

# 4RS

# FOR THE EARTH!

Activity Guide for grades 1-2 at home

Use this activity guide to learn how you can use the 4Rs – Rethink, Reduce, Reuse, Recycle – to protect the Earth!

**SUPER SORTING CHALLENGE!** – Where does each item go when we're done using it? Draw a line from each item to the garbage, recycling, foodcycling, and donate bins.



## Answer Key

Donate – T-shirt, computer; Recycle – tin can, water bottle, soda can, juice box, paper, milk carton; Foodcycling/compost – apple core, banana peel, chicken bones, carrot tops, egg shells; Trash – pet waste, plastic utensils, straw, chip bag

## Explore your creative side with these simple reuse arts and crafts!

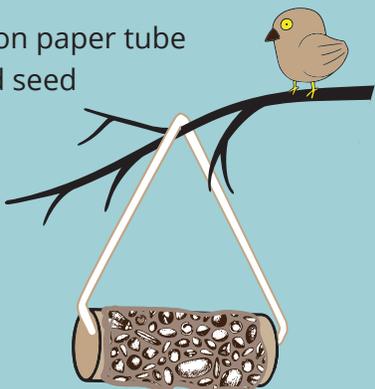
### Paper tube bird feeder

Supplies needed: toilet paper or paper towel tube, peanut butter (or similar nut-free alternative), yarn/string, bird seed



### Instructions

- Smear peanut butter on paper tube
- Roll paper tube in bird seed
- Thread string through tube and tie a knot
- Hang the bird feeder outside – enjoy birdwatching!



### Leaf stamp art with reuse paper

Supplies needed: Washable paint, leaves, paint brush, reuse or scrap paper



### Instructions

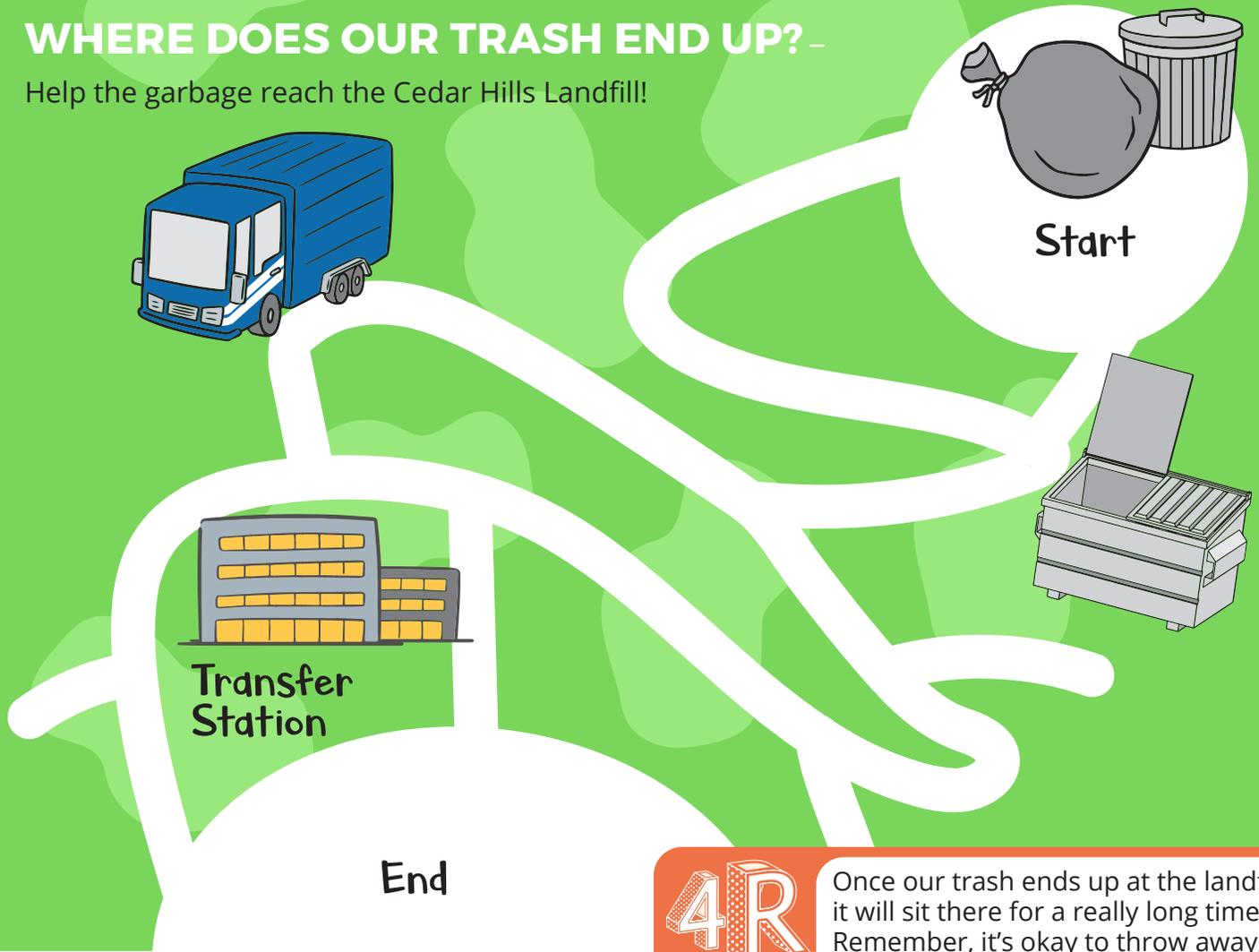
- Paint one side of a leaf
- Stamp reuse paper using leaf
- Repeat (as desired)
- Enjoy your art!



# THE PATH OF TRASH

## WHERE DOES OUR TRASH END UP? -

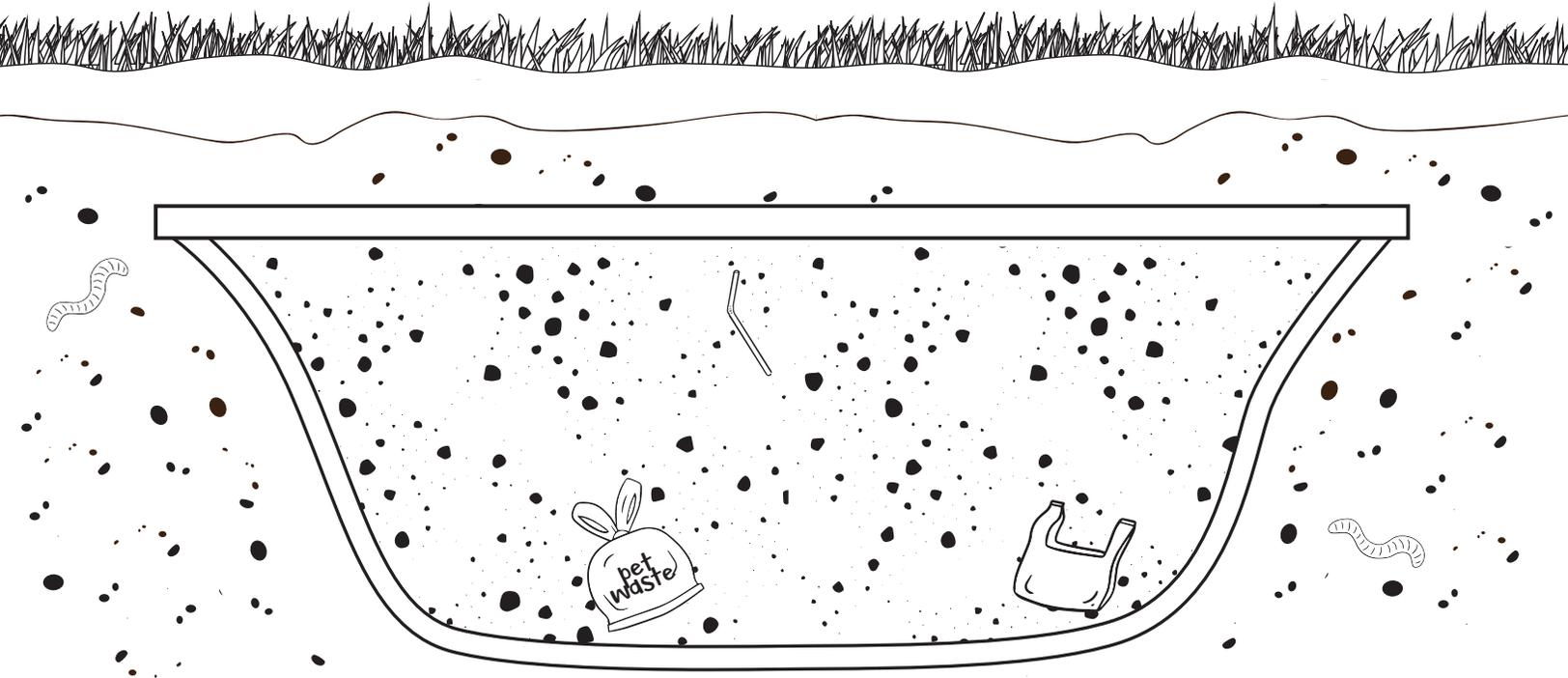
Help the garbage reach the Cedar Hills Landfill!



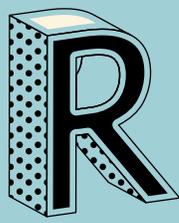
**4R**  
FACT

Once our trash ends up at the landfill it will sit there for a really long time. Remember, it's okay to throw away, but make sure trash is really trash!

Label the Landfill!



# PUT THE R IN NATURE!



**4R**  
**FACT**

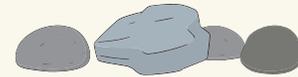
All of our stuff is made from materials we get from nature. We call these materials natural resources.

What natural resources are used to make these everyday items? Draw a line to match the items to the natural resource used to make it. *Hint: Natural resources can be used more than once.*

## EVERYDAY ITEMS



## NATURAL RESOURCES



**Answer Key** *Trees - cereal box, paper, plastic bottle, aluminum can; Oil - chip bag, plastic bottle; Rocks - bike, aluminum can; Paper - cereal box, paper, plastic bottle*

How can you **RETHINK, REDUCE, REUSE**, and **RECYCLE** to protect Earth? Start by taking the 4R pledge to save natural resources and protect habitat! Which actions will you and members of your household take to help?

**I pledge to:**

- Rethink what I throw away and try to make less garbage
- Reduce how much paper I use to save trees
- Reuse or donate old toys, books, and clothing
- Recycle paper, plastic bottles and aluminum cans because everything is made from nature

**to protect habitat!**

Signature \_\_\_\_\_

# PREVENTING POLLUTION

Find the garbage to clean-up the ocean!

**4R**  
FACT

Reusing can help us keep habitats, like the ocean and Puget Sound, clean.

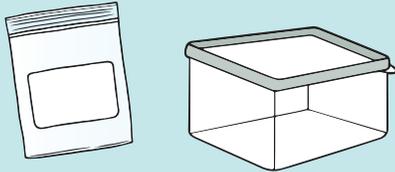


What do you see?

**Answer Key** garbage - plastic bottle, glass bottle, plastic fork, disposable fork, chip bag, sandwich bag, straw, reusable bag

**Rethink and Reuse** Can you choose to REUSE to keep habitats clean? Hint: Items we can reuse usually last longer!

What will you use to pack your lunch?



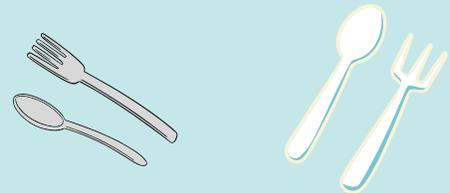
What will you use for groceries?



What will you drink from?



What will you eat with?



These items above are reusable and will last longer: reusable lunch container, reusable water bottle, cloth bag, reusable silverware

**Thank you for using the 4Rs**

What is one thing you can recycle? \_\_\_\_\_

What is one thing you can reuse? \_\_\_\_\_

What is one thing you can reduce (you didn't need in the first place)? \_\_\_\_\_



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-6932 (voice) or email [recycle@bellevuewa.gov](mailto:recycle@bellevuewa.gov). For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice) or email [ADATitleVI@bellevuewa.gov](mailto:ADATitleVI@bellevuewa.gov). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

If you have any questions regarding the ADA statement above or need help please reach out to ADA Coordinator Blayne Amson, [bamson@bellevuewa.gov](mailto:bamson@bellevuewa.gov) or 425-452-6168.