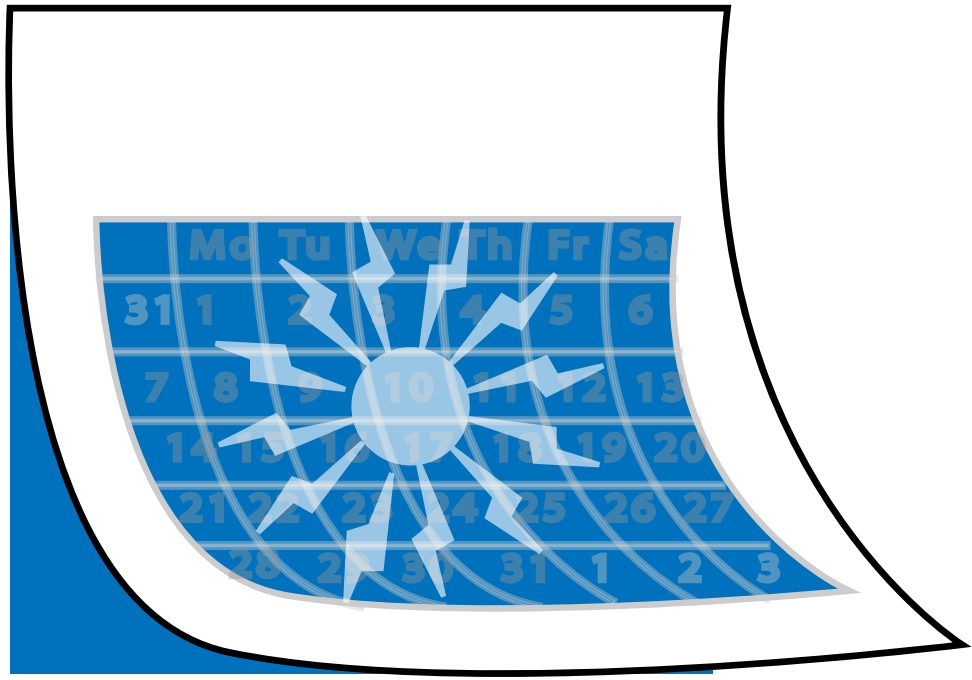
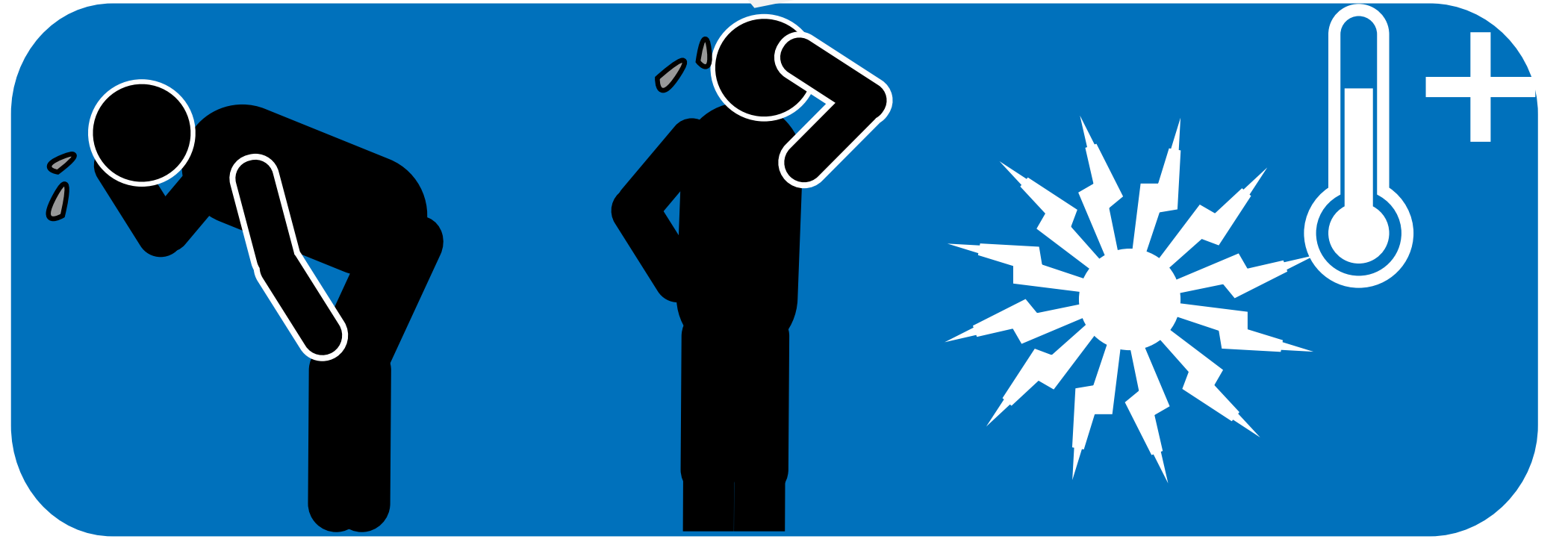


መቼ ?



በበጋ ወቅት!

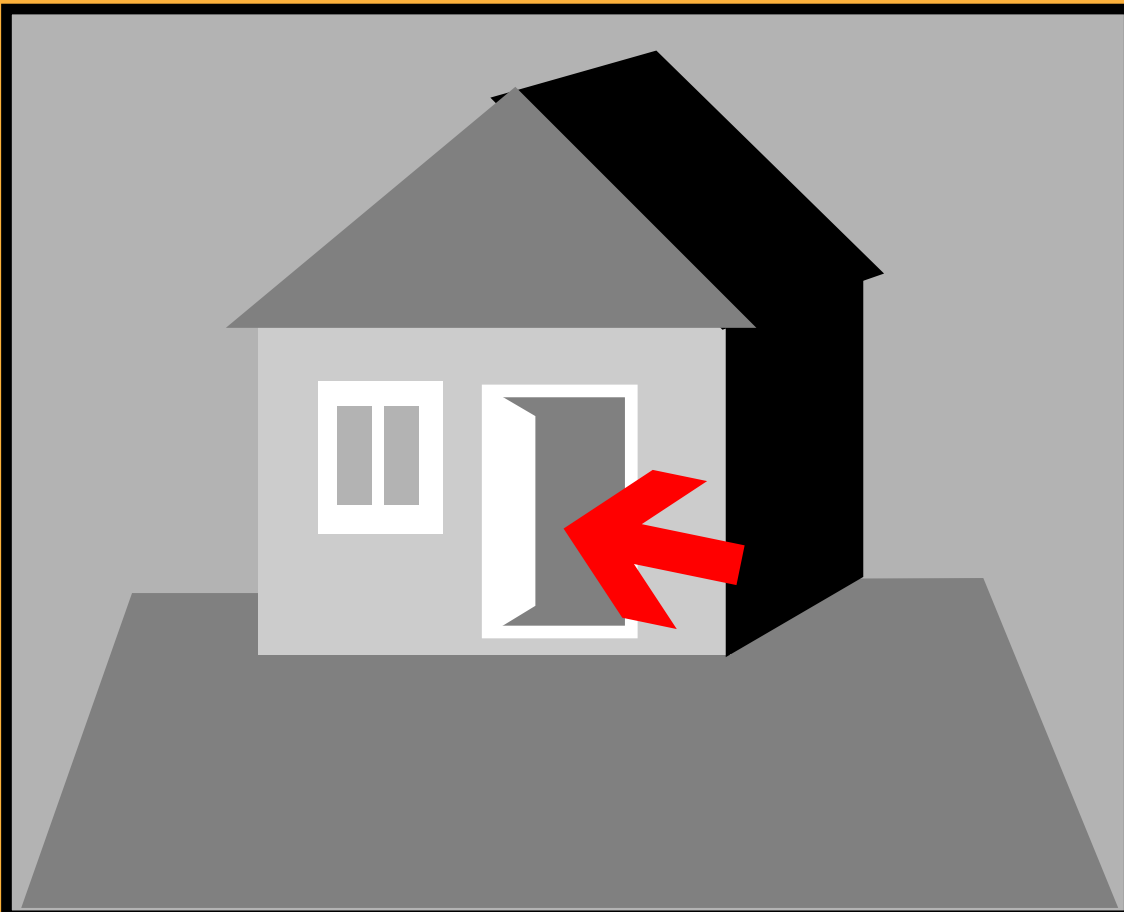
ምን ?



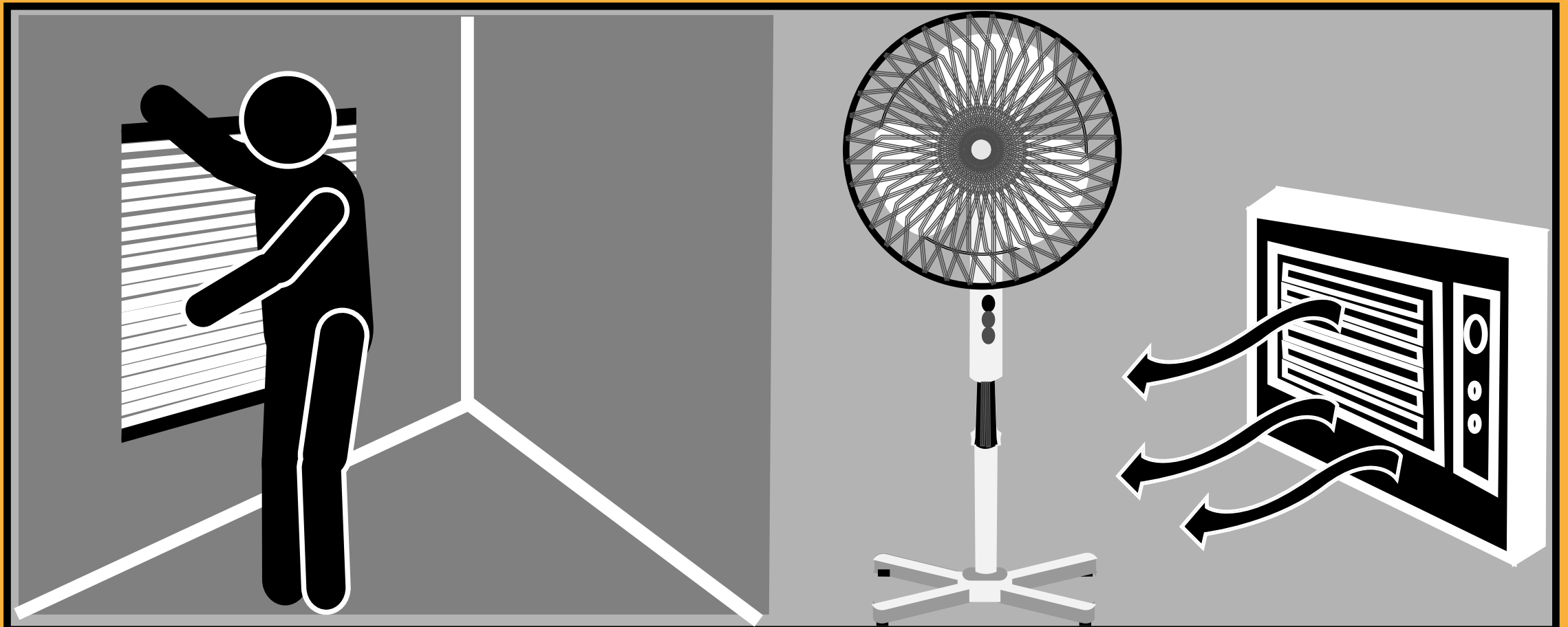
የድካም ወይም ጉልበት ማጣት ስሜት ይሰማል !

ማድረግ ያለቦት

ምን ማድረግ ይቻላል

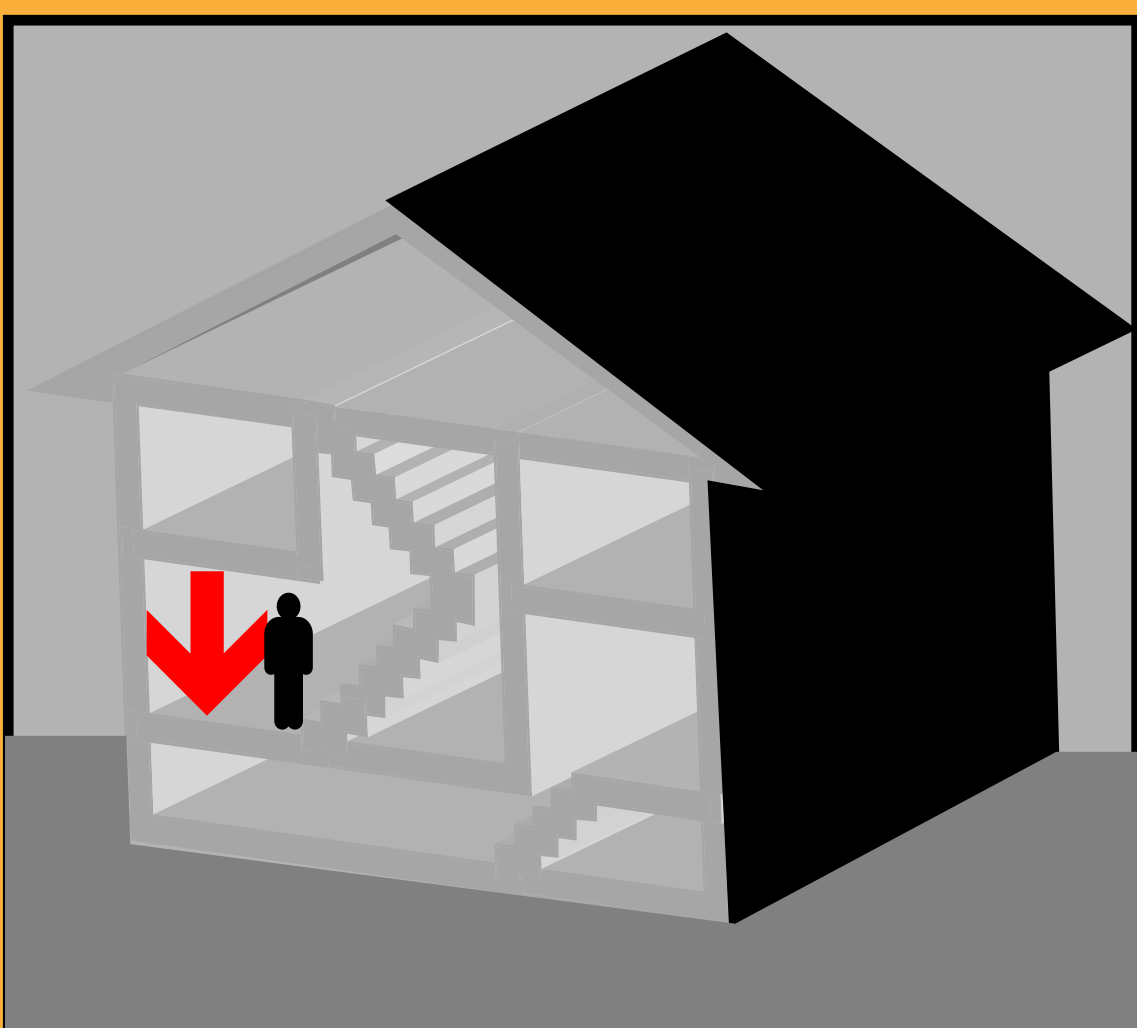


ውስጥ ይቆይ

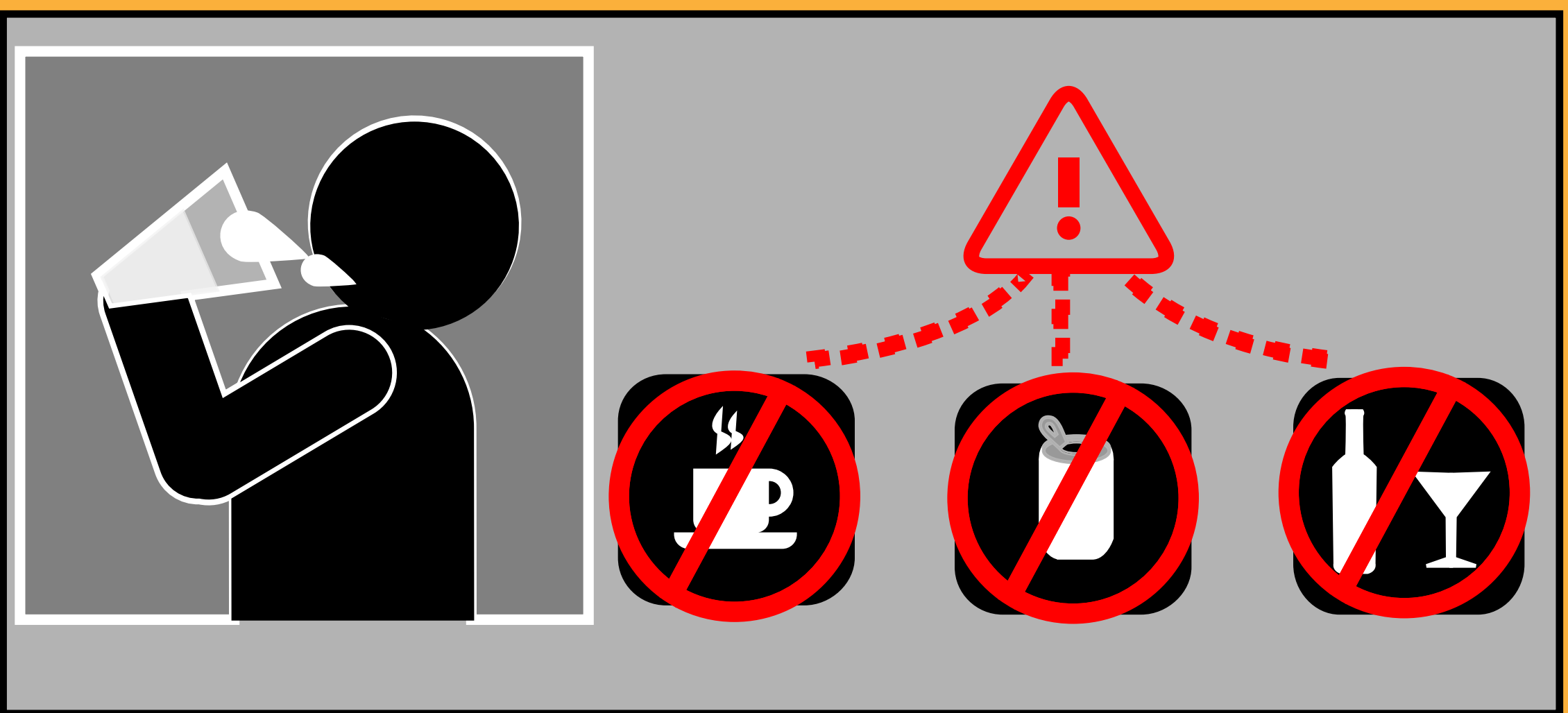


ጸሃይ የሚያገኙ መስኮቶችን ይሸፍኑ

የአየር ሁኔታ መቆጣጠርያ መሳርያ ወይም ፋን ይነሩት



ከጸሃይ ብርሃን ርቀው የታችኛው ፎቅ ላይ ይቆይ



ውሃ አብዛተው ይጠጡ

ካፌን ያላቸው፣ ጣፋጭ እና አልኮሆል መጠጥ አይጠጡ



የከባድ መቆት ቅድመ-ዝግጅቶች

“ማምለጫ መንገዶች”

በቤልቪው ያደጋ ጊዜ ማስተባበርያ ቢሮ የተደገፈ ዘመቻ

Some of the icons were modeled after OCHA Humanitarian icons. For more information: [http://www.bellevuewa.gov/emergency\\_preparedness.htm](http://www.bellevuewa.gov/emergency_preparedness.htm) Contact us: [oempublished@bellevuewa.gov](mailto:oempublished@bellevuewa.gov) | (425) 452-6935 Follow us: [www.facebook.com/BvueOEM](http://www.facebook.com/BvueOEM) | [www.twitter.com/BvueOEM](http://www.twitter.com/BvueOEM)

