

Warm Springs (Warm Therapy Pool)

January 2, 2020 - March 1, 2020

Discount swim times Monday through Saturday before 10am and

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
8:00	Adult & Therapy (shallow end only)	Adult & Therapy	Adult & Therapy (shallow end only)	Adult & Therapy	Adult & Therapy (shallow end only)	Adult & Therapy		
9:00	Open & Therapy	Open & Therapy	Open & Therapy	Open & Therapy	Open & Therapy	Lessons 9:00-12:00		
11:30		Adult & Therapy		Adult & Therapy				Open & Therapy 12:30-2:30
2:30	Adult & Therapy	Open & Therapy	Adult & Therapy	Open & Therapy	Adult & Therapy			
<i>Lessons @ 3</i>								
4:00	Lessons				Open & Therapy			
7:00	Open & Therapy				Lessons			
8:00								

Children 12 and under must be accompanied by an adult in the water within arms reach at all times.

One adult may accompany a maximum of two children. **Purple** times are for those participating in the activities listed. For more information on a particular activity, please contact the front desk.

Open & Therapy is for general public use. During this time therapy patients have priority. You may be asked to relocate to the Blue Lagoon pool if the pool reaches capacity.

Blue Lagoon (Lap Pool)
January 2, 2020 - March 1, 2020

Discount swim times Monday through Saturday before 10am and

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Special Olympics & Lap Swim	
9:00	Open & Lap Swim					Lap Swim & Lessons 9:00-12:00	Lap Swim & Lessons 9:00-12:00
12:00	Lap Swim Masters (4 lanes)	Lap Swim	Lap Swim Masters (4 lanes)	Lap Swim Masters (4 lanes)	Lap Swim Masters (4 lanes)	Deep H2O 10:00 - 11:00	Lap Swim & Lessons 9:00-12:00
1:00	Open & Lap Swim	MS Assoc 1-2pm	Open & Lap Swim	Open & Lap Swim	Open & Lap Swim	12:30-2:30 Open & Lap Swim	
		Open Swim 2:00-3:30				Swim Teams 2:00-4:00	Pool Rentals 2:00-4:00
3:30	HIGH SCHOOL SWIM TEAM						
	LESSONS/SWIM TEAMS						
	Deep H2O 6:00-7:00		Deep H2O 6:00-7:00				
7:00	Open & Lap Swim	Lap Swim Swim Teams	Open & Lap Swim	Lap Swim Swim Teams	Open & Lap Swim		
8:00		Scuba DT		Scuba DT			

Children under the age of 6 or under 48" in height must be accompanied by an adult in the water within arms reach. One adult may accompany a maximum of two children.

Purple times are for those participating in the activities listed. For more information on a particular activity, please contact the front desk.

Two lap lanes will be available during Open Swim times