
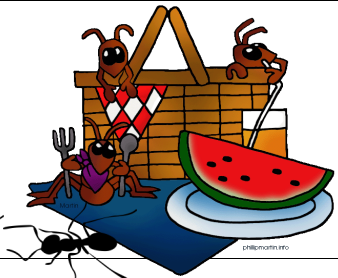


NBCC Lunch Program ~ August 2019



Monday	Tuesday	Wednesday	No Lunch Served Thursday	Friday
 <p>Summer fruits / fruits list</p>			<p>No CCS Lunch Served on Thursday's</p>	<p>2 BBQ Pork Roll Coleslaw Potato Orange</p>
<p>5 Chicken Fajita Mexican Rice Whole Pinto Beans Flour Tortilla Peaches</p>	<p>6 Chicken Margarita Creamy noodles Green Salad Peach Cobbler</p>	<p>7 Beef and Pepper Steak Diced Red Potatoes Cooked Rhubarb</p>	<p>Lunch Fees 60+ \$4.00 <i>Suggested Donation</i> Under 60: \$6.00</p>	<p>9 Lime Fish Peas and Carrots Breadstick & Green Salad Strawberry-Rhubarb Crisp</p>
<p>12 Sincronizadas DeQueso With Veggies Spanish Rice Banana</p>	<p>13 Vegetable Cobb Salad Breadstick Peaches</p>	<p>14 Lemon Pepper Tilapia Potatoes Au Gratin Spinach Fruit Cocktail Pineapple Upside/dn Cake</p>	<p>Lunch served at noon</p>	<p>16 Oven Fried Chicken Potatoes & Gravy Broccoli Roll Orange</p>
<p>19 Spanish Beef Flour Tortilla Green Salad Potato Soup Apple</p>	<p>20 Fish Sandwich Baked Red Potato Broccoli & Cauliflower Orange</p>	<p>21 Chicken Fajita Mexican Rice Whole Pinto Beans Flour Tortilla Peaches</p>		<p>23 Pork Tenderloin Bake Collard Greens Potato Grapes Oatmeal Raisin Cookie</p>
<p>26 Chicken Margarita Creamy Noodles Green Salad Peaches</p>	<p>27 Cream of Mushroom Soup Chicken Salad Sandwich Berry Crisp Whipped Topping</p>	<p>28 End of Summer Picnic Reservation Only \$5/duel when reserving</p>		<p>30 Vegetarian Stuffed Peppers Cantaloupe Lemon Bar</p>

For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change. Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.