (北 Bellevue 社區中心)

免費 年齡:50 岁及以上
上午 10:00-下午 12:00 星期三 持續進行

CISC Chorus

Come sing with the CISC Chorus at North Bellevue Community Center! New singers are welcome at any time.

North Bellevue Community Center

FREE Age: 50Y & Up
10am-12pm Wed Ongoing

CISC 交際舞與排舞

中文資訊服務透過提供資訊、轉介、倡導、社會與支援服務,幫助整個 King 縣的移民在新社區中成功。排舞是經過編排的舞蹈,有著重複的步驟順序,會有排成至少一列的人跳舞,全都面對彼此或相同方向,並同時進行步驟。只要跟著舞群,就能學習並練習這些舞步!個人舞蹈/無需舞伴。

North Bellevue Community Center (北 Bellevue 社區中心)

\$4(居民) \$5(非居民) 年齡:18 歲以上
下午 1:00 - 2:45 星期三 進行中

仁人服务社 (CISC) 交際舞和排舞團

仁人服务社为 King 县的移民提供信息、转介、拥护、社会和支持服务,以帮助他们融入新社区的生活。排舞是一种编排的舞蹈,其中有一系列重复的舞步,需要一群人排成一排或多排,并且所有人面对面或朝着同一个方向,同时跳这些舞步。在这个舞团,您将学习并练习这些舞蹈和动作!您也可以选择独舞(即无需舞伴)。

North Bellevue Community Center (北 Bellevue 社區中心)

\$4(居民) \$5(非居民) 年齡:18 岁及以上
下午 1:00-2:45 星期三 持續進行

CISC Ballroom & Line Dancing

Chinese Information Services helps immigrants throughout King County achieve success in their new community by providing information, referral, advocacy, social, and support services. Line Dancing is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows, all facing each other or in the same direction, and executing the steps at the same time. With this dance group, you will learn and practice these routines and moves! Individual dancing/ no partner required.

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
1-2:45pm Wed Ongoing

CISC 太極拳

太極拳是中國內部的武術，可用於防禦訓練並且有健康益處，包括增加靈活性與平衡感、降低血壓並改善心臟健康，並且可能可以降低憂鬱、壓力與焦慮程度。太極很容易學習並跟隨，且能隨時加入。本活動不提供教學

North Bellevue Community Center (北 Bellevue 社區中心)
\$4(居民) \$5(非居民) 年齡: 50 歲以上
2300408 上午 9:15 - 10:30 星期四 1 月 5 日 - 12 月 28 日

仁人服務社 (CISC) 太極社

太極是中國的一種武術，既可以作為防禦訓練，也可以增強身體靈活性和平衡能力，降低血壓和改善心臟健康，還可以降低抑郁、壓力和焦慮水平。太極很容易學習和上手，參與者可以隨時加入。此活動未提供任何說明

North Bellevue Community Center (北 Bellevue 社區中心)
\$4 (居民) \$5 (非居民) 年齡: 50 歲及以上
2300408 上午 9:15-10:30 星期四 1 月 5 日-12 月 28 日

CISC Tai Chi

Tai chi is an internal Chinese martial art practiced for both its defense training and its health benefits including enhanced flexibility and balance, lower blood pressure and improved heart health, and may lower levels of depression, stress and anxiety. Tai chi is easy to learn and follow, join any time. No instruction provided for this activity

North Bellevue Community Center
\$4(R) \$5(N) Age: 50Y & Up
2300408 9:15-10:30am Thu Jan 05-Dec 28

Sea Mar Community Program (Programa comunitario Sea Mar)

Los adultos mayores que hablen español tienen la oportunidad de ser parte de la comunidad al participar de diferentes actividades provistas por el North Bellevue Community Center (Centro comunitario de North Bellevue). Las actividades pueden incluir seminarios sobre el bienestar de la salud/mente, servicios sociales, clases ESL, clases de compromiso social, programas de ejercicio físico, programa de alimentación comunitaria y promoción de la sociabilización dentro de las comunidades angloparlantes.

North Bellevue Community Center
(Centro comunitario de North Bellevue)
GRATUITO: Edad: mayores de 18
2300392 de 9 a.m. a 2 p.m. Viernes 06 de enero - 29 de diciembre

Sea Mar Community Program

Spanish speaking older adults will have an opportunity to be part of the community by participating in various activities provided by North Bellevue Community Center. Activities could include health/mind wellness seminars, social services support, ESL classes, social engagement classes, exercise programs, community meal program and promotion of socialization within English speaking community.

North Bellevue Community Center
FREE Age: 18Y & Up
2300392 9am-2pm Fri Jan 06-Dec 29

IACS Community Program (IACS सामुदायिक कार्यक्रम)

North Bellevue Community Center और Indian American Community Services (पूर्व में IAWW) ने चैयर योगा, स्वास्थ्य वार्ता और सामाजिक संचार सहित गतिविधियों के लिए सुरक्षा, रचनात्मक स्थान प्रदान करके, कई पीढ़ियों से रहे भारतीय परिवारों को एकजुट करने और जश्न मनाने, साथ ही समुदाय में सांस्कृतिक अंतराल को पाटने के प्रयास में भागीदारी की है। IACS Bellevue की जनता के लिए स्वस्थ रहने वाले व्याख्यान, ध्यानपूर्वक सांस लेने के व्यायाम, और वभिन्न प्रकार की विशेष समूह गतिविधियां और युवा गतिविधियां प्रदान करेगा। हल्का लंच दिया जाता है।

North Bellevue Community Center (North Bellevue कम्यूनिटी सेंटर)

मुफ्त उम्र: 18 साल और उससे ज्यादा
जारी: सुबह 9 बजे से रात 8:30 बजे तक गुरुवार 05 जनवरी - 28 दिसंबर

IACS Community Program

North Bellevue Community Center and the Indian American Community Services (formerly IAWW) have partnered in an effort to unite and celebrate multi-generational Indian families and bridge cultural gaps in the community by providing safe, creative space for activities including chair yoga, health talks and social communications. IACS will provide healthy living lectures, mindful breathing exercises, and a variety of special group activities and youth activities for the Bellevue public. Light lunch is also provided.

North Bellevue Community Center
FREE Age: 18Y & Up
Ongoing 9am-8:30pm Thu Jan 05-Dec 28

Continuing Education

CISC Russian-Speaking Senior Day Program

This program supports Russian-speaking older adults with structured activities to promote physical, social and emotional well-being and cross cultural interaction with other older participants. The civic activities will allow aging adults to be engaged in the community by familiarizing participants with WA State and U.S. history, local news, by introducing and encouraging them to attend local events, offering health/mind wellness seminars, offering social services support and referral, promotion of socialization within an English-speaking community. Arts, crafts, music and games will be part of the daily activities which will be incorporated into the program schedule.

North Bellevue Community Center
FREE Age: 50Y & Up
2300411 10am-2pm Tue, Fri Jan 03-Dec 29

SeniorTech of Puget Sound Drop-in Computer Assistance

North Bellevue Community Center

We offer technical support on a one-on-one basis on the 2nd and 4th Tuesday of each month, and the 5th Tuesday when there is one, during the hours of 9:30am to noon. Experienced senior technology users will be available to help you with technical issues with your computers and mobile devices. This is a drop-in program, no pre-registration required. Fees payable at the door; \$3/residents, \$4/non-residents.

Arts

Open Art Studio

The open art studio is an opportunity for artists 18+ to gather and practice their art and techniques, receive feedback from other artists, and socialize. The studio will primarily focus on media that includes pencil, charcoal, watercolor, acrylics and oil; however, it's also open to textiles, knitting and needle work.

South Bellevue Community Center

FREE	Age: 18Y & Up	
1-3pm	Tue	Ongoing

Creative Kids

Enhance your child's creativity with a variety of arts and crafts, drawing, painting, and outdoor play to get them moving. Activities take place in both indoor and outdoor settings. Staff provide walking transportation for kids attending Clyde Hill Elementary.

Northwest Arts Center

\$300(R)	\$360(N)	Grades 2-5
2300058	12:30-3pm	Wed

Apr 19-Jun 07

Art for Young Kids

This creative art class is an art entry-level drawing class. Specially designed according to the child's age, characteristics, curiosity, and love of thinking. Uses a combination of materials to let children express themselves using painting, language, and without restricting their imagination. Stimulates children's drawing potential. A different painting theme will be chosen each week.

Northwest Arts Center

\$320(R)	\$384(N)	Age: 5-8Y
2300386	4:15-5:45pm	Tue

Apr 18-Jun 06

Funtastic Art Mission!

Artists will boost the fun into orbit with this rocket powered art mission. We will mix and match different art media including, but not limited to pencil, charcoal, watercolor, acrylics, pastel, markers, collage, and ink. We will paint on paper, cardboard, and canvas. The art could go 3-dimensional with pop-ups, cut-outs, and layers. We will test and grow young design, drawing and assembly skills. This will be a creator space where the traditional art rules are bent and broken. Bring all your creativity!

Northwest Arts Center

\$200(R)	\$240(N)	Age: 6-11Y
2300062	4-5:30pm	Thu

Apr 20-Jun 08

Cartooning and Drawing

Drawing and cartooning skills unleash a child's creativity. Fledgling cartoonists will learn the basics of expression drawing, line quality, constructing from imagination and exaggerating from life, while exploring moods and animating actors.

Northwest Arts Center

\$200(R)	\$240(N)	Age: 6-11Y
2300087	4-5:30pm	Tue

Apr 18-Jun 06

Drawing/Painting

Watercolor Painting

This class introduces classic watercolor techniques and builds slowly from the simple to the more complex. Topics include use of value, control of the medium, color mixing, and composition. Demonstrations are part of the class but painting from still life and photographs is emphasized. Experienced students will focus on assignments to improve color handling, composition, and specific painting challenges.

Northwest Arts Center

\$320(R)	\$384(N)	Grades 3-8
2300389	6-7:30pm	Tue

Apr 18-Jun 06

Acrylic Painting Class

This painting class will explore acrylic painting and is designed to include several different themes such as botanicals, landscape, still life etc. This class is suitable for beginners with little or no painting experience or for intermediate/advanced painters who are looking for a great space to socialize and paint with other creative individuals. Several in-class demonstrations on color theory and composition will be discussed.

Bellevue Main Club

\$240(R)	\$288(N)	Age: 18 and up
2300049	10:30am-12pm	Tue

Apr 18-Jun 06

Painting Spring Colorful Florals

Participants in this workshop will learn skills such as bold loose brushstrokes, underpainting, layering, composition basics and mixing a strong color palette - all skills which they will be able to add to their own painting practice. We will also discuss how to paint loosely with bold expressive strokes, simplify shapes, push color, and add drama to your compositions.

Northwest Arts Center

\$40(R)	\$48(N)	Age: 16 and up
2300369	10am-12pm	Sat

Apr 15

Ceramics

Children's Pottery Studio

An introduction to pottery which includes hand and wheel building, sculpting, coil construction, glazing and more.

Northwest Arts Center

\$240(R)	\$288(N)	Age: 7-11Y	
2300037	4:30-6pm	Wed	Apr 19-Jun 07
\$180(R)	\$216(N)	Age: 7-11Y	
2300038	10-11:30am	Sat	Apr 22-Jun 10
2300039	12-1:30pm	Sat	Apr 22-Jun 10

Teen/Adult Pottery Studio

An introduction to pottery which includes hand and wheel building, sculpting, coil construction, glazing and more.

Northwest Arts Center

\$240(R)	\$288(N)	Age: 12 and up	
2300055	6:30-8pm	Wed	Apr 19-Jun 07

Music

Music Together

Learn original and traditional songs from around the world during this unique musical experience of languages, tonalities, and rhythms. An illustrated songbook, print, and online resources will help families continue the music-making fun at home and nurture a child's musical growth. This is the foundational Music Together class, one that a child can attend from birth to age five through 12 song collections. This class is designed for parent/caregiver participation with the child. Build a love of music to last a lifetime!

Northwest Arts Center

\$185(R)	\$222(N)	Age: Up to 5Y	
23001453	9:30-10:15am	Wed	Apr 19-Jun 21
23001454	10:30-11:15am	Wed	Apr 19-Jun 21

South Bellevue Community Center

\$185(R)	\$222(N)	Age: Up to 5Y	
2301402	6:15-7pm	Tue	Apr 18-Jun 20
2301403	10:30-11:15am	Thu	Apr 20-Jun 22

Dance

Sounds of Swing Big Band Practice & Dance

Each week the Sounds of Swing Big Band rehearses toe-tapping music of the swing era as well as jazz standards for your listening pleasures at North Bellevue Community Center. No pre-registration required. *The second Tuesday of each month Sounds of Swing Big Band hosts a dance. \$3/person fee payable at the door, no pre-registration required.

North Bellevue Community Center

FREE	Age: 18Y & Up	
1-3pm	Tue	Ongoing

Line Dancing with Leila

This fun drop-in program is designed to meet the needs of both beginners and those looking for a review of basic line dance steps and combinations. The instructor is patient, fun and full of energy. She uses a variety of music, in a relaxed, social atmosphere. Come learn to dance while giving your brain and body a great workout!

North Bellevue Community Center

\$4(R)	\$5(N)	Age: 16Y & Up	
1-2:45pm	Mon, Fri	Ongoing	

Pre-Ballet I by Emerald Ballet Theater

A joyful introduction to movement. Basic dance technique inspired by beautiful music, literature, and art in a developmentally appropriate way. Flexibility, coordination, strength, and creativity develop in the young dancer. Dancers will have the opportunity to participate in Emerald Ballet Theatre's "Petite Suite Nutcracker" at the theatre.

Northwest Arts Center

\$160(R)	\$192(N)	Age: 3-5Y	
2300130-3	4-4:45pm	Tue	Apr 18-Jun 06

Pre-Ballet II by Emerald Ballet Theater

Dancing hearts are nurtured, and basic ballet technique, improvisation, and choreography are introduced in a developmentally appropriate way. Flexibility, coordination, strength, and creativity increase. Opportunities for creativity and performance are provided.

Northwest Arts Center

\$176(R)	\$211(N)	Age: 6-9Y	
2300133-3	4:50-5:50pm	Tue	Apr 18-Jun 06

Youth Ballet by City Opera Ballet

Learn the basic movements of classical ballet. Practice ballet vocabulary and etiquette, memorize combinations and rehearse for performance. Includes French for Dancers.

Northwest Arts Center

\$168(R)	\$202(N)	Age: 7-12Y	
2300136-3	10:30am-12pm	Sat	Apr 22-Jun 10

Story-Ballet for Boys & Girls by City Opera Ballet

Introductory ballet class with story time from classical ballets, dance games and performance practice. Includes French for Young Dancers.

Northwest Arts Center

\$112(R)	\$134(N)	Age: 3-6Y	
2300142-3	12:15-1:15pm	Sat	Apr 22-Jun 10

Hippity Hop by City Opera Ballet

Time to POP, LOCK and BREAK! Children will learn the basics of hip-hop dancing with fun and upbeat music. You can expect your child to develop confidence, coordination, personality and HAVE FUN!!!

South Bellevue Community Center

\$55(R)	\$65(N)	Age: 4-5Y	
2203147-5	10:15-11am	Sat	Apr 22-Jun 03

Hippity Hop for Tiny Tots by City Opera Ballet

Ready to get down and BOOGIE?! Kids will gain confidence and coordination as they learn fun new dance moves to upbeat music.

South Bellevue Community Center

\$55(R) \$65(N) Age: 3-4Y

2203149-5 11:15am-12pm Sat Apr 22-Jun 03

Ballet for Lords and Ladies by City Opera Ballet

LET'S DANCE! Students will gain coordination, confidence, and social skills as they learn the dance moves of their favorite prince and princess stories. All genders welcomed!

South Bellevue Community Center

\$55(R) \$65(N) Age: 3-5Y

2203486-5 9:15-10am Sat Apr 22-Jun 03

Drop-In Line Dancing

Do you like to dance? Line dancing is a great way to move to a variety of popular music, elevate your mood, and make some new friends. We have a caller who walks you through each dance. Enjoy the benefits of using your brain and at the same time providing exercise, with excellent health benefits. The first 45 minutes will be geared to beginner dancers and each session will progress toward the improver to intermediate levels as time goes on. Come join the fun!

South Bellevue Community Center

FREE Age: 18Y & Up

1-3pm Mon Ongoing

Bellevue Youth Theatre

BYT PERFORMANCES

In-person seating as well as live-streaming links are available for all shows. Tickets will be available to purchase online, in person, and over the phone by February 27.

Ticket prices: \$12 (No refunds once purchased.)

Group tickets: \$10 (Must be purchased during the same transaction for the same date/time show. No refunds or exchanges.)

Winnie the Pooh

There's a new creature coming to the Hundred Acre Woods and Pooh-bear and his friends aren't sure what to do! Come join Pooh, Piglet, Tigger, Rabbit, Owl, Eeyore, Kanga, Roo, and many more friends as they go on adventures in this charming and whimsical adaptation of A. A. Milne's classic tale! This play is fun for the whole family!

- Friday, March 31 at 7 p.m.
- Saturday, April 1 at 2 p.m. and 7 p.m.
- Sunday, April 2 at 2 p.m.

Beauty and the Beast

Enjoy the play based on the story of the same name. Will a stubborn Prince bend to the kindness of his guest? Fun and entertaining for the whole family!

- Friday, April 21 at 7 p.m.
- Saturday, April 22 at 2 p.m. and 7 p.m.
- Sunday, April 23 at 2 p.m.

Amelia Earhart

Enjoy the mystery and intrigue of Amelia's final journey. This historical based show is appropriate for all ages.

- Friday, May 5 at 7 p.m.
- Saturday, May 6 at 2 p.m. and 7 p.m.
- Sunday, May 7 at 2 p.m.

Peter Pan JR.

Join us for this exciting musical based on J.M. Barrie's classic story of a boy who never grew up. Peter Pan JR. features familiar songs the whole family will enjoy!

- Friday, May 19 at 7 p.m.
- Saturday, May 20 at 2 p.m. and 7 p.m.
- Sunday, May 21 at 2 p.m.

Preschool

Natural Start Preschool

Operating out of the South Bellevue Community Center, this Preschool offers a unique nature-based curriculum that supports the developmental and learning needs of preschoolers. Children have the opportunity to spend a majority of each day outside in a natural environment. Registration for the 2023/2024 school year is now open. For more information you can visit NaturalStartPreschool.com or call 425-452-4240 for details.

Indoor Play

Come enjoy some indoor gym play with toys, mats and other fun activities for children ages 5 and under. Parents/caregivers must supervise their own children and be present at all times.

South Bellevue Community Center

\$4(R) \$5(N) Age: Up to 5Y

10:30am-12pm Mon,Wed,Fri Ongoing

RainyDay Gym Time

Kids age 5 and under with parents come enjoy some indoor play space to work off a little energy with a variety of indoor play toys and mats. No pre-registration required.

North Bellevue Community Center

FREE Age: All Ages

1:30-3pm Thu Apr 06-Dec 29

Youth Enrichment

Indoor Play @ Highland

Drop-in gym play for children under 8 with parents/caregivers. Toys and Equipment are self set up and take down. No charge for those under 1 year. Parents/caregivers must supervise their own children. Save even more when you purchase a play pass.

Highland Community Center

\$4(R) \$5(N) Age: Up to 8Y
9am-12pm Mon,Wed Ongoing

Chess Wizards

Participate in fun, informative, and challenging chess lessons during this class. Students will learn many important life concepts, including the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience, and participate in a mini chess tournament at the end of the session.

Northwest Arts Center

\$333(R) \$400(N) Age: 6-12Y
2300282 4:15-5:15pm Thu Apr 20-Jun 08

Spanish For Kids - The Purple School

Learn a second language through the use of games, singing, drawing, and FUN! Classes teach colors, parts of the body, numbers, and action verbs like jump, run, dance, and stop.

Northwest Arts Center

Baby & Me

Parent/caregiver participation required.

\$120(R) \$148(N) Age: Up to 3Y
2301379 11:15-11:45am Wed Apr 19-Jun 07

Preschoolers

Parent/caregiver participation required.

\$120(R) \$148(N) Age: 3-6Y
2301380 11:45am-12pm Wed Apr 19-Jun 07

Elementary

\$224(R) \$269(N) Age: 6-11Y
2301381 12:30-2:30pm Wed Apr 19-Jun 07

Spring Break Day Camps

Rumpelstiltskin Day Camp

Gold thread, a first-born child, a mischievous imp. This Grimm's fairytale is a delight for the whole family. Participants will be taught basic theatre in a recreational setting.

Bellevue Youth Theatre

\$290(R) \$315(N) Age: 7-12Y
Add Extended Care: 8-9:30am, 3-5:30pm \$120(R) \$140(N)
2300070 9:30am-3pm Mon-Fri Apr 10-Apr 14

Creative Kids Spring Break Camp

Enhance your child's creativity with a variety of arts and crafts, pottery, drawing, painting, pastel, collage, and three-dimensional art. Activities complement the season with some outdoor play time each day to them moving.

Northwest Arts Center

\$260(R) \$312(N) Age: All Ages
2300338 9am-3pm Mon-Thu Apr 10-Apr 13

Chess Wizards Spring Break Camp

Improve your chess skills through challenging chess lessons and exciting games! Participants work out their most powerful muscle - the brain - while meeting new friends and winning cool prizes. This camp includes fun team chess games, tournaments, and puzzles which help unleash brain power. Each camper will receive a t-shirt, trophy, and puzzle folder.

Northwest Arts Center

\$400(R) \$480(N) Grades 2-5
2300433 9am-3pm Mon-Thu Apr 10-Apr 13
\$268(R) \$322(N) Grades 2-5
2300435 9am-12pm Mon-Thu Apr 10-Apr 13
\$268(R) \$322(N) Grades 2-5
2300434 12-3pm Mon-Thu Apr 10-Apr 13

Watercolor Painting Spring Break Camp

This class introduces classic watercolor techniques and builds slowly from the simple to the more complex. Topics include use of value, control of the medium, color mixing, and composition. Demonstrations are part of the class but painting from still life and photographs is emphasized. Experienced students will focus on assignments to improve color handling, composition, and specific painting challenges.

Northwest Arts Center

\$249(R) \$298(N) Grades K-6
2300683 9-11:30am Mon-Fri Apr 10-Apr 14

Clay Figurine Spring Break Camp

The course will take you through the entire process of sculpting a figurine to a very high finish, with an emphasis on getting the anatomical structure correct at the beginning. This is key to achieving a likeness. We will show you how to train your eye to see objectively, so you can learn to trust your own judgment.

Northwest Arts Center

\$249(R) \$298(N) Grades K-6
2300684 12:30-3pm Mon-Fri Apr 10-Apr 14

UK International Soccer Spring Break Camp

This camp's coaching curriculum uses a methodology to develop the whole player, as an athlete and as a person, providing campers with the tools and self-belief to reach goals on and off the field. Daily schedule includes warm up, skills, fundamentals, small sided games, technical session, and tournaments.

Robinswood Community Park - Fields

\$173(R) \$208(N) Age: 5-11Y
2300934 9am-12pm Mon-Fri Apr 10-Apr 14

Skate Camp - Spring Break

Experience the best of both worlds from ramp skating in the incredible indoor park or street skating at the outdoor skate plaza. Our expert staff have years of experience helping beginners to advanced skaters. The camp includes how to fall, park safety, trick tips, skate games, a pizza party and more. The emphasis is on friends and fun. Whether you're just starting out or an experienced skater this camp is for you.

Bellevue Skate Park

\$200(R)	\$220(N)	Age: 6-15Y	
SCSB23	9am-12pm	Mon-Fri	Apr 10-Apr 14

Local Hoops Spring Break Basketball Camp

Participants will be coached on ball handling, shooting technique, defensive principles, decision making and other fundamentals. Work through a series of drills each day and finish with competitive game play. Come ready to work!

Tyee Middle School Site

\$255(R)	\$306(N)	Age: 6-12Y	
2301378	9am-12pm	Mon-Fri	Apr 10-Apr 14

Kelsey Creek Farm

Sheep Shearing

Watch the sheep being shorn of their winter coats. Enjoy wool spinning demonstrations, children's crafts, tractor-pulled wagon rides, pony rides, food, animal viewing areas, and more. Free shuttle service available at Wilburton Park & Ride and Bannerwood Sports Park. Please note: no pets allowed on shuttle bus or in the barnyard areas. No entrance fees. Costs vary for food & activities. All ages. No registration needed.

Kelsey Creek Farm Park

11am-4pm	Sat	Apr 29
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Saturday Morning Teen Farm Volunteers

Assist Kelsey Creek Farm staff in providing daily care to our farm animals. Help prepare meals for the animals, clean their living quarters, assist with other farm chores, and help bring the animals out to pastures for the day. Teens will learn responsible animal care, job skills, and independence while earning service hours for school.

Kelsey Creek Farm Park

\$15(R)	\$18(N)	Age: 15-18Y	
2300251-4	8:30am-12pm	Sat	Apr 08-Apr 22
2300251-5	8:30am-12pm	Sat	May 06-May 27
2300251-6	8:30am-12pm	Sat	Jun 03-Jun 24

After School Teen Farm Volunteers

Assist Kelsey Creek Farm staff in providing daily care to our farm animals. Help prepare meals for the animals, clean their living quarters, assist with other farm chores, and help bring the animals inside the barn for the night. Teens will learn responsible animal care, job skills, and independence while earning service hours for school.

Kelsey Creek Farm Park

\$15(R)	\$18(N)	Age: 12-18Y	
2300257-4	1:30-4:30pm	Wed	Apr 05-Apr 19
2300257-5	1:30-4:30pm	Wed	May 10-May 24
2300257-6	1:30-4:30pm	Wed	Jun 07-Jun 21

Adult Farm Volunteers

Assist Kelsey Creek Farm staff in providing daily care to our farm animals. Help prepare meals for the animals, clean their living quarters, assist with other farm chores, and help bring the animals out to pasture for the day. Volunteers will learn about caring for livestock and about Bellevue's agricultural history while giving back to their community.

Kelsey Creek Farm Park (Animal Barn)

FREE	Age: 18Y & Up		
2300263-10	8:30-10:30am	Tue	Apr 04-Apr 18
2300263-11	8:30-10:30am	Wed	Apr 05-Apr 19
2300263-12	8:30-10:30am	Thu	Apr 06-Apr 20
2300263-13	8:30-10:30am	Tue	May 09-May 23
2300263-14	8:30-10:30am	Wed	May 10-May 24
2300263-15	8:30-10:30am	Thu	May 11-May 25
2300263-16	8:30-10:30am	Tue	Jun 06-Jun 20
2300263-17	8:30-10:30am	Wed	Jun 07-Jun 21
2300263-18	8:30-10:30am	Thu	Jun 08-Jun 22

Sheep Shearing Special Event Volunteers

Assist staff with event set up, running children's activity booths and other event tasks at our annual Sheep Shearing event. This is one of Bellevue's most unique events, running for over 40 years. Volunteers gain experience working a large event, customer service skills, experience working with children, and teamwork skills while earning community service hours.

Kelsey Creek Farm Park

FREE	Age: 15Y & Up		
2300350	10am-5:30pm	Sat	Apr 29

Stitch Circle

Bring your current fiber project to Kelsey Creek Farm and work on it while meeting fellow crafters. This is an opportunity to gather, chat, and work on projects while meeting new people, not a formal class. Bring your own materials. Pre-registration encouraged.

Kelsey Creek Farm Park

FREE	Age: 18Y & Up		
2300567-4	10am-12pm	Fri	Apr 14
2300567-5	10am-12pm	Fri	May 12
2300567-6	10am-12pm	Fri	Jun 09

Log Cabin Open House

Visitors of all ages are welcome to join us for this free, drop-in event to explore Kelsey Creek Farm's log cabin, which was built in 1888. Children can participate in a variety of free pioneer activities, including grinding wheat, churning butter, and playing with bread dough. We will have antique logging and farming implements from the 1880s on display, including a variety of axes, farm implements, and other tools. You can watch a wool spinning demonstration and try your hand at carding wool. Adults can take a deeper dive into the history of logging and farming on the Eastside with our farm's passionate historian.

Kelsey Creek Farm Park

FREE Age: All Ages
2300880 1-3pm Sun May 28

Fraser Cabin Heritage Program

Presented by the Eastside Heritage Center in partnership with Bellevue Parks & Community Services, the Fraser Cabin, built in 1888, comes to life with hands-on activities that relate to 1880s settler life. For more information, contact the Eastside Heritage Center at 425-450-1049, or visit www.eastsideheritagecenter.org. Registration not required.

Kelsey Creek Farm Park

FREE Age: All Ages
2301111 11am-3pm Sat Jun 10

Farm Explorers

Join us for a farm adventure featuring animal care, barn chores, and baking yummy snacks. This drop-off program is designed for the independent 4-6-year-old. Curriculum is integrated with seasonal themes, arts and crafts, stories and animal interactions. This program includes a pony ride.

Kelsey Creek Farm Park

\$106(R) \$127(N) Age: 4-6Y
2300164-7 10am-12:30pm Tue Apr 04-Apr 18
2300164-8 10am-12:30pm Thu Apr 06-Apr 20
2300164-9 10am-12:30pm Tue May 09-May 23
2300164-10 10am-12:30pm Thu May 11-May 25

\$74(R) \$89(N) Age: 4-6Y
23001681-11 10am-12:30pm Tue Jun 06-Jun 13
23001681-12 10am-12:30pm Thu Jun 08-Jun 15

Junior Farm Foodies

Do you ever wonder where your food comes from? Join a Registered Dietitian Nutritionist to learn more about growing, making, and eating delicious and nutrition foods. Each week will be packed with sensory activities, books, songs, farm animal encounters, and nutrition tips. Adult/child teams only.

Kelsey Creek Farm Park

\$106(R) \$127(N) Age: 4-6Y
2301394-1 11:30am-12:30pm Sat Apr 08-Apr 22
2301394-2 11:30am-12:30pm Sat May 13-May 27
2301394-3 11:30am-12:30pm Sat Jun 03-Jun 17

Little Farm Foodies

Do you ever wonder where your food comes from? Join a Registered Dietitian Nutritionist to learn more about growing, making, and eating delicious and nutrition foods. Each week will be packed with sensory activities, books, songs, farm animal encounters, and nutrition tips. Adult/child teams only.

Kelsey Creek Farm Park

\$78(R) \$94(N) Age: 2-3Y
2301397-1 10-11am Sat Apr 08-Apr 22
2301397-2 10-11am Sat May 13-May 27
2301397-3 10-11am Sat Jun 03-Jun 17

Little Farmers

Join us for hands-on fun in the barn and barnyard. Classes will feature various farm animals, seasonal themes, barn chores, feeding and petting farm animals, crafts, and parallel play, and taking a pony ride - all the fun is right here! Children team up with an adult to actively participate in this class.

Kelsey Creek Farm Park

\$78(R) \$94(N) Age: 2-3Y
2300181-13 10-11:30am Mon Apr 03-Apr 17
2300181-14 10-11:30am Tue Apr 04-Apr 18
2300181-15 10-11:30am Wed Apr 05-Apr 19
2300181-16 10-11:30am Thu Apr 06-Apr 20
2300181-17 10-11:30am Mon May 08-May 22
2300181-18 10-11:30am Tue May 09-May 23
2300181-19 10-11:30am Wed May 10-May 24
2300181-20 10-11:30am Thu May 11-May 25

\$55(R) \$66(N) Age: 2-3Y
23001812-21 10-11:30am Mon Jun
05-Jun 12
23001812-22 10-11:30am Tue Jun
06-Jun 13
23001812-23 10-11:30am Wed Jun
07-Jun 14
23001812-24 10-11:30am Thu Jun
08-Jun 15

Little Pioneers

Come to the farm with your little one and learn about pioneer history! Each week, your child will learn different aspects of pioneer life and meet some of the animals on the farm. This class includes a pony ride. Adult/child teams only.

Kelsey Creek Farm Park

\$78(R) \$94(N) Age: 2-3Y
2300206-4 10-11:30am Tue Apr 04-Apr 18
2300206-5 10-11:30am Tue May 09-May 23

Fun on the Farm

Join Kandi & Beth for a fun time as an adult/child team. Each week we will have a different theme enhanced with sensory activities based on a farm topic or animal. We will play, create and explore the farm. There will even be time to pet a chicken or hug a bunny. Each session includes a pony ride. Adult/child teams only.

Kelsey Creek Farm Park

\$90(R) \$108(N)	Age: 2-5Y	
2300358-7 10-11:30am	Wed	Apr 05-Apr 26
\$110(R) \$132(N)	Age: 2-5Y	
2300358-8 10-11:30am	Wed	May 03-May 31

Little Scientists

Join us for science experiments on the farm! You and your child will explore chemistry, biology, and animal science with interactive experiments. Outside, we will get to interact with one of our farm animals each week. This program includes a pony ride. Adult/child teams only.

Kelsey Creek Farm Park

\$78(R) \$94(N)	Age: 2-3Y	
2300231-4 10-11:30am	Fri	Apr 07-Apr 21
2300231-5 10-11:30am	Fri	May 12-May 26

Pioneer Explorers

Come and learn all about pioneer history on the farm at this drop off program for the independent 4-6 year-old! Each week, your child will learn all about different aspects of pioneer life and meet some of the animals on the farm. This program includes a pony ride.

Kelsey Creek Farm Park

\$106(R) \$127(N)	Age: 4-6Y	
2300214-4 10am-12:30pm	Wed	Apr 05-Apr 19
2300214-5 10am-12:30pm	Wed	May 10-May 24

Science Explorers

Come to the farm and have some fun with biology and chemistry! In this drop-off program, children will get to interact with a farm animal while learning about what they eat and why. We will take a nature walk to find mushrooms and native plants.

Kelsey Creek Farm Park

\$106(R) \$127(N)	Age: 4-6Y	
2300242-4 10am-12:30pm	Fri	Apr 07-Apr 21
2300242-5 10am-12:30pm	Fri	May 12-May 26

Young Scientists

Join us for science on the farm! Each day we will focus on a different subject and meet a different animal. We will learn about nature, chemistry, biology, and animal science.

Kelsey Creek Farm Park

\$78(R) \$94(N)	Age: 7-10Y	
2300222-4 2-4pm	Wed	Apr 05-Apr 19
2300222-5 2-4pm	Wed	May 10-May 24

Farm School

Your child will be immersed in farm life in this after-school drop-off program. Activities include interacting with our farm animals, exploring the park's natural habitats, and creating crafts. Your child will take the animals on walks around the farm, see what's growing in the garden, and explore Bellevue's past through the historic buildings at Kelsey Creek Farm.

Kelsey Creek Farm Park

\$78(R) \$94(N)	Age: 7-9Y	
2300236-2 2-4pm	Wed	Apr 05-Apr 19
2300236-3 2-4pm	Wed	May 10-May 24

Elementary Fun on the Farm: Fiber Art

Join Beth & Kandi for a fun time on the farm after school on Wednesdays. The month of April will be fiber focused as we talk about different fiber animals, participate in fiber activities, and prepare for Sheep Shearing on the farm!

Kelsey Creek Farm Park

\$59(R) \$71(N)	Age: 7-10Y	
2300960 2-4pm	Wed	Apr 05-Apr 26

Elementary Fun on the Farm: Cake Decorating

Join Beth & Kandi for a fun time on the farm after school on Wednesdays. The month of May is the time to learn all about cupcake and cake decorating and baking. Each week we will bake or decorate and take home a beautiful creation. We will have farm walks and animal viewing to stimulate creativity.

Kelsey Creek Farm Park

\$100(R) \$120(N)	Age: 7-10Y	
2300961 2-4pm	Wed	May 03-May 31

Spring Eggstravaganza

Come to Kelsey Creek for a fun morning on the farm with our lovable farm animals and learn all about eggs. Children will get to collect eggs from our chicken coops and compare chicken, duck, and goose eggs. They will also pet a bunny, pet a chicken, and go on an egg hunt! Adult/child teams only.

Kelsey Creek Farm Park

\$25(R) \$30(N)	Age: 2-3Y	
2300481 11am-12pm	Sat	Apr 08
\$25(R) \$30(N)	Age: 4-7Y	
2300459 9:30-10:30am	Sat	Apr 08

Spring Around the World

How is spring celebrated in different parts of the world? We'll investigate what spring is and when it happens, learn about spring traditions from different parts of the world, check out signs of spring on the farm, and make spring-themed crafts. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R) \$30(N)	Age: 2-3Y	
2300480 11am-12pm	Sun	Apr 16
\$25(R) \$30(N)	Age: 4-7Y	
2300479 9:30-10:30am	Sun	Apr 16

Busy Beavers

Beavers are busy in the creeks at Kelsey Creek Farm and you can come learn about them! Your child will help us build an outdoor beaver pond diorama to learn all about these aquatic engineers. Then we'll each create a multi-media beaver scene to take home. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R) \$30(N) Age: 4-8Y
2300878 1-2pm Sun Apr 16

Mother's Day on the Farm

Join us with your child for a fun Mother's Day activity at Kelsey Creek Farm. You and your child will get to feed treats to our farm animals and take the goats on a walk. Then your child will help us prepare a fun Mother's Day surprise! Adult/child teams only.

Kelsey Creek Farm Park

\$25(R) \$30(N) Age: 4-8Y
2300879 1-2pm Sun May 14

Bees and Blooms

Come explore the world of pollinators at Kelsey Creek Farm! You and your child will visit our beehive, explore what kinds of flowers pollinators like, and make a bee-themed notebook. We'll talk about what honeybees do on farms and what native bees do for us all over Bellevue. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R) \$30(N) Age: 4-8Y
2300881 1-2pm Sun Jun 18

Health & Wellness

Strength, Conditioning, Cardio, & Active Fitness

Jazzercise

Dance-based group fitness program combining cardio with strength training and stretching to sculpt, tone, and lengthen muscles for a full-body workout. Visit Jazzercise.com for class times and fees.

New student specials are available! Registration/payment is completed directly with Jazzercise instructor at each class location.

Northwest Arts Center

North Bellevue Community Center

South Bellevue Community Center

Weight Training & Fitness

Fun, flexibility, balance and strength. Enjoy a mixture of styles to stay fit and confident. Increase flexibility and Range of Motion through mat work and various movement styles with chair/seated options available. Use body weight and free weights. All fitness levels and ages welcome.

Northwest Arts Center

\$80(R) \$96(N) Age: 16Y & Up
2300243-4 11:15am-12:15pm Wed Apr 19-Jun 07

Bellevue Main Club

\$80(R) \$96(N) Age: 16Y & Up
2300243-6 11:15am-12pm Thu Apr 20-Jun 08

Small Group Training

Join a certified personal trainer for this small group training class focused on helping you achieve your fitness goals! Workouts will be designed to meet everyone's needs and fitness level. Trainer will provide support, encouragement, and accountability to help you reach new heights in health and wellness.

South Bellevue Community Center

\$100(R) \$125(N) Age: 16Y & Up
2300123-2 7-7:50pm Mon Apr 03-May 08
2300123-3 7-7:50pm Mon May 15-Jun 26

Active Adult Fitness

This all-levels, balanced workout welcomes and benefits adults of all ages! Energize your mind and body with movements from the disciplines of Martial Arts/Tai Chi, Yoga, Strength Conditioning, Pilates, Cardio, Stretching and Balance Challenges. Register separately for the Monday and Wednesday class. For the ultimate benefit and to take advantage of the expertise of both instructors, register for both days. Participants must have the mobility to transition from the floor to standing. Join our encouraging and motivating community!

South Bellevue Community Center

\$60(R) \$72(N) Age: 18Y & Up
2300124-3 10:30-11:30am Mon Apr 03-May 08
\$50(R) \$60(N) Age: 18Y & Up
2300125-3 10:30-11:30am Wed Apr 05-May 10
\$40(R) \$48(N) Age: 18Y & Up
2300124-4 10:30-11:30am Mon May 15-Jun 12
\$70(R) \$84(N) Age: 18Y & Up
2300125-4 10:30-11:30am Wed May 17-Jun 28

Fit 360

Join a certified group fitness instructor for this action-packed cardio & strength class. Each workout includes a warm-up followed by strength, cardio and cool-down/stretching exercises. Your instructor will work with you on any modifications. Class will include equipment such as dumbbells and bands. All fitness levels welcome.

South Bellevue Community Center

\$132(R) \$156(N) Age: 13Y & Up
2300469-4 9:15-10:15am Mon,Wed Apr 03-May 10
\$77(R) \$91(N) Age: 13Y & Up
2300469-5 9:15-10:15am Mon,Wed Jun 05-Jun 28

Total Body Fitness

Join a certified group fitness instructor for this fun and effective way to burn stubborn body fat and improve your level of fitness! Workouts utilize dumbbells, bands, bodyweight exercises, agility movements, and more to strengthen your body and core. Sweat and have fun!

South Bellevue Community Center			
\$132(R) \$156(N)	Age: 16Y & Up		
2300490-4	6-6:50am	Tue,Thu	Apr 04-May 11
\$99(R) \$117(N)	Age: 16Y & Up		
2300490-5	6-6:50am	Tue,Thu	Jun 01-Jun 29

BellevueAtHome: Virtual Total Body Fitness

Join a certified group fitness instructor virtually from home for this fun, affordable and effective way to burn stubborn body fat and improve your level of fitness! Workouts are modified for virtual participants using bodyweight exercises, agility movements, and more to strengthen your body and core. Get ready to sweat and have fun!

South Bellevue Community Center Zoom Room			
\$55(R) \$65(N)	Age: 16Y & Up		
2300489-4	6-6:50am	Tue	Apr 04-May 09
2300600-4	6-6:50am	Thu	Apr 06-May 11
\$44(R) \$52(N)	Age: 16Y & Up		
2300489-5	6-6:50am	Tue	Jun 06-Jun 27
\$55(R) \$65(N)	Age: 16Y & Up		
2300600-5	6-6:50am	Thu	Jun 01-Jun 29

Cycle/Stretch

Join us for this fusion class of beginner level indoor cycling and flexibility exercises. Class is designed for those who are new to indoor cycling including: older adults, participants new to exercise and de-conditioned participants.

South Bellevue Community Center			
\$84(R) \$102(N)	Age: 13Y & Up		
2300463-3	10:30-11:30am	Tue,Thu	Apr 04-May 11
\$63(R) \$76(N)	Age: 13Y & Up		
2300463-3	10:30-11:30am	Tue,Thu	Jun 01-Jun 29

Cycling

Double the benefits as you increase your aerobic fitness level and burn a lot of calories in the fresh air of our outdoor natural setting. Classes are held under cover. Dress for the temperature. This is an all-levels class as you control your pace in our friendly, welcoming community.

South Bellevue Community Center			
\$84(R) \$102(N)	Age: 13Y & Up		
2300025-3	6-7am	Mon,Wed	Apr 03-May 10
\$77(R) \$93(N)	Age: 13Y & Up		
2300025-4	6-7am	Mon,Wed	May 17-Jun 28

ZUMBA

ZUMBA is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The Monday class is a full hour of calorie burning, energizing, and expressive dance movements. The Friday ZUMBA Toning class focuses on building muscles in the arms, legs and glutes using light weights. Sign up for both days to get a well-rounded workout. You will fall in love with working out again and look forward to it.

South Bellevue Community Center			
\$90(R) \$110(N)	Age: 13Y & Up		
2300466-4	10:30-11:30am	Mon, Fri	Apr 03-May 12
\$45(R) \$55(N)	Age: 13Y & Up		
2300465-3	10:30-11:30am	Mon	Apr 03-May 08
\$81(R) \$99(N)	Age: 13Y & Up		
2300466-5	10:30-11:30am	Mon,Fri	May 15-Jun 16
\$36(R) \$44(N)	Age: 13Y & Up		
2300465-4	10:30-11:30am	Mon	May 15-Jun 12

Body & Mind

SilverSneakers Yoga

SilverSneakers® Yoga: Seated and standing yoga poses to increase flexibility, balance and range of motion. This is a drop-in program, no pre-registration required.

North Bellevue Community Center			
\$6(R) \$7(N)	Age: 18Y & Up		
Ongonig	11am-12pm	Tue,Thu	

Tai Chi & Mindful Movement

Practice Chi Kung, Tai Chi and flowing movements to encourage proper posture, strength, stretching and flow of chi. Experience meditative practice through movement and stillness. Gain a sense of refreshed focus and relaxation. Postures and practice using mat or chair and standing. Non-strenuous class.

\$80(R) \$96(N)	Age: 16Y & Up		
Northwest Arts Center			
2300148	10-11am	Wed	Apr 19-Jun 07

Bellevue Main Club			
2300157	10-11am	Thu	Apr 20-Jun 08

Yoga: Mixed Levels

This class welcomes all levels and all body types in a joyful practice that helps you build strength, flexibility, and balance. Beginners or anyone with a health condition will benefit from a strong, safe foundation in alignment yoga while intermediate students will receive expert guidance on deepening their practice. This Purna Yoga class guides you towards well-rounded sequences for your individual needs, and includes breathing and meditation techniques, and health and nutrition tips.

Northwest Arts Center			
\$120(R) \$144(N)	Age: 18Y & Up		
2300163	9:30-10:30am	Tue	Apr 18-Jun 06
\$90(R) \$108(N)	Age: 18 and up		
2300217	9:30-10:30am	Thu	Apr 20-May 25

Gentle Yoga

Each class offers poses for stretching, active strengthening and deep relaxing. We focus on alignment for joint safety and use props to make poses accessible for many levels of experience. Benefits include: improved strength, flexibility and balance; reduced tension; better joint health; better mental clarity and an overall feeling of well-being.

South Bellevue Community Center

\$65(R) \$75(N) Age: 13Y & Up
2300495-3 11:45am-12:45pm Tue Apr 04-May 09

\$91(R) \$105(N) Age: 13Y & Up
2300495-4 11:45am-12:45pm Tue May 16-Jun 27

Pilates

Pilates is a low-impact exercise designed to strengthen core muscles, increase body awareness, and improve balance and flexibility. This class combines Pilates basics with yoga and barre exercises. Students often feel a sense of overall wellness with a stronger mind-body connection. All fitness levels welcome.

South Bellevue Community Center

\$84(R) \$100(N) Age: 13Y & Up
2300126-3 9:15-10:15am Fri Apr 07-May 12

\$70(R) \$83(N) Age: 13Y & Up
2300126-4 9:15-10:15am Fri May 19-Jun 16

Yoga Level 1: Stretch and Restore

Welcome to a mini-spa! This class is designed to help you relax your mind, body, and nervous system. It begins with gentle active poses to release tension and open the body to longer-held stretching and restorative poses using a variety of supportive props. Its slower pace is perfect for beginners, students recovering from injury, or anyone with a stressful lifestyle or sleep problems.

South Bellevue Community Center

\$52(R) \$60(N) Age: 13Y & Up
2300495-3 7-7:50pm Wed Apr 19-May 10

\$78(R) \$90(N) Age: 13Y & Up
2300495-4 7-7:50pm Wed May 24-Jun 28

Yoga Level 2: Align and Strengthen

Designed for students with some yoga experience in any tradition. This active, alignment-based class introduces the Classical Surya Namaskar (Sun Salutations), Purna Yoga Hip and Morning Series and a unique sequence each week that may include standing poses, inversions, twists, backbends and forward bends, chest openers or core work. Safety is top priority, so students will learn to modify poses as needed and understand their purpose and benefits.

South Bellevue Community Center

\$52(R) \$60(N) Age: 13Y & Up
2300496-3 6-6:50pm Wed Apr 19-May 10

\$78(R) \$90(N) Age: 13Y & Up
2300496-4 6-6:50pm Wed May 24-Jun 28

Sound Bath

A sound bath is a meditative practice with waves of soothing, echoing sound from traditional wind and percussion instruments. Learning to focus on the sound waves may help participants feel a decrease in stress, fatigue, anxiety, depression, sadness, and pain. Sound baths may improve your overall mood and release tension in your body as it soothes the nervous system. Participating in a sound bath may be easier than other meditative practices because all you need to do is listen. Relaxation is the main takeaway from the session, and it is not intended to replace other medication or therapies.

South Bellevue Community Center

\$22.50(R) \$27(N)	Age: 13Y & Up	
2301361-1	10:30-11:30am	Sat Apr 01
2301359-1	6-7pm	Fri Apr 14
2301361-2	10:30-11:30am	Sat Apr 22
2301359-2	6-7pm	Fri Apr 28
2301361-3	10:30-11:30am	Sat May 06
2301359-3	6-7pm	Fri May 12
2301361-4	10:30-11:30am	Sat May 20
2301359-4	6-7pm	Fri May 26
2301361-5	10:30-11:30am	Sat Jun 03
2301359-5	6-7pm	Fri Jun 09
2301361-6	10:30-11:30am	Sat Jun 17

Forest Bathing

Inspired by the Japanese practice of shinrin-yoku, Forest Bathing--spending quiet time in nature-- has scientifically proven to boost immune strength, reduce stress, and improve cognitive functioning. Beyond these physiological benefits, Forest Bathing also offers the opportunity to deepen your relationship with the natural world. By slowing down and carefully observing with all the senses, we may notice incredible things that have eluded us our whole lives. Escape the rapid pace of your daily routine, relax, and find unexpected beauty in the moment and all around. On this walk, a certified guide offers a series of invitations to help you find your own authentic way of interacting with the forests around the South Bellevue Community Center. There's no right or wrong way to do it; just be yourself and enjoy the forest.

South Bellevue Community Center

\$25(R) \$30(N)	Age: 12Y & Up	
2301473-1	9-10:30am	Wed Apr 26
2301473-2	9-10:30am	Wed May 31
2301473-3	9-10:30am	Wed Jun 21

Martial Arts

Kendo - Beginning

Kendo is a co-ed martial arts sport based on Samurai traditions requiring both mental and physical discipline. Participants use a Bokken (oak sword) for weeks 1-4. At week 5, a Shinai (bamboo sword) is also required. The beginning class focus is on learning basic footwork and sword handling. Upon completion of the beginning class, continuing students enroll in the Intermediate Kendo class.

Highland Park & Community Center

\$90(R) \$108(N)	Age: 10Y & Up	
2300170 6:30-8pm	Fri	Mar 24-Jun 02
2300208 6:30-8pm	Fri	Jun 09-Aug 18

Kendo - Intermediate

Intermediate Kendo is a continuation where participants work on skill improvement. Part of the class time is spent in drills with the advanced class. Prerequisite is completion of Beginning Kendo class. There the students progress to actual striking of live targets. Once the student has progressed in skill, they will be able to move into wearing armor and engage in bouts with other students.

Highland Park & Community Center

\$90(R) \$108(N)	Age: 10Y & Up	
2300171 6:30-8pm	Fri	Mar 24-Jun 02
2300209 6:30-8pm	Fri	Jun 09-Aug 18

Kendo - Advanced

Advanced Kendo is for those students who have completed Beginning and Intermediate Kendo and are in armor (bogu). Individuals with previous experience must contact the teacher for approval to enroll in Advanced Kendo.

Highland Park & Community Center

\$90(R) \$108(N)	Age: 10Y & Up	
2300169 7:30-9:30pm	Fri	Mar 24-Jun 02
2300207 7:30-9:30pm	Fri	Jun 09-Aug 18

Shotokan Karate

Learn traditional Karate with a non-violent philosophy emphasizing Respect, Excellence, Strength and Character with fun and experienced Black Belt instructors.

South Bellevue Community Center

\$54(R) \$66(N)	Age: 6-12Y	
2300474-4 6-6:50pm	Mon,Wed	Apr 03-Apr 26
\$81(R) \$99(N)	Age: 6-12Y	
2300474-5 6-6:50pm	Mon,Wed	May 01-May 31
\$63(R) \$77(N)	Age: 6-12Y	
2300474-5 6-6:50pm	Mon,Wed	Jun 05-Jun 28
\$54(R) \$66(N)	Age: 12Y & Up	
Ages 12-Adult or instructor permission for younger children.		
2300475-4 7-7:50pm	Mon,Wed	Apr 03-Apr 26
\$81(R) \$99(N)	Age: 12Y & Up	
Ages 12-Adult or instructor permission for younger children.		
2300475-5 7-7:50pm	Mon,Wed	May 01-May 31
\$63(R) \$77(N)	Age: 12Y & Up	
Ages 12-Adult or instructor permission for younger children.		
2300475-6 7-7:50pm	Mon,Wed	Jun 05-Jun 28

Taekwondo

An ancient Korean Martial Art, Taekwondo is a system of practical techniques for self-defense. Instruction is designed to emphasize kicks and punches that strengthen and condition the whole body and promote confidence, patience and respect.

South Bellevue Community Center

\$64(R) \$76(N)	Age: 5Y & Up	
2300503-4 4-4:50pm	Tue,Thu	Apr 04-Apr 27
\$64(R) \$76(N)	Age: 5Y & Up	
2300503-5 4-4:50pm	Tue,Thu	May 02-May 25
\$72(R) \$85(N)	Age: 5Y & Up	
2300503-6 4-4:50pm	Tue,Thu	Jun 01-Jun 29
\$64(R) \$76(N)	Age: 5Y & Up	
2300550-4 5-5:50pm	Tue,Thu	Apr 04-Apr 27
\$64(R) \$76(N)	Age: 5Y & Up	
2300550-5 5-5:50pm	Tue,Thu	May 02-May 25
\$72(R) \$85(N)	Age: 5Y & Up	
2300550-6 5-5:50pm	Tue,Thu	Jun 01-Jun 29
\$64(R) \$76(N)	Age: 9Y & Up	
Ages 9-Adult or by instructor permission.		
2300482-4 6-6:50pm	Tue,Thu	Apr 04-Apr 27
\$64(R) \$76(N)	Age: 9Y & Up	
Ages 9-Adult or by instructor permission.		
2300482-5 6-6:50pm	Tue,Thu	May 02-May 25
\$72(R) \$85(N)	Age: 9Y & Up	
Ages 9-Adult or by instructor permission.		
2300482-6 6-6:50pm	Tue,Thu	Jun 01-Jun 29

Conqueror Hapkido & MMA for Self Defense Youth April

Conqueror Hapkido Martial Arts, Self Defense is a family friendly program that aims to instill or enhance discipline, patience, perseverance and self-confidence through fitness, self-defense, Martial Arts and meditation exercises. HAP = United or Coordinate. KI = Mental and/or Physical energy.

North Bellevue Community Center

\$64(R) \$80(N)	Age: 5-12Y	
5:30-6:30pm	Mon,Wed	Apr 03-Apr 26
\$72(R) \$90(N)	Age: 5-12Y	
5:30-6:30pm	Mon,Wed	May 01-May 31
\$56(R) \$70(N)	Age: 5-12Y	
5:30-6:30pm	Mon,Wed	Jun 05-Jun 28
\$64(R) \$80(N)	Age: 12Y & Up	
6:35-7:35pm	Mon,Wed	Apr 03-Apr 26
\$72(R) \$90(N)	Age: 12Y & Up	
6:35-7:35pm	Mon,Wed	May 01-May 31
\$56(R) \$70(N)	Age: 12Y & Up	
6:35-7:35pm	Mon,Wed	Jun 05-Jun 28

Natural Resources & Outdoor Education

TRACKS

Tracks Cascade Hiking Club

This hiking series is meant for hikers ready to level up and move from beginner to intermediate. Trails will have a moderate degree of difficulty, range from 4-6 miles, and up to 2000ft of elevation gain.

Lewis Creek Visitor Center & Park

\$12(R) \$15(N)	Age: 18Y & Up	
2301174	9:30am-3:30pm	Fri
2301175	9:30am-3:30pm	Fri
2301176	9:30am-3:30pm	Fri
2301177	9:30am-3:30pm	Fri
2301178	9:30am-3:30pm	Fri
2301179	9:30am-3:30pm	Fri
		Apr 14
		Apr 21
		Apr 28
		May 05
		Jun 02
		Jun 09

Tracks Tuesday Trails 50+ Hiking

This easy hiking series is designed for active seniors looking to explore the beautiful trails around Bellevue, we will meet at the North Bellevue Community Center and ride to a trailhead in the Issaquah Alps, Cascades, or other scenic areas nearby. Hikes will be generally less than 3 miles and specifically chosen for the over 50 crowd.

North Bellevue Community Center

\$8(R) \$10(N)	Age: 50Y & Up	
2301164	10am-2pm	Tue
2301165	10am-2pm	Tue
2301166	10am-2pm	Tue
2301167	10am-2pm	Tue
2301168	10am-2pm	Tue
2301169	10am-2pm	Tue
2301170	10am-2pm	Tue
2301171	10am-2pm	Tue
2301172	10am-2pm	Tue
2301173	10am-2pm	Tue
		Apr 04
		Apr 11
		Apr 18
		Apr 25
		May 02
		May 09
		May 16
		May 23
		May 30
		Jun 06

Ranger Programs

Wake Up Wetland

As the seasons change, so does nature. Many creatures big and small are emerging from their long winters nap in search of food and friends. Branches and shrubs are coming to life. Learn more about the plants and animals that indicate

Mercer Slough Nature Park

FREE	Age: 5Y & Up	
2301294	2-3pm	Sat
		Apr 15

Perfect pollinators

Pollination is not just fascinating; it is an essential ecological function. Over 80% of the world's flowering plants require a pollinator to reproduce. Unfortunately, we are witnessing a significant decline in our natural pollinator populations. Without these pollinators, humans will not survive, and terrestrial ecosystems will continue to deteriorate. Join a Park Ranger to learn more about what we can do to protect our future of food.

Mercer Slough Nature Park

FREE	Age: 5Y & Up	
2301295	2-3pm	Sat
		May 13

Who Let the Bugs Out

We can find insects in almost every habitat, yet insects are underappreciated for their role in the food web. Without insects to help break down and dispose of wastes, dead animals and plants would accumulate in our environment. Other animals rely on insects as their primary food source. Without them they would starve. Join a Park Ranger for a nature walk in search of bugs. Enjoy some hands-on activities and crafts as well.

Mercer Slough Nature Park

FREE	Age: 5Y & Up	
2301296	2-3pm	Sat
		Jun 17

Ranger-led Hike at Lewis Creek Park

Join a Bellevue Park Ranger to explore the natural and cultural history of Lewis Creek Park. Look for signs of local wildlife and learn what to do when encountering animals in the wild. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Preregistration required for each participant.

Lewis Creek Visitor Center & Park

FREE	Age: All Ages	
2301197	10:30-11:30am	Sat
2301200	10:30-11:30am	Sat
2301201	10:30-11:30am	Sat
		Apr 01
		May 06
		Jun 03

Ranger-led Hike at Lakemont Highlands Open Space

Join a Bellevue Park Ranger at the Lewis Creek Visitor Center to explore the Lakemont Highlands Open Space trail system. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (3.5 miles with 680 ft elevation change). Preregistration required for each participant.

Lewis Creek Visitor Center & Park

FREE	Age: All Ages	
2301203	10am-12pm	Sun
		May 14

Ranger-led Hike at Lakemont Community Park

This lovely trail winds alongside a creek as we ascend and descend throughout the park. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 700 ft total elevation change). Preregistration required for each participant.

Lakemont Community Park

FREE	Age: All Ages	
2301204	10:30am-12pm	Sun
		Apr 30

Ranger-led Hike at Coal Creek

Explore Coal Creek at the Cinder Mine Trailhead to discover Bellevue's largest park and get lost in the wilderness while still in the city! This area is rich in history and wildlife you'll learn about while being guided by a Bellevue Park Ranger. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 240 ft elevation change). Preregistration required for each participant.

Coal Creek Natural Area

FREE Age: All Ages
2301205 10:30am-12pm Sun Jun 11

Ranger Hike: Mercer Slough Nature Park

Bring the whole family to join a Ranger on a guided 1.5-mile hike through the Mercer Slough Nature Park. This kid-oriented program aims to educate kids and their parents about the Nature Park while discovering the birds and animals that call the Mercer Slough home. The hour-long nature walk ends at the channel bridge in the middle of the park. From there you can continue on to further explore the rich diversity the park has to offer.

Ages: All are welcome but best for 5 and up.

Mercer Slough Nature Park

FREE Age: 3Y & Up
2301297 2-3:30pm Sun Apr 09
2301298 2-3:30pm Sun Apr 23
2301299 2-3:30pm Sun May 07
2301300 2-3:30pm Sun May 21
2301301 2-3:30pm Sun Jun 11
2301302 2-3:30pm Sun Jun 25

Ranger Walk: Lake Hills Greenbelt

Interested in a weekend activity that's both fun and educational? Bring the whole family to the Lake Hills Greenbelt Ranger Station for a mild 1-mile nature hike through the Greenbelt's trails and discover the season's myriad of flora and fauna. Wear your favorite weather-appropriate outdoor clothing and shoes, and feel free to bring personal wildlife-viewing gear (e.g. binoculars or magnifying glasses) to further enjoy the park. If you're feeling especially energized, continue on to the Larsen Lake trail loop and use your newfound knowledge to explore. We'll be heading out rain or shine, so come prepared to learn and have a great time! Pre-registration required.

Lake Hills Greenbelt

FREE Age: Up to 100Y
2-3pm Sat Apr 01
2-3pm Sat Apr 08
2-3pm Sat Apr 15
2-3pm Sat Apr 22
2-3pm Sat Apr 29
2-3pm Sat May 06
2-3pm Sat May 20
2-3pm Sat May 27
2-3pm Sat Jun 03
2-3pm Sat Jun 10
2-3pm Sat Jun 17
2-3pm Sat Jun 24

Family Discovery Series

World Migratory Bird Day Celebration

Each year over 81 countries all over the globe come together to celebrate migratory birds. Flock to the parks to celebrate this very special event with us! Park rangers will be leading drop-in programs throughout the morning where you can join activities like our fun migration game, a ranger-led hike at 10 a.m., and create some crafts for bird friendly communities. This event is for all ages. Register online to join us for our 10am ranger-led bird walk!

Newcastle Beach Park

FREE Age: All Ages
9am-12pm Sat May 13

Toddler Trails

Explore the trails at Lewis Creek Park with a park ranger and get out some wiggles. We'll take frequent stops while we investigate the different environments of Lewis Creek Park we wander through and learn how we can make hiking fun for everyone. This hike's difficulty is rated as easy (.5 miles). Preregistration required for children and adults.

Lewis Creek Visitor Center & Park

FREEAge: 18M-36M with accompanying adult(s)
10-11am Sat Apr 29
10-11am Sun May 28
10-11am Sun Jun 18

Creature Crafts

Join us for an hour of themed crafts and fun with your little ones. Create a take home craft and have fun with additional activities your little explorer can discover at their own pace. Preregistration required for children and adults.

Lewis Creek Visitor Center & Park

FREEAge: 3-7Y with accompanying adult(s)
10:30-11:30am Sun Apr 23
10:30-11:30am Sat May 27
10:30-11:30am Sat Jun 24

The Secret Life of Slugs

Creepy, slimy, and cool! Put your best tentacle forward and join us to learn more about the slugs that call Lewis Creek home. Crawl in to learn more about that marvelous slime and to find a new perspective from the forest floor. Preregistration required for children and adults. Lewis Creek Visitor Center & Park

FREEAge: 5Y-10Y with accompanying adult(s)
2:30-3:30pm Sun Apr 02
2:30-3:30pm Sat Apr 15
2:30-3:30pm Sat Apr 22

Who's that Bird?

Fly in this month to learn the who's who and what's what of our local bird species. We'll learn some new feathered friends, explore the dangers of migration, and participants will choose their favorite bird for an art piece to be displayed at the Lewis Creek Visitor Center. Preregistration required for children and adults.

Lewis Creek Visitor Center & Park

FREEAge: 5Y-10Y with accompanying adult(s)
2:30-3:30pm Sun May 07
2:30-3:30pm Sat May 20
2:30-3:30pm Sun May 28

Trails with Toddlers

Come enjoy a special program specifically designed for our littlest explorers. Whether by stroller or shoe, this short walk along the lake hills trail will give your little one an opportunity to look at the different plants, and learn about a few interesting creatures. Along the journey, we will make a stop and read a short story about our woodland neighbors. Pre-registration required.

Lake Hills Greenbelt

FREEAge: 18M-3Y with accompanying adult(s)

10-11am	Fri	Apr 07
10-11am	Fri	May 05
10-11am	Fri	Jun 09

Mice and Rabbits

Sprinting or hopping through the green grass and between the tall trees, mice and rabbits are abundant in our parks through the whole year. How do these little creatures keep themselves safe from predators, and how do they prepare for winter? Enjoy a class about these critters with a Bellevue Park Ranger, and then join us for a craft! Pre-registration required for both adults and children.

Lake Hills Greenbelt

FREEAge: 4-10Y with accompanying adult(s)

10-11am	Sat	Apr 01
10-11am	Sat	Apr 29

Cascade Canines

Did you know foxes are the only canids to climb trees or that coyotes tip toe to be extra sneaky? Discover more about Washington's furry canines and practice your howl with a park ranger this month. Pre-registration required for children and adults.

Lewis Creek Visitor Center & Park

FREEAge: 5Y-10Y with accompanying adult(s)

2:30-3:30pm	Sun	Jun 04
2:30-3:30pm	Sat	Jun 10
2:30-3:30pm	Sat	Jun 17

Of Bears and Backpacks

Bears can be a surprising sight in parks and neighborhoods, given their size and elusive habits, but are also an important part of our local ecosystems! Join our program to learn all about bears and better understand the reasons behind their often-unexpected appearances, as well as some ways to ensure a safe and beneficial coexistence when camping and backpacking in bear country!

Pre-registration required for both adults and children.

Lake Hills Greenbelt

FREEAge: 4Y-10Y with accompanying adult(s)

10-11am	Sat	May 06
10-11am	Sat	May 20

Frog Hop!

One of the earliest sounds of spring is the constant rib-bit song of frogs. Learn about the amazing life cycle of these amphibians, as well as the kinds of frogs that live in Western Washington.

Then join us to explore Lewis Creek using your ears to guide the way! Bring a flashlight or headlamp, as well as good shoes and warm clothes for the journey. Pre-registration required for children and adults.

Lewis Creek Visitor Center & Park

FREEAge: 5Y & Up with accompanying adult(s)

8-9:30pm	Fri	Apr 21
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Great Blue Herons

Did you know that Bellevue is home to a great blue heron rookery? We'll learn about what makes a wetland such a great home for these long-legged birds. Come along as we travel down the trail in search of these birds, then return to the Lake Hills Station for a great blue heron craft! Pre-registration required for both adults and children.

Lake Hills Greenbelt

FREEAge: 4Y-10Y with accompanying adult(s)

10-11am	Sat	Jun 10
10-11am	Sat	Jun 24

Batty Nights at Lewis Creek Park

Come test out your echolocation with a Park Ranger. We'll learn all about our local bat species while taking a dusk hike to watch for bats as they forage for insects! Bring a flashlight or headlamp, as well as sturdy shoes! Pre-registration required for children and adults.

Lewis Creek Visitor Center & Park

FREEAge: 5Y & Up with accompanying adult(s)

8-9:30pm	Fri	May 19
8:30-10pm	Fri	Jun 09

Story & A Stroll

Story and a Stroll

Join a park Ranger to explore the forested Wetlands of the Mercer Slough Nature Park. Each week as we venture outside, children will be fascinated by all there is to discover and become more comfortable navigating the trail. Children will also enjoy a nature-based story connecting them to the natural world. Each week we will read a new story!

Mercer Slough Nature Park

FREE Age: 3Y & Up

2301303	11am-12pm	Fri	Apr 14
2301304	11am-12pm	Fri	Apr 21
2301305	11am-12pm	Fri	Apr 28
2301306	11am-12pm	Fri	May 05
2301307	11am-12pm	Fri	May 12
2301308	11am-12pm	Fri	May 19
2301309	11am-12pm	Fri	May 19
2301310	11am-12pm	Fri	May 26
2301311	11am-12pm	Fri	Jun 02
2301312	11am-12pm	Fri	Jun 09
2301313	11am-12pm	Fri	Jun 16
2301314	11am-12pm	Fri	Jun 23
2301315	11am-12pm	Fri	Jun 30

Adult Enrichment Series

History of Eastside Logging, Presented by the Eastside Heritage Center

Did you know that most of the east side of Lake Washington was clear-cut by 1920 or that nearly all the big trees that we see today are less than 100 years old? (It will take another 400 years for our evergreens to reach 'maturity')! Come and see the equipment that evolved from two men working one tree all day with a hand-saw, to sky-line cable operations that could clear a whole Cougar Mountain valley in a single day. Presented in partnership by the Eastside Heritage Center and Bellevue Parks & Community Services. This program is best for adults, but participants ages 13+ are welcome with accompanying adult(s). No pre-registration required.

Lewis Creek Visitor Center & Park

FREE Age: 13Y & Up

1-3pm

Sun

Apr 16

Adult Sports

Adult Sports Leagues

Adult volleyball and basketball leagues play Fall, Winter, & Spring seasons at various Bellevue Parks locations and are supervised by Parks staff. Players must be 18 or older. An Interested Players List is maintained and made available to team managers looking for additional players. For more information visit BellevueWA.gov/Leagues, email the league coordinator at leagues@BellevueWA.gov, or call 425-452-4479.

Youth Sports

Youth Soccer League - Spring

This co-ed instructional league is a great way to further develop and enhance your basic knowledge and skills in soccer. This league will emphasize positive sportsmanship and team play while having fun! The season will begin with 2 weeks of team practice followed by 5 weeks of games. Come and join the fun! Volunteer coaches are needed for this league. If you are interested in volunteering, please email Erin McCaslin at emccaslin@bellevuewa.gov.

Robinswood Community Park - Fields

\$85(R) \$102(N) Age: 7-9Y

2300197 4:15-5:15pm

Tue

Apr 18-May 30

Mighty Mites Soccer League - Spring

This co-ed league is a great way for your little star to begin team play with emphasis on participation, fun, and skill development in an instructional setting. This league will give your child the basic instructions of dribbling, passing, scoring and teamwork! The season will begin with 2 weeks of team practice followed by 5 weeks of games. Come and join the fun! Volunteer coaches are needed for this league. If you are interested in volunteering, please email Erin McCaslin at emccaslin@bellevuewa.gov.

Robinswood Community Park - Fields

\$85(R) \$102(N) Age: 5-6Y

2300198 4:15-5:15pm

Wed

Apr 19-May 31

Girls Basketball Club

Calling all girls interested in learning basketball skills and fundamentals! This Girls Basketball Club creates an opportunity for girls to join other girls in the community to learn the basics of the game, improve their skills, and make lifelong friends. Sessions focus on developing individual skills such as dribbling, shooting, passing, and defense as well as teamwork and live play. No prior experience necessary. Participants are welcome to attend the class that matches their gender identity or expression.

Tyee Community Gym

\$40(R) \$48(N)

Age: 6-12Y

2301409 6-7pm

Mon

Mar 13-Apr 03

After-School Basketball Clinics

Want to continue developing your basketball skills and fundamentals before Spring Break? The After-School Basketball Clinics create an opportunity for new and developing players to continue working on their skills and learn drills to improve their dribbling, shooting, passing, and defense.

Tyee Community Gym

\$30(R) \$36(N)

Age: 7-10Y

2301408 4:30-5:30pm

Wed

Mar 22-Apr 05

Youth Track & Field

The main philosophy of this program is to learn, participate, and introduce your child to physical fitness through basic track and field events such as running, jumping and throwing. This program will increase your child's knowledge and understanding of track and field and teach them a variety of techniques and skills used in this sport. There will be an opportunity to participate in at least one optional track meet with another local city. A schedule with locations for the track season will be provided to the parents on the first day.

Chinook Middle School

\$80(R) \$96(N)

Age: 6-13Y

2300199 6-7pm

Thu

Apr 20-Jun 08

Youth Flag Football

Join this safe, dynamic, and non-competitive environment for beginning young co-ed athletes to discover the fun in playing flag football. Athletes will develop basic skills and techniques necessary to succeed on both offense and defense. This program is designed to introduce players to the sport with 30 minutes of practice and conditioning followed by 30 minutes of fun game play. No experience necessary.

Robinswood Community Park - Fields

\$40(R) \$48(N)

Age: 7-13Y

2300200 1:45-3pm

Wed

Apr 19-May 10

2300201 1:45-3pm

Wed

May 17-Jun 07

Lake to Lake Bike Ride

Join us for the 10th annual Lake to Lake Bike Ride - an enjoyable, non-competitive ride that explores the hidden treasures of Bellevue. This ride utilizes low traffic roads, bike lanes and part of the Lake-to-Lake trail (non-technical gravel) and traverses much of the City. There are two routes: Greenbelt Loop, mostly flat 8 mile route; and Lake Loop, more challenging 24 mile route with significant elevation gain. The course is well-marked and supported by staff and volunteers. Riders under 18 must be accompanied by an adult. Pre-register for the ride at a discounted rate. Onsite day-of-event registration will also be available from 8:30-9am. Start area opens 9-10am. Under age 9 are FREE.

Robinswood Community Park - Fields

\$18(R)	\$18(N)	Age: 1Y & Up	
2301198	8:30am-1pm	Sat	Jun 10

Lake to Lake Kids Bike Ride

As part of the 10th annual Lake to Lake Bike Ride, there will be a kid-friendly course around the soccer fields at Robinswood Park. The Kids Ride is free and open to ages 3-8. Kids can complete as many laps around the course as time permits. Start area opens at 12:15pm for ages 5-8 and 12:30pm for ages 3-4.

Robinswood Community Park - Fields

FREE		Age: 3-8Y	
2301199	12:15-12:45pm	Sat	Jun 10

Tennis

Adult Beginning Tennis

Level 1 is designed to provide basic skills needed to play tennis, including etiquette, rules, and scoring. USTA Level of 2.0

Robinswood Tennis Center

\$160		Age: 18Y & Up	
2300651	10:30-11:45am	Wed	Apr 26-Jun 14
2300655	7:45-9pm	Tue	Apr 25-Jun 13
2300656	9-10:15pm	Wed	Apr 26-Jun 14

Adult Advanced Beginning Tennis

These lessons build on the basics, reinforcing technique, and adding advanced drills and learning how to play doubles. USTA level of 2.5 or higher.

Robinswood Tennis Center

\$160		Age: 18Y & Up	
2300652	10:30-11:45am	Tue	Apr 25-Jun 13
2300653	11:45am-1pm	Wed	Apr 26-Jun 14
2300657	9-10:15pm	Tue	Apr 25-Jun 13
2300658	7:45-9pm	Wed	Apr 26-Jun 14

Adult Intermediate Tennis

These lessons are for participants who already have sound fundamentals and are working on advanced technique such as spin serves, continental grip volleys, the slice backhand, and basic strategies. USTA Level of 3.0 or higher.

Robinswood Tennis Center

\$140		Age: 18Y & Up	
2300654	11:45am-1pm	Mon	Apr 24-Jun 12
2300659	7:45-9pm	Mon	Apr 24-Jun 12
\$160		Age: 18Y & Up	
2300660	7:45-9pm	Thu	Apr 27-Jun 15

Adult Advanced Tennis

Class will focus on more advanced drills and strategy for singles/doubles play. USTA Level of 3.5 or higher.

Robinswood Tennis Center

\$140		Age: 18Y & Up	
2300661	9-10:15pm	Mon	Apr 24-Jun 12
\$160		Age: 18Y & Up	
2300662	9-10:15pm	Thu	Apr 27-Jun 15

Youth Little Lobbers Tennis

Class focuses on young children to build hand-eye coordination and develop muscle memory for basic form.

Robinswood Tennis Center

\$104		Age: 4-6Y	
2300644	11-11:45am	Sat	Apr 29-Jun 17

Youth Beginning Tennis

Class is designed for any child who has never taken lessons before or has minimal experience. Goals of the class are to introduce basic tennis.

Robinswood Tennis Center

\$104		Age: 7-10Y	
2300645	1:15-2:15pm	Sat	Apr 29-Jun 17
\$104		Age: 11-14Y	
2300647	2:15-3:15pm	Sat	Apr 29-Jun 17

Youth Advanced Beginning Tennis

Class is designed for students who have completed the Beginning class or have had lessons in the past.

Robinswood Tennis Center

\$104		Age: 7-10Y	
2300648	3:15-4:15pm	Sat	Apr 29-Jun 17
\$104		Age: 11-14Y	
2300649	4:15-5:15pm	Sat	Apr 29-Jun 17

Youth Intermediate Tennis

Class is designed for students who have completed Advanced Beginning II. The goal of the class is to be able to hit all strokes with consistency and the correct technique. This class is the highest level of Saturday Youth Lessons.

Robinswood Tennis Center

\$104		Age: 7-14Y	
2300643	10-11am	Sat	Apr 29-Jun 17

Teen Class

Class is designed for Beginning to Advanced Beginning levels of Teens.

Robinswood Tennis Center

\$104		Age: 15-18Y	
2300650	5:15-6:15pm	Sat	Apr 29-Jun 17

Online registration not available for the following Junior Teams. A tryout is required each session. Tryout forms and form drop-off date are available at BellevueWA.gov/Tennis

Prep Team

Class focuses on strengthening the student's rally skills. This class is designed for students who have completed Intermediate Saturday Classes. Entry to this class is granted only through Instructor approval. The goal of the class is to develop consistent rallies and begin match play. Next Level is Team 1.

Robinswood Tennis Center
\$84 Age: 7-18Y
2300642 9-10am Sat Apr 29-Jun 17

Team 1

Have progressed past Saturday Intermediate Lessons. Players at this level should already be able to keep score, play matches against other players, execute volleys & overheads, and place serves consistently in the box. USTA Rookie Level Tournament Players.

Robinswood Tennis Center
\$192 Age: 7-18Y
2300663 4-5:15pm Tue,Thu Apr 25-Jun 15

Team 2

Players on Team 2 have finished a session in one of the top ladder spots on Team 1. They have shown a progression of their basic skills and they are incorporating those skills into their match play. Team 2 players are playing at an intermediate USTA level.

Robinswood Tennis Center
\$192 Age: 7-18Y
2300664 5:15-6:30pm Tue,Thu Apr 25-Jun 15

Tournament Team

Players on Tournament Team have finished a session in one of the top spots on Team 2. A requirement for this team is that the student is actively participating in tournaments. The student has a strong grasp of the basics and is working on developing offensive shots and strategies. Tournament Team players are playing at an intermediate and/or advanced USTA level.

Robinswood Tennis Center
\$276 Age: 7-18Y
2300665 5:15-6:30pm Mon,Wed,Fri Apr 24-Jun 16

Elite Team

This junior team is for USTA Champs level players only. Participants should be ranked in the top 50 of their age group in the Pacific Northwest to try out. Drill and Match-play environment. Highest Level of Junior Teams at Robinswood.

Robinswood Tennis Center
\$276 Age: 7-18Y
2300666 4-5:15pm Mon,Wed,Fri Apr 24-Jun 16

Pickleball

Adult Drop-In Pickleball

North Bellevue Community Center
\$4(R) \$5(N) 3-5pm Monday, Wednesday, Friday - Ongoing

Adult Pickleball

This introductory clinic is designed especially for beginners. The session will cover the basics and help develop an understanding of pickleball for recreational and social play. Learn pickleball rules, terminology, and have an opportunity to gain some play time. Net and balls are provided, please bring your own paddle. Call 425-452-7681 to reserve your spot.

Hidden Valley Sports Park
\$10(R) \$12(N) Age: 18Y & Up
10am-Noon Thu Ongoing

Adult Beginner Pickleball

This program is designed to provide basic skills needed to play pickleball, including etiquette, terminology, rules, and scoring. This is a progressive program that is designed to assist in developing you to grow in the game and be provided instruction on ways in which you can improve your skills. Recommended for players up to a Level 2.5 rating. Players are encouraged to bring their own paddle, but paddles will be provided if necessary. All other equipment will be provided. Advance registration required.

South Bellevue Community Center
\$60(R) \$72(N) Age: 18Y and up
2301400-1 8:30-10am Tue Apr 04-May 30
2301400-2 8:30-10am Thu Apr 06-Jun 01

Adult Pickleball Clinic

This introductory clinic is designed especially for beginners. The session will cover the basics and help develop an understanding of pickleball for recreational and social play, pickleball rules, terminology, and provide beginner play time. Nets and balls will be provided, bring your own paddle. Advance registration is required.

Hidden Valley Sports Park
\$10(R) \$12(N) Age: All Ages
2301335-1 10am-12pm Thu Apr 06
2301335-2 10am-12pm Thu Apr 13

Kelsey Creek Sheep Shearing

**Saturday
April 29, 2023
11 a.m. to 4 p.m.**

See page 18 for more information

