



Kathleen Landel

Dementia Care Partner Support Series—Virtual

For Spouses & Partners

An on-line, 6-class series with video, handouts, facilitated discussions and practical skills training.

The **Care Partner Support Series** will connect you with other caregivers whose spouse or partner is living with dementia, whether at home or in a care community. The series uses the Positive Approach® to Care curriculum developed by Teepa Snow.

The 90-minute classes will be held on-line using Zoom:

Thursdays, 10:00 AM – 11:30 AM

October 8 – November 12

Price: No Charge. This program receives funding from the King County Veterans, Seniors and Human Services Levy in partnership with the Bellevue Parks Department.

Each session includes educational video clips by Teepa Snow that are geared for family caregivers. Teepa is a national dementia expert and an engaging presenter.

Facilitator: Kathleen Landel, The Caregiver Coach, is a Positive Approach® to Care Certified Independent Trainer, Consultant and Coach, and works nationally with Teepa Snow as a PAC Mentor. She has over a decade of experience as a family care partner.

** We ask that you commit to attending all classes in the series.*

For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-7681 (voice) or email abragg@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice) or email ADATitleVI@bellevuewa.gov. If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

Register online at
register.bellevuewa.gov

