

CONNECTIONS

January &
February 2022



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-6885 (voice) or email ADAParks@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.



Bellevue Parks &
Community Services



Facility & Program Safety Protocols

To provide you with a safe experience, we have implemented a number of health and safety guidelines and screening procedures in response to the coronavirus pandemic. **All participants will be required to comply with masking, physical distancing, health screening, vaccine verification, and hand hygiene requirements in effect at the time of the program. These requirements are subject to change based on updated guidance from public health authorities.**

All program participants 12 and older will be required to show proof of full COVID-19 vaccination or an approved negative test in order to enter indoor recreation and community facilities in compliance with Public Health of Seattle & King County's Vaccine Verification Order.

For more information, visit BellevueWA.gov/vaccination-verification.



Bellevue Parks & Community Services

PO Box 90012
Bellevue, WA 98009-9012

Bellevue City Council

Lynne Robinson, Mayor

Jared Nieuwenhuis, Deputy Mayor

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Jennifer Robertson

Conrad Lee
John Stokes

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FOOD & REFRESHMENTS

Programs listed in this brochure may include a food or beverage refreshment. Please contact your Program Area site for more information; phone numbers are available in this brochure. Food and beverage cost, when applicable, is included in the cost of the program.

City of Bellevue Tax ID Number:
91-6007020

Every attempt has been made to ensure that information in this brochure is accurate as of the time of publication. For the most up-to-date information on activity availability, pricing, dates, times, and location, please visit our online registration system at register.bellevuewa.gov.

On the Cover: *Bellevue Youth Theatre's production of The Velveteen Rabbit, photograph by Colin Walker.*

Questions or comments about Connections? Contact Colin Walker, Department Marketing Administrator, at cwalker@bellevuewa.gov.

Registration & Payment Policies

Every effort is made to ensure that the information in this catalog is accurate at the time of publication. Because policies, personnel, and funding can change, Bellevue Parks & Community Services reserves the right to add or withdraw programs and to amend, revise, or modify any provision, including - but not limited to - price, date, and location, printed in this brochure. You are encouraged to visit <https://register.bellevuewa.gov> for the most up-to-date information.

Food & Refreshments

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City of Bellevue Tax ID Number:

91-6007020

Registration and Payments:

For camps meeting fewer than 15 hours per week, please see "General Recreation Programs and Mini-Camps" policies. Day Camp policies on this page do not apply to camps meeting fewer than 15 hours per week.

Registration Priority:

The City of Bellevue is committed to providing a wide range of recreation activities for Bellevue residents. Therefore, the City gives advance registration preference for those residing within the Bellevue city limits. Non-residents are welcome to take part in recreation programs on a space-available basis. Non-resident registrations are not accepted prior to the first day of non-resident registration. On this day, mailed and faxed registrations will be accepted, via phone at 425-452-6885, or online at <http://register.bellevuewa.gov>.

Due to an interlocal agreement with King County, all registrations for programs at South Bellevue Community Center are processed in the order received.

Registration Confirmation:

Registration receipts are mailed electronically after registration has been processed. Call 425-452-6885 to request a printed registration receipt.

Scholarships/Financial Assistance:

Financial assistance is available to qualifying residents who live within the Bellevue City limits. See *Connections* for scholarship application. Scholarship applicants will be notified of the amount due for each registration after scholarship application is processed. Please call 425-452-6885 or visit bellevuewa.gov/connections for information on applying for assistance.

Payment:

Payment is accepted in Cash, gift certificates, checks, or Visa/MasterCard only. Payment for all programs except day camps is due in full at the time of registration. All transactions completed online require payment in full at the time of registration. *Scholarship application is required prior to registration.* Please do not mail cash.

General Recreation Programs and Mini-Camps: Payment is due at the time of registration. Scholarship application is required prior to registration if paying with scholarship.

Day Camps: Each Day Camp requires a \$35 non-refundable fee, per participant, per camp, at the time of registration, and will be applied toward the final amount due. Payment in full is due for the first two (2) camps at the time of registration. Payments for subsequent camps are due fourteen (14) calendar days prior to the first day of each session.

Credit Card:

Include credit card number and expiration date on registration form.

Checks:

All checks or drafts received by the City which are returned or dishonored by the drawee bank or other such depository shall be assessed a charge of \$15.00 (Adm. Order 53).

Refunds:

Classes cancelled by the City will result in a 100% refund of program fees. No refunds are available for programs \$10 or less. No refunds or credits will be issued on or after the first day of the program or camp.

General Recreation Programs/Mini-Camps

(camps meeting fewer than 15 hours per week):

A refund is granted if the withdrawal is made at least seven (7) calendar days prior to the start of class, less a \$10 administrative fee per participant, per program. Class withdrawals requested fewer than seven (7) calendar days prior to class will result in a refund of:

- Programs with fees \$20 or less: program fee, less \$10 administrative fee, per participant, per program.
- Programs with fees greater than \$20: 50% of the program fee, per participant, per program.

Day Camps (camps meeting 15 hours or more per week): A refund is granted if the withdrawal is made at least ten (10) calendar days prior to the first day of class, less a \$35 non-refundable deposit, per participant, per camp. Camp withdrawals requested less than ten (10) calendar days prior to camp will result in a refund of 50% of the program fee, per participant, per program. If you are interested in transferring to a different camp, please call 425-452-6885 for information on our transfer policy.

RESIDENT DEFINITION:

A resident is defined as anyone living within the jurisdictional boundary of the City of Bellevue as determined by City records. If you have any question as to whether you are within the jurisdictional boundary of the City of Bellevue, please contact the Development Services Department's Land Use Division at 425-452-4188.

EQUAL OPPORTUNITY STATEMENT:

The City of Bellevue assures that no person shall on the grounds of race, color, national origin, or sex as provided by Title VI of the Civil Rights Act of 1964, and related statutes, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any City of Bellevue program or activity. Any person who believes his/her Title VI protection has been violated may file a complaint with the ADA/Title VI Administrator. For Title VI complaint forms and advice, please contact the ADA/Title VI Administrator at 425-452-6168.



Bellevue Parks & Community Services

Activity Registration Form



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Please Print Clearly

Adult Last Name	First	Date of Birth
<hr/>		
Street Address		
<hr/>		
City	State	ZIP
<hr/>		
E-Mail Address - By providing your email address, you will receive emailed receipts and updates from Bellevue Parks & Community Services.		
()	()	
Work Phone	Home Phone	

Participant #1 Name: _____
Last First

Date of Birth: _____ ☐ Male ☐ Female

Class No	Class Title	Fee	Use Scholarship?

Participant #2 Name: _____
Last First

Date of Birth: _____ ☐ Male ☐ Female

Class No	Class Title	Fee	Use Scholarship?

Payment Details

See Payment Policies for More Information.

Payment Method

☐ Check ☐ D.D.A. (send to Highland)

☐ Credit Card

Total Fee: \$ _____



Card Number

Expiration Date

2021 Summer Camps

Mail completed form to:

Bellevue Parks Registration; P.O. Box 90012; Bellevue, WA 98009-9012

WAIVER OF LIABILITY/PHOTO & VIDEO RELEASE PLEASE READ CAREFULLY

In consideration of myself and/or my child(ren) being allowed to use City of Bellevue Parks & Community Services facilities and/or participate in the City-sponsored activity(ies) identified herein, **I ASSUME ANY AND ALL RISKS, INCLUDING RISK OF INJURY OR DEATH**, associated with my or my child(ren)'s use of said facilities and/or participation in said activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to waive and **RELEASE** any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facilities or participation in the City-sponsored activity(ies) identified herein. I acknowledge that I have carefully read this **WAIVER OF LIABILITY** and fully understand that I am waiving any right that I may have to bring a legal action or to assert a claim against the City of Bellevue in connection with the use of City facilities or participation in the City-sponsored activity stated below.

PHOTO/VIDEO RELEASE: I give my permission to have photos and/or video and audio recordings taken of me or my child(ren) during City of Bellevue activities and authorize the City of Bellevue to copyright, use, and publish the same. I understand I am waiving any right of privacy, compensation, copyright or other ownership right connected to the photo or recording. If you do not give permission to have photos and/or video and audio taken of you or your child(ren), please contact the main office at 425-452-6885 or Parksweb@bellevuewa.gov.

ASSUMPTION OF THE RISK AND WAIVER OF LIABILITY RELATING TO COVID-19 PLEASE READ CAREFULLY

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is very contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. The City of Bellevue has put in place preventative measures to reduce the spread of COVID-19; however, the City cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, using City facilities and/or participating in City programs and activities could increase you and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and **VOLUNTARILY ASSUME THE RISK THAT I OR MY CHILD(REN) MAY BE EXPOSED TO OR INFECTED BY COVID-19** by using the City facility and/or participating in the City programs or activities identified herein **AND THAT SUCH EXPOSURE OR INFECTION MAY RESULT IN PERSONAL INJURY, ILLNESS, PERMANENT DISABILITY, AND DEATH**. I understand that the risk of becoming exposed to or infected by COVID-19 at the facility or in the programs or activities identified herein may result from the actions, omissions, or negligence of myself and others, including, but not limited to, City employees, volunteers, and participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself or my child(ren) (including but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I, or my child(ren) may experience or incur in connection with my or my child(ren)'s attendance at the facility or participation in the program or activities. I further agree on behalf of myself, my heirs, executors, assigns, and personal representatives, to **WAIVE AND RELEASE** any and all rights and claims for damages, including attorney fees, I now, or may hereafter have, whether known or unknown, against the City of Bellevue and its officials, employees, and agents for any injuries suffered by me or my child(ren) in connection with the use of City facility or participation in the City programs and activities identified herein. I understand that this release includes any claims based on the actions, omissions, or negligence of the City, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in the City program or activity.

IN ADDITION, I AGREE TO COMPLY WITH ALL COVID-19 SAFETY POLICIES AND PROCEDURES OF THE FACILITY OR PROGRAM/ACTIVITY IDENTIFIED HEREIN.

I acknowledge that I have carefully read this WAIVER OF LIABILITY / RELEASE / ASSUMPTION OF RISK AND WAIVER OF LIABILITY RELATING TO COVID-19 and fully understand that I am waiving any right that I may now or hereafter have to bring a legal action to assert any claim against the City of Bellevue in connection with my or my child(ren)'s participation in this activity.

Adult Participant or Participant's Parent/Guardian Signature _____ Date _____

Printed Name: _____
Registration NOT VALID without signed waiver.



SCHOLARSHIPS AVAILABLE FOR RECREATION PROGRAMS

Bellevue Parks & Community Services strives to make program opportunities available to all interested individuals who live in the boundaries of the city of Bellevue, regardless of income. We provide scholarships to those who might not otherwise be able to participate. Visit one of the locations listed at the bottom of this page to obtain a copy of the scholarship application form, visit parks.bellevuewa.gov/connections to download a copy, or call 425-452-6885 and staff will be happy to mail you a copy of the form, free of charge.

贝尔维尤公园和社区服务中心致力于为居住在贝尔维尤市边界地区的所有对此计划感兴趣的人士提供机会，而不会考虑个人的收入情况。我们为可能无法参与的人士提供奖学金。您可前往本页面底部列出的其中任一地点，领取一份奖学金申请表副本，也可以浏览网站 parks.bellevuewa.gov/connections 下载一份副本，或致电 425-452-6885，工作人员将乐意给您免费邮寄申请表副本。

벨뷰 공원 및 근린시설 서비스는 소득 수준과 관계없이 프로그램에 관심이 있는 벨뷰시 거주 시민이라면 누구든지 프로그램 이용 기회 제공하고자 노력합니다. 참여가 어려운 사람에게는 장학금을 제공합니다. 이 페이지 하단에 열거된 지점 중 한 곳을 방문하거나 parks.bellevuewa.gov/connections를 방문하여 장학금 지원서 양식을 받을 수 있으며, 425-452-6885번으로 전화하면 직원이 지원서 양식을 무료로 발송해드립니다.

Служба парков и коммунальных предприятий Белвью предлагает программы создания возможностей всем заинтересованным лицам, которые живут в пределах города Белвью, независимо от их дохода. Мы предоставляем стипендии тем, кто без этого не сможет стать участником программы. Получить бланк заявки на стипендию можно в одном из офисов, перечисленных в нижней части этой страницы. Чтобы скачать бланк заявки, зайдите на страницу parks.bellevuewa.gov/connections или позвоните по номеру 425-452-6885, и сотрудники бесплатно отправят вам бланк по почте.

Parques y Servicios Comunitarios de Bellevue procura hacer que las oportunidades para participar en los programas estén disponibles a todos aquellos que estén interesados y vivan dentro de los límites de la ciudad de Bellevue, independientemente de sus ingresos. Otorgamos becas a los que no podrían participar de otra manera. Visite algunos de los locales listados al pie de esta página para obtener una copia del formulario de solicitud de becas, también puede ingresar a parks.bellevuewa.gov/connections y descargar el formulario o puede llamar al 425-452-6885 y el personal felizmente le enviará una copia por correo electrónico sin costo.

Bellevue Aquatic Center 601 143rd Ave NE
Bellevue City Hall 450 110th Ave NE - ServiceFirst
Bellevue Youth Theatre 16501 NE 10th St
Crossroads Community Center 16000 NE 10th St
Highland Community Center 14224 Bel-Red Rd

Kelsey Creek Farm 410 130th Pl SE
Crossroads Mini City Hall 15600 NE 8th St #H9
North Bellevue Community Center 4063 148th Ave NE
Northwest Arts Center 9825 NE 24th St
South Bellevue Community Center 14509 SE Newport Way

Low-Cost & No-Cost Programs

Bellevue Parks & Community Services offers a variety of low-cost and no-cost programs for all ages! Enjoy year-round participation in one or more of these programs for less than \$500.

Visit BellevueWA.gov/scholarship to learn more about our financial assistance program, which provides up to \$500 per year to Bellevue resident meeting certain income guidelines.

Bellevue Botanical Garden

Garden d'Lights

Bellevue Youth Theatre

Thumbelina

The Legend of Mulan

Kelsey Creek Farm

Family Tours

Saturday Tours

Saturday Workshops

Story Time

Lake Hills Greenbelt Ranger Station

Ranger Walks

Family Discovery Series

Lewis Creek Visitor Center

Ranger-led hikes

Family Discovery Series Nature Programs

Mercer Slough Environmental Education Center

Story & A Stroll

Ranger-led hikes

Ranger programs

North Bellevue Community Center

Friday Movies

Chinese Information Service Center Singing Group

Chinese Information Service Center ESL

Chinese Information Service Center Tai Chi

Tai Chi

Billiards

Drop-In Pickleball

Drop In Table Tennis

Adult Volleyball Drop-In - Hidden Valley Gym

Line Dancing

Board Games

Coloring and Coffee

South Bellevue Community Center

Pickleball

Adult Basketball

Family Basketball

Adult Volleyball

Cycle/Stretch

Active Adult Fitness

Strong & Fit

Indoor Cycling

ZUMBA

Fitness Center Drop-In

Shotokan Karate - Youth

Taekwondo

TRACKS

Tuesday Trails

Wednesday Walks

TRACKS Elementary Program

The City of Bellevue prohibits sex discrimination in the operation or administration of community athletics programs for youth or adults. Third parties who receive leases or permits from the City of Bellevue for a community athletic program are also prohibited from discriminating on the basis of sex. In addition, the City of Bellevue does not discriminate on any other basis provided by Federal or State law. If you have questions or wish to file a complaint, contact Susan Freeburg at SFreeburg@bellevuewa.gov, or 425-452-4278.

정보	Information	情報
Información		معلومات
సమాచారం		Информация
اطلاعات		Thông Tin
सूचना		資料
425-452-6800		

Drop-In Programs

Bellevue Climbing Wall Programs

The Bellevue Climbing Wall, located at the South Bellevue Community Center, is 33 feet tall and sculpted to look and feel like Index granite. The wall offers three belay ropes with at least five climbing routes of varying degrees of difficulty per rope, and a bouldering or horizontal traverse wall. Advanced climbers can take advantage of the wall's natural-looking granite for the ultimate texture climb.

We offer a full array of classes, supervised drop-in sessions, camps and programs for people of all skill levels to develop or improve their rock-climbing skills. The wall is also available to rent for parties, team-building and other celebration events. Program days/times may vary. To view the current schedule and register please visit www.nwteambuilding.com or call 206-295-5494

Dungeons & Dragons Club

Escape the problems of today by exploring a universe unlike our own at South Bellevue Community Center's Dungeons and Dragons Club. Ever imagine yourself as a wizard, ranger, druid, or beast slaying hero? In this role-playing game, players create their own characters and forge through life's obstacles in a medieval fantasy setting. Using cooperative skills, the team may choose to follow a mission to save the day or create a path of their own devise. SBCC D&D Club is an inclusive, safe space for all. New players welcome! Please bring your own pencil and dice. Drop in- no registration necessary!

South Bellevue Community Center

FREE Age: 16Y & Up
2200114 5-7:50pm Tue Jan 04-Apr 26

Indoor Play

Drop-in gym play with toys and mats for children ages 5 and under. Parents/caregivers must supervise their own children and be present at all times.

South Bellevue Community Center

\$4(R) \$5(N) Age: Up to 5Y
2200181 10:30am-12pm Mon,Wed,Fri Jan 03-Apr 29

Drop-in Ping Pong

Adults can drop-in for a recreational game of ping pong during specified play times. Table and net are provided by North Bellevue Community Center. Players provide their own paddle and balls.

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
2200156 9am-5pm Mon,Wed,Fri Jan 03-Dec 28

Drop-in Pickleball

Adults can drop-in for a recreational game of pickleball during a two hour session. Court, net and balls are provided by the facility, players provide their own paddle. This is a drop-in program.

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
2200157 3-5pm Mon,Wed,Fri Jan 03-Dec 28

Drop-In Volleyball

Drop In Volleyball is open from 6am to 8am on Tuesday and Thursday as well as 4pm to 6pm Fridays at SBCC! The adult drop-in sports programs are for individuals 18+.

South Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
2200208 6am-6pm Tue,Thu,Fri Jan 07-Mar 25

Drop-In Pickleball

Drop In Pickleball is open from 10:30am to 12:30pm Tuesday and Thursdays at SBCC! The adult drop-in sports programs are for individuals 18+.

South Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
2200210 10:30am-12:30pm Tue,Thu Jan 04-Apr 28

Drop-In Basketball

Drop In Basketball is open from 6:00am to 8:00am on Monday, Wednesday, and Friday as well as Thursday evening from 6:00pm to 8:00pm. The adult drop-in sports programs are for individuals 18+.

South Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
2200225 6am-8pm Mon,Wed,Thu,Fri,Sat Jan 03-Mar 31

Family Basketball

Family Basketball is open from 10am to 12pm on Saturdays at SBCC. Come enjoy a game of hoops with your family. All ages are welcome.

South Bellevue Community Center

FREE Age: 5Y & Up
2200226 10am-12pm Sat Jan 08-Apr 30

Drop-In Badminton

Drop In Badminton is open from 10:30am to 12:30pm on Monday, Wednesday as well as Wednesday evening from 6:00pm to 8:00pm. The adult drop-in sports programs are for individuals 18+.

South Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
2200227 10:30am-8pm Mon,Wed Jan 03-Mar 30

Adult Enrichment

Art Bunch After Lunch (Drawing Studio)

Want to brush-up on your drawing skills? Drop-in for a couple hours to work on your personal art project or draw from the still life objects that will be set-up, weekly. Bring your own materials. This program is for artists to meet and chat, not a formal drawing class. Table easels provided.

Northwest Arts Center

\$54(R) \$65(N) Age: 18 & Up
22000651 1-3pm Mon Jan 10-Feb 14

Moving to a Simpler Life

Is your home getting to be just too much, or are you ready to put time into yourself, your family and your friends instead of your home and yard? This is the Free Seminar for you! Learn from experts what is involved in downsizing, and how to make your Move to a Simpler Life as easy as possible!

Day 1: Overview of Services: What services are available to help seniors? Want to age in place? How to straighten out your affairs so you will be ready? We can help!

Day 2: Downsizing and Moving: What types of senior housing are available? Clearing out all the excess possessions, prepping the house, timing the sale, moving into the new, easier life, and hanging on to all that money your house just made you. Let's make it easy!

North Bellevue Community Center

FREE Age: 18Y & Up
2200211 10am-1pm Tue Feb 10-Feb 17

Vision Board Workshop

A vision board is simply a collage of pictures, words, and quotes on a board that serves as a visual tool used to help clarify, concentrate, and maintain focus on specific goals. Research has shown that if you can see an outcome clearly, you are much more likely to achieve it. Maybe it's reading a certain book, or series of books, spending more time outside, eating healthier, cleaning out a closet or room, or traveling to see family, a dear friend or a special place. Whatever it is, using magazines and inspirational quotes, you can create a visual representation of what you want your year to be like. All supplies will be provided, but feel free to bring any magazines, photos or inspirational quotes that appeal to you.

North Bellevue Community Center

FREE Age: 18Y & Up
2200150 3-5pm Fri Jan 07

Ping Pong Introduction Orientation

If you've never played Table Tennis, also known as Ping Pong before, this introductory orientation is designed especially for you! The session will cover the basics and help develop an understanding of ping pong for recreational and social play, Table Tennis rules, terminology, and provide beginner play time. We supply all equipment. This program is free; however, advance registration is required. This program receives funding from the King County Veterans, Seniors and Human Services Levy.

North Bellevue Community Center

FREE Age: 18Y & Up
2200154 5:30-6:30pm Mon Jan 24
2200155 5:30-6:30pm Mon Feb 28

Grown-Up Show-and-Tell

Do you want a chance to re-live those childhood memories of sharing and talking about some of your most prize possessions? Here is your chance. Join us at the South Bellevue Community Center for Grown-Up Show-and-Tell. Participants will be limited to 10 minutes to share and answer questions about an old photo, craft, collectible, or treasured personal items with members of our community. Drop in- no registration necessary!

South Bellevue Community Center

FREE Age: 18Y & Up
2200196 1-3pm Mon Jan 03-Apr 25

Board Games

Board games and group games teach critical thinking, strategic skills, offer social opportunities for participants, keep minds sharp and are just plain fun! Join us at the North Bellevue Community Center every Wednesday for a fun afternoon playing a variety of games, from board, oversized, to group games. This program is open to all ages and game experience. Bring your family, friends and neighbors or come to meet fellow board game enthusiasts.

This program is free; however, advance registration is required. Open to all ages and experience. Children under 12 must be accompanied by a guardian. This program receives funding from the King County Veterans, Seniors and Human Services Levy.

North Bellevue Community Center

FREE Age: 5Y & Up
2200151 2:30-4:30pm Wed Jan 05-Feb 16

Bridge Bunch

Just learning, a little rusty, or just want a fun place to play Bridge while increasing your skill level? Come join us every Wednesday and play your favorite game with other members of our community. This is a FREE drop-in activity.

South Bellevue Community Center

FREE Age: 18Y & Up
2200206 1-3pm Wed Jan 05-Apr 27

Multi-Cultural Services & Programs

BellevueAtHome CISC Chinese Seniors Singing Group

This class will be conducted in Mandarin. This is a great class for Chinese seniors to share their passion in singing and meet new friends. Class may resume in-person at NBCC in 2022 depending on the availability of the instructor. This is a FREE online Zoom Class, registration required.

North Bellevue Community Center

FREE Age: 50Y & Up
2200324 9:45-11:15am Tue Jan 04-Feb 15

BellevueAtHome: CISC Chinese Senior Beginning ESL

This class will be conducted in English and Cantonese/Mandarin. Participants will learn basic English words and simple phrases. This class is great for new English learners with no and low English literacy skills. Class may resume in-person in 2022 depending on the availability of the instructor. This is a FREE online Zoom class, registration required.

North Bellevue Community Center

FREE Age: 50Y & Up
2200325 9:30-11:30am Wed Jan 05-Feb 16

BellevueAtHome CISC Chinese Senior Tai Chi

This class will be conducted in English and Mandarin. Simple and easy to learn, Tai Chi can strengthen cardiopulmonary function and prolong longevity. Class may resume in-person at NBCC in 2022 depending on the availability of the instructor. This is a FREE class online class, registration required.

North Bellevue Community Center

FREE Age: 50Y & Up
2200326 10-11am Thu Jan 06-Feb 17

CISC Family Resource Support Program

Family Resource Support Program provides short-term support and crisis intervention to help low-income families and people with disabilities with no/low English literacy to access crucial services. Through our language appropriate services, we help our clients understand options and resources available to them so that they can make informed choices. We offer personal application assistance for clients who are in need of public assistance to meet their basic necessities. This is a FREE walk-in first come first served program.

North Bellevue Community Center

FREE Age: 18Y & Up
2101026 10-11am Thu Jan 06-Feb 17

Sea Mar Community Program

Spanish speaking older adults will have an opportunity to be part of the community by participating in various activities provided by North Bellevue Community Center. Activities could include health/mind wellness seminars, social services support, ESL classes, social engagement classes, exercise programs, community meal program and promotion of socialization within English speaking community.

North Bellevue Community Center

FREE Age: 18Y & Up
2200276 9am-2pm Fri Jan 07-Dec 23

CISC Russian Senior Day Program

This program supports the Russian older adults with structured activities to promote physical, social and emotional well-being and cross cultural interaction with other older participants. The civic activities will allow aging adults to be engaged in the community by familiarizing participants with WA State and U.S. history, local news, and by introducing and encouraging them to attend local events, offering health/mind wellness seminars, offering social services support and referral, promotion of socialization within an English-speaking community. Arts, crafts, music and games will be part of the daily activities which will be incorporated into the program schedule.

North Bellevue Community Center

FREE Age: 50Y & Up
2200272 9am-2pm Tue Jan 04-Dec 20

IACS Community Program (Formerly IAWW)

North Bellevue Community Center and the Indian American Community Services (Formerly IAWW) have partnered in an effort to unite and celebrate multi-generational Indian families and bridge cultural gaps in the community by providing safe, creative space for activities including chair yoga, health talks and social communications. IACS will provide healthy living lectures, mindful breathing exercises, and a variety of special group activities and youth activities for the Bellevue public. Light lunch is also provided.

North Bellevue Community Center

FREE Age: 18Y & Up
2200230 9am-3pm Thu Jan 06-Dec 22

Continuing Education

BellevueAtHome: Windows 11 Workshop

What's new in Windows 11? Can I do a free upgrade to Windows 11? Do I need to buy a new computer? Which tips and tricks will save me time and make it easier for me to use my computer? Where can I get free help? Join us for this workshop where you can ask questions and learn from other attendees with similar challenges.

North Bellevue Community Center

\$36(R) \$44(N) Age: 18Y & Up
2200080 1:30-3pm Wed Jan 05-Jan 26

BellevueAtHome: Chromebooks Workshop

Are you looking for a computer that isn't complicated to use? How about one you can't ruin by making a mistake from the keyboard? No maintenance, malware, trojans, and viruses, no subscription cost, and it's always up-to-date with web technology? The Chromebook is for you! If you have a Chromebook; where can you get free help? What is the End-of-Life Date? Join us for this workshop where you can ask questions and learn from other attendees with similar challenges.

North Bellevue Community Center

\$36(R) \$44(N) Age: 18Y & Up
2200081 1:30-3pm Wed Feb 02-Feb 23

Social Services & Programs

Friday Movies

Come enjoy a free movie and popcorn at North Bellevue Community Center!

North Bellevue Community Center

FREE Age: 18Y & Up

When Harry Met Sally

Harry and Sally meet on a trip to New York after graduating. As their lives and careers grow separately, their paths cross over and over again, causing them to consider a romance with each other.

2200166 2-4pm Fri Jan 07

An American in Paris

Winner of six Oscar® awards, including Best Picture, this musical triumph stars hooper Gene Kelly as a struggling American artist torn between a wealthy American woman and a French dancer.

2200189 2-4pm Fri Jan 14

Respect

Following the rise of Aretha Franklin's career from a child singing in her father's church's choir to her international superstardom, "Respect" is the remarkable true story of the music icon's journey to find her voice.

2200168 2-4pm Fri Jan 21

Cabaret

Berlin, 1931. As Nazism rises in Germany, flamboyant American Sally Bowles sings in a decadent nightclub and falls in love with a British language teacher - whom she shares with a homosexual German baron. But Sally's carefree and tolerant cabaret world is about to be crushed under the boot of the Nazis as Berlin becomes a trap from which Sally's German friends will not escape.

2200170 2-4pm Fri Jan 28

Goldfinger

The third installment in the 007 series finds superspy James Bond (Sean Connery) trying to thwart baddie Auric Goldfinger (Gert Frobe) and his elaborate gambit to corner the gold market by contaminating Fort Knox.

2200171 2-4pm Fri Feb 04

You've Got Mail

Multiple Academy Award winner Tom Hanks reunites with his Sleepless in Seattle co-star, Meg Ryan, and director, Nora Ephron, to discover love at first byte in this on-line romantic comedy.

2200172 2-4pm Fri Feb 11

Lincoln

Daniel Day Lewis is spectacular in an Oscar®-winning performance as Abraham Lincoln in Steven Spielberg's film about the 16th President.

2200173 2-4pm Fri Feb 18

Arts

Creative Kids

Enhance your child's creativity with a variety of arts and crafts, drawing, painting, and outdoor play to get them moving. Activities take place in both indoor and outdoor settings.

Northwest Arts Center

\$180(R) \$210(N) Age: All Ages

2200110 12:30-3pm Wed Jan 12-Feb 16

Open Art Studio

The open art studio is an opportunity for artists 18+ to gather and practice their art and techniques, receive feedback from other artists, and socialize. The studio will primarily focus on media that includes pencil, charcoal, watercolor, acrylics and oil; however, it's also open to textiles, knitting and needle work.

South Bellevue Community Center

FREE Age: 18Y & Up

2200115 1-3pm Tue Jan 04-Apr 26

Crafts

Valentine Wreath Workshop

Make a Valentine wreath for you or a loved one! Registration includes step by step instruction to make a fun wreath for Valentine's Day! All supplies included.

North Bellevue Community Center

FREE Age: 18Y & Up

2200169 10:30am-12pm Fri Feb 04

Coffee & Coloring

Join us every Friday at the North Bellevue Community Center for a relaxing morning of coloring pictures, drinking coffee and socializing. We will provide coloring pages from books that are designed especially for adults as well as colored pencils, crayons and markers will be provided. Coffee, water, and tea will also be provided. Feel free to bring your own favorite coloring and supplies as well. Don't like to color? That's okay! Have a cup of coffee, chat a little and enjoy a stress-free time.

North Bellevue Community Center

FREE Age: 18Y & Up

2200158 9:30-11:30am Fri Jan 07-Feb 18

Performing Arts

Bellevue Youth Theatre Winter Productions

Bellevue residents: FREE/Non-residents: \$150

Thumbelina

In this classic Hans Christian Andersen fairytale, our tiny heroine Thumbelina goes on many adventures, meets other small creatures, and strives to find her place in the world. This is a fun play with parts for all ages. Rehearsal frequency is dependent on role. Actors in more scenes will be required at more rehearsals. This is a fun play with parts for ages 5 and up. NO CONFLICTS MARCH 28-APRIL 3.

Auditions on February 1 at South Bellevue Community Center. Everyone who auditions is assigned a part. Please sign up for your time slot to audition. We will accept walk-ups, as well. (max 10 per time slot)

5-5:15pm - Course 2200339
5:15-5:30pm - Course 2200340
5:30-5:45pm - Course 2200341
5:45-6:00pm - Course 2200342
6-6:15pm - Course 2200343
6:15-6:30pm - Course 2200344

- **Rehearsal location:** South Bellevue Community Center
- **Rehearsal start date:** February 14
- **Rehearsal times:** 5-7 p.m.
- **Tech week:** March 28-April 1
- **Performances at Bellevue Youth Theatre:** Friday, April 1 at 7 p.m.; Saturday, April 2 at 2 p.m. & 7 p.m.; Sunday, April 3 at 2 p.m.
- **No schedule conflicts allowed during tech week or performances.**

The Legend of Mulan

This play is based on the Chinese poem of Mulan, not the Disney musical and has parts for all ages. Join Mulan on her adventures from peasant to greatness. This is a fun play with parts for ages 5 and up. Rehearsal frequency is dependent on role. Actors in more scenes will be required at more rehearsals. NO CONFLICTS APRIL 18-24.

Auditions on February 15 at Bellevue Youth Theatre. Everyone who auditions is assigned a part. Please sign up for your time slot to audition. We will accept walk-ups, as well. (max 10 per time slot)

5-5:15pm - Course 2200345
5:15-5:30pm - Course 2200346
5:30-5:45pm - Course 2200347
5:45-6:00pm - Course 2200348
6-6:15pm - Course 2200349
6:15-6:30pm - Course 2200350

- **Rehearsal location:** Bellevue Youth Theatre
- **Rehearsal start date:** February 28
- **Rehearsal times:** 5-7 p.m.
- **Tech week:** April 18-21
- **Performances at Bellevue Youth Theatre:** Friday, April 22 at 7 p.m.; Saturday, April 23 at 2 p.m. & 7 p.m.; Sunday, April 24 at 2 p.m.
- **No schedule conflicts allowed during tech week or performances.**

Visual Arts

Cartooning & Drawing With Mr. Brad

Drawing and cartooning skills unleash a child's creativity. Fledgling cartoonists will learn the basics of expression drawing, line quality, constructing from imagination and exaggerating from life, while exploring moods and animating actors. Materials provided.

Northwest Arts Center

\$90(R) \$108(N) Age: 6-11Y
22000371 4-5:30pm Tue Jan 11-Feb 15

Funtastic Art Mission!

Artists will boost the fun into orbit with this rocket powered art mission. We will mix and match different art media including, but not limited to pencil, charcoal, watercolor acrylics, pastel, markers, collage and ink. We will paint on paper, cardboard, and canvas. The art could go 3-dimensional with pop-ups, cut-outs and layers. We will test and grow young design skills, drawing skills and assembly skills. This will be a creator space where the traditional art rules are bent and broken. Bring all your creativity! Materials included.

Northwest Arts Center

\$90(R) \$108(N) Age: 6-11Y
22000751 4-5:30pm Mon Jan 10-Feb 14
22000391 4-5:30pm Thu Jan 13-Feb 17
22000752 4-5:30pm Mon Feb 28-Apr 04

Drawing/Painting

Drawing

What will your kids discover when they explore drawing? With this class, your child can take their curiosity and creativity even further, exploring how to draw with step-by-step drawing and sketching tutorials. Whether you're looking for easy drawing ideas, or you want to help your child learn to draw their favorite animals and characters, we will help them reach their goals. As your child learns to draw, they'll find opportunities to stretch their creativity with various tools like pencils, chalks, and ink.

Northwest Arts Center

Grade K-8

Register at aafawa.com 3:30-5pm Thu Jan 13-Jun 09

Watercolor Painting

This class introduces classic watercolor techniques and builds slowly from the simple to the more complex. Topics include use of value, control of the medium, color mixing, and composition. Demonstrations are part of the class but painting from still life and photographs is emphasized. Experienced students will focus on assignments to improve color handling, composition, and specific painting challenges.

Northwest Arts Center

Age: 16Y & Up

Register at aafawa.com 10:30am-12pm Tue Jan 11-Jun 07

Grade K-8

Register at aafawa.com 1:30-3pm Wed Jan 12-Jun 08

Dance

Emerald Ballet Theater: Pre-Ballet

A joyful introduction to movement. Basic dance technique inspired by beautiful music, literature, and art in a developmentally appropriate way. Flexibility, coordination, strength, and creativity develop in the young dancer.

Northwest Arts Center

\$120(R) \$144(N) Age: 3-5Y
22000461 4:15-5:15pm Tue Jan 11-Feb 15

City Opera Ballet: Pre-Ballet

Learn basic Ballet and tap movements and memorizing routines. Includes French for Young Dancers. All registrations must be completed prior to the start of class.

Northwest Arts Center

\$84(R) \$98(N) Age: 3-4Y
22000521 9:30-10:15am Thu Jan 13-Feb 17

Pre Ballet

Through creative movement and games to classical music, children will explore the basic elements of ballet including rhythmic and spatial awareness as well as introductory dance vocabulary.

South Bellevue Community Center

\$55(R) \$65(N) Age: 4-5Y
2200083-1 10:30-11:15am Wed Jan 12-Feb 16

City Opera Ballet: Ballet Petit "Cupid Fest"

Includes ballet class plus stories of the grand ballets, French for young dancers and Ballet Petit variations/rehearsal. All registrations must be completed prior to the first class session.

Northwest Arts Center

\$180(R) \$216(N) Age: 5-12Y
22000491 10:15am-12:15pm Sat Jan 15-Feb 19

Ballet Tumble

Through creative movement and games to classical music, children will explore the basic elements of ballet as well as introductory dance vocabulary. In addition, tumbling elements will be mixed in to each session to offer children a wide array of movement instruction.

South Bellevue Community Center

\$55(R) \$65(N) Age: 3-4Y
2200084-1 11:30am-12:15pm Wed Jan 12-Feb 16

Royalty Ballet

Children will gain confidence as they dance through the stories of a new Prince or Princess each week. Boys are welcome too!

South Bellevue Community Center

\$55(R) \$65(N) Age: 4-5Y
2200109-1 9:30-10:15am Sat Jan 15-Feb 19

Hippity Hop

Children will learn the basics of hip-hop dancing with fun and upbeat music. You can expect your child to develop confidence, coordination, personality AND have fun!

South Bellevue Community Center

\$55(R) \$65(N) Age: 3-5Y
2200111-1 10:30-11:15am Sat Jan 15-Feb 19

Drop In Line Dancing

This fun drop-in program is designed to meet the needs of both beginners and those looking for a review of basic line dance steps and combinations. Instructor is patient, fun and full of energy. She uses a variety of music, in a relaxed, social atmosphere. Come learn to dance while giving your brain and body a great workout!

North Bellevue Community Center

\$4(R) \$5(N) Age: 18Y & Up
1-2:45pm Mon, Fri Jan 03-Dec 30

Ceramics

Childrens' Pottery Studio

An introduction to pottery which includes hand and wheel building, sculpting, coil construction, glazing and more. All materials included.

Northwest Arts Center

\$150(R) \$180(N) Age: 7-11Y
2200091 10-11:30am Sat Jan 15-Feb 19
2200095 12-1:30pm Sat Jan 15-Feb 19

Clay Figurine

The course will take you through the entire process of sculpting a figurine to a very high finish, with an emphasis on getting the anatomical structure correct at the beginning. This is key to achieving a likeness. We will show you how to train your eye to see objectively, so you can learn to trust your own judgment.

Northwest Arts Center

Grade K-8
Register at aafawa.com 3:30-5pm Tue Jan 11-Jun 07
Register at aafawa.com 3:30-5pm Wed Jan 12-Jun 08

Arts Camps

Clay Figurine Camp

The course will take you through the entire process of sculpting a figurine to a very high finish, with an emphasis on getting the anatomical structure correct at the beginning. This is key to achieving a likeness. We will show you how to train your eye to see objectively, so you can learn to trust your own judgment.

Northwest Arts Center

Register at aafawa.com 9-11:30am Tue-Fri Feb 22-Feb 25
Register at aafawa.com 12:30-3pm Tue-Fri Feb 22-Feb 25

Watercolor Camp

This class introduces classic watercolor techniques and builds slowly from the simple to the more complex. Topics include use of value, control of the medium, color mixing, and composition. Demonstrations are part of the class but painting from still life and photographs is emphasized. Experienced students will focus on assignments to improve color handling, composition, and specific painting challenges.

Northwest Arts Center

Grades K-6
Register at aafawa.com 9-11:30am Tue-Fri Feb 22-Feb 25

Youth Enrichment

Chess Wizards

This class teaches children many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student will have had the chance to participate in a mini-chess tournament.

Northwest Arts Center

\$162(R) \$195(N) Age: 6-12Y
22000431 4:15-5:15pm Thu Jan 13-Feb 17

Preschool

Parkside Pre-K: Winter Wonder

Where wonder, lights the way! It's dark early and cold outside, come navigate the new night lights. Enjoy Winter by learning about snow, ice, polar animals and the North and South Pole. Learn early math processes, science, and language skills through arts, crafts, and free play.

Crossroads Community Center

\$142(R) \$170(N) Age: 4-5Y
2200028 9:30am-12:30pm Mon-Fri Jan 04-Jan 28

Parkside Pre-K: Groundhogs and Hedgehogs

Did you know Groundhog Day was originally Hedgehog Day? Who will see their shadow this year? Let's celebrate the Winter Olympics and learn to play new indoor games. This month focuses on friendship, history, math skills, science processes, and reading.

Crossroads Community Center

\$157(R) \$188(N) Age: 4-5Y
2200029 9:30am-12:30pm Mon-Fri Jan 31-Mar 11

Marvelous Art Mondays

A program for caregiver and child! Spend the morning enjoying the challenge of creative and imaginative projects. Dress for a mess!! Materials provided.

\$55(R) \$66(N)

Age: 3-5Y

2200064

Jan 10-Feb 14

Natural Start Preschool

Operating out of the South Bellevue Community Center, this Preschool offers a unique nature-based curriculum that supports the developmental and learning needs of preschoolers. Children get the opportunity to spend a majority of each day outside in a natural environment. For more information you can visit NaturalStartPreschool.com or call 425-452-4240 for details.

Kelsey Creek Farm

Little Farmers

Join us for hands-on fun in the barnyard with your 2-3 year old. Classes will feature various farm animals, barn chores, feeding, petting, and taking a pony ride - all the fun is right here! Children team up with a parent/adult to actively participate in this class. Come dressed to play outside and get dirty! Siblings under two are welcome in front or back packs.

Kelsey Creek Farm Park

\$75(R) \$90(N)

Age: 2-3Y

22001451	10-11:30am	Tue	Feb 01-Feb 15
2200212	10-11:30am	Wed	Jan 12-Jan 26
2200212	10-11:30am	Thu	Jan 13-Jan 27
2200212	10-11:30am	Thu	Feb 03-Feb 17
2200212	10-11:30am	Tue	Jan 11-Jan 25
2200212	10-11:30am	Wed	Feb 02-Feb 16

Farm Explorers

Join us for a farm adventure featuring animal care, barn chores, a pony ride, and baking yummy snacks. This drop-off program is designed for the independent 4-6 year old. Curriculum is integrated with seasonal themes, arts and crafts, stories, and animal interaction. Children must be potty trained.

Kelsey Creek Farm Park

\$85(R) \$102(N)

Age: 4-6Y

22001511	10am-12:30pm	Mon	Jan 31-Feb 14
2200174	10am-12:30pm	Mon	Jan 10-Jan 24

Tractor Tales

Bring your tractor-loving child to this fun tractor experience! Your child will get to ride toy tractors, sit in the seat of our real tractor for a photo, and watch the real tractor in action. We will do a tractor-themed craft and learn all about what tractors do on farms. Adult/child teams only. A team is one child and one adult.

Kelsey Creek Farm Park

\$25(R) \$30(N)

Age: 3-5Y

2200152	1-2pm	Sun	Jan 30
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Veggies for Valentine's

Do you love farm animals? So do we! We'll celebrate Valentine's Day by making veggie treats for the farm animals and popcorn treats for the kids! Your child will meet our animals, make a Valentine card for an animal, and receive one in return! If you do not want your child to eat popcorn, please bring your own snack. Adult/child teams only. A team is one child and one adult.

Kelsey Creek Farm Park

\$25(R) \$30(N)

Age: 4-8Y

2200307	1-2pm	Sun	Feb 13
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BellevueWA.gov/Parks

Cartooniversity Camp

Join professional cartoonist Jeff Johnson for a unique opportunity for kids of all skill levels to explore the art of cartooning in an encouraging, positive classroom environment at Kelsey Creek Farm. Surrounded by historic dairy barns and the farm animals that call Kelsey Creek Farm, "home," students will have plenty of inspiration to create their own cartoons. A series of fun, challenging projects showcase multiple areas of study including faces, bodies, character development, layout, perspective, lettering and much more. Emphasis is on developing each student's own style. All materials provided. Come join the fun at Kelsey Creek Farm!

Kelsey Creek Farm Park

\$400(R) \$480(N)

Age: 9-14Y

2200235 10am-3pm Tue,Wed,Thu,Fri Feb 22-Feb 25

After School Teen Program

Assist Kelsey Creek Farm staff with farm chores and learn responsible animal care. Volunteers will be working outside exposed to animals, hay, vegetation, and dust. Participants must be capable of understanding and following directions. Volunteers need to be able to attend the first two weeks of the program. A guardian must be present, in person, at check in on every program day to complete the health screening protocols.

Kelsey Creek Farm Park

\$15(R) \$18(N)

Age: 12-18Y

2200355	1:30-4:30pm	Wed	Jan 05-Jan 26
2200355	1:30-4:30pm	Wed	Feb 02-Feb 23

Saturday Morning Teen Program

Assist farm staff with the daily operations, help with the animal chore routine, and learn responsible animal care while earning service hours for school. Participants need a willingness to learn, the ability to work independently, and to be able to be on your feet and be physically active. You must also have a tolerance for being outside in all types of weather and working in a farm environment in close proximity to hay, vegetation and dust. Participants must commit to the entire session. A guardian must be present, in person, at check-in on every program day to complete the health screening protocols.

Kelsey Creek Farm Park

\$15(R) \$18(N)

Age: 12-18Y

2200361	8:30am-12pm	Sat	Feb 05-Feb 26
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Register Online:

<http://register.bellevuewa.gov>

January & February, 2022

CONNECTIONS

Strength, Conditioning, Cardio, & Active Fitness

Active Adult Fitness

Designed for those who have graduated from the beginner adult classes or senior fitness programs and are ready for more of a challenge. You will enjoy this fun hour-long full body workout that keeps your heart rate elevated while improving strength, endurance, and cardiovascular fitness in an encouraging and motivating community! Participants must be highly mobile and able to make quick transitions between cardio and endurance work. All adults are welcome, Millennials to Baby Boomers.

South Bellevue Community Center

\$70(R) \$84(N) Age: 18Y & Up
2200211-1 10:30-11:30am Wed Jan 12-Feb 23

Strong and Fit Seniors/Adults

This group fitness class is best suited for beginners or advanced beginners who are looking to improve strength, balance, cardiovascular health, flexibility, and coordination within a strong community of supportive friends. A certified instructor will guide you through a full body circuit training style workout that will improve functional fitness using a variety of equipment and a varied routine to accommodate individual needs and limitations. Come join us for a fun, safe, social and appropriately challenging workout!

South Bellevue Community Center

\$70(R) \$84(N) Age: 18Y & Up
2200216-1 10:30-11:30am Wed Jan 12-Feb 23

Fit 360

Join a certified group fitness instructor for this action-packed cardio & strength class. Each workout will include a warm-up followed by strength, cardio and cool-down/stretching exercises. She will work with you on any modifications. All fitness levels welcome. Monday classes will be held outdoors weather permitting.

South Bellevue Community Center

\$66(R) \$78(N) Age: 13Y & Up
220022-1 9:15-10:15am Mon,Wed Jan 10-Jan 31

\$77(R) \$91(N) Age: 13Y & Up
220022-2 9:15-10:15am Mon,Wed Feb 02-Feb 28

Small Group Training with Sara

Join a certified personal trainer for this small group training class focused on helping you achieve your fitness goals! Workouts will be designed to meet everyone's needs and fitness level. Instructor will provide support, encouragement, and accountability to help you reach new heights in health and wellness.

South Bellevue Community Center

\$120(R) \$150(N) Age: 16Y & Up
2200264-1 7-7:50pm Mon Jan 10-Feb 28

Total Body Fitness

Join a certified group fitness instructor for this fun and effective way to burn stubborn body fat and improve your level of fitness! Workouts utilize dumbbells, bands, bodyweight exercises, agility movements, and more to strengthen your body and core. Sweat and have fun!

South Bellevue Community Center

\$66(R) \$78(N) Age: 16Y & Up
2200275-1 6-6:50am Tue,Thu Jan 11-Jan 27

\$88(R) \$104(N) Age: 16Y & Up
2200275-2 6-6:50am Tue,Thu Feb 01-Feb 24

BellevueAtHome: Virtual Total Body Fitness

Join a certified group fitness instructor virtually from home for this fun, affordable and effective way to burn stubborn body fat and improve your level of fitness! Workouts are modified for virtual participants using bodyweight exercises, agility movements, and more to strengthen your body and core. Get ready to sweat and have fun!

South Bellevue Community Center - Zoom Room

\$33(R) \$39(N) Age: 16Y & Up
2200277-1 6-6:50am Tue Jan 11-Jan 25

\$33(R) \$39(N) Age: 16Y & Up
2200276-1 6-6:50am Thu Jan 13-Jan 27

\$44(R) \$52(N) Age: 16Y & Up
2200277-2 6-6:50am Tue Feb 01-Feb 22

\$44(R) \$52(N) Age: 16Y & Up
2200276-2 6-6:50am Thu Feb 03-Feb 24

Jazzercise

Jazzercise is a combination of aerobic exercise, HIIT cardio, and dance fitness safe and effective for all ages and fitness levels. Try a class today! All Jazzercise classes are ongoing, participants can join anytime. No pre-registration required. For more information and new client specials visit www.jazzercise.com

Classes available at North Bellevue Community Center, Northwest Arts Center, and South Bellevue Community Center

SilverSneakers® Classic

Seated and standing exercises to increase muscular strength, range of motion and activities for daily living.

North Bellevue Community Center

\$60(R) \$72(N) Age: 18Y & Up
2200175 11am-12pm Mon,Wed,Fri Jan 03-Jan 31

\$45(R) \$54(N) Age: 18Y & Up
2200176 11am-12pm Mon,Wed,Fri Feb 02-Feb 28

Daily Drop-In Rate

\$6(R) \$7(N) Age: 18Y & Up
2200177 11am-12pm Mon,Wed,Fri Jan 03-Feb 28

SilverSneakers® Circuit

Standing upper-body strength work alternated with low impact cardio using a chair for standing support.

North Bellevue Community Center

\$40(R) \$48(N) Age: 18Y & Up
2200203 9:30-10:30am Mon,Wed Jan 03-Jan 31

\$30(R) \$36(N) Age: 18Y & Up
2200182 9:30-10:30am Mon,Wed Feb 02-Feb 28

Daily Drop-In Rate

\$6(R) \$7(N) Age: 18Y & Up
2200205 9:30-10:30am Mon,Wed Jan 03-Feb 28

Cycling with Joan

Ride LeMond bikes and increase aerobic fitness while burning approximately 600+ calories per class. All fitness levels welcome as you control your pace. Classes will be held outdoors under cover.

South Bellevue Community Center

\$91(R) \$109(N) Age: 13Y & Up
2200214-1 6-7am Mon,Wed Jan 11-Feb 28

Cycle/Stretch

Join us for this fusion class of beginner level cycling and flexibility exercises. Class is designed for those who are brand new to cycling including: older adults, participants new to exercise and overweight or de-conditioned participants. Class will be held outdoors under cover, weather permitting.

South Bellevue Community Center

\$98(R) \$119(N) Age: 13Y & Up
2200219-1 10:30-11:30am Tue,Thu Jan 11-Feb 24

ZUMBA

ZUMBA is a one of a kind fitness program with easy to follow Latin rhythms designed for all fitness levels. The goal of the program is for you to love working out again and to look forward to it. This hour of calorie burning, energizing, and expressive movements brings spice back into everyone's fitness program.

South Bellevue Community Center

\$54(R) \$66(N) Age: 13Y & Up
2200292-1 10:30-11:30am Mon,Fri Jan 10-Jan 31
2200292-2 10:30-11:30am Mon,Fri Feb 04-Feb 28

\$27(R) \$33(N) Age: 13Y & Up
2200351-1 10:30-11:30am Mon Jan 10-Jan 31
2200351-2 10:30-11:30am Mon Feb 07-Feb 28

Body & Mind

Yoga: Mixed Levels

This class is for beginners who want a strong, safe foundation in alignment yoga as well as for Intermediate students who want to strengthen and deepen their practice. You will learn body awareness and develop flexibility, balance, and strength, plus learn sequences to help you create your own personalized yoga practice. Students with injuries or health conditions will learn modifications to practice safely. This Purna Yoga class integrates other aspects of a well-rounded practice, such as breathing and meditation techniques, and health and nutrition tips.

Northwest Arts Center

\$78(R) \$94(N) Age: 18 & Up
22000551 9:30-10:30am Tue Jan 11-Feb 15
22000611 12-1pm Thu Jan 13-Feb 17

Mindful Movement - Tai Chi Exercise

Guided movement based on Chi Kung and soft style martial arts. Flowing movements encourage proper posture for effective stretching, combined with easy strengthening exercise. Feel an immediate sense of refreshed focus and relaxation.

Northwest Arts Center

\$60(R) \$72(N) Age: 16 & Up
2200097 10:30-11:30am Wed Jan 12-Feb 16

Mindful Movement Advanced - Tai Chi Form

This class is by instructor permission only and follows the Mindful Movement Tai Chi Exercise class. The class focus is on smooth movement, balance, breath, and proper stances as you learn and do the Yang Family Style Short Form, Chi Kung forms, and meditation techniques.

Northwest Arts Center

\$30(R) \$36(N) Age: 16 & Up
2200100 11:40am-12:10pm Wed Jan 12-Feb 16

Yoga

Increase your strength and flexibility through this gentle Hatha Yoga class. During class you practice balancing poses, deep stretching, and gain a calm mind and body through breath work. This class uses props such as blocks and straps to work on proper alignment and to help make poses accessible to all levels of experience.

Northwest Arts Center

\$75(R) \$90(N) Age: 16 & Up
2200121 9-10am Mon Jan 10-Feb 14
\$90(R) \$108(N) Age: 16 & Up
2200122 9-10am Wed Jan 12-Feb 16
2200123 9-10am Mon Feb 28-Apr 04

SilverSneakers® Yoga - January

Seated and standing yoga poses to increase flexibility, balance and range of motion. This is a drop-in program, no registration required.

North Bellevue Community Center

\$40(R) \$48(N) Age: 18Y & Up
2200179 11am-12pm Tue,Thu Jan 04-Jan 27
\$30(R) \$36(N) Age: 18Y & Up
2200180 11am-12pm Tue,Thu Feb 01-Feb 17

Daily Drop-In Rate

\$6(R) \$7(N) Age: 18Y & Up
2200178 11am-12pm Tue,Thu Jan 04-Feb 17

Gentle Yoga with Monette

Each class offers poses for stretching, active strengthening and deep relaxing. We focus on alignment for joint safety and use props to make poses accessible for many levels of experience. Benefits include: improved strength, flexibility and balance; reduced tension; better joint health; better mental clarity and an overall feeling of well-being.

South Bellevue Community Center

\$39(R) \$45(N) Age: 13Y & Up
2200257-1 11:45am-12:45pm Tue Jan 11-Jan 25
\$52(R) \$60(N) Age: 13Y & Up
2200257-2 11:45am-12:45pm Tue Feb 01-Feb 24

Pilates

Pilates is a low-impact exercise designed to strengthen core muscles, increase body awareness, and improve balance and flexibility. This class combines Pilates basics with yoga and barre exercises. Students often feel a sense of overall wellness with a stronger mind-body connection. All fitness levels welcome.

South Bellevue Community Center

\$98(R) \$116(N) Age: 13Y & Up
2200262-1 9:15-10:15am Fri Jan 14-Feb 25

Yoga - Levels 1 & 2 with Lynne

Beginner and intermediate students who want a strong, safe foundation in alignment yoga will develop body awareness, flexibility, balance, and strength, plus learn sequences to start a personalized yoga practice. Students with injuries or health conditions will learn modifications to practice safely. This joyful class integrates other aspects of a well-rounded practice such as breathing, meditation and health and nutrition tips.

South Bellevue Community Center

\$78(R) \$90(N) Age: 13Y & Up
2200290-1 6-6:50pm Wed Jan 12-Feb 16

Martial Arts

Kendo - Beginning

Kendo is a co-ed martial arts sport based on Samurai traditions requiring both mental and physical discipline. Participants use a Bokken (oak sword) for weeks 1-4, at week 5 a Shinai (bamboo sword) is also required. The beginning class focus is on learning basic footwork and sword handling. Upon completion of the beginning class, continuing students enroll in the intermediate class. Prospective students should make an effort to research kendo prior to signing up for the class.

Highland Park & Community Center

\$90(R) \$108(N) Age: 8Y & Up
2200141 6:30-8pm Fri Jan 07-Apr 01

Kendo - Intermediate

Intermediate Kendo is a continuation where they work on skill improvement. Half the of the class time is spent in drills with the advanced class. Prerequisite is completion of Beginning Kendo class). There the students progress to actual striking of live targets. Once the student has progressed in skill they will be able to move into wearing armor and engage in bouts with other students. Students remain in intermediate until they have transitioned to armor.

Highland Park & Community Center

\$90(R) \$108(N) Age: 8Y & Up
2200142 6:30-8pm Fri Jan 07-Apr 01

Adaptive Recreation Programs

Bellevue Parks & Community Services offers a variety of virtual adaptive recreation programs for adults with intellectual disabilities.

Call Highland Community Center at 425-452-7686 for more information.

Kendo - Advanced

Advanced kendo is for those students that have completed beginning and intermediate kendo and are in armor (bogu). Individuals with previous experience must contact the teacher for approval to enroll in advanced kendo.

Highland Park & Community Center

\$90(R) \$108(N) Age: 8Y & Up
2200140 7:30-9:30pm Fri Jan 07-Apr 01

Shotokan Karate

Learn traditional Karate with a non-violent philosophy emphasizing Respect, Excellence, Strength and Character with fun and experienced Black Belt instructors.

South Bellevue Community Center

\$54(R) \$66(N) Age: 6-12Y

2200296-1 6-6:50pm Mon,Wed Jan 10-Jan 31

2200296-2 6-6:50pm Mon,Wed Feb 02-Feb 28

\$54(R) \$66(N) Age: 12Y & Up

2200297-1 7-7:50pm Mon,Wed Jan 10-Jan 31

2200297-2 7-7:50pm Mon,Wed Feb 02-Feb 28

Conqueror Hapkido & MMA for Self Defense

Conqueror Hapkido Martial Arts, Self Defense is a family friendly program that aims to instill or enhance discipline, patience, perseverance and self-confidence through fitness, self-defense, Martial Arts and meditation exercises. HAP = United or Coordinate. KI = Mental and/or Physical energy.

North Bellevue Community Center

\$64(R) \$80(N) Age: 5-12Y

2200193 5:30-6:30pm Mon,Wed Jan 03-Jan 31

2200200 6:35-7:45pm Mon,Wed Jan 03-Jan 31

\$32(R) \$40(N) Age: 5-12Y

2200195 5:30-6:30pm Mon Jan 03-Jan 31

2200201 6:35-7:45pm Mon Jan 03-Jan 31

2200218 5:30-6:30pm Wed Jan 05-Jan 26

2200202 6:35-7:45pm Wed Jan 05-Jan 26

\$48(R) \$60(N) Age: 5-12Y

2200194 5:30-6:30pm Mon,Wed Feb 02-Feb 28

2200269 6:35-7:45pm Mon,Wed Feb 02-Feb 28

\$24(R) \$30(N) Age: 5-12Y

2200198 5:30-6:30pm Mon Feb 07-Feb 28

2200204 6:35-7:45pm Mon Feb 02-Feb 28

2200199 5:30-6:30pm Wed Feb 02-Feb 16

2200271 6:35-7:45pm Wed Feb 02-Feb 16

Taekwondo

An ancient Korean Martial Art, Taekwondo is a system of practical techniques for self-defense. Instruction is designed to emphasize kicks and punches that strengthen and condition the whole body and promote confidence, patience and respect.

South Bellevue Community Center

\$48(R) \$57(N) Age: 5Y & Up

2200266-1 4-4:50pm Tue,Thu Jan 11-Jan 27

2200267-1 5-5:50pm Tue,Thu Jan 11-Jan 27

\$64(R) \$76(N) Age: 5Y & Up

2200266-2 4-4:50pm Tue,Thu Feb 01-Feb 24

2200267-2 5-5:50pm Tue,Thu Feb 01-Feb 24

\$48(R) \$57(N) Age: 9Y & Up

2200290-1 6-6:50pm Tue,Thu Jan 11-Jan 27

\$64(R) \$76(N) Age: 9Y & Up

2200290-2 6-6:50pm Tue,Thu Feb 01-Feb 24

Natural Resources & Outdoor Education

Ranger Programs

Ranger-led Hike at Lewis Creek Park

Join a Bellevue Park Ranger to explore the natural and cultural history of Lewis Creek Park. Look for signs of local wildlife and learn what to do when encountering animals in the wild. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Preregistration required for each participant.

Lewis Creek Visitor Center & Park

FREE Age: All Ages
2200242 10:30-11:30am Sat Feb 05

A New Year's Hike

Join us in welcoming in the new year with a walk in the woods and learn some resolutions you can make to be a better environmental steward around your own home. Please dress for the weather and wear sturdy shoes. This hike's difficulty is rated as easy (1 mile with approximately 50 ft elevation change). Preregistration required for each participant.

Lewis Creek Visitor Center & Park

FREE Age: All Ages
2200245 10:30am-12pm Sun Jan 02

Ranger-led Hike at Coal Creek Natural Area

Explore Coal Creek at the Cinder Mine Trailhead to discover Bellevue's largest park and get lost in the wilderness while still in the city! This area is rich in history and wildlife you'll learn about while being guided by a Bellevue Park Ranger. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (2 miles with 240 ft elevation change). Preregistration required for each participant.

Coal Creek Natural Area

FREE Age: All Ages
2200268 10:30am-12pm Sat Jan 22

Ranger-led Hike at Lakemont Highlands Open Space

Join a Bellevue Park Ranger at the Lewis Creek Visitor Center to explore the Lakemont Highlands Open Space trail system. Please dress for the weather and wear sturdy shoes. This hike is rated as moderately difficult (3.5 miles with 680 ft elevation change). Preregistration required for each participant.

Lewis Creek Visitor Center & Park

FREE Age: All Ages
2200246 10am-12pm Sun Feb 13

Lake Hills Greenbelt Ranger Walk

Interested in a weekend activity that's both fun and educational? Bring the whole family to the Lake Hills Greenbelt Ranger Station for a free ranger-led walk! Every Saturday from 2-3 p.m., join us for a mild 1-mile nature hike through the Greenbelt's trails and discover the season's myriad of flora and fauna. Wear your favorite weather-appropriate outdoor clothing and shoes, and feel free to bring personal wildlife-viewing gear (e.g. binoculars or magnifying glasses) to further enjoy the park. If you're feeling especially energized, continue on to the Larsen Lake trail loop and use your newfound knowledge to explore. We'll be heading out rain or shine, so come prepared to learn and have a great time! Best for all ages.

BellevueWA.gov/Parks

Family Discovery Series

Sunset Wildlife

When the sun sets and the dark of night creeps in, Lewis Creek Park comes alive! Join a park ranger on a hike through the evening woods to learn about the different nocturnal and crepuscular species that call the park home. Bring a flashlight or headlamp, as well as good shoes and warm clothes for the journey. Ages 5+ with accompanying adult(s). Preregistration required for children and adults.

Lewis Creek Visitor Center & Park

FREE Age: 5Y & Up
2200119 4:30-6pm Fri Jan 07
2200120 5-6:30pm Fri Jan 28
2200143 5:30-7pm Fri Feb 11
2200144 6-7:30pm Fri Feb 25

Tracking Down Tracks

Join a park ranger on a hike to learn Bellevue's animal signs! We'll look for prints, feathers, and even scat to see what's been happening in the park. Ages 5-10 with accompanying adult(s). Preregistration required for children and adults.

Lewis Creek Visitor Center & Park

FREE Age: 5 - 10Y
2200128 2:30-3:30pm Sun Feb 06
2200130 2:30-3:30pm Sat Feb 12
2200241 2:30-3:30pm Sun Feb 27

Curious Coyotes

Very few animals of the Pacific Northwest invoke stronger feelings than the native coyote. Together, we'll discuss these canines' unique place in our ecosystem and clear up misconceptions during a mild hike, along with information on living with this unique animal! As we conclude the program, enjoy creating a coyote-themed craft to take home. Pre-registration required.

Lake Hills Greenbelt Ranger Station

FREE Age: 5 - 10Y
12-1pm Fri Jan 14
12-1pm Fri Jan 21

Wondrous Woodpeckers

Bellevue is home to a myriad of woodpecker species, from the striking, red-breasted sapsucker to the brightly-patterned pileated woodpecker. Spend an afternoon learning how these birds fit into our parks, and what you can do to help them thrive. We'll gaze into the forest on a free ranger-led walk to discuss them (and maybe even spot a few), and enjoy a free craft back at the Ranger Station! Pre-registration required.

Lake Hills Greenbelt Ranger Station

FREE Age: 5 - 10Y
12-1pm Fri Feb 11
12-1pm Fri Feb 18

Register Online:

<http://register.bellevuewa.gov>

January & February, 2022

CONNECTIONS

Whoooo's Hooting?

Did you know a barn owl can find its prey in total darkness, or that a great horned owl can clasp its talons with 28 pounds of force? Join us as we learn all about our favorite silently flying friends, try out our hoots, and dig deeper into an owl's diet by dissecting owl pellets! Ages 5-10 with accompanying adult(s). Preregistration required for children and adults.

Lewis Creek Visitor Center & Park

FREE			Age: 5 - 10Y
2200117	2:30-3:30pm	Sun	Jan 02
2200148	2:30-3:30pm	Sat	Jan 08
2200118	2:30-3:30pm	Sun	Jan 23
2200127	2:30-3:30pm	Sat	Jan 29

Toddler Trails

Explore the trails at Lewis Creek Park with a park ranger and get out some wiggles on select days this spring. We'll take frequent stops while we investigate the different environments of Lewis Creek Park we wander through and learn how we can make hiking fun for everyone. This is an outdoor program, please dress for the weather and wear sturdy shoes. Ages 18 months - 3 years with accompanying adult(s). This hike's difficulty is rated as easy (.5 miles). Preregistration required for children and adults.

Lewis Creek Visitor Center & Park

FREE			Age: 18M - 3Y
2200129	10-11am	Sun	Jan 09
2200131	10-11am	Fri	Jan 21
2200132	10-11am	Fri	Feb 04
2200133	10-11am	Sat	Feb 26

Adult Sports

Adult Pickleball Clinic

If you've never played Pickleball before or are just a beginner, this introductory clinic is designed specifically for you! Each clinic session will cover the basics of the game and help develop an understanding of pickleball for recreational and social play, pickleball rules, terminology, and provide beginner play time. We supply all equipment. Advance registration is recommended.

South Bellevue Community Center

\$10(R) \$12(N)			Age: 18Y & Up
2200366	9-10:30am	Tue	Jan 11-Feb 22

Youth Sports

Dream Hoops

This free 45-minute recreational basketball class focuses on teaching and developing basketball fundamentals, such as dribbling, defending, footwork, passing, and shooting through a variety of drills and games. Led by our lead and assistant coach, our program is centered on being inclusive, building skills, teamwork, sportsmanship, and building confidence.

Crossroads Community Center

FREE			Age: 6-8Y
2200066	5-5:45pm	Tue	Jan 18-Feb 22
FREE			Age: 9-12Y
2200069	6-6:45pm	Tue	Jan 18-Feb 22

Youth Basketball League

This co-ed 5 on 5 instructional league is full of fun and is a great way to further develop and enhance your basic knowledge and skills in basketball! Learn to become a team player while improving your individual skillset. Emphasis is on participation, fun, and skill development of dribbling, shooting, passing, and defense. This league will begin with 3 weeks of team practice followed by 5 weeks of games.

Tyee Middle School Site

\$90(R) \$100(N)			Age: 7-9Y
2200137	5:30-6:30pm	Tue	Jan 18-Mar 15

Mighty Mites Basketball League

This co-ed 4 on 4 instructional league is full of fun and is a great way to further develop and enhance your basic knowledge and skills in basketball! Learn to become a team player while improving your individual skillset. Emphasis is on participation, fun, and skill development of dribbling, shooting, passing, and defense. This league will begin with 3 weeks of team practice followed by 5 weeks of games.

Tyee Middle School Site

\$90(R) \$100(N)			Age: 5-6Y
2200138	4:30-5:30pm	Wed	Jan 19-Mar 16

Youth Flag Football

Bellevue Youth Sports is proud to offer a safe, dynamic, and non-competitive environment for beginning young co-ed athletes to discover the fun in playing flag football. Athletes will develop basic skills and techniques necessary to succeed on both offense and defense. This program is designed to introduce players to the sport with 30 minutes of practice and conditioning followed by 30 minutes of fun game play. No experience necessary.

Robinswood Community Park - Fields

\$37(R) \$42(N)			Age: 8-13Y
2200139	1:45-3pm	Wed	Jan 26-Feb 16

Girls Basketball Club

Calling all girls interested in learning basketball skills and fundamentals! Girls Basketball Club creates an opportunity for girls to join other girls in the community to learn the basics of the game, improve their skills, and make lifelong friends. Sessions focus on developing individual skills such as dribbling, shooting, passing, and defense as well as teamwork and live play. No prior experience necessary.

Tyee Middle School Site

\$55(R) \$60(N)			Age: 6-12Y
2200229	5:30-6:30pm	Thu	Jan 27-Mar 10

Mid-Winter Break Climbing Camp

It's Mid-Winter break time and this camp is a great way for your child to have some indoor fun! Book your child's spot in our four day long AM (9am-12pm) climbing adventure. Your child will get to experience bouldering, top rope climbing on our 33' climbing wall, the vertical playpen, explore hiking trails within Eastgate park, and learn climbing knots throughout the week.

South Bellevue Community Center

\$135(R) \$159(N)			Age: 6-12Y
2200362	9am - 12pm	Tue-Fri	Feb 22-25
2200363	1 - 4pm	Tue-Fri	Feb 22-25

Basketball Basics Skills Clinics

Want to improve your basketball skills and fundamentals this winter? The Basketball Basics Skills Clinic creates an opportunity for co-ed players to participate and learn the concepts of basketball, expand their game, and improve during basketball season. Sessions focus on building individual skills such as dribbling, shooting, passing, and defense. This program pairs great with the Mighty Mites or Youth Basketball Leagues.

Tyee Middle School Site

\$55(R) \$60(N)

Age: 5-10Y

2200231 5:30-6:30pm Mon Jan 24-Mar 07

Tennis

Youth Little Lobbers

Class focuses on young children to build hand-eye coordination and develop muscle memory for basic form.

Robinswood Tennis Center

\$104(R) \$104(N)

Age: 4-6Y

2200003 11-11:45am Sat Jan 08-Feb 26

Youth Beginning

Class is designed for any child who has never taken lessons before or has minimal experience. Goals of the class are to introduce basic tennis.

Robinswood Tennis Center

\$104(R) \$104(N)

Age: 7-10Y

2200004 1:15-2:15pm Sat Jan 08-Feb 26

\$104(R) \$104(N)

Age: 11-14Y

2200005 2:15-3:15pm Sat Jan 08-Feb 26

Youth Advanced Beginning

Class is designed for students who have completed the Beginning class or have had lessons in the past.

Robinswood Tennis Center

\$104(R) \$104(N)

Age: 7-10Y

2200006 3:15-4:15pm Sat Jan 08-Feb 26

\$104(R) \$104(N)

Age: 11-14Y

2200007 4:15-5:15pm Sat Jan 08-Feb 26

Youth Intermediate

Class is designed for students who have completed Advanced Beginning II. The goal of the class is to be able to hit all strokes with consistency and the correct technique. This class is the highest level of Saturday Youth Lessons.

Robinswood Tennis Center

\$104(R) \$104(N)

Age: 7-14Y

2200002 10-11am Sat Jan 08-Feb 26

Teen Class

Class is designed for Beginning to Advanced Beginning levels of Teens.

Robinswood Tennis Center

\$104(R) \$104(N)

Age: 15-17Y

2200008 5:15-6:15pm Sat Jan 08-Feb 26

Prep Team

Class focuses on strengthening the student's rally skills. This class is designed for students who have completed Intermediate Saturday Classes. Entry to this class is granted only through Instructor approval. The goal of the class is to develop consistent rallies and begin match play. Next Level is Team 1.

Robinswood Tennis Center

\$84(R) \$84(N)

Age: 7-18Y

2200001 9-10am Sat Jan 08-Feb 26

Team 1

Have progressed past Saturday Intermediate Lessons. Players at this level should already be able to keep score, play matches against other players, execute volleys & overheads, and place serves consistently in the box. USTA Rookie Level Tournament Players.

Robinswood Tennis Center

\$180(R) \$180(N)

Age: 7-18Y

2200026 4-5:15pm Tue,Thu Jan 04-Feb 26

Team 2

Players on Team 2 have finished a session in one of the top ladder spots on Team 1. They have shown a progression of their basic skills and they are incorporating those skills into their match play. Team 2 players are playing at an intermediate USTA level.

Robinswood Tennis Center

\$180(R) \$180(N)

Age: 7-18Y

2200027 5:15-6:30pm Tue,Thu Jan 04-Feb 26

Tournament Team

Players on Tournament Team have finished a session in one of the top spots on Team 2. A requirement for this team is that the student is actively participating in tournaments. The student has a strong grasp of the basics and is working on developing offensive shots and strategies. Tournament Team players are playing at an intermediate and/or advanced USTA level.

Robinswood Tennis Center

\$252(R) \$252(N)

Age: 7-18Y

2200024 5:15-6:30pm Mon,Wed,Fri Jan 03-Feb 25

Elite Team

This junior team is for USTA Champs level players only. Participants should be ranked in the top 50 of their age group in the Pacific Northwest to try out. Drill and Match-play environment. Highest Level of Junior Teams at Robinswood.

Robinswood Tennis Center

\$252(R) \$252(N)

Age: 7-18Y

2200025 4-5:15pm Mon,Wed,Fri Jan 03-Feb 25

Adult Tennis: Beginning

Level 1 is designed to provide basic skills needed to play tennis, including etiquette, rules, and scoring. USTA Level of 2.0

Robinswood Tennis Center

\$120(R) \$120(N)

Age: 18Y & Up

2200009 1:15-2:30pm Mon Jan 03-Feb 14

\$160(R) \$160(N)

Age: 18Y & Up

2200010 10:30-11:45am Wed Jan 05-Feb 23

2200015 7:45-9pm Tue Jan 04-Feb 22

2200016 9-10:15pm Wed Jan 05-Feb 23

Adult Tennis: Advanced Beginning

These lessons build on the basics, reinforcing technique, and adding advanced drills and learning how to play doubles. USTA level of 2.5 or higher.

Robinswood Tennis Center

\$120(R)	\$120(N)	Age: 18Y & Up	
2200011	12-1:15pm	Mon	Jan 03-Feb 14
\$160(R)	\$160(N)	Age: 18Y & Up	
2200012	10:30-11:45am	Tue	Jan 04-Feb 22
2200013	11:45am-1pm	Wed	Jan 05-Feb 23
2200017	9-10:15pm	Tue	Jan 04-Feb 22
2200018	7:45-9pm	Wed	Jan 05-Feb 23

Adult Tennis: Intermediate

These lessons are for participants who already have sound fundamentals and are working on advanced technique such as spin serves, continental grip volleys, the slice backhand, and basic strategies. USTA Level of 3.0 or higher.

Robinswood Tennis Center

\$120(R)	\$120(N)	Age: 18Y & Up	
2200014	11:45am-1pm	Mon	Jan 03-Feb 14
2200022	7:45-9pm	Mon	Jan 03-Feb 14
\$160(R)	\$160(N)	Age: 18Y & Up	
2200019	10:30-11:45am	Thu	Jan 06-Feb 24
2200023	7:45-9pm	Thu	Jan 06-Feb 24

Adult Tennis: Advanced

Class will focus on more advanced drills and strategy for singles/doubles play. USTA Level of 3.5 or higher.

Robinswood Tennis Center

\$120(R)	\$120(N)	Age: 18Y & Up	
2200020	9-10:15pm	Mon	Jan 03-Feb 14
\$160(R)	\$160(N)	Age: 18Y & Up	
2200021	9-10:15pm	Thu	Jan 06-Feb 24

Adult Flights

Registration for Bellevue residents begins December 20, and registration for non-Bellevue residents begins January 3.

Robinswood Tennis Center

Ladies Adult 2.0 Flight

\$140(R)	\$140(N)	Age: All Ages	
2200357	1:30-3pm	Thu	Jan 13-Mar 17

Ladies Adult 2.5 Flight

\$140(R)	\$140(N)	Age: All Ages	
2200358	9-10:30am	Thu	Jan 13-Mar 17

Ladies Adult 3.0 Flight

\$140(R)	\$140(N)	Age: All Ages	
2200360	9-10:30am	Wed	Jan 12-Mar 16

Ladies 3.5-4.0 Flight

\$112(R)	\$112(N)	Age: All Ages	
2200359	9-10:30am	Mon	Jan 10-Mar 14

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but don't know
where to turn?
Dial 2-1-1
to find social services
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Facility Addresses & Phone Numbers

Quick Find Directory

RECREATION REGISTRATION	425-452-6885
FACILITY & FIELD RENTALS	425-452-6914

ADULT SPORTS LEAGUES, Bellevue City Hall, 450 - 110th Ave NE.....	425-452-4479
BELLEVUE AQUATIC CENTER, 601 - 143rd Ave NE	425-452-4444
BELLEVUE BOTANICAL GARDEN, 12001 Main ST	425-452-2750
BELLEVUE GOLF COURSE, 5450—140th Ave NE.....	425-452-7250
BELLEVUE YOUTH THEATRE, 16051 NE 10th St.....	425-452-7155
COMMUNITY GARDENS, SE 16th ST near 156th Ave SE	425-452-2568
CROSSROADS COMMUNITY CENTER, 16000 NE 10th ST	425-452-4874
CROSSROADS GOLF COURSE, 15801 NE 15th ST	425-452-4873
DOWNTOWN MAIN CLUB ADULT PROGRAMS,	
BOYS & GIRLS CLUB MAIN CLUB, 209 100th Ave NE.....	425-452-4106
HIGHLAND COMMUNITY CENTER AND PARK, 14224 NE Bel-Red RD -	
Adaptive recreation for people with disabilities & general programs.....	425-452-7686
KELSEY CREEK COMMUNITY FARM PARK, 410 - 130 th PI SE	425-452-7688
LAKE HILLS GREENBELT RANGER STATION, 15416 SE 16th ST	425-452-7225
LEWIS CREEK VISITOR CENTER, 5808 Lakemont BLVD SE.....	425-452-4195
MERCER SLOUGH ENVIRONMENTAL EDUCATION CENTER, 1625 118th Ave SE	425-452-2565
Pacific Science Center	425-450-0207
NORTH BELLEVUE COMMUNITY CENTER, 4063—148th Ave NE.....	425-452-7681
NORTHWEST ARTS CENTER, 9825 NE 24th ST - Program Registration & Rental Information	425-452-4106
PARKS ADMINISTRATION, Bellevue City Hall, 450 - 110th Ave NE	425-452-6885
ROBINSWOOD HOUSE.....	425-452-7850
ROBINSWOOD TENNIS CENTER, 2400—151st PL SE.....	425-452-7690
SKATE PARK, 14224 NE Bel-Red Rd.....	425-452-2722
SOUTH BELLEVUE COMMUNITY CENTER, 14509 SE Newport Way	425-452-4240
TEEN SERVICES, City Hall, 450 - 110th Ave NE.....	425-452-2846
YOUTH LINK, City Hall, 450 - 110th Ave NE.....	425-452-5254
YOUTH SPORTS, Bellevue City Hall, 450 - 110th Ave NE.....	425-452-6885

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