May & June 2022

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ONNECTI

DISCOVERY 158



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ADAParks@bellevuewa.gov. For complaints regarding accommo-dations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

Bellevue Parks & **Community Services**





PO Box 90012 Bellevue, WA 98009-9012

Bellevue City Council

Lynne Robinson, Mayor

Jared Nieuwenhuis, Deputy Mayor

Jeremy Barksdale Conrad Lee Jennifer Robertson John Stokes Janice Zahn

Parks & Community Services Board

David Hamilton, Chair Paul Clark, Vice-Chair

Cassidy Giampetro Eric Synn Debra Kumar Heather Trescases

Food & Refreshments

Programs listed in this brochure may include a food or beverage refreshment. Please contact your Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

City of Bellevue Tax ID Number 91-6007020

Every attempt has been made to ensure that information in this brochure is accurate at the time of publication. For the most up-to-date information on activity availability, pricing, dates, times, and location, please visit our online registration system at register. BellevueWA.gov.

Program availability, minimum and maximum enrollment, location, times, dates, and health screening

requirements are all subject to change based on the latest guidance from local, state, and national public health authorities.

Questions or comments about this publication? Contact Colin Walker, Department Marketing Administrator, CWalker@BellevueWA.gov.

Equal Opportunity Statement

The City of Bellevue assures that no person shall on the grounds of race, color, national origin, or sex as provided by Title VI of the Civil Rights Act of 1964, and related statutes, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any City of Bellevue program or activity. Any person who believes his/ her Title VI protection has been violated may file a complaint with the ADA/Title VI Administrator. For Title VI complaint forms and advice, please contact the ADA/Title VI Administrator at 425-452-6168.





Financial Assistance Available for Recreation Programs

Bellevue Parks & Community Services strives to make program opportunities available to all interested individuals who live in the boundaries of the city of Bellevue, regardless of income. We provide scholarships to those who might not otherwise be able to participate. Visit one of the locations listed at the bottom of this page to obtain a copy of the scholarship application form, visit bellevuewa.gov/connections to download a copy, or call 425-452-6885 and staff will be happy to mail you a copy of the form, free of charge.

贝尔维尤公园和社区服务中心致力于为居住在贝尔维尤市边界地区的所有对此计划感兴趣的人士提供机会,而不会考虑个人的收入情况。 我们为可能无法参与的人士提供奖学金。您可前往本页面底部列出的其中任一地点,领取一份奖学金申请表副本,也可以浏览网站 bellevuewa.gov/connections 下载一份副本,或致电 425-452-6885,工作人员将乐意给您免费邮寄申请表副本。

Bellevue 公園和社區服務致力於為居住在 Bellevue 市邊界的所有感興趣的個人提供計劃機會,無論收入為何。我們為那些可能無法參加的人提供獎學金。 請瀏覽本頁下方列出的地點之一以索取獎學金申請表的副本,請瀏覽 bellevuewa.gov/connections 下載副本,或致電 425-452-6885,工作人員將很樂意為您郵寄一份副本表格,無需額外費用。

벨뷰 공원 및 근린시설 서비스는 소득 수준과 관계없이 프로그램에 관심이 있는 벨뷰시 거주 시민이라면 누구든지 프로그램을 이용할 기회를 제공하고자 노력합니다. 참여가 어려운 사람에게는 장학금을 제공합니다. 이 페이지 하단에 열거된 지점 중 한 곳을 방문하거나 bellevuewa.gov/connections를 방문하여 장학금 지원서 양식을 받을 수 있으며, 425-452-6885번으로 전화하면 직원이 지원서 양식을 무 료로 발송해드립니다.

Bãi đỗ xe & Dịch vụ Cộng đồng Bellevue cố gắng tạo cơ hội tham gia chương trình cho tất cả những cá nhân quan tâm sống trong địa phận thành phố Bellevue, bất kể thu nhập. Chúng tôi cung cấp học bổng cho những cá nhân không thể tham gia. Truy cập một trong những địa điểm được liệt kê ở cuối trang này để lấy một bản sao của mẫu đơn đăng ký học bổng, truy cập bellevuewa.gov/ connections để tải xuống một bản sao, hoặc gọi 425-452-6885 và nhân viên luôn sẵn lòng gửi cho quý vị một bản sao của mẫu đơn qua đường bưu điện hoàn toàn miễn phí.

Bellevue パーク&コミュニティサービス は、プログラムにご興味をお持ちのBellevue市民全員が収入の多寡によらずご利用いただけ るよう努めています。参加が叶わない方には奨学金を支給しています。 奨学金の申請用紙は、このページの下に記載の場所にて直接 入手または bellevuewa.gov/connections からダウンロード、あるいは 425-452-6885 にお電話いただければ、職員が無料で用紙を郵 送させていただきます。

Служба парков и коммунальных предприятий Белвью предлагает программы создания возможностей всем заинтересованным лицам, которые живут в пределах города Белвью, независимо от их дохода. Мы предоставляем стипендии тем, кто без этого не сможет стать участником программы. Получить бланк заявки на стипендию можно в одном из офисов, перечисленных в нижней части этой страницы. Чтобы скачать бланк заявки, зайдите на страницу bellevuewa.gov/connections или позвоните по номеру 425-452-6885, и сотрудники бесплатно отправят вам бланк по почте.

Parques y Servicios Comunitarios de Bellevue procura hacer que las oportunidades para participar en los programas estén disponibles a todos aquellos que estén interesados y vivan dentro de los límites de la ciudad de Bellevue, independientemente de sus ingresos. Otorgamos becas a los que no podrían participar de otra manera. Visite algunos de los locales listados al pie de esta página para obtener una copia del formulario de solicitud de becas, también puede ingresar a bellevuewa.gov/connections y descargar el formulario o puede llamar al 425-452-6885 y el personal felizmente le enviará una copia por correo electrónico sin costo.

Bellevue Aquatic Center 601 143rd Ave NE **Bellevue City Hall** 450 110th Ave NE - ServiceFirst **Bellevue Youth Theatre** 16501 NE 10th St **Crossroads Community Center** 16000 NE 10th St **Highland Community Center** 14224 Bel-Red Rd Kelsey Creek Farm 410 130th PI SE Crossroads Mini City Hall 15600 NE 8th St #H9 North Bellevue Community Center 4063 148th Ave NE Northwest Arts Center 9825 NE 24th St South Bellevue Community Center 14509 SE Newport Way

Registration & Payment Policies

Every effort is made to ensure that the information in this catalog is accurate at the time of publication. Because policies, personnel, and funding can change, Bellevue Parks & Community Services reserves the right to add or withdraw programs and to amend, revise, or modify any provision, including - but not limited to - price, date, and location, printed in this brochure. You are encouraged to visit https://register.bellevuewa.gov for the most up-to-date information.

For camps meeting fewer than 15 hours per week, please see "General Recreation Programs and Mini-Camps" policies. Day Camp policies on this page do not apply to camps meeting fewer than 15 hours per week.

Food & Refreshments

Programs listed in this brochure may include a food or beverage refreshment. Please contact the Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

City of Bellevue Tax ID Number: 91-6007020

Registration Priority:

The City of Bellevue is committed to providing a wide range of recreation activities for Bellevue residents. Therefore, the City gives advance registration preference for those residing within the Bellevue city limits. Non-residents are welcome to take part in recreation programs on a space-available basis. Non-resident registrations are not accepted prior to the first day of non-resident registration. On this day, mailed and faxed registrations will be accepted, via phone at 425-452-6885, or online at http://register.bellevuewa.gov.

Due to an interlocal agreement with King County, all registrations for programs at South Bellevue Community Center are processed in the order received.

Registration Confirmation:

Registration receipts are mailed electronically after registration has been processed. Call 425-452-6885 to request a printed registration receipt.

Financial Assistance:

Financial assistance is available to qualifying residents who live within the Bellevue City limits. Scholarship applicants will be notified of the amount due for each registration after scholarship application is processed. Please call 425-452-6885 or visit **bellevuewa.gov/connections** for information on applying for financial assistance.

Payment:

Payment is accepted in cash, gift certificates, checks, or Visa/ MasterCard only. Payment for all programs except day camps is due in full at the time of registration. All transactions completed online require payment in full at the time of registration. *Scholarship/financial assistance application is required prior to registration.* Please do not mail cash. <u>General Recreation Programs and Mini-Camps</u>: Payment is due at the time of registration. Scholarship application is required prior to registration if paying with scholarship.

<u>Day Camps</u>: Each Day Camp requires a \$35 non-refundable fee, per participant, per camp, at the time of registration, and will be applied toward the final amount due. Payment in full is due for the first two (2) camps at the time of registration. Payments for subsequent camps are due fourteen (14) calendar days prior to the first day of each session.

Credit Card:

Include credit card number and expiration date on registration form.

Checks:

All checks or drafts received by the City which are returned or dishonored by the drawee bank or other such depository shall be assessed a charge of \$15.00 (Adm. Order 53).

Refunds:

Classes cancelled by the City will result in a 100% refund of program fees. No refunds are available for programs \$10 or less. No refunds or credits will be issued on or after the first day of the program or camp. See COVID-19 procedures on preceding pages for information regarding pandemic-related refunds.

General Recreation Programs/Mini-Camps

(camps meeting fewer than 15 hours per week):

A refund is granted if the withdrawal is made at least seven (7) calendar days prior to the start of class, less a \$10 administrative fee per participant, per program. Class withdrawals requested fewer than seven (7) calendar days prior to class will result in a refund of:

- Programs with fees \$20 or less: program fee, less \$10 administrative fee, per participant, per program.
- Programs with fees greater than \$20: 50% of the program fee, per participant, per program.

Day Camps (camps meeting 15 hours or more per week): A refund is granted if the withdrawal is made at least ten (10) calendar days prior to the first day of class, less a \$35 non-refundable deposit, per participant, per camp. Camp withdrawals requested less than ten (10) calendar days prior to camp will result in a refund of 50% of the program fee, per participant, per program. If you are interested in transferring to a different camp, please call 425-452-6885 for information on our transfer policy.

RESIDENT DEFINITION:

A resident is defined as anyone living within the jurisdictional boundary of the City of Bellevue as determined by City records. If you have any question as to whether you are within the jurisdictional boundary of the City of Bellevue, please contact the Development Services Department's Land Use Division at 425-452-4188.

The City of Bellevue prohibits sex discrimination in the operation or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Bellevue for a community athletic program are also prohibited from discriminating on the basis of sex. In addition, the City of Bellevue does not discriminate on any other basis provided by Federal or State law. If you have questions or wish to file a complaint, contact Susan Freeburg at SFreeburg@bellevuewa.gov, or 425-452-4278.





Activity Registration Form



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ADAParks@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

Please Print C	learly						
Adult Last Name		Adult	t First Name		Adult Date of Bir	rth	
Street Address				City	State		ZIP
	providing your email address,	-			levue Parks & Community Ser	vices.	
Work Phone Participant #1 Nam		Hom	e Phone	Participant #2 Nam	e:		
Last	First			Last	First		
Date of Birth:	Male	🖵 Fen	nale	Date of Birth:	🔲 Male	e 🔲 Fer	nale
Class No	Class Title	Fee	Use Scholar- ship?	Class No	Class Title	Fee	Use Scholar ship?
				Participant #3 Nam	e:		
Payment De	tails			Last	First		
				Date of Birth:	🖵 Male	e 🛛 Fer	nale
Payment Method	 D.D.A. (send to Highlan 	ıd)	MasterCard	Class No	Class Title	Fee	Use Scholar ship?
Credit Card	Total Fee: \$		VISA			<u> </u>	
Card Number							
					erse side of form m		
Expiration Date					r to returning this f received without a		

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WAIVER OF LIABILITY/PHOTO & VIDEO RELEASE PLEASE READ CAREFULLY

In consideration of myself and/or my child(ren) being allowed to use City of Bellevue Parks & Community Services facilities and/ or participate in the City-sponsored activity(ies) identified herein, I ASSUME ANY AND ALL RISKS, INCLUDING RISK OF INJURY OR DEATH, associated with my or my child(ren)'s use of said facilities and/or participation in said activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to waive and RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facilities or participation in the City-sponsored activity(ies) identified herein. I acknowledge that I have carefully read this WAIVER OF LIABILITY and fully understand that I am waiving any right that I may have to bring a legal action or to assert a claim against the City of Bellevue in connection with the use of City facilities or participation in the City-sponsored activity stated below.

PHOTO/VIDEO RELEASE: I give my permission to have photos and/or video and audio recordings taken of me or my child(ren) during City of Bellevue activities and authorize the City of Bellevue to copyright, use, and publish the same. I understand I am waiving any right of privacy, compensation, copyright or other ownership right connected to the photo or recording. If you do not give permission to have photos and/or video and audio taken of you or your child(ren), please contact the main office at 425-452-6885 or Parksweb@bellevuewa.gov.

ASSUMPTION OF THE RISK AND WAIVER OF LIABILITY RELATING TO COVID-19 PLEASE READ CAREFULLY

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is very contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The City of Bellevue has put in place preventative measures to reduce the spread of COVID-19; however, the City cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, using City facilities and/or participating in City programs and activities could increase you and your child(ren)s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and VOLUNTARILY ASSUME THE RISK THAT I OR MY CHILD(REN) MAY BE EXPOSED TO OR INFECTED BY COVID-19 by using the City facility and/or participating in the City programs or activities identified herein AND THAT SUCH EXPOSURE OR INFECTION MAY RESULT IN PERSONAL INJURY, ILLNESS, PERMANENT DISABILITY, AND DEATH. I understand that the risk of becoming exposed to or infected by COVID-19 at the facility or in the programs or activities identified herein may result from the actions, omissions, or negligence of myself and others, including, but not limited to, City employees, volunteers, and participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself or my child(ren) (including but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I, or my child(ren) may experience or incur in connection with my or my child(ren)s attendance at the facility or participation in the program or activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to WAIVE AND RELEASE any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facility or participation in the City programs and activities identified herein. I understand that this release includes any claims based on the actions, omissions, or negligence of the City, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in the City program or activity.

IN ADDITION, I AGREE TO COMPLY WITH ALL COVID-19 SAFETY POLICIES AND PROCEDURES OF THE FACILITY OR PROGRAM/ACTIV-ITY IDENTIFIED HEREIN.

I acknowledge that I have carefully read this WAIVER OF LIABILITY / RELEASE / ASSUMPTION OF RISK AND WAIVER OF LIA-BILITY RELATING TO COVID-19 and fully understand that I am waiving any right that I may now or hereafter have to bring a legal action to assert any claim against the City of Bellevue in connection with my or my child(ren)'s participation in this activity.

Participant's Parent/Guardian Signature

Date

Printed Name

Registration NOT VALID without signed waiver.

Mail completed form to: Bellevue Parks Registration; P.O. Box 90012; Bellevue, WA 98009-9012

May & June, 2022 Connections



Low-Cost & No-Cost Programs

Bellevue Parks & Community Services offers a variety of low-cost and no-cost programs for all ages! Enjoy year-round participation in one or more of these programs for less than \$500.

Visit BellevueWA.gov/scholarship to learn more about our financial assistance program, which provides up to \$500 per year to Bellevue residents meeting certain income guidlines.

Bellevue Aquatic Center

Lap Swim Open Swim

Bellevue Botanical Garden Docent-Led Tours

Bellevue Youth Theatre The Amplify Program

Kelsey Creek Farm

Stitch Circle Tour of Bellevue's Pioneer & Agricultural History Saturday Workshops

Lake Hills Greenbelt Ranger Station

Ranger Walks Family Discovery Series

Lewis Creek Visitor Center

Ranger-led hikes Family Discovery Series

Mercer Slough Environmental Education Center

Story & A Stroll Ranger-led hikes Family Discovery Series

North Bellevue Community Center

Friday Movies Billiards Drop-In Pickleball Drop In Table Tennis Adult Volleyball Drop-In - Hidden Valley Gym Line Dancing Board Games Coloring and Coffee

South Bellevue Community Center

Active Adult Fitness Badminton Adult Basketball Family Basketball Cornhole Cycle/Stretch Fitness Center Drop-In Indoor Cycling Pickleball Shotokan Karate - Youth Strong & Fit Taekwondo Adult Volleyball ZUMBA

TRACKS

Tuesday Trails Wednesday Walks TRACKS Elementary Program



Face coverings are no longer required to enter Bellevue Parks & Community Services facilities, with the exception of the Warm Springs Pool at the Bellevue Aquatic Center and the Fitness Center at Highland Community Center.

Please respect people's choice to continue to wear a mask when in our facilities.

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Drop-In Programs

Bellevue Climbing Wall Programs

The Bellevue Climbing Wall, located at the South Bellevue Community Center, is 33 feet tall and sculpted to look and feel like Index granite. The wall offers three belay ropes with at least five climbing routes of varying degrees of difficulty per rope, and a bouldering or horizontal traverse wall. Advanced climbers can take advantage of the wall's natural-looking granite for the ultimate texture climb.

We offer a full array of classes, supervised drop-in sessions, camps and programs for people of all skill levels to develop or improve their rock-climbing skills. The wall is also available to rent for parties, team-building and other celebration events. Program days/times may vary. To view the current schedule and register please visit www.nwteambuilding.com or call 206-295-5494

Ping Pong

Adults can drop-in for a recreational game of ping pong during specified play times. Table and net are provided by North Bellevue Community Center. Players provide their own paddle and balls.

North Bellevue Community Center

\$4(R) \$5(N)		Age: 18	Age: 18Y & Up		
9-1	1am	Mon,Wed	Ongoing		
3-5	pm	Mon, Wed	Ongoing		

Pickleball

Adults can drop-in for a recreational game of pickleball during a two hour session. Court, net and balls are provided by the facility, players provide their own paddle. This is a drop-in program. North Bellevue Community Center

\$4(R) \$5(N)		Age:	Age: 18Y & Up		
	3-5pm	Mon,Wed,Fri	Ongoing		

Adaptive Recreation Programs

Bellevue Parks & Community Services offers a variety of virtual adaptive recreation programs for adults with intellectual disabilities.

Call Highland Community Center at **425-452-7686** for more information.

Drop-In Sports at South Bellevue Community Center

South Bellevue Community Center offers a wide variety of dropin sports for all ages, including:

- Adult Badminton
- Adult Basketball
- Adult Pickleball
- Adult Volleyball
- Cornhole
- Family Basketball
- Family Badminton
- Badminton and Pickleball Court Reservations
- Open Drop-In

For the most current drop-in sports schedule, as well as pricing and reservation information, please visit BellevueWA.gov/SBCC or call 425-452-4240.

Indoor Play

Come enjoy some indoor gym play with toys, mats and other fun activities for children ages 5 and under. Parents/caregivers must supervise their own children and be present at all times.

South Bellevue Community Center

\$4(R) \$5(N) Age: Up to 5Y 10:30am-12pm Mon,Wed, Fri Ongoing

Bellevue Aquatic Center

The Bellevue Aquatic Center is open to the public 6 days a week. Monday – Friday 8am-8pm and Saturdays 8am-4pm. Programs available include Lap Swim, Water Walking, Water Exercise and Open Swim. For the most up to date schedule and for specific program information visit the Bellevue Aquatic Center website — BellevueWA.gov/Swim — or contact the pool at Aquatics@ BellevueWA.gov or call 425-452-4444.

Register Online: http://register.bellevuewa.gov

Adaptive Recreation

All new participants must meet with Mary Boyle prior to registering. Please call (425) 452-4118 or e-mail mboyle@bellevuewa.gov for an appointment.

Highland Hangout

This class is designed and adapted for adults with intellectual disabilities. Your answer to a slow afternoon. Stimulating conversation, lively board games, solving puzzles or just enjoy a movie.

Highland Community Center

\$33(R) \$41(N)		Age:	18Y & Up
2202631	3-5pm	Tue, Wed	Mar 29-May 11
\$46(R)	¢ E 1 (NI)	Δ σο·	101/0110
ΨO(IV)	⊅04(IN)	Age.	18Y & Up

Movie Time

This class is designed and adapted for adults with intellectual disabilities. Bring your dinner and enjoy a movie in-house with your peers. Participants can bring up to two movies (rated: G, PG, or PG13) to submit to the group vote each week.

Highland Community Center

\$46(R) \$58(N)		Age:	Age: 18Y & Up		
22005357	2-4pm	Thu	Mar 10-May 12		
22005313	5-7pm	Wed	Jun 1-Aug 03		

Full Fitness Fun

This class is designed and adapted for adults with intellectual disabilities. This course meets twice a week to discuss nutrition and how to implement a healthy lifestyle over dinner. Participants must provide their own dinner for each class. After dinner, the group will explore and try various exercises focusing on strength, balance, flexibility, and control.

Highland Community Center

\$33(R) \$41	(N) A	.ge: 18Y & Up
2202632 5-7pm	n Wed	Mar 30-May 11
\$92(R) \$10	8(N) A	ge: 18Y & Up
2202610 5-7pn	n Tue, Th	nu May 31-Aug 04

Multi-Sport

This class is designed for adults with intellectual disabilities. This class will try various indoor sports and practice sport-based skills. In addition to sports this class will explore various types of fitness promoting off-season wellness. This is a great opportunity to try out a new sport without the pressure of competition.

Highland Community Center

\$46(R) \$58(N)		Age: 7	18Y & Up
2200550	5-6pm	Tue	Mar 08-May 10
2200550	6-7pm	Tue	Mar 08-May 10
\$69(R)	\$81(N)	Age: 7	18Y & Up
2202642	7-8:30pm	Tue, Thu	May 31-Aug 04

Arts & Crafs

This class is adapted and designed for individuals living with intellectual disabilities. Come and get your creative juices flowing and make fun arts and crafts projects!

Highland Community Center

\$48(R)	\$54(N)	Age:	18Y & Up
2202643	1-2:30pm	Fri	Jun 03-Aug 05

Adult Enrichment

Moving to a Simpler Life

Is your home getting to be just too much, or are you ready to put time into yourself, your family and your friends instead of your home and yard? This is the Free Seminar for you! Learn from experts what is involved in downsizing, and how to make your Move to a Simpler Life as easy as possible!

- **Day 1:** Overview of Services: What services are available to help seniors? Want to age in place? How to straighten out your affairs so you will be ready? We can help!
- **Day 2:** Downsizing and Moving: What types of senior housing are available? Clearing out all the excess possessions, prepping the house, timing the sale, moving into the new, easier life, and hanging on to all that money your house just made you. Let's make it easy!

North Bellevue Community Center

FREE		Age:	18Y & Up
2200211	10am-1pm	Thu	May 19-May 26

Family Bingo Night

Good, free fun for the whole family! Play BINGO, enjoy pizza, and win prizes! We will have giveaways throughout the night. Winners of BINGO games will receive prizes as well! This event is open to all ages and game experience. Bring your family, friends and neighbors or come to meet some fellow BINGO enthusiasts. Event is free; however, advance registration is required. Open to all ages and experience. Children under 12 must be accompanied by a guardian. *This program receives funding from the King County Veterans, Seniors and Human Services Levy.*

North Bellevue Community Center

FREE			Age: All Ages
2202441	5:30-7:30pm	Fri	May 20

Coffee and Coloring

Join us every Friday at the North Bellevue Community Center for a relaxing morning of coloring pictures, drinking coffee and socializing. We will provide coloring pages from books that are designed especially for adults as well as colored pencils, crayons and markers will be provided. Coffee, water, and tea will also be provided. Feel free to bring your own favorite coloring and supplies as well. Don't like to color? That's okay! Have a cup of coffee, chat a little and enjoy a stress-free time. A donation of 50 cents is requested for each cup of coffee or tea. *This program receives funding from the King County Veterans, Seniors and Human Services Levy*

North Bellevue Community Center

FREE			Age: All Ages
2202443	9:30-11:30am	Fri	May 06-Jun 24

Board Games

Board games and group games teach critical thinking, strategic skills, offer social opportunities for participants, keep minds sharp and are just plain fun! Join us at the North Bellevue Community Center every Wednesday for a fun afternoon playing a variety of games, from board, oversized, to group games. This program is open to all ages and game experience. Bring your family, friends and neighbors or come to meet fellow board game enthusiasts. This program receives funds from the King County Veterans, Seniors and Human Services Levy.

North Bellevue Community Center FREE Age: All Ages 2202444 3:30-5:30pm Wed May 04-Jun 29

Bridge Bunch

Just learning, a little rusty, or just want a fun place to play Bridge while increasing your skill level? Come join us every Wednesday and play your favorite game with other members of our community. This is a FREE drop-in activity.

South Bellevue Community Center

Age: 18Y & Up FREE 1-3pm Wed Ongoing

Dungeons and Dragons Club

Escape the problems of today by exploring a universe unlike our own at South Bellevue Community Center's Dungeons and Dragons Club. Ever imagine yourself as a wizard, ranger, druid, or beast slaying hero? In this role-playing game, players create their own characters and forge through life's obstacles in a medieval fantasy setting. Using cooperative skills, the team may choose to follow a mission to save the day or create a path of their own devise.

South Bellevue Community Center

FREE		Age:	18Y & Up
	5-7:50pm	Tue	Ongoing

Grown Up Show & Tell

Do you want a chance to re-live those childhood memories of sharing and talking about some of your most prize possessions? Here is your chance. Join us at the South Bellevue Community Center for Grown-Up Show and Tell. Participants will be limited to 10 minutes to share and answer questions about an old photo, craft, collectible, or treasured personal items with members of our community.

South Bellevue Community Center FREE

Age: 18Y & Up 1-30pm Mon Ongoing

Friday Movies

Enjoy a free movie and popcorn at North Bellevue Community Center! The detailed movie list is available in print format at North Bellevue Community Center or by calling 425-452-7681. This program is free; however, advance registration is required. North Bellevue Community Center

FREE		Age:	Age: 18Y & Up	
	2-4pm	Fri	Apr 22-Jun 04	

Continuing **Education**

BellevueAtHome: Windows Workshop

Windows Workshop--We will explore basics of Windows 10 and 11. To upgrade, do I need to buy a new computer? Which tips and tricks will save me time and make it easier for me to use my computer? Where can I get free help? Join us for this workshop where you can ask guestions and learn from other attendees with similar challenges. Please update your computer and have your passwords available.

North Bellevue Community Center

\$36(R)	\$44(N)	Age:	18Y & Up
2200080	1:30-3pm	Wed	May 04-May 25

Beach lifeguards needed!

Spend your summer on the shores of Lake Washington. Learn more about training and certification opportunities, or visit Governmentlobs.com/careers/BellevueWA to apply.

Lifeguard Training - Blended Learning *This is a blended learning program. Participants must complete the online content prior to the first*

LIFEGUARD

day of class. This program offers certification in lifeguard training, first aid, and CPR for the professional rescuer. Gain skills required to be

a lifeguard. Participants must be at least 15 years of age by the end of the course. Participants must be able to swim 300 yards continuously with a combination of crawl and breast strokes, tread water for 2 minutes without use of their hands, and swim 20 yards/recover a 10lb brick from depth/swim 20 yards in under 100 seconds. Must attend all classes and pass written/skills test in order to obtain certification.

Bellevue Aquatic Center		\$75	Age: 15Y & Up	
LGT4	8am-9pm	Sun,Fri,Sat	May 20-May 22	





Register Online: http://register.bellevuewa.gov BellevueWA.gov/Parks

SeniorTech of Puget Sound

We offer technical support on a one-on-one basis on the 2nd and 4th Tuesday of each month, and the 5th Tuesday when there is one. Experienced senior technology users will be available to help you with technical issues with your computers and mobile devices.

North Bellevue Community Center

 \$3(R)
 \$4(N)
 Age: 18Y & Up

 2202462
 9:39am-12pm
 Tue
 May 10-Jun 28

Social Services &

Programs

Cultural Conversations

The North Bellevue Community Center has teamed up with the Neighborhood Services Division to offer Cultural Conversations. This is a great opportunity for community members to enjoy tea and conversation, and to learn about Bellevue's thriving diversity. Coffee, tea, water and light snacks will be provided. *This program receives funding from the King County Veterans, Seniors and Human Services Levy.*

North Bellevue Community Center

FREE		Age: 18Y 8	& Up
2202442	1-3pm	Tue	Jun 07

Waste Reduction and Pollution Prevention

Every Day is Earth Day! Protecting our planet through everyday actions. Bellevue Utilities will be presenting on:

- Waste Reduction and Recycling
- Where your Bellevue garbage/recycling/compost goes, what happens to it, and how to reduce waste and recycle/compost right.
- Current new WA State laws around solid waste; lots of change where we live!
- Top 3-5 action items that everyone can do locally to help globally (e.g. Reduce single use plastics; Reduce food waste; Reuse- setting up a lifestyle with reuse; Properly recycle and compost)
- Stream team salmon and water pollution prevention, including Bellevue stream info, salmon in our streams, top 2-5 actions people can take to protect our waterways

North Bellevue Community Center

FREE			Age: All Ages
2202473	12:30-1:30pm	Wed	May 25

Arts

Open Art Studio

The open art studio is an opportunity for artists 18+ to gather and practice their art and techniques, receive feedback from other artists, and socialize. The studio will primarily focus on media that includes pencil, charcoal, watercolor, acrylics and oil; however, it's also open to textiles, knitting and needle work.

South Bellevue Community Center

FREE		Age: 18Y & Up		
	1-3pm	Tue	Ongoing	

Summer Candy Bouquet

During this free workshop, you'll learn how to create a summer candy bouquet to enjoy yourself or gift to a friend! We'll provide all the materials you need, including tea, coffee, water, and light snacks. Event is free; however, advance registration is required. Open to all ages and experience. Children under 12 must be accompanied by a guardian. *This program receives funding from the King County Veterans, Seniors and Human Services Levy.*

North Bellevue Community Center

 FREE
 Age: All Ages

 2202458
 10:30am-12:30pm
 Fri
 Jun 03

Summer Door Wreath

During this free workshop, you'll learn how to create a fun door wreath to decorate your door! This workshop is fun for all ages. We'll provide all the materials you need. Includes tea, coffee, water, and light snacks. Event is free; however, advance registration is required. Open to all ages and experience. Children under 12 must be accompanied by a guardian. *This program receives funding from the King County Veterans, Seniors and Human Services Levy.*

North Bellevue Community Center

FREE			Age: All Ages
2202459	10:30am-12:30pm	Fri	May 06

Creative Kids

Enhance your child's creativity with a variety of arts and crafts, drawing, painting, and outdoor play to get them moving. Activities take place in both indoor and outdoor settings.

Northwest Arts Center

 \$240(R)
 \$280(N)
 Grade 2-5

 2200112
 12:30-3pm
 Wed
 Apr 20-Jun 08

Visual Arts

Cartooning & Drawing With Mr. Brad

Drawing and cartooning skills unleash a child's creativity. Fledgling cartoonists will learn the basics of expression drawing, line quality, constructing from imagination and exaggerating from life, while exploring moods and animating actors.

Northwest Arts Center

 \$105(R)
 \$126(N)
 Age: 6-11Y

 22000383
 4-5:30pm
 Tue
 Apr 19-Jun 07

Funtastic Art Mission!

Artists will boost the fun into orbit with this rocket powered art mission. We will mix and match different art media including, but not limited to pencil, charcoal, watercolor acrylics, pastel, markers, collage and ink. We will paint on paper, cardboard, and canvas. The art could go 3-dimensional with pop-ups, cut-outs and layers. We will test and grow young design skills, drawing skills and assembly skills. This will be a creator space where the traditional art rules are bent and broken. Bring all your creativity!

Northwest Arts Center

\$105(R) \$126(N)		Age: 6-11Y
22000393	4-5:30pm	Thu	Apr 21-Jun 09

Painting Frida Khalo

Let's learn about one of the most famous Mexican woman painters of all time, Frida Kahlo', in this highly creative and fun workshop. We will be painting a Frida Kahlo portrait piece and will be using different art mediums including, but not limited to pencil, watercolors, acrylics, pastels, markers and collage. We will also incorporate some colorful Mexican folk art inspired patterns and designs in our painting. The young kids will get to explore their creativity and add their own unique spin while painting a portrait of this iconic artist. Bring your creative zest and deep curiosity to learn about a different world art culture and enhance your artistic capabilities.

Northwest Arts Center

\$60(R) \$72(N) 2202330 12-3pm

Age: 6-11Y May 07

Dance

Emerald Ballet Theater: Pre-Ballet

Sat

A joyful introduction to movement. Basic dance technique inspired by beautiful music, literature, and art in a developmentally appropriate way. Flexibility, coordination, strength, and creativity develop in the young dancer.

Northwest Arts Center

\$160(R) \$192(N) Age: 3-5Y 22000463 4:15-5pm Tue Apr 19-Jun 07

City Opera Ballet: Pre-Ballet

Learn basic Ballet and tap movements and memorizing routines. Includes French for Young Dancers.

Northwest Arts Center

\$112(R) \$135(N) Age: 3-4Y 22000523 9:30-10:15am Apr 21-Jun 09 Thu

City Opera Ballet: Ballet Petit Carnival of the Animals

Includes ballet class plus stories of the grand ballets, French for young dancers and Ballet Petit variations/rehearsal.

Northwest Arts Center

\$150(R) \$180(N) Age: 5-12Y 22000493 10:15am-12:15pm Sat May 21-Jun 25

Theatre

Call the Bellevue Youth Theatre box office at 425-452-7155 to buy livestream or in-person tickets to one of our upcoming performances. Livestream tickets are also availble online at Register.BellevueWA.gov.

The Secret Garden - Performances May 5-7, 2022

Mary Mary quite contrary how does your garden grow? An orphaned Mary Lennox, a grouchy disagreeable child, arrives at her equally grouchy uncle's home in England. All hope seems lost, that is until she discovers the mysteries of the house, including a secret garden. Join us for this classic story of friendship, growth, and nature. This is not the Broadway musical.

Bugsy Malone JR. - Performances May 20-22, 2022

Set against the backdrop of prohibition of the 1929, this town is ran by two rival children gangs. This lighthearted look at a world where whipped cream and flour bombs are our greatest fears. This is a fun musical for the whole family.

The Amplify Program

What story would you tell? In partnership with Beyond the Stage Youth, teens will have an opportunity to create an innovative theatrical showcase. Participants will draw from their lived experiences through written exercises, collaborative theatre activities, and community conversations.

Bellevue Youth Theatre

FREE 2202430 Age: 13-19Y Jun 27-Aug 26

Music

Music Together

This is the foundational Music Together class, one that a child can attend from birth to age five through 12 song collections. Each of these collections contain original and traditional songs from around the world. Each week, a trained Music Together teacher leads the class in singing, dancing and playing songs. This class is designed for parent/guardian/caretaker participation with child.

South Bellevue Community Center

\$140(R) \$168(N) Age: Up to 5Y 2202648 10:30-11:30am Thu May 05-Jun 23

Youth Enrichment

Chess Wizards

Learn many important life concepts, such as the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student will have had the chance to participate in a mini-chess tournament.

Northwest Arts Center

\$162(R) \$195(N) 22000432 4:15-5:15pm Thu 22000433 4:15-5:15pm Thu

Age: 6-12Y Mar 03-Apr 07 Apr 21-May 26

Preschool

Parkside Pre-K: Around the World

It's a big, beautiful world out there so come and join us, as we explore plants, insects, butterflies, our Earth, and the great oceans. The natural wonders of the world are calling out to be discovered. The earth is tilting upward, and the sun is heading our way. Let's celebrate Earth Day!

Crossroads Community Center

\$196(R) \$236(N) Age: 4-5Y 2200031 9:30am-12:30pm Mon-Fri Apr 25-May 27

Natural Start Preschool

Operating out of the South Bellevue Community Center, this Preschool offers a unique nature-based curriculum that supports the developmental and learning needs of preschoolers. Children have the opportunity to spend a majority of each day outside in a natural environment. Registration for the 2022/2023 school year is now open. For more information you can visit NaturalStartPreschool.com or call 425-452-4240 for details.

Kelsey Creek Farm

Sheep Shearing

Watch the sheep being shorn of their winter coats. Enjoy wool spinning demonstrations, children's crafts, tractor-pulled wagon rides, pony rides, food, animal viewing areas, and more. Free shuttle service available at Wilburton Park & Ride and Bannerwood Sports Park.

Please note: no pets allowed on shuttle bus or in the barnyard areas. No entrance fees. Costs vary for food & activities.

Kelsey Creek Farm Park

11am-4pm

Age: All Ages Apr 30

Introduction to Sheep and Fiber Arts

Sat

In this hands-on class, you and your child will get to meet our sheep, go on a sheep walk, and learn about crafting with wool. Working with wool from our sheep, you'll card wool, spin wool into yarn, and learn about felting. You will take home a simple bracelet that you'll spin with wool from our sheep. Adult/child teams only. A team is one child and one adult.

Kelsey Creek Farm Park

\$30(R)	\$36(N)		Age: 9-12Y
2200568	10-11:30am	Sun	Apr 24

Busy Beavers

Beavers are busy in the creeks at Kelsey Creek Farm, and you can come learn about them! Your child will help us build an outdoor beaver pond diorama to learn all about these aquatic engineers. Then we'll visit the beaver's wetlands and look for signs of beaver activity. Your child will receive their own nature notebook to record their findings. Adult/child teams only. A team is one child and one adult.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 4-8Y
2200563	1-2pm	Sun	Apr 24

Mother's Day on the Farm

Join us with your child for a fun Mother's Day activity at Kelsey Creek Farm. You and your child will get to feed treats to our farm animals and take the goats on a walk. Then your child will help us prepare a fun Mother's Day surprise! Adult/child teams only. A team is one child and one adult.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 4-8Y
2200564	1-2pm	Sun	May 08

Hop Into Spring

Bunnies love spring because the carrots are growing everywhere! You and your child will get to meet our adorable bunnies, do a bunny-themed craft, and find out what's growing in the garden. Adult/child teams only. A team is one child and one adult.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 4-8Y
2200565	1-2pm	Sun	May 15

Tractor Tales

Bring your tractor-loving child to this fun tractor experience! Your child will get to ride toy tractors, sit in the seat of our real tractor for a photo, and watch the real tractor in action. We will do a tractor-themed craft and learn all about what tractors do on farms. Adult/child teams only. A team is one child and one adult.

Kelsey Creek Farm Park

\$25(R)	\$30(N)		Age: 4-6Y
2200566	1-2pm	Sun	May 29

Around the World on a Farm

The plants and animals at Kelsey Creek Farm were domesticated all around the world. In this class, you'll visit our garden and pet our farm animals on a tour designed to teach about the domestication of farm animals and the places around the world where they came from. You'll see wheat and corn growing, learn about which animals were domesticated in Asia, the Middle East, and Africa, and see one of the few species domesticated on North America. In this class, both children and adults will participate together in the activities! Adult/child teams only. A team is one child and one adult.

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\$30(R)	\$36(N)		Age: 9-12Y
2200569	1-2:30pm	Sun	May 22

Little Farmers

Join us for hands-on fun in the barnyard with your 2-3 year old. Classes will feature various farm animals, barn chores, feeding, petting, and taking a pony ride - all the fun is right here! Children team up with a parent/adult to actively participate in this class. Come dressed to play outside and get dirty! Siblings under two are welcome in front or back packs. Adult/child teams only. A team is one child and one adult.

Kelsey Creek Farm Park

\$97(R)	\$116(N)		Age: 2-3Y
2200145-13	10-11:30am	Tue	May 03-May 24
2200145-14	10-11:30am	Wed	May 04-May 25
2200145-15	10-11:30am	Thu	May 05-May 26

Farm Explorers

Join us for a farm adventure featuring animal care, barn chores, a pony ride, and baking yummy snacks. This drop-off program is designed for the independent 4-6-year-old. Curriculum is integrated with seasonal themes, arts and crafts, stories, and animal interaction. This class includes a pony ride. Children must be potty trained.

Kelsey Creek Farm Park

 \$110(R)
 \$132(N)
 Age: 4-6Y

 2200153-3
 10am-12:30pm
 Mon
 May 02-May 23

Saturday Morning Teen Program

Assist Kelsey Creek Farm staff with farm chores and learn responsible animal care while earning service hours for school. Participants will be working outside exposed to animals, hay, vegetation, and dust.

Kelsey Creek Farm Park \$15(R) \$18(N) Age: 15-18Y

\$15(R)	\$18(N)		Age: 15-18Y
2200400	8:30am-12pm	Sat	May 07-May 28

After School Teen Program

Assist Kelsey Creek Farm staff with farm chores and learn responsible animal care while earning service hours for school. Participants will be working outside exposed to animals, hay, vegetation, and dust.

 Kelsey Creek Farm Park

 \$15(R)
 \$18(N)
 Age: 12-18Y

2200392 1:30-4:30pm Wed May 04-May 25

Stitch Circle

Bring your current fiber project to Kelsey Creek Farm and work on it while meeting fellow crafters. This is an opportunity to gather, chat, and work on projects while meeting new people, not a formal class. Bring your own materials. Pre-registration required.

Kelsey Creek Farm Park (Kelsey House Upstairs)

FREE			Age: 18Y & Up
2200584-5	10:30am-12pm	Fri	May 13

Tour of Bellevue's Pioneer and Agricultural History

The stories at Kelsey Creek Farm provide a window into the wider history of Bellevue and the Eastside. In this tour, we'll visit the log cabin, which was built in 1888, and see authentic artifacts owned by the pioneers who built it. We'll tour the interiors of the barns, built in the 1930s and 1940s, to learn about dairy farming in the early twentieth century. Through historic photos, artifacts, and stories, we'll connect the history of Kelsey Creek Farm to the settlement and development of early Bellevue.

Kelsey Creek Farm Park

FREE		Age: 16Y	& Up
2200613	1-2pm	Sat	May 14

Private Trail Rides

Your child will get to ride one of our adorable ponies on a private ride through the trails at Kelsey Creek Farm! Your child will learn the basics of horseback riding and experience the farm in a whole new way! Parents/guardians may choose to walk along, but no strollers allowed.

Kelsey Creek Farm Park

\$20(R) \$24(N) Age: 2-3Y Visit register.bellevuewa.gov to see dates and times.

Strength, Conditioning, Cardio, & Active Fitness

Total Body Fitness

Join a certified group fitness instructor for this fun and effective way to burn stubborn body fat and improve your level of fitness! Workouts utilize dumbbells, bands, bodyweight exercises, agility movements, and more to strengthen your body and core. Sweat and have fun!

South Bellevue Community Center

\$99(R)	\$117(N)	Age: 16Y & Up	
2200275-5	6-6:50am	Tue,Thu	May 03-May 31
2200275-6	6-6:50am	Tue,Thu	Jun 02-Jun 30

BellevueAtHome: Virtual Total Body Fitness

Join a certified group fitness instructor virtually from home for this fun, affordable and effective way to burn stubborn body fat and improve your level of fitness! Workouts are modified for virtual participants using bodyweight exercises, agility movements, and more to strengthen your body and core. Get ready to sweat and have fun!

South Bellevue Community Center

\$55(R)	\$65(N)	Age	: 16Y & Up
2200277-5	6-6:50am	Tue	May 03-May 31
2200276-6	6-6:50am	Thu	Jun 02-Jun 30
\$44(R)	\$52(N)	Age	: 16Y & Up
2200276-5	6-6:50am	Thu	May 05-May 26
2200277-6	6-6:50am	Tue	Jun 07-Jun 28

Fit 360

Join a certified group fitness instructor for this action-packed cardio & strength class. Each workout will include a warm-up followed by strength, cardio and cool-down/stretching exercises. Instructor will work with you on any modifications. All fitness levels welcome.

South Bellevue Community Center

\$88(R)	\$104(N)	Age:	13Y & Up
220022-5	9:15-10:15am	Mon,Wed	May 02-May 25
220022-6	9:15-10:15am	Mon,Wed	Jun 01-Jun 29

BellevueAtHome: Virtual Fit 360

Join a certified group fitness instructor virtually from home, for this action-packed cardio & strength class. Each workout will include a warm-up followed by strength, cardio, and cool-down/ stretching exercises. Instructor will work with you on any modifications. Enjoy a virtual community of friends while you improve your fitness from home! All fitness levels welcome.

South Bellevue Community Center

\$44(R)	\$52(N)	Age:	13Y & Up
2200486-5	9:15-10:15am	Mon	May 02-May 23
2200487-5	9:15-10:15am	Wed	May 04-May 25
\$33(R)	\$39(N)	Age:	13Y & Up
2200486-6	9:15-10:15am	Mon	Jun 06-Jun 27
\$55(R)	\$65(N)	Age:	13Y & Up
2200487-6	9:15-10:15am	Wed	Jun 01-Jun 29

Small Group Training

Join a certified personal trainer for this small group training class focused on helping you achieve your fitness goals! Workouts will be designed to meet everyone's needs and fitness level. Trainer will provide support, encouragement, and accountability to help you reach new heights in health and wellness.

South Bellevue Community Center

 \$140(R)
 \$175(N)
 Age: 16Y & Up

 2200264-3
 7-7:50pm
 Mon
 May 02-Jun 27

Active Adult Fitness

Designed for those who have graduated from the beginner adult classes or senior fitness programs and are ready for more of a challenge. You will enjoy this fun hour-long full body workout that keeps your heart rate elevated while improving strength, endurance, and cardiovascular fitness in an encouraging and motivating community! Participants must be highly mobile and able to make quick transitions between cardio and endurance work. All adults are welcome, Millennials to Baby Boomers.

South Bellevue Community Center

\$40(R)	\$48(N)	Age: 18Y & Up
2200211-5	10:30-11:30am	Wed May 04-May 25
\$30(R)	\$36(N)	Age: 18Y & Up
2200211-6	10:30-11:30am	Wed Jun 01-Jun 29

ZUMBA

ZUMBA is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The goal of the program is for you to love working out again and to look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program. South Bellevue Community Center

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\$36(R)	\$44(N)	Age:	13Y & Up
2200351-5	10:30-11:30am	Mon	May 02-May 23
\$27(R)	\$33(N)	Age:	13Y & Up
2200351-6	10:30-11:30am	Mon	Jun 06-Jun 27
\$72(R)	\$88(N)	Age:	13Y & Up
2200292-5	10:30-11:30am	Mon,Fri	May 02-May 27
\$63(R)	\$77(N)	Age:	13Y & Up
2200292-6	10:30-11:30am	Mon,Fri	Jun 03-Jun 27

Strong and Fit Seniors/Adults

This group fitness class is best suited for beginners or advanced beginners who are looking to improve strength, balance, cardiovascular health, flexibility, and coordination within a strong community of supportive friends. A certified instructor will guide you through a full body circuit training style workout that will improve functional fitness using a variety of equipment and a varied routine to accommodate individual needs and limitations. Come join us for a fun, safe, social and appropriately challenging workout!

South Bellevue Community Center

\$40(R)	\$48(N)	Age:	18Y & Up
2200216-5	10:30-11:30am	Wed	May 04-May 25
\$30(R)	\$36(N)	Age:	18Y & Up
2200216-6	10:30-11:30am	Wed	Jun 01-Jun 29

Cycling

Ride LeMond bikes and increase aerobic fitness while burning approximately 600+ calories per class. All fitness levels welcome as you control your pace. Please arrive 10 minutes before class start time for set-up. Park in the lower tennis court lot. Classes will be held outdoors under cover. Dress for the temperature.

South Bellevue Community Center

\$112(R) \$136(N)	Age: 13Y & Up
2200214-3 6-7am	Mon,Wed May 02-Jun 29

Cycle/Stretch

Join us for this fusion class of beginner level indoor cycling and flexibility exercises. Class is designed for those who are brand new to indoor cycling including: older adults, participants new to exercise and overweight or de-conditioned participants.

South Bellevue Community Center

\$126(R) \$153(N)	Age:	13Y & Up
2200219-3	10:30-11:30am	Tue,Thu	May 03-Jun 30

BellevueWA.gov/Parks

SilverSneakers Classic

Seated and standing exercises to increase muscular strength, range of motion and activities for daily living. Register for the month and save \$1.00 per class!

North Bellevue Community Center

\$60(R)	\$72(N)	Age: 18Y & Up
2202454	11am-12pm	Mon,Wed,Fri May 02-May 27
\$68(R)	\$78(N)	Age: 18Y & Up
2202455	11am-12pm	Mon,Wed,Fri Jun 01-Jun 29

Body & Mind

SilverSneakers® Yoga

SilverSneakers[®] Yoga: Seated and standing yoga poses to increase flexibility, balance and range of motion. Register for the month and save \$1.00 per class!

North Bellevue Community Center

\$45(R)	\$54(N)	Age:	18Y & Up
2202456	11am-12pm	Tue,Thu	May 03-May 26
2202457	11am-12pm	Tue,Thu	Jun 02-Jun 30

Mindful Movement - Tai Chi Exercise

Guided movement based on Chi Kung and soft style martial arts. Flowing movements encourage proper posture for effective stretching, combined with easy strengthening exercise. Feel an immediate sense of refreshed focus and relaxation.

Northwest Arts Center

 \$80(R)
 \$96(N)
 Age: 16Y and up

 2200098
 10:30-11:30am
 Wed
 Apr 20-Jun 08

Tai Chi Form - Mindful Movement Advanced

The class focus is on smooth movement, balance, breath, and proper stances as you learn and do the Yang Family Style Short Form, Chi Kung forms, and meditation techniques. This class is by instructor permission only.

Northwest Arts Center

 \$40(R)
 \$48(N)
 Age: 16Y and up

 2200103
 11:40am-12:10pm
 Wed
 Apr 20-Jun 08

Yoga

Increase your strength and flexibility through this gentle Hatha Yoga class. During class you practice balancing poses, deep stretching, and gain a calm mind and body through breath work. This class uses props such as blocks and straps to work on proper alignment and to help make poses accessible to all levels of experience.

Northwest Arts Center

\$105(R) \$126(N)	Age: 16Y and up	
2200125 9-10am	Mon Apr 18-Jun 06	
\$120(R) \$144(N)	Age: 16Y and up	
2200126 9-10am	Wed Apr 20-Jun 08	

Gentle Yoga

Each class offers poses for stretching, active strengthening and deep relaxing. We focus on alignment for joint safety and use props to make poses accessible for many levels of experience. Benefits include: improved strength, flexibility and balance; reduced tension; better joint health; better mental clarity and an overall feeling of well-being.

South Bellevue Community Center

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\$52(R)	\$60(N)		Age: 13Y & Up
2200257-5	11:45am-12:45pm	Tue	May 03-May 24
2200257-6	11:45am-12:45pm	Tue	Jun 07-Jun 28

Yoga: Mixed Levels

This class is for beginners who want a strong, safe foundation in alignment yoga as well as for Intermediate students who want to strengthen and deepen their practice. You will learn body awareness and develop flexibility, balance, and strength, plus learn sequences to help you create your own personalized yoga practice. Students with injuries or health conditions will learn modifications to practice safely. This Purna Yoga class integrates other aspects of a well-rounded practice, such as breathing and meditation techniques, and health and nutrition tips.

Northwest Arts Center

\$104(R)) \$125(N)	Age: 18Y	' and up
22000553	9:30-10:30am	Tue	Apr 19-Jun 07
22000613	12-1pm	Thu	Apr 21-Jun 09

Pilates

Pilates is a low-impact exercise designed to strengthen core muscles, increase body awareness, and improve balance and flexibility. This class combines Pilates basics with yoga and barre exercises. Students often feel a sense of overall wellness with a stronger mind-body connection. All fitness levels welcome.

South Bellevue Community Center

\$84(R)	\$100(N)	Age:	13Y & Up
2200262-3	9:15-10:15am	Fri	May 06-Jun 17

Yoga - Levels 1 & 2

Beginner and intermediate students who want a strong, safe foundation in alignment yoga will develop body awareness, flexibility, balance, and strength, plus learn sequences to start a personalized yoga practice. Students with injuries or health conditions will learn modifications to practice safely. This joyful class integrates other aspects of a well-rounded practice such as breathing, meditation and health and nutrition tips.

South Bellevue Community Center

\$65(R)	\$75(N)	Age:	13Y & Up
2200290-3	6-6:50pm	Wed	Apr 20-May 25
2200290-4	6-6:50pm	Wed	Jun 01-Jun 29

Martial Arts

Taekwondo

An ancient Korean Martial Art, Taekwondo is a system of practical techniques for self-defense. Instruction is designed to emphasize kicks and punches that strengthen and condition the whole body and promote confidence, patience and respect.

South Bellevue Community Center

\$72(R)	\$86(N)	Age: 5Y & Up	
2200266-5	4-4:50pm	Tue,Thu	May 03-May 31
2200266-6	4-4:50pm	Tue,Thu	Jun 02-Jun 30
2200267-5	5-5:50pm	Tue,Thu	May 03-May 31
2200267-6	5-5:50pm	Tue,Thu	Jun 02-Jun 30

6pm class is for ages 9-Adult or by instructor permission.

\$72(R)	\$86(N)	Age:	9Y & Up
2200290-5	6-6:50pm	Tue,Thu	May 03-May 31
2200290-6	6-6:50pm	Tue,Thu	Jun 02-Jun 30

Conqueror Hapkido & MMA for Self Defense Youth

Conqueror Hapkido Martial Arts, Self Defense is a family friendly program that aims to instill or enhance discipline, patience, perseverance and self-confidence through fitness, self-defense, Martial Arts and meditation exercises. HAP = United or Coordinate. KI = Mental and/or Physical energy.

North Bellevue Community Center

\$64(R)	\$80(N)	A	Age: 5-12Y
2202474	5:30-6:30pm	Mon,Wed	May 04-May 25
2202476	6:35-7:45pm	Mon,Wed	May 02-May 25
\$72(R)	\$90(N)	A	Age: 5-12Y
\$72(R) 2202478	\$90(N) 5:30-6:30pm	A Mon,Wed	Age: 5-12Y Jun 01-Jun 29
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Kendo - Beginning

Kendo is a co-ed martial arts sport based on Samurai traditions requiring both mental and physical discipline. The beginning class focus is on learning basic footwork and sword handling. Upon completion of the beginning class, continuing students enroll in the Intermediate Kendo class. Prospective students should make an effort to research Kendo prior to signing up for the class.

Highland Park & Community Center

\$90(R)	\$108(N)		Age: 8Y & Up
2201495	6:30-8pm	Fri	Apr 08-Jun 17
2202592	6:30-8pm	Fri	Jun 24-Aug 19

Kendo - Intermediate

Intermediate Kendo is a continuation where participants work on skill improvement. Half of the class time is spent in drills with the advanced class. Prerequisite is completion of Beginning Kendo class. There the students progress to actual striking of live targets. Once the student has progressed in skill, they will be able to move into wearing armor and engage in bouts with other students. Students remain in Intermediate until they have transitioned to armor.

Highland Park & Community Center

\$90(R)	\$108(N)		Age: 8Y & Up
2201496	6:30-8pm	Fri	Apr 08-Jun 17
2202593	6:30-8pm	Fri	Jun 24-Aug 19

Kendo - Advanced

Advanced Kendo is for those students who have completed Beginning and Intermediate Kendo and are in armor (bogu). Individuals with previous experience must contact the teacher for approval to enroll in Advanced Kendo.

Highland Park & Community Center

\$90(R)	\$108(N)		Age: 8Y & Up
2201494	7:30-9:30pm	Fri	Apr 08-Jun 17
2202591	7:30-9:30pm	Fri	Jun 24-Aug 19

Shotokan Karate

Learn traditional Karate with a non-violent philosophy emphasizing Respect, Excellence, Strength and Character with fun and experienced Black Belt instructors. 7pm class is for ages 10 and up or by instructor permission.

South Bellevue Community Center

\$72(R)	\$88(N)	Age: 6-12Y
2200296-5	6-6:50pm	Mon,Wed May 02-May 25
\$63(R)	\$77(N)	Age: 6-12Y
2200296-6	6-6:50pm	Mon,Wed Jun 01-Jun 27
\$72(R)	\$88(N)	Age: 10Y & Up
2200297-5	7-7:50pm	Mon,Wed May 02-May 25
\$63(R)	\$77(N)	Age: 10Y & Up
2200297-6	7-7:50pm	Mon,Wed Jun 01-Jun 27



TRACKS

Tracks Tuesday Trails 50+ Hiking

This easy hiking series is designed for active older adults looking to explore the beautiful trails around Bellevue, we will meet at the North Bellevue Community Center and ride to a trailhead in the Issaquah Alps, Cascades, or other scenic areas nearby. Hikes will be generally less than 3 miles and specifically chosen for the over 50 crowd. Dress for the weather and bring a lunch and water.

\$8(R) \$10(N)	Age:	50Y & Up
Ardmore Park	Tue	May 10
10am-3pm	Tue	IVIdy TU

Bridle Trails State Park				
10am-3pm	Tue	Apr 26		
Evans Creek Prese	rve			

vans	Creek Pres	erve	
	10am-3pm	Tue	May 03

Natural Resources &	k
Outdoor Education	

Ranger Programs

Movie Night: Life After People

What would happen if every human being on Earth disappeared? This isn't the story of how we might vanish but about what would happen to every aspect of the man-made world we leave behind.

Mercer Slough Nature Park

FREE		Age	: 12Y & Up
2200520	6:30-8pm	Fri	Apr 29

Ranger-led Hike at Lewis Creek Park

Join a Bellevue Park Ranger to explore the natural and cultural history of Lewis Creek Park. Look for signs of local wildlife and learn what to do when encountering animals in the wild. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Preregistration required for each participant.

Lewis Creek Visitor Center & Park

FREE			Age: All Ages
	10:30-11:30am	Sat	May 07
	10:30-11:30am	Sat	Jun 04

Ranger-led Hike at Lakemont Community Park

This lovely trail winds alongside a creek as we ascend and descend throughout the park. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 700 ft total elevation change). Preregistration required for each participant.

Lakemont Community Park
FREE Age: All Ages

10:30am-12pm Sun May 15

Ranger-led Hike at Coal Creek Natural Area

Explore Coal Creek at the Cinder Mine Trailhead to discover Bellevue's largest park and get lost in the wilderness while still in the city! This area is rich in history and wildlife you'll learn about while being guided by a Bellevue Park Ranger. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 240 ft elevation change). Preregistration required for each participant.

Coal Creek Natural Area

FREE			Age: All Ages
	10:30am-12pm	Sun	Jun 12

Ranger Walk

Interested in a weekend activity that's both fun and educational? Bring the whole family to the Lake Hills Greenbelt Ranger Station for a ranger-led walk! On select Saturdays from 2-3 p.m., join us for a mild 1-mile nature hike through the Greenbelt's trails and discover the season's myriad of flora and fauna. Wear your favorite weather-appropriate outdoor clothing and shoes, and feel free to bring personal wildlife-viewing gear (e.g. binoculars or magnifying glasses) to further enjoy the park. If you're feeling especially energized, continue on to the Larsen Lake trail loop and use your newfound knowledge to explore. We'll be heading out rain or shine, so come prepared to learn and have a great time! Pre-registration required.

Lake Hills Greenbelt

FREE		Ag	ge: All Ages
2200396	2-3pm	Sat	Apr 30
2202333	2-3pm	Sat	May 07
2202334	2-3pm	Sat	May 14
2202335	2-3pm	Sat	May 21
2202336	2-3pm	Sat	May 28
2202337	2-3pm	Sat	Jun 04
2202338	2-3pm	Sat	Jun 11
2202339	2-3pm	Sat	Jun 18
2202340	2-3pm	Sat	Jun 25

Evening Nature Walk

Join a Bellevue Park Ranger for a (grown-ups only) hike where we'll explore some of the park's nocturnal species, as well as strategies for seeing these shy animals at night. Please bring a flashlight or headlamp, dress for the weather, and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Ages 18+. Preregistration required for each participant.

Lewis Creek Visitor Center & Park

FREE		Age:	18Y & Up
	8:30-10pm	Fri	Jun 17

Story & A Stroll

Spring in the Forest

Explore SPRING in the forest. Little ones will love learning all about springtime fun in the forest while following a mama deer and her sweet little fawn as they trek around the woods soaking in all the sights and sounds and meeting new woodland friends. Mercer Slough Nature Park

FREE			Age: 3-5Y
2200515	11am-12pm	Fri	Apr 15

Soaked

A Hula-Hooping moose, a badger with a bumblebee umbrella, a rabbit in a cashmere sweater, and a very wet bear star in this unpredictable and laugh-out-loud picture book in which having fun gets the best of a grumpy bear.

Mercer Slough Nature Park FREE Age: 3-5Y 2200518 11am-12pm Fri Apr 22

The Salamander Room

In this story a young boy's imagination is transformed after finding a salamander in the woods. He begins to turn his room into a perfect home for his newfound friend. How do you think it will turn out?

Mercer Slough Nature Park

FREE			Age: 3-5Y
2200519	11am-12pm	Fri	Apr 29

Family Discovery Series

Pond Peek

Our region is known for its mild, damp conditions, creating the perfect pond habitats for a multitude of creatures, from dragonflies to tadpoles. Join a park ranger for a closer look into the water at the critters that call these ponds home, and learn more about their fascinating (and often strange) lives by seeing them firsthand! We'll be looking at live animals, so get ready to use those observational skills and learn lots! Pre-registration required.

Lake Hills Greenbelt

FREE			Age: 5-10Y
	10-11am	Sat	May 07
	10-11am	Sat	May 14

Amazing Amphibians

Ribbit! Ever wonder more about the incredible chorus of frogs heard on warm evenings, or maybe even the sleek salamanders that find refuge under logs and leaves? Learn all you need to know about the amphibians that inhabit our natural spaces, and head out on a park ranger-led walk for a chance to spy a few! We'll use our newfound knowledge to explore where we might find these amazing animals in the park. Pre-registration required.

Lake Hills Greenbelt

FREE			Age: 5-10Y
	10-11am	Sat	Jun 04
	10-11am	Sat	Jun 11

Night Hike with a Ranger

Most of us have taken walks or hikes during the day, but what about the evening? A whole different world of creatures awakens as the sun goes down in our parks, ready to be discovered! Take a relaxed hike through the Lake Hills Greenbelt with a ranger to look and listen for these mysterious animals. You'll be amazed how different the sights and sounds of the forest are in the evening hours. Bring warm clothing and comfortable shoes, as we'll be doing about a mile of walking in rainy or clear weather! Pre-registration required.

Lake Hills Greenbelt

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Е			Age: 5Y & Up
	9-10pm	Fri	May 27
	9:30-10:30pm	Fri	Jun 24

Toddler Trails

Explore the trails at Lewis Creek Park with a park ranger and get out some wiggles on select days this spring. We'll take frequent stops while we investigate the different environments of Lewis Creek Park we wander through and learn how we can make hiking fun for everyone. This is an outdoor program, please dress for the weather and wear sturdy shoes. Ages 18 months -3 years with accompanying adult(s). This hike's difficulty is rated as easy (.5 miles). Preregistration required for children and adults.

Lewis Creek Visitor Center & Park

FREE

		Age: All Ages
10-11am	Sun	May 01
10-11am	Fri	May 20
10-11am	Sat	Jun 11
10-11am	Fri	Jun 24

Who's that Bird?

Fly in this month to learn the who's who and what's what of our local bird species. We'll learn some new feathered friends, explore the dangers of migration, and participants will choose their favorite bird for an art piece to be displayed at the Lewis Creek Visitor Center. Ages 5-10 with accompanying adult(s). Preregistration required for children and adults.

Lewis Creek Visitor Center & Park

FREE		Age: 5Y & Up		
	2:30-3:30pm	Sun	May 08	
	2:30-3:30pm	Sat	May 21	
	2:30-3:30pm	Sat	May 28	

Monsters In The Creek

Look closely into a creek. Stay still, and you might just see a giant set of jaws emerge from the deep to snatch dinner as it swims by! Creeks are full of living organisms, and while they might just look like ordinary bugs from afar, we'll get a tadpole's view of all the exoskeletons, pinchers, and external gills creeping along the creek bed this month. Ages 5-10 with accompanying adult(s). Preregistration required for children and adults.

Lewis Creek Visitor Center & Park

FREE			Age: 5Y & Up
	2:30-3:30pm	Sun	Jun 05
	2:30-3:30pm	Sat	Jun 18
	2:30-3:30pm	Sat	Jun 25

Batty Nights at Lewis Creek Park

Come test out your echolocation with a Park Ranger. We'll learn all about our local bat species while taking a dusk hike to watch for bats as they forage for insects! Bring a flashlight or headlamp, as well as sturdy shoes! Ages 5+ with accompanying adult(s). Preregistration required for children and adults.

Lewis Creek Visitor Center & Park

FREE			Age: 5Y & Up
	8-9:30pm	Fri	May 13
	8:30-10pm	Fri	Jun 03

Youth Sports

Dream Hoops

Register your child for our fun FREE 6-week basketball class session. This recreational basketball class focuses on teaching and developing basketball fundamentals, such as dribbling, defending, footwork, passing, and shooting through a variety of drills and games. Led by a lead and assistant coach, this program is centered on being inclusive, building skills, teamwork, sportsmanship, and building confidence.

Crossroads Community Center

FREE 2200068	5-5:45pm	Tue	Age: 6-8Y Apr 19-May 24
FREE 2200071	6-6:45pm	Tue	Age: 9-12Y Apr 19-May 24

Youth Flag Football

Bellevue Youth Sports is proud to offer a safe, dynamic, and non-competitive environment for beginning young co-ed athletes to discover the fun in playing flag football. Athletes will develop basic skills and techniques necessary to succeed on both offense and defense. This program is designed to introduce players to the sport with 30 minutes of practice and conditioning followed by 30 minutes of fun game play. No experience necessary.

Robinswood Community Park - Fields

\$37(R)	\$45(N)		Age: 7-13Y
2201304	1:45-3pm	Wed	Apr 20-May 11
2202384	1:45-3pm	Wed	May 18-Jun 08

Lake to Lake Bike Ride

9th annual Lake to Lake Bike Ride - an enjoyable, non-competitive ride that explores the hidden treasures of Bellevue. This ride utilizes low traffic roads, bike lanes and part of the Lake-to-Lake trail (non-technical gravel) and traverses much of the City. Greenbelt Loop - mostly flat 8 mile route; Lake Loop - more challenging 24 mile route with significant elevation gain. The course is well-marked and supported by staff and volunteers. Riders under 18 must be accomplanied by an adult.

Robinswood Community Park - Fields

\$15(R)	\$15(N)		Age: All Ages
2202460	8am-1pm	Sat	Jun 11

Jet's Gymnastics Express - Big Flips

Jet's Gymnastics has been teaching kids' gymnastics on the Eastside for over 20 years with a focus on building a fun and playful environment while improving their coordination and athletic ability. We accommodate a variety of skill levels and teach to the level of each boy and girl. Activities include gymnastics instruction in tumbling, bars, beam, and vault, along with games and activities including lots of obstacle courses, fun games, and much more.

Highland Community Center

\$155(R) \$186(N) 2202354 4:15-5:15pm Thu

Age: 6-12Y Apr 21-Jun 09

Tennis

Youth Little Lobbers Tennis

Class focuses on young children to build hand-eye coordination and develop muscle memory for basic form.

Robinswood Tennis Center

\$91(R) \$91(N) 2201603 11-11:45am Sat Age: 4-6Y Apr 30-Jun 18

BellevueWA.gov/Parks

Youth Intermediate Tennis

Class is designed for students who have completed Advanced Beginning II. The goal of the class is to be able to hit all strokes with consistency and the correct technique. This class is the highest level of Saturday Youth Lessons.

Robinswood Tennis Center

\$91(R)	\$91(N)		Age: /-14Y
2201604	10-11am	Sat	Apr 30-Jun 18

Youth Beginning Tennis

Class is designed for any child who has never taken lessons before or has minimal experience. Goals of the class are to introduce basic tennis.

Robinswood Tennis Center

\$91(R)	\$91(N)		Age: 7-10Y
2201605	1:15-2:15pm	Sat	Apr 30-Jun 18
\$91(R)	\$91(N)		Age: 11-14Y
2201606	2:15-3:15pm	Sat	Apr 30-Jun 18

Youth Advanced Beginning Tennis

Class is designed for students who have completed the Beginning class or have had lessons in the past.

Robinswood Tennis Center

	\$91(N)		Age: 7-10Y
2201607	3:15-4:15pm	Sat	Apr 30-Jun 18
\$91(R)	\$91(N)		Age: 11-14Y
2201608	4:15-5:15pm	Sat	Apr 30-Jun 18

Youth Teen Tennis

Class is designed for Beginning to Advanced Beginning levels of Teens.

Robinswo	od Tennis Ce	nter	
\$91(R)	\$91(N)		Age: 15-17Y
2201609	5:15-6:15pm	Sat	Apr 30-Jun 18

Adult Beginning Tennis

Level 1 is designed to provide basic skills needed to play tennis, including etiquette, rules, and scoring. USTA Level of 2.0 Robinswood Tennis Center

\$140(R	3) \$140(N)	Ag	e: 18Y & Up
2201591	1:15-2:30pm	Mon	Apr 25-Jun 13
\$160(R	3160(N)	Ag	e: 18Y & Up
2201599	7:45-9pm	Tue	Apr 26-Jun 14
2201592	10:30-11:45am	Wed	Apr 27-Jun 15
2201600	9-10:15pm	Wed	Apr 27-Jun 15
\$80(R)	\$80(N)	Ag	e: 18Y & Up
2201692	7:45-9pm	Tue	Jun 28-Jul 19
2201693	9-10:15pm	Wed	Jun 29-Jul 20

Adult Advanced Beginning Tennis

These lessons build on the basics, reinforcing technique, and adding advanced drills and learning how to play doubles. USTA level of 2.5 or higher.

Robinswood Tennis Center

\$140(R) \$140(N)	Age:	18Y & Up
2201588	12-1:15pm	Mon	Apr 25-Jun 13
\$160(R) \$160(N)	Age:	18Y & Up
2201589	10:30-11:45am	Tue	Apr 26-Jun 14
2201595	9-10:15pm	Tue	Apr 26-Jun 14
2201590	11:45am-1pm	Wed	Apr 27-Jun 15
2201596	7:45-9pm	Wed	Apr 26-Jun 15
\$80(R)	\$80(N)	Age:	18Y & Up
2201688	9-10:15pm	Tue	Jun 28-Jul 19
2201689	7:45-9pm	Wed	Jun 29-Jul 20

Register Online: http://register.bellevuewa.gov



Adult Intermediate Tennis

These lessons are for participants who already have sound fundamentals and are working on advanced technique such as spin serves, continental grip volleys, the slice backhand, and basic strategies. USTA Level of 3.0 or higher.

Robinswood Tennis Center

\$140(R) \$140(N)	Age:	18Y & Up
2201593	11:45am-1pm	Mon	Apr 25-Jun 13
2201601	7:45-9pm	Mon	Apr 25-Jun 13
\$160(R)\$160(N)	Age:	18Y & Up
2201594	10:30-11:45am	Thu	Apr 28-Jun 16
2201602	7:45-9pm	Thu	Apr 28-Jun 16
\$60(R)	\$60(N)	Age:	18Y & Up
2201694	7:45-9pm	Mon	Jun 27-Jul 18
\$80(R)	\$80(N)	Age:	18Y & Up
2201695	7:45-9pm	Thu	Jun 30-Jul 21

Adult Advanced Tennis

Class will focus on more advanced drills and strategy for singles/ doubles play. USTA Level of 3.5 or higher.

Robinswood Tennis Center

\$140(R) \$140(N)	Age: 18Y & Up
2201597 9-10:15pm	Mon Apr 25-Jun 13
\$160(R) \$160(N)	Age: 18Y & Up
2201598 9-10:15pm	Thu Apr 28-Jun 16
\$60(R) \$60(N)	Age: 18Y & Up
2201690 9-10:15pm	Mon Jun 27-Jul 18
\$80(R) \$80(N)	Age: 18Y & Up
2201691 9-10:15pm	Thu Jun 30-Jul 21

Online registration not available for the following Junior Teams. A tryout required each session

Tryout forms and form drop-off date available at BellevueWA.gov/Tennis

Prep Tennis Team

Class focuses on strengthening the student's rally skills. This class is designed for students who have completed Intermediate Saturday Classes. Entry to this class is granted only through Instructor approval. The goal of the class is to develop consistent rallies and begin match play. Next Level is Team 1.

Robinswood Tennis Center

\$72(R)	\$72(N)		Age: 7-18Y
	9-10am	Sat	Apr 30-Jun 18

Tennis Team 1

Have progressed past Saturday Intermediate Lessons. Players at this level should already be able to keep score, play matches against other players, execute volleys & overheads, and place serves consistently in the box. USTA Rookie Level Tournament Players.

Robinswood Tennis Center

\$180(R) \$180(N)		Age: 7-18Y	
	4-5:15pm	Tue,Thu	Apr 26-Jun 16
\$84(R)	\$84(N)	Age: All Age	
	2-3:30pm	Tue,Thu	Jun 28-Jul 21

Tennis Team 2

Players on Team 2 have finished a session in one of the top ladder spots on Team 1. They have shown a progression of their basic skills and they are incorporating those skills into their match play. Team 2 players are playing at an intermediate USTA level.

Robinswood Tennis Center

\$180(R) \$180(N)		Age: 7-18Y	
	5:15-6:30pm	Tue,Thu	Apr 26-Jun 16
\$84(R)	\$84(N)		Age: 4-18Y
	3:30-5pm	Tue,Thu	Jun 28-Jul 21

Tennis Tournament Team

Players on Tournament Team have finished a session in one of the top spots on Team 2. A requirement for this team is that the student is actively participating in tournaments. The student has a strong grasp of the basics and is working on developing offensive shots and strategies. Tournament Team players are playing at an intermediate and/or advanced USTA level.

Robinswood Tennis Center

\$276(R) \$276(N)	Age: 7-18Y	
5:15-6:30pm	Mon,Wed,Fri Apr 25-Jun 17	
\$120(R) \$120(N)	Age: 4-18Y	
2-3:30pm	Mon,Wed Jun 27-Jul 22	
10:30am-12pm	Fri	

Tennis Elite Team

This junior team is for USTA Champs level players only. Participants should be ranked in the top 50 of their age group in the Pacific Northwest to try out. Drill and Match-play environment. Highest Level of Junior Teams at Robinswood.

Robinswood Tennis Center

\$276(R) \$276(N)	Age: 7-18Y	
4-5:15pm	Mon,Wed,Fri Apr 25-Jun 17	
\$120(R) \$120(N)	Age: 4-18Y	
3:30-5pm	Mon,Wed Jun 27-Jul 22	
9-10:30am	Fri	

Pickleball

Adult Beginner Pickleball

This program is designed to provide basic skills needed to play pickleball, including etiquette, terminology, rules, and scoring. This is a progressive program that is designed to assist in developing you to grow in the game and be provided instuction on ways in which you can improve your skills. Recommended for players up to a Level 2.5 rating. Players are encouraged to bring their own paddle, but it will be provided if necessary. All other equipment will be provided.

South Bellevue Community Center

\$45(R)	\$54(N)	Age:	18Y & Up
2202601	9-10:30am	Tue	May 03-Jun 14
2202419	9-10:30am	Thu	May 05-Jun 16

Facility Addresses & Phone Numbers Quick Find Directory

RECREATION REGISTRATION FACILITY & FIELD RENTALS	
ADULT SPORTS LEAGUES, Bellevue City Hall, 450 - 110th Ave NE BELLEVUE AQUATIC CENTER, 601 - 143rd Ave NE BELLEVUE BOTANICAL GARDEN, 12001 Main ST BELLEVUE GOLF COURSE, 5450—140th Ave NE BELLEVUE YOUTH THEATRE, 16051 NE 10th St COMMUNITY GARDENS, SE 16th ST near 156th Ave SE CROSSROADS COMMUNITY CENTER, 16000 NE 10th ST CROSSROADS GOLF COURSE, 15801 NE 15th ST	
BELLEVUE AQUATIC CENTER, 601 - 143rd Ave NE	
BELLEVUE BOTANICAL GARDEN, 12001 Main ST	425-452-2750
BELLEVUE GOLF COURSE, 5450—140th Ave NE	
BELLEVUE YOUTH THEATRE, 16051 NE 10th St	
COMMUNITY GARDENS, SE 16th ST near 156th Ave SE	
CROSSROADS COMMUNITY CENTER, 16000 NE 10th ST	
CROSSROADS GOLF COURSE, 15801 NE 15th ST	
DOWNTOWN MAIN CLUB ADULT PROGRAMS,	
BOYS & GIRLS CLUB MAIN CLUB, 209 100th Ave NE	
HIGHLAND COMMUNITY CENTER AND PARK, 14224 NE Bel-Red RD -	
Adaptive recreation for people with disabilities & general programs	425-452-7686
KELSEY CREEK COMMUNITY FARM PARK, 410 - 130th PI SE	
LAKE HILLS GREENBELT RANGER STATION, 15416 SE 16th ST LEWIS CREEK VISITOR CENTER, 5808 Lakemont BLVD SE	
LEWIS CREEK VISITOR CENTER, 5808 Lakemont BLVD SE	
MERCER SLOUGH ENVIRONMENTAL EDUCATION CENTER, 1625 118th Ave SE	
Pacific Science Center	
NORTH BELLEVUE COMMUNITY CENTER, 4063–148th Ave NE	
NORTHWEST ARTS CENTER, 9825 NE 24th ST - Program Registration & Rental Informati	on425-452-4106
PARKS ADMINISTRATION, Bellevue City Hall, 450 - 110th Ave NE	
ROBINSWOOD HOUSE	
ROBINSWOOD TENNIS CENTER, 2400–151st PL SE	425-452-7690
SKATE PARK, 14224 NE Bel-Red Rd	
SOUTH BELLEVUE COMMUNITY CENTER, 14509 SE Newport Way	
TEEN SERVICES, City Hall, 450 - 110th Ave NE	
YOUTH LINK, City Hall, 450 - 110th Ave NE	
YOUTH SPORTS, Bellevue City Hall, 450 - 110th Ave NE	

Experience the magic of Bellevue Youth Theatre

Call our box office at 425-452-7155 to reserve tickets both livestream and in-person tickets to our upcoming productions of *The Legend of Mulan*, *The Secret Garden, and Bugsy Malone JR*.

BellevueWA.gov/BYT