

Small Group Training



 **Mondays 7-7:50 p.m.**

- ✓ More focus on helping you achieve your fitness goals
- ✓ Workouts are designed to meet your specific needs and fitness level
- ✓ A certified trainer will provide support, encouragement and accountability

REGISTER ONLINE: Register.BellevueWA.gov
425-452-4240 | BellevueWA.gov

BEST FOR: All Levels

