

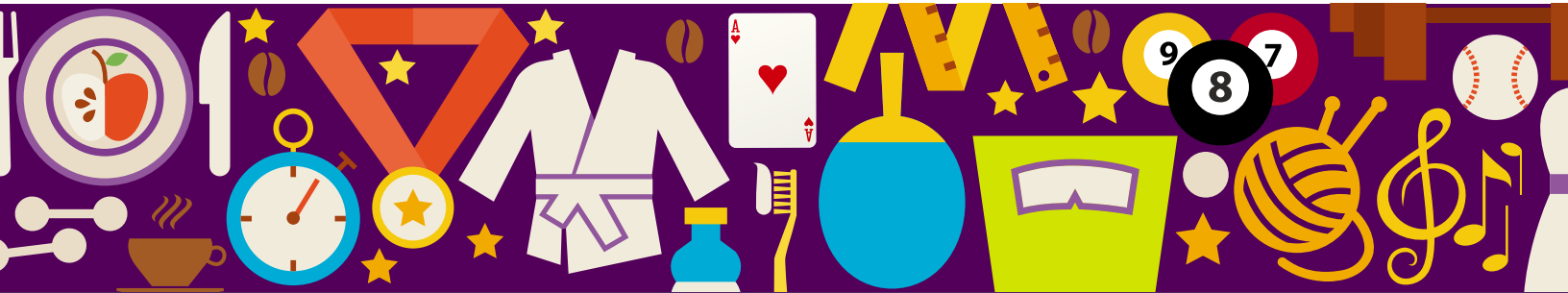
# NORTH BELLEVUE COMMUNITY CENTER FACILITY & PROGRAM GUIDE

January–April 2020



## NORTH BELLEVUE COMMUNITY — CENTER —

4063 148th Avenue NE  
Bellevue, Washington



[nbcc@bellevuewa.gov](mailto:nbcc@bellevuewa.gov)

425-452-7681



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# Facility Information

## Introduction

To help the aging adult members of the community maintain their independence, health and sense of well-being, North Bellevue Community Center (NBCC) provides support, referrals, activities and learning opportunities. In addition, services are offered for youth and adults of all ages.

Health and wellness, cultural and performing arts, human services, drop-in activities, socialization, information and referrals, community dining and trips are many of the services and programs offered by NBCC.

## Scholarships

The City of Bellevue offers scholarships for many of the Parks & Community Services programs. For more information, contact front desk or call 425-452-4240.

## Hours of Operation

Monday-Thursday 8:30am–9pm  
 Friday 8:30am–6pm  
 Saturday 8am–noon

Phone: 425-452-7681

Address: 4063 148th Ave NE

Email: nbcc@bellevuewa.gov

Website: [BellevueWA.gov/city-government/departments/parks/community-centers/north-bellevue-community-center](http://BellevueWA.gov/city-government/departments/parks/community-centers/north-bellevue-community-center)

Registration: [Register.BellevueWA.gov](http://Register.BellevueWA.gov)

## Welcome to the North Bellevue Community Center

The North Bellevue Community Center is a community hub that is operated and managed by Bellevue Parks & Community Services Department and is open to scheduled, drop-in activities and social gatherings. Partnerships with a variety of culturally diverse organizations reflect Bellevue’s majority-minority city status that help build a strong sense of community in Bellevue. An emphasis on aging-adult activities supports efforts to maintain independence, health and sense of well-being. Welcoming daily meals; free-to-be spaces; and a friendly environment are awaiting you at this inter-generational and diverse community site.



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-7681 (voice) or email nbcc@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

# Meet our Staff

## Dan Lassiter, Program Supervisor

dlassiter@bellevuewa.gov



Since 1996, Dan has worked for the Bellevue Parks & Community Service Department. His desire is to support all individuals through purposeful and fulfilling activities. For years Dan served at the Highland

Community Center, developing and maintaining recreation programs for those with disabilities. Today, this experience serves him well. As the Community Services Supervisor, his focus is now on aging adults, multi-cultural communities and inter-generational support. Dan and his wife have raised four kids and as a family enjoy outdoor foraging, garage sales and family celebrations.

## Darrion Spratley, Program Coordinator

dspratley@bellevuewa.gov

Darrion has worked for the Bellevue



Parks & Community Services Department since 2004. He is the Program Coordinator for aging adults at the North Bellevue Community Center. He enjoys creating recreational programs for people of all ages and is proud of the diversity

and intergenerational programming at the center. Darrion moved from from Virginia Beach to Seattle in 1997. As a single parent he enjoys spending time with his daughter and family, enjoys playing and watching sports, volunteering in the community, and coaching youth sports.



## Betty Lee, Administrative Assistant

blee@bellevuewa.gov

Betty has worked for the City of Bellevue Parks & Community Service since 2005. In her previous position at Robinswood Tennis Center, Betty combined her love of playing tennis with her work as the pro shop coordinator, product expert, and customer service associate. She is currently using her organizational skills and outgoing personality at the North Bellevue Community Center as the Administrative Assistant. Born and raised in Korea, Betty moved to the Pacific Northwest where she and her husband Chris raised their daughter, Emily. Betty and her husband enjoy playing tennis, walking their dog Chewie, fly fishing, camping, and spontaneous road trips. Betty's favorite things are coffee, puppies, and afternoon naps.

# Rentals

## Rent North Bellevue Community Center for Your Next Event!

The beautiful colors of this spacious, airy center make any occasion special. There is ample parking, a drive-through portico and easy access to landscaped grounds and patio space. Amenities include a large banquet room with a dance floor and separate carpeted dining area, a kitchen and five meeting rooms.

The center easily accommodates groups large or small with meeting rooms for groups from 10 to 50 people, and our banquet facilities have a maximum capacity of 250. Included with any facility rental are tables, chairs, sound system, projection screens, microphones, stages and a podium.

Available for rental seven days a week, the North Bellevue Community Center is located very near the Redmond technology corridor and is a great choice for business meetings, seminars and classes.

The park-like setting and beautiful building make the center ideal for social gatherings such as receptions, weddings, anniversaries and birthdays.

Visit the North Bellevue Community Center Rentals web page for more information.

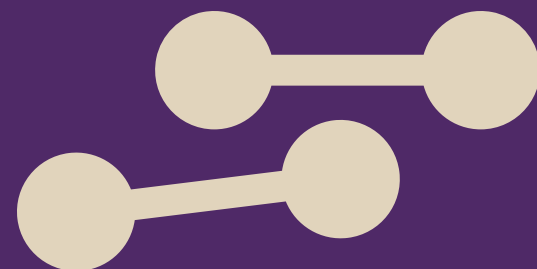
[BellevueWA.gov/city-government/departments/parks/community-centers/north-bellevue-community-center/rentals](http://BellevueWA.gov/city-government/departments/parks/community-centers/north-bellevue-community-center/rentals)

# Fitness Center

The 930-square-foot fitness center at North Bellevue Community Center features state-of-the-art treadmills, bikes, elliptical trainers, weight training machines, and free weights. Individuals have the option of using the facility on a daily drop-in basis, purchasing a 20-visit or an annual pass.

Visit the North Bellevue Fitness Center web page for more information!

[BellevueWA.gov/city-government/departments/parks/community-centers/north-bellevue-community-center/nbcc-fitness-center](http://BellevueWA.gov/city-government/departments/parks/community-centers/north-bellevue-community-center/nbcc-fitness-center)



# Special Events

## Volunteer Luncheon

In appreciation to all those who serve the public at the North Bellevue Community Center, a volunteer luncheon will be held in your honor. The luncheon is co-sponsored by the City of Bellevue Parks & Community Services Department and the Bellevue Firefighter's Community Support Foundation. The event is by invitation only on a date in April 2020 yet to be determined. If you are interested in volunteering at the North Bellevue Community Center, please contact Darrion Spratley at 425 452-7686.

Tue April 21 11am - 1pm

## Sounds of Swing Big Band Dance

The 2nd Tuesday of each month the Sounds of Swing Big Band performs toe-tapping music of the swing era as well as jazz standards for your dancing and listening pleasures at North Bellevue Community Center. Treats and entertainment are included in the \$3 drop-in cost, payable at the door. No pre-registration required.

Tues	Jan 14	1-3pm
Tues	Feb 11	1-3pm
Tues	Mar 10	1-3pm
Tues	Apr 14	1-3pm

## Trips & Tours

Out to Lunch at Cutters Crabhouse Seattle  
 Angel of the Winds Casino  
 The Capital Grill Seattle  
 Burke Museum Seattle  
 Old Spaghetti Factory Tukwila  
 Wings Over Washington at the Seattle Great Wheel  
 National Nordic Museum Ballard  
 Red Lobster @ Olive Garden  
 Emerald Queen Casino  
 St Patrick's Day Lunch Cruise Waterways  
 Bill Speidel's Underground Tour  
 The Secret Garden Tea Room & Gift Shop  
 Easter Lunch Cruise @ Waterways Cruises  
 Quil Ceda Creek Casino  
 Blu Water Bistro  
 Jersey Boys at the 5th Avenue Theatre  
 Anthony's At Point Defiance  
 Muckleshoot Casino Auburn  
 Palisade Restaurant Seattle  
 Skagit Valley Gardens Tulip Festival

Wednesday January 8	\$13R / \$15NR
Friday January 10	\$20R / \$23NR
Tuesday January 14	\$13R / \$15NR
Wednesday January 22	\$39R / \$46NR
Wednesday February 5	\$13R / \$15NR
Tuesday February 11	\$13R / \$15 NR
Thursday February 13	\$31R / \$38NR
Thursday March 5	\$13R / \$15NR
Wednesday March 11	\$20R / \$23NR
Tuesday March 1	\$86R / \$95NR
Wednesday March 25	\$39R / \$46NR
Friday April 3r	\$51R / \$61NR
Wednesday April 8	\$86 / \$95NR
Tuesday April 14	\$21R / \$23NR
Thursday April 16	\$13R / \$15NR
Saturday April 18	\$115R / \$135NR
Wednesday April 22	\$13R / \$15NR
Friday April 24	\$21R / \$23NR
Tuesday April 28	\$13R / \$15NR
Thursday April 30	\$23R / \$ 27NR

# FACILITY CLOSURE



## North Bellevue Community Center will be closed February 16-29, 2020 for annual maintenance

There will be **no programs** during this time.

**NBCC will be partially closed March 1-April 19, 2020 due to restroom remodel.** Outside portable restrooms will be available during this time.

# Music

## NBCC Chorus

Come sing as a chorus at North Bellevue Community Center! New singers are welcome at any time. No auditions and no pre-registration required. This is a FREE activity.

Every Fri Jan - April 10:30am-12pm

## Sounds of Swing Big Band Practice

Each week the Sounds of Swing Big Band rehearses toe-tapping music of the swing era as well as jazz standards for your listening pleasures at North Bellevue Community Center. No pre-registration required. This is a FREE activity. \*the second Tuesday of every month is a \$3 dance. No pre-registration required.

Every Tues Jan - April 1-3pm





# Chinese Information Service

## All are welcome to participate in the Chinese Information Service Center (CISC) Programs!

CISC helps immigrants throughout King County achieve success in their new community by providing information, referral, advocacy, social, and support services for ALL!

### Chorus

Come sing with the CISC Chorus at North Bellevue Community Center! New singers are welcome at any time. No auditions and no pre-registration required. This is a FREE activity.

Every Wed Jan - April 10:30am-12pm

### Drop-in SHIBA Assistance

The Statewide Health Insurance Benefits Advisors (SHIBA) HelpLine volunteers and staff assist consumers with choices and problems involving private health insurance as well as many government programs (Medicare, Medicaid, Basic Health, Children's Health Insurance Program, and the Washington State Health Insurance Pool). SHIBA HelpLine volunteers are also experts in Medigap coverage, employment-related health benefits, managed care, long-term care insurance, fraud and abuse questions. This service is available all but the 4th Wednesday of each month. This is a Drop-in program. No pre-registration required. This is a FREE program.

Wed	Jan 8	9am-12pm
Wed	Jan 15	9am-12pm
Wed	Jan 22	9am-12pm

Cancelled during the month of February due to maintenance

Wed	March 4	9am-12pm
Wed	March 11	9am-12pm
Wed	March 18	9am-12pm
Wed	April 1	9am-12pm
Wed	April 8	9am-12pm
Wed	April 15	9am-12pm
Wed	April 29	9am-12pm

### Drop-in Tai Chi Practice

Tai chi is an internal Chinese martial art practiced for both its defense training and its health benefits including enhanced flexibility and balance, lower blood pressure and improved heart health, and may lower levels of depression, stress and anxiety. Tai chi is easy to learn and follow, join any time. No instruction provided for this activity. No pre-registration required. This is a drop-in activity. Fee payable at the door. \$4 R/\$5 NR

Every Wed Jan - April 9am-11am



# Center Programs

### ESL Instruction

This English as a Second Language instruction is for beginner/intermediate English-speaking adults with Mandarin as a first language. No pre-registration required. This is a FREE activity.

Every Wed & Fri Jan - April 9:30am-11am

### ESL Newspaper Reading

Each week this group will study an article from the local newspaper and learn new vocabulary. This English as a Second Language instruction is for beginner/intermediate English-speaking adults with Mandarin as a first language. No pre-registration required. This is a FREE activity.

Every Wed Jan - April 9-10am

### Information & Assistance

This service is provided in Mandarin to those 55 years of age or older with questions and concerns regarding health insurance, housing, naturalization application, utility or medical bills etc. Please call 206-624-5633 x4123 for additional information or to make an appointment. This is a FREE service.

Every Thurs Jan - April 1-3pm



### Line Dancing

Line Dancing is a choreographed dance with a repeated sequence of steps in which a group of people dance in one or more lines or rows, all facing either each other or in the same direction, and executing the steps at the same time. With this dance group you, will learn and practice these routines and moves! Individual dancing/no partner required. No pre-registration required. This is a drop-in activity. Fee payable at the door. \$4 R/\$5 NR

Every Wed Jan - April 1-3pm

### Music Group

This free drop-in music class offers participants to sing-along with traditional Chinese instruments. No pre-registration required.

Every Thurs Jan-April 9-10:30am



# India Association

## All are welcome to participate in the India Association of Western Washington (IAWW) Programs!

The India Association of Western Washington (IAWW) operates in the Greater Seattle area to provide a common identity to the Indian community through promotion of unity, friendship and good will based on mutual understanding and cooperation and to establish a community center for social, educational and cultural activities for ALL!

### Community Program

North Bellevue Community Center and the India Association of Western Washington (IAWW) have partnered in effort to unite and celebrate multi-generational Indian families and bridge cultural gaps in the community by providing safe, creative space for activities including yoga, health talks and social communication. This program is open to everyone every Thursday morning and evening. Contact IAWW for additional information; 206-805-8955, or [www.iaww.org](http://www.iaww.org).

A typical Thursday schedule may look like the following:

- 10:30am-Meditation; Conversational English, Women's Fitness by Tulika Dugar
- 11:30am-Chair Yoga
- 12:30pm-Community Lunch
- 1:30pm-Informational Sessions/Music/Bingo/Art
- 2pm-Preschool Enrichment (3 years and above)

### Evening programming

Includes Bridge Club, Community Conversations, Music Therapy for Autism Spectrum Children, ANVI Women's Workshops, Legal Clinics and more!  
Every Thursday Jan-April

visit [www.iaww.org](http://www.iaww.org) for schedule and fees

# Sea Mar Community

## All are welcome to participate in the Sea Mar Community Health Centers (Sea Mar) Programs!

Sea Mar Community Health Centers is a community-based organization committed to providing quality, comprehensive health, human, housing, educational and cultural services to diverse communities, while serving all populations, they take pride in specializing in services to Latino families, many of whom are native Spanish speakers and have limited or no English-speaking abilities.

### ESL Instruction

In this group learn the American style of handwriting, increase your understanding of common English phrases, and practice your penmanship and conversation skills in a fun and supportive setting at North Bellevue Community Center. No pre-registration required. This is a FREE activity.

Every Mon Jan-April 12:45-1:45pm

### Exercise in Spanish

Exercise instruction is given in Spanish. No pre-registration required. This is a FREE activity.

Every Fri Jan-April 11am-12pm

## Enrichment & Social Services

### Afternoon at the Movies

Come enjoy a free movie and popcorn each week at North Bellevue Community Center. A monthly movie list can be found online or at North Bellevue Community Center. No pre-registration required. This is a FREE activity.

Every Tues Jan-April 2-4pm

### NBCC Book Club (PM)

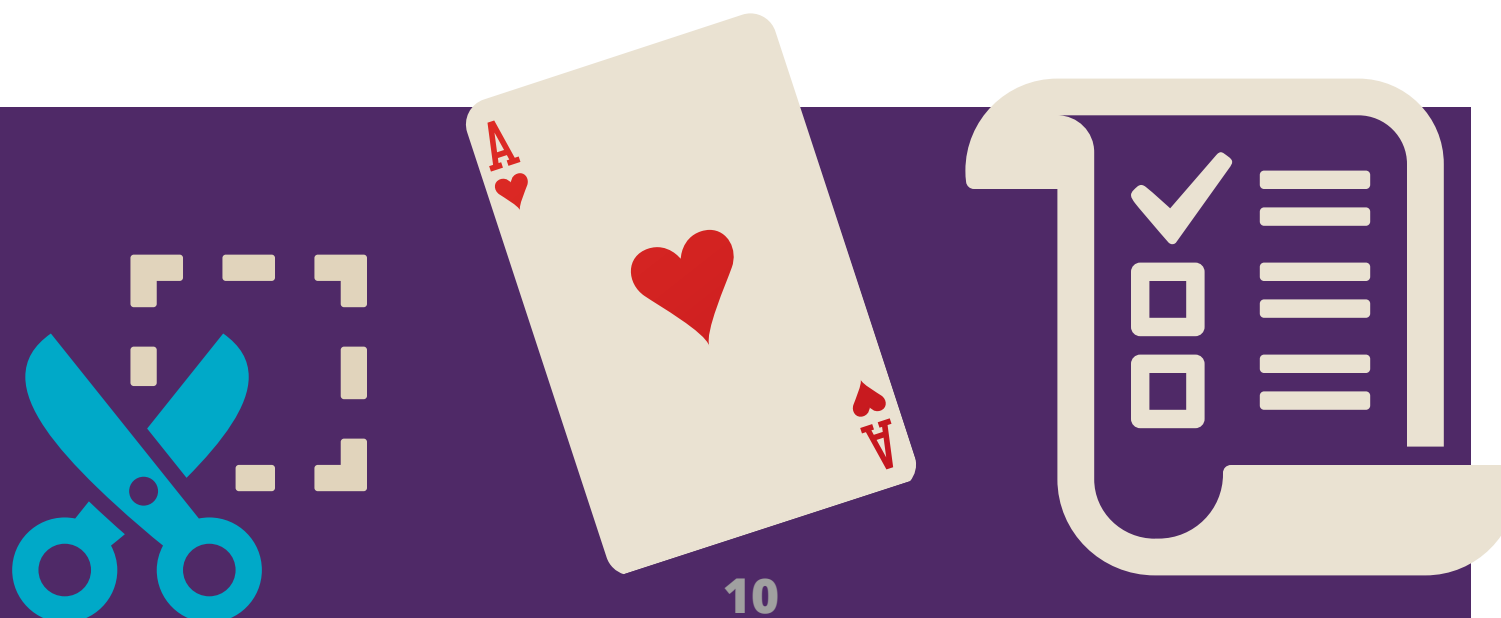
Join the North Bellevue Community Center Book Club to read and discuss literature with a group of your peers. A monthly reading list is available online or at North Bellevue Community Center. Join anytime, no pre-registration required. This is a FREE activity.

Tues	Jan 21	6-7:30pm
Tues	Mar 17	6-7:30pm
Tues	Apr 21	6-7:30pm

### Community Lunch Program

Enjoy a weekly meal sponsored by Catholic Community Services at North Bellevue Community Center. Lunch is served on a first come-first served basis at 12pm. Monthly menus are available online or at North Bellevue Community Center. No pre-registration required. Fee payable by cash or check at the door. \$4 suggested donation 60 years of age and older/required \$6 fee for ages 59 and younger

Every Mon, Tues, Wed, Fri Jan-April 12-1pm



# Drop-in Sports & Activities

## Drop-in Billiards

Adults can drop-in with friends or show up to make some during business hours to play pool/billiards on our two regulation sized tables at North Bellevue Community Center. Balls, cues, racks & chalk provided. No pre-registration required. This is a FREE activity.

Mon-Thurs	Jan-April	8:30am-8:30pm
Fri	Jan-April	8:30am-5:30pm
Sat	Jan-April	8am-12pm

## Drop-in Duplicate Bridge

Duplicate bridge is the most widely used variation of contract bridge in club and tournament play. Bring a partner to the North Bellevue Community Center and enjoy some social play! No pre-registration required. This is a FREE activity.

Every Wed & Fri Jan-April 12-3:30pm

## Drop-in Pickleball

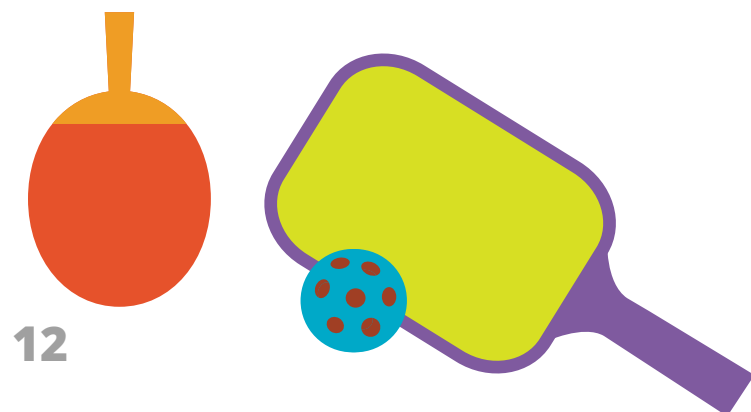
Pickleball is a racquet sport that combines elements of badminton, tennis, and table tennis. Adults can drop-in for a recreational game of pickleball during specified play times. Court, net and balls are provided by North Bellevue Community Center. Players provide their own paddle. No pre-

registration required. This is a drop-in activity. Fee payable at the door. \$4 R/\$5 NR  
Mon, Wed & Fri Jan-April 3:15-5:15pm

## Drop-in Ping Pong

Ping Pong, also known as Table Tennis, is a sport in which two or four players hit a lightweight ball back and forth across a table using small rackets. The game takes place on a hard table divided by a net. Adults can drop-in for a recreational game of ping pong during specified play times. Table and net are provided by North Bellevue Community Center. Players provide their own paddle and balls. No pre-registration required. This is a drop-in activity. Fee payable at the door. \$4 R/\$5 NR

Mon, Wed & Fri Jan-April 8:45-10:45am & 3-5pm



# Services & Support

## AARP Driver Safety Program

The AARP 2-day Smart Driver Course is one of many programs offered by AARP Driver Safety. It's the nation's largest classroom and online driver safety course and it's designed especially for drivers age 50 and older. Pre-registration is required. \$15 AARP Members/\$20 AARP non-members. Fee payable by cash or check to AARP at the door.

Tues	Feb 4-11	9am-1pm
Tues	Apr 21-28	9am-1pm

## APDA Early On-Set Parkinson's Disease Support Group

The American Parkinson Disease Association nationwide network provides information and referral, education and support programs, health and wellness activities, and events to facilitate a better quality of life for the Parkinson's community. When someone who is 21-50 years old receives a diagnosis of Parkinson's disease, it is referred to as early onset Parkinson's disease, or young onset Parkinson's disease. No pre-registration required. This is a FREE program.  
1st Wednesday of each month 7-8:30pm

## Eastside Legal Assistance Clinic

The Eastside Legal Assistance Program offers a general legal clinic for low-income individuals at North Bellevue Community Center on the 2nd Thursday of each month. All other Thursdays will focus on a full range of family law issues including divorce, parenting plans, maintenance, domestic violence, protective orders, and child support. Please call Eastside Legal Assistance at 425-747-7274 to make an appointment.  
2nd Thursday of each month 2-4pm

## ORCA-To-Go Card Distribution

Each month ORCA To-Go travels around the Puget Sound area making stops at senior and community centers, major events, fairs and other key locations to provide on the spot full-service ORCA card sales and assistance. Cash, checks, and major credit cards accepted for payment. No pre-registration required. Call 1-888-988-6722 or visit [www.orcacard.com](http://www.orcacard.com) for more information.

## SHIBA Medicare Assistance

The Statewide Health Insurance Benefits Advisors (SHIBA) HelpLine volunteers and staff assist consumers with choices and problems involving private health insurance as well as many government programs (Medicare, Medicaid, Basic Health, Children's Health Insurance Program, and the Washington State Health Insurance Pool). SHIBA HelpLine volunteers are also experts in Medigap coverage, employment-related health benefits, managed care, long-term care insurance, fraud and abuse questions. Appointments available 3rd Wednesday each month. Pre-registration required. This is a FREE program

3rd Wednesday of each month 9am-12pm  
No appointments in February.



# Fitness & Wellness

## Movement Improvement

Experience a sense of well-being and calm with gentle touch and movement. Explore new possibilities to: Relieve aches and pains. Find a sense of balance and stability. Regain flexibility and coordination. Improve posture. Move with comfort and ease. Individual sessions are available with Elizabeth Strauss, Feldenkrais(R) Practitioner, Registered Jin Shin Do(R) Acupressurist, and Licensed Massage Practitioner. Wear comfortable clothing. Pre-registration is required. Fee is payable at time of registration. \$36 R/\$43 NR 30 minute appointments available Mondays between the times of 9:30am and 12:30pm.

## Enhance Fitness

Enhance Fitness focuses on dynamic cardiovascular exercise, strength training, balance, and flexibility to help older adults at all levels of fitness become more active, energized, and empowered to sustain independent lives. Contact your Health Care Provider to see if you qualify to attend this free of charge. Pre-registration and drop-in options available. Fee payable at the time of registration. Visit [projectenhance.org](http://projectenhance.org) for more information.

Tues, Thurs & Fri Jan-April 9-10am

## Gentle Yoga with Wendy

Gentle Yoga relieves stress, increases flexibility, calms the mind, and strengthens the body. This style of yoga is adaptive for aging adults and others who need a more gentle approach. All levels of experience and ability are welcome to join. No pre-registration required. This is a drop-in activity. Fee payable at the door.

Every Mon Jan-April 10:30-11:30am

## Healthy Smiles Dental Services

Healthy Smiles Inc. offers affordable dental hygiene services for people 50 years of age and older. Your visit will include full-service teeth and denture cleaning, fluoride application, measuring of gum pockets, oral cancer screening, and referral to local dentist if needed. The cost of this service is \$82 payable to the Dental Hygienist at the time of your appointment. Cash or Check only. Call Healthy Smile Inc., 206-650-3272, to make an appointment.

## Line Dancing

Line dancing is practiced and learned in country-western dance bars, social clubs, dance clubs, ballrooms and at North Bellevue Community Center! Come anytime as you are. No pre-registration required. This is a drop-in activity. Fee payable at the door.

Every Mon Jan-April 11:45am-1:45pm  
Every Fri Jan-April 10:30am-12pm

## SilverSneakers Classic

Have fun and move to the music through a variety of exercises designed to increase muscle strength, range of movement and activities for daily living. This class can be adapted by the student depending on their fitness level and abilities. It is suitable for beginning to intermediate skill levels. Contact your Health Care Provider to see if you qualify to attend this free of charge. Pre-registration and drop-in options available. Fee payable at the time of registration. Visit [SilverSneakers.com](http://SilverSneakers.com) to learn more.

Mon & Wed Jan-April 11am-12pm  
Fri Jan-April 10:30-11:30am

## Tai Chi Qigong

This class uses the principles of Traditional Chinese Medicine combined with Tai Chi and Qigong to improve human health and spirit. Students are instructed in organ and Qi meridian exercise for personal cultivation. The class practices Tai Chi and Qigong descended from the ancient Masters both with empty hand and implements which are used to extend Qi past our hands. This is a drop-in program. No pre-registration required. Fee payable at the door. \$12 R/\$14 NR  
Every Sat Jan-April 9-10am

# Youth Programs & Activities

## KCLS Family Story & Play Time

Enjoy interactive Story Times with your child that include early literacy fun with books, songs and body movement followed by play time. This is a FREE program. All ages are welcome with an adult. No pre-registration required. For more information and a current schedule visit [kcls.org](http://kcls.org)

Thurs (Schedule may vary) Jan-April Story Time 1:30-2pm, Play Time 2-3:30pm



## Move Over Mozart

Move Over Mozart is a piano-learning program where children participate in musical activities and learn from each other as well as their teacher. Learn to play familiar tunes on the piano, read music, and basic music theory for a lifetime of musical enjoyment. Having a piano at home is recommended but not required. Class recitals are scheduled throughout the year. Classes continue throughout the year with new material in each session. A one-time \$20 materials fee payable to instructor due first day of class session and is separate from the class fee. Pre-registration is required. Fee payable at time of registration. \$156 R/\$187 NR

Saturdays, Jan 4-Mar 21 and Mar 28-Jun 20  
ages 7-12 9:30-10am  
ages 5-6 10-10:30am  
ages 3-4 10:30-11am  
ages 5-6 11am-11:30am



# Computer Assistance and Educational Courses

## iPhones, iPads & More

How do I send photos via text or email? How do I sync my Windows calendar with my iPhone or iPad? How do I use my iPhone or iPad as a magnifier? Where can I get help? What tips and tricks will save me time and make it easier to use my Apple devices? Join us for this interactive workshop where you can ask questions and learn from other attendees with similar challenges. Please have your devices updated and charged and bring your passwords. Participants must provide their own iPhone and/or iPad. \$32 R/\$42 NR

Tues Mar 10-31 1:30-3pm

## Windows 10 & More

How do I transfer photos from my smartphone to my Windows computer? What do I need to do about privacy settings in Windows? How do I create a letter without installing Office? How do I maintain my computer, so it runs faster? How do I sync my calendar with my smartphone? Where can I get help? Which tips and tricks will save me time and make it easier for me to use my computer? Join us for this interactive workshop where you can ask questions and learn from other attendees with similar challenges. Please have your devices updated and charged and bring your passwords. If you do not have a device, there are a few laptops available for class use. \$32 R/\$42 NR

Tues Feb 4-Mar 3 1:30-3pm

## Computer Education Session

**SeniorTech of Puget Sound** provides basic education in the use of computers, tablets, smartphones, electronic book readers, digital cameras, and similar devices. They focus on, but do not limit our services to, adults 50 and older. Their goal is to provide computer and related device literacy to any senior and other persons willing to learn. Join them for a FREE monthly education session. For more information visit [seniortechps.org/](http://seniortechps.org/)

Tuesdays

Jan 14, 28, Feb 11, Mar 10, 24, 31, Apr 14, 28  
9:30am-12pm

## Drop-in Computer Assistance

**SeniorTech of Puget Sound** provides basic education in the use of computers, tablets, smartphones, electronic book readers, digital cameras, and similar devices. They focus on, but do not limit their services to, persons 50 and older. Their goal is to provide computer and related device literacy to any senior and other persons willing to learn. Stop by the 2nd, 4th & 5th Tuesday of each month to get assistance with your computer needs. No pre-registration required. This is a drop-in activity. Fee payable at the door. \$3 R/\$4 NR

