

## CLASSES WITH FLEX CARD AND DROP-IN OPTIONS:

Active Adult Fitness  
Cycle/Stretch  
Cycling with Joan  
Fit 360°  
Pilates  
Strong & Fit  
Total Body Fitness  
Yoga  
ZUMBA®

## OTHER CLASSES ALSO AVAILABLE:

Mindfulness Meditation  
Shotokan Karate  
Small Group Training with Sara  
Taekwondo



14509 SE Newport Way  
Bellevue, WA 98006  
425-452-4240

[BellevueWA.gov/sbcc](http://BellevueWA.gov/sbcc)  
[register.bellevuewa.gov](http://register.bellevuewa.gov)



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-4240 (voice) or email SBCC@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice) or email ADATitleVI@bellevuewa.gov. If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

City of Bellevue  
Parks & Community Services  
PO Box 90012  
Bellevue, WA 98009-9012



Cycling with Joan, Fit 360°, Gentle Yoga, Pilates, Strong & Fit, ZUMBA® classes, and more...



BOYS & GIRLS CLUBS  
OF BELLEVUE

# Fitness Classes

[BellevueWA.gov/sbcc](http://BellevueWA.gov/sbcc)  
[register.bellevuewa.gov](http://register.bellevuewa.gov)

## BEST BUY!

### Session/Monthly Rates

Signing up for classes by the session or month is always the best value. Register online at [register.bellevuewa.gov](http://register.bellevuewa.gov) or in person.

## NEED SOME FLEXIBILITY?

### Flex Card Rates

Designed for participants needing more flexibility. Purchase a 5-class pass valid for the trimester.

(Jan-Apr, May-Aug, Sept-Dec)

Class	Resident	Non-Resident
Active Adult Fitness	\$55	\$65
Cycle/Stretch	\$45	\$54
Cycling with Joan	\$45	\$54
Fit 360°	\$66	\$78
Pilates	\$84	\$100
Strong & Fit	\$55	\$65
Total Body Fitness	\$66	\$78
Yoga	\$78	\$90
ZUMBA®	\$45	\$54

## Drop-In Rates

Many of our fitness classes can be attended on a drop-in, space available basis for maximum flexibility.

Class	Resident	Non-Resident
Active Adult Fitness	\$12	\$14
Cycle/Stretch	\$10	\$12
Cycling with Joan	\$10	\$12
Fit 360°	\$14	\$17
Pilates	\$18	\$22
Strong & Fit	\$12	\$14
Total Body Fitness	\$14	\$17
Yoga	\$17	\$20
ZUMBA®	\$10	\$12

## ENHANCED BENEFIT!

### ePass (Monthly EFT\*) & Annual Fitness Center Pass Holders Enjoy the Following:

25% off the session price for the following 9 classes: Active Adult Fitness, Cycle/Stretch, Cycling with Joan, Fit 360°, Pilates, Strong and Fit, Total Body Fitness, Yoga and ZUMBA®.

*\*Electronic Funds Transfer*

## FREE FIRST CLASS

**Try these classes free your first time:** Active Adult Fitness, Cycle/Stretch, Cycling with Joan, Fit 360°, Pilates, Strong and Fit, Total Body Fitness, Yoga and ZUMBA®.

For additional class offerings and descriptions go to [BellevueWA.gov](http://BellevueWA.gov) and search "Connections Brochure".