



NBCC Lunch Program ~ September 2019

Monday	Tuesday	Wednesday	No Lunch on Thursday	Friday
2 North Bellevue Community Center Is Closed Today in honor Of Labor Day Holiday	3 Chicken Cacciatore Baked Zucchini Wheat Roll Pears	4 NO LUNCH TODAY CISC RESOURCE FAIR	Lunch is Served at Noon	6 Pork Chops Baked Beans Cucumber Tomato Salad Rice Pudding
9 Enchilada Suiza Garden Rice Baked Zucchini & Tomato Chips Banana	10 Baked Cod Brown Rice Garden Salad Oranges Oatmeal Cookies	11 BBQ Chicken Potato or Pasta Salad Baked Beans Tangerines	Lunch Fees 60+ \$4.00 <i>(suggested donation)</i> Under 60: \$6.00	13 Spinach Pasta Bake Carrot & Raisin Salad Berries
16 Salsa Fish Rice W/Mexicali Veggies White Corn Tortilla Pear Ice Cream	17 Chicken & Cheese Soft Taco Lettuce & Tomato Spanish Rice Mandarin Oranges	18 Split Pea Soup Wheat Roll Baked Sweet Potato Strawberry-Rhubarb Crisp	No CCS Lunch Served on Thursday's	20 Salmon Filet Wild Rice Wheat Roll Green Salad Mandarin Oranges
23 Mexican Meatloaf Mashed Potatoes Green Salad Cornbread Cantaloupe	24 Philly Cheese Steak Green Salad Grapes	25 Baja Chicken Cilantro Rice Mixed Veggies Orange	In the United States, "Labor Day, the first Monday in September, is a creation of the labor movement and is dedicated to the social and economic achievements of American workers. It constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country." (United States Department of Labor)	27 Beef Macaroni Broccoli Cantaloupe Wheat Roll
30 Chicken Tostada Chicken Tortilla Soup Plum Crisp Salsa & Sour Cream	 <p>Wishing you a Fall filled with fun! Enjoy the season!</p>			 <p>Happy Labor Day Honoring the American Worker</p>

For information please call 425-452-7681. North Bellevue Community Center 4063—148th Ave NE, Bellevue, WA 98007

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.