

## CLASSES:

Active Adult Fitness  
Cardio Kickboxing  
Cycle/Stretch  
Evening Fitness Express  
Fit 360°  
Indoor Cycling  
Parkour  
Pilates  
Purna Yoga  
Post-Rehab Strength & Conditioning  
Strong & Fit  
Total Body Fitness  
Yang Style Tai Chi  
Yoga for Adults 50+  
ZUMBA®  
Many other classes also available



Bellevue Parks &  
Community Services

[register.bellevuewa.gov](http://register.bellevuewa.gov)



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-4240 (voice) or email [sbcc@bellevuewa.gov](mailto:sbcc@bellevuewa.gov). For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice) or email [ADATitleVI@bellevuewa.gov](mailto:ADATitleVI@bellevuewa.gov). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

City of Bellevue  
Parks & Community Services  
PO Box 90012  
Bellevue, WA 98009-9012



Fit 360°, Indoor Cycling, Parkour, Pilates, Purna  
Yoga, Strong & Fit, ZUMBA® classes, and more...

# Fitness Classes



**SOUTH BELLEVUE  
COMMUNITY CENTER**

*a partnership for a healthy community*



**14509 SE Newport Way  
Bellevue, WA 98006**

**425-452-4240**

**BellevueWA.gov**

**[register.bellevuewa.gov](http://register.bellevuewa.gov)**

## BEST BUY!

### Session/Monthly Rates

Signing up for classes by the session or month is always the best value. Register online at [register.bellevuewa.gov](http://register.bellevuewa.gov) or in person. View the Connections brochure at [BellevueWA.gov](http://BellevueWA.gov).

## NEED SOME FLEXIBILITY?

### Flex Card Rates

Designed for participants needing more flexibility. Purchase a 5-class pass valid for the trimester.

(Jan-Apr, May-Aug, Sept-Dec)

Class	Resident	Non-Resident
Active Adults Fitness	\$41	\$50
Cardio Kickboxing	\$60	\$72
Cycle/Stretch	\$42	\$51
Evening Fitness Express	\$63	\$75
Fit 360°	\$60	\$72
Indoor Cycling	\$40	\$48
Pilates	\$75	\$90
Purna Yoga (all)	\$72	\$86
Strong & Fit	\$41	\$50
Total Body Fitness	\$60	\$72
ZUMBA®	\$40	\$48

## Drop-In Rates

Many of our fitness classes can be attended on a drop-in, space available basis for maximum flexibility.

Class	Resident	Non-Resident
Active Adult Fitness	\$9	\$10.50
Cardio Kickboxing	\$13	\$15.50
Cycle/Stretch	\$9	\$10.50
Fit 360°	\$13	\$15.50
Indoor Cycling	\$9	\$10.50
Pilates	\$16.50	\$20
Purna Yoga (all)	\$15.50	\$18.50
Strong & Fit	\$9	\$10.50
Total Body Fitness	\$13	\$15.50
Yang Style Tai Chi	\$14.50	\$17.50
ZUMBA®	\$9	\$10.50

## ENHANCED BENEFIT!

### ePass (Monthly EFT\*) & Annual Fitness Center Pass Holders Enjoy the Following:

25% off the session price for the following 8 classes: Cycle/Stretch, Evening Fitness Express, Fit 360°, Indoor Cycling, Pilates, Purna Yoga, Yoga for Adults 50+ and ZUMBA®.

## FREE FOR ALL

### Try these classes free your first time:

Active Adult Fitness, Cardio Kickboxing, Cycle/Stretch, Evening Fitness Express, Fit 360°, Indoor Cycling, Pilates, Post-Rehab Strength & Conditioning, Strong & Fit, Total Body Fitness, ZUMBA®

*\* Electronic Funds Transfer*

See the Connections brochure and South Bellevue Community Center website at [BellevueWA/sbcc.gov](http://BellevueWA/sbcc.gov) for information on additional class offerings.