



November &
December, 2022



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ParksWeb@BellevueWA.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.



Bellevue Parks &
Community Services

CONNECTIONS



Bellevue Parks & Community Services

PO Box 90012
Bellevue, WA 98009-9012

Bellevue City Council

Lynne Robinson, Mayor

Jared Nieuwenhuis, Deputy Mayor

Jeremy Barksdale
Jennifer Robertson
Conrad Lee
John Stokes
Janice Zahn

Parks & Community Services Board

David Hamilton, Chair

Paul Clark, Vice-Chair

Rowena Clima
Pradeep Singh
Cassidy Giampetro
Eric Synn
Heather Trescases

Food & Refreshments

Programs listed in this brochure may include a food or beverage refreshment. Please contact your Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

City of Bellevue Tax ID Number

91-6007020

Every attempt has been made to ensure that information in this brochure is accurate at the time of publication. For the most up-to-date information on activity availability, pricing, dates, times, and location, please visit our online registration system at register.BellevueWA.gov.

Program availability, minimum and maximum enrollment, location, times, dates, and health screening requirements are all subject to change based on the latest guidance from local, state, and national public health authorities.

*Questions or comments about this publication?
Contact Colin Walker, Department Marketing
Administrator, CWalker@BellevueWA.gov.*

*On the cover: Bellevue Botanical Garden comes alive
with Garden d'Lights. Purchase tickets at GardenDLights.com.
Photo by Colin Walker.*

Equal Opportunity Statement

The City of Bellevue assures that no person shall on the grounds of race, color, national origin, or sex as provided by Title VI of the Civil Rights Act of 1964, and related statutes, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any City of Bellevue program or activity. Any person who believes his/her Title VI protection has been violated may file a complaint with the ADA/Title VI Administrator. For Title VI complaint forms and advice, please contact the ADA/Title VI Administrator at 425-452-6168.

정보	Information	情報
Información		معلومات
సమాచారం		Информация
اطلاعات		Thông Tin
सूचना		資料
425-452-6800		



Financial Assistance Available for Recreation Programs

Bellevue Parks & Community Services strives to make program opportunities available to all interested individuals who live in the boundaries of the city of Bellevue, regardless of income. We provide scholarships to those who might not otherwise be able to participate. Visit one of the locations listed at the bottom of this page to obtain a copy of the scholarship application form, visit bellevuewa.gov/connections to download a copy, or call 425-452-6885 and staff will be happy to mail you a copy of the form, free of charge.

贝尔维尤公园和社区服务中心致力于为居住在贝尔维尤市边界地区的所有对此计划感兴趣的人士提供机会，而不会考虑个人的收入情况。我们为可能无法参与的人士提供奖学金。您可前往本页底部列出的其中任一地点，领取一份奖学金申请表副本，也可以浏览网站 bellevuewa.gov/connections 下载一份副本，或致电 425-452-6885，工作人员将乐意给您免费邮寄申请表副本。

Bellevue 公園和社區服務致力於為居住在 Bellevue 市邊界的所有感興趣的個人提供計劃機會，無論收入為何。我們為那些可能無法參加的人提供獎學金。請瀏覽本頁下方列出的地點之一以索取獎學金申請表的副本，請瀏覽 bellevuewa.gov/connections 下載副本，或致電 425-452-6885，工作人員將很樂意為您郵寄一份副本表格，無需額外費用。

벨뷰 공원 및 근린시설 서비스는 소득 수준과 관계없이 프로그램에 관심이 있는 벨뷰시 거주 시민이라면 누구든지 프로그램을 이용할 기회를 제공하고자 노력합니다. 참여가 어려운 사람에게는 장학금을 제공합니다. 이 페이지 하단에 열거된 지점 중 한 곳을 방문하거나 bellevuewa.gov/connections를 방문하여 장학금 지원서 양식을 받을 수 있으며, 425-452-6885번으로 전화하면 직원이 지원서 양식을 무료로 발송해드립니다.

Bãi đỗ xe & Dịch vụ Cộng đồng Bellevue cố gắng tạo cơ hội tham gia chương trình cho tất cả những cá nhân quan tâm sống trong địa phận thành phố Bellevue, bất kể thu nhập. Chúng tôi cung cấp học bổng cho những cá nhân không thể tham gia. Truy cập một trong những địa điểm được liệt kê ở cuối trang này để lấy một bản sao của mẫu đơn đăng ký học bổng, truy cập bellevuewa.gov/connections để tải xuống một bản sao, hoặc gọi 425-452-6885 và nhân viên luôn sẵn lòng gửi cho quý vị một bản sao của mẫu đơn qua đường bưu điện hoàn toàn miễn phí.

Bellevue パーク&コミュニティサービスは、プログラムにご興味をお持ちのBellevue市民全員が収入の多寡によらずご利用いただけるよう努めています。参加が叶わない方には奨学金を支給しています。奨学金の申請用紙は、このページの下に記載の場所にて直接入手または bellevuewa.gov/connections からダウンロード、あるいは 425-452-6885 にお電話いただければ、職員が無料で用紙を郵送させていただきます。

Служба парков и коммунальных предприятий Белвью предлагает программы создания возможностей всем заинтересованным лицам, которые живут в пределах города Белвью, независимо от их дохода. Мы предоставляем стипендии тем, кто без этого не сможет стать участником программы. Получить бланк заявки на стипендию можно в одном из офисов, перечисленных в нижней части этой страницы. Чтобы скачать бланк заявки, зайдите на страницу bellevuewa.gov/connections или позвоните по номеру 425-452-6885, и сотрудники бесплатно отправят вам бланк по почте.

Parques y Servicios Comunitarios de Bellevue procura hacer que las oportunidades para participar en los programas estén disponibles a todos aquellos que estén interesados y vivan dentro de los límites de la ciudad de Bellevue, independientemente de sus ingresos. Otorgamos becas a los que no podrían participar de otra manera. Visite algunos de los locales listados al pie de esta página para obtener una copia del formulario de solicitud de becas, también puede ingresar a bellevuewa.gov/connections y descargar el formulario o puede llamar al 425-452-6885 y el personal felizmente le enviará una copia por correo electrónico sin costo.

Bellevue Aquatic Center 601 143rd Ave NE
Bellevue City Hall 450 110th Ave NE - ServiceFirst
Bellevue Youth Theatre 16501 NE 10th St
Crossroads Community Center 16000 NE 10th St
Highland Community Center 14224 Bel-Red Rd

Kelsey Creek Farm 410 130th Pl SE
Crossroads Mini City Hall 15600 NE 8th St #H9
North Bellevue Community Center 4063 148th Ave NE
Northwest Arts Center 9825 NE 24th St
South Bellevue Community Center 14509 SE Newport Way

Registration & Payment Policies

Every effort is made to ensure that the information in this catalog is accurate at the time of publication. Because policies, personnel, and funding can change, Bellevue Parks & Community Services reserves the right to add or withdraw programs and to amend, revise, or modify any provision, including - but not limited to - price, date, and location, printed in this brochure. You are encouraged to visit Register.BellevueWA.gov for the most up-to-date information.

For camps meeting fewer than 15 hours per week, please see "General Recreation Programs and Mini-Camps" policies. Day Camp policies on this page do not apply to camps meeting fewer than 15 hours per week.

Food & Refreshments

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City of Bellevue Tax ID Number:

91-6007020

Registration Priority:

The City of Bellevue is committed to providing a wide range of recreation activities for Bellevue residents. Therefore, the City gives advance registration preference for those residing within the Bellevue city limits. Non-residents are welcome to take part in recreation programs on a space-available basis. Non-resident registrations are not accepted prior to the first day of non-resident registration. On this day, mailed and faxed registrations will be accepted, via phone at 425-452-6885, or online at <http://register.bellevuewa.gov>.

Due to an interlocal agreement with King County, all registrations for programs at South Bellevue Community Center are processed in the order received.

Registration Confirmation:

Registration receipts are mailed electronically after registration has been processed. Call 425-452-6885 to request a printed registration receipt.

Financial Assistance/Scholarships:

Financial assistance is available to qualifying residents who live within the Bellevue City limits. Applicants will be notified of the amount due for each registration after financial assistance application is processed. Please call 425-452-6885 or visit BellevueWA.gov/Connections for information on applying for financial assistance.

Payment:

Payment is accepted in cash, gift certificates, checks, or Visa/MasterCard only. Payment for all programs except day camps is due in full at the time of registration. All transactions completed online require payment in full at the time of registration. *Scholarship/financial assistance application is required prior to registration.* Please do not mail cash.

General Recreation Programs and Mini-Camps: Payment is due at the time of registration. Scholarship application is required prior to registration if paying with scholarship.

Day Camps: Each Day Camp requires a \$35 non-refundable fee, per participant, per camp, at the time of registration, and will be applied toward the final amount due. Payment in full is due for the first two (2) camps at the time of registration. Payments for subsequent camps are due fourteen (14) calendar days prior to the first day of each session.

Credit Card:

Include credit card number and expiration date on registration form.

Checks:

All checks or drafts received by the City which are returned or dishonored by the drawee bank or other such depository shall be assessed a charge of \$15.00 (Administrative Order 53).

Refunds:

Classes cancelled by the City will result in a 100% refund of program fees. No refunds are available for programs \$10 or less. No refunds or credits will be issued on or after the first day of the program or camp. See COVID-19 procedures on preceding pages for information regarding pandemic-related refunds.

General Recreation Programs/Mini-Camps

(camps meeting fewer than 15 hours per week):

A refund is granted if the withdrawal is made at least seven (7) calendar days prior to the start of class, less a \$10 administrative fee per participant, per program. Class withdrawals requested fewer than seven (7) calendar days prior to class will result in a refund of:

- Programs with fees \$20 or less: program fee, less \$10 administrative fee, per participant, per program.
- Programs with fees greater than \$20: 50% of the program fee, per participant, per program.

Day Camps (camps meeting 15 hours or more per week): A refund is granted if the withdrawal is made at least ten (10) calendar days prior to the first day of class, less a \$35 non-refundable deposit, per participant, per camp. Camp withdrawals requested less than ten (10) calendar days prior to camp will result in a refund of 50% of the program fee, per participant, per program. If you are interested in transferring to a different camp, please call 425-452-6885 for information on our transfer policy.

RESIDENT DEFINITION:

A resident is defined as anyone living within the jurisdictional boundary of the City of Bellevue as determined by City records. If you have any question as to whether you are within the jurisdictional boundary of the City of Bellevue, please contact the Development Services Department's Land Use Division at 425-452-4188.

The City of Bellevue prohibits sex discrimination in the operation or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Bellevue for a community athletic program are also prohibited from discriminating on the basis of sex. In addition, the City of Bellevue does not discriminate on any other basis provided by Federal or State law. If you have questions or wish to file a complaint, contact Susan Freeburg at SFreeburg@bellevuewa.gov, or 425-452-4278.



Activity Registration Form



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Please Print Clearly

Adult Last Name Adult First Name Adult Date of Birth

Street Address City State ZIP

E-Mail Address - By providing your email address, you will receive emailed receipts and updates from Bellevue Parks & Community Services.

()
Work Phone

()
Home Phone

Participant #1 Name:

Last First

Date of Birth: Male Female

Class No	Class Title	Fee	Use Scholarship?

☐ Check here if you need to be contacted by staff to request a modification for a participant with a disability.

Participant #2 Name:

Last First

Date of Birth: Male Female

Class No	Class Title	Fee	Use Scholarship?

Participant #3 Name:

Last First

Date of Birth: Male Female

Class No	Class Title	Fee	Use Scholarship?

Payment Details

Payment Method

☐ Check ☐ D.D.A. (send to Highland)

☐ Credit Card

Total Fee: \$



Card Number

Expiration Date

Waiver on reverse side of form must be signed prior to returning this form. Registrations received without a signed waiver will not be processed.



WAIVER OF LIABILITY/PHOTO & VIDEO RELEASE PLEASE READ CAREFULLY

In consideration of myself and/or my child(ren) being allowed to use City of Bellevue Parks & Community Services facilities and/or participate in the City-sponsored activity(ies) identified herein, I ASSUME ANY AND ALL RISKS, INCLUDING RISK OF INJURY OR DEATH, associated with my or my child(ren)'s use of said facilities and/or participation in said activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to waive and RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facilities or participation in the City-sponsored activity(ies) identified herein. I acknowledge that I have carefully read this WAIVER OF LIABILITY and fully understand that I am waiving any right that I may have to bring a legal action or to assert a claim against the City of Bellevue in connection with the use of City facilities or participation in the City-sponsored activity stated below.

PHOTO/VIDEO RELEASE: I give my permission to have photos and/or video and audio recordings taken of me or my child(ren) during City of Bellevue activities and authorize the City of Bellevue to copyright, use, and publish the same. I understand I am waiving any right of privacy, compensation, copyright or other ownership right connected to the photo or recording. If you do not give permission to have photos and/or video and audio taken of you or your child(ren), please contact the main office at 425-452-6885 or Parksweb@bellevuewa.gov.

ASSUMPTION OF THE RISK AND WAIVER OF LIABILITY RELATING TO COVID-19 PLEASE READ CAREFULLY

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is very contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The City of Bellevue has put in place preventative measures to reduce the spread of COVID-19; however, the City cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, using City facilities and/or participating in City programs and activities could increase you and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and VOLUNTARILY ASSUME THE RISK THAT I OR MY CHILD(REN) MAY BE EXPOSED TO OR INFECTED BY COVID-19 by using the City facility and/or participating in the City programs or activities identified herein AND THAT SUCH EXPOSURE OR INFECTION MAY RESULT IN PERSONAL INJURY, ILLNESS, PERMANENT DISABILITY, AND DEATH. I understand that the risk of becoming exposed to or infected by COVID-19 at the facility or in the programs or activities identified herein may result from the actions, omissions, or negligence of myself and others, including, but not limited to, City employees, volunteers, and participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself or my child(ren) (including but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I, or my child(ren) may experience or incur in connection with my or my child(ren)'s attendance at the facility or participation in the program or activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to WAIVE AND RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facility or participation in the City programs and activities identified herein. I understand that this release includes any claims based on the actions, omissions, or negligence of the City, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in the City program or activity.

IN ADDITION, I AGREE TO COMPLY WITH ALL COVID-19 SAFETY POLICIES AND PROCEDURES OF THE FACILITY OR PROGRAM/ACTIVITY IDENTIFIED HEREIN.

I acknowledge that I have carefully read this WAIVER OF LIABILITY / PHOTO & VIDEO RELEASE / ASSUMPTION OF RISK AND WAIVER OF LIABILITY RELATING TO COVID-19 and fully understand that I am waiving any right that I may now or hereafter have to bring a legal action to assert any claim against the City of Bellevue in connection with my or my child(ren)'s participation in this activity.

Participant's Parent/Guardian Signature

Date

Printed Name

Registration NOT VALID without signed waiver.

Mail completed form to:

Bellevue Parks Registration; P.O. Box 90012; Bellevue, WA 98009-9012

Low-Cost & No-Cost Programs

Bellevue Parks & Community Services offers a variety of low-cost and no-cost programs for all ages! Enjoy year-round participation in one or more of these programs for less than \$500.

Visit BellevueWA.gov/scholarship to learn more about our financial assistance program, which provides up to \$500 per year to Bellevue residents meeting certain income guidelines.

Bellevue Aquatic Center

Lap Swim
Open Swim

Bellevue Botanical Garden

Docent-Led Tours

Bellevue Youth Theatre

Frankenstein
The Little Mermaid JR
The Snow Queen
Rudolph and Other Holiday Stories

Crossroads Community Center

Adult Volleyball
Adult Pickleball
Adult, Youth, and Family Basketball
Adult Kite Flying
Adult Table Tennis
Adult, Youth & Family Games Room - Billiards, Table Tennis, Air Hockey, Foosball

Kelsey Creek Farm

Stitch Circle
Holiday Barn Lighting
Saturday Workshops

Lake Hills Greenbelt Ranger Station

Ranger Walks
Family Discovery Series

Lewis Creek Visitor Center

Evening Programs
Ranger-led hikes
Family Discovery Series

Mercer Slough Environmental Education Center

Story & A Stroll
Ranger-led Hikes
Family Discovery Series

North Bellevue Community Center

Friday Movies
Book Club
Billiards
Chorus
Cribbage
Drop-In Pickleball
Drop In Table Tennis
Adult Volleyball Drop-In - Hidden Valley Gym
Line Dancing
Board Games
Coffee & Coloring
Older Adult Monday Coffee Hour
Duplicate Bridge
Pinochle
SeniorTech Computer Help
Sounds of Swing - Jazz

South Bellevue Community Center

Active Adult Fitness
Badminton
Basketball - Adult & Family
Cornhole
Indoor Cycling & Cycle/Stretch
Fitness Center Drop-In
Pickleball
Shotokan Karate - Youth
Strong & Fit
Taekwondo
Adult Volleyball
ZUMBA

TRACKS

Tuesday Trails
Wednesday Walks
TRACKS Elementary Program



Face coverings are no longer required to enter Bellevue Parks & Community Services facilities, with the exception of the Warm Springs Pool at the Bellevue Aquatic Center and the Fitness Center at Highland Community Center.

Please respect people's choice to continue to wear a mask when in our facilities.

Inclusion Process

Bellevue Parks & Community Services provides a variety of programs, activities, and services. We are committed to working with people with disabilities, their families, and caregivers to help ensure they have access to services. We provide information about program opportunities and when needed, modifications that make it possible for participants to access and participate in programs of their choice.

We welcome the opportunity to provide modifications for people with disabilities so that full participation in leisure and recreation programs, classes, services, and facilities may be enjoyed by all. The City provides reasonable modifications on a case-by-case, individualized basis including, but not limited to, training of staff, added supervision, use of adaptive equipment, consultation with other professionals, and taking other steps to ensure a safe and enjoyable leisure experience.

Successful participation and modifications succeeds with the commitment of staff, participants, as well as parents/guardians. You may request modifications during the registration process, or any time after registration. Participants are asked to notify staff regarding reasonable modifications necessary for participation, if possible, at least two full weeks prior to the start of the program. However, in some cases we may need more time to make a reasonable modification. The city strives to provide a safe and enjoyable environment and will do this cooperatively with all participants.

Individuals who have requested a modification will receive the city's best efforts at providing adaptations and reasonable support in programs, activities, and services. The city will continue to adapt ideas until all possibilities are exhausted. The city reserves the right to take any and all steps necessary, at any time, to ensure the safety and fundamental nature of its programs, classes, or activities. Inclusive experiences encourage and enhance opportunities for people of varying abilities to participate and interact in life's activities together. They also provide an environment that promotes and fosters physical, social and psychological inclusion of people with diverse experiences and skill levels. Additionally, inclusion is effective in developing community support and encouraging attitudinal changes to reflect dignity, selfrespect, and involvement within the community. Recreation and socialization activities and programs provided by Bellevue Parks & Community Services promote healthy social, physical, educational, and cultural development. Inclusion allows those with differing abilities the opportunity to participate in City of Bellevue recreational programs. Inclusion increases the number of recreational choices, allows for individual growth and development, expanded social circles. Adaptive recreation programs provide choice, support skill development, and successful recreation participation for participants with disabilities.

For more information about our inclusion process, or our adaptive recreation programs for youth and adults, contact Highland Community Center at 425-452-7686.

Adaptive Recreation

All new Adaptive Recreation participants must meet with Mary Boyle prior to registering. Please call (425) 452-4118 or e-mail mboyle@bellevuewa.gov for an appointment.

Halloween Howl

This class is adapted and designed for individuals with intellectual disabilities. Start planning your costume now! Come dance the night away if you dare. Our annual costume showcase will highlight the evening. We'll have witch's brew and spooky delights for all (snacks provided). Must register for dance.

Highland Park & Community Center

\$10(R) \$12(N) - Parents/Caregivers Free Age: 16Y & Up

2203218 6-8pm Fri Oct 21

Holiday Ball

This class is adapted and designed for individuals living with intellectual disabilities. Get out your holiday best and plan an elegant evening or just come as you are. Must pre-register for dance.

Highland Park & Community Center

\$10(R) \$12(N) Age: 16Y & Up

1903331 6-8pm Dec

Seafair Holiday Cruise-'22

This annual event serves individuals over the age of 18 with intellectual disabilities. Meydenbauer Yacht Club provides the ships and volunteers to join the parade along the Lake Washington Shoreline. Individuals interested in attending please register. Wheelchair and walker users need to register directly through Seafair. Space is limited. Meet at Meydenbauer Yacht Club, 9927 Meydenbauer Way SE; Bellevue, WA 98004. Interested volunteers please contact Mary Boyle at 425-452-4118.

FREE

Age: 18Y & Up

1903333

Dec 04

Adaptive Recreation Tennis Class

Tennis for individuals with intellectual disabilities allow participants to be introduced to basic tennis skills with the focus on building self-esteem and participation. Registration for this class may only be done in person with Instructor Sara Wilson if it is a new family. Returning participants can register in person or over the phone 425-452-7690, select option 1 or 2.

Robinswood Tennis Center

\$48(R) \$48(N)

Age: 14Y & Up

2203227 4-5pm

Wed

Nov 02-Dec 14

BellevueAtHome: Trivia Night

This class is designed for adults with intellectual disabilities. Join us for Highland's virtual trivia night! Our staff have put together epic trivia bundles ranging from highland facts, Seattle sports, music, decades, and more. Not a quiz master? No worries the trivia has been designed with fun in mind, everyone gets a chance to participate. Bring that random fact knowledge and flex your trivia skills in this virtual program

Highland Zoom Room

\$23(R) \$29(N) Age: 18Y & Up
2200528 7-8pm Mon Nov 07-Dec 09

BellevueAtHome: Mindfulness w/ Highland

This class is designed and adapted for adults with intellectual disabilities. This class will focus on the foundations of mindfulness. We will discuss the benefits mindfulness has on physical health and social-emotional wellness. During the class we will practice everyday mindfulness strategies and utilize journaling to support mindfulness techniques. This class will apply skills that prove beneficial in life, at work, and with peers.

Highland Zoom Room

\$23(R) \$29(N) Age: 18Y & Up
2200525 3-4pm Wed Nov 09-Dec 07

BellevueAtHome: BINGO

This class is designed and adapted for adults with intellectual disabilities. BINGO goes virtual! Each week the BINGO game will be hosted on Zoom. Keep an eye on your e-mail inbox to receive your BINGO card (you will use the same BINGO card for all weeks) Real prizes, real fun!

Highland Zoom Room

\$23(R) \$29(N) Age: 18Y & Up
2200526 7-8pm Wed Nov 09-Dec 07

Highland Hangout

This class is designed and adapted for adults with intellectual disabilities. Your answer to a slow afternoon. Stimulating conversation, lively board games, solving puzzles or just enjoy a movie.

Highland Park & Community Center

\$23(R) \$29(N) Age: 18Y & Up
22026091 3-5pm Mon-Thu Nov 07-Dec 08

Movie Time

This class is designed and adapted for adults with intellectual disabilities. Bring your dinner and enjoy a movie in-house with your peers. Participants can bring up to two movies (rated: G, PG, or PG13) to submit to the group vote each week.

Highland Park & Community Center

\$23(R) \$29(N) Age: 18Y & Up
22005291 2-4pm Wed Nov 09-Dec 07

Arts and Crafts

This class is adapted and designed for individuals living with intellectual disabilities. Come and get your creative juices flowing and make fun arts and crafts projects!

Highland Park & Community Center

\$23(R) \$29(N) Age: 16Y & Up
2202643 1-2:30pm Fri Nov 18-Dec 09

Drop-In Programs

Bellevue Climbing Wall Programs

The Bellevue Climbing Wall, located at the South Bellevue Community Center, is 33 feet tall and sculpted to look and feel like Index granite. The wall offers three belay ropes with at least five climbing routes of varying degrees of difficulty per rope, and a bouldering or horizontal traverse wall. Advanced climbers can take advantage of the wall's natural-looking granite for the ultimate texture climb.

We offer a full array of classes, supervised drop-in sessions, camps and programs for people of all skill levels to develop or improve their rock-climbing skills. The wall is also available to rent for parties, team-building and other celebration events. Program days/times may vary. To view the current schedule and register please visit www.nwteambuilding.com or call 206-295-5494

Pickleball

Adults can drop-in for a recreational game of pickleball during a two hour session. Court, net and balls are provided by the facility, players provide their own paddle. This is a drop-in program.

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
3-5pm Mon,Wed,Fri Ongoing

Drop-In Sports at South Bellevue Community Center

South Bellevue Community Center offers a wide variety of drop-in sports for all ages, including:

- Adult Badminton
- Adult Basketball
- Adult Pickleball
- Adult Volleyball
- Cornhole
- Family Basketball
- Family Badminton
- Open Drop-In

For the most current drop-in sports schedule, as well as pricing and reservation information, please visit BellevueWA.gov/SBCC or call 425-452-4240.

Ping Pong

Adults can drop-in for a recreational game of ping pong during specified play times. Table and net are provided by North Bellevue Community Center. Players provide their own paddle and balls.

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
3-5pm Mon, Wed Ongoing

Co-Ed Drop-In Volleyball

Two courts, maximum 28 players per session, first-come, first-served.

Hidden Valley Sports Park

\$4(R) \$5(N) Age: 18Y & Up
11am-1pm Tue Starts Sep 6
10am-12pm Fri

Women's Drop-In Volleyball

Two courts, maximum 28 players per session, first-come, first-served.

Hidden Valley Sports Park

\$4(R) \$5(N) Age: 18Y & Up
10am-12pm Mon Starts Sep 12

Drop-In Basketball

The adult drop-in sports programs are for individuals 18+, 15 player cap. Closed on City observed holidays. Ask how a City of Bellevue Play Pass can save you time and money!

Highland Park & Community Center

\$4(R) \$5(N) Age: 18Y & Up
11:30am-1:30pm Tue,Thu Ongoing

Wheelchair Basketball Drop-In

Drop-In, no Pre-Registration Required! This opportunity gives brisk exercise and friendly competition. Bring your own wheelchair for this challenging workout. As us how a City of Bellevue Punch Pass saves you money!

Highland Park & Community Center

\$4(R) \$5(N) Age: 18Y & Up
11am-2pm Wed Sep 07-Dec 14

Bellevue Aquatic Center

The Bellevue Aquatic Center is open to the public 6 days a week. Monday – Friday 8am-8pm and Saturdays 8am-4pm. Programs available include Lap Swim, Water Walking, Water Exercise and Open Swim. For the most up to date schedule and for specific program information visit the Bellevue Aquatic Center website — BellevueWA.gov/Swim — or contact the pool at Aquatics@BellevueWA.gov or call 425-452-4444.

Aquatics

The Bellevue Aquatic Center is offering group (3Y-12Y) and private (3Y+) swim lessons.

Please visit Register.BellevueWA.gov for lesson availability.

Open and family swim times offered daily.

Please visit our website for times: BellevueWA.gov/Aquatics

Lifeguard Training

Gain skills required to be a lifeguard! This program, which is offered in a blended online & in-person format with online content to be completed prior to the first day of class, offers certification in lifeguard training, first aid, and CPR for the professional rescuer. Participants must be able to swim 300 yards continuously with a combination of crawl and breast strokes, tread water for 2 minutes without use of their hands, and swim 20 yards/recover a 10lb brick from depth/swim 20 yards in under 100 seconds. Must attend all classes and pass written/skills test in order to obtain certification.

Bellevue Aquatic Center

\$75Age: Must be at least 15Y by final day of class

LGT16 9am-9pm Sun,Fri,Sat Nov 11-Nov 13
LGT17 9am-9pm Sun,Fri,Sat Dec 09-Dec 11

Adult Enrichment

Friday Movies

Enjoy a free movie and popcorn at North Bellevue Community Center! The detailed movie list is available in print format at North Bellevue Community Center or by calling 425-452-7681. This program is free; however, advance registration is requested.

North Bellevue Community Center

FREE Age: 18Y & Up
2-4pm Fri Ongoing

Older Adult Monday Coffee Hour

Spend the morning making new friends, enjoying short informational presentations, all while nibbling on a snack and drinking a beverage.

North Bellevue Community Center

FREE Age: 50 & Up
10:30-11:30am Mon Ongoing

Drop-in Duplicate Bridge

Duplicate bridge is the most widely used variation of contract bridge in club and tournament play. Bring a partner or get on a list at North Bellevue Community Center to be paired with a partner and enjoy some social play! No pre-registration required. This is a FREE activity.

North Bellevue Community Center

FREE Age: 18Y & Up
12:15-3:30pm Fri Ongoing

NBCC Chorus

Chorus meets Friday mornings, 10:30am-noon, to sing together for our own enjoyment, accompanied by piano. Singing is usually in unison, but harmony is great! We have 6 books of songs of the 1920s, 30s, and 60s. This group does not perform. Everyone is welcome! FREE.

Halloween Luncheon

You are invited to join the traditional All Hallows' Eve lunch feast in the form of costumes, entertainment and delicious eats and treats! Come dressed in your favorite costume.

North Bellevue Community Center

\$5 Age: 18Y & Up
2203185 11:30am-1pm Wed Oct 26

Holiday Luncheon

It's the most wonderful time of the year! You are invited to celebrate this special time of year with traditional and festive foods and entertainment.

North Bellevue Community Center

\$5 Age: All Ages
2203887 11:30am-1pm Wed Dec 14

Thanksgiving Luncheon

Thanksgiving is often a time when people reflect on all the things in their lives that they are thankful for. Please let North Bellevue Community Center show their thanks with this special luncheon and entertainment for you to enjoy. Pre-registration is required.

North Bellevue Community Center

\$5(R) \$5(N) Age: All Ages
2203889 11:30am-1pm Nov 22

Multi-Cultural Services & Programs

CISC Chorus

Come sing with the CISC Chorus at North Bellevue Community Center! New singers are welcome at any time.

North Bellevue Community Center

FREE Age: 50Y & Up
10am-12pm Wed Ongoing

CISC Newspaper Reading

Each week this group will study an article from the local newspaper and learn new vocabulary. This English as a Second Language instruction is for beginner/intermediate English speaking adults with Mandarin as a first language. No pre-registration required.

North Bellevue Community Center

FREE Age: All Ages
9-10am Wed Ongoing

Arts

Open Art Studio

The open art studio is an opportunity for artists 18+ to gather and practice their art and techniques, receive feedback from other artists, and socialize. The studio will primarily focus on media that includes pencil, charcoal, watercolor, acrylics and oil; however, it's also open to textiles, knitting and needle work.

South Bellevue Community Center

FREE Age: 18Y & Up
1-3pm Tue Ongoing

Creative Kids

Enhance your child's creativity with a variety of arts and crafts, drawing, painting, and outdoor play to get them moving. Activities take place in both indoor and outdoor settings.

Northwest Arts Center

\$225(R) \$270(N) Grades: 2-5
2200160 12:30-3pm Wed Nov 02-Dec 14

South Bellevue Stitchers

Crochet or knit a project of your own or one for charity in a fun group. Learn a new craft or increase your skill level. This is a great opportunity to join a group to socialize with those that share similar interests and hobbies.

South Bellevue Community Center

FREE Age: 18Y & Up
10:30am-12:30pm Wed Ongoing

Fine Arts

Funtastic Art Mission!

Artists will boost the fun into orbit with this rocket powered art mission. We will mix and match different art media including, but not limited to pencil, charcoal, watercolor acrylics, pastel, markers, collage and ink. We will paint on paper, cardboard, and canvas. The art could go 3-dimensional with pop-ups, cut-outs and layers. We will test and grow young design skills, drawing skills and assembly skills. This will be a creator space where the traditional art rules are bent and broken.

Northwest Arts Center

\$135(R) \$162(N) Age: 6-11Y
22026512 4-5:30pm Thu Nov 03-Dec 15

Drawing/Painting

Cartooning and Drawing

Drawing and cartooning skills unleash a child's creativity. Fledgling cartoonists will learn the basics of expression drawing, line quality, constructing from imagination and exaggerating from life, while exploring moods and animating actors.

Northwest Arts Center

\$135(R) \$162(N) Age: 6-11Y
22026492 4-5:30pm Tue Nov 01-Dec 13

Acrylic Painting Class

This painting class will explore acrylic painting and is designed to include several different themes such as botanicals, landscape, still life etc. This class is suitable for beginners with little or no painting experience or for intermediate/advanced painters who are looking for a great space to socialize and paint with other creative individuals. Several in-class demonstrations on color theory and composition will be discussed.

Bellevue Main Club

\$150(R) \$180(N) Age: 18Y & Up
2203165 10:30am-12pm Tue Nov 01-Dec 06

Basic Drawing Skills

What will your kids discover when they explore drawing? With this class, your kiddos can take their curiosity and creativity even further, exploring how to draw with step-by-step drawing for kids and sketching tutorials. Whether you're looking for easy drawing ideas for kids, or you want to help your little ones learn to draw their favorite animals and characters, we will help them reach their goals. As your youngsters learn to draw, they'll find opportunities to stretch their creativity with various tools like pencils, chalks, and ink.

Northwest Arts Center

\$249(R) \$298(N) Grades: 1-6
2203177 6-7:30pm Tue Nov 01-Dec 13

Anime Drawing & Design

This art class is for students aged 8 and up. Students will learn to draw from a variety of outstanding works of different styles and create their own character designs. The course will take a relaxed approach to draw Anime characters! All Taught by a professionally trained art teacher.

Northwest Arts Center

\$240(R) \$288(N) Grades: 3-8
2203359 4:15-5:45pm Wed Nov 01-Dec 13

Painting Autumn Florals Workshop

In this workshop, we will be creating a mixed media painting combining seasonal elements such as pumpkin harvest and floral blooms. We will explore some fun techniques and play with different art mediums including but not limited to watercolors, acrylics and inks. Bring your creative enthusiasm.

Northwest Arts Center

\$35(R) \$42(N) Age: 16Y & Up
2203216 10-11:30am Sat Nov 12

Painting Holiday Florals Workshop

In this workshop, we will be creating a holiday Poinsettia floral painting full of season cheer and holiday spirit. Participants will learn how to paint loosely with bold expressive strokes, simplify shapes, push color and add interest to the composition. Bring your holiday cheer and let your creative spirit soar in this workshop.

Northwest Arts Center

\$35(R) \$42(N) Age: 16Y & Up
2203217 10-11:30am Sat Dec 10

Ceramics

Children's Pottery Studio

An introduction to pottery which includes hand and wheel building, sculpting, coil construction, glazing and more.

Northwest Arts Center

\$180(R) \$216(N) Age: 7-11Y
2200427 10-11:30am Sat Nov 05-Dec 17
22000971 12-1:30pm Sat Nov 05-Dec 17
2200428 4-5:30pm Wed Nov 02-Dec 14

Teen/Adult Pottery Studio

An introduction to pottery which includes hand and wheel building, sculpting, coil construction, glazing and more.

Northwest Arts Center

\$180(R) \$216(N) Age: 12Y & Up
2203860 6-7:30pm Wed Nov 02-Dec 14

Music

Music Together - Holiday Sing-a-Long

It's the most wonderful time of the year! Join Mrs. Chrisi and friends in a special Mini-Holiday Collection! Music Together(R)'s Family Favorites and treasured Holiday music will be shared in song, dance and general merriment! Festive attire encouraged!

South Bellevue Community Center

\$55(R) \$66(N) Age: Up to 5Y
2203963 10:30-11:15am Thu Dec 01-Dec 15

Music Together - Holiday Sing-a-Long

It's the most wonderful time of the year! Join Mrs. Chrisi and friends in a special Mini-Holiday Collection! Music Together(R)'s Family Favorites and treasured Holiday music will be shared in song, dance and general merriment! Festive attire encouraged!

South Bellevue Community Center

\$55(R) \$66(N) Age: Up to 5Y
2203964 6-6:45pm Tue Nov 29-Dec 13

Dance

Sounds of Swing Big Band Practice & Dance

Each week the Sounds of Swing Big Band rehearses toe-tapping music of the swing era as well as jazz standards for your listening pleasures at North Bellevue Community Center. No pre-registration required. *The second Tuesday of each month Sounds of Swing Big Band hosts a dance. \$3/person fee payable at the door, no pre-registration required.

North Bellevue Community Center

FREE Age: 18Y & Up
1-3pm Tue Ongoing

Line Dancing with Leila

This fun drop-in program is designed to meet the needs of both beginners and those looking for a review of basic line dance steps and combinations. The instructor is patient, fun and full of energy. She uses a variety of music, in a relaxed, social atmosphere. Come learn to dance while giving your brain and body a great workout!

North Bellevue Community Center

\$4(R) \$5(N) Age: 16Y & Up
1-2:45pm Mon, Fri Ongoing

Drop-In Line Dancing

Do you like to dance? Line dancing is a great way to move to a variety of popular music, elevate your mood, and make some new friends. We have a caller who walks you through each dance. Enjoy the benefits of using your brain and at the same time providing exercise, with excellent health benefits. The first 45 minutes will be geared to beginner dancers and each session will progress toward the improver to intermediate levels as time goes on. Come join the fun!

South Bellevue Community Center

FREE Age: 18Y & Up
1-3pm Mon Ongoing

CISC Ballroom & Line Dancing

Chinese Information Services helps immigrants throughout King County achieve success in their new community by providing information, referral, advocacy, social, and support services. Line Dancing is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows, all facing each other or in the same direction, and executing the steps at the same time. With this dance group, you will learn and practice these routines and moves! Individual dancing/ no partner required.

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
1-2:45pm Wed Ongoing

Pre-Ballet 1: Emerald Ballet Theater

A joyful introduction to movement. Basic dance technique inspired by beautiful music, literature, and art in a developmentally appropriate way. Flexibility, coordination, strength, and creativity develop in the young dancer. Dancers will have the opportunity to participate in Emerald Ballet Theatre's *Petite Suite Nutcracker* at the theatre.

Northwest Arts Center

\$120(R) \$144(N) Age: 3-5Y
22026532 4-4:45pm Tue Nov 01-Dec 13

Pre-Ballet II: Emerald Ballet Theater

Dancing hearts are nurtured and basic ballet technique, improvisation, and choreography are introduced in a developmentally appropriate way. Flexibility, coordination, strength, and creativity increase. Opportunities for creativity and performance are provided. Dancers will have the opportunity to participate in Emerald Ballet Theatre's *Petite Suite Nutcracker* at the theatre.

Northwest Arts Center

\$132(R) \$158(N)

Age: 6-9Y

22028602 4:50-5:50pm Tue Nov 01-Dec 13

City Opera Ballet: Youth Ballet

Learning basic barre, center-work and simple variations. Includes French for Dancers.

Northwest Arts Center

\$144(R) \$173(N)

Age: 8-12Y

22028672 9:30-11am Sat Nov 05-Dec 17

City Opera Ballet: Hippity Hop for Tots

Each class opens with Anne Green Gilbert's *Brain Dance* exercise accompanied by the singing of nursery rhymes and followed by the practicing of basic dance steps. Includes French for Young Dancers.

Northwest Arts Center

\$76(R) \$91(N)

Age: 3-4Y

22028692 11:15am-12pm Sat Nov 05-Dec 17

City Opera Ballet: Story Ballet for Boys & Girls

Introductory ballet class with story time from classical ballets, dance games and performance practice. Includes French for Young Dancers.

Northwest Arts Center

\$96(R) \$116(N)

Age: 5-7Y

22028712 12:15-1:15pm Sat Nov 05-Dec 17

Hippity Hop

Time to POP, LOCK and BREAK! Children (ages 4-5) will learn the basics of hip-hop dancing with fun and upbeat music. You can expect your child to develop confidence, coordination, personality and HAVE FUN!!!

South Bellevue Community Center

\$55(R) \$65(N)

Age: 4-5Y

2203147-2 10:15-11am Sat Nov 05-Dec 17

Hippity Hop for Tiny Tots

Ready to get down and BOOGIE?! Kids will gain confidence and coordination as they learn fun new dance moves to upbeat music.

South Bellevue Community Center

\$55(R) \$65(N)

Age: 3-4Y

2203149-2 11:15am-12pm Sat Nov 05-Dec 17

Ballet for Lords and Ladies of the Castle

LETS DANCE! Students will gain coordination, confidence, and social skills as they learn the dance moves of their favorite prince and princess stories. All genders welcomed!

South Bellevue Community Center

\$55(R) \$65(N)

Age: 3-5Y

2203157-2 9:15-10am Sat Nov 05-Dec 17

Bellevue Youth Theatre

BYT PERFORMANCES

In-person seating as well as live-streaming links are available for all shows. Tickets will be available to purchase online, in person, and over the phone by October 3.

Ticket prices: \$12 (No refunds once purchased.)

Group tickets: \$10 (Must be purchased during the same transaction for the same date/time show. No refunds or exchanges.)

Frankenstein

A comedic BYT adaptation of the haunting novel, *Frankenstein* is suitable for the whole family. Come prepared to have a hilariously thrilling time!

- Friday, October 21 at 7 p.m.
- Saturday, October 22 at 2 p.m. and 7 p.m.
- Sunday, October 23 at 2 p.m.

The Little Mermaid JR.

Come and enjoy the familiar tale of Ariel and her race to capture the heart of Prince Eric. This is great for all ages and is filled with songs.

- Friday, November 18 at 7 p.m.
- Saturday, November 19 at 2 p.m. and 7 p.m.
- Sunday, November 20 at 2 p.m.

The Snow Queen

Gerda must do everything in her power to save her best friend from the beautiful, but dangerous Snow Queen. Enjoy this delightful and exciting adaptation of Hans Christian Andersen's fairy tale. This timeless classic comes alive on the stage. You will want to bring the whole family.

- Friday, December 2 at 7 p.m.
- Saturday, December 3 at 2 p.m. and 7 p.m.
- Sunday, December 4 at 2 p.m.

Rudolph and Other Holidays Stories

Join us for a heartwarming holiday mash-up of short stories starring Rudolph and other new and familiar classics. This show is great for the whole family to get into the holiday spirit!

- Friday, December 16 at 7 p.m.
- Saturday, December 17 at 2 p.m. and 7 p.m.
- Sunday, December 18 at 2 p.m.

Preschool

Natural Start Preschool

Operating out of the South Bellevue Community Center, this Preschool offers a unique nature-based curriculum that supports the developmental and learning needs of preschoolers. Children have the opportunity to spend a majority of each day outside in a natural environment. Registration for the 2022/2023 school year is now open. For more information you can visit NaturalStartPreschool.com or call 425-452-4240 for details.

Parkside Pre-K Hibernation Sensation

Keep cozy warm in our beautiful Parkside classroom while making new friends and learning about hibernation, manners, being thankful during this magical season. Learn what animals do in the winter when it's cold outside, what they eat and where they sleep with reading, writing, math, arts, and crafts. Children must be fully toilet trained and turn 4 by 8/31/2022. No class Nov 11, 21- 25 & Dec 19-30

Crossroads Community Center

\$280(R) \$308(N) Age: 4-5Y
2202660 9:30am-1pm Mon-Fri Nov 01-Dec 16

Indoor Play

Come enjoy some indoor gym play with toys, mats and other fun activities for children ages 5 and under. Parents/caregivers must supervise their own children and be present at all times.

South Bellevue Community Center

\$4(R) \$5(N) Age: Up to 5Y
10:30am-12pm Mon,Wed,Fri Ongoing

Youth Enrichment

Chess Wizards

Students will learn many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student will have had the chance to participate in a mini-chess tournament.

Northwest Arts Center

\$220(R) \$264(N) Age: 6-12Y
22028512 4:15-5:15pm Thu Nov 03-Dec 15

Kelsey Creek Farm

Farm Animal Pen Pals

Are you curious about what Kelsey Creek Farm's animals are up to? Our popular pen pal program is back with new animals and new letters! Sign up to receive a letter in the mail from one of our farm animals. If you send a letter back to your animal, you will receive a custom letter in return! For each purchase, you will receive a photograph of your animal, a self-addressed envelope for your reply letter, and up to two letters from your animal to you! All ages are welcome. Pen pal options: Benny the Pony, Hazel the Bunny, Jackson the Cat, Paisley the Sheep.

\$8 (R) \$10 (N) All Ages

Holiday Barn Lighting

Join us for our 3rd annual barn lighting celebration at Kelsey Creek Farm. Bring the whole family to experience the magic of the farm lit up for the holidays. Enjoy traditional carols, meet resident farm animals decked out in the spirit of the season, and sip hot cocoa. Keep an eye out for Santa, who will be making a special appearance. Join us in making this holiday season memorable as we light up the farm and enjoy this wonderful season of giving. All ages are welcome. No registration required. No entrance fee, some activities may have nominal fees.

Kelsey Creek Farm Park

FREE Age: All Ages
2203400 4-6pm Sat Dec 03

Winter Break Mini Camp

Spend your winter break exploring Kelsey Creek Farm, meeting farm animals, playing active games, creating crafts, and making new friends. Experienced staff will provide a safe and supportive environment in a small group setting.

Kelsey Creek Farm Park

\$190(R) \$228(N) Age: 4-6Y
2203405-1 9am-1pm Mon-Fri Dec 19-Dec 23

\$152(R) \$183(N) Age: 4-6Y
2203405-2 9am-1pm Tue-Fri Dec 27-Dec 30

Little Farmers

Join us for hands-on fun in the barnyard with your 2-3-year-old. Classes will feature various farm animals, seasonal themes, barn chores, feeding and petting farm animals, crafts, parallel play, and a pony ride - all the fun is right here! Children team up with a parent/adult to actively participate in this class. Come dressed to play inside and outside and get dirty! Siblings under two are welcome in front or back packs. Each session has different activities, animals and some activities will overlap but many will be new.

Kelsey Creek Farm Park

\$78(R) \$93(N) Age: 2-3Y
2203245-7 10-11:30am Tue Nov 01-Nov 15
2203245-8 10-11:30am Wed Nov 02-Nov 16
2203245-9 10-11:30am Thu Nov 03-Nov 17
2203245-10 10-11:30am Tue Nov 29-Dec 13
2203245-11 10-11:30am Wed Nov 30-Dec 14
2203245-12 10-11:30am Thu Dec 01-Dec 15

Farm Explorers

Join us for a farm adventure featuring animal care, barn chores, and baking yummy snacks. This drop-off program is designed for the independent 4-6-year-old. Curriculum is integrated with seasonal themes, arts and crafts, stories and animal interactions. This class includes a pony ride. Children must be potty trained.

Kelsey Creek Farm Park

\$106(R) \$127(N) Age: 4-6Y
2203257-5 10am-12:30pm Mon Oct 31-Nov 14
2203257-6 10am-12:30pm Thu Nov 03-Nov 17
2203257-7 10am-12:30pm Mon Nov 28-Dec 12
2203257-8 10am-12:30pm Thu Dec 01-Dec 15

Little Pioneers

Come to the farm with your little one and learn all about pioneer history! Each week, your kiddo will learn all about different aspects of pioneer life, and meet some of the animals on the farm. This class includes a pony ride. Adult/child teams only.

Kelsey Creek Farm Park

\$78(R)	\$93(N)	Age: 2-3Y	
2203271-3	10-11:30am	Mon	Oct 31-Nov 14
2203271-4	10-11:30am	Mon	Nov 28-Dec 12

Pioneer Explorers

Come and learn all about pioneer history on the farm at this drop off program for the independent 4-6 year old! Each week, your kiddo will learn all about different aspects of pioneer life, and meet some of the animals on the farm. This class includes a pony ride.

Kelsey Creek Farm Park

\$106(R)	\$127(N)	Age: 4-6Y	
2203275-3	10am-12:30pm	Fri	Nov 04-Nov 18
2203275-4	10am-12:30pm	Fri	Dec 02-Dec 16

Saturday Morning Teen Farm Volunteers

Assist Kelsey Creek Farm staff with farm chores and learn responsible animal care while earning service hours for school. Participants will be working outside exposed to animals, hay, vegetation, and dust. Participants must be capable of understanding and following directions.

Kelsey Creek Farm Park

\$15(R)	\$18(N)	Age: 15-18Y	
2203387-3	8:30am-12pm	Sat	Nov 05-Nov 26
2203387-4	8:30am-12pm	Sat	Dec 03-Dec 17

After School Teen Farm Volunteers

Assist Kelsey Creek Farm staff with farm chores and learn responsible animal care while earning service hours for school. Participants will be working outside exposed to animals, hay, vegetation, and dust. Participants must be capable of understanding and following directions.

Kelsey Creek Farm Park

\$15(R)	\$18(N)	Age: 12-18Y	
2203369-3	1:30-4:30pm	Wed	Nov 02-Nov 30
2203369-4	1:30-4:30pm	Wed	Dec 07-Dec 14

Adult Farm Volunteers

Assist Kelsey Creek Farm staff with farm chores and learn responsible animal care. Participants will be working outside exposed to animals, hay, vegetation, and dust. Participants must be capable of understanding and following directions.

Kelsey Creek Farm Park

FREE	Age: 18Y & Up		
2203373-7	8:30-10:30am	Tue	Nov 01-Nov 29
2203373-8	8:30-10:30am	Wed	Nov 02-Nov 30
2203373-9	8:30-10:30am	Thu	Nov 03-Nov 17

Bearable

Did you know that bears used to roam our nearby woods? Learn about the history of local bear populations, try acting like a bear, and enjoy bear crafts and games! Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)	Age: 4-7Y	
2203287	1-2pm	Sun	Oct 30

Science Explorers

Come to the farm and have some fun with biology and chemistry! In this drop-off program, children will get to interact with a farm animal while we learn about what they eat and why, and we'll take a nature walk to find mushrooms and native plants. In the lab, we'll look at mushroom spores up close and learn about some of the smallest forms of life, and do a craft with a chemical reaction. This class is designed for the independent 4-6 year old. This class includes a pony ride. Children must be potty trained.

Kelsey Creek Farm Park (Heritage Room)

\$113(R)	\$135(N)	Age: 4-6Y	
2203384-2	10am-12:30pm	Tue	Nov 01-Nov 15
2203384-4	10am-12:30pm	Tue	Nov 29-Dec 13

Little Vet School: Horse

Students can learn all about horses and their care from the newest Little Medical School Equine program. Students will adopt and name their plush horse and learn the anatomy and maintenance of a horse. They will also learn basic horse nutrition, riding styles, gaits and role-play and basic key responsibilities of an equine veterinarian. This program is designed for the independent 4-6 year old. Participants must be potty trained.

Kelsey Creek Farm Park

\$140(R)	\$168(N)	Age: 4-6Y	
2203421	10:30-11:30am	Tue	Nov 01-Nov 22

Young Scientists

Join us for science on the farm! Each day we will focus on a different subject. We'll look at chicken and duck feathers and learn how birds fly, learn about our local mushrooms and their life cycles, identify our native plants and dissect flowers, learn how bugs aren't so scary, and more! Your child will learn how to use a microscope and will get to see for themselves some of the smallest forms of life.

Kelsey Creek Farm Park (Heritage Room)

\$78(R)	\$94(N)	Age: 7-10Y	
2203388-2	2-4pm	Wed	Nov 02-Nov 16
\$78(R)	\$94(N)	Age: 7-10Y	
2203388-4	2-4pm	Wed	Nov 30-Dec 14

Little Doctor School: Digestion and Nutrition

Students will role-play a doctor, perform a physical exam, use real medical tools, explore the primary functions of the digestive system. This program is designed for the independent 4-6 year old. Participants must be potty trained.

Kelsey Creek Farm Park

\$140(R)	\$168(N)	Age: 4-6Y	
2203425	10:30-11:30am	Wed	Nov 02-Nov 23

Farm School

Your child will be immersed in farm life in this after-school program. Activities include interacting with our farm animals, exploring the park's natural habitats, and creating crafts. Your child will take the animals on walks around the farm, see what's growing in the garden, and explore Bellevue's past through the historic buildings at Kelsey Creek Farm.

Kelsey Creek Farm Park (Heritage Room)

\$78(R)	\$94(N)	Age: 7-9Y	
2203267-3	2-4pm	Wed	Nov 02-Nov 16

Little Scientists

Join us for science experiments on the farm! You and your child will explore chemistry and color concepts with tactile crafts like puffy painting, our very own color laboratory, and making a colorful volcanic eruption. Outside, we will get to interact with one of our farm animals. This program includes a pony ride. Adult/child teams only.

Kelsey Creek Farm Park (Farm Room)

\$78(R)	\$93(N)	Age: 2-3Y
2203392-2	10-11:30am	Fri
2203392-4	10-11:30am	Fri
		Nov 04-Nov 18
		Dec 02-Dec 16

Practice in Pioneering

Pioneers had to be self-sufficient and practice many talents in this drop-off class. Come learn some of these crafty pioneer skills! Find out how to hand sew on buttons and make biscuits. You will also get to visit our sheep and practice hand-spinning wool!

Kelsey Creek Farm Park

\$25(R)	\$30(N)	Age: 7-10Y
2202978	1-2pm	Sat
		Nov 05

Better Butter

Are you a fan of butter? Taste how amazing butter is when you make it yourself! We'll test three different ways of making butter, create tasty compound butters, and bake biscuits to enjoy with all our fabulous homemade butters. Recipe cards included.

Kelsey Creek Farm Park

\$30(R)	\$36(N)	Age: 13-17Y
2203351	1-2pm	Sun
		Nov 06

My First Soil Science Class

Come explore the world beneath our feet! Your child will learn what soil is made of, how it keeps our planet working, and what animals live in the soil. Then we'll pick up our shovels and visit the farm garden and the compost pile to learn about soil in real-life situations. Your child will also get to create a garden-themed craft to take home. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)	Age: 4-8Y
2203270	1-2pm	Sun
		Nov 06

Creature Comparison

On the farm, we have many different examples of how animals have evolved to fit the life they live and the niche they occupy. Join us to interact with our animals and learn how beak shape, pupil shape, eye orientation, coat coloration, digestion type, and more are all adaptations animals have because of the strategies they use to survive. You'll also get to do a farm chore to help the animals and give them yummy treats.

Kelsey Creek Farm Park

\$25(R)	\$30(N)	Age: 7-10Y
2203403	10-11am	Sat
		Nov 12

Hibernation Station

It's getting cold outside! Ever wonder what animals do for the winter? Come to the farm and learn all about how we keep our animals warm, how some animals hibernate, and where the birds and bugs go when it gets too cold. We'll visit the sheep and admire their home-grown winter coats. Inside, we'll build our own hibernation stations, gather "food" for the winter, and drink hot cocoa. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)	Age: 4-8Y
2203404	1-2pm	Sat
		Nov 12

Raccoon Roundup

Have you seen a raccoon lately? Many of them live in our neighborhoods. Come with your toddler and learn more about these resourceful and adaptable animal neighbors, impersonate a raccoon, and enjoy raccoon snacks and crafts. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)	Age: 2-3Y
2203288	10-11am	Sun
		Nov 13
\$25(R)	\$30(N)	Age: 4-7Y
2203290	10-11am	Sun
		Nov 20

Potato Power

If you can bake a potato, you can make lots of other delicious dinners! We'll bake potatoes (so easy!) and turn them into two different tasty dishes that you can take home and easily reproduce. Recipe cards included.

Kelsey Creek Farm Park

\$45(R)	\$54(N)	Age: 18Y & Up
2203299	1-3pm	Sun
		Nov 13

Grateful for Goats

There's a lot to be thankful for at Kelsey Creek Farm! You and your child will make a Thanksgiving treat for the goats, spend some time with one of our bunnies, and create a Thanksgiving-themed craft to take home. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)	Age: 4-8Y
2202959	1-2pm	Sun
		Nov 20

Winter Wonderland

In the Pacific Northwest, we don't get much snow. Instead, we have to make our own snowy fun! Come to Kelsey Creek with your little one and make wonderfully wintery crafts, visit some furry animals who know how to keep warm in the snow, and warm up with some hot cocoa! Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)	Age: 2-3Y
2202976	10-11am	Sat
		Dec 10
\$25(R)	\$30(N)	Age: 4-6Y
2202977	1-2pm	Sat
		Dec 10

Winter is Coming!

Winter is on the way! How do things change on the farm as it gets colder? How do animals prepare for winter? Come see for yourself and learn the tips and tricks our animal friends use to get ready for cold weather! Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)	Age: 2-3Y
2203293	10-11am	Sun
		Dec 11
\$25(R)	\$30(N)	Age: 4-7Y
2203296	1-2pm	Sun
		Dec 18

Cats and Cows

Sometimes, animals make friends that surprise us. Come to Kelsey Creek with your little one and learn about cats and cows and the friendship they share! Meet the cows, go on a hunt for Jackson the farm cat, and make a cow cat craft! We might even get to give Jackson a treat! Adult/child teams only.

Kelsey Creek Farm Park

\$25(R)	\$30(N)	Age: 2-3Y
2202980	10-11am	Sat
		Dec 17
\$25(R)	\$30(N)	Age: 4-6Y
2202981	1-2pm	Sat
		Dec 17

Young Scientists Mini Camp

Join us for science on the farm! Each day we will focus on a different subject and farm animal. We'll look at chicken and duck feathers and learn how birds fly, learn about our local mushrooms and their life cycles, identify our native plants and dissect flowers, learn how bugs aren't so scary, and more. Your child will learn how to use a microscope and will get to see for themselves some of the smallest forms of life.

Kelsey Creek Farm Park

\$190(R) \$228(N) Age: 7-10Y
2203907 9am-1pm Mon-Fri Dec 19-Dec 23

Stitch Circle

Bring your current fiber project to Kelsey Creek Farm and work on it while meeting fellow crafters. This is an opportunity to gather, chat, and work on projects while meeting new people, not a formal class. Bring your own materials. Pre-registration encouraged. Questions? Email Stacy at [sstenslie@bellevuewa.gov](mailto:ssstenslie@bellevuewa.gov).

Kelsey Creek Farm Park (Kelsey House Upstairs)

FREE Age: 18Y & Up
2203415-C 10am-12pm Mon Nov 14
2203415-D 10am-12pm Mon Dec 12

Health & Wellness

Strength, Conditioning, Cardio, & Active Fitness

Jazzercise

New student specials are available! Contact instructors directly for details. Registration/payment is completed directly with Jazzercise instructor at each class location.

Visit Jazzercise.com for class times and fees.

Northwest Arts Center

North Bellevue Community Center

South Bellevue Community Center

Weight Training & Fitness

Stretch and strengthen. Increase flexibility and Range of Motion through mat work and various movement styles. Gain Balance, Muscular Strength and Confidence using Free Weights and Isometric Exercises. All fitness levels welcome, with choices offered to fit your progressing fitness path.

Northwest Arts Center

\$60(R) \$72(N) Age: All Ages
2203043 11:15am-12pm Wed Nov 02-Dec 14

Weight Training & Fitness

Fun, flexibility, balance, and strength. Enjoy a mixture of styles to stay fit and confident. Increase flexibility and Range of Motion through mat work and various movement styles with chair/seated options available. Use body weight and free weights. All fitness levels and ages welcome.

Bellevue Main Club

\$60(R) \$72(N) Age: 18Y & Up
11:15am-12pm Thu Nov 03-Dec 15

Active Adult Fitness

Designed for those who have graduated from the beginner adult classes or senior fitness programs and are ready for more of a challenge. You will enjoy this fun hour-long full body workout that keeps your heart rate elevated while improving strength, endurance, and cardiovascular fitness in an encouraging and motivating community! Participants must be highly mobile and able to make quick transitions between cardio and endurance work. All adults are welcome, Millennials to Baby Boomers.

South Bellevue Community Center

\$30(R) \$36(N) Age: 18Y & Up
2200211-11 10:30-11:30am Wed Nov 02-Nov 30
2200211-12 10:30-11:30am Wed Dec 07-Dec 21

Strong and Fit Seniors/Adults

This group fitness class is best suited for beginners or advanced beginners who are looking to improve strength, balance, cardiovascular health, flexibility, and coordination within a strong community of supportive friends. A certified instructor will guide you through a full body circuit training style workout that will improve functional fitness using a variety of equipment and a varied routine to accommodate individual needs and limitations. Come join us for a fun, safe, social and appropriately challenging workout!

South Bellevue Community Center

\$30(R) \$36(N) Age: 18Y & Up
2200216-11 10:30-11:30am Wed Nov 02-Nov 30
2200216-12 10:30-11:30am Wed Dec 07-Dec 21

Fit 360

Join a certified group fitness instructor for this action-packed cardio & strength class. Each workout will include a warm-up followed by strength, cardio and cool-down/stretching exercises. Instructor will work with you on any modifications. All fitness levels welcome.

South Bellevue Community Center

\$88(R) \$104(N) Age: 13Y & Up
220022-11 9:15-10:15am Mon,Wed Nov 02-Nov 30
\$66(R) \$78(N) Age: 13Y & Up
220022-12 9:15-10:15am Mon,Wed Dec 05-Dec 21

BellevueAtHome: Virtual Fit 360

Join a certified group fitness instructor virtually from home, for this action-packed cardio & strength class. Each workout will include a warm-up followed by strength, cardio, and cool-down/stretching exercises. Instructor will work with you on any modifications. Enjoy a virtual community of friends while you improve your fitness from home! All fitness levels welcome.

South Bellevue Community Center - Zoom Room

\$55(R) \$65(N) Age: 13Y & Up
2200487-11 9:15-10:15am Wed Nov 02-Nov 30
\$33(R) \$39(N) Age: 13Y & Up
2200486-11 9:15-10:15am Mon Nov 14-Nov 28
2200486-12 9:15-10:15am Mon Dec 05-Dec 19
2200487-12 9:15-10:15am Wed Dec 07-Dec 21

Small Group Training

Join a certified personal trainer for this small group training class focused on helping you achieve your fitness goals! Workouts will be designed to meet everyone's needs and fitness level. Trainer will provide support, encouragement, and accountability to help you reach new heights in health and wellness.

South Bellevue Community Center

\$140(R) \$175(N) Age: 16Y & Up
2200264-6 7-7:50pm Mon Nov 07-Dec 19

Total Body Fitness

Join a certified group fitness instructor for this fun and effective way to burn stubborn body fat and improve your level of fitness! Workouts utilize dumbbells, bands, bodyweight exercises, agility movements, and more to strengthen your body and core. Sweat and have fun!

South Bellevue Community Center (Studio)

\$77(R) \$91(N) Age: 16Y & Up
2200275-11 6-6:50am Tue,Thu Nov 01-Nov 29
2200275-12 6-6:50am Tue,Thu Dec 01-Dec 22

BellevueAtHome: Virtual Total Body Fitness

Join a certified group fitness instructor virtually from home for this fun, affordable and effective way to burn stubborn body fat and improve your level of fitness! Workouts are modified for virtual participants using bodyweight exercises, agility movements, and more to strengthen your body and core. Get ready to sweat and have fun!

South Bellevue Community Center - Zoom Room

\$55(R) \$65(N) Age: 16Y & Up
2200277-11 6-6:50am Tue Nov 01-Nov 29
\$44(R) \$52(N) Age: 16Y & Up
2200276-12 6-6:50am Thu Dec 01-Dec 22
\$22(R) \$26(N) Age: 16Y & Up
2200276-11 6-6:50am Thu Nov 10-Nov 17
\$33(R) \$39(N) Age: 16Y & Up
2200277-12 6-6:50am Tue Dec 06-Dec 20

Cycle/Stretch

Join us for this fusion class of beginner level indoor cycling and flexibility exercises. Class is designed for those who are new to indoor cycling including: older adults, participants new to exercise and de-conditioned participants.

South Bellevue Community Center

\$98(R) \$118(N) Age: 13Y & Up
2200219-10 10:30-11:30am Tue,Thu Nov 01-Dec 22

Cycling

Ride LeMond bikes and increase aerobic fitness while burning approximately 600+ calories per class. All fitness levels welcome as you control your pace. Classes will be held outdoors under cover. Dress for the temperature.

South Bellevue Community Center

\$105(R) \$127(N) Age: 13Y & Up
2200214-6 6-7am Mon,Wed Nov 02-Dec 21

ZUMBA

ZUMBA is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The goal of the program is for you to love working out again and to look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program.

South Bellevue Community Center

\$54(R) \$66(N) Age: 13Y & Up
2200351-10 10:30-11:30am Mon Nov 07-Dec 12
2200292-11 10:30-11:30am Mon,Fri Nov 04-Nov 28

\$45(R) \$55(N) Age: 13Y & Up
2200292-12 10:30-11:30am Mon,Fri Dec 02-Dec 16

SilverSneakers® Classic

Seated and standing exercises to increase muscular strength, range of motion and activities for daily living. Register for the month and save \$1.00 per class!

North Bellevue Community Center

\$50(R) \$60(N) Age: 18Y & Up
2203899 11am-12pm Mon,Wed,Fri Nov 02-Nov 30
\$60(R) \$72(N) Age: 18Y & Up
2203900 11am-12pm Mon,Wed,Fri Dec 02-Dec 30

Body & Mind

Tai Chi & Mindful Movement

Practice Chi Kung, Tai Chi and flowing movements to encourage proper posture, strength, stretching and flow of chi. Experience meditative practice through movement and stillness in this non-strenuous class. Gain a sense of refreshed focus and relaxation. Postures and practice using mat or chair and standing.

\$60(R) \$72(N) Age: 16Y & Up

Northwest Arts Center

2200236 10-11am Wed Nov 02-Dec 14
Bellevue Main Club
2200719 10-11am Thu Nov 03-Dec 15

Gentle Yoga

Each class offers poses for stretching, active strengthening and deep relaxing. We focus on alignment for joint safety and use props to make poses accessible for many levels of experience. Benefits include: improved strength, flexibility and balance; reduced tension; better joint health; better mental clarity and an overall feeling of well-being.

South Bellevue Community Center

\$52(R) \$60(N) Age: 13Y & Up
2200257-11 11:45am-12:45pm Tue Nov 01-Nov 29
\$39(R) \$45(N) Age: 13Y & Up
2200257-12 11:45am-12:45pm Tue Dec 06-Dec 20

Pilates

Pilates is a low-impact exercise designed to strengthen core muscles, increase body awareness, and improve balance and flexibility. This class combines Pilates basics with yoga and barre exercises. Students often feel a sense of overall wellness with a stronger mind-body connection. All fitness levels welcome.

South Bellevue Community Center

\$70(R) \$82(N) Age: 13Y & Up
2200262-6 9:15-10:15am Fri Nov 04-Dec 16

Yoga Level 1: Stretch and Restore

Welcome to a mini-spa! This class is designed to help you relax your mind, body, and nervous system. It begins with gentle active poses to release tension and open the body to longer-held stretching and restorative poses using a variety of supportive props. Its slower pace is perfect for beginners, students recovering from injury, or anyone with a stressful lifestyle or sleep problems.

South Bellevue Community Center

\$78(R) \$90(N) Age: 13Y & Up
2203116-2 7-7:50pm Wed Nov 02-Dec 14

Yoga Level 2: Align and Strengthen

Designed for students with some yoga experience in any tradition. This active, alignment-based class introduces the Classical Surya Namaskar (Sun Salutations), Purna Yoga Hip and Morning Series and a unique sequence each week that may include standing poses, inversions, twists, backbends and forward bends, chest openers or core work. Safety is top priority, so students will learn to modify poses as needed and understand their purpose and benefits.

South Bellevue Community Center

\$78(R) \$90(N) Age: 13Y & Up
2203117-2 6-6:50pm Wed Nov 02-Dec 14

Yoga: Mixed Levels

This class is for beginners who want a strong, safe foundation in alignment yoga as well as for Intermediate students who want to strengthen and deepen their practice. You will learn body awareness and develop flexibility, balance, and strength, plus learn sequences to help you create your own personalized yoga practice. Students with injuries or health conditions will learn modifications to practice safely. This Purna Yoga class integrates other aspects of a well-rounded practice, such as breathing and meditation techniques, and health and nutrition tips.

Northwest Arts Center

\$60(R) \$72(N) Age: 18Y & Up
2200287 9:30-10:30am Tue Nov 01-Nov 29

SilverSneakers® Yoga

SilverSneakers® Yoga: Seated and standing yoga poses to increase flexibility, balance and range of motion. Register for the month and save \$1.00 per class!

North Bellevue Community Center

\$30(R) \$36(N) Age: 18Y & Up
2203901 11am-12pm Tue,Thu Nov 01-Nov 29

\$45(R) \$54(N) Age: 18Y & Up
2203902 11am-12pm Tue,Thu Dec 01-Dec 29

Martial Arts

Shotokan Karate

Learn traditional Karate with a non-violent philosophy emphasizing Respect, Excellence, Strength and Character with fun and experienced Black Belt instructors.

South Bellevue Community Center

\$72(R) \$88(N) Age: 6-12Y
2200296-11 6-6:50pm Mon,Wed Nov 02-Nov 30

\$54(R) \$66(N) Age: 6-12Y
2200296-12 6-6:50pm Mon,Wed Dec 05-Dec 21

7pm class 12Y & up, or younger participants with instructor permission

\$72(R) \$88(N) Age: 12Y & Up
2200297-11 7-7:50pm Mon,Wed Nov 02-Nov 30

\$54(R) \$66(N) Age: 12Y & Up
2200297-12 7-7:50pm Mon,Wed Dec 05-Dec 21

Martial Art Fitness

Practice true martial arts techniques from Hapkido, Taekwondo and Aikido by certified Black belt instructors. Focus on fun, flexibility and strength with creative workouts to engage the body and mind. Gain usable defense skills while getting a balanced cardio and flexibility workout. No belts or rankings, just a great skill building workout. All fitness levels welcome, with choices offered to fit your progressing fitness path.

Northwest Arts Center

\$60(R) \$72(N) Age: 13-99Y
2203106 6:05-6:50pm Tue Nov 01-Dec 13

Taekwondo

An ancient Korean Martial Art, Taekwondo is a system of practical techniques for self-defense. Instruction is designed to emphasize kicks and punches that strengthen and condition the whole body and promote confidence, patience and respect.

South Bellevue Community Center

\$64(R) \$76(N) Age: 5Y & Up
2200266-11 4-4:50pm Tue,Thu Nov 01-Nov 29

\$56(R) \$66(N) Age: 5Y & Up
2200267-11 5-5:50pm Tue,Thu Nov 01-Nov 29

\$56(R) \$66(N) Age: 5Y & Up
2200266-12 4-4:50pm Tue,Thu Dec 01-Dec 22

\$56(R) \$66(N) Age: 5Y & Up
2200267-12 5-5:50pm Tue,Thu Dec 01-Dec 22

6pm class 9Y & up, or younger participants with instructor permission.

South Bellevue Community Center

\$64(R) \$76(N) Age: 9Y & Up
2200290-11 6-6:50pm Tue,Thu Nov 01-Nov 29

\$56(R) \$66(N) Age: 9Y & Up
2200290-12 6-6:50pm Tue,Thu Dec 01-Dec 22

Conqueror Hapkido & MMA for Self Defense Youth

Join a family friendly program that aims to instill or enhance discipline, patience, perseverance and self-confidence through fitness, self-defense, Martial Arts and meditation exercises. HAP = United or Coordinate. KI = Mental and/or Physical energy.

North Bellevue Community Center

\$64(R) \$80(N) Age: 5-12Y

2203903 5:30-6:30pm Mon,Wed Nov 02-Nov 30

\$48(R) \$60(N) Age: 5-12Y

2203904 5:30-6:30pm Mon,Wed Dec 05-Dec 21

\$64(R) \$80(N) Age: 12Y & Up

2203905 6:35-7:35pm Mon,Wed Nov 02-Nov 30

\$48(R) \$60(N) Age: 12Y & Up

2203906 6:35-7:35pm Mon,Wed Dec 05-Dec 21

Natural Resources & Outdoor Education TRACKS

Tracks Tuesday Trails 50+ Hiking

This easy hiking series is designed for active seniors looking to explore the beautiful trails around Bellevue, we will meet at the North Bellevue Community Center and ride to a trailhead in the Issaquah Alps, Cascades, or other scenic areas nearby. Hikes will be generally less than 3 miles and specifically chosen for the over 50 crowd.

North Bellevue Community Center

\$8(R) \$10(N) Age: 50Y & Up

2203669 10am-2pm Tue Oct 25

Ranger Programs

An Un-Stuffing Day Hike

There's a lot to be thankful for in our parks, so take a deep breath and shake off the turkey haze on a walk with a park ranger. As we explore, we'll take a moment to reflect on the benefits of our forest and learn what we can do to help this resource. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as moderately easy (1 mile with approximately 50 ft elevation change).

Lewis Creek Visitor Center & Park

FREE Age: All Ages

2203873 10:30-11:30am Sat Nov 26

Ranger-led Hike at Lewis Creek Park

Join a Bellevue Park Ranger to explore the natural and cultural history of Lewis Creek Park. Look for signs of local wildlife and learn what to do when encountering animals in the wild. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change).

Lewis Creek Visitor Center & Park

FREE Age: All Ages

2203870 10:30-11:30am Sat Nov 05

2203871 10:30-11:30am Sat Dec 03

Ranger Hike:

Mercer Slough Nature Park

Bring the whole family to join a Ranger on a guided 1.5-mile hike through the Mercer Slough Nature Park. This kid-oriented program aims to educate kids and their parents about the Nature Park while discovering the birds and animals that call the Mercer Slough home. The hour-long nature walk ends at the channel bridge in the middle of the park. From there you can continue on to further explore the rich diversity the park has to offer.

Mercer Slough Nature Park

FREE Age: 5Y & Up

2203212 2-3:30pm Sun Oct 30

2203892 2-3:30pm Sun Nov 13

2203893 2-3:30pm Sun Nov 27

2203894 2-3:30pm Sun Dec 11

Ranger-led Hike at

Lakemont Highlands Open Space

Join a Bellevue Park Ranger at the Lewis Creek Visitor Center to explore the Lakemont Highlands Open Space trail system. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (3.5 miles with 680 ft elevation change).

Lewis Creek Visitor Center & Park

FREE Age: All Ages

2203872 10am-12pm Sun Nov 13

Ranger-led Hike at Coal Creek

Explore Coal Creek at the Cinder Mine Trailhead to discover Bellevue's largest park and get lost in the wilderness while still in the city! This area is rich in history and wildlife you'll learn about while being guided by a Bellevue Park Ranger. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 240 ft elevation change).

Coal Creek Natural Area

FREE Age: All Ages

2203874 10:30am-12pm Sun Dec 11

Ranger Program:

Nocturnal in November

Several types of owls can be found living throughout many of Bellevue's Parks. These silent predators of the night are considered a keystone species within the ecosystem. Join us for a fun filled hour learning about these owls. Dissect an owl pellet to discover who was for lunch. Put your creativity to use with a craft activity that's yours to keep

Mercer Slough Nature Park

FREE Age: 5Y & Up

2203890 2-3pm Sat Nov 19

Ranger Program: Breakfast for Birds

The Mercer Slough provides critical habitat for both residential and migratory birds year-round. Limited resources for these birds during the winter months can make survival challenging. Join us to find out more about our winter birds and what you can do in your own backyard to help them survive tough times.

Mercer Slough Nature Park

FREE Age: 5Y & Up

2203891 2-3pm Sat Dec 17

Holly's Not So Jolly

Pull on some gardening gloves and join the battle against invasive English holly plants. We'll learn how to identify this beautiful (but pesky) plant and how it harms our forests. Afterwards, we'll go out to pull some of these invasive plants and learn how to turn them into a fun craft! Ages 5+ with accompanying adult(s).

Lewis Creek Visitor Center & Park

FREE Age: 5Y & Up
2203312 10:30am-12pm Sat Dec 17

Ranger Walk: Lake Hills Greenbelt

Interested in a weekend activity that's both fun *and* educational? Bring the whole family to the Lake Hills Greenbelt Ranger Station for a ranger-led walk! Select Saturdays from 2-3 p.m., join us for a mild 1-mile nature hike through the Greenbelt's trails and discover the season's myriad of flora and fauna. Wear your favorite weather-appropriate outdoor clothing and shoes, and feel free to bring personal wildlife-viewing gear (e.g. binoculars or magnifying glasses) to further enjoy the park. If you're feeling especially energized, continue on to the Larsen Lake trail loop and use your newfound knowledge to explore. We'll be heading out rain or shine, so come prepared to learn and have a great time!

Lake Hills Greenbelt

FREE Age: 1Y & Up
2-3pm Sat Nov 05
2-3pm Sat Nov 12
2-3pm Sat Nov 19
2-3pm Sat Nov 26
2-3pm Sat Dec 03
2-3pm Sat Dec 10
2-3pm Sat Dec 17

Family Discovery Series

Toddler Trails

Explore the trails at Lewis Creek Park with a park ranger and get out some wiggles. We'll take frequent stops while we investigate the different environments of Lewis Creek Park we wander through and learn how we can make hiking fun for everyone. This is an outdoor program, please dress for the weather and wear sturdy shoes. Ages 18 months - 3 years with accompanying adult(s).

Lewis Creek Visitor Center & Park

FREE Age: 18M-3Y
10-11am Fri Nov 04
10-11am Sat Dec 10

Lovely Leaves

Lake Hills Greenbelt becomes a wonderland of color every autumn--come enjoy the incredible sights of fall at our park while exploring what makes the season so special! We'll be discussing why the leaves change the way they do, how this affects our critters in the park, and more. Come ready to learn and use your creativity--we'll be ending with a craft made from our favorite leaves we've found along the way!

Lake Hills Greenbelt

FREE Age: 4-10Y
10-11am Sat Nov 05
10-11am Sat Nov 12

Bobcats and Bunnies

BellevueWA.gov/Parks

Bobcats are the most abundant North American wildcat and can be found right here in Bellevue! Come discover more about our stealthy neighbors and how they help keep the ecosystem balanced by playing a game of "bobcats and bunnies"! Ages 5-10 with accompanying adult(s).

Lewis Creek Visitor Center & Park

FREE Age: 5-10Y
2:30-3:30pm Sun Nov 06
2:30-3:30pm Sat Nov 19

Creature Crafts

Join us for an hour of themed crafts and fun with your little ones. Create a take home craft and have fun with additional activities your little explorer can discover at their own pace. Ages 3-7 with accompanying adult(s).

Lewis Creek Visitor Center & Park

FREE Age: 3-7Y
10:30-11:30am Sat Nov 12
10:30-11:30am Sat Dec 17

Sunset Wildlife

When the sun sets and the dark of night creeps in, Lewis Creek Park comes alive! Join a park ranger on a hike through the evening woods to learn about the different nocturnal and crepuscular species that call the park home. Bring a flashlight or headlamp, as well as good shoes and warm clothes for the journey. Ages 5+ with accompanying adult(s).

Lewis Creek Visitor Center & Park

FREE Age: 5Y & Up
5-6:30pm Fri Nov 18
4:30-6pm Fri Dec 30

Salmon Sense

Each year, salmon migrate inland throughout our region... but have you ever wondered why they make this perilous journey or how they find their way? Join us as we dissect an adult salmon and discuss this incredible journey. Afterwards, head to Lewis Creek Park's trails to learn about stream habitat and how we can help salmon starting right here in Bellevue!

Lewis Creek Visitor Center & Park

FREE Age: 9Y & Up
2203311 1:30-3pm Sun Nov 27

Hungry Hungry Hibernators

When the days get shorter and the weather turns cool, our bears spend all day eating in preparation for a long winters nap. Come learn more about the different bear species that call North America home and which one you might see in Bellevue if you're lucky. Ages 5-10 with accompanying adult(s).

Lewis Creek Visitor Center & Park

FREE Age: 5-10Y
2:30-3:30pm Sun Dec 04
2:30-3:30pm Sat Dec 10

Coastal Cats

Everyone knows the purring companion many of us have as a pet, but did you know that Bellevue is home to its very own wild cats? Although elusive, these animals are not uncommon in many parts of our city. From bobcat to cougar, learn all you need to know about safely enjoying these species in the parks and natural spaces. We'll be stalking the trail for clues, and use what we've learned to put together a craft!

Lake Hills Greenbelt

FREE Age: 4-10Y
10-11am Sat Dec 03
10-11am Sat Dec 10

Register Online:
<http://register.bellevuewa.gov>

November & December, 2022

CONNECTIONS

Story & A Stroll

Story and a Stroll

Join a park Ranger to explore the forested Wetlands of the Mercer Slough Nature Park. Each week as we venture outside, children will be fascinated by all there is to discover and become more comfortable navigating the trail. Children will also enjoy a nature-based story connecting them to the natural world. Each week we will read a new story!

Mercer Slough Nature Park

FREE			Age: 3Y & Up
2203895	11am-12pm	Fri	Nov 04
2203896	11am-12pm	Fri	Nov 18
2203897	11am-12pm	Fri	Dec 02
2203898	11am-12pm	Fri	Dec 16

Youth Sports

Youth Flag Football

Bellevue Youth Sports is proud to offer a safe, dynamic, and non-competitive environment for beginning young co-ed athletes to discover the fun in playing flag football. Athletes will develop basic skills and techniques necessary to succeed on both offense and defense. This program is designed to introduce players to the sport with 30 minutes of practice and conditioning followed by 30 minutes of fun game play. No experience necessary!

Robinswood Community Park - Fields

\$40(R) \$48(N)			Age: 7-13Y
2202901	1:45-3pm	Wed	Oct 26-Nov 16

Youth Soccer Clinics

Bellevue Youth Sports is proud to offer a safe, dynamic and non-competitive environment for beginning young co-ed athletes to discover the fun in playing soccer. Athletes will develop basic skills and techniques necessary to succeed on both offense and defense. This program is designed to introduce players to the sport, with 30 minutes of practice and conditioning followed by 30 minutes of fun game play. No experience necessary.

Robinswood Community Park - Fields

\$40(R) \$48(N)			Age: 7-12Y
2203762	4:15-5:15pm	Thu	Nov 03-Dec 01

Pre-Season Basketball Clinics

Want to improve your basketball skills and fundamentals? This clinic creates an opportunity for co-ed players to participate and learn the concepts of basketball, develop their game, and prepare for the upcoming basketball season. Clinics focus on helping athletes improve their skills and develop their talent by learning basic practice drills and emphasizing the fundamentals such as dribbling, shooting, defense, passing and much more!

Tyee Middle School Site

\$115(R) \$138(N)			Age: 5-6Y
2203759	5:30-6:30pm	Mon	Nov 07-Dec 12
\$115(R) \$138(N)			Age: 7-9Y
2203760	5:30-6:30pm	Tue	Nov 08-Dec 13
\$115(R) \$138(N)			Age: 10-13Y
2203758	5-6pm	Wed	Nov 09-Dec 14

Tennis

Adult Beginning Tennis

Level 1 is designed to provide basic skills needed to play tennis, including etiquette, rules, and scoring. USTA Level of 2.0

Robinswood Tennis Center

\$140(R) \$140(N)			Age: 18Y & Up
2203006	10:30-11:45am	Wed	Nov 02-Dec 14
\$140(R) \$140(N)			Age: 18Y & Up
2203013	7:45-9pm	Tue	Nov 01-Dec 13
\$140(R) \$140(N)			Age: 18Y & Up
2203014	9-10:15pm	Wed	Nov 02-Dec 14

Adult Advanced Beginning Tennis

These lessons build on the basics, reinforcing technique, and adding advanced drills and learning how to play doubles. USTA level of 2.5 or higher.

Robinswood Tennis Center

\$140(R) \$140(N)			Age: 18Y & Up
2203003	10:30-11:45am	Tue	Nov 01-Dec 13
2203004	11:45am-1pm	Wed	Nov 02-Dec 14
\$140(R) \$140(N)			Age: 18Y & Up
2203009	9-10:15pm	Tue	Nov 01-Dec 13
\$140(R) \$140(N)			Age: 18Y & Up
2203010	7:45-9pm	Wed	Nov 02-Dec 14

Adult Intermediate Tennis

These lessons are for participants who already have sound fundamentals and are working on advanced technique such as spin serves, continental grip volleys, the slice backhand, and basic strategies. USTA Level of 3.0 or higher.

Robinswood Tennis Center

\$140(R) \$140(N)			Age: 18Y & Up
2203007	11:45am-1pm	Mon	Oct 31-Dec 12
\$140(R) \$140(N)			Age: 18Y & Up
2203015	7:45-9pm	Mon	Oct 31-Dec 12
\$120(R) \$120(N)			Age: 18Y & Up
2203016	7:45-9pm	Thu	Nov 03-Dec 15

Adult Advanced Tennis

Class will focus on more advanced drills and strategy for singles/doubles play. USTA Level of 3.5 or higher.

Robinswood Tennis Center

\$140(R) \$140(N)			Age: 18Y & Up
2203011	9-10:15pm	Mon	Oct 31-Dec 12
\$120(R) \$120(N)			Age: 18Y & Up
2203012	9-10:15pm	Thu	Nov 03-Dec 15

Youth Little Lobbers

Class focuses on young children to build hand-eye coordination and develop muscle memory for basic form.

Robinswood Tennis Center

\$78(R) \$78(N)			Age: 4-6Y
2203028	11-11:45am	Sat	Nov 05-Dec 17

Youth Beginning Tennis

Class is designed for any child who has never taken lessons before or has minimal experience. Goals of the class are to introduce basic tennis.

Robinswood Tennis Center

\$78(R) \$78(N) Age: 7-10Y

2203026 1:15-2:15pm Sat Nov 05-Dec 17

\$78(R) \$78(N) Age: 11-14Y

2203025 2:15-3:15pm Sat Nov 05-Dec 17

Youth Advanced Beginning Tennis

Class is designed for students who have completed the Beginning class or have had lessons in the past.

Robinswood Tennis Center

\$78(R) \$78(N) Age: 7-10Y

2203024 3:15-4:15pm Sat Nov 05-Dec 17

\$78(R) \$78(N) Age: 11-14Y

2203023 4:15-5:15pm Sat Nov 05-Dec 17

Youth Intermediate Tennis

Class is designed for students who have completed Advanced Beginning II. The goal of the class is to be able to hit all strokes with consistency and the correct technique. This class is the highest level of Saturday Youth Lessons.

Robinswood Tennis Center

\$78(R) \$78(N) Age: 7-14Y

2203027 10-11am Sat Nov 05-Dec 17

Teen Tennis Class

Class is designed for Beginning to Advanced Beginning levels of Teens.

Robinswood Tennis Center

\$78(R) \$78(N) Age: 15-18Y

2203021 5:15-6:15pm Sat Nov 05-Dec 17

Online registration not available for the following Junior Teams. A tryout is required each session. Tryout forms and form drop-off date are available at BellevueWA.gov/Tennis

Prep Team

Class focuses on strengthening the student's rally skills. This class is designed for students who have completed Intermediate Saturday Classes. Entry to this class is granted only through Instructor approval. The goal of the class is to develop consistent rallies and begin match play. Next Level is Team 1.

Robinswood Tennis Center

\$60(R) \$60(N) Age: 7-18Y

2203018 9-10am Sat Nov 05-Dec 17

Tennis Team 1

Have progressed past Saturday Intermediate Lessons. Players at this level should already be able to keep score, play matches against other players, execute volleys & overheads, and place serves consistently in the box. USTA Rookie Level Tournament Players.

Robinswood Tennis Center

\$156(R) \$156(N) Age: 7-18Y

2203019 4-5:15pm Tue,Thu Nov 01-Dec 15

Tennis Team 2

Players on Team 2 have finished a session in one of the top ladder spots on Team 1. They have shown a progression of their basic skills and they are incorporating those skills into their match play. Team 2 players are playing at an intermediate USTA level.

Robinswood Tennis Center

\$156(R) \$156(N) Age: 7-18Y

2203020 5:15-6:30pm Tue,Thu Nov 01-Dec 15

Tournament Team

Players on Tournament Team have finished a session in one of the top spots on Team 2. A requirement for this team is that the student is actively participating in tournaments. The student has a strong grasp of the basics and is working on developing offensive shots and strategies. Tournament Team players are playing at an intermediate and/or advanced USTA level.

Robinswood Tennis Center

\$228(R) \$228(N) Age: 7-18Y

2203022 5:15-6:30pm Mon,Wed,Fri Oct 31-Dec 16

Elite Team

This junior team is for USTA Champs level players only. Participants should be ranked in the top 50 of their age group in the Pacific Northwest to try out. Drill and Match-play environment. Highest Level of Junior Teams at Robinswood.

Robinswood Tennis Center

\$228(R) \$228(N) Age: 7-18Y

2203017 4-5:15pm Mon,Wed,Fri Oct 31-Dec 16

Pickleball

Adult Drop-In Pickleball

North Bellevue Community Center

\$4(R) \$5(N) 3-5pm Monday, Wednesday, Friday - Ongoing

Adult Beginner Pickleball

This 4-week program is designed to provide basic skills needed to play pickleball, including etiquette, terminology, rules, and scoring. This is a progressive program that is designed to assist in developing you to grow in the game and be provided instruction on ways in which you can improve your skills. Recommended for players up to a Level 2.5 rating. Players are encouraged to bring their own paddle, but it will be provided if necessary. All other equipment will be provided.

South Bellevue Community Center

\$40(R) \$48(N) Age: 18Y & Up

2203955 9-10:30am Thu Nov 03-Dec 15

Adult Pickleball Clinic

If you've never played Pickleball before or are just a beginner, this introductory 90-minute clinic is designed specifically for you! Each clinic session will cover the basics of the game and help develop an understanding of pickleball for recreational and social play, pickleball rules, terminology, and provide beginner play time. We supply all equipment.

South Bellevue Community Center

\$10(R)	\$12(N)	Age: 18Y & Up	
2203135-8	9-10:30am	Tue	Nov 01
2203135-9	9-10:30am	Tue	Nov 15
2203135-10	9-10:30am	Tue	Nov 22
2203135-11	9-10:30am	Tue	Nov 29
2203135-12	9-10:30am	Tue	Dec 06
2203135-13	9-10:30am	Tue	Dec 13

Adult Pickleball Clinic

This introductory clinic is designed especially for beginners. The session will cover the basics and help develop an understanding of pickleball for recreational and social play, pickleball rules, terminology, and provide beginner play time. Nets and balls will be provided, bring your own paddle.

Hidden Valley Sports Park

\$10(R)	\$12(N)	Age: 18Y & Up	
2203911-1	10am-12pm	Thu	Nov 03
2203911-2	10am-12pm	Thu	Nov 10
2203911-3	10am-12pm	Thu	Nov 24
2203911-4	10am-12pm	Thu	Dec 01
2203911-5	10am-12pm	Thu	Dec 08
2203911-6	10am-12pm	Thu	Dec 15
2203911-7	10am-12pm	Thu	Dec 22
2203911-8	10am-12pm	Thu	Dec 29

2022 Holiday Ships Beach Event

Free onshore viewing from Bellevue Parks

Join the Bellevue Parks Department to welcome the annual Christmas Ship Festival. Dress for the weather and come see a parade of boats with local chorus groups singing on board. Beach fire provided.

Saturday, December 17 at Meydenbauer Bay Park

Ship arrives at 8:40 p.m. with choir performance from 8:40-9 p.m.

9899 Lake Washington Blvd NE, Bellevue, WA 98004


For information call Bellevue Parks Northwest Arts Center
425-452-4106 or email nwac@bellevuewa.gov

*For tickets to ride on the Argosy Christmas Ship,
sailing routes, and additional information
please contact Argosy Cruises directly.*

argosycruises.com
or call 206-623-1445.



**Bellevue Parks &
Community Services**

 For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-7106 (voice) or email dpetersson@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-2018 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

PKS-22-7300