

November &
December 2021

CONNECTIONS



**Welcome to Bellevue Parks & Community Services
Fall 2021 Recreation Programs! Our goal is to provide a safe,
healthy, fun and enriching experience for all participants.**

We look forward to seeing you and your family back in our programs this fall. To provide you with a safe experience, we have implemented a number of health and safety guidelines and screening procedures in response to the coronavirus pandemic. **All participants will be required to comply with masking, physical distancing, health screening, vaccine verification, and hand hygiene requirements in effect at the time of the program. These requirements are subject to change based on updated guidance from public health authorities.**

All program participants 12 and older will be required to show proof of full COVID-19 vaccination or an approved negative test in order to enter indoor recreation and community facilities in compliance with Public Health of Seattle & King County's Vaccine Verification Order. For more information, visit BellevueWA.gov/vaccination-verification.



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ADAParks@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.



Bellevue Parks &
Community Services

FACILITY ADDRESSES AND PHONE NUMBERS QUICK FIND

RECREATION REGISTRATION	425-452-6885
FACILITY & FIELD RENTALS	425-452-6914
ADULT SPORTS LEAGUES, Bellevue City Hall, 450 - 110th Ave NE.....	425-452-4479
BELLEVUE AQUATIC CENTER, 601 - 143rd Ave NE	425-452-4444
BELLEVUE BOTANICAL GARDEN, 12001 Main ST.....	425-452-2750
BELLEVUE GOLF COURSE, 5450—140th Ave NE.....	425-452-7250
BELLEVUE YOUTH THEATRE, 16051 NE 10th St.....	425-452-7155
COMMUNITY GARDENS, SE 16th ST near 156th Ave SE	425-452-2568
CROSSROADS COMMUNITY CENTER, 16000 NE 10th ST.....	425-452-4874
CROSSROADS GOLF COURSE, 15801 NE 15th ST.....	425-452-4873
DOWNTOWN MAIN CLUB ADULT PROGRAMS, BOYS & GIRLS CLUB MAIN CLUB, 209 100th Ave NE.....	425-452-4106
HIGHLAND COMMUNITY CENTER AND PARK, 14224 NE Bel-Red RD - Adaptive recreation for people with disabilities & general programs.....	425-452-7686
KELSEY CREEK COMMUNITY FARM PARK, 410 - 130 th PI SE.....	425-452-7688
LAKE HILLS GREENBELT RANGER STATION, 15416 SE 16th ST.....	425-452-7225
LEWIS CREEK VISITOR CENTER, 5808 Lakemont BLVD SE.....	425-452-4195
MERCER SLOUGH ENVIRONMENTAL EDUCATION CENTER, 1625 118th Ave SE	425-452-2565
Pacific Science Center.....	425-450-0207
NORTH BELLEVUE COMMUNITY CENTER, 4063—148th Ave NE.....	425-452-7681
NORTHWEST ARTS CENTER, 9825 NE 24th ST - Program Registration & Rental Information.....	425-452-4106
PARKS ADMINISTRATION, Bellevue City Hall, 450 - 110th Ave NE.....	425-452-6885
ROBINSWOOD HOUSE.....	425-452-7850
ROBINSWOOD TENNIS CENTER, 2400—151st PL SE.....	425-452-7690
SKATE PARK, 14224 NE Bel-Red Rd.....	425-452-2722
SOUTH BELLEVUE COMMUNITY CENTER, 14509 SE Newport Way.....	425-452-4240
TEEN SERVICES, City Hall, 450 - 110th Ave NE.....	425-452-2846
YOUTH LINK, City Hall, 450 - 110th Ave NE.....	425-452-5254
YOUTH SPORTS, Bellevue City Hall, 450 - 110th Ave NE.....	425-452-6885



Bellevue Parks & Community Services

PO Box 90012
Bellevue, WA 98009-9012

Bellevue City Council

Lynne Robinson, Mayor

Jared Nieuwenhuis, Deputy Mayor

Jeremy Barksdale
Jennifer Robertson

Conrad Lee
John Stokes

Janice Zahn

Parks & Community Services Board

David Hamilton, Chair

Pamela Unger, Vice-Chair

Paul Clark
Debra Kumar

Cassidy Giampetro
Eric Synn

Heather Trescases

FOOD & REFRESHMENTS

Programs listed in this brochure may include a food or beverage refreshment. Please contact the your Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

City of Bellevue Tax ID Number:
91-6007020

Every attempt has been made to ensure that information in this brochure is accurate as of the time of publication. For the most up-to-date information on activity availability, pricing, dates, times, and location, please visit our online registration system at register.bellevuewa.gov.

On the Cover: *Ranger Program at Mercer Slough Environmental Education Center*, photograph by Marcus Donner.

Questions or comments about Connections?
Contact Colin Walker, Department Marketing Administrator, at cwalker@bellevuewa.gov.

Registration & Payment Policies

Every effort is made to ensure that the information in this catalog is accurate at the time of publication. Because policies, personnel, and funding can change, Bellevue Parks & Community Services reserves the right to add or withdraw programs and to amend, revise, or modify any provision, including - but not limited to - price, date, and location, printed in this brochure. You are encouraged to visit <https://register.bellevuewa.gov> for the most up-to-date information.

Food & Refreshments

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City of Bellevue Tax ID Number:

91-6007020

Registration and Payments:

For camps meeting fewer than 15 hours per week, please see "General Recreation Programs and Mini-Camps" policies. Day Camp policies on this page do not apply to camps meeting fewer than 15 hours per week.

Registration Priority:

The City of Bellevue is committed to providing a wide range of recreation activities for Bellevue residents. Therefore, the City gives advance registration preference for those residing within the Bellevue city limits. Non-residents are welcome to take part in recreation programs on a space-available basis. Non-resident registrations are not accepted prior to the first day of non-resident registration. On this day, mailed and faxed registrations will be accepted, via phone at 425-452-6885, or online at <http://register.bellevuewa.gov>.

Due to an interlocal agreement with King County, all registrations for programs at South Bellevue Community Center are processed in the order received.

Registration Confirmation:

Registration receipts are mailed electronically after registration has been processed. Call 425-452-6885 to request a printed registration receipt.

Scholarships/Financial Assistance:

Financial assistance is available to qualifying residents who live within the Bellevue City limits. See *Connections* for scholarship application. Scholarship applicants will be notified of the amount due for each registration after scholarship application is processed. Please call 425-452-6885 or visit bellevuewa.gov/connections for information on applying for assistance.

Payment:

Payment is accepted in Cash, gift certificates, checks, or Visa/MasterCard only. Payment for all programs except day camps is due in full at the time of registration. All transactions completed online require payment in full at the time of registration. *Scholarship application is required prior to registration.* Please do not mail cash.

General Recreation Programs and Mini-Camps: Payment is due at the time of registration. Scholarship application is required prior to registration if paying with scholarship.

Day Camps: Each Day Camp requires a \$35 non-refundable fee, per participant, per camp, at the time of registration, and will be applied toward the final amount due. Payment in full is due for the first two (2) camps at the time of registration. Payments for subsequent camps are due fourteen (14) calendar days prior to the first day of each session.

Credit Card:

Include credit card number and expiration date on registration form.

Checks:

All checks or drafts received by the City which are returned or dishonored by the drawee bank or other such depository shall be assessed a charge of \$15.00 (Adm. Order 53).

Refunds:

Classes cancelled by the City will result in a 100% refund of program fees. No refunds are available for programs \$10 or less. No refunds or credits will be issued on or after the first day of the program or camp. See COVID-19 procedures on preceding pages for information regarding pandemic-related refunds.

General Recreation Programs/Mini-Camps (camps meeting fewer than 15 hours per week):

A refund is granted if the withdrawal is made at least seven (7) calendar days prior to the start of class, less a \$10 administrative fee per participant, per program. Class withdrawals requested fewer than seven (7) calendar days prior to class will result in a refund of:

- Programs with fees \$20 or less: program fee, less \$10 administrative fee, per participant, per program.
- Programs with fees greater than \$20: 50% of the program fee, per participant, per program.

Day Camps (camps meeting 15 hours or more per week): A refund is granted if the withdrawal is made at least ten (10) calendar days prior to the first day of class, less a \$35 non-refundable deposit, per participant, per camp. Camp withdrawals requested less than ten (10) calendar days prior to camp will result in a refund of 50% of the program fee, per participant, per program. If you are interested in transferring to a different camp, please call 425-452-6885 for information on our transfer policy.

RESIDENT DEFINITION:

A resident is defined as anyone living within the jurisdictional boundary of the City of Bellevue as determined by City records. If you have any question as to whether you are within the jurisdictional boundary of the City of Bellevue, please contact the Development Services Department's Land Use Division at 425-452-4188.

EQUAL OPPORTUNITY STATEMENT:

The City of Bellevue assures that no person shall on the grounds of race, color, national origin, or sex as provided by Title VI of the Civil Rights Act of 1964, and related statutes, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any City of Bellevue program or activity. Any person who believes his/her Title VI protection has been violated may file a complaint with the ADA/Title VI Administrator. For Title VI complaint forms and advice, please contact the ADA/Title VI Administrator at 425-452-6168.



Bellevue Parks & Community Services

Activity Registration Form



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Please Print Clearly

Adult Last Name	First	Date of Birth
<hr/>		
Street Address		
<hr/>		
City	State	ZIP
<hr/>		
E-Mail Address - By providing your email address, you will receive emailed receipts and updates from Bellevue Parks & Community Services.		
()	()	
Work Phone	Home Phone	

Participant #1 Name: _____
Last First

Date of Birth: _____ ☐ Male ☐ Female

Class No	Class Title	Fee	Use Scholarship?

Participant #2 Name: _____
Last First

Date of Birth: _____ ☐ Male ☐ Female

Class No	Class Title	Fee	Use Scholarship?

Payment Details

See Payment Policies for More Information.

Payment Method

☐ Check ☐ D.D.A. (send to Highland)

☐ Credit Card

Total Fee: \$ _____



Card Number

Expiration Date

2021 Summer Camps

Mail completed form to:

Bellevue Parks Registration; P.O. Box 90012; Bellevue, WA 98009-9012

WAIVER OF LIABILITY/PHOTO & VIDEO RELEASE PLEASE READ CAREFULLY

In consideration of myself and/or my child(ren) being allowed to use City of Bellevue Parks & Community Services facilities and/or participate in the City-sponsored activity(ies) identified herein, **I ASSUME ANY AND ALL RISKS, INCLUDING RISK OF INJURY OR DEATH**, associated with my or my child(ren)'s use of said facilities and/or participation in said activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to waive and **RELEASE** any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facilities or participation in the City-sponsored activity(ies) identified herein. I acknowledge that I have carefully read this **WAIVER OF LIABILITY** and fully understand that I am waiving any right that I may have to bring a legal action or to assert a claim against the City of Bellevue in connection with the use of City facilities or participation in the City-sponsored activity stated below.

PHOTO/VIDEO RELEASE: I give my permission to have photos and/or video and audio recordings taken of me or my child(ren) during City of Bellevue activities and authorize the City of Bellevue to copyright, use, and publish the same. I understand I am waiving any right of privacy, compensation, copyright or other ownership right connected to the photo or recording. If you do not give permission to have photos and/or video and audio taken of you or your child(ren), please contact the main office at 425-452-6885 or Parksweb@bellevuewa.gov.

ASSUMPTION OF THE RISK AND WAIVER OF LIABILITY RELATING TO COVID-19 PLEASE READ CAREFULLY

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is very contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The City of Bellevue has put in place preventative measures to reduce the spread of COVID-19; however, the City cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, using City facilities and/or participating in City programs and activities could increase you and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and **VOLUNTARILY ASSUME THE RISK THAT I OR MY CHILD(REN) MAY BE EXPOSED TO OR INFECTED BY COVID-19** by using the City facility and/or participating in the City programs or activities identified herein **AND THAT SUCH EXPOSURE OR INFECTION MAY RESULT IN PERSONAL INJURY, ILLNESS, PERMANENT DISABILITY, AND DEATH**. I understand that the risk of becoming exposed to or infected by COVID-19 at the facility or in the programs or activities identified herein may result from the actions, omissions, or negligence of myself and others, including, but not limited to, City employees, volunteers, and participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself or my child(ren) (including but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I, or my child(ren) may experience or incur in connection with my or my child(ren)'s attendance at the facility or participation in the program or activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to **WAIVE AND RELEASE** any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facility or participation in the City programs and activities identified herein. I understand that this release includes any claims based on the actions, omissions, or negligence of the City, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in the City program or activity.

IN ADDITION, I AGREE TO COMPLY WITH ALL COVID-19 SAFETY POLICIES AND PROCEDURES OF THE FACILITY OR PROGRAM/ACTIVITY IDENTIFIED HEREIN.

I acknowledge that I have carefully read this WAIVER OF LIABILITY / RELEASE / ASSUMPTION OF RISK AND WAIVER OF LIABILITY RELATING TO COVID-19 and fully understand that I am waiving any right that I may now or hereafter have to bring a legal action to assert any claim against the City of Bellevue in connection with my or my child(ren)'s participation in this activity.

Adult Participant or Participant's Parent/Guardian Signature _____ Date _____

Printed Name: _____
Registration NOT VALID without signed waiver.



SCHOLARSHIPS AVAILABLE FOR RECREATION PROGRAMS

Bellevue Parks & Community Services strives to make program opportunities available to all interested individuals who live in the boundaries of the city of Bellevue, regardless of income. We provide scholarships to those who might not otherwise be able to participate. Visit one of the locations listed at the bottom of this page to obtain a copy of the scholarship application form, visit parks.bellevuewa.gov/connections to download a copy, or call 425-452-6885 and staff will be happy to mail you a copy of the form, free of charge.

贝尔维尤公园和社区服务中心致力于为居住在贝尔维尤市边界地区的所有对此计划感兴趣的人士提供机会，而不会考虑个人的收入情况。我们为可能无法参与的人士提供奖学金。您可前往本页面底部列出的其中任一地点，领取一份奖学金申请表副本，也可以浏览网站 parks.bellevuewa.gov/connections 下载一份副本，或致电 425-452-6885，工作人员将乐意给您免费邮寄申请表副本。

벨뷰 공원 및 근린시설 서비스는 소득 수준과 관계없이 프로그램에 관심이 있는 벨뷰시 거주 시민이라면 누구든지 프로그램 이용 기회 제공하고자 노력합니다. 참여가 어려운 사람에게는 장학금을 제공합니다. 이 페이지 하단에 열거된 지점 중 한 곳을 방문하거나 parks.bellevuewa.gov/connections를 방문하여 장학금 지원서 양식을 받을 수 있으며, 425-452-6885번으로 전화하면 직원이 지원서 양식을 무료로 발송해드립니다.

Служба парков и коммунальных предприятий Белвью предлагает программы создания возможностей всем заинтересованным лицам, которые живут в пределах города Белвью, независимо от их дохода. Мы предоставляем стипендии тем, кто без этого не сможет стать участником программы. Получить бланк заявки на стипендию можно в одном из офисов, перечисленных в нижней части этой страницы. Чтобы скачать бланк заявки, зайдите на страницу parks.bellevuewa.gov/connections или позвоните по номеру 425-452-6885, и сотрудники бесплатно отправят вам бланк по почте.

Parques y Servicios Comunitarios de Bellevue procura hacer que las oportunidades para participar en los programas estén disponibles a todos aquellos que estén interesados y vivan dentro de los límites de la ciudad de Bellevue, independientemente de sus ingresos. Otorgamos becas a los que no podrían participar de otra manera. Visite algunos de los locales listados al pie de esta página para obtener una copia del formulario de solicitud de becas, también puede ingresar a parks.bellevuewa.gov/connections y descargar el formulario o puede llamar al 425-452-6885 y el personal felizmente le enviará una copia por correo electrónico sin costo.

Bellevue Aquatic Center 601 143rd Ave NE
Bellevue City Hall 450 110th Ave NE - ServiceFirst
Bellevue Youth Theatre 16501 NE 10th St
Crossroads Community Center 16000 NE 10th St
Highland Community Center 14224 Bel-Red Rd

Kelsey Creek Farm 410 130th Pl SE
Crossroads Mini City Hall 15600 NE 8th St #H9
North Bellevue Community Center 4063 148th Ave NE
Northwest Arts Center 9825 NE 24th St
South Bellevue Community Center 14509 SE Newport Way

Low-Cost & No-Cost Programs

Bellevue Parks & Community Services offers a variety of low-cost and no-cost programs for all ages! All of these programs are designed to provide year-round participation for under \$500.

Bellevue Botanical Garden

Garden d'Lights

Bellevue Youth Theatre

Rapunzel

The Velveteen Rabbit

How the Penguins Saved Santa Claus

Video Production & Streaming

Kelsey Creek Farm

Family Tours

Saturday Tours

Saturday Workshops

Story Time

Lake Hills Greenbelt Ranger Station

Ranger Walk

Colorful Caterpillars

Bewitching Bats

Lake Hills Hues

Coastal Cats

Lewis Creek Visitor Center

Ranger-led hikes

Family Discovery Series Nature Programs

Mercer Slough Environmental Education Center

Story & A Stroll

Ranger-led hikes

Ranger programs

North Bellevue Community Center

Friday Flicks

Chinese Information Service Center Singing Group

Chinese Information Service Center ESL

Chinese Information Service Center Tai Chi

Tai Chi

Billiards

Drop-In Pickleball

Drop In Table Tennis

Adult Volleyball Drop-In - Hidden Valley Gym

Line Dancing

Board Games

Coloring and Coffee

South Bellevue Community Center

Pickleball

Adult Basketball

Family Basketball

Adult Volleyball

Cycle/Stretch

Active Adult Fitness

Strong & Fit

Indoor Cycling

ZUMBA

Fitness Center Drop-In

Shotokan Karate - Youth

Taekwondo

TRACKS

Tuesday Trails

Wednesday Walks

TRACKS Elementary Program

Northwest Arts Center

Pumpkin Pals

Cartoon Express for Grown-Ups

Holiday Houses

The City of Bellevue prohibits sex discrimination in the operation or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Bellevue for a community athletic program are also prohibited from discriminating on the basis of sex. In addition, the City of Bellevue does not discriminate on any other basis provided by Federal or State law. If you have questions or wish to file a complaint, contact Susan Freeburg at SFreeburg@bellevuewa.gov, or 425-452-4278.

정보	Information	情報
Información		معلومات
సమాచారం		Информация
اطلاعات		Thông Tin
सूचना	425-452-6800	資料

Arts

Creative Kids After School Art Program

Enhance your child's creativity with a variety of arts and crafts, drawing, painting, and outdoor play to get them moving. Activities take place in both indoor and outdoor settings.

Northwest Arts Center

\$210(R) \$251(N) Age: All Ages
2110032 12:30-3pm Wed Nov 03-Dec 15

Clay Figurine

The course will take you through the entire process of sculpting a figurine to a very high finish, with an emphasis on getting the anatomical structure correct at the beginning. This is key to achieving a likeness. We will show you how to train your eye to see objectively, so you can learn to trust your own judgment. This class offered by the American Academy of Fine Arts.

Northwest Arts Center

\$240(R) \$240(N) Age: 6-14Y
Register at www.aafawa.com 3:30-5pm Tue Nov 02-Dec 14
Register at www.aafawa.com 3:30-5pm Wed Nov 03-Dec 15

Creative Art for Young Kids

Youth Art Classes with the American Academy of Fine Arts.

Northwest Arts Center

\$240(R) \$240(N) Age: 4-6Y
Register at www.aafawa.com 9:30-11am Wed Nov 03-Dec 15

Crafts

DIY Pom Pom Tassel Garland Workshop

Feeling overwhelmed & would like a creative break? WE CAN HELP! The North Bellevue community Center is hosting a FREE DIY pom pom tassel garland workshop at NBCC! During the two hour workshop you'll learn how to make pom poms, tassels, and put them together to create a playful bag charm you can hang anywhere! This workshop is fun for all ages! We'll provide all the materials you need! Includes tea, coffee, water and refreshments.

This program is free; however, advance registration is required. **Workshop information may change and is contingent on current public health guidelines and restrictions. This program receives funding from the King County Veterans, Seniors and Human Services Levy.

North Bellevue Community Center

FREE Age: 5Y & Up
2-4pm Thu Nov 04
10am-12pm Fri Dec 03

Visual Arts

Cartoon Express for Grown-Ups

De-stress from your workday with cartooning! Constructing from the imagination and exaggerating from life, while exploring moods and animating actions. materials provided. Brad Niemeyer, Instructor.

Northwest Arts Center (Studio A)

\$57(R) \$69(N) Age: 18Y and up
21010202 6:15-7:15pm Tue Nov 02-Dec 14

BellevueWA.gov/Parks

Multi-Media

Funtastic Art Mission!

Artists will boost the fun into orbit with this rocket powered art mission. We will mix and match different art media including, but not limited to pencil, charcoal, water color acrylics, pastel, markers, collage and Ink. We will paint on paper, cardboard, and canvas. The art could go 3-dimensional with pop-ups, cut-outs and layers. We will test and grow young design skills, drawing skills and assembly skills. This will be a creator space where the traditional art rules are bent and broken. Bring all your creativity!

Northwest Arts Center

\$75(R) \$90(N) Age: 6-10Y
21098862 4-5:30pm Thu Nov 04-Dec 16

Drawing/Painting

Cartooning and Drawing With Mr. Brad

Drawing and cartooning skills unleash a child's creativity. Fledgling cartoonists will learn the basics of expression drawing, line quality, constructing from imagination and exaggerating from life, while exploring moods and animating actors.

Northwest Arts Center

\$90(R) \$108(N) Age: 6-10Y
2198882 4-5:30pm Tue Nov 02-Dec 14

Watercolor Painting for Adults

This class introduces classic watercolor techniques and builds slowly from the simple to the more complex. Topics include use of value, control of the medium, color mixing, and composition. Demonstrations are part of the class but painting from still life and photographs is emphasized. Experienced students will focus on assignments to improve color handling, composition, and specific painting challenges.

Northwest Arts Center

\$210(R) Age: 16Y and up
Register at www.aafawa.com 10:30am-12pm Tue Nov 02-Dec 14

Watercolor Painting

This class introduces classic watercolor techniques and builds slowly from the simple to the more complex. Topics include use of value, control of the medium, color mixing, and composition. Demonstrations are part of the class but painting from still life and photographs is emphasized. Experienced students will focus on assignments to improve color handling, composition, and specific painting challenges.

Northwest Arts Center

\$240(R) \$240(N) Age: All Ages
2101019 1:30-3pm Wed Nov 03-Dec 15

Register Online:
http://register.bellevuewa.gov

November & December 2021

CONNECTIONS

Drawing Class

What will your kids discover when they explore drawing? With this class, your kiddos can take their curiosity and creativity even further, exploring how to draw with step-by-step drawing for kids and sketching tutorials. Whether you're looking for easy drawing ideas for kids, or you want to help your little ones learn to draw their favorite animals and characters, we will help them reach their goals. As your youngsters learn to draw, they'll find opportunities to stretch their creativity with various tools like pencils, chalks, and ink.

Northwest Arts Center

\$240(R)

Age: 7-11Y

Register at www.aafawa.com

3:30-5pm

Thu

Nov 04-Dec 16

Dance

NBCC Line Dancing

Line dancing is practiced and learned in country-western dance bars, social clubs, dance clubs, ballrooms and at North Bellevue Community Center! Pre-registration required, payment required at the time of registration: \$4 residents, \$5 non-residents.

North Bellevue Community Center

\$4(R) \$5(N)

Age: 18Y & Up

1-3pm

Fri

Dec 31

Emerald Ballet Theater: Pre-Ballet 1

A joyful introduction to movement. Basic dance technique is inspired by beautiful music, literature, and art in a developmentally appropriate way. Flexibility, coordination, strength, and creativity develop in the young dancer.

Northwest Arts Center

\$120(R) \$144(N)

Age: 3-5Y

2110062 4:15-5:15pm

Tue

Nov 02-Dec 14

City Opera Ballet: Story Ballet

Introductory ballet class with story time from classical ballets, dance games and performance practice. Includes French for Young Dancers.

Northwest Arts Center

\$95(R) \$114(N)

Age: 5-7Y

2110102 11:45am-12:45pm

Sat

Nov 06-Dec 18

City Opera Ballet: Pre-Ballet

Learn basic ballet and tap movements and memorizing routines. Includes French for Young Dancers.

Northwest Arts Center

\$47(R) \$57(N)

Age: 3-4Y

2110152 9:30-10:15am

Thu

Nov 04-Dec 16

City Opera Ballet- Ballet / Tap

Through creative movement and games to classical music, children will explore the basic elements of ballet and tap including rhythmic and spatial awareness as well as introductory dance vocabulary. Students can expect to gain coordination, body awareness, and self-esteem as they express themselves through dance.

South Bellevue Community Center

\$65(R) \$75(N)

Age: 7-9Y

2110311-2 2-2:50pm

Wed

Nov 10-Dec 15

City Opera Ballet- Ballet 2

Students will develop better coordination, grace, self-confidence as they learn the beginning movements of ballet in a supportive and encouraging environment. During the class, students will build strength at the barre and center floor while learning foundational movements of ballet.

South Bellevue Community Center

\$65(R) \$75(N)

Age: 9-12Y

2110313-2 3-3:50pm

Wed

Nov 10-Dec 15

City Opera Ballet: Youth Ballet

Learning basic ballet movements at barre, center and across the floor. Pronouncing vocabulary and memorizing routines.

Northwest Arts Center

\$143(R) \$172(N)

Age: 8-10Y

2110092

9-30-11am

Sat

Nov 06-Dec 18

City Opera Ballet- Jazz / Theater Dance

Using upbeat and popular music, students will grow their confidence as they learn jazz steps and across the floor combinations. Jazz and Theater dance use a mixture of ballet and modern dance techniques while placing a heavy emphasis on developing one's own sense of artistic expression.

South Bellevue Community Center

\$65(R) \$75(N)

Age: 9-12Y

2110356-2 4-4:50pm

Wed

Nov 10-Dec 15

Ceramics

Children's Pottery Studio

An introduction to pottery which includes hand and wheel building, sculpting, coil construction, glazing and more. All materials included.

Northwest Arts Center (Studio A)

\$135(R) \$162(N)

Age: 7-11Y

2110152

10-11:30am

Sat

Nov 06-Dec 18

Clay Figurine

The course will take you through the entire process of sculpting a figurine to a very high finish, with an emphasis on getting the anatomical structure correct at the beginning. This is key to achieving a likeness. We will show you how to train your eye to see objectively, so you can learn to trust your own judgment.

Northwest Arts Center

\$240(R) \$240(N)

Age: 6-14Y

Register at www.aafawa.com

3:30-5pm

Tue

Nov 02-Dec 14

Register at www.aafawa.com

3:30-5pm

Wed

Nov 03-Dec 15

Technology/STEM

Roblox Studio-Programming

Calling all ROBLOX users! Join in with millions of gamers and immerse yourself in your own 3D world! ROBLOX Studio is a 3D-based program that uses physics, LUA programming, and individual creativity to build a world around you, and your avatar - unlike any other software This course will guide students through concepts such as beginner physics, LUA programming, and game development. Student in this course will build and published their game to share with friends and family!

North Bellevue Community Center

\$160(R) \$192(N)

Age: 9-17Y

2110339 1-4pm

Mon,Tue,Wed,ThuDec 27-Dec 30

Gamers Paradise

This class offers students a look at multiple areas of game design. from mobile game development to stand alone games if you have a gamer you will not want to miss this class. Students will create multiple games that they can share with friends and family.

North Bellevue Community Center

\$160(R) \$192(N)

Age: 6-13Y

2110340 9am-12pm Mon,Tue,Wed,ThuDec 27-Dec 30

Youth Enrichment

Chess Wizards

Participants will experience fun, informative and challenging chess lessons, where they will learn many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student will have had the chance to participate in a mini-chess tournament.

Northwest Arts Center

\$135(R) \$162(N)

Age: 6-12Y

21099312 4:15-5:15pm Thu Nov 04-Dec 16

Preschool

Parkside Pre-K: Hibernation Sensation

Keep cozy warm in our beautiful Parkside classroom while you make new friends and learn all about hibernation, manners, giving thanks and what the late fall brings. Find out who lives in a den, learn what animals and birds do in the winter. Join our daily circle time, learn new math and science processes, and improve your reading skills. No class November 11th, November 22nd through November 26th.

Crossroads Community Center

\$189(R) \$227(N)

Age: 4-5Y

2101008 9:30am-12:30pm Mon-Fri Nov 01-Dec 10

Preschool Workshops

Holiday Houses: Oh What FUN!

Let's gather together to welcome the holidays! Listen to a story with festive holiday music and make your very own gingerbread house to fit your favorite holiday traditions! Happiness and laughter optional!

Northwest Arts Center

\$9.50(R) \$12(N)

Age: 5-7Y

2110257 10am-12pm Sat Nov 20

Kelsey Creek Farm

Little Farmers

Join us for hands-on fun in the barnyard with your 2-3 year old. Classes will feature chickens, goats, barn chores, feeding, petting, and taking a pony ride - all the fun is right here! Children team up with a parent/adult to actively participate in this class. Come dressed to play outside and get dirty! Siblings under two are welcome in front or back packs.

Kelsey Creek Farm Park

\$75(R) \$83(N)

Age: 2-3Y

2109990 10-11:30am Tue Nov 02-Nov 16

2199893 10-11:30am Tue Nov 30-Dec 14

2199893 10-11:30am Thu Dec 02-Dec 16

\$50(R) \$58(N)

Age: 2-3Y

21099901 10-11:30am Thu Nov 04-Nov 18

21099911 10-11:30am Wed Nov 03-Nov 17

21099911 10-11:30am Wed Dec 01-Dec 15

Farm Explorers

Join us for a farm adventure featuring animal care, barn chores, a pony ride, and baking yummy snacks. This drop-off program is designed for the independent 3-5 year old. Curriculum is integrated with seasonal themes, arts and crafts, stories, and animal interaction. Children must be potty trained.

Kelsey Creek Farm Park

\$75(R) \$90(N)

Age: 3-5Y

2109994 10am-12:30pm Mon Nov 01-Nov 15

2109994 10am-12:30pm Mon Nov 29-Dec 13

Grateful for Goats and Happy for Horses

There's a lot to be thankful for at Kelsey Creek Farm! Children will ride a pony, take our goats on a walk, give treats to the animals for a job well done, and then come inside for a craft and a treat of their own. Come dressed for the weather. Adult/child teams only.

Kelsey Creek Farm Park

\$35(R) \$40(N)

Age: 4-6Y

2110319 10-11:30am Sun Nov 14

Adventures in Pioneer Farming

Enjoy a fall morning immersed in farm life. Spend time with our animals and learn about pioneer farming in our historic log cabin that was built in 1888. Activities will include learning how to grind wheat into flour, feeding lunch to the farm animals, and working with real wool from our sheep. Children will have fun experiencing what life was like a hundred years ago.

Kelsey Creek Farm Park

\$25(R) \$30(N)

Age: 4-8Y

2110320 10-11am Sun Nov 07

Family and Friends Tour

If you've always wanted a tour of the farm to meet our resident farm animals, this is your opportunity! You will get to meet our ponies, sheep, goats, chickens, and even pet some of them, all while discovering what it takes to be a farmer. This program is designed for children 2-6 but all ages are welcome. Children under 2 yr. will not be able to pet the animals. Each person that attends the tour must register and pay. Children must be accompanied by an adult.

Kelsey Creek Farm Park

\$8(R) \$10(N)

Age: 1Y & Up

2110294 10-10:30am Thu Nov 11

2110294 11-11:30am Thu Nov 11

After School Team

Assist Kelsey Creek Farm staff with farm chores and learn responsible animal care. Participants will be working outside exposed to animals, hay, vegetation, and dust. Participants must be capable of understanding and following directions.

Kelsey Creek Farm Park

\$15(R) \$18(N)		Age: 12-18Y	
2110014	1:30-4:30pm	Wed	Nov 03-Nov 17
21100121	1:30-4:30pm	Wed	Dec 01-Dec 22

Saturday Morning Teen Team

The community is an important part of the farm. You will assist farm staff with the daily operations, help with the animal chore routine, and learn responsible animal care. Participants need a willingness to learn, the ability to work independently, and to be able to be on your feet and be physically active. You must also have a tolerance for being outside in all types of weather and working in a farm environment in close proximity to hay, vegetation and dust.

Kelsey Creek Farm Park

\$10(R) \$12(N)		Age: 15-18Y	
2110230	8:30am-12pm	Sat	Nov 06-Nov 27
2110230	8:30am-12pm	Sat	Dec 04-Dec 18

Adult Farm Team

This is an opportunity to learn about livestock care and farm maintenance, as you assist Kelsey Creek Farm staff with daily operations, animal chores, and learn responsible animal care. Participants will be working outside, exposed to animals, hay vegetation, and dust. They will work independently and be physically active.

Kelsey Creek Farm Park

FREE		Age: 18Y & Up	
2110227	8:30-10:30am	Mon	Nov 01-Nov 29
2110227	8:30-10:30am	Tue	Nov 02-Nov 30
2110227	8:30-10:30am	Wed	Nov 03-Dec 01

Winter Break Mini Camp

Spend your winter break exploring Kelsey Creek Farm, meeting farm animals, playing active games, creating crafts, and making new friends. Experienced staff will provide a safe and supportive environment in a small group setting.

Kelsey Creek Farm Park

\$150(R) \$180(N)		Age: 4-7Y	
21103281	9am-1pm	Mon,Tue,Wed,Thu	Dec 20-Dec 23
21103282	9am-1pm	Mon,Tue,Wed,Thu	Dec 27-Dec 30

Farm Adventurers

Give your child a fun farm experience during the Winter Break! Activities include working with our farm animals, creating farm-themed crafts, and learning about agriculture. Participants will meet sheep, goats, cows, chickens, ducks, rabbits, and ponies. This is a hands-on program, so dress for the weather and wear clothes that can get dirty!

Kelsey Creek Farm Park

\$150(R) \$180(N)		Age: 9-11Y	
2110329	10am-2pm	Mon,Tue,Wed,Thu	Dec 20-Dec 23
2110329	10am-2pm	Mon,Tue,Wed,Thu	Dec 27-Dec 30

Holiday Barn Lighting

Join us for our 2nd annual barn lighting celebration at Kelsey Creek Farm. Bring the whole family to experience the magic of the farm lit up for the holidays. Enjoy traditional carols, meet resident farm animals decked out in the spirit of the season, and sip hot cocoa. Keep an eye out for Santa, who will be making a special appearance. Join us in making this holiday season memorable as we light up the farm and enjoy this wonderful season of giving. All ages are welcome. No entrance fee, some activities may have nominal fees.

Kelsey Creek Farm Park

FREE		Age: All Ages	
2110332	4-5pm	Sat	Dec 04

Bunny Buddies

Does your child love bunnies? In this program, you and your child will pet our bunnies, feed them some yummy treats, and do a bunny-themed craft. Your child will learn all about bunnies and listen to a fun story about an adventurous rabbit! Come dressed for the weather. Adult/child teams only.

Kelsey Creek Farm Park

\$25(R) \$30(N)		Age: 4-8Y	
2010341	10-11am	Sun	Dec 05

Farm Animal Pen Pals - Rascal the Pony

Are you curious about what Kelsey Creek Farm's animals are up to? Sign up for this program to receive a letter from Rascal the Pony. He wants to meet you by sending you a letter and his picture. This is a great opportunity to get to know Rascal and receive mail. If you send a letter in reply to your farm animal, we will send you one additional letter in return. For each purchase, we will send you up to 2 letters, a picture of your animal and a self-addressed envelope. This activity is best suited for children 4-10 yrs.

Kelsey Creek Farm Park

\$6(R) \$8(N)	Age: 2-10Y
Register for course 2101010	

Farm Animal Pen Pals - Jackson the Cat

Are you curious about what Kelsey Creek Farm's animals are up to? Sign up for this program to receive a letter from Jackson the Cat. He wants to meet you by sending you a letter and his picture. This is a great opportunity to get to know Jackson and receive mail. If you send a letter in reply to your farm animal, we will send you one additional letter in return. For each purchase, we will send you up to 2 letters, a picture of your animal and a self-addressed envelope. This activity is best suited for children 4-10 yrs.

Kelsey Creek Farm Park

\$6(R) \$8(N)	Age: 2-10Y
Register for course 2101010	

Farm Animal Pen Pals - Harriet the Bunny

Are you curious about what Kelsey Creek Farm's animals are up to? Sign up for this program to receive a letter from Harriet the Bunny. She wants to meet you by sending you a letter and her picture. This is a great opportunity to get to know Harriet and receive mail. If you send a letter in reply to your farm animal, we will send you one additional letter in return. For each purchase, we will send you up to 2 letters, a picture of your animal and a self-addressed envelope. This activity is best suited for children 4-10 yrs.

Kelsey Creek Farm Park

\$6(R) \$8(N)	Age: 2-10Y
Register for course 2101010	

Farm Animal Pen Pals - Eleanor the Duck

Are you curious about what Kelsey Creek Farm's animals are up to? Sign up for this program to receive a letter from Eleanor the Duck. She wants to meet you by sending you a letter and her picture. This is a great opportunity to get to know Eleanor and receive mail. If you send a letter in reply to your farm animal, we will send you one additional letter in return. For each purchase, we will send you up to 2 letters, a picture of your animal and a self-addressed envelope. This activity is best suited for children 4-10 yrs.

Kelsey Creek Farm Park

\$6(R) \$8(N)

Age: 2-10Y

Register for course 2101010

Health & Wellness

NBCC Fall Speaker Series

The North Bellevue Community Center has teamed up with the University of Washington Medicine and VA Puget Sound Health Care System to offer a special free online Speakers Series. On the second Tuesday of each month we will present remarkable talks featuring local professors and health care professionals who specialize in healthy aging and wellness. Each talk is about 45 minutes with a 15-minute Q&A session. We hope you'll join us for one, two or all three of these talks to discover important information about healthy aging, brain health and wellness.

All events are free but pre-registration is required. You can sign up for the whole series or just, or just individual events that interest you most. Each session is designed to be informative and interactive, with a chance to ask your questions live of our presenters.

You have two options to participate:

Online: Joining online you'll need a computer with internet to participate, and instructions for connecting will be emailed after you register.

In person: We will have a computer connected to a television screen at NBCC. To sign up for in person contact the NBCC by phone 425-452-7681 or email nbcc@bellevuewa.gov.

North Bellevue Community Center (NBCC ZOOM)

FREE

Age: 18Y & Up

211002*3 1-2pm

Tue

Nov 09

Michael Schrieff, DO

Fitness

NBCC Fitness Center Visit

The 930-square-foot fitness center at North Bellevue Community Center features state-of-the-art treadmills, bikes, elliptical trainers, weight training machines, and free weights. Prior to using the Fitness Center, you must attend an orientation. The orientation will cover the proper use of strength training and cardio equipment, general principles of exercise, safety, policies and procedures for the Fitness Center, other available services and offers a chance to meet the staff.

North Bellevue Community Center

\$5(R) \$6(N)

Age: 10Y & Up

9:15-10:15am

Fri

Dec 31

Strength, Conditioning, Cardio, & Active Fitness

Fit 360

Join certified group fitness instructor, Becky, for this in-person, action-packed cardio & strength class. Each workout will include a warm-up followed by strength, cardio and cool-down/stretching exercises. Becky will work with you on any modifications. All fitness levels welcome.

South Bellevue Community Center

\$44(R) \$52(N)

Age: 13Y & Up

2104243-7 9:15-10:15am

Mon

Nov 01-Nov 29

\$22(R) \$26(N)

Age: 13Y & Up

2104243-8 9:15-10:15am

Mon

Dec 06-Dec 13

\$33(R) \$39(N)

Age: 13Y & Up

2104296-7 9:15-10:15am

Wed

Nov 03-Nov 24

2104296-8 9:15-10:15am

Wed

Dec 01-Dec 15

\$77(R) \$91(N)

Age: 13Y & Up

2198903 9:15-10:15am

Mon,Wed

Nov 01-Nov 29

\$55(R) \$65(N)

Age: 13Y & Up

2198904 9:15-10:15am

Mon,Wed

Dec 01-Dec 15

Active Adult Fitness

This high energy fitness class is for those who have graduated from the beginner adult classes or senior fitness programs and are ready for more of a challenge. You will enjoy this fun hour-long full body workout that keeps your heart rate elevated while improving strength, endurance, and cardiovascular fitness in an encouraging and motivating community! Participants must be highly mobile and able to make quick transitions between cardio and endurance work. All adults are welcome, Millennials to Baby Boomers.

South Bellevue Community Center

\$36(R) \$44(N)

Age: 18Y & Up

211011-11 9:15-10:15am

Mon,Wed

Nov 03-Nov 24

\$27(R) \$33(N)

Age: 18Y & Up

211011-12 9:15-10:15am

Mon,Wed

Dec 01-Dec 15

Total Body Fitness

Join certified group fitness instructor Becky for this fun and effective way to burn stubborn body fat and improve your level of fitness! Workouts utilize dumbbells, bands, bodyweight exercises, agility movements, and more to strengthen your body and core. Sweat and have fun!

South Bellevue Community Center

\$55(R) \$65(N)

Age: 16Y & Up

2104305-7 6-6:50am

Tue

Nov 02-Dec 14

\$44(R) \$52(N)

Age: 16Y & Up

2104326-8 6-6:50am

Thu

Nov 18-Dec 16

\$99(R) \$117(N)

Age: 16Y & Up

219902-4 6-6:50am

Tue,Thu

Nov 02-Dec 16

BellevueAtHome: Virtual Total Body Fitness

Join certified group fitness instructor Becky virtually from home for this fun, affordable and effective way to burn stubborn body fat and improve your level of fitness! Workouts are modified for virtual participants using bodyweight exercises, agility movements, and more to strengthen your body and core. Get ready to sweat and have fun!

BellevueAtHome - Zoom

\$44(R) \$52(N) Age: 16Y & Up

2103787-7 6-6:50am Thu Nov 18-Dec 16

\$55(R) \$65(N) Age: 16Y & Up

2103785-7 6-6:50am Tue Nov 02-Dec 14

Small Group Training with Sara

Join certified personal trainer Sara for this in-person small group training class focused on helping you achieve your fitness goals! Workouts will be designed to meet everyone's needs and fitness level. Sara will provide support, encouragement, and accountability to help you reach new heights in health and wellness.

South Bellevue Community Center

\$100(R) \$125(N) Age: 16Y & Up

2103788-7 7-7:50pm Mon Nov 01-Nov 29

\$40(R) \$50(N) Age: 16Y & Up

2103378-8 7-7:50pm Mon Dec 06-Dec 13

Strong and Fit Seniors/Adults

This group fitness class is best suited for beginners or advanced beginners who are looking to improve strength, balance, cardiovascular health, flexibility, and coordination within a strong community of supportive friends. A certified instructor will guide you through a full body circuit training style workout that will improve functional fitness using a variety of equipment and a varied routine to accommodate individual needs and limitations. Come join us for a fun, safe, social and appropriately challenging workout!

South Bellevue Community Center (Studio)

\$36(R) \$44(N) Age: 18Y & Up

211011-11 10:30-11:30am Mon,Wed Nov 03-Nov 24

\$27(R) \$33(N) Age: 18Y & Up

211011-12 10:30-11:30am Mon,Wed Dec 01-Dec 15

Jazzercise

Jazzercise is a combination of aerobic exercise, HIIT cardio, and dance fitness safe and effective for all ages and fitness levels. Try a class today! All Jazzercise classes are ongoing, participants can join anytime. No pre-registration required.

Available at:
Hidden Valley Sports Park
Northwest Arts Center

For more information and new client specials visit
www.jazzercise.com

NBCC Silver Sneakers Classic

SilverSneakers Classic for students to move through exercises designed to increase muscular strength, range of motion and activities for daily living. SilverSneakers Circuit is an exercise class by combining cardio and strength to improve cardio-respiratory fitness for the students. Students are also focused to improve reaction training and coordination.

North Bellevue Community Center

\$6(R) \$7(N) Age: 18Y & Up

11am-12pm Fri Dec 31

\$60(R) \$72(N) Age: 18Y & Up

2110311 11am-12pm Mon,Wed,Fri Nov 01-Nov 29

\$60(R) \$72(N) Age: 18Y & Up

2110316 11am-12pm Mon,Wed,Fri Dec 01-Dec 31

Cycling with Joan

Ride LeMond bikes and increase aerobic fitness while burning approximately 600+ calories per class. All fitness levels welcome as you control your pace. Classes will be held outdoors under cover. Dress for the temperature.

South Bellevue Community Center

\$90(R) \$110(N) Age: 13Y & Up

2107439-3 6-7am Mon,Wed Nov 01-Dec 15

ZUMBA

ZUMBA is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The goal of the program is for you to love working out again and to look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program.

South Bellevue Community Center

\$40(R) \$47.50(N) Age: 13Y & Up

219979-3 10:30-11:30am Mon Nov 01-Nov 29

\$16(R) \$19(N) Age: 13Y & Up

219979-4 10:30-11:30am Mon Dec 06-Dec 13

ZUMBA Toning

ZUMBA is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The Toning class incorporates light weights to build muscles in the arms, legs and glutes. You will fall in love with working out again and look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program.

South Bellevue Community Center

\$40(R) \$47.50(N) Age: 13Y & Up

219985-3 10:30-11:30am Tue Nov 02-Nov 30

\$16(R) \$19(N) Age: 13Y & Up

219985-4 10:30-11:30am Tue Dec 07-Dec 14

ZUMBA Combo

This ZUMBA Combo class is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The Monday class is a traditional ZUMBA class with the Tuesday class incorporating light weights to focus on Toning of the arms, legs and glutes. The goal of the program is for you to love working out again and to look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program.

South Bellevue Community Center

\$70(R) \$85(N) Age: 13Y & Up

219980-3 10:30-11:30am Mon,Tue Nov 01-Nov 30

\$28(R) \$34(N) Age: 13Y & Up

219980-4 10:30-11:30am Mon,Tue Dec 06-Dec 14

Cycle/Stretch

Join us for this fusion class of beginner level indoor cycling and flexibility exercises. Class is designed for those who are brand new to indoor cycling including: older adults, participants new to exercise and overweight or de-conditioned participants. Classes will be held outdoors under cover. Dress for the temperature.

South Bellevue Community Center

\$56(R) \$66(N) Age: 13Y & Up
2199067 10:30-11:30am Tue Nov 02-Dec 14

\$32(R) \$38(N) Age: 13Y & Up
2101012-2 10:30-11:30am Thu Nov 18-Dec 16

\$77(R) \$93(N) Age: 13Y & Up
2199077 10:30-11:30am Tue,Thu Nov 02-Dec 16

Body & Mind

Yoga

This class is appropriate for all levels and for beginners who want a strong, safe foundation in alignment Yoga. You will learn body awareness, develop flexibility, balance and strength plus be given tips for creating your own personalized yoga practice! Students with injuries or health conditions will learn modifications to practice safely. The class joyfully integrates other aspects of a well-rounded practice, such as breathing, meditation and health and nutrition tips.

Northwest Arts Center

\$78(R) \$94(N) Age: 16Y and up
21099432 9:30-10:30am Tue Nov 02-Dec 14

Chair Yoga

Chair Yoga: This fun, gentle class adapts yoga postures so that they are done primarily seated in a chair. It makes yoga accessible to people who cannot stand, have difficulty moving from the floor to standing or who want a practice they can do from a chair during their workday! This class will benefit your spine, shoulders, and hips and builds strength as well as flexibility. More mobile students will be given options to include some standing postures.

Northwest Arts Center

\$65(R) \$78(N) Age: 16Y and up
21099442 12-1pm Thu Nov 04-Dec 16

Mindfulness Meditation

This class provides a practical guide to meditation as a tool to improve your sense of wellbeing. Learn how to befriend your busy mind, feel less stressed and be more present in your daily life. A variety of meditation techniques will be introduced, followed by an opportunity to practice. All skill levels are welcome.

South Bellevue Community Center

\$48(R) \$56(N) Age: 13Y & Up
211001-3 10:30-11:30am Wed Nov 03-Nov 24

\$36(R) \$42(N) Age: 13Y & Up
211001-4 10:30-11:30am Wed Dec 01-Dec 15

Pilates

Pilates is a low-impact exercise designed to strengthen core muscles, increase body awareness, and improve balance and flexibility. This class combines Pilates basics with yoga and barre exercises. Students often feel a sense of overall wellness with a stronger mind-body connection. All fitness levels welcome.

South Bellevue Community Center

\$84(R) \$99(N) Age: 13Y & Up
2101465-5 9:15-10:15am Fri Nov 05-Dec 17

Gentle Yoga with Monette

Each class offers poses for stretching, active strengthening and deep relaxing. We focus on alignment for joint safety and use props to make poses accessible for many levels of experience. Benefits include: improved strength, flexibility and balance; reduced tension; better joint health; better mental clarity and an overall feeling of well-being.

South Bellevue Community Center

\$78(R) \$90(N) Age: 13Y & Up
2109837-3 11:45am-1pm Tue Nov 02-Dec 14

Mindful Movement - Tai Chi Exercise

Guided movement based on Chi Kung and soft style martial arts. Flowing movements encourage proper posture for effective stretching, combined with easy strengthening exercise. Feel an immediate sense of refreshed focus and relaxation. Tai Chi Short Form (Mindful Movement Advanced) class following the Wed class from 11:10 to 11:40am. Instructor permission required to register for the Advanced class.

Northwest Arts Center

\$60(R) \$72(N) Age: 16Y & Up
21100621 10:30-11:30am Wed Nov 03-Dec 15

Tai Chi Form -

Mindful Movement Advanced

This class is by instructor permission only and follows the Mindful Movement Tai Chi Exercise class held on Wednesdays from 10:30-11:30a.m. The class focus is on smooth movement, balance, breathe, and proper stances as you learn and do the Yang Family Style Short Form, Chi Kung forms, and meditation techniques.

Northwest Arts Center

\$30(R) \$35(N) Age: 16Y and up
2110064 11:40am-12:10pm Wed Nov 03-Dec 15

Yoga

Increase your strength and flexibility through this gentle Hatha Yoga class. During class you practice balancing poses, deep stretching, and gain a calm mind and body through breath work. This class uses props such as blocks and straps to work on proper alignment and to help make poses accessible to all levels of experience.

Northwest Arts Center

\$90(R) \$108(N) Age: 16Y and up
2110083 9-10am Mon Nov 01-Dec 13
2110084 9-10am Wed Nov 03-Dec 15

Silver Sneakers Yoga

Seated and standing yoga poses to increase flexibility, balance and range of motion. This is a drop-in program. Fees payable at the door \$6/residents, \$7 non-residents.

North Bellevue Community Center

\$35(R)	\$42(N)	Age: 18Y & Up	
2110335	11am-12pm	Tue,Thu	Nov 02-Nov 30
\$45(R)	\$54(N)	Age: 18Y & Up	
2110336	11am-12pm	Tue,Thu	Dec 02-Dec 30

Yoga - Levels 1 & 2 with Lynne

Beginner and intermediate students who want a strong, safe foundation in alignment yoga will develop body awareness, flexibility, balance, and strength, plus learn sequences to start a personalized yoga practice. Students with injuries or health conditions will learn modifications to practice safely. This joyful class integrates other aspects of a well-rounded practice such as breathing, meditation and health and nutrition tips.

South Bellevue Community Center

\$65(R)	\$75(N)	Age: 13Y & Up	
2110342-2	6-6:50pm	Wed	Nov 10-Dec 15

Martial Arts

Shotokan Karate

Learn traditional Karate with a non-violent philosophy emphasizing Respect, Excellence, Strength and Character with fun and experienced Black Belt instructors.

South Bellevue Community Center

\$81(R)	\$99(N)	Age: 6-12Y	
2105904-7	6-6:50pm	Mon,Wed	Nov 01-Nov 29
\$36(R)	\$44(N)	Age: 6-12Y	
2105904-8	6-6:50pm	Mon,Wed	Dec 01-Dec 15
\$81(R)	\$99(N)	Age: 11Y & Up	
219932-3	7-7:50pm	Mon,Wed	Nov 01-Nov 29
\$36(R)	\$44(N)	Age: 11Y & Up	
219932-4	7-7:50pm	Mon,Wed	Dec 01-Dec 15

Conqueror Hapkido & MMA Intermediate - Advanced

Conqueror Hapkido Martial Arts, Self Defense is a family friendly program that aims to instill or enhance discipline, patience, perseverance and self confidence through fitness, self defense, Martial Arts and meditation exercises. HAP = United or Coordinate. KI = Mental and/or Physical energy DO = Way of Life (or "way")

North Bellevue Community Center

\$63(R)	\$81(N)	Age: 13Y & Up	
2110360	6:35-7:45pm	Mon,Wed	Nov 01-Nov 29
\$35(R)	\$45(N)	Age: 13Y & Up	
2110361	6:35-7:45pm	Mon	Nov 01-Nov 29
\$28(R)	\$36(N)	Age: 13Y & Up	
2110362	6:35-7:45pm	Wed	Nov 03-Nov 24
\$49(R)	\$63(N)	Age: 13Y & Up	
963856	6:35-7:45pm	Mon,Wed	Dec 01-Dec 22
\$21(R)	\$27(N)	Age: 13Y & Up	
963854	6:35-7:45pm	Mon	Dec 06-Dec 22

Taekwondo

An ancient Korean Martial Art, Taekwondo is a system of practical techniques for self-defense. Instruction is designed to emphasize kicks and punches that strengthen and condition the whole body and promote confidence, patience and respect.

South Bellevue Community Center

\$58(R)	\$70(N)	Age: 5Y & Up	
2110073	4-4:50pm	Tue,Thu	Nov 02-Nov 30
21100903	5-5:50pm	Tue,Thu	Nov 02-Nov 30
\$36(R)	\$44(N)	Age: 5Y & Up	
2110074	4-4:50pm	Tue,Thu	Dec 02-Dec 16
21100904	5-5:50pm	Tue,Thu	Dec 02-Dec 16

Conqueror Hapkido & MMA Beginner

Conqueror Hapkido Martial Arts, Self Defense is a family friendly program that aims to instill or enhance discipline, patience, perseverance and self confidence through fitness, self defense, Martial Arts and meditation exercises.

North Bellevue Community Center

\$63(R)	\$81(N)	Age: 5-12Y	
963822	5:30-6:30pm	Mon,Wed	Nov 01-Nov 29
\$35(R)	\$45(N)	Age: 5-12Y	
963859	5:30-6:30pm	Mon	Nov 01-Nov 29
\$28(R)	\$36(N)	Age: 5-12Y	
963857	5:35-6:30pm	Wed	Nov 03-Nov 24
\$49(R)	\$63(N)	Age: 5-12Y	
2110363	5:30-6:30pm	Mon,Wed	Dec 01-Dec 22
\$21(R)	\$27(N)	Age: 5-12Y	
2110364	5:30-6:30pm	Mon	Dec 06-Dec 22
\$28(R)	\$36(N)	Age: 5-12Y	
2110365	5:30-6:30pm	Wed	Dec 01-Dec 22

Natural Resources & Outdoor Education

Ranger Programs

Ranger Hike: Mercer Slough Nature Park

Bring the whole family to join a Ranger on a guided hike through the Mercer Slough Nature Park. This kid-oriented program aims to educate kids and their parents about the Nature Park while discovering the birds and animals that call the Mercer Slough home. The hour-long nature walk ends at the channel bridge in the middle of the park. From there you can continue on to further explore the rich diversity the park has to offer. Cost: FREE! Pre-Registration Required

Mercer Slough Nature Park

FREE	Age: 5Y & Up		
21462113	2-3:30pm	Sat	Nov 13
2110396	2-3:30pm	Sat	Nov 27
2110410	2-3:30pm	Sat	Dec 11

Ranger-led Hike at Lewis Creek Park

Join a Bellevue Park Ranger to explore the natural and cultural history of Lewis Creek Park. Look for signs of local wildlife and learn what to do when encountering animals in the wild. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Pre-registration required for each participant.

Lewis Creek Visitor Center & Park

FREE	Age: All Ages		
2110333	10:30-11:30am	Sat	Nov 06
2110334	10:30-11:30am	Sat	Dec 04

Lake Hills Greenbelt Ranger Walk

Interested in a weekend activity that's both fun and educational? Bring the whole family to the Lake Hills Greenbelt Ranger Station for a ranger-led walk! Every Saturday from 2-3 p.m., join us for a mild 1-mile nature hike through the Greenbelt's trails and discover the season's myriad of flora and fauna. Wear your favorite weather-appropriate outdoor clothing and shoes, and feel free to bring personal wildlife-viewing gear (e.g. binoculars or magnifying glasses) to further enjoy the park. If you're feeling especially energized, continue on to the Larsen Lake trail loop and use your newfound knowledge to explore. We'll be heading out rain or shine, so come prepared to learn and have a great time! Best for all ages.

Lake Hills Greenbelt

FREE	Age: 5Y & Up		
	2-3pm	Sat	Nov 06
	2-3pm	Sat	Nov 13
	2-3pm	Sat	Nov 20
	2-3pm	Sat	Nov 27
	2-3pm	Sat	Dec 04
	2-3pm	Sat	Dec 11
	2-3pm	Sat	Dec 18

An Un-Stuffing Day Hike

There's a lot to be thankful for in our parks, so take a deep breath and shake off the turkey haze on a walk with a park ranger. As we explore, we'll take a moment to reflect on the benefits of our forest and learn what we can do to help this resource. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as moderately easy (1 mile with approximately 50 ft elevation change). Pre-registration required for each participant.

Lewis Creek Visitor Center & Park

FREE	Age: All Ages		
2110372	10:30am-12pm	Sun	Nov 28

A Winter Wander

Head outside this winter to reflect on the passage of time in nature. We'll ponder seasonality, forest changes, and the bygone residents of the area. All ages are welcome. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Pre-registration required for each participant.

Lewis Creek Visitor Center & Park

FREE	Age: All Ages		
2110373	10:30am-12pm	Sun	Dec 19

Ranger-led Hike at Lakemont Community Park

This lovely trail winds alongside a creek as we ascend and descend throughout the park. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 700 ft total elevation change). Pre-registration required for each participant.

Lakemont Community Park

FREE	Age: All Ages		
2110374	10:30am-12pm	Sun	Nov 21

Story & A Stroll: We are Water Protectors

Inspired by the many Indigenous-led movements across North America, We Are Water Protectors issues an urgent rallying cry to safeguard the Earth's water from harm. Learn how you can help protect our most precious resource. Best for children 3-5yrs old.

Mercer Slough Nature Park

FREE	Age: 3Y & Up		
2110386	11am-12pm	Fri	Nov 05

Story & A Stroll: How to Find a Bird

How do you find a bird? There are so many ways! Begin by watching. And listening. And staying quiet. Soon you'll see that there are birds everywhere--up in the sky, down on the ground, sometimes even right in front of you just waiting to be discovered! Best for children 3-5yrs old.

Mercer Slough Nature Park

FREE	Age: 3Y & Up		
2110387	11am-12pm	Fri	Nov 12

Story & A Stroll: Stellulara

In this fun story an adorable baby fruit bat's world is literally turned upside down when she is adopted by the occupants of the nest and adapts to their peculiar bird habits. Best for children 3-5yrs old.

Mercer Slough Nature Park

FREE	Age: 3Y & Up		
2110388	11am-12pm	Fri	Nov 19

Ranger Program: Nocturnal November

Several types of owls can be found living throughout many of Bellevue's Parks. These silent predators of the night are considered a keystone species within the ecosystem. Join us for a fun filled hour learning about these owls. Dissect an owl pellet to discover who was for lunch. Best for children 5-10yrs old.

Mercer Slough Nature Park

FREE	Age: 5Y & Up		
2110390	2-3pm	Sat	Nov 20
2110391	2-3pm	Sat	Nov 06

Story & A Stroll: Owl Moon

Enjoy this heartwarming story of father and daughter out for a winter evening walk. While the trees are still, and the night is quiet, the father knows there are creatures of the night. Do you know how to call the owls? Best for children 3-5yrs old.

Mercer Slough Nature Park

FREE	Age: 3Y & Up		
2110398			Dec 03
2110399	11am-12pm	Fri	Dec 03

Story & A Stroll: Baby Bear is Not Hibernating

Learn about the animals that make the forest their home by day and at night. This creative approach of looking at animal habitats in the forest puts readers close up to deer, bear, quail, crickets, mice, foxes, and more. Best for children 3-5yrs old.

Mercer Slough Nature Park

FREE
2110402 11am-12pm Fri Dec 10
Age: 3Y & Up

Story and a Stroll: Over and Under the Snow

Although the surface of the snow looks quiet and serene, life below is drastically different. Visit the mysterious world of winter in and under the snow. Best for children 3-5yrs old.

Mercer Slough Nature Park

FREE
2110403 11am-12pm Fri Dec 17
Age: 3Y & Up

Ranger Program: Breakfast for Birds

The Mercer Slough provides critical habitat for both residential and migratory birds year-round. The harsh environment and lack of adequate food during the winter months makes survival challenging. Join us to find out more about our winter birds and what you can do in your own backyard to help them survive tough times. Ages: Best for children 5-10yrs old.

FREE
2110405
Age: 5Y & Up
Dec 18

FREE
2110408 2-3pm Sat Dec 04
2110409 2-3pm Sat Dec 18
Age: 5Y & Up

Family Discovery Series

Sunset Wildlife

When the sun sets and the dark of night creeps in, Lewis Creek Park comes alive! Join a park ranger on a hike through the evening woods to learn about the different nocturnal and crepuscular species that call the park home. Bring a flashlight or headlamp, as well as good shoes and warm clothes for the journey. Ages 5+ with accompanying adult(s). Pre-registration required for children and adults.

Lewis Creek Visitor Center & Park

FREE
2110376 5-6:30pm Fri Nov 12
2110377 5-6:30pm Fri Nov 19
2110378 4:30-6pm Fri Dec 17
Age: 5Y & Up

Animals In Winter

Where do the animals go in winter? How do bears sleep so long? Join us for hands on activities to learn the how's and why's of wintertime adaptations. Afterwards we'll see how well we can hibernate! Ages 5-10 with accompanying adult(s). Pre-registration required for children and adults.

Lewis Creek Visitor Center & Park

FREE
2110365 2:30-3:30pm Sun Nov 07
2110367 2:30-3:30pm Sat Nov 13
2110366 2:30-3:30pm Sat Nov 20
Age: 5Y & Up

Layers of the Forest

There's an entire world hiding within the layers of Bellevue's forests. We'll learn about fungus, nurse logs, ferns, moss, millipedes, and more as we explore Lewis Creek Park's forest. Ages 5-10 with accompanying adult(s). Pre-registration required for children and adults.

Lewis Creek Visitor Center & Park

FREE
2110368 2:30-3:30pm Sun Dec 05
2110369 2:30-3:30pm Sat Dec 11
Age: 5Y & Up

Holly's Not So Jolly

Pull on some gardening gloves and join the battle against invasive English holly plants. We'll learn how to identify this beautiful (but pesky) plant and how it harms our forests. Afterwards, we'll go out to pull some of these invasive plants and learn how to turn them into a fun craft! Ages 5+ with accompanying adult(s). Pre-registration required for children and adults.

Lewis Creek Visitor Center & Park

FREE
2110370 10:30am-12pm Sat Dec 18
Age: 5Y & Up

Salmon Sense

Each year, salmon migrate inland throughout our region... but have you ever wondered why they make this perilous journey or how they find their way? Join us as we dissect an adult salmon and discuss this incredible journey. Afterwards, head to Lewis Creek Park's trails to learn about stream habitat and how we can help salmon starting right here in Bellevue! Ages 9-14 with accompanying adult(s). Pre-registration required for children and adults.

Lewis Creek Visitor Center & Park

FREE
2110371 1:30-3pm Sat Nov 27
Age: 9Y & Up

Winter Wings

While many of the other animals in our region are tucked away, we still often notice plenty of different birds—even ones we don't usually see! On a ranger-led walk, we'll discuss why this is, how migration works, and learn which species to look for (and who knows, maybe we'll even see a few)! Back at the Ranger Station, use your creative side for a craft to take home! Ages: 5-10.

Lake Hills Greenbelt

FREE
12-1pm Fri Nov 12
FREE
12-1pm Fri Nov 19
Age: 5Y & Up

Coastal Cats

Everyone knows the purring companion many of us have as a pet, but did you know that Bellevue is home to its very own wild cats? Although elusive, these animals are not uncommon in many parts of our city. From bobcat to cougar, learn all you need to know about safely enjoying these species in the parks and natural spaces. We'll be stalking the trail for clues, and use what we've learned to put together a craft! Ages: 5-10.

Lake Hills Greenbelt

FREE
12-1pm Fri Dec 03
12-1pm Fri Dec 10
Age: 5Y & Up

Drop-In Sports

NBCC Drop-in Pickleball

Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Adults can play a recreational game of pickleball during a two hour session. Court, net and balls are provided by the facility, players provide their own paddle. This is a drop-in program. Fees payable at the door \$4 residents, \$5 non-residents. NEW time starting September 3pm-5pm M/W/F

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
2109970 3-5pm Mon,Wed,Fri Sep 01-Dec 31

NBCC Drop-in Ping Pong

Adults can drop-in for a recreational game of ping pong during specified play times. Table and net are provided by North Bellevue Community Center. Players provide their own paddle and balls. City of Bellevue Play Passes can be purchased in increments of 12, 24, 36 & 48 for a discounted rate.

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
9-11am & 3-5pm Mon,Wed,Fri Sep 01-Dec 31

Adult Drop-In Volleyball

City of Bellevue Play Passes can be purchased in increments of 12, 24, 36 & 48 for a discounted rate.

Hidden Valley Sports Complex

\$4(R) \$5(N) Age: 18Y & Up
Monday, 10am-12pm Tuesday, 11am-1pm Friday, 10am-12pm

Bellevue Climbing Wall Programs

The Bellevue Climbing Wall, located at the South Bellevue Community Center, is 33 feet tall and sculpted to look and feel like Index granite. The wall offers three belay ropes with at least five climbing routes of varying degrees of difficulty per rope, and a bouldering or horizontal traverse wall. Advanced climbers can take advantage of the wall's natural-looking granite for the ultimate texture climb.

We offer a full array of classes, supervised drop-in sessions, camps and programs for people of all skill levels to develop or improve their rock-climbing skills. The wall is also available to rent for parties, team-building and other celebration events. Program days/times may vary. To view the current schedule and register please visit www.nwteambuilding.com or call 206-295-5494

Youth Sports

Pre Season Basketball Clinics

Want to improve your basketball skills and fundamentals? This Pre Season Basketball Clinic creates an opportunity for coed players, ages 5-6 to participate and learn the concepts of basketball, develop their game, and prepare for the upcoming basketball season. Clinics focus on helping athletes improve their skills and develop their talent by learning basic practice drills and emphasizing the fundamentals such as dribbling, shooting, defense, passing and much more! No class November 22.

Tyee Middle School Site

\$108(R) \$130(N) Age: 5-6Y
2109975 5:30-6:30pm Mon Nov 08-Dec 20

Pre Season Basketball Clinics

Want to improve your basketball skills and fundamentals? This Pre Season Basketball Clinic creates an opportunity for coed players, ages 7-9 to participate and learn the concepts of basketball, develop their game, and prepare for the upcoming basketball season. Clinics focus on helping athletes improve their skills and develop their talent by learning basic practice drills and emphasizing the fundamentals such as dribbling, shooting, defense, passing and much more! No class November 23.

Tyee Middle School Site

\$108(R) \$130(N) Age: 7-9Y
2109976 5:30-6:30pm Tue Nov 09-Dec 21

Pre Season Basketball Clinics

Want to improve your basketball skills and fundamentals? This Pre Season Basketball Clinic creates an opportunity for coed players, ages 10-13 to participate and learn the concepts of basketball, develop their game, and prepare for the upcoming basketball season. Clinics focus on helping athletes improve their skills and develop their talent by learning basic practice drills and emphasizing the fundamentals such as dribbling, shooting, defense, passing and much more! No class November 24.

Tyee Middle School Site

\$108(R) \$130(N) Age: 10-13Y
2109951 5:30-6:30pm Wed Nov 10-Dec 22

Dream Hoops

Register your child for our fun FREE 6-week basketball class session. This 45-minute recreational basketball class focuses on teaching and developing basketball fundamentals, such as dribbling, defending, footwork, passing, and shooting through a variety of drills and games. Led by our lead and assistant coach, our program is centered on being inclusive, building skills, teamwork, sportsmanship, and building confidence.

Crossroads Community Center

FREE Age: 6-8Y
2110298 5-5:45pm Tue Nov 09-Dec 14

FREE Age: 9-12Y
2110299 6-6:45pm Tue Nov 09-Dec 14

Youth Soccer

Bellevue Youth Sports is proud to offer a safe, dynamic and non-competitive environment for beginning young co-ed athletes to discover the fun in playing soccer. Athletes will develop basic skills and techniques necessary to succeed on both offense and defense. This four-week program is designed to introduce players to the sport, with 30 minutes of practice and conditioning followed by 30 minutes of fun game play. No experience necessary. No class on November 25.

Robinswood Community Park - Fields

\$30(R) \$35(N) Age: 6-13Y
2109981 4:15-5:15pm Thu Nov 04-Dec 02

Youth Flag Football

Bellevue Youth Sports is proud to offer a safe, dynamic, and non-competitive environment for beginning young co-ed athletes to discover the fun in playing flag football. Athletes will develop basic skills and techniques necessary to succeed on both offense and defense. This 4-week program is designed to introduce players to the sport with 30 minutes of practice and conditioning followed by 30 minutes of fun game play. No experience necessary.

Robinswood Community Park - Fields

\$30(R) \$35(N) Age: 8-13Y
2109954 1:45-3:00pm Wed Oct 27-Nov 17

Biddy Multi Sport

This 4 week parent/guardian participation required program will cover two sports - basketball & soccer. Each class is 45 minutes in length and encompasses developmental sports lessons along with activities proven to build and mature a child's motor development, hand-eye coordination, and cardiovascular fitness. The result of our action-packed curriculum is a program which allows every child to build their skills at their own pace within a non-competitive, learning-based environment that emphasizes patience, teamwork, and self-confidence.

Crossroads Community Center

\$30(R)\$35(N) Age: 4-6Y
2101000 10:30 - 11:15am Thu Oct 21-Nov 18

Tennis

Adult Tennis - Beginning

Level 1 is designed to provide basic skills needed to play tennis, including etiquette, rules, and scoring. USTA Level of 2.0

Robinswood Tennis Center

\$160(R) \$160(N) Age: 18Y & Up
2108446 1:15-2:30pm Mon Oct 25-Dec 18
2108447 10:30-11:45am Wed Oct 25-Dec 18
2108454 7:45-9pm Tue Oct 25-Dec 18
2108455 9-10:15pm Wed Oct 25-Dec 18

Adult Tennis - Advanced Beginning

These lessons build on the basics, reinforcing technique, and adding advanced drills and learning how to play doubles. USTA level of 2.5 or higher.

Robinswood Tennis Center

\$160(R) \$160(N) Age: 18Y & Up
2108443 12-1:15pm Mon Oct 25-Dec 18
2108444 10:30-11:45am Tue Oct 25-Dec 18
2108445 11:45am-1pm Wed Oct 25-Dec 18
2108450 9-10:15pm Tue Oct 25-Dec 18
2108451 7:45-9pm Wed Oct 25-Dec 18

Adult Tennis - Intermediate

These lessons are for participants who already have sound fundamentals and are working on advanced technique such as spin serves, continental grip volleys, the slice backhand, and basic strategies. USTA Level of 3.0 or higher.

Robinswood Tennis Center

\$160(R) \$160(N) Age: 18Y & Up
2108448 11:45am-1pm Mon Oct 25-Dec 18
2108456 7:45-9pm Mon Oct 25-Dec 18

\$140(R) \$140(N) Age: 18Y & Up
2108449 10:30-11:45am Thu Oct 25-Dec 18
2108457 7:45-9pm Thu Oct 25-Dec 18

Adult Tennis - Advanced

Class will focus on more advanced drills and strategy for singles/doubles play. USTA Level of 3.5 or higher.

Robinswood Tennis Center

\$160(R) \$160(N) Age: 18Y & Up
2108452 9-10:15pm Mon Oct 25-Dec 18
\$140(R) \$140(N) Age: 18Y & Up
2108453 9-10:15pm Thu Oct 25-Dec 18

Teen Tennis Class

Class is designed for Beginning to Advanced Beginning levels of Teens.

Robinswood Tennis Center

\$91(R) \$91(N) Age: 15-17Y
2108529 5:15-6:15pm Sat Oct 25-Dec 18

Youth Little Lobbers Tennis

Class focuses on young children to build hand-eye coordination and develop muscle memory for basic form.

Robinswood Tennis Center

\$91(R) \$91(N) Age: 4-6Y
2108534 11-11:45am Sat Oct 25-Dec 18

Youth Beginning Tennis

Class is designed for any child who has never taken lessons before or has minimal experience. Goals of the class are to introduce basic tennis.

Robinswood Tennis Center

\$91(R) \$91(N) Age: 7-10Y
2108533 1:15-2:15pm Sat Oct 25-Dec 18
\$91(R) \$91(N) Age: 11-14Y
2108532 2:15-3:15pm Sat Oct 25-Dec 18

Youth Advanced Beginning Tennis

Class is designed for students who have completed the Beginning class or have had lessons in the past.

Robinswood Tennis Center

\$91(R) \$91(N) Age: 7-10Y
2108531 3:15-4:15pm Sat Oct 25-Dec 18
\$91(R) \$91(N) Age: 11-14Y
2108530 4:15-5:15pm Sat Oct 25-Dec 18

Youth Intermediate Tennis

Class is designed for students who have completed Advanced Beginning II. The goal of the class is to be able to hit all strokes with consistency and the correct technique. This class is the highest level of Saturday Youth Lessons.

Robinswood Tennis Center

\$91(R) \$91(N) Age: 7-14Y
2108535 10-11am Sat Oct 25-Dec 18

Team 1 Tennis

Have progressed past Saturday Intermediate Lessons. Players at this level should already be able to keep score, play matches against other players, execute volleys & overheads, and place serves consistently in the box. USTA Rookie Level Tournament Players.

Robinswood Tennis Center

\$168(R) \$168(N) Age: All Ages
2108537 4-5:15pm Tue,Thu Oct 25-Dec 18

Team 2 Tennis

Players on Team 2 have finished a session in one of the top ladder spots on Team 1. They have shown a progression of their basic skills and they are incorporating those skills into their match play. Team 2 players are playing at an intermediate USTA level.

Robinswood Tennis Center

\$168(R) \$168(N) Age: 4-18Y
2108538 5:15-6:30pm Tue,Thu Oct 25-Dec 18

Prep Team Tennis

Class focuses on strengthening the student's rally skills. This class is designed for students who have completed Intermediate Saturday Classes. Entry to this class is granted only through Instructor approval. The goal of the class is to develop consistent rallies and begin match play. Next Level is Team 1.

Robinswood Tennis Center

\$72(R) \$72(N) Age: 4-18Y
2108536 9-10am Sat Oct 25-Dec 18

Tournament Team Tennis

Players on Tournament Team have finished a session in one of the top spots on Team 2. A requirement for this team is that the student is actively participating in tournaments. The student has a strong grasp of the basics and is working on developing offensive shots and strategies. Tournament Team players are playing at an intermediate and/or advanced USTA level.

Robinswood Tennis Center

\$228(R) \$228(N) Age: 4-18Y
2108540 5:15-6:30pm Mon,Wed,Fri Oct 25-Dec 18

Elite Team Tennis

This junior team is for USTA Champs level players only. Participants should be ranked in the top 50 of their age group in the Pacific Northwest to try out. Drill and Match-play environment. Highest Level of Junior Teams at Robinswood.

Robinswood Tennis Center

\$228(R) \$228(N) Age: 4-18Y
2108539 4-5:15pm Mon,Wed,Fri Oct 25-Dec 18

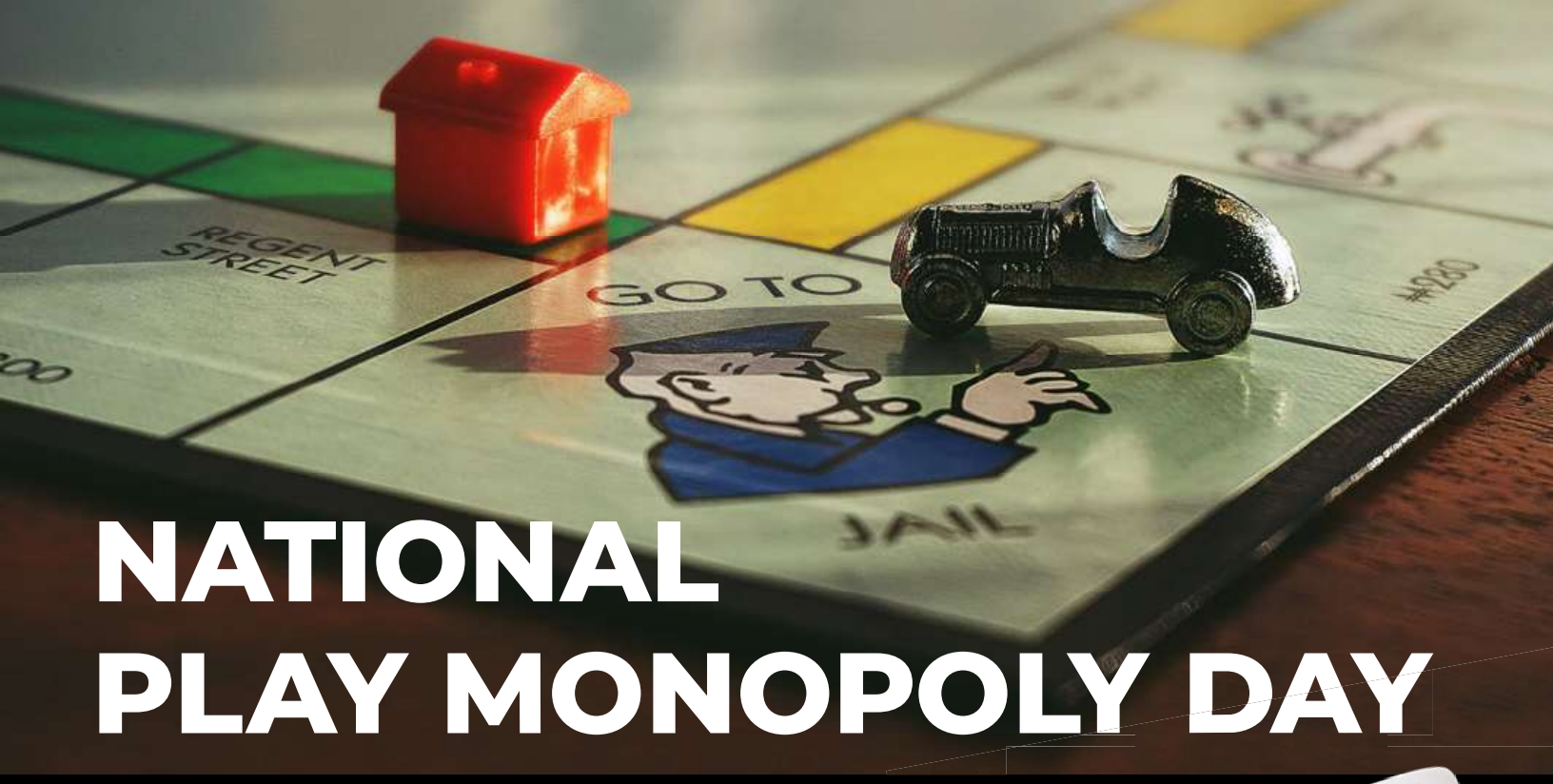
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but don't know
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NATIONAL PLAY MONOPOLY DAY

Friday, Nov 19, 2021 • 4-6 p.m.

North Bellevue Community Center
4063 148th Ave. NE., Bellevue, WA 98007

Phone: 425-452-7681 • Email: NBCC@bellevuewa.gov



Celebrate National Play Monopoly Day at the North Bellevue Community Center!

Play Monopoly, enjoy pizza, water, tea, coffee and raffle prizes! National Play Monopoly Day recognizes the iconic board game that lands us on Park Place, Boardwalk or even in jail.

This event is open to all ages and game experience. Bring your family, friends and neighbors or come to meet some fellow Monopoly enthusiasts.

Event is free; however, advance registration is required, register online at bellevuewa.gov.

Open to all ages and experience. Children under 12 must be accompanied by a guardian.

This program receives funding from the King County Veterans, Seniors and Human Services Levy.



King County

Veterans, Seniors & Human Services Levy

