

BELLEVUE NETWORK ON AGING
MINUTES

June 2, 2022

North Bellevue Community Center via Virtual – Zoom.

8:30am – 10:30am

MEMBERS PRESENT:

Abigail Brown, Anne Rittenhouse, Beverly Heyden, Desiree Leigh, Diana Thompson, Gazel Tan, Hannah Kimball, Janet Jelleff, Julie Hart, Kira Hackett, Mary Fredeen, Paul Bradley

MEMBERS ABSENT:

Catherine Wong, Phyllis Smilen, Barbara Carey. Gina Johnson has moved and is no longer a member of BNOA.

STAFF PRESENT:

Dan Lassiter, Bellevue Parks & Community Services
Christy Stangland, Bellevue Parks & Community Services

GUESTS:

Terri Cleveland, Woodlands at Forbes

PRESENTER(S):

None.

RECORDING SECRETARY:

Betty Lee, Bellevue Parks & Community Services

WELCOME AND ROLL CALL:

The meeting was called to order by Abigail Brown and the roll call taken.

PUBLIC COMMENTS:

None.

APPROVAL OF MINUTES:

May minutes approved.

BNOA TOPICS OF DISCUSSION:

❖ In-person/Zoom/Hybrid BNOA meeting discussion:

- Majority of members are suggesting staying on Zoom for various reasons; health and safety in precaution of Covid19, convenient and time saving, increasing gas prices, able to join when out of town, eliminating set-up at NBCC, technological challenges of hybrid meetings, etc.
- Some members suggested having an in-person meeting quarterly to meet and connect with each other.
- If accessibility is an issue, hybrid model is suggested to accommodate.

- Motion moved to stay on Zoom at this time for 5 months and reevaluate in November. Voted and approved.
 - This does not pertain to committee meetings; each committee is requested to discuss their preferences and decide.
- ❖ Planned Changes in Medicare:
 - Accountable Care Organization (ACO) Realizing Equity, Access, and Community Health (REACH) Model.
 - Diana suggested not adding this to the agenda as many areas about it are unclear and too complex.
 - Desiree is suggesting adding it to the agenda to follow it as this change will have some significant changes to Medicare.
 - Motion moved to add ACO REACH to the agenda, *not* to support it but for the purpose of collecting additional information to maintain awareness and distribute information with the help of the Outreach Committee. Voted and passed.
- ❖ Definition of senior for Bellevue – Saving this topic for the next meeting due to lack of time but requested to put it at the top of the agenda next time.

HUMAN SERVICES UPDATE: *Christy Stangland*

- ❖ Commissioners are in process of reviewing the 135 applications. Requested funds are over double the available funds.
- ❖ The staff has put together a funding recommendation. Supporting documents can be viewed on registrar: [City of Bellevue - Calendar \(legistar.com\)](http://legistar.com)
- ❖ Commissioners will have two meetings in June and two meetings in July, then will be finalizing the recommendation at the beginning of September.
- ❖ Meetings will be in-person starting Tuesday June 7th with hybrid option. If there is a holiday, the meetings will be moved to the following Thursday.
Applications are open for Community Development Block Grants (CDBG) and the deadline has been extended from Jun 1st to Monday, June 20th by 4pm. Information available online: [Community Development Block Grant | City of Bellevue \(bellevuewa.gov\)](http://bellevuewa.gov) Please reach out to Donna Adair with questions at dadair@bellevuewa.gov

NEW BUSINESS: *(Dan)*

- ❖ Elder Abuse Awareness Day - June 6.
 - Dan put together a proclamation which will be read by a council member. Diana will make a 3-minute comment on elder abuse. Council meeting starts at 6pm.
 - If you attend at city hall, please wear your BNOA name tags. If you'll be joining online, please state you're a member of BNOA and attending to support Diana.

COMMITTEE REPORTS: *Members were asked to read the following committee reports before the meeting for discussion:*

ADVOCACY COMMITTEE REPORTS: *No report today as the committee has not met.*

- ❖ Gina Johnson is no longer a member of the committee.
- ❖ Diana is requesting to have more members join to share your knowledge and voice your opinions. Diana would like another member to lead this committee next year so encouraging everyone to consider joining and come to the meeting on Monday June 6th at 8:45 if interested. Please alert Dan to send you the Zoom link if you'd like to attend.
- ❖ Abigail would like to comment that the collaboration with Kirkland Senior Council is highly beneficial for the Advocacy Committee.

OUTREACH & EDUCATION COMMITTEE REPORTS: *Committee Report.*

1. Volunteers for Bellevue Farmers Market

Aug 4	Sept 1
Gazel	Anne
Julie	Julie
Janet	Kira

2. Discussion of organization for Senior Day included ideas for give aways plus activities.

Check with Mark about any leftover umbrellas the city could donate.

Wheel of Fortune

Corn Hole

Scavenger Hunt

3. Changing title to "Celebration of Older Adults".

4. Anne attended the resource fair at the library and did not feel it would be a good fit for us.

5. Suggest Zoom lectures for any further events the City of Bellevue has. It would have been nice to have them for the Conference.

6. VSHS levy supports senior and veteran programs. Work on Outreach becoming involved it getting out information about the levy. Dan said data collection has become very time consuming.

7. Work on ways to get out more information by email.

8. For the November NN article financial fraud would be a good topic. Possibly an article by CERT.

9. Possibly an article on the workings of BNOA for the August NN. Hopefully will help recruitment. Each committee could write about what they are working on.

10. Proclamation on June 6 Diana will address the counsel.

- ❖ Abigail – Momentia (Eastside memory/dementia group) would like help with Salmon Days in Issaquah. If anyone is interested in volunteering in October at a table and possibly have BNOA table as well, please let Abigail know and information will be sent out.
- ❖ Today's update on Market Day volunteers – time commitment is 2 hours.
 - Aug 4th: Gazel, Julie, Janet, Desiree is tentative
 - Sept 1st: Anne, Kira, Gazel, Mary, Paul
- ❖ Waiting for an amount for the coupons/discounts/SWAG, should know by next meeting.

- ❖ Sounds of Swing band will be performing at the Farmer's Market on Senior Day.
- ❖ Gazel did a presentation on King County VSHS Levy and will be working on distributing information on it.
- ❖ August Neighborhood News article will focus on BNOA committee, each committee should write an article on the scope of work they do.
- ❖ Diana will write the dementia resources article for October.
- ❖ November – financial fraud article.
- ❖ Paul requesting to move August committee meeting from 3rd Thursday to 4th Thursday (June 23rd) due to a conflict, members agreed to move it to June 23rd
- ❖ Need to contact the organizations for the market. Janet will send a list out, please choose an organization you will coordinate with for market day on Aug 4th. There will be a rotating table so everyone can rotate and not stay at one table for 4 hours.
 - Possible organizations: SHIBA, Sound Generations, Clyde Hill Fire Dept, Oasis Senior Advisors (Julie), Eastside Neighbors Network, Hope Link, hearing loss (Diana can invite Sherry, Janet will get back to Diana)
- ❖ Leftover umbrellas will used at the Bellevue Essentials.
- ❖ Banner can be put out in front of the market; Dan won't know until end of July for the overpass.

HOUSING AND TRANSPORTATION REPORTS: *Committee Report.*

KSC members unable to attend today, are taking down the annual senior art show at Merrill Gardens.

Some H&T members attended City of Bellevue's Comprehensive Plan Update open house at Stevenson Elementary school on 5/14, event had good turnout, plenty of seniors, senior commentary covered same issues we've been debating for years.

COVID test kits available at NBCC, Uncle Fed also giving away (8) free masks and home tests upon request at *COVID.gov*. Folks are tending to mask up more than before in public arenas, consensus is that masks are here to stay, according to personal comfort level.

Gazel shared City of Bellevue's chart entitled ***Increasing Income Disparity***, monthly income gap has increased nearly 44% between 2010 and 2019. Also viewed several of the slides from the Comp Plan 5/14 open house.

Small group of H&T meeting weekly to put together a "fact sheet"/position paper on older adults in Bellevue. Will ask that older adults be considered as a separate demographic when planning affordable and accessible housing.

- ❖ KSC has joined the committee and have been a valuable addition to share information and ideas.
- ❖ Expansion of 300~500 units being planned for Evergreen Court which currently has around 80 units, committee would like to follow up for more information.
- ❖ Abigail and Gazel went on the affordable housing bus tour through the City of Bellevue and Abigail felt that there are many affordable housing options that are not widely

communicated. The “missing middle” where seniors with a fixed income fit in, won’t make the new AMI qualifications that is constantly changing. People need to be more aware of the affordable housing options. Affordable housing should be differentiated from senior housing so that different groups of people are the focus on particular types of housing and availability.

- ❖ Abigail and Gazel are suggesting inviting Mike Stanger from ARCH to speak to BNOA to illuminate different issues. The document that shows programs, qualifiers, target audience, etc. are things BNOA looks for, but many times don’t know where to find them. It would be nice to know where these data came from and obtain a digital copy.
 - ❖ Transportation - there’s a project underway to come up with an option for seniors that is outside of what is currently available through a federal grant as a pilot test to development more options, committee is waiting to hear more from this group.
 - ❖ Please email Gazel if you’d like to see the compiled data.
 - ❖ Diana would like to know what the city is doing to keep older adults in their homes, not only for low income but for all older adults.
 - ❖ Gazel will request senior services for the next meeting’s agenda item.
-
- Dan, please send out an email to confirm who can attend the next monthly BNOA meeting on July 7th as it falls on a holiday week.
 - Abigail will be involved with the Bellevue Police Advisory Council and the Comprehensive Planning group and will be meeting monthly. Older adults need representation, none of the councils address older adults. Abigail will be speaking with them to discuss how to get representation for older adults. Please let Abigail know if you’d like to provide input on the comprehensive plan.

Meeting adjourned at 10:42am