

## **Tuesday and Thursday evenings** 4-4:50 p.m. Ages 5 & up 5-5:50 p.m. Ages 5 & up 6-6:50 p.m. Ages 9 & up

## Location: SBCC



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-4240 (voice) or email sbcc@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice) or email ADATitleVI@bellevuewa.gov. If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

PKS-22-6785b

### Learn a system of practical techniques for self-defense while promoting confidence, patience and respect.

# Register at Register.Bellevuewa.gov or 425-452-4240



**ADVANCED BEGINNER** 





