



Sharing Corner

During this time of quarantine, our plan and hope is to share opportunities for stimulation, creativity, and community building. Your ideas and participation are encouraged. (*Barb Higgins and Alexa Bragg of "Mindful Adventure Connections"*)



Getting to Know You

✦ Spotlight is on: **DAN LASSITER** To begin our series of spotlighting the NBCC we thought it would be best to start at the top. Dan has held the position of Community Center Supervisor for the past 5 years. He has had 20 years prior experience at Highland Community Center supervising programs for the disabled population. Dan is part of a pioneering family and was raised in a small town near Lake Chelan with 3 siblings. He has been married for 33 years and is the father of four. He enjoys many outdoor activities. As a supervisor of 12, Dan wants his staff to understand that workers are on an equal level. Dan's emphasis is on aging adults and bridging all generations and cultures. He strives for programming that provides purposeful activities. He is proud of his community and feels privileged to work for the city of Bellevue in his position. What are some of Dan's great attributes? He is viewed as:

Relatable, Down to Earth, Accessible, Hard Working and Passionate for his Staff, Volunteers and Community Members.

(Can anyone share another attribute to be added to this list?)

When you see Dan next (and we hope it will be sooner than later) ask him about "Sleepy Hollow", Long Island", or "John Wayne" to learn more about him.

Reflections and Sharing (This is how we can learn about our community. **For sharing in any of the following on our Webpage please E-mail abrugg@bellevuewa.gov. Please include how you want to be identified (name, initials or anonymous)**)

- ✦ We are wondering who has lived in Bellevue the longest?
- ✦ July celebrates America's Birthday. Our country was born and blossomed from immigration. We are wondering if any of our immigrant members would share what "Surprised them the most about America after arriving to live here?"

Most everyone has a hobby. It is a leisure time activity that brings enjoyment or enrichment. Do you know what led you to your hobbies? Gardening is one of the most popular hobbies. It has many benefits. And with the pandemic, the hobby is growing. We would like to share photos of our members' gardens. Please send us a photo of your proud accomplishment to abrugg@bellevuewa.gov

Arts and Activities

✦ Word Unscramble

How many 3 or more letter words can you form from the following letters: **D O Y E M B** (19 possible) (No proper names)

✦ Did You Know?

About July:

Birthstone is Ruby, Flower is Larkspur, and Colors are Green and Russet. Did you know that organizations or people celebrate National Bikini, Hot Dog, Ice Cream, Peach, Tennis, Grilling, Women's Motorcycle, Blueberries Month.

✦ Crafts

What does a used toilet paper roll or straw and a dandelion have in common? Here are some ways to create dandelion art!

DANDELION TOILET ROLL ART PROJECT

MATERIALS:

- Empty toilet paper rolls
- Scissors
- Poster paint (any color(s) you want)
- Cotton balls
- Construction paper (any color you want)
- Q-Tips
- Aluminum foil or plastic plate (for paint pallet)

DIRECTIONS:

- To start, pour your paint(s) of choice onto a plastic plate for your paint pallet.
- Next, lay out your construction paper and start cutting fringe at one end of your empty toilet roll(s)
- Dip the fringe-cut side of the toilet roll into your paint color of choice and stamp-painting the dandelion heads on the construction paper
- Grab a Q-Tip and with any color you choose, paint the stems from the dandelion heads
- Use a cotton ball to create "dust" off the dandelion heads