

Have fun and get fit with **CYCLING**


Suitable for all fitness levels as you control your own pace.



Mondays & Wednesdays 6-7 a.m. | Ages 13+

- Burn up to 600+ calories and increase aerobic fitness with a fun and energetic instructor!
- Class held outdoors in the fresh air!
- **FREE for first time participants.**



 For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-4240 (voice) or email acalderon@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice) or email ADATitleVI@bellevuewa.gov. If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.