



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ParksWeb@BellevueWA.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

Bellevue Parks & Community Services





PO Box 90012 Bellevue, WA 98009-9012

Bellevue City Council

Lynne Robinson, Mayor

Jared Nieuwenhuis, Deputy Mayor

Jeremy Barksdale Conrad Lee Jennifer Robertson John Stokes Janice Zahn

Parks & Community Services Board

David Hamilton, Chair Paul Clark, Vice-Chair

Rowena Clima Cassidy (Pradeep Singh Eric Heather Trescases

Cassidy Giampetro Eric Synn rescases

Food & Refreshments

Programs listed in this brochure may include a food or beverage refreshment. Please contact your Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

City of Bellevue Tax ID Number 91-6007020

Every attempt has been made to ensure that information in this brochure is accurate at the time of publication. For the most up-to-date information on activity availability, pricing, dates, times, and location, please visit our online registration system at register.BellevueWA.gov.

Program availability, minimum and maximum enrollment, location, times, dates, and health screening requirements are all subject to change based on the latest guidance from local, state, and national public health authorities.

Questions or comments about this publication? Contact Colin Walker, Department Marketing Administrator, CWalker@BellevueWA.gov.

On the cover: Fall is a great time to canoe or kayak Mercer Slough.

Equal Opportunity Statement

The City of Bellevue assures that no person shall on the grounds of race, color, national origin, or sex as provided by Title VI of the Civil Rights Act of 1964, and related statutes, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any City of Bellevue program or activity. Any person who believes his/ her Title VI protection has been violated may file a complaint with the ADA/Title VI Administrator. For Title VI complaint forms and advice, please contact the ADA/Title VI Administrator at 425-452-6168.





Financial Assistance Available for Recreation Programs

Bellevue Parks & Community Services strives to make program opportunities available to all interested individuals who live in the boundaries of the city of Bellevue, regardless of income. We provide scholarships to those who might not otherwise be able to participate. Visit one of the locations listed at the bottom of this page to obtain a copy of the scholarship application form, visit bellevuewa.gov/connections to download a copy, or call 425-452-6885 and staff will be happy to mail you a copy of the form, free of charge.

贝尔维尤公园和社区服务中心致力于为居住在贝尔维尤市边界地区的所有对此计划感兴趣的人士提供机会,而不会考虑个人的收入情况。 我们为可能无法参与的人士提供奖学金。您可前往本页面底部列出的其中任一地点,领取一份奖学金申请表副本,也可以浏览网站 bellevuewa.gov/connections 下载一份副本,或致电 425-452-6885,工作人员将乐意给您免费邮寄申请表副本。

Bellevue 公園和社區服務致力於為居住在 Bellevue 市邊界的所有感興趣的個人提供計劃機會,無論收入為何。我們為那些可能無法參加的人提供獎學金。 請瀏覽本頁下方列出的地點之一以索取獎學金申請表的副本,請瀏覽 bellevuewa.gov/connections 下載副本,或致電 425-452-6885,工作人員將很樂意為您郵寄一份副本表格,無需額外費用。

벨뷰 공원 및 근린시설 서비스는 소득 수준과 관계없이 프로그램에 관심이 있는 벨뷰시 거주 시민이라면 누구든지 프로그램을 이용할 기회를 제공하고자 노력합니다. 참여가 어려운 사람에게는 장학금을 제공합니다. 이 페이지 하단에 열거된 지점 중 한 곳을 방문하거나 bellevuewa.gov/connections를 방문하여 장학금 지원서 양식을 받을 수 있으며, 425-452-6885번으로 전화하면 직원이 지원서 양식을 무 료로 발송해드립니다.

Bãi đỗ xe & Dịch vụ Cộng đồng Bellevue cố gắng tạo cơ hội tham gia chương trình cho tất cả những cá nhân quan tâm sống trong địa phận thành phố Bellevue, bất kể thu nhập. Chúng tôi cung cấp học bổng cho những cá nhân không thể tham gia. Truy cập một trong những địa điểm được liệt kê ở cuối trang này để lấy một bản sao của mẫu đơn đăng ký học bổng, truy cập bellevuewa.gov/ connections để tải xuống một bản sao, hoặc gọi 425-452-6885 và nhân viên luôn sẵn lòng gửi cho quý vị một bản sao của mẫu đơn qua đường bưu điện hoàn toàn miễn phí.

Bellevue パーク&コミュニティサービス は、プログラムにご興味をお持ちのBellevue市民全員が収入の多寡によらずご利用いただけ るよう努めています。参加が叶わない方には奨学金を支給しています。 奨学金の申請用紙は、このページの下に記載の場所にて直接 入手または bellevuewa.gov/connections からダウンロード、あるいは 425-452-6885 にお電話いただければ、職員が無料で用紙を郵 送させていただきます。

Служба парков и коммунальных предприятий Белвью предлагает программы создания возможностей всем заинтересованным лицам, которые живут в пределах города Белвью, независимо от их дохода. Мы предоставляем стипендии тем, кто без этого не сможет стать участником программы. Получить бланк заявки на стипендию можно в одном из офисов, перечисленных в нижней части этой страницы. Чтобы скачать бланк заявки, зайдите на страницу bellevuewa.gov/connections или позвоните по номеру 425-452-6885, и сотрудники бесплатно отправят вам бланк по почте.

Parques y Servicios Comunitarios de Bellevue procura hacer que las oportunidades para participar en los programas estén disponibles a todos aquellos que estén interesados y vivan dentro de los límites de la ciudad de Bellevue, independientemente de sus ingresos. Otorgamos becas a los que no podrían participar de otra manera. Visite algunos de los locales listados al pie de esta página para obtener una copia del formulario de solicitud de becas, también puede ingresar a bellevuewa.gov/connections y descargar el formulario o puede llamar al 425-452-6885 y el personal felizmente le enviará una copia por correo electrónico sin costo.

Bellevue Aquatic Center 601 143rd Ave NE **Bellevue City Hall** 450 110th Ave NE - ServiceFirst **Bellevue Youth Theatre** 16501 NE 10th St **Crossroads Community Center** 16000 NE 10th St **Highland Community Center** 14224 Bel-Red Rd Kelsey Creek Farm 410 130th PI SE Crossroads Mini City Hall 15600 NE 8th St #H9 North Bellevue Community Center 4063 148th Ave NE Northwest Arts Center 9825 NE 24th St South Bellevue Community Center 14509 SE Newport Way

Registration & Payment Policies

Every effort is made to ensure that the information in this catalog is accurate at the time of publication. Because policies, personnel, and funding can change, Bellevue Parks & Community Services reserves the right to add or withdraw programs and to amend, revise, or modify any provision, including - but not limited to - price, date, and location, printed in this brochure. You are encouraged to visit **Register.BellevueWA.gov** for the most up-to-date information.

For camps meeting fewer than 15 hours per week, please see "General Recreation Programs and Mini-Camps" policies. Day Camp policies on this page do not apply to camps meeting fewer than 15 hours per week.

Food & Refreshments

Programs listed in this brochure may include a food or beverage refreshment. Please contact the Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

City of Bellevue Tax ID Number: 91-6007020

Registration Priority:

The City of Bellevue is committed to providing a wide range of recreation activities for Bellevue residents. Therefore, the City gives advance registration preference for those residing within the Bellevue city limits. Non-residents are welcome to take part in recreation programs on a space-available basis. Non-resident registrations are not accepted prior to the first day of non-resident registration. On this day, mailed and faxed registrations will be accepted, via phone at 425-452-6885, or online at http://register.bellevuewa.gov.

Due to an interlocal agreement with King County, all registrations for programs at South Bellevue Community Center are processed in the order received.

Registration Confirmation:

Registration receipts are mailed electronically after registration has been processed. Call 425-452-6885 to request a printed registration receipt.

Financial Assistance/Scholarships:

Financial assistance is available to qualifying residents who live within the Bellevue City limits. Applicants will be notified of the amount due for each registration after financial assistance application is processed. Please call 425-452-6885 or visit **BellevueWA.gov/Connections** for information on applying for financial assistance.

Payment:

Payment is accepted in cash, gift certificates, checks, or Visa/ MasterCard only. Payment for all programs except day camps is due in full at the time of registration. All transactions completed online require payment in full at the time of registration. *Scholarship/financial assistance application is required prior to registration.* Please do not mail cash. <u>General Recreation Programs and Mini-Camps</u>: Payment is due at the time of registration. Scholarship application is required prior to registration if paying with scholarship.

<u>Day Camps</u>: Each Day Camp requires a \$35 non-refundable fee, per participant, per camp, at the time of registration, and will be applied toward the final amount due. Payment in full is due for the first two (2) camps at the time of registration. Payments for subsequent camps are due fourteen (14) calendar days prior to the first day of each session.

Credit Card:

Include credit card number and expiration date on registration form.

Checks:

All checks or drafts received by the City which are returned or dishonored by the drawee bank or other such depository shall be assessed a charge of \$15.00 (Administrative Order 53).

Refunds:

Classes cancelled by the City will result in a 100% refund of program fees. No refunds are available for programs \$10 or less. No refunds or credits will be issued on or after the first day of the program or camp. See COVID-19 procedures on preceding pages for information regarding pandemic-related refunds.

General Recreation Programs/Mini-Camps

(camps meeting fewer than 15 hours per week):

A refund is granted if the withdrawal is made at least seven (7) calendar days prior to the start of class, less a \$10 administrative fee per participant, per program. Class withdrawals requested fewer than seven (7) calendar days prior to class will result in a refund of:

- Programs with fees \$20 or less: program fee, less \$10 administrative fee, per participant, per program.
- Programs with fees greater than \$20: 50% of the program fee, per participant, per program.

Day Camps (camps meeting 15 hours or more per week): A refund is granted if the withdrawal is made at least ten (10) calendar days prior to the first day of class, less a \$35 non-refundable deposit, per participant, per camp. Camp withdrawals requested less than ten (10) calendar days prior to camp will result in a refund of 50% of the program fee, per participant, per program. If you are interested in transferring to a different camp, please call 425-452-6885 for information on our transfer policy.

RESIDENT DEFINITION:

A resident is defined as anyone living within the jurisdictional boundary of the City of Bellevue as determined by City records. If you have any question as to whether you are within the jurisdictional boundary of the City of Bellevue, please contact the Development Services Department's Land Use Division at 425-452-4188.

The City of Bellevue prohibits sex discrimination in the operation or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Bellevue for a community athletic program are also prohibited from discriminating on the basis of sex. In addition, the City of Bellevue does not discriminate on any other basis provided by Federal or State law. If you have questions or wish to file a complaint, contact Susan Freeburg at SFreeburg@bellevuewa.gov, or 425-452-4278.





Activity Registration Form



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Adult Last Name		Adult First Name		Adult Date of Birt	h	
Street Address			City	State		ZIP
E-Mail Address - By	providing your email address,	you will receive emailed re	eceipts and updates from Bel	llevue Parks & Community Servi	ces.	
()		()				
Work Phone		Home Phone				
Participant #1 Nan	ne:		Participant #2 Nam	ie:		
Last	First		Last	First		
Date of Birth:	Male	Gerale Female	Date of Birth:	Male	G Fem	ale
Class No	Class Title	Fee Use Scholar- ship?	Class No	Class Title	Fee	Use Schola ship?
	ou need to be contacted by		Participant #3 Nam	ie:		
	r a participant with a disab	llity.	Last	First		
Payment De			Date of Birth:	🖵 Male	E Fem	ale
Payment Metho			Class No	Class Title	Fee	Use Schola
Check	D.D.A. (send to Highlan	d) MasterCard				ship?
	Total Fee: \$	VISA				
Credit Card	10101 Fee: \$					

5

WAIVER OF LIABILITY/PHOTO & VIDEO RELEASE PLEASE READ CAREFULLY

In consideration of myself and/or my child(ren) being allowed to use City of Bellevue Parks & Community Services facilities and/ or participate in the City-sponsored activity(ies) identified herein, I ASSUME ANY AND ALL RISKS, INCLUDING RISK OF INJURY OR DEATH, associated with my or my child(ren)'s use of said facilities and/or participation in said activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to waive and RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facilities or participation in the City-sponsored activity(ies) identified herein. I acknowledge that I have carefully read this WAIVER OF LIABILITY and fully understand that I am waiving any right that I may have to bring a legal action or to assert a claim against the City of Bellevue in connection with the use of City facilities or participation in the City-sponsored activity stated below.

PHOTO/VIDEO RELEASE: I give my permission to have photos and/or video and audio recordings taken of me or my child(ren) during City of Bellevue activities and authorize the City of Bellevue to copyright, use, and publish the same. I understand I am waiving any right of privacy, compensation, copyright or other ownership right connected to the photo or recording. If you do not give permission to have photos and/or video and audio taken of you or your child(ren), please contact the main office at 425-452-6885 or Parksweb@bellevuewa.gov.

ASSUMPTION OF THE RISK AND WAIVER OF LIABILITY RELATING TO COVID-19 PLEASE READ CAREFULLY

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is very contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The City of Bellevue has put in place preventative measures to reduce the spread of COVID-19; however, the City cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, using City facilities and/or participating in City programs and activities could increase you and your child(ren)s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and VOLUNTARILY ASSUME THE RISK THAT I OR MY CHILD(REN) MAY BE EXPOSED TO OR INFECTED BY COVID-19 by using the City facility and/or participating in the City programs or activities identified herein AND THAT SUCH EXPOSURE OR INFECTION MAY RESULT IN PERSONAL INJURY, ILLNESS, PERMANENT DISABILITY, AND DEATH. I understand that the risk of becoming exposed to or infected by COVID-19 at the facility or in the programs or activities identified herein may result from the actions, omissions, or negligence of myself and others, including, but not limited to, City employees, volunteers, and participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself or my child(ren) (including but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I, or my child(ren) may experience or incur in connection with my or my child(ren)s attendance at the facility or participation in the program or activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to WAIVE AND RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facility or participation in the City programs and activities identified herein. I understand that this release includes any claims based on the actions, omissions, or negligence of the City, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in the City program or activity.

IN ADDITION, I AGREE TO COMPLY WITH ALL COVID-19 SAFETY POLICIES AND PROCEDURES OF THE FACILITY OR PROGRAM/ACTIV-ITY IDENTIFIED HEREIN.

I acknowledge that I have carefully read this WAIVER OF LIABILITY / PHOTO & VIDEO RELEASE / ASSUMPTION OF RISK AND WAIVER OF LIABILITY RELATING TO COVID-19 and fully understand that I am waiving any right that I may now or hereafter have to bring a legal action to assert any claim against the City of Bellevue in connection with my or my child(ren)'s participation in this activity.

Participant's Parent/Guardian Signature

Date

Printed Name

Registration NOT VALID without signed waiver.

Mail completed form to: Bellevue Parks Registration; P.O. Box 90012; Bellevue, WA 98009-9012

September & October, 2022

Low-Cost & No-Cost Programs

Bellevue Parks & Community Services offers a variety of low-cost and no-cost programs for all ages! Enjoy year-round participation in one or more of these programs for less than \$500.

Visit BellevueWA.gov/scholarship to learn more about our financial assistance program, which provides up to \$500 per year to Bellevue residents meeting certain income guidlines.

Bellevue Aquatic Center

Lap Swim Open Swim

Bellevue Botanical Garden

Docent-Led Tours

Bellevue Youth Theatre

Frankenstein The Little Mermaid JR The Snow Queen Rudolph and Other Holiday Stories

Crossroads Community Center

Adult Volleyball Adult Pickleball Adult, Youth, and Family Basketball Adult Kite Flying Adult Table Tennis Adult, Youth & Family Games Room - Billiards, Table Tennis, Air Hockey, Foosball

Kelsey Creek Farm

Stitch Circle Tour of Bellevue's Pioneer & Agricultural History Saturday Workshops

Lake Hills Greenbelt Ranger Station

Ranger Walks Family Discovery Series



Face coverings are no longer required to enter Bellevue Parks & Community Services facilities, with the exception of the Warm Springs Pool at the Bellevue Aquatic Center and the Fitness Center at Highland Community Center.

Please respect people's choice to continue to wear a mask when in our facilities.

Lewis Creek Visitor Center

Evening Programs Ranger-led hikes Family Discovery Series

Mercer Slough Environmental Education Center

Story & A Stroll Ranger-led hikes Family Discovery Series

North Bellevue Community Center

Friday Movies Book Club Billiards Chorus Cribbage Drop-In Pickleball Drop In Table Tennis Adult Volleyball Drop-In - Hidden Valley Gym Line Dancing Board Games Coffee & Coloring Duplicate Bridge Pinochle SeniorTech Computer Help Sounds of Swing - Jazz

South Bellevue Community Center

Active Adult Fitness Badminton Basketball - Adult & Family Cornhole Indoor Cycling & Cycle/Stretch Fitness Center Drop-In Pickleball Shotokan Karate - Youth Strong & Fit Taekwondo Adult Volleyball ZUMBA

TRACKS

Tuesday Trails Wednesday Walks TRACKS Elementary Program

7

Inclusion Process

Bellevue Parks & Community Services provides a variety of programs, activities, and services. We are committed to working with people with disabilities, their families, and caregivers to help ensure they have access to services. We provide information about program opportunities and when needed, modifications that make it possible for participants to access and participate in programs of their choice.

We welcome the opportunity to provide modifications for people with disabilities so that full participation in leisure and recreation programs, classes, services, and facilities may be enjoyed by all. The City provides reasonable modifications on a case-by-case, individualized basis including, but not limited to, training of staff, added supervision, use of adaptive equipment, consultation with other professionals, and taking other steps to ensure a safe and enjoyable leisure experience.

Successful participation and modifications succeeds with the commitment of staff, participants, as well as parents/ guardians. You may request modifications during the registration process, or any time after registration. Participants are asked to notify staff regarding reasonable modifications necessary for participation, if possible, at least two full weeks prior to the start of the program. However, in some cases we may need more time to make a reasonable modification. The city strives to provide a safe and enjoyable environment and will do this cooperatively with all participants. Individuals who have requested a modification will receive the city's best efforts at providing adaptations and reasonable support in programs, activities, and services. The city will continue to adapt ideas until all possibilities are exhausted. The city reserves the right to take any and all steps necessary, at any time, to ensure the safety and fundamental nature of its programs, classes, or activities Inclusive experiences encourage and enhance opportunities for people of varying abilities to participate and interact in life's activities together. They also provide an environment that promotes and fosters physical, social and psychological inclusion of people with diverse experiences and skill levels. Additionally, inclusion is effective in developing community support and encouraging attitudinal changes to reflect dignity, selfrespect, and involvement within the community. Recreation and socialization activities and programs provided by Bellevue Parks & Community Services promote healthy social, physical, educational, and cultural development. Inclusion allows those with differing abilities the opportunity to participate in City of Bellevue recreational programs. Inclusion increases the number of recreational choices, allows for individual growth and development, expanded social circles. Adaptive recreation programs provide choice, support skill development, and successful recreation participation for participants with disabilities.

For more information about our inclusion process, or our adaptive recreation programs for youth and adults, contact Highland Community Center at 425-452-7686.

Adaptive Recreation

All new participants must meet with Mary Boyle prior to registering. Please call (425) 452-4118 or e-mail mboyle@bellevuewa.gov for an appointment.

Halloween Howl

This class is adapted and designed for individuals with intellectual disabilities Start planning your costume now! Come dance the night away if you dare. Our annual costume showcase will highlight the evening. We'll have witch's brew and spooky delights for all (snacks provided). Must register for dance.

Highland Park & Community Center

\$10(R)	\$12(N) - Parents/C	aregivers Free	Age: 16Y & Up
2203218	6-8pm	Fri	Oct 21	

BellevueAtHome: Mindfulness w/ Highland

This class is designed and adapted for adults with intellectual disabilities. This class will focus on the foundations of mindfulness. We will discuss the benefits mindfulness has on physical health and social-emotional wellness. During the class we will practice everyday mindfulness strategies and utilize journaling to support mindfulness techniques. This class will apply skills that prove beneficial in life, at work, and with peers.

Highland Community Center - Online/Virtual

\$46(R)	\$58(N)	Age:	18Y & Up
2200525	3-4pm	Wed	Aug 24-Oct 26

BellevueAtHome: Trivia Night

This class is designed for adults with intellectual disabilities. Join us for Highland's virtual trivia night! Our staff have put together epic trivia bundles ranging from highland facts, Seattle sports, music, decades, and more. Not a quiz master? No worries the trivia has been designed with fun in mind, everyone gets a chance to participate. Bring that random fact knowledge and flex your trivia skills in this virtual program

Highland Community Center - Online/Virtual

\$46(R)	\$58(N)	Age:	18Y & Up
2200528	7-8pm	Mon	Aug 22-Oct 24

Arts and Crafts

This class is adapted and designed for individuals living with intellectual disabilities. Come and get your creative juices flowing and make fun arts and crafts projects!

Highland Park & Community Center

\$46(R) \$58(N) Age: 16Y & Up 2202643 1-2:30pm Fri Aug 26-Oct 28

Movie Time

This class is designed and adapted for adults with intellectual disabilities. Bring your dinner and enjoy a movie in-house with your peers. Participants can bring up to two movies (rated: G, PG, or PG13) to submit to the group vote each week.

Highland Park & Community Center

Age: 18Y & Up \$46(R) \$58(N) 22005291 5-7pm Wed Aug 24-Oct 26

Highland Hangout

This class is designed and adapted for adults with intellectual disabilities. Your answer to a slow afternoon. Stimulating conversation, lively board games, solving puzzles or just enjoy a movie.

Highland Park & Community Center

\$46(R)	\$58(N)	Age: 18Y & Up
22026091	3-5pm	Mon-Thu Aug 22-Oct 27

Full Fitness Fun

This class is designed and adapted for adults with intellectual disabilities. This course meets twice a week to discuss nutrition and how to implement a healthy lifestyle over dinner. Participants must provide their own dinner for each class. After dinner, the group will explore and try various exercises focusing on strength, balance, flexibility, and control.

Highland Park & Community Center

\$92(R) \$108(N) Age: 18Y & Up 22026101 5-7pm Tue,Thu Aug 23-Oct 27

Multi-Sport

This class is designed and adapted for adults with intellectual disabilities. Come and enjoy playing a variety of fun sports with friends. This class will play Basketball, Volleyball, Hockey, Kickball and other indoor Softball. This will be a great opportunity to try out new sports.

Highland Park & Community Center

\$69(R)	\$81(N)	Age: 18Y & Up)
2202642	7-8:30pm	Tue,Thu Aug 23-Oct 2	7

Arts and Crafts

This class is adapted and designed for individuals living with intellectual disabilities. Come and get your creative juices flowing and make fun arts and crafts projects!

Highland Park & Community Center

\$46(R) \$58(N) Age: 16Y & Up Aug 26-Oct 28 2202643 1-2:30pm Fri

Halloween Howl

This class is adapted and designed for individuals with intellectual disabilities Start planning your costume now! Come dance the night away if you dare. Our annual costume showcase will highlight the evening. We'll have witch's brew and spooky delights for all (snacks provided). Must register for dance. (Parents/Caregivers FREE)

Highland Park & Community Center

Age: 16Y & Up \$10(R) \$12(N) Fri Oct 21 2203218 6-8pm

BellevueWA.gov/Parks

BINGO

This class is designed and adapted for adults with intellectual disabilities. Reinforce your concentration skills while trying your luck winning prizes (no money). Not everyone will win, but the anticipation will keep you on the edge of your seat.

Highland Park & Community Center

\$48(R) \$58(N) Age: 18Y & Up 2203228 7-8pm Wed Aug 24-Oct 26

Drop-In Programs

Bellevue Climbing Wall Programs

The Bellevue Climbing Wall, located at the South Bellevue Community Center, is 33 feet tall and sculpted to look and feel like Index granite. The wall offers three belay ropes with at least five climbing routes of varying degrees of difficulty per rope, and a bouldering or horizontal traverse wall. Advanced climbers can take advantage of the wall's natural-looking granite for the ultimate texture climb.

We offer a full array of classes, supervised drop-in sessions, camps and programs for people of all skill levels to develop or improve their rock-climbing skills. The wall is also available to rent for parties, team-building and other celebration events. Program days/times may vary. To view the current schedule and register please visit www.nwteambuilding.com or call 206-295-5494

Pickleball

Adults can drop-in for a recreational game of pickleball during a two hour session. Court, net and balls are provided by the facility, players provide their own paddle. This is a drop-in program. North Bellevue Community Center

\$4(R) \$5(N)	Age: 18	Y & Up
3-5pm	Mon,Wed,Fri	Ongoing

Drop-In Sports at South Bellevue Community Center

South Bellevue Community Center offers a wide variety of dropin sports for all ages, including:

- Adult Badminton
- Adult Basketball
- Adult Pickleball
- · Family Basketball
- Adult Volleyball
- · Family Badminton Open Drop-In

Cornhole

For the most current drop-in sports schedule, as well as pricing and reservation information, please visit BellevueWA.gov/SBCC or call 425-452-4240.

Adaptive Intro to Climbing

Experienced climbing staff will teach participants about the climbing basics on the 33' climbing wall. Learn about climbing equipment, knots, climbing techniques, and effective communication and safety. Climbers will participate in games and challenges in a fun and encouraging atmosphere. All climbing equipment is provided. Belay sessions focused on youth with disabilities will be scheduled throughout the remainder of 2022 for those in the class to continue to develop their climbing skills and techniques. Pre-Registration is required. Modification intake meeting is required for participants prior to the class start date.

South Bellevue Community Center

FREE		Youtl	Youth ages 6+		
2203411	6-8pm	Tue	Sep 13-Sep 27		

Register Online: http://register.bellevuewa.gov September & October, 2022 **CONNECTIONS**

Ping Pong

Adults can drop-in for a recreational game of ping pong during specified play times. Table and net are provided by North Bellevue Community Center. Players provide their own paddle and balls.

North Bellevue Community Center

\$4(R)	\$5(N)	Age: 18	SY & Up
	9-11am	Mon,Wed	Ongoing
	3-5pm	Mon, Wed	Ongoing

Co-Ed Drop-In Volleyball

Two courts, maximum 28 players per session, first-come, first-served.

Hidden Valley Sports Park

\$4(R) \$5(N) Age: 18Y & Up 11am-1pm Tue Starts Sep 6 10am-12pm Fri

Women's Drop-In Volleyball

Two courts, maximum 28 players per session, first-come, first-served.

Hidden Valley Sports Park

\$4(R) \$5(N) Age: 18Y & Up 10am-12pm Mon Starts Sep 12

Drop-In Basketball

The adult drop-in sports programs are for individuals 18+, 15 player cap. Closed on City observed holidays. Ask how a City of Bellevue Play Pass can save you time and money!

Highland Park & Community Center

\$4(R)	\$5(N)	Age: 1	8Y & Up
2203167	11:30am-1:30pm	Tue,Thu	Ongoing

Wheelchair Basketball Drop-In

Drop-In, no Pre-Registration Required! This opportunity gives brisk exercise and friendly competition. Bring your own wheelchair for this challenging workout. As us how a City of Bellevue Punch Pass saves you money!

Highland Park & Community Center \$4(R) \$5(N) Age: 18Y & Up

2203172 11am-2pm Wed Sep 07-Dec 14

Bellevue Aquatic Center

The Bellevue Aquatic Center is open to the public 6 days a week. Monday – Friday 8am-8pm and Saturdays 8am-4pm. Programs available include Lap Swim, Water Walking, Water Exercise and Open Swim. For the most up to date schedule and for specific program information visit the Bellevue Aquatic Center website — BellevueWA.gov/Swim — or contact the pool at Aquatics@ BellevueWA.gov or call 425-452-4444.

Adult Enrichment

Friday Movies

Enjoy a free movie and popcorn at North Bellevue Community Center! The detailed movie list is available in print format at North Bellevue Community Center or by calling 425-452-7681. This program is free; however, advance registration is requested.

North Bellevue Community Center

FREE Age: 18Y & Up 2-4pm Fri Ongoing

Drop-in Duplicate Bridge

Duplicate bridge is the most widely used variation of contract bridge in club and tournament play. Bring a partner or get on a list at North Bellevue Community Center to be paired with a partner and enjoy some social play! No pre-registration required. This is a FREE activity.

North Bellevue Community Center

 FREE
 Age: 18Y & Up

 12:15-3:30pm
 Fri
 Ongoing

Garden Walk at Bellevue Botanical Garden

This Bellevue Botanical Garden Walk (hosted by the North Bellevue Community Center) offers individuals with early stage memory loss the opportunity to walk the garden guided by a docent. The walk lasts approximately 45-60 minutes and will be followed by a social get-together, conversation, and music inside the Bellevue Botanical Garden building with light refreshments and music provided. Care partners are required. *Cost is free but advance registration is required. This program receives funding from the King County Veterans, Seniors and Humans Services Levy.*

Bellevue Botanical Garden

FREE		Age: 1	8Y & Up
2203146	1-3pm	Wed	Sep 07

Master Gardner Presentation: Who Lives in your Yard

Here is your Introduction to our region's birds and how to happily live with them in our shared urban/suburban neighborhoods and, especially, our gardens. Let's look at how all of us can live together safely. Learn what garden enhancements will encourage birds to make our yards part of their worlds and what you can do to lessen harm to our shared environment. After Master gardener Penny Bolte speaks, we will have a garden activity planting a few bird friendly additions to add to our North Bellevue Community garden to attract birds. *This program is free; however, advance registration is required. This program receives funding from the King County Veterans, Seniors and Human Services Levy. Participants under 12 must have adult supervision present.*

North Bellevue Community Center FREE Age: 18Y & Up 2203178 10am-12pm Mon Sep 12

NBCC Chorus

Chorus meets Friday mornings, 10:30am-noon, to sing together for our own enjoyment, accompanied by piano. Singing is usually in unison, but harmony is great! We have 6 books of songs of the 1920s, 30s, and 60s. This group does not perform. Everyone is welcome! FREE.

Master Gardner Presentation: Creating Beautiful Containers

Learn container basics, design ideas, and planting tips to create containers that have year-round pizzazz recommendations are included with photos to inspire you to create your own container! After Master gardener Molly van der Burch speaks, we will complete a small potted plant for participants to take home with them. *This program is free; however, advance registration is required. This program receives funding from the King County Veterans, Seniors and Human Services Levy. Participants under 12 must have adult supervision present.*

North Bellevue Community Center

FREE		Age: 18Y & Up	
2203180	10am-12pm	Mon	Oct 10

Fall Craft

Join us in this fun fall themed craft! All materials provided. This is a great opportunity for grandparents to have a bonding experience with their grandkids. *This program is free; however, advance registration is required. This program receives funding from the King County Veterans, Seniors and Human Services Levy. Participants under 12 must have adult supervision present.*

North Bellevue Community Center

 FREE
 Age: 12Y & Up

 2203183
 10am-12pm
 Mon
 Oct 17

NBCC Garden Pizza Party followed by Iris Dig/Splitting Plant Roots

Join us in the NBCC Community Garden as we prepare for winter digging up Iris bulbs and splitting the roots to replant in the garden at a future day. We will start the activity with a fun pizza party and then head to the garden to get to work! *This program is free; however, advance registration is required. This program receives funding from the King County Veterans, Seniors and Human Services. Participants under 12 must have adult supervision present.* North Bellevue Community Center

 FREE
 Age: 12Y & Up

 2203186
 4-6pm
 Thu
 Sep 22

NBCC Book Club

NBCC Book Club (PM) Join the North Bellevue Community Center Book Club to read and discuss literature with a group of your peers. A monthly reading list is available online or at North Bellevue Community Center. Join anytime, preregistration required if joining on Zoom. This is a FREE activity that meets the 3rd Tuesday of every month.

North Bellevue Community Center

 FREE
 Age: 18Y & Up

 2203232
 Sep 20-Oct 18

Celebrate Bellevue

Please join us at the North Bellevue Community Center in celebrating Bellevue! Musical Performances, food, and fun will be had at this fun day of celebration. This event is part of the City of Bellevue Welcoming Week.

This program is free; however, advance registration is required. This program receives funding from the King County Veterans, Seniors and Human Services. Participants under 12 must have adult supervision present.

North Bellevue Community Center FREE Age: 12Y & Up 2203182 10am-2pm Sat Sep 10

Halloween Luncheon

You are invited to join the traditional All Hallows' Eve lunch feast in the form of costumes, entertainment and delicious eats and treats at North Bellevue Community Center. Pre-registration is required. Come cressed in your favorite costume. Pre-registration is required.

North Bellevue Community Center

\$5		Age: 18Y & Up	
2203185	11am-1pm	Wed	Oct 26

Continuing Education

Moving to a Simpler Life

Is your home getting to be just too much, or are you ready to put time into yourself, your family and your friends instead of your home and yard? This is the Free Seminar for you! Learn from experts what is involved in downsizing, and how to make your Move to a Simpler Life as easy as possible!

Day 1: Overview of Services: What services are available to help seniors? Want to age in place? How to straighten out your affairs so you will be ready? We can help!

Day 2: Downsizing and Moving: What types of senior housing are available? Clearing out all the excess possessions, prepping the house, timing the sale, moving into the new, easier life, and hanging on to all that money your house just made you. Let's make it easy!

This program is free; however, advance registration is required. For questions pertaining to the workshop, please contact Mindy Garner email: mindy@eldermove.com phone: 206-914-2970

North Bellevue Community Center

FREE		Age	e: 18Y & Up
2203407	10am-1pm	Thu	Sep 20-Sep 27

Fall Prevention Talk

Come learn fall prevention tips and tricks from Sophia Hu. Forty-five-minute discussion followed by a 15 minute question and answer. Light snacks and beverages provided. *This program is free; however, advance registration is required. This program receives funding from the King County Veterans, Seniors, and Human Services. Participants under 12 must have adult supervision present.*

North Bellevue Community Center

 FREE
 Age: 12Y & Up

 2203184
 12:30-1:30pm
 Wed
 Sep 28

Cyber-Safety in the Digital Age

A tutorial featuring practical Cyber Security Advice. Bob(who will be joining us via Zoom) will share recommendations for many related software tools (mostly Free) to aid in staying safe in the Digital Era. It will be a fun and entertaining presentation combining serious and practical advice mixed with a bit of humor to aid in digesting this serious and extremely important topic. Feel free to attend in person or sign up to attend via Zoom. This program is free; however, advance registration is required. This program receives funding from the King County Veterans, Seniors and Human Services. Participants under 12 must have adult supervision present.

North Bellevue Community Center

 FREE
 Age: 12Y & Up

 2203181
 12:30-1:30pm
 Wed
 Oct 12

SeniorTech of Puget Sound

We offer technical support on a one-on-one basis on the 2nd and 4th Tuesday of each month, and the 5th Tuesday when there is one, during the hours of 9:30am to noon. Experienced senior technology users will be available to help you with technical issues with your computers and mobile devices.

North Bellevue Community Center

\$3(R)	\$4(N)	Age:	18Y & Up
2203233	9:30am-12pm	Tue	Ongoing

Chromebooks Workshop - Hybrid

Are you looking for a computer that isn't complicated to use? How about one you can't ruin by making a mistake from the keyboard? No maintenance, malware, trojans, and viruses, no subscription cost, and it's always up-to-date with web technology? The Chromebook is for you! If you have a Chromebook; where can you get free help? What is the End-of-Life Date? Join us for this workshop where you can ask questions and learn from other attendees with similar challenges. Please reboot your Chromebook and have your passwords available.

North Bellevue Community Center

\$36(R)	\$44(N)	Age:	18Y & Up
2203234	1:30-3pm	Wed	Oct 05-Oct 26

Windows Workshop - Hybrid

Windows Workshop--We will explore Windows 10 and 11. What does Windows 11 look like? How does it differ from Windows 10? If I don't upgrade to Windows 11, how long can I continue to use Windows 10? Which tips and tricks will save me time and make it easier for me to use my computer? Where can I get free help? Join us for this workshop where you can ask questions and learn from other attendees with similar challenges. Please update your computer and have your passwords available.

North Bellevue Community Center

 \$36(R)
 \$44(N)
 Age: 18Y & Up

 2203235
 1:30-3pm
 Wed
 Sep 07-Sep 28

Multi-Cultural Services & Programs

CISC Chorus

Come sing with the CISC Chorus at North Bellevue Community Center! New singers are welcome at any time.

North Bellevue Community Center

 FREE
 Age: 50Y & Up

 2202839
 10am-12pm
 Wed
 Ongoing

CISC Newspaper Reading

Each week this group will study an article from the local newspaper and learn new vocabulary. This English as a Second Language instruction is for beginner/intermediate English speaking adults with Mandarin as a first language. No pre-registration required.

North Bellevue Community Center

FREE			Age: All Ages
2202853	9-10am	Wed	Ongoing

Arts

Open Art Studio

The open art studio is an opportunity for artists 18+ to gather and practice their art and techniques, receive feedback from other artists, and socialize. The studio will primarily focus on media that includes pencil, charcoal, watercolor, acrylics and oil; however, it's also open to textiles, knitting and needle work.

South Bellevue Community Center

FREE		Age: 1	8Y & Up
2203408	1-3pm	Tue	Sep 06-Dec 27

South Bellevue Stitchers

Crochet or knit a project of your own or one for charity in a fun group. Learn a new craft or increase your skill level. This is a great opportunity to join a group to socialize with those that share similar intersts and hobbies.

South Bellevue Community Center

FREE Age: 18Y & Up 10:30am-12L30pm Wed Starts Sep 07

Creative Kids

Enhance your child's creativity with a variety of arts and crafts, drawing, painting, and outdoor play to get them moving. Activities take place in both indoor and outdoor settings. Northwest Arts Center

\$225(R) \$270(N) Grades 2-5 2200116 12:30-3pm Wed Sep 21-Oct 26

Visual Arts

Cartooning and Drawing

Drawing and cartooning skills unleash a child's creativity. Fledgling cartoonists will learn the basics of expression drawing, line quality, constructing from imagination and exaggerating from life, while exploring moods and animating actors.

Northwest Arts Center

 \$135(R)
 \$162(N)
 Age: 6-11Y

 22026491
 4-5:30pm
 Tue
 Sep 20-0ct 25

Funtastic Art Mission!

Artists will boost the fun into orbit with this rocket powered art mission. We will mix and match different art media including, but not limited to pencil, charcoal, watercolor acrylics, pastel, markers, collage and ink. We will paint on paper, cardboard, and canvas. The art could go 3-dimensional with pop-ups, cut-outs and layers. We will test and grow young design skills, drawing skills and assembly skills. This will be a creator space where the traditional art rules are bent and broken. Northwest Arts Center

\$135(R) \$162(N) Age: 6-11Y 22026511 4-5:30pm Thu Sep 22-0ct 27

Fine Arts

Anime Drawing & Design

This art class is for students aged 8 and up, Students will learn to draw from a variety of outstanding works of different styles and create their own character designs. The course will take a relaxed approach to draw Anime characters! All Taught by a professionally trained art teacher.

Northwest Arts Center

 \$240(R)
 \$270(N)
 Grades 3-8

 2203358
 4-5:25pm
 Wed
 Sep 21-0ct 26

12 September & October, 2022 CONNECTIONS

Oil Painting Color Exploration

The most effective way to paint is understanding color can help to better represent nature. This class breaks down color theory into manageable steps starting with basic concepts and building to advanced techniques. We'll approach color in a practical and hands-on way. You will be mixing color in oil paint and creating paintings on canvas. Together we will take the first steps toward mastering the use of color.

Northwest Arts Center

\$280(R) \$336(N) Grades 4-10 2203360 5:35-7pm Sep 21-Oct 26 Wed

Drawing/Painting

Acrylic Painting Class

This painting class will explore acrylic painting and is designed to include several different themes such as botanicals, landscape, still life etc. This class is suitable for beginners with little or no painting experience or for intermediate/advanced painters who are looking for a great space to socialize and paint with other creative individuals. Several in-class demonstrations on color theory and composition will be discussed. Basic materials provided. Feel free to bring your own easel and other art supplies.

Boys & Girls Clubs of Bellevue - Main Club

\$150(R))\$180(N)	Age:	18Y & Up
2203164	10:30am-12pm	Tue	Sep 20-Oct 18

Modern Acrylic Painting

In this fun class, kids will practice a different style, surface, and techniques. They will use brushes, brayers, mark-making, monoprints, and acrylics on canvas. Explore modern and traditional approaches in the context of a variety of subjects. Children will receive personalized instruction and encouraging support.

Northwest Arts Center

\$249(R) \$298(N)		Grades 2-8
2203174	4-5:30pm	Tue	Sep 20-Oct 25

Basic Drawing Skills

What will your kids discover when they explore drawing? With this class, your kiddos can take their curiosity and creativity even further, exploring how to draw with step-by-step drawing for kids and sketching tutorials. Whether you're looking for easy drawing ideas for kids, or you want to help your little ones learn to draw their favorite animals and characters, we will help them reach their goals. As your youngsters learn to draw, they'll find opportunities to stretch their creativity with various tools like pencils, chalks, and ink.

Northwest Arts Center

\$249(R)) \$298(N)		Grades 1-6
2203176	5:35-7pm	Tue	Sep 20-Oct 25

Painting Autumn Landscape Workshop

In this workshop, we will be creating a colorful Autumn inspired landscape painting full of colors and textures. Participants in this workshop will learn skills such underpainting, layering, composition basics and mixing a strong color palette - all the skills which they will be able to add to their own painting practice. We will explore some different art techniques and new mark making tools. Bring your creativity and enthusiasm.

Northwest Arts Center

\$35(R)	\$42(N)	Age: 18	Y & Up
2203215	10-11:30am	Sat	Oct 22

Ceramics

Children's Pottery Studio

An introduction to pottery which includes hand and wheel building, sculpting, coil construction, glazing and more.

Northwest Arts Center \$180(R) \$216(N) Age: 7-11Y 2200163 10-11:30am Sat

Sep 24-Oct 29 2200317 12-1:30pm Sat Sep 24-Oct 29

Dance

Sounds of Swing Big Band Practice & Dance

Each week the Sounds of Swing Big Band rehearses toe-tapping music of the swing era as well as jazz standards for your listening pleasures at North Bellevue Community Center. No pre-registration required. *The second Tuesday of each month Sounds of Swing Big Band hosts a dance. \$3/person fee payable at the door, no pre-registration required.

North Bellevue Community Center

FREE Age: 18Y & Up Tue 1-3pm Ongoing

CISC Ballroom & Line Dancing

Chinese Information Services helps immigrants throughout King County achieve success in their new community by providing information, referral, advocacy, social, and support services. Line Dancing is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows, all facing each other or in the same direction, and executing the steps at the same time. With this dance group, you will learn and practice these routines and moves! Individual dancing/ no partner required.

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up Wed Ongoing 1-2:45pm

Line Dancing with Leila

This fun drop-in program is designed to meet the needs of both beginners and those looking for a review of basic line dance steps and combinations. The instructor is patient, fun and full of energy. She uses a variety of music, in a relaxed, social atmosphere. Come learn to dance while giving your brain and body a great workout!

North Bellevue Community Center

\$4(R)	\$5(N)	Age: 2	16Y & Up
	1-2:45pm	Mon,Fri	Ongoing

Pre-Ballet 1: Emerald Ballet Theater

A joyful introduction to movement. Basic dance technique inspired by beautiful music, literature, and art in a developmentally appropriate way. Flexibility, coordination, strength, and creativity develop in the young dancer. Dancers in all PreBallet levels will wear solid color leotard of any color, and pink ballet tights with pink ballet slippers with leather soles. dancers should have their hair secured away from their face. Dancers will have the opportunity to participate in Emerald Ballet Theatre's "Petite Suite Nutcracker" at the theatre.

Northwest Arts Center \$120(R) \$144(N)

Age: 3-5Y Tue Sep 20-Oct 25 22026531 4-4:45pm

BellevueWA.gov/Parks

September & October, 2022 CONNECTIONS

Pre-Ballet II: Emerald Ballet Theater

Dancing hearts are nurtured and basic ballet technique, improvisation, and choreography are introduced in a developmentally appropriate way. Flexibility, coordination, strength, and creativity increase. Opportunities for creativity and performance are provided. Dancers in all Preballet levels will wear a solid color leotard of any color, and pink ballet tights with pink ballet slippers with leather soles. Dancers should have their hair secured away from their face. Dancers will have the opportunity to participate in Emerald Ballet Theatre's "Petite Suite Nutcracker" at the theatre.

Northwest Arts Center

 \$132(R)
 \$158(N)
 Age: 6-9Y

 22028601
 4:50-5:50pm
 Tue
 Sep 20-0ct 25

City Opera Ballet: Youth Ballet

Learning basic barre, center-work and simple variations. Includes French for Dancers.

Northwest Arts Center

\$144(R) \$173(N) Age: 8-12Y 22028671 9:30-11am Sat Sep 24-Oct 29

City Opera Ballet: Hippity Hop for Tots

Each class opens with Anne Green Gilbert's "Brain Dance" exercise accompanied by the singing of nursery rhymes and followed by the practicing of basic dance steps. Includes French for Young Dancers.

Northwest Arts Center

\$76(R)	\$91(N)		Age: 3-4Y
22028691	11:15am-12pm	Sat	Sep 24-Oct 29

City Opera Ballet: Story Ballet for Boys & Girls

Introductory ballet class with story time from classical ballets, dance games and performance practice. Includes French for Young Dancers.

Northwest Arts Center

\$96(R)	\$116(N)		Age: 5-7Y
22028711	12:45-1:15pm	Sat	Sep 24-Oct 29

Hippity Hop

Time to POP, LOCK and BREAK! Children (ages 4 -5) will learn the basics of hip-hop dancing with fun and upbeat music. You can expect your child to develop confidence, coordination, personality and HAVE FUN!!!

South Bellevue Community Center

\$55(R)	\$65(N)		Age: 4-5Y
2203147-1	10:15-11am	Sat	Sep 17-Oct 22

Hippity Hop for Tiny Tots

Ready to get down and BOOGIE?! Kids (ages 3 -4) will gain confidence and coordination as they learn fun new dance moves to upbeat music.

South Bellevue Community Center

\$55(R)	\$65(N)		Age: 3-4Y
2203149-1	11:15am-12pm	Sat	Sen 17-Oct 22

Ballet for Lords and Ladies of the Castle

LETS DANCE! Students will gain coordination, confidence, and social skills as they learn the dance moves of thier favorite prince and princess stories. All genders welcomed!

South Bellevue Community Center

\$55(R)	\$65(N)		Age: 3-5Y
2203157-1	9:15-10am	Sat	Sep 17-Oct 22

Music

Music Together with Mrs. Chrisi

This unique musical experience of languages, tonalities and rhythms follows the recommendations of child development researchers, grouping children of a variety of ages because this fosters natural, family-style learning. Younger children enjoy watching and imitating older ones, older children learn by leading younger ones and adults are happy because the children in the family can go to class together. The relaxed, no pressure environment lets all kids learn at their own pace. This class is designed for parent/guardian/caretaker participation with child. Northwest Arts Center (Studio B)

\$185(R) \$222(N)		Age: Up to 5Y	
2203410	6-6:45pm	Tue	Sep 13-Nov 15
22030931	9:30-10:15am	Wed	Sep 14-Nov 16
22030932	10:30-11:15am	Wed	Sep 14-Nov 16
2203134	10:30-11:15am	Thu	Sep 15-Nov 17

Bellevue Youth Theatre

Auditions

Ages: 5 and older Fees: Bellevue residents – FREE; Non-residents: \$150

For **FRANKENSTEIN, THE LITTLE MERMAID JR., THE SNOW QUEEN**: Tuesday, September 6 & Wednesday, September 7 @ Bellevue Youth Theatre, 5-6:30 p.m.

For **RUDOLPH AND OTHER HOLIDAY STORIES:** Thursday, September 8 @ South Bellevue Community Center, 5-6:30 p.m.

Frankenstein

The infamous tale of the mad scientist and the creature brought to life! With parts for everyone, this ensemble show is sure to be an engaging delight. NO CONFLICTS OCTOBER 17-23.

- Rehearsals begin Wednesday, September 14
- Monday through Friday, 5-7 p.m.
- Rehearsal Location: Bellevue Youth Theatre
- Tech Week: October 17-20
- Performs at BYT: October 21-23

The Little Mermaid JR.

This show is great for all ages and genders. You must sing at auditions. Actors 12 and younger will be assigned to the chorus but will have an active role in the show. These parts will sing and dance but may have no spoken lines. NO CONFLICTS NOVEM-BER 14-20.

- Rehearsals begin Monday, September 17
- Monday through Friday, 5-7 p.m.
- Rehearsal Location: Crossroads Community Center
- Tech Week: November 14-17
- Performs at BYT: November 18-20

The Snow Queen

An evil troll with a magic mirror, a pair of best friends, and a beautiful but dangerous Snow Queen. It is NOT "Frozen" but will tell the story by Hans Christian Andersen. Parts for all ages. NO CONFLICTS NOVEMBER 28-DECEMBER 4.

- Rehearsals begin Monday, September 17
- Monday through Friday, 5-7 p.m.
- Rehearsal Location: Crossroads Community Center
- Tech Week: November 28-December 1
- Performs at BYT: December 2-4

Rudolph and Other Holiday Stories

Join us for a heartwarming holiday mash-up starring Rudolph and other new and familiar classics. This show will consist of several short stories put together to create the play and have parts for all ages, including adults. NO CONFLICTS DECEMBER 12-18.

- Rehearsals begin Monday, September 26
- Monday through Friday, 5-7 p.m.
- Rehearsal Location: South Bellevue Community Center
- Tech Week: December 12-15
- Performs at BYT: December 16-18

BYT PERFORMANCES

In-person seating as well as live-streaming links are available for all shows. Tickets will be available to purchase online, in person, and over the phone by October 3.

Ticket prices: \$12 (No refunds once purchased.) Group tickets: \$10 (Must be purchased during the same transaction for the same date/time show. No refunds or exchanges.)

Frankenstein

A comedic BYT adaptation of the haunting novel, Frankenstein is suitable for the whole family. Come prepared to have a hilariously thrilling time!

- Friday, October 21 at 7 p.m.
- Saturday, October 22 at 2 p.m. and 7 p.m.
- Sunday, October 23 at 2 p.m.

The Little Mermaid JR.

Come and enjoy the familiar tale of Ariel and her as race to capture the heart of Prince Eric. This is great for all ages and is filled with songs.

- Friday, November 18 at 7 p.m.
- Saturday, November 19 at 2 p.m. and 7 p.m.
- Sunday, November 20 at 2 p.m.

The Snow Queen

Gerda must do everything in her power to save her best friend from the beautiful, but dangerous Snow Queen. Enjoy this delightful and exciting adaptation of Hans Christian Andersen's fairy tale. This timeless classic comes alive on the stage. You will want to bring the whole family.

- Friday, December 2 at 7 p.m.
- Saturday, December 3 at 2 p.m. and 7 p.m.
- Sunday, December 4 at 2 p.m.

Rudolph and Other Holidays Stories

Join us for a heartwarming holiday mash-up of short stories starring Rudolph and other new and familiar classics. This show is great for the whole family to get into the holiday spirit!

- Friday, December 16 at 7 p.m.
- Saturday, December 17 at 2 p.m. and 7 p.m.
- Sunday, December 18 at 2 p.m.

Preschool

Natural Start Preschool

Operating out of the South Bellevue Community Center, this Preschool offers a unique nature-based curriculum that supports the developmental and learning needs of preschoolers. Children have the opportunity to spend a majority of each day outside in a natural environment. Registration for the 2022/2023 school year is now open. For more information you can visit NaturalStartPreschool.com or call 425-452-4240 for details.

Parkside Pre-K New Friends

Let's make new friends and learn all about Parkside preschool! This popular class will gently help your 4-5-year-old child prepare for Kindergarten next year while learning early math, pre-reading and writing. Art, singing, circle time, taking turns and sharing, along with structured games and activities are a few of the things we will cover. Children must be fully toilet trained and turn 4 by 8/31/2022.

Crossroads Community Center

\$180(R)) \$198(N)		Age: 4-5Y
2202658	9:30am-1pm	Mon-Fri	Sep 07-Sep 30

Parkside Pre-K Fall Fun

What happens in the fall? Apples, trees, pumpkins, leaves, it's about all the exciting seasonal changes. Children will participate in reading, writing, math, sharing with others, fine and gross motor skills; cutting with blunt-tipped scissors, drawing, painting, gluing, putting together jigsaw puzzles and fun activities to learn all about the changes during fall. Children must be fully toilet trained and turn 4 by 8/31/2022. No class Oct 14

Crossroads Community Center

\$200(R) \$220(N)			Age: 4-5Y
2202659	9:30am-1pm	Mon-Fri	Oct 03-Oct 31

Parkside Pre-K Hibernation Sensation

Keep cozy warm in our beautiful Parkside classroom while making new friends and learning about hibernation, manners, being thankful during this magical season. Learn what animals do in the winter when it's cold outside, what they eat and where they sleep with reading, writing, math, arts, and crafts. Children must be fully toilet trained and turn 4 by 8/31/2022. No class Nov 11, 21- 25 & Dec 19-30

Crossroads Community Center

\$280(R) \$308(N)		Age: 4-5	
2202660	9:30am-1pm	Mon-Fri	Nov 01-Dec 16

Youth Enrichment

Chess Wizards

In this class, children will learn many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student will have had the chance to participate in a mini-chess tournament.

 Northwest Arts Center

 \$162(R)
 \$195(N)

 22028511
 4:15-5:15pm
 Thu

Age: 6-12Y Sep 22-Oct 27

Hindi language Class: Beginner Level 1

This is a fun beginner level class for children to learn common greetings in conversational Hindi Language and understand how to express feelings and daily activities using the language. Children will also be introduced to Hindi vowels (swar), consonants (Vyanjan), numbers (Sankhya) 0 - 31 through workbooks, games and multimedia activities. Using a combination of carefully curated crafts and learning aids, students will also learn about colors, shapes, animals, and common food names in Hindi. At the end of the sessions our students typically walk away feeling comfortable understanding beginner level Hindi Language and utilizing it for conversations with family and friends. Our goal is to make children comfortable with being bilingual or multilingual and using Hindi as a second or third language while growing up in the United States.

Northwest Arts Center

\$400(R)	\$480(N)		Age: 5-10Y
2203365	10-11am	Sat	Sep 24-Dec 17

Kelsey Creek Farm

Farm Animal Pen Pals

Are you curious about what Kelsey Creek Farm's animals are up to? Our popular pen pal program is back with new animals and new letters! Sign up to receive a letter in the mail from one of our farm animals. If you send a letter back to your animal, you will receive a custom letter in return! For each purchase, you will receive a photograph of your animal, a self-addressed envelope for your reply letter, and up to two letters from your animal to you! All ages are welcome. Pen pal options: Benny the Pony, Hazel the Bunny, Jackson the Cat, Paisley the Sheep.

\$8 (R) \$10 (N) All Ages

Little Pioneers

Come to the farm with your little one and learn all about pioneer history! Each week, your kiddo will learn all about different aspects of pioneer life, and meet some of the animals on the farm. This class includes a pony ride. Adult/child teams only.

Kelsey Creek Farm Park

\$78(R)	\$93(N)		Age: 2-3Y
2203271-1	10-11:30am	Mon	Sep 12-Sep 26
2203271-2	10-11:30am	Mon	Oct 10-Oct 24
2203271-3	10-11:30am	Mon	Oct 31-Nov 14

Little Scientists

Join us for science experiments on the farm! You and your child will explore chemistry and color concepts with tactile crafts like puffy painting, our very own color laboratory, and making a colorful volcanic eruption. Outside, we will get to interact with one of our farm animals. This program includes a pony ride. Adult/ child teams only.

Kelsey Creek Farm Park

\$68(R)	\$81(N)		Age: 2-3Y
2203392-1	10-11:30am	Fri	Sep 09-Sep 23
2203392-3	10-11:30am	Fri	Oct 14-Oct 28

Little Farmers

Join us for hands-on fun in the barn and barnyard with your 2-3-year-old. Classes will feature various farm animals, seasonal themes, barn chores, feeding and petting farm animals, crafts, parallel play, and taking a pony ride - all the fun is right here! Children team up with a parent/adult to actively participate in this class. Come dressed to play inside and outside and get dirty! Siblings under two are welcome in front or back packs. Each session has different activities, animals and some activities will overlap but many will be new.

Kelsey Creek Farm Park

\$78(R)	\$93(N)		Age: 2-3Y
2203245-1	10-11:30am	Tue	Sep 06-Sep 20
2203245-2	10-11:30am	Wed	Sep 07-Sep 21
2203245-3	10-11:30am	Thu	Sep 08-Sep 22
2203245-4	10-11:30am	Tue	Oct 11-Oct 25
2203245-5	10-11:30am	Wed	Oct 12-Oct 26
2203245-6	10-11:30am	Thu	Oct 13-Oct 27

Pioneer Explorers

Come and learn all about pioneer history on the farm at this drop off program for the independent 4-6 year old! Each week, your kiddo will learn all about different aspects of pioneer life, and meet some of the animals on the farm. This class includes a pony ride.

Kelsey Creek Farm Park

\$123(R) \$147(N)			Age: 4-6Y
2203275-1	10-11:30am	Fri	Sep 09-Sep 23
2203275-2	10-11:30am	Fri	Oct 14-Oct 28
2203275-3	10-11:30am	Fri	Nov 04-Nov 18

Science Explorers

Come to the farm and have some fun with biology and chemistry! In this drop-off program, children will get to interact with a farm animal while we learn about what they eat and why, and we'll take a nature walk to find mushrooms and native plants. In the lab, we'll look at mushroom spores up close and learn about some of the smallest forms of life, and do a craft with a chemical reaction. This class is designed for the independent 4-6 year old. Children must be potty trained.

Kelsey Creek Farm Park

\$113(R)) \$135(N)		Age: 4-6Y
2203384-1	10am-12:30pm	Tue	Sep 06-Sep 20
2203384-3	10am-12:30pm	Tue	Oct 11-Oct 25
2203384-2	10am-12:30pm	Tue	Nov 01-Nov 15

Farm Explorers

Join us for a farm adventure featuring animal care, barn chores, a pony ride, and baking yummy snacks. This drop-off program is designed for the independent 4-6-year-old. Curriculum is integrated with seasonal themes, arts and crafts, stories and animal interactions. This class includes a pony ride. Children must be potty trained.

\$106(R) \$127(N)				Age: 4-6Y
	2203257-2	10am-12:30pm	Thu	Sep 08-Sep 22
	2203257-1	10am-12:30pm	Mon	Sep 12-Sep 26
	2203257-3	10am-12:30pm	Mon	Oct 10-Oct 24
	2203257-4	10am-12:30pm	Thu	Oct 13-Oct 27
	2203257-5	10am-12:30pm	Mon	Oct 31-Nov 14

Young Scientists

Join us for science on the farm! Each day we will focus on a different subject. We'll look at chicken and duck feathers and learn how birds fly, learn about our local mushrooms and their life cycles, identify our native plants and dissect flowers, learn how bugs aren't so scary, and more! Your child will learn how to use a microscope and will get to see for themselves some of the smallest forms of life.

Kelsey Creek Farm Park

\$78(R)	\$94(N)		Age: 7-10Y
2203388-1	2-4pm	Wed	Sep 07-Sep 21
2203388-3	2-4pm	Wed	Oct 12-Oct 26

Private Trail Rides

Your child will get to ride one of our adorable ponies on a private ride through the trails at Kelsey Creek Farm! Your child will learn the basics of horseback riding and experience the farm in a whole new way! Parents/guardians may choose to walk along, but no strollers allowed. "Private Trail Rides Waitlist" available as separate program, adding to the waitlist will add you to the waitlist for all sessions.

Kelsey Creek Farm Park \$20(R) \$24(N) Age: 2-5Y Visit Register.BellevueWA.gov to see available sessions

Saturday Morning Teen Farm Volunteers

Assist Kelsey Creek Farm staff with farm chores and learn responsible animal care while earning service hours for school. Participants will be working outside exposed to animals, hay, vegetation, and dust. Participants must be capable of understanding and following directions.

Kelsey Creek Farm Park

\$15(R)	\$18(N)		Age: 15-18Y
2203387-1	8:30am-12pm	Sat	Sep 03-Sep 24
2203387-2	8:30am-12pm	Sat	Oct 08-Oct 29

After School Teen Farm Volunteers

Assist Kelsey Creek Farm staff with farm chores and learn responsible animal care while earning service hours for school. Participants will be working outside exposed to animals, hay, vegetation, and dust. Participants must be capable of understanding and following directions.

Kelsey Creek Farm Park

\$15(R)	\$18(N)		Age: 12-18Y
2203369-1	1:30-4:30pm	Wed	Sep 07-Sep 21
2203369-2	1:30-4:30pm	Wed	Oct 12-Oct 26

Adult Farm Volunteers

Assist Kelsey Creek Farm staff with farm chores and learn responsible animal care. Participants will be working outside exposed to animals, hay, vegetation, and dust. Participants must be capable of understanding and following directions.

Kelsey Creek Farm Park

FREE		Age:	18Y & Up
2203373-1	8:30-10:30am	Tue	Sep 06-Sep 27
2203373-2	8:30-10:30am	Wed	Sep 07-Sep 28
2203373-3	8:30-10:30am	Thu	Sep 08-Sep 29
2203373-4	8:30-10:30am	Tue	Oct 04-Oct 25
2203373-5	8:30-10:30am	Wed	Oct 05-Oct 26
2203373-6	8:30-10:30am	Thu	Oct 06-Oct 27
2203373-7	8:30-10:30am	Tue	Nov 01-Nov 29
2203373-8	8:30-10:30am	Wed	Nov 02-Nov 30
2203373-9	8:30-10:30am	Thu	Nov 03-Nov 17

Farm Fair Event Volunteers

Earn community service hours. Assist with children's activities and other event tasks at our annual Farm Fair. Volunteers need to be able to follow directions, be comfortable in crowds, and be on their feet in all types of weather. Participants must register by September 23rd, 2022. For more information, email us at kelseycreekfarm@bellevuewa.gov, or call 425-452-7688. No dayof-event registrations will be accepted.

Kelsey Creek Farm Park

FREE			Age: All Ages
2203382	10am-6pm	Sat	Oct 01

Salmon Stuff

If we have a local fish, it must surely be the salmon! Come learn about the history of salmon in this region, the salmon life cycle, and practice "fishing". We'll have a fishy snack and experience some of the challenges of swimming upstream! Adult/child teams only.

Kelsey Creek Farm Park

\$25(R) 2203282	\$30(N) 10-11am	Sun	Age: 4-7Y Sep 04
\$25(R)	\$30(N)		Age: 2-3Y
2203283	10-11am	Sun	Sep 11

Firs on the Farm

The trees at the farm have a story to tell! In this class, we'll learn about Kelsey Creek Farm's most common tree, the Douglas-fir. We'll learn about their lifecycle, why they're important, and how to plant their seeds. You'll even get to plant your own seeds to take home. Come dressed for the weather. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 4-8Y
2202956	1-2pm	Sun	Sep 04

Better Butter

Are you a fan of butter? Taste how amazing butter is when you make it yourself! We'll test three different ways of making butter, create tasty compound butters, and bake biscuits to enjoy with all our fabulous homemade butters. Recipe cards included. Kelsey Creek Farm Park

 \$30(R)
 \$36(N)
 Age: 18Y & Up

 2203350
 1-2pm
 Sun
 Sep 04

Little Vet School: Dog

Students will role-play the key responsibilities of a veterinarian and learn how to care for a dog. These future veterinarians will learn how to remove ticks, give immunizations, suture lacerations, read an x-ray, design their own veterinarian office, and explore dog digestion. Each student will receive a lab coat, plush dog and diploma as a graduate of Little Veterinarian School upon completion of the course along with supplies for each class. This program is designed for the independent 4-6 year old. Participants must be potty trained.

\$140(R) \$168(N)			Age: 4-6Y
2203420	10:30-11:30am	Tue	Oct 04-Oct 25

Little Vet School: Cat

Students will role-play the key responsibilities of a veterinarian and learn how to care for a cat. These future veterinarians will learn how to give a tip-to-tail exam, suture lacerations, give immunizations, discover the elements that make up a cat's blood, explore cat digestion, and understand cat body language. Each student will receive a lab coat, plush cat and diploma as a graduate of Little Veterinarian School upon completion of the course along with supplies for each class. This program is designed for the independent 4-6 year old. Participants must be potty trained.

Kelsey Creek Farm Park

 \$105(R)
 \$126(N)
 Age: 4-6Y

 2203419
 10:30-11:30am
 Tue
 Sep 13-Sep 27

Little Doctor School: Bones

Students will role-play a doctor, perform a physical exam, use real medical tools, explore the primary functions of the bones. This program is designed for the independent 4-6 year old. Participants must be potty trained.

Kelsey Creek Farm Park

\$140(R) \$168(N)			Age: 4-6Y
2203423	10:30-11:30am	Wed	Oct 05-Oct 26

Little Doctor School: Heart and Lungs

Students will role-play a doctor, perform a physical exam, use real medical tools, explore the primary functions of the heart. This session will focus on the heart and lungs. This program is designed for the independent 4-6 year old. Participants must be potty trained.

Kelsey Cr	eek Farm Park		
\$105(F	R) \$126(N)		Age: 4-6Y
2203422	10:30-11:30am	Wed	Sep 14-Sep 28

Farm School

Your child will be immersed in farm life in this after-school program. Activities include interacting with our farm animals, exploring the park's natural habitats, and creating crafts. Your child will take the animals on walks around the farm, see what's growing in the garden, and explore Bellevue's past through the historic buildings at Kelsey Creek Farm.

Kelsey Creek Farm Park (Heritage Room)

\$78(R)	\$94(N)		Age: 7-9Y
2203267-1	2-4pm	Wed	Sep 07-Sep 21
2203267-2	2-4pm	Wed	Oct 12-Oct 26

Botany Blast

Have you ever walked around your neighborhood and looked carefully at the plants? Come and take a nature walk with a goat at Kelsey Creek and learn to identify native and invasive plants, find edible and medicinal plants, and bring back some of the leaves and stems you gather to learn how to cyanoprint on paper.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 7-10Y
2203396	10-11am	Sat	Sep 10
\$25(R)	\$30(N)		Age: 7-10Y
2203398	10-11am	Sat	Oct 15
\$25(R)	\$30(N)		Age: 4-6Y
2203399	1-2pm	Sat	Oct 15

Birds of a Feather

Ever wonder about the birds that live in your neighborhood? Come to the farm and learn how to identify birds by their song and how they look. We'll take a nature walk and see what different wild birds we can find, visit birds on the farm, and learn how to tell what a bird eats based on the shape of its beak. We'll look at different feather types under a microscope, and learn about bird evolution - did you know birds are dinosaurs? Later, we'll do a bird based craft and play "Pin the Feather on the Dinosaur". This session focuses more on chickens, the October session will focus more on ducks. Some activities will be different and some will repeat.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 7-10Y
2203397	1-2pm	Sat	Sep 10
2203401	10-11am	Sat	Oct 22

Around the World on a Farm

The plants and animals at Kelsey Creek Farm were domesticated around the world. In this class, you'll visit our garden and pet our farm animals on a tour designed to teach children about the domestication of farm animals and the places around the world where they came from. You'll see domestic plants growing in the garden, learn about which animals were domesticated in Asia, the Middle East, and Africa, and see one of the few species domesticated in North America. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 4-8Y
2202957	1-2pm	Sun	Sep 11

Start Something with Sourdough 1

Have you ever wanted to try your hand at sourdough? Have you tried it but something went awry? Sourdough starter is good for so much more than just sourdough bread! Learn tips for raising and feeding a starter, and how to make just a few of the delicious treats you can enjoy along the way! Recipe cards included. Kelsev Creek Farm Park

\$90(R) \$108(N) Age: 18Y & Up 2203300 5:30-7pm Mon-Thu Sep 12-Sep 15

Start Something with Sourdough 2

By now you've got a lively, ripe starter! Come try even more delicious recipes for that sourdough discard, discuss troubleshooting tips, learn about baking with a banetton, and more. Recipe cards included.

Kelsey Creek Farm Park

\$45(R)	\$54(N)	Age:	18Y & Up
2203301	1-4pm	Sun	Oct 23

Stitch Circle

Bring your current fiber project to Kelsey Creek Farm and work on it while meeting fellow crafters. This is an opportunity to gather, chat, and work on projects while meeting new people, not a formal class. Bring your own materials. Pre-registration encouraged. Questions? Email Stacy at SStenslie@BellevueWA. gov.

FREE		Age:	18Y & Up
2203415-A	10am-12pm	Mon	Sep 12
2203415-B	10am-12pm	Mon	Oct 10

Fall Fun on the Farm

The trees are starting to change colors and drop their leaves! Do you ever wonder why this happens? Come learn about the life cycle of a tree, make a fun leaf-themed craft and visit some friends at Kelsey Creek Farm! Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 4-6Y
2203279	1-2pm	Sat	Sep 17

Pioneer Play

When it starts to get cold and wet, we like to stay inside more and watch TV or read books. Do you ever wonder about what pioneers did for fun in the fall? Come learn about how the pioneers played! Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 4-6Y
2203280	10-11am	Sat	Sep 17

Travels with Trains

Does your child love trains? In this class, your child will get to operate a working model train, make a train-themed craft, and listen to a train story. We'll also learn how trains helped people in Bellevue more than 100 years ago. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 4-8Y
2203261	1-2pm	Sun	Sep 18

Easy Fancy

Delicious food that looks beautiful doesn't have to be complicated! Each week we'll learn how to make a different easy-tomaster dish that is sure to please the discriminating diner, from appetizer to dessert. Recipe cards included.

Kelsey Creek Farm Park

\$180(R)) \$216(N)	Age:	18Y & Up
2203305	5:30-7pm	Mon	Sep 19-Oct 10

Pioneer Fall Harvest

It's fall, so it's time to harvest the garden! You and your child will pick veggies from the garden, grind wheat into flour, and plant cover crops for the coming winter. We'll learn about historic farming in our log cabin built in 1888 and visit some of our friendly farm animals. Adult/child teams only.

 Kelsey Creek Farm Park
 Age: 4-8Y

 \$25(R)
 \$30(N)
 Age: 4-8Y

 2202958
 1-2pm
 Sun
 Sep 25

Dinotastic

Is your child a dinosaur fan? Did you know that some of the animals on our farm have dinosaurs as distant ancestors? Come enjoy lots of dino fun with your toddler as we play dinosaur games, learn more about these majestic creatures and their descendants and go on an "archeological" dig! Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 2-3Y
2203284	10-11am	Sun	Oct 09
\$25(R)	\$30(N)		Age: 4-7Y
2203285	1-2pm	Sun	Oct 16

Baking Bonanza

Are you interested in baking? Come learn to bake a different treat each week, master baking basics, and enjoy the delicious results! We'll make cookies, cakes, and more, and discuss important foundational methods for the tasty art of baking. Recipe cards included.

Kelsey Creek Farm Park

\$35(R)	\$42(N)		Age: 10-15Y
2203306	2-3:30pm	Wed	Oct 12-Nov 02

Potato Power

Looking for something to do on this Bellevue School District no-school day? Learn to cook! If you can bake a potato, you can make lots of other delicious dinners! We'll bake potatoes (so easy!) and turn them into two different tasty dishes that you can take home and easily reproduce. Recipe cards included.

Kelsey Creek Farm Park

\$45(R)	\$54(N)		Age: 13-17Y
2203298	10am-12pm	Fri	Oct 14

Pumpkins and Pals

What do we see a lot of in the fall? If you guessed pumpkins, good guess! Come with your kiddo and learn about pumpkins! We will find out which of our animal pals at Kelsey Creek like to snack on them. You will also get to take home your own jack-olantern craft! Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 2-3Y
2202972	10-11am	Sat	Oct 15
\$25(R)	\$30(N)		Age: 4-6Y
2202973	1-2pm	Sat	Oct 15

Spectacularly Spooky

Boo! Did I scare you? We like to have spooky fun at the farm, and we would love for you and your little one to join us! Come create a not-too-creepy craft, find some spooky spider webs, and trick or treat around the farm! Costumes encouraged. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 2-3Y
2202974	10-11am	Sat	Oct 22
\$25(R)	\$30(N)		Age: 4-6Y
2202975	1-2pm	Sat	Oct 22

Dino-Chickens

Let's learn all about dinosaur groups, and how dinosaurs became chickens! We'll meet and feed our farm chickens, talk about their behavior, the way they move, their vision, and look at the different breeds we have on the farm and what makes them different from each other. We'll compare their feathers under a microscope, and learn about feather evolution and how feathered dinosaurs may have looked, and what feathers are good for besides flying. Later, we'll do a bird-themed craft and play "Pin the Feather on the Dinosaur".

\$25(R)	\$30(N)		Age: 7-10Y
2203402	1-2pm	Sat	Oct 22

Tractor Tales

Bring your tractor-loving child to this fun tractor experience! Your child will get to ride toy tractors, sit in the seat of our real tractor for a photo, and watch the real tractor in action. We will do a tractor-themed craft and learn all about what tractors do on farms. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 4-8Y
2203266	1-2pm	Sun	Oct 23

Bearable

Did you know that bears used to roam our nearby woods? Bring your toddler and join us to learn about the history of local bear populations, try acting and snacking like a bear, and enjoy bear crafts and games! Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 2-3Y
2203286	10-11am	Sun	Oct 23
\$25(R)	\$30(N)		Age: 4-7Y

Trick or Treat with the Farm Animals

Put on your Halloween costume and come to the farm for a fun mini event! Your child will get to go trick-or-treating with the farm animals and see what costumes they're wearing! You'll also get to decorate a trick-or-treating bag, make a paper plate Jack-O-Lantern, and visit the real pumpkin patch. Snacks will be available for sale separately. This mini event is mostly outdoors so come dressed for the weather.

Kelsey Creek Farm Park

\$10(R)	\$12(N)		Age: 2-10Y
2202963	1-3pm	Sat	Oct 29

Health & Wellness

Strength, Conditioning, Cardio, & Active Fitness

Weight Training & Fitness

Stretch and strengthen. Increase flexibility and Range of Motion through mat work and various movement styles. Gain Balance, Muscular Strength and Confidence using Free Weights and Isometric Exercises. All fitness levels welcome, with choices offered to fit your progressing fitness path.

Northwest Arts Center

 \$60(R)
 \$72(N)
 Age: 18Y & Up

 2203042
 11:15am-12pm
 Wed
 Sep 21-0ct 26

Active Adult Fitness

Designed for those who have graduated from the beginner adult classes or senior fitness programs and are ready for more of a challenge. You will enjoy this fun hour-long full body workout that keeps your heart rate elevated while improving strength, endurance, and cardiovascular fitness in an encouraging and motivating community! Participants must be highly mobile and able to make quick transitions between cardio and endurance work. All adults are welcome, Millennials to Baby Boomers.

South Bellevue Community Center

\$30(R)	\$36(N)	Age:	18Y & Up
2200211-9	10:30-11:30am	Wed	Sep 14-Sep 28
\$40(R)	\$48(N)	Age:	18Y & Up

Strong and Fit Seniors/Adults

This group fitness class is best suited for beginners or advanced beginners who are looking to improve strength, balance, cardiovascular health, flexibility, and coordination within a strong community of supportive friends. A certified instructor will guide you through a full body circuit training style workout that will improve functional fitness using a variety of equipment and a varied routine to accommodate individual needs and limitations. Come join us for a fun, safe, social and appropriately challenging workout!

South Bellevue Community Center

\$30(R)	\$36(N)	Age:	18Y & Up
2200216-9	10:30-11:30am	Wed	Sep 14-Sep 28
\$40(R)	\$48(N)	Age:	18Y & Up
2200216-10	10:30-11:30am	Wed	Oct 05-Oct 26

Fit 360

Join a certified group fitness instructor for this action-packed cardio & strength class. Each workout will include a warm-up followed by strength, cardio and cool-down/stretching exercises. Instructor will work with you on any modifications. All fitness levels welcome.

South Bellevue Community Center

\$66(R)	\$78(N)	Age: 13Y & Up
220022-9	9:15-10:15am	Mon,Wed Sep 12-Sep 28
\$99(R)	\$117(N)	Age: 13Y & Up
220022-10	9:15-10:15am	Mon,Wed Oct 03-Oct 31

BellevueAtHome: Virtual Fit 360

Join a certified group fitness instructor virtually from home, for this action-packed cardio & strength class. Each workout will include a warm-up followed by strength, cardio, and cool-down/ stretching exercises. Instructor will work with you on any modifications. Enjoy a virtual community of friends while you improve your fitness from home! All fitness levels welcome.

South Bellevue Community Center - Zoom Room

\$33(R)	\$39(N)	Age:	13Y & Up
2200486-9	9:15-10:15am	Mon	Sep 12-Sep 26
2200487-9	9:15-10:15am	Wed	Sep 14-Sep 28
\$55(R)	\$65(N)	Age:	13Y & Up
2200486-10	9:15-10:15am	Mon	Oct 03-Oct 31
\$44(R)	\$52(N)	Age:	13Y & Up
2200487-10	9:15-10:15am	Wed	Oct 05-Oct 26

Small Group Training

Join a certified personal trainer for this small group training class focused on helping you achieve your fitness goals! Workouts will be designed to meet everyone's needs and fitness level. Trainer will provide support, encouragement, and accountability to help you reach new heights in health and wellness.

South Bellevue Community Center

 \$140(R)
 \$175(N)
 Age: 16Y & Up

 2200264-5
 7-7:50pm
 Mon
 Sep 12-0ct 24

Total Body Fitness

Join a certified group fitness instructor for this fun and effective way to burn stubborn body fat and improve your level of fitness! Workouts utilize dumbbells, bands, bodyweight exercises, agility movements, and more to strengthen your body and core. Sweat and have fun!

South Bellevue Community Center

\$66(R)	\$78(N)	Age:	16Y & Up
2200275-9	6-6:50am	Tue,Thu	Sep 13-Sep 29
\$88(R)	\$104(N)	Age:	16Y & Up
2200275-10	6-6:50am	Tue,Thu	Oct 04-Oct 27

BellevueAtHome: Virtual Total Body Fitness

Join a certified group fitness instructor virtually from home for this fun, affordable and effective way to burn stubborn body fat and improve your level of fitness! Workouts are modified for virtual participants using bodyweight exercises, agility movements, and more to strengthen your body and core. Get ready to sweat and have fun!

South Bellevue Community Center - Zoom Room

\$33(R)	\$39(N)	Age:	16Y & Up
2200277-9	6-6:50am	Tue	Sep 13-Sep 27
2200276-9	6-6:50am	Thu	Sep 15-Sep 29
\$44(R)	\$52(N)	Age:	16Y & Up
2200277-10	6-6:50am	Tue	Oct 04-Oct 25
2200276-10	6-6:50am	Thu	Oct 06-Oct 27

Weight Training & Fitness 55+

Fun, flexibility, balance, and strength. Enjoy a mixture of styles to stay fit, increase confidence in daily movements through strength, balance and agility skills. Use body weight and free weights, some mat work or chair/seated options. All fitness levels welcome, with choices offered to fit your progressing fitness path.

Northwest Arts Center

\$60(R)	\$72(N)		All Ages
2203363	1-1:45pm	Thu	Sep 22-Oct 27

Cycle/Stretch

Join us for this fusion class of beginner level indoor cycling and flexibility exercises. Class is designed for those who are new to indoor cycling including: older adults, participants new to exercise and de-conditioned participants.

South Bellevue Community Center

\$98(R)	\$119(N)	Age:	13Y & Up
2200219-9	10:30-11:30am	Tue,Thu	Sep 13-Oct 27

Cycling

Ride LeMond bikes and increase aerobic fitness while burning approximately 600+ calories per class. All fitness levels welcome as you control your pace. Please arrive 10 minutes before class start time for set-up. Park in the lower tennis court lot. Classes will be held outdoors under cover. Dress for the temperature.

South Bellevue Community Center

\$112(R) \$136(N)	Age:	131 & Up
2200214-5 6-7am	Mon,Wed	Sep 07-Oct 31

ZUMBA

ZUMBA is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The goal of the program is for you to love working out again and to look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program. South Bellevue Community Center

\$54(R)	\$66(N)	Age: 13Y & Up
2200292-9	10:30-11:30am	Mon,Fri Sep 12-Sep 30
\$27(R)	\$33(N)	Age: 13Y & Up
2200351-8	10:30-11:30am	Mon Sep 12-Sep 26
\$45(R)	\$55(N)	Age: 13Y & Up
2200351-9	10:30-11:30am	Mon Oct 03-Oct 31
\$81(R)	\$99(N)	Age: 13Y & Up
2200292-10	10:30-11:30am	Mon,Fri Oct 03-Oct 31

SilverSneakers Classic

Seated and standing exercises to increase muscular strength, range of motion and activities for daily living. Register for the month and save \$1.00 per class! Individual session registration fee: \$6(R) \$7(N)

North Bellevue Community Center

\$60(R)	\$72(N)	Age: 18Y & Up
2203236	11am-12pm	Mon,Wed,Fri Sep 02-Sep 30
\$65(R)	\$78(N)	Age: 18Y & Up
2203238	11am-12pm	Mon,Wed,Fri Oct 03-Oct 31

Body & Mind

Tai Chi & Mindful Movement

Practice Chi Kung, Tai Chi and flowing movements to encourage proper posture, strength, stretching and flow of chi. Experience meditative practice through movement and stillness. Gain a sense of refreshed focus and relaxation. Postures and practice using mat or chair and standing. Non strenuous class. Northwest Arts Center

\$60(R)	\$72(N)	Age:	16Y & Up
2200235	10-11am	Wed	Sep 21-Oct 26
2200323	10-11am	Thu	Sep 22-Oct 27

Tai Chi Form - Mindful Movement Advanced

This class is by instructor permission only and follows the Thursday Mindful Movement Tai Chi exercise class. The class focus is on smooth movement, balance, breath, and proper stances as you learn and do the Yang Family Style Short Form, Chi Kung forms, and meditation techniques.

Northwest Arts Center

\$30(R)	\$36(N)	Age:	16Y & Up
2200106	11:10-11:40am	Thu	Sep 22-Oct 27

Gentle Yoga

Each class offers poses for stretching, active strengthening and deep relaxing. We focus on alignment for joint safety and use props to make poses accessible for many levels of experience. Benefits include: improved strength, flexibility and balance; reduced tension; better joint health; better mental clarity and an overall feeling of well-being.

South Bellevue Community Center

\$39(R)	\$45(N)	Age: 13Y & Up
2200257-9	11:45am-12:45pm	Tue Sep 13-Sep 27
\$52(R)	\$60(N)	Age: 13Y & Up

Pilates

Pilates is a low-impact exercise designed to strengthen core muscles, increase body awareness, and improve balance and flexibility. This class combines Pilates basics with yoga and barre exercises. Students often feel a sense of overall wellness with a stronger mind-body connection. All fitness levels welcome. For more info about the class and instructor, visit www.community-pilates.com

South Bellevue Community Center

\$98(R)	\$115(N)	Age:	13Y & Up
2200262-5	9:15-10:15am	Fri	Sep 16-Oct 28

Yoga Level 1: Stretch and Restore

Welcome to a mini-spa! This class is designed to help you relax your mind, body, and nervous system. It begins with gentle active poses to release tension and open the body to longer-held stretching and restorative poses using a variety of supportive props. Its slower pace is perfect for beginners, students recovering from injury, or anyone with a stressful lifestyle or sleep problems. 6pm Class Level 2 students are invited to register for this 7pm class for additional practice time, diverse instruction and increased flexibility and focus.

South Bellevue Community Center

\$78(R)	\$90(N)	Age:	13Y & Up
2203116-1	7-7:50pm	Wed	Sep 21-Oct 26

Yoga Level 2: Align and Strengthen

Designed for students with some yoga experience in any tradition. This active, alignment-based class introduces the Classical Surya Namaskar (Sun Salutations), Purna Yoga Hip and Morning Series and a unique sequence each week that may include standing poses, inversions, twists, backbends and forward bends, chest openers or core work. Safety is top priority, so students will learn to modify poses as needed and understand their purpose and benefits. Sign up for the 7pm class too for additional practice time, diverse instruction and increased flexibility and focus.

South Bellevue Community Center

\$78(R)	\$90(N)	Age:	13Y & Up
2203117-1	6-6:50pm	Wed	Sep 21-Oct 26

Yoga: Mixed Levels

This class is for beginners who want a strong, safe foundation in alignment yoga as well as for Intermediate students who want to strengthen and deepen their practice. You will learn body awareness and develop flexibility, balance, and strength, plus learn sequences to help you create your own personalized yoga practice. Students with injuries or health conditions will learn modifications to practice safely. This Purna Yoga class integrates other aspects of a well-rounded practice, such as breathing and meditation techniques, and health and nutrition tips. Northwest Arts Center

\$90(R) \$108(N) Age: 18Y & Up 2200089 9:30-10:30am Tue Sep 20-0ct 25

SilverSneakers Yoga

SilverSneakers(R) Yoga: Seated and standing yoga poses to increase flexibility, balance and range of motion. Register for the month and save \$1.00 per class! Individual session registration fee: \$6(R) \$7(N) North Bellevue Community Center

\$45(R)	\$54(N)	Δσρ.	18Y & Up
	11am-12pm	0	Sep 01-Sep 29
	\$48(N)	,	18Y & Up
	11am-12pm	0	Oct 04-Oct 27

Martial Arts

Kendo - Beginning

Kendo is a co-ed martial arts sport based on Samurai traditions requiring both mental and physical discipline. Participants use a Bokken (oak sword) for weeks 1-4, at week 5 a Shinai (bamboo sword) is also required. Participants must purchase an equipment package bokken (oak sword), shinai (bamboo sword) and carry bag either before or at the first class, cost is \$60, check or cash. Beginning students should arrive at least 20 minutes early for the first class. Beginning students should wear loose fitting clothes. The beginning class focus is on learning basic footwork and sword handling. Upon completion of the beginning class, continuing students should make an effort to research Kendo prior to signing up for the class.

Highland Park & Community Center

\$90(R)	\$108(N)		Age: 8Y & Up
2202899	6:30-8pm	Fri	Sep 23-Dec 09

Kendo - Intermediate

Intermediate Kendo is a continuation where participants work on skill improvement. Half of the class time is spent in drills with the advanced class. Prerequisite is completion of Beginning Kendo class. There the students progress to actual striking of live targets. Once the student has progressed in skill, they will be able to move into wearing armor and engage in bouts with other students. Students remain in Intermediate until they have transitioned to armor. During Intermediate Kendo, students generally purchase uniforms which are required for Advanced Kendo. All students in armor are in the Advanced Class.

Highland Park & Community Center

\$90(R)	\$108(N)		Age: 8Y & Up
2202900	6:30-8pm	Fri	Sep 23-Dec 09

Kendo - Advanced

Advanced Kendo is for those students who have completed Beginning and Intermediate Kendo and are in armor (bogu). Individuals with previous experience must contact the teacher for approval to enroll in Advanced Kendo.

Highland Park & Community Center

\$90(R)	\$108(N)		Age: 8Y & Up
2202898	7:30-9:30pm	Fri	Sep 23-Dec 09

Self Defense for Women with Officer Craig

Join Bellevue Police officer Craig Hanaumi for a self-defense course specifically designed for women. Workshop covers techniques and principals applicable against a bigger, stronger person. There are no punches or kicks in the curriculum. The curriculum is entirely defensive relying on leverage and timing, based upon the response to the actions of another person. Pre-registration is required.

Crossroads Community Center

FREE		Age: 12Y 8	& Up
2202948	6-8pm	Wed	Sep 07

Shotokan Karate

Learn traditional Karate with a non-violent philosophy emphasizing Respect, Excellence, Strength and Character with fun and experienced Black Belt instructors.

South Bellevue Community Center

\$54(R)	\$66(N)		Age: 6-12Y
2200296-9	6-6:50pm	Mon,Wed	Sep 12-Sep 28
\$72(R)	\$88(N)		Age: 6-12Y
2200296-10	6-6:50pm	Mon,Wed	Oct 03-Oct 26

Ages 12-Adult or instructor permission for younger children.

\$54(R)	\$66(N)	Age: 12Y & Up
2200297-9	7-7:50pm	Mon,Wed Sep 12-Sep 28
\$72(R)	\$88(N)	Age: 12Y & Up
2200297-10	7-7:50pm	Mon,Wed Oct 03-Oct 26

Martial Art Fitness

Practice true martial arts techniques from Hapkido, TaeKwondo and Aikido by certified Black belt instructors. Focus on fun, flexibility and strength with creative workouts to engage the body and mind. Gain usable defense skills while getting a balanced cardio and flexibility workout. No belts or rankings, just a great skill building workout. All fitness levels welcome, with choices offered to fit your progressing fitness path.

Northwest Arts Center

\$60(R)	\$72(N)		Age: 13-99Y
2203105	6:05-6:50pm	Tue	Sep 20-Oct 25

Taekwondo

An ancient Korean Martial Art, Taekwondo is a system of practical techniques for self-defense. Instruction is designed to emphasize kicks and punches that strengthen and condition the whole body and promote confidence, patience and respect.

South Bellevue Community Center

\$64(R)	\$76(N)	Age:	5Y & Up
2200266-9	4-4:50pm	Tue,Thu	Sep 06-Sep 29
2200267-9	5-5:50pm	Tue,Thu	Sep 06-Sep 29
2200266-10	4-4:50pm	Tue,Thu	Oct 04-Oct 27
2200267-10	5-5:50pm	Tue,Thu	Oct 04-Oct 27

6pm class is for ages 9 to adult, or by instructor permission.

\$64(R)	\$76(N)	Age	: 9Y & Up
2200290-9	6-6:50pm	Tue,Thu	Sep 06-Sep 29
2200290-10	6-6:50pm	Tue,Thu	Oct 04-Oct 27

BellevueWA.gov/Parks

Conqueror Hapkido & MMA for Self Defense Youth

This family-friendly program aims to instill or enhance discipline, patience, perseverance and self-confidence through fitness, self-defense, Martial Arts and meditation exercises. HAP = United or Coordinate. KI = Mental and/or Physical energy.

North Bellevue Community Center

\$56(R)	\$70(N)	A	ge: 5-12Y
2203241	5:30-6:30pm	Mon,Wed	Sep 07-Sep 28
\$72(R)	\$90(N)	A	ge: 5-12Y
2203243	5:30-6:30pm	Mon,Wed	Oct 03-Oct 31
\$56(R)	\$70(N)	Age:	12Y & Up
\$56(R) 2203242	\$70(N) 6:35-7:35pm	Age: Mon,Wed	12Y & Up Sep 07-Sep 28
2203242	. ,	Mon,Wed	

Natural Resources & Outdoor Education

Ranger Programs

Ranger Walk

Interested in a weekend activity that's both fun and educational? Bring the whole family to the Lake Hills Greenbelt Ranger Station for a ranger-led walk! Select Saturdays from 2-3 p.m., join us for a mild 1-mile nature hike through the Greenbelt's trails and discover the season's myriad of flora and fauna. Wear your favorite weather-appropriate outdoor clothing and shoes, and feel free to bring personal wildlife-viewing gear (e.g. binoculars or magnifying glasses) to further enjoy the park. If you're feeling especially energized, continue on to the Larsen Lake trail loop and use your newfound knowledge to explore. We'll be heading out rain or shine, so come prepared to learn and have a great time!

Lake Hills Greenbel	lt
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FRE

Е		/	Age: 1Y & Up
	2-3pm	Sat	Sep 03
	2-3pm	Sat	Sep 10
	2-3pm	Sat	Sep 17
	2-3pm	Sat	Sep 24
	2-3pm	Sat	Oct 01
	2-3pm	Sat	Oct 08
	2-3pm	Sat	Oct 15
	2-3pm	Sat	Oct 22

Ranger Hike: Mercer Slough Nature Park

Bring the whole family to join a Ranger on a guided 1.5-mile hike through the Mercer Slough Nature Park. This kid-oriented program aims to educate kids and their parents about the Nature Park while discovering the birds and animals that call the Mercer Slough home. The hour-long nature walk ends at the channel bridge in the middle of the park. From there you can continue on to further explore the rich diversity the park has to offer.

Mercer Slough Nature Park

Register Online:

FREE			Age: 3Y & Up
2203209	2-3:30pm	Sun	Sep 11
2203210	2-3:30pm	Sun	Sep 25
2203211	2-3:30pm	Sun	Oct 16
2203212	2-3:30pm	Sun	Oct 30

Ranger-led Hike at Lewis Creek Park

Join a Bellevue Park Ranger to explore the natural and cultural history of Lewis Creek Park. Look for signs of local wildlife and learn what to do when encountering animals in the wild. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Preregistration required for each participant.

Lewis Creek Visitor Center & Park

FREE			Age: All Ages
	10:30-11:30am	Sat	Sep 03
	10:30-11:30am	Sat	Oct 01

Ranger-led Hike at Coal Creek Natural Area

Explore Coal Creek at the Cinder Mine Trailhead to discover Bellevue's largest park and get lost in the wilderness while still in the city! This area is rich in history and wildlife you'll learn about while being guided by a Bellevue Park Ranger. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 240 ft elevation change). Preregistration required for each participant.

Coal Creek Natural Area FREE Age: All Ages 10:30am-12pm Sun Oct 09

Ranger-led Hike at Lakemont Community Park

This lovely trail winds alongside a creek as we ascend and descend throughout the park. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 700 ft total elevation change). Preregistration required for each participant.

Lakemont	Community Pa	rk	
FREE			Age: All Ages
	10:30am-12pm	Sat	Oct 15

Ranger Program: Fall for Frogs

Have you ever heard the chorus of frogs and wondered how they stop and start in unison? Hop on over to the Mercer Slough to discover more about our frogs thriving in the wetland. These musical amphibians play an intricate role in the food web and help keep our ecosystems in balance. Enjoy some fun activities, crafts and a nature walk. It will be a splash!

Mercer Slough Nature Park

FREE			Age: 5Y	& Up
2203207	2-3pm	Sat		Sep 17

National Public Lands Day Volunteering Event

Join a park ranger while connecting with your local greenspaces on this day of volunteering. We'll learn how to identify some common noxious weeds and discuss the impacts they have on our parks. Then head into Lewis Creek Park with us for some hands-on experience tackling these weeds! Please dress for the weather, wear sturdy shoes, and grab your garden gloves for this program.

Lewis Creek Visitor Center & Park

FREE			Age: 5Y & Up
	10am-12pm	Sat	Sep 24

Ranger Program: Swim to Spawn

Salmon were once abundant here in the PNW but have been on a rapid decline in most of our region. Come learn more about the Salmon that make the arduous journey from the ocean to the Mercer Slough where they will eventually spawn in the shallow waters of Kelsey creek. Learn about the different stages of our Salmon and what you can do to help aid in their survival.

Mercer Slough Nature Park

FREE			Age: 5Y & Up
2203208	2-3pm	Sat	Oct 15

Story & A Stroll

Story and a Stroll

Join a park Ranger to explore the forested Wetlands of the Mercer Slough Nature Park. Each week as we venture outside, children will be fascinated by all there is to discover and become more comfortable navigating the trail. Children will also enjoy a nature-based story connecting them to the natural world. Each week we will read a new story!

Mercer Slough Nature Park

FREE	Ŭ.		Age: 3Y & Up
2203197	11am-12pm	Fri	Sep 02
2203198	11am-12pm	Fri	Sep 09
2203199	11am-12pm	Fri	Sep 16
2203201	11am-12pm	Fri	Sep 30
2203205	11am-12pm	Fri	Oct 07
2203202	11am-12pm	Fri	Oct 14
2203203	11am-12pm	Fri	Oct 21
2203204	11am-12pm	Fri	Oct 28

Family Discovery Series

Colorful Caterpillars

Every fall, our region begins crawling with life in the form of bright, patterned--and sometimes very fuzzy--critters. Caterpillars are plentiful in Bellevue this time of year, preparing for a cozy winter (and getting ready to become butterflies and moths)! Peek into the park's foliage to test your observational skills while on a ranger-led walk, and enjoy bringing home a craft. We'll be looking at some of these critters up-close as inspiration, so prepare to be amazed by what our forests have in store!

Lake Hills Greenbelt

FREE			Age: 5-10Y
	10-11am	Sat	Sep 03
	10-11am	Sat	Sep 10

High-Flying Hawks

From patrolling I-405 to flying over the trees of Lewis Creek Park, hawks can be found in almost all of Bellevue's habitats. Learn about the different raptor species that call Lewis Creek Park home before we head out on a hike to scan the sky for them.

Lewis Creek Visitor Center & Park				
FREE		Age: 5-10Y		
2:30-3:30pm	Sun	Sep 04		
2:30-3:30pm	Sat	Sep 10		

Sunset Wildlife

When the sun sets and the dark of night creeps in, Lewis Creek Park comes alive! Join a park ranger on a hike through the evening woods to learn about the different nocturnal and crepuscular species that call the park home. Bring a flashlight or headlamp, as well as good shoes and warm clothes for the journey.

Lewis Creek Visitor Center & Park

FREE			Age: 5Y & Up
	7:30-9pm	Fri	Sep 09

Toddler Trails

Explore the trails at Lewis Creek Park with a park ranger and get out some wiggles. We'll take frequent stops while we investigate the different environments of Lewis Creek Park we wander through and learn how we can make hiking fun for everyone. This is an outdoor program, please dress for the weather and wear sturdy shoes.

Lewis Creek Visitor Center & Park

FREE			Age: 18M-3Y
	10-11am	Sat	Sep 17
	10-11am	Fri	Oct 07

Creature Crafts

Join us for an hour of themed crafts and fun with your little ones. Create a take home craft and have fun with additional activities your little explorer can discover at their own pace.

Lewis Creek Visitor Center & Park

FREE			Age: 3-7Y
	10:30-11:30am	Sun	Sep 25
	10:30-11:30am	Sat	Oct 29

October Is For Orcas

Did you know that our southern resident orcas communicate in a different "language" than transient orcas, or that they use sonar to hunt for their prey? Join us for an introduction to the families that make up the J, L, and K pods, a fintastic orca game, and to learn how you can help our endangered southern resident orcas starting right here in Bellevue!

Lewis Creek Visitor Center & Park

FREE			Age: 5-10Y
	2:30-3:30pm	Sun	Oct 02
	2:30-3:30pm	Sat	Oct 08

Spooky Spiders

Just about everyone has encountered our parks' eight-legged inhabitants, but just how much do you know about their lives? Join us for an hour of spooky fun to learn about the spiders of our area, and leave with a better understanding of how they fit into local ecosystems. We'll head out on a ranger-led walk to try and spot some, and end at the Ranger Station for a craft! Lake Hills Greenbelt

FREE			Age: 5-10Y
	10-11am	Sat	Oct 15
	10-11am	Sat	Oct 22

An International Bat Week Hike

Join us this Bat Week to learn about the bats that call Bellevue home. We'll discover how bats all over the world help us every day and take a dusk hike to look for evening wildlife that call Lewis Creek home! Bring a flashlight or headlamp, as well as sturdy shoes!

Lewis Creek Visitor Center & Park

FREE			Age: 5Y & Up
	6-7:30pm	Fri	Oct 28

Adult Sports

Pool School

Welcoming pool players of beginning/intermediate skill level. This is a great opportunity to learn about this great game for free! This class will help people quickly increase their skills and give them the tools to become a better pool player.

Crossroads Community Center

FREE		Age: 1	2Y & Up
2202955	5:30-6:30pm	Tue	Aug 30-Sep 27

Youth Sports

Running - Fall Cross Country

Kids running cross country is one of the most basic forms of kids' sports. Come join Bellevue Youth Sports for outdoor running and workouts, while exploring trails within Bellevue's Park system. Workouts will be age and experience appropriate and will provide short and long distance workouts to improve fitness while having fun. Please send your runner with a towel for ground exercises and a water bottle each day. Cross country running for children develops strong mental skills and builds an improved sense of discipline towards running, other sports, and life in general.

Lake Hills Community Park

\$70(R)	\$84(N)		Age: 6-13Y
2202894	5-6pm	Thu	Sep 15-Oct 27

Mighty Mites Soccer League

This co-ed league is a great way for your little star to begin team play with emphasis on participation, fun, and skill development in an instructional setting. This league will give your child basic instructions of how to dribble, pass, shoot and play as a team! The season will begin with 2 weeks of team practice followed by 4 weeks of games. Come and join the fun! **Volunteer coaches are needed for this league.** If you are interested in volunteering, please email Erin McCaslin at emccaslin@bellevuewa.gov. Robinswood Community Park - Fields

\$80(R) \$96(N) 2202895 4:15-5:15pm Wed Sep 21-0ct 26

Youth Soccer League - Fall

This co-ed instructional league is a great way to further develop and enhance your child's basic knowledge and skills in soccer. This league will emphasize positive sportsmanship and team play while having fun! The season will begin with 2 weeks of team practice followed by 4 weeks of games. **Volunteer coaches are needed for this league.** If you are interested in volunteering, please email Erin McCaslin at emccaslin@bellevuewa.gov. Robinswood Community Park - Fields

\$80(R)	\$96(N)	,	Age: 7-9Y
2202896	4:15-5:15pm	Tue	Sep 20-Oct 25

Youth Flag Football

Bellevue Youth Sports is proud to offer a safe, dynamic, and non-competitive environment for beginning young co-ed athletes to discover the fun in playing flag football. Athletes will develop basic skills and techniques necessary to succeed on both offense and defense. This program is designed to introduce players to the sport with 30 minutes of practice and conditioning followed by 30 minutes of fun game play. No experience necessary.

Robinswood Community Park - Fields

\$40(R)	\$48(N)		Age: 7-13Y
2202897	1:45-3pm	Wed	Sep 28-Oct 19
2202901	1:45-3pm	Wed	Oct 26-Nov 16

Youth Multi-Sport — Outdoor

Are you the type of kid who likes to play? Flag football, soccer, ultimate frisbee, capture the flag — whatever the game may be, our widely talented coaches will make sure you have a blast! Bring a water bottle and dress warmly.

Robinswood Community Park - Fields

\$40(R)	\$48(N)		Age: 7-13Y
2203475	4:15-5:15pm	Mon	Oct 03-24

Tennis

Adaptive Recreation Tennis Class

Tennis for individuals with intellectual disabilities allow participants to be introduced to basic tennis skills with the focus on building self-esteem and participation. Registration for this class may only be done in person with Instructor Sara Wilson if it is a new family. Returning participants can register in person or over the phone 425-452-7690, select option 1 or 2.

Robinswood Tennis Center

\$56(R)	\$56(N)		Age: 14-90Y
2203223	4-5pm	Wed	Sep 14-Oct 26

Adult Beginning Tennis

Level 1 is designed to provide basic skills needed to play tennis, including etiquette, rules, and scoring. USTA Level of 2.0

Robinswood Tennis Center

\$160(R) \$160(N)		Age: 18Y & Up	
2202931	7:45-9pm	Tue	Sep 06-Oct 25
2202924	10:30-11:45am	Wed	Sep 07-Oct 26
2202932	9-10:15pm	Wed	Sep 07-Oct 26

Adult Advanced Beginning Tennis

These lessons build on the basics, reinforcing technique, and adding advanced drills and learning how to play doubles. USTA level of 2.5 or higher.

Robinswood Tennis Center

\$160(R) \$160(N)	Age:	18Y & Up
2202921	10:30-11:45am	Tue	Sep 06-Oct 25
2202927	9-10:15pm	Tue	Sep 06-Oct 25
2202922	11:45am-1pm	Wed	Sep 07-Oct 26
2202928	7:45-9pm	Wed	Sep 07-Oct 26

Adult Intermediate Tennis

These lessons are for participants who already have sound fundamentals and are working on advanced technique such as spin serves, continental grip volleys, the slice backhand, and basic strategies. USTA Level of 3.0 or higher.

Robinswood Tennis Center

\$140(F	R) \$140(N)	Age	: 18Y & Up
2202925	11:45am-1pm	Mon	Sep 12-Oct 24
2202933	7:45-9pm	Mon	Sep 12-Oct 24
\$160(R) \$160(N)		Age	: 18Y & Up
2202934	7:45-9pm	Thu	Sep 08-Oct 27

Adult Advanced Tennis

Class will focus on more advanced drills and strategy for singles/ doubles play. USTA Level of 3.5 or higher.

Robinswood Tennis Center

\$140(R) \$140(N)	Age: 18Y & Up
2202929 9-10:15pm	Mon Sep 12-Oct 24
\$160(R) \$160(N)	Age: 18Y & Up
2202930 9-10:15pm	Thu Sep 08-Oct 27

Youth Little Lobbers

Class focuses on young children to build hand-eye coordination and develop muscle memory for basic form.

Robinswood Tennis Center

\$104(R) \$104(N)		Age: 4-6Y
2202946	11-11:45am	Sat	Sep 10-Oct 29

Youth Beginning

Class is designed for any child who has never taken lessons before or has minimal experience. Goals of the class are to introduce basic tennis.

Robinswood Tennis Center

\$104(F	R) \$104(N)		Age: 7-10Y	
2202944	1:15-2:15pm	Sat	Sep 10-Oct 29	
\$104(R) \$104(N)			Age: 11-14Y	
2202943	2:15-3:15pm	Sat	Sep 10-Oct 29	

Youth Advanced Beginning

Class is designed for students who have completed the Beginning class or have had lessons in the past.

Robinswood Tennis Center

\$104(R) \$104(N)			Age: 7-10Y
2202942	3:15-4:15pm	Sat	Sep 10-Oct 29
\$104(R) \$104(N)			
\$104(F	R) \$104(N)		Age: 11-14Y

Youth Intermediate

Class is designed for students who have completed Advanced Beginning II. The goal of the class is to be able to hit all strokes with consistency and the correct technique. This class is the highest level of Saturday Youth Lessons.

Robinswood Tennis Center

\$104(R)) \$104(N)		Age: 7-14Y
2202945	10-11am	Sat	Sep 10-Oct 29

Teen Class

Class is designed for Beginning to Advanced Beginning levels of Teens.

Robinswood Tennis Center

 \$104(R)
 \$104(N)
 Age: 15-18Y

 2202939
 5:15-6:15pm
 Sat
 Sep 10-0ct 29

Online registration not available for the following Junior Teams. A tryout required each session

Tryout forms and form drop-off date available at BellevueWA.gov/Tennis.

Prep Team

Class focuses on strengthening the student's rally skills. This class is designed for students who have completed Intermediate Saturday Classes. Entry to this class is granted only through Instructor approval. The goal of the class is to develop consistent rallies and begin match play. Next Level is Team 1.

Robinswood Tennis Center

\$84(R) \$84(N) Age: 8-18Y 9-10am Sat Sep 10-0ct 29

Tennis Team 1

Have progressed past Saturday Intermediate Lessons. Players at this level should already be able to keep score, play matches against other players, execute volleys & overheads, and place serves consistently in the box. USTA Rookie Level Tournament Players.

 Robinswood Tennis Center

 \$192(R)
 \$192(N)
 Age: All Ages

 4-5:15pm
 Tue,Thu
 Sep 06-0t 27

Tennis Team 2

Players on Team 2 have finished a session in one of the top ladder spots on Team 1. They have shown a progression of their basic skills and they are incorporating those skills into their match play. Team 2 players are playing at an intermediate USTA level.

Robinswood Tennis Center

\$192(R) \$192(N) Age: 4-18Y 5:15-6:30pm Tue,Thu Sep 06-0ct 27

Tennis Tournament Team

Players on Tournament Team have finished a session in one of the top spots on Team 2. A requirement for this team is that the student is actively participating in tournaments. The student has a strong grasp of the basics and is working on developing offensive shots and strategies. Tournament Team players are playing at an intermediate and/or advanced USTA level.

Robinswood Tennis Center

\$276(R) \$276(N)	Ag	e: 4-18Y
5:15-6:30pm	Mon,Wed,Fri	Sep 07-Oct 28

Elite Team

This junior team is for USTA Champs level players only. Participants should be ranked in the top 50 of their age group in the Pacific Northwest to try out. Drill and Match-play environment. Highest Level of Junior Teams at Robinswood.

Robinswood Tennis Center

\$276(R) \$276(N)	Ag	ge: 4-18Y
4-5:15pm	Mon,Wed,Fri	Sep 07-Oct 28

Pickleball

Adult Pickleball Clinic

If you've never played Pickleball before or are just a beginner, this introductory 90-minute clinic is designed specifically for you! Each clinic session will cover the basics of the game and help develop an understanding of pickleball for recreational and social play, pickleball rules, terminology, and provide beginner play time. We supply all equipment.

South Bellevue Community Center

\$10(R)	\$12(N)	Age:	18Y & Up
2203135-1	9-10:30am	Tue	Sep 13
2203135-2	9-10:30am	Tue	Sep 20
2203135-3	9-10:30am	Tue	Sep 27
2203135-4	9-10:30am	Tue	Oct 04
2203135-5	9-10:30am	Tue	Oct 11
2203135-6	9-10:30am	Tue	Oct 18
2203135-7	9-10:30am	Tue	Oct 25

Adult Beginner Pickleball

This program is designed to provide basic skills needed to play pickleball, including etiquette, terminology, rules, and scoring. This is a progressive program that is designed to assist in developing you to grow in the game and be provided instuction on ways in which you can improve your skills. Recommended for players up to a Level 2.5 rating. Players are encouraged to bring their own paddle, but it will be provided if necessary. All other equipment will be provided.

South Bellevue Community Center

\$50(R)	\$60(N)	Age:	18Y & Up
2203143	9-10:30am	Thu	Sep 15-Oct 27

Adult Drop-In Pickleball

North Bellevue Community Center \$4(R) \$5(N) Call 425-452-7681 for schedule.

Kelsey Creek Farm Fair Saturday, October 1, 2022 • 11am-4pm

Bring your family to the Farm and enjoy our Fall Festival. The event features include tractor-pulled wagon rides, Country Lane play area, pick-a-pumpkin already gathered from the vine but in a farm pasture, farm animals, pony rides, and much more!



Free shuttle service from Wilburton Park & Ride and Bannerwood Sports Park.

Please note: no pets allowed on shuttle bus or in the barnyard areas. For more information call 425-452-7688 or e-mail KelseyCreekFarm@BellevueWA.gov