

# South Bellevue Community Center

Partnership for a healthy community



Facility Guide • May-June 2022

# GENERAL INFORMATION

South Bellevue Community Center (SBCC) is operated in partnership with the Boys & Girls Clubs of Bellevue (BGCB). The City of Bellevue's Parks & Community Services Department is the primary program provider for preschool-age children, adults, seniors, specialized recreation, family special events, fitness and wellness, human services and facility rentals at SBCC. The BGCB provides programs and services primarily for children, youth and teens (K-19), including after-school, school's out activities and summer camps.

## Mission

Through partnerships and exceptional customer service, the South Bellevue Community Center provides inclusive opportunities for recreation, fitness, education and celebrations to build a healthy community.

## Scholarships

The City of Bellevue offers scholarships for most of the Parks & Community Services programs. For more details about applying, ask our front desk or call 425-452-4240.



## Hours of Operation

Monday-Thursday..... 6 a.m.-8 p.m.  
Friday..... 6 a.m.-7 p.m.  
Saturday..... 8 a.m.-5 p.m.

## Phone

425-452-4240

## Address

14509 SE Newport Way

## Email

[sbcc@bellevuewa.gov](mailto:sbcc@bellevuewa.gov)


## Website

[BellevueWA.gov/sbcc](http://BellevueWA.gov/sbcc)

## Registration

[Register.BellevueWA.gov](http://Register.BellevueWA.gov)



 For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-4240 (voice) or email [sbcc@bellevuewa.gov](mailto:sbcc@bellevuewa.gov). For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice) or email [ADATitleVI@bellevuewa.gov](mailto:ADATitleVI@bellevuewa.gov). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

# WELCOME



South Bellevue Community Center is a diverse, welcoming place for all to experience. SBCC was built in 2005 with the goal of the facility and programs to be a cornerstone in building a healthy community in South Bellevue. All are welcome to enjoy the variety of programs, classes and events offered throughout the year. Through many partnerships, South Bellevue Community Center is proud to serve the community, encouraging all to gather, learn, play, exercise and engage with others.

-Jen Newton  
Program Manger

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# MEET OUR STAFF



**Jennifer Newton**  
**Program Manager**  
**[jnewton@bellevuewa.gov](mailto:jnewton@bellevuewa.gov)**

Jen Newton has been the Manager at South Bellevue Community Center since 2018. Since her youth, she has

always had a passion for parks and recreation and serving her community. She often volunteered for the local recreation programs in her hometown and at the nearby YMCA summer camp. Growing up in a small town Jen understood early how individual connections, especially through sports and recreation, really bring communities together.

With over 25 years in municipal recreation, Jen has experience in management, team building, program development, strategic implementation, fiscal responsibility, and across-department collaboration. Jen holds a BA in Therapeutic Recreation from Western Washington University and an MPA from the Evans School of Public Policy and Governance at the University of Washington. She currently resides in Bellevue with her husband and three children.



**Joan Perugini**  
**Fitness Supervisor**  
**[jperugini@bellevuewa.gov](mailto:jperugini@bellevuewa.gov)**

Joan has worked for the City of Bellevue for 17 years and provided the fitness-related expertise for SBCC including

program design, equipment purchase, policies and procedures and staffing. She has a BA in Recreation from Western Washington University. Joan and husband, John, are enjoying their new Suncadia house and have 2 adult, married kids who live in the same neighborhood in West Seattle. Joan loves spending time with Grandson, Benny, long distance road cycling and manages the family wheat farms in Alberta Canada.



**Bill Gatlin**  
**Community Services**  
**Coordinator**  
**[wgatlin@bellevuewa.gov](mailto:wgatlin@bellevuewa.gov)**

Bill joined SBCC in October 2021 after spending the previous 18 years of his

career within military recreation. He currently oversees the general recreation activities, preschool, climbing wall, and special events. He was born in Southern California and then moved to Port Orchard in his teenage years. He graduated from Washington State University in 2004 with a degree in Sport Management. GO COUGS! He loves all things sports, enjoys golfing, spending time with his family and watching his two daughters play soccer.

# MEET OUR STAFF



**Kristina DeFlorio**  
**Administrative Assistant**  
**[kdeflorio@bellevuewa.gov](mailto:kdeflorio@bellevuewa.gov)**

Kristina has assisted with the business operations of South Bellevue Community Center for over 14 years. Most afternoons

you can find her at the front desk greeting the Fitness Center regulars. She is a Washington State University Alumni and avid college football and hockey fan. She is willing to talk about running, hockey, or the Cougs any time.



**Andres Calderon**  
**Assistant Fitness Coordinator**  
**[acalderon@bellevuewa.gov](mailto:acalderon@bellevuewa.gov)**

Andres has been assisting with the operation of the Fitness Center since 2011. In 2015 he became a NASM Certified

Personal Trainer and has become a strong advocate for improving wellness through small behavioral changes, functional training, and positive thinking. He, his wife, and daughter reside in nearby Issaquah. Andres enjoys cooking, hiking, paddleboarding and playing guitar in his spare time.



**Katelyn Stewart**  
**Recreation Technician**  
**[kstewart@bellevuewa.gov](mailto:kstewart@bellevuewa.gov)**

Katelyn first joined SBCC as an intern for the summer of 2019 and was so excited to be invited back to join the team

as the Recreation Technician in August of 2021. She graduated from Central Washington University in 2020 with a degree in Recreation & Event Management and Dance. Katelyn is also the head coach of the Auburn Riverside High School Dance Team and loves spending time with her team. In her free time, she likes hiking, dancing, and hanging out with friends.



# RENTALS

Conveniently located just off of I-90 and minutes from I-405, South Bellevue Community Center is surrounded by 40 acres of lush green space at Eastgate Park, providing a beautifully unique and exciting opportunity to host your event.

You can swing from the trees at the Bellevue Challenge Course, climb the walls on our 33' rock wall or dance the night away in our stunning community rooms! 32,000 square feet of facilities include two full sized gymnasiums, two classrooms, banquet room with full kitchen, mirrored dance studio, indoor rock wall and a large open lobby. Bring in your caterer and toast your event with champagne, wine or beer. Whatever event you are planning, South Bellevue Community Center has it all!

## Gymnasiums

Play basketball. Start a badminton game. Set up a volleyball tournament. 6,500 square feet of space per gym make it perfect for 3 badminton courts or 2 volleyball courts. Use it for a full court basketball game or two half court games. **Gym A & B: \$120/hr**  
**Gym A or B: \$65/hr**



## Classrooms

Able to hold up to 28 people each, these rooms are ideal for hosting craft group meet-ups, birthday parties, and other events. Saturdays and Sundays are the best time to book these rooms.

**Classroom 1 or 2: \$45/hr.**

## Community Rooms

2,400 square feet of space (1,200 per side) and floor to ceiling windows make it a perfect place for weddings, receptions, bar mitzvahs, corporate parties and more. The full kitchen is an added bonus to enhance your event.

**Community Rooms A & B: \$150/hr**

**Community Room A or B: \$80/hr**

## Studio Room

Mirrored walls and a barre make it a great place to practice dance or martial arts.  
**\$50/hr**

**Call 425-452-4240 for more information about facility rentals.**



# ADULT PROGRAMS

South Bellevue Community Center also offers a wide variety of fitness classes for active seniors. See pages 11-14 for more information.

## Grown-Up Show & Tell

**Ages 18+**

**Mondays, May 2-Jun. 20**

**1-3 p.m.**

Do you want a chance to re-live those childhood memories of sharing and talking about some of your most prize possessions? Here is your chance. Join us at the South Bellevue Community Center for Grown-Up Show and Tell. Participants will be limited to 10 minutes to share and answer questions about an old photo, craft, collectible, or treasured personal items with other members of our community.

**Fee: FREE**

## Open Art Studio

**Ages 18+**

**Tuesdays, May 3-Jun. 21**

**1-3 p.m.**

The open art studio is an opportunity for artists 18+ to gather and practice their art and techniques, receive feedback from other artists, and socialize. The studio will primarily focus on media that includes pencil, charcoal, watercolor, acrylics and oil; however, it's also open to textiles, knitting and needle work.

**Fee: FREE**

## Dungeons & Dragons Club

**Ages 16+**

**Tuesdays, May 3-Jun. 21**

**5-7:45 p.m.**

Escape the problems of today by exploring a universe unlike our own at South Bellevue Community Center's Dungeons and Dragons Club. Ever imagine yourself as a wizard, ranger, druid, or beast slaying hero? In this role-playing game, players create their own characters and forge through life's obstacles in a medieval fantasy setting. Using cooperative skills, the team may choose to follow a mission to save the day or create a path of their own devise. SBCC D&D Club is an inclusive, safe space for all. New players welcome!

**Fee: FREE**

## Bridge Bunch

**Ages 18+**

**Wednesdays, May 4-Jun. 22**

**1-3 p.m.**

Just learning, a little rusty, or just want a fun place to play Bridge while increasing your skill level? Come join us every Tuesday and enjoy some coffee/snacks and play your favorite game!

**Fee: FREE**



# DROP-IN SPORTS



South Bellevue Community Center offers a wide variety of drop-in sports including **basketball, badminton, pickleball, and volleyball**. Adult drop-in sports are for anyone 18 years and older. See pricing chart on page 9. Family drop-in sports and teen basketball are FREE activities. Find the current drop-in sports schedule at [BellevueWA.gov/sbcc](https://BellevueWA.gov/sbcc).

## Fees

Drop-in sports are \$4 for residents and \$5 for non-residents. Save money by purchasing a **Play Pass**. Play Passes are transferable and do not expire. See the drop-in program pricing chart on page 9. Visit the front desk to purchase a Play Pass. Fitness Center pass holders enjoy free Drop-in sports – inquire at the Front Desk.

## Holiday drop-in

When SBCC is open on holidays, the gyms are open for a variety of drop-in sports. Normal drop-in fees apply. Visit [BellevueWA.gov/sbcc](https://BellevueWA.gov/sbcc) for holiday drop-in schedules.

## Family drop-in

Family drop-in sports are free and an opportunity for families with children under the age of 18 to play together. At least one parent/guardian/caregiver of the same household must participate on the court with children at all times. No drop-offs or team practices are allowed.

## Participant guidelines

Please check in at the front desk before participating in a drop-in activity. Each scheduled activity has 20 minutes to begin from the original start time.



# DROP-IN SPORTS

## Drop-in Program Pricing

	Resident	Cost Per Visit	Non-Resident	Cost Per Visit
Daily Drop-In	\$4.00		\$5.00	
12 Punch Play Pass	\$36.00	\$3.00	\$48.00	\$4.00
24 Punch Play Pass	\$66.00	\$2.75	\$90.00	\$3.75
36 Punch Play Pass	\$90.00	\$2.50	\$126.00	\$3.50
48 Punch Play Pass	\$108.00	\$2.25	\$156.00	\$3.25

Visit [BellevueWA.gov/sbcc](https://BellevueWA.gov/sbcc) for current Drop-in sports schedule

### Next Anniversary Week

Early January 2023

All Drop-In Sports are FREE



# FITNESS CENTER

We are your neighborhood fitness choice! We welcome you into our community whether you are a seasoned fitness veteran or brand new to exercise. We offer all the tools to support you! The Fitness Center features state of the art treadmills, bikes, elliptical trainers, weight training machines and free weights. The Fitness Center is designed for adult use, as well as youth ages 13-17 with parent permission. All participants must attend one of the scheduled Fitness Center orientations before your first exercise visit. See chart on right. Fitness pass options can be found in the Fitness Center brochure at the Front Desk or visit [BellevueWA.gov/sbcc](http://BellevueWA.gov/sbcc) and navigate to the Fitness Center page.

Orientation Schedule	
Monday	6 p.m.
Tuesday	9:30 a.m.
Thursday	6:30 p.m.
Friday	11:30 a.m.
Saturday	10 a.m.

- No sign-up needed. Please meet in Fitness Center 5 minutes before start time as we are unable to accommodate late arrivals.
- Lasts approximately 20 minutes.
- Once you have attended an orientation, you are ready to workout.



# FITNESS CLASSES

There are many ways to take our fitness classes, and you can try many of them for the first time for FREE! Use the following key to identify which options are available for each class. Options are listed in class descriptions:

- **Res:** Resident rate. Bellevue residents save 20%.
- **Non:** Non-resident rate.
- **Free 1st class:** Try the class for FREE before you register. Must sign-in at Front Desk.
- **Discounted session rate:** Best value! Save money when you register for a session. Classes are held in either monthly or bi-monthly sessions. See class descriptions. Rates vary.
- **5-class Flex Card:** Pay for 5-classes in advance valid for the current trimester (Jan-Apr, May-Aug, Sep-Dec). Flex Card rates differ for each class. Purchase at the Front Desk.
- **Drop-in:** No need to register in advance. Most flexible option—pay as you go. Rates differ for each class. Purchase at the Front Desk.



## Active Adult Fitness

**Ages 18+**

**Wednesdays: 10:30-11:30 a.m.**

Designed for those who have graduated from the beginner adult classes or senior fitness programs and are ready for more of a challenge. You will enjoy this fun hour-long full body workout that keeps your heart rate elevated while improving strength, endurance, and cardiovascular fitness in an encouraging and motivating community! Participants must be highly mobile and able to make quick transitions between cardio and endurance work. All adults are welcome, Millennials to Baby Boomers.

**FREE 1st class**

**Monthly discounted session rate available**

**5-Class Flex Card: Res (\$55), Non (\$65)**

**Drop-In: Res (\$12), Non (\$14)**

## Cycle/Stretch

**Ages 13+**

**Tuesdays & Thursdays: 10:30-11:30 a.m.**

Join us for this fusion class of beginner level indoor cycling and flexibility exercises. Class is designed for those who are brand new to cycling including: older adults, participants new to exercise and overweight or deconditioned participants. Arrive 10 minutes early on first day for a bike fit. Bring a water bottle & towel. Wear stiff soled shoes or SPD cycle shoes, padded shorts and heart rate monitor if you have them.

**FREE 1st class**

**Bi-monthly discounted session rate available**

**5-Class Flex Card: Res (\$45), Non (\$54)**

**Drop-In: Res (\$10), Non (\$12)**

# FITNESS CLASSES

## Cycling

**Ages 13+**

**Mondays & Wednesdays: 6-7 a.m.**

Ride LeMond bikes and increase aerobic fitness while burning approximately 600+ calories per class. All fitness levels welcome as you control your pace. Please arrive 10 minutes before class start time for set-up. Park in the lower tennis court lot. Classes are held outdoors under cover. Dress for the temperature.

**FREE 1st class**

**Bi-monthly discounted session rate available**

**5-Class Flex-Card: Res (\$45), Non (\$54)**

**Drop-In: Res (\$10), Non (\$12)**

## Fit 360°

### In-person or Virtual

**Ages 13+**

**Mondays & Wednesdays: 9:15-10:15 a.m.**

Join a certified group fitness instructor, either virtually from home or in-person for this action-packed cardio & strength class. Each workout will include a warm-up followed by strength, cardio and cool-down/stretching exercises. Your instructor will work with you on any modifications. Virtual participants utilize bodyweight exercises and agility movements. In-person class will include equipment such as dumbbells and bands. All fitness levels welcome.

**FREE 1st class**

**Monthly discounted session rate available**

**5-Class Flex-Card: Res (\$66), Non (\$78).**

**Drop-In: Res (\$14), Non (\$17).**



## Gentle Yoga

**Ages 13+**

**Tuesdays: 11:45 a.m.-12:45 p.m.**

Each class offers poses for stretching, active strengthening and deep relaxing. We focus on alignment for joint safety and use props to make poses accessible for many levels of experience. Benefits include: improved strength, flexibility and balance; reduced tension; better joint health; better mental clarity and an overall feeling of well-being.

**FREE 1st class**

**Monthly discounted session rate available**

**Flex-Card: Res (\$78), Non (\$90)**

**Drop-In: Res (\$17), Non (\$20)**

## Jazzercise & Jazzercise Lite

**Ages 13+**

**Tuesdays/Thursdays/Fridays: 9:15-10:15 a.m.**

**Saturdays: 8:15-9:15 a.m.**

Call Phyllis at 206-484-1494 or email [kirklandjazz@gmail.com](mailto:kirklandjazz@gmail.com) for more information.

# FITNESS CLASSES

## Pilates

**Ages 13+**

**Fridays: 9:15-10:15 a.m.**

Pilates is a low-impact exercise designed to strengthen core muscles, increase body awareness, and improve balance and flexibility. This class combines Pilates basics with yoga and barre exercises. Students often feel a sense of overall wellness with a strong mind-body connection. All fitness levels welcome. For more info about the class and instructor, visit [communitypilates.com](http://communitypilates.com).

**FREE 1st class**

**Bi-monthly discounted session rate available**

**5-class FLEX CARD: Res (\$84), Non (\$100)**

**Drop-In: Res (\$18), Non (\$22)**

## Shotokan Karate

**Mondays & Wednesdays: 6-6:50 p.m.**

**(Ages 6-12), 7-7:50 p.m. (Ages 12-Adult or instructor permission)**

Learn traditional Karate with a non-violent philosophy emphasizing respect, excellence, strength and character with fun and experienced black belt instructors. Bring a water bottle.

**Monthly discounted session rate available**

## Small Group Training

**Ages 16+**

**Mondays: 7-7:50 p.m.**

Join a Certified Personal Trainer for this small group training class focused on helping you achieve your fitness goals. Workouts will be designed to meet your needs and fitness level. Trainer will provide support, encouragement, and accountability to help you reach new heights in health and wellness.

**Bi-monthly discounted session rate available**

## Strong & Fit Seniors/Adults

**Ages 18+**

**Mondays & Wednesdays: 10:30-11:30 a.m.**

This group fitness class is best suited for beginners or advanced beginners who are looking to improve strength, balance, cardiovascular health, flexibility, and coordination within a strong community of supportive friends. A certified instructor will guide you through a full body circuit training style workout that will improve functional fitness using a variety of equipment and a varied routine to accommodate individual needs and limitations. Come join us for a fun, safe, social and appropriately challenging workout!

**FREE 1st class**

**Monthly discounted session rate available**

**Flex Card: Res (\$55), Non (\$65)**

**Drop-In: Res (\$12), Non (\$14)**



# FITNESS CLASSES

## Taekwondo

**Tuesdays & Thursdays:**

**4-4:50 p.m. (Ages 5-Adult)**

**5-5:50 p.m. (Ages 5-Adult)**

**6-6:50 p.m. (Ages 9-Adult or instructor permission)**

An ancient Korean Martial Art, Taekwondo is a system of practical techniques for self-defense. Instruction is designed to emphasize kicks and punches that strengthen and condition the whole body and promote confidence, patience and respect.

**Monthly session rate available**

## Total Body Fitness

**In-person or Virtual**

**Ages 16+**

**Tuesdays & Thursdays: 6-6:50 a.m.**

Join a certified instructor either in-person or virtually from home for this fun and effective way to burn stubborn body fat and improve your level of fitness! In-person workouts utilize dumbbells, bands, and more while virtual workouts are modified for virtual participants using bodyweight exercises, agility movements, and more to strengthen your body and core. Get ready to sweat and have fun!

**FREE 1st class**

**Monthly discounted session rate available**

**Flex Card: Res (\$66), Non (\$78)**

**Drop-In: Res (\$14), Non (\$17)**

## Yoga - Levels 1 & 2

**Ages 13+**

**Wednesdays:**

**6-6:50 p.m.**

Beginner and intermediate students who want a strong, safe foundation in alignment yoga will develop body awareness, flexibility, balance, and strength, plus learn sequences to start a personalized yoga practice.

Students with injuries or health conditions will learn modifications to practice safely. This joyful class integrates other aspects of a well-rounded practice such as breathing, meditation and health and nutrition tips.

**Free 1st class**

**Bi-monthly discounted session rate available**

**Flex Card: Res (\$78), Non (\$90)**

**Drop-In: Res (\$17), Non (\$20)**

## ZUMBA

**Ages 13+**

**Mondays & Fridays: 10:30-11:30 a.m.**

ZUMBA is a one-of-a-kind fitness program with easy-to-follow Latin rhythms designed for all fitness levels. The goal of the program is for you to love working out again and to look forward to it. This hour of calorie burning, energizing, and expressive moves brings spice back into your fitness program!

**FREE 1st class**

**Monthly discounted session rate available**

**Flex Card: Res (\$45); Non (\$54)**

**Drop-In: Res (\$10), Non (\$12)**

# PERSONAL TRAINING

Get a FREE 30-minute consultation with a certified personal trainer. Call or email the personal trainers to learn how they can encourage, motivate and create an exercise routine that is safe and appropriate for you.

Rates and more information about the personal trainers are found at [BellevueWA.gov/sbcc](http://BellevueWA.gov/sbcc) or ask for a brochure at the SBCC front desk. A pre-activity screening questionnaire is required prior to your first exercise session. Fill out the questionnaire at your FREE consultation or go to [BellevueWA.gov/sbcc](http://BellevueWA.gov/sbcc) and navigate to the "Fitness Center" page to find the form. A physician's consent may be required based on your health history. Youth ages 13-17 need a parent/guardian present for the first training session.



**Diane DeFuria**

425-221-0070

diane1959defuria@gmail.com



**Sara Grandstrand**

425-765-8980

sara.atc@gmail.com



# YOUTH PROGRAMS



## Natural Start Preschool

This Preschool offers a unique nature-based curriculum that supports the developmental and learning needs of preschoolers. Children spend most of their time outside each day. For more information you can visit [NaturalStartPreschool.com](http://NaturalStartPreschool.com) or call 425-452-4240 for details.

## Indoor Play at SBCC

**Monday/Wednesday/Friday**

**10:30 a.m.-12 p.m.**

Drop-in gym play for children under 5 with parents. No charge for those under 1 year. Parents/caregivers must supervise their own children. Save even more when you purchase a play pass. Closed all holidays, Bellevue School District breaks and summer.

**Fee: Res (\$4) Non (\$5)**





# YOUTH PROGRAMS

South Bellevue Community Center also offers martial arts classes for youth.  
See page 13 for Shotokan Karate. See page 14 for Taekwondo.

## Ballet for Lords and Ladies of the Castle

**Ages 4-5**

**Saturdays, Apr. 23-May 28**

**9-9:45 a.m.**

Children will gain confidence as they dance through the stories of a new Prince or Princess each week. Boys are welcome too!

**Fee: Res (\$55) Non (\$65)**

**Pre-Registration Required**

## Hippity Hop

**Ages 4-5**

**Saturdays, Apr. 23-May 28**

**10-10:45 a.m.**

Time to POP, LOCK and BREAK! Children will learn the basics of hip-hop dancing with fun and upbeat music. You can expect your child to develop confidence, coordination, personality and HAVE FUN!!!

**Fee: Res (\$55) Non (\$65)**

**Pre-Registration Required**

## Music Together

**Ages 0-5**

**Thursdays, May 5-Jun. 23**

**10:30-11:30 a.m.**

This is the foundational Music Together class, one that a child can attend from birth to age five through 12 song collections. This class is designed for parent/guardian/caretaker participation with child. An additional \$50 materials fee will be paid directly to the instructor on the first day of class.

**Fee: Res \$140 Non \$168**

**Pre-Registration Required**

## Hippity Hop for Tiny Tots

**Ages 3-4**

**Saturdays, Apr. 23-May 28**

**11-11:45 a.m.**

Tiny Tots are invited to learn the basics of hip-hop dancing with fun and upbeat music! Your child will explore how to POP, LOCK and BREAK while developing confidence, coordination, personality with a fun instructor!

**Fee: Res (\$55) Non (\$65)**

**Pre-Registration Required**



# SBCC

# Anniversary Celebration

## Early January 2023



**SOUTH BELLEVUE COMMUNITY CENTER**  
A Partnership for a Healthy Community

**FREE** fitness classes and recreation activities  
Complete schedule at [BellevueWA.gov/sbcc](http://BellevueWA.gov/sbcc) • 425-452-4240

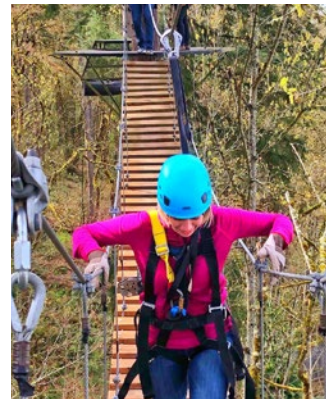




# BELLEVUE ZIP TOUR

**ZIP through old Maple and Douglas Fir 80 feet above the ground, 35 miles per hour.**

Seven zip lines totaling over 458 feet give you a spectacular view of Mt. Baker and Glacier Peak. Open April through October, the Bellevue Zip Tour is a natural wonder located in the City of Bellevue. Make your reservations now.



14509 SE Newport Way, Bellevue, WA 98006  
206-295-5494

For pricing and program information visit  
[BellevueZipTour.com](http://BellevueZipTour.com)

For questions about the Bellevue Zip Tour,  
call 206-295-5494.

# BELLEVUE CHALLENGE COURSE



For pricing and program information  
visit [NWTeamBuilding.com](http://NWTeamBuilding.com)

For questions about the Bellevue  
Challenge Course, call 206-348-3941.





# SOUTH BELLEVUE CLIMBING WALL



The Bellevue Climbing Wall is 33 feet tall and sculpted to look and feel like Index granite. The wall offers three top-ropes each with several routes with varying degrees of difficulty from beginner to expert and a bouldering wall.

Northwest Teambuilding has recently added The Bellevue Climbing Wall to their list of recreational and educational adventures. The wall is available for private parties, open climbs, climbing classes, and climbing camps.

**For pricing and program information visit** [NWTeamBuilding.com](http://NWTeamBuilding.com)

**For questions** about the Climbing Wall, call 206-348-3941.



# SUMMER CAMPS

at South Bellevue

## Climbing

### Morning and Afternoon:

- Session 1: June 27-July 1
- Session 2: July 5-8
- Session 3: July 11-15
- Session 4: July 18-22
- Session 5: July 25-29
- Session 6: August 1-5
- Session 7: August 8-12
- Session 8: August 15-19

## Jets Gymnastics

### Morning and Afternoon:

- Session 1: July 18-22
- Session 2: August 8-12

## Hippity Hop Dance

### Afternoon:

- Session 1: June 27-July 1
- Session 2: August 1-5

## Shotokan Karate

### Morning:

- Session 1: August 1-5
- Session 2: August 15-19

## Team Adventure

### Full day:

- Session 1: July 18-22
- Session 2: July 25-29
- Session 3: August 8-12
- Session 4: August 15-19

## Pickleball

### Morning:

- Session 1: July 11-15
- Session 2: August 1-5

## Ballet by the Sea

### Afternoon:

- Session 1: July 11-15
- Session 2: August 15-19

### Morning Camps:

9 a.m.-12 p.m.

### Afternoon Camps:

1-4 p.m.

### Full Day Camps:

9 a.m.-3:30 p.m.

### Registration Dates:

April 4 (Residents)

April 11 (Non-residents)

Fees & ages vary by camp

Register.[BellevueWA.gov](http://BellevueWA.gov)



Register for classes at:  
[Register.BellevueWA.gov](https://Register.BellevueWA.gov)

For information about the rockwall or ZipTours, visit:  
[NWTeamBuilding.com](https://NWTeamBuilding.com)

For information about Boys and Girls Club visit:  
[BGCBellevue.org](https://BGCBellevue.org)



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