



BNOA RETREAT AGENDA

JANUARY 6TH, 2022

8:30 – NOON

INTRODUCTIONS: (8:30a)

Activity

- Tell us something unusual about yourself (1 minute)

Approve Minutes (8:50a)

OUR MISSION: The BNOA is dedicated to healthy aging in our community by promoting awareness of needs and resources that support older adults through life's transitions.

- BNOA Purpose
 - Continue to understand and know what's going on in our community and be involved.
 - Awareness and source of information. We are the eyes and ears of local and regional issues that affect older adults.
 - Preparing and equipping decision makers around issues that impact older adults. Informing, supporting, and educating the community of older adults.
- Ideas on how committee members can keep informed
 - Community meetings and events
 - Commissions and Boards meetings
 - Social Media
 - Nextdoor

I. Committee summary reports for 2021 and group conversation: (8:50 – 9:35a)
Advocacy – Diana



Outreach - Janet

Housing & Transportation – Hannah & Gazel

II. Main goal to consider for 2022 is the same as 2021: (9:35a)

- How can BNOA be more effective in representing older adults in Bellevue in 2022?

Promoting Awareness and Needs

- Who – everyone, decision makers, all generations, awareness of BNOA within COB
- Where – Use Engaging Bellevue platform
- How - need ease of use and easy access, BNOA webpage, how do residents interact with BNOA, calendar of events and meetings
- Elevator speech – Can we create one right now?
- Build relationships
 - Community Meetings
 - Commission Meetings
- Understand Needs
 - How – relationships, committee meetings, BFD social workers, social workers who work with seniors (Sound Generations? Healthcare providers)
- Resources that each of us know:
 - Who?
 - Where?



III. **Lessons Learnt in 2021 (members to provide input, examples below)**

- 14% of Bellevue residents are 65 years or older (approx. 21,000 residents)
- 21% of people over 64 are low income (approx. 4,410)
- Where do seniors fit on the AMI chart for 30% - 50% - 80% affordability?
- How are seniors getting information?
- How are seniors getting the resources they need?
- Some opportunities for face2face meetings and programs
- Access to wider community via on-line meetings and remote programs
- Transportation – how to engage early so we can provide feedback. Pursuit of more transport options for older adults of Bellevue.
- People are able to learn technology – opportunity to help seniors
- Common resource 2-1-1? What do you see as important to put on 211 from NBCC? – Dan
- Many Bellevue issues are also regional/King County issues

Priority Initiatives for 2022 (What should be added or deleted, vote for top 3) (9:40a)

- Digital Equity – computers for seniors
- KC grants for senior equipment and training
- Determine basic requirements for good access
- Non-digital information for distribution
- Advocacy Comm support for Digital Equity



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- Bellevue Patch
 - Universal Design, should we continue to pursue an aspect of the concept?
 - Affordable Housing especially concerning the income in-between population in Bellevue.
 - Dementia initiatives – DAC status, Dementia Friendly City and businesses. Bringing service to Bellevue.

IV. What 10 presentations would you like this year? (9:50a)

City Manager is being sought by former member Linda Whitehead. Council Chambers has secured the May meeting to present to Bellevue's Boards & Commissions. Others? - Dan

Robert's Rules - Parliamentary Meeting Procedures

BREAK (10am – 10:15am)

V. Discussion Committees Work Plan

Next steps – what follow-up action can each committee take after our monthly speaker sessions

Breakout Rooms for Committees (10:15)

ADVOCACY

List of committee members:

Chair / co-chair -

Notes taker –

Confirm date and time of monthly committee meetings



Priorities:

Develop and advocate Legislative Priorities.

Create local agenda

Housing / Transportation

List of committee members:

Chair / co-chair -

Notes taker –

Confirm date and time of monthly committee meetings

Priorities:

Focus on transportation and housing issues facing older adults.

Identify and promote awareness of transportation options

Maintain ARCH senior housing website

Participate in conferences and projects and discussions that focus on housing and transportation needs.

Sound Generations project for van service.

Other?

Outreach

List of committee members

Chair / co-chair

Notes taker



Confirm date and time of monthly committee meetings

Priorities:

Focus on community outreach, Proclamations, Resource Booklet for Bellevue Older Adults and Vial of Life distribution.

Vials of Life distribution - Life saving information

Participate in Resource Fairs and other Community Events

Participate in and promote activities for those living with dementia

Promote awareness of needs and resources that enable successful aging

News Articles on issues concerning aging adults.

Return from Breakout Rooms (11:00am)

Recap on Committee Discussions (11:00 – 11:30)

- # members in committee

Partnerships - Regional Coordination:

- BNOA partners with the Kirkland Senior Council to advocate for Eastside older adults
- Housing and Transportation Committee working with Kirkland Senior Council
- Host and participate in legislative forums
- Involved in Eastside Human Services Forum
- EERC Eastside Easy Rider Collaborative
- Aging and Disability Services



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- Other?

VI. Other issues the group would like to discuss in future meetings?

What have we missed?

**Elevator Speech:
(no longer than 2 minutes)**

The BNOA is dedicated to healthy aging in our community by promoting awareness of needs and resources that support older adults through life's transitions.

An advisory board to the CoB Parks and Services Department to study, review, evaluate and make recommendations to the City on all matters affecting Bellevue's older adults.

3 standing committees - Advocacy, Housing & Transportation, Outreach, work on various issues. The Outreach Committee is reaching out to senior groups to help us share information within the community

Why am I here representing BNOA?