


CYCLE/STRETCH

Tuesdays & Thursdays 10:30-11:30 a.m. | Ages 13+

- Try this fun fusion class of indoor cycling and flexibility exercises!
- Designed for those new to cycling including active adults and those new to exercise
- **FREE for 1st time participants!**



 For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-4240 (voice) or email acalderon@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice) or email ADATitleVI@bellevuewa.gov. If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

