



June 2019





Downtown/BelRed Projects Open House - June 5 at Bellevue City Hall.

Project Scoping begins for Lake Hills NEP.

Downtown/BelRed residents: Please join city staff and your neighbors at a public open house on Wednesday, June 5 at City Hall, 6:30-8:00 p.m. to preview the 22 small capital projects that will be included on your NEP ballot. The winning projects will be eligible for funding from the \$491k budget allocation. A brief overview of the scoping and NEP

the Lake Hills NEP closed on May 31. City staff are now in the scoping phase for the over **160 project ideas** that were submitted for your neighborhood area and will present projects eligible for funding from the \$508k budget allocation at a September open house.

The Neighborhood Enhancement Program is a cityfunded program that allows residents to propose and select modest, capital projects to enhance their neighborhoods. The program rotates through the city's 14 NEP neighborhood areas over the course of seven years, serving two areas each year. The \$5 million program allocation is distributed among each of the NEP neighborhood areas, according to the number of households in each area. In 2019, NEP has been in the Downtown/BelRed and Lake Hills neighborhood areas. NEP comes to Crossroads and Wilburton in 2020.

Please contact NEP Coordinator, Theresa Cuthill at tcuthill@bellevuewa.gov or 425-452-4186 with questions. Detailed program information can be found at BellevueWA.gov/nep.



For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-2735 (voice) or email mheilman@bellevuewa.gov. For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.



All About Bellevue!

Bellevue Essentials begins its seventh year INFORMATION MEETINGS

Tuesday, June 11, 6-7 p.m., Lake Hills Library, 15590 Lake Hills Blvd

Wednesday, June 12, 6-7 p.m., Bellevue City Hall, 450 110th Ave NE, Room 1E-112

The popular nine-week introduction to the inner workings of city government starts Sept. 25, and Bellevue Essentials is now recruiting for the Class of 2019! Join a cohort of 35 exceptional individuals, from various backgrounds, who will be selected to learn, engage and simulate the day-to-day challenges and opportunities that face the community. Class meets every Wednesday night, 5:30 – 9 p.m. through Nov. 13.

The multi-week course is for residents who are curious about civic engagement and local government, and are committed to the future of Bellevue and serving their community. We welcome all residents to apply!

The Information Meetings include an overview of the program, firsthand experiences of several graduates and a chance to ask questions and mingle with potential classmates. Attendance is not required to apply. The meetings will give potential applicants a clearer picture of what Bellevue Essentials is all about!

Applications for the 2019 class are due by Aug. 2. Tuition is \$125, but fee waivers are available if needed. Brochures and applications are available now at BellevueWA.gov/bellevue-essentials. For more information or to request a hardcopy packet, contact Neighborhood Services at 425-452-6836 or neighborhoodoutreach@bellevuewa.gov.



Building real connections next door in your neighborhood

Many of us may already be part of social media networks that link us to our next-door neighbors, but have you met your nearby neighbors in person?





People in the Northwest are frequently regarded as friendly, but how do long-time residents and newcomers move beyond "Hello"? Ms. Henchman emphasized that neighbors really do want to connect, but with one side waiting for the other to extend an invitation. Will you be the one to take the next step? Why not try Neighbor Link as a tool to connect your community?

Finding what we have in common is a great way to strengthen the fabric of a neighborhood, foster inclusion, reduce loneliness, and to improve communication and safety. Neighbor Link, is a Neighborhood Services program assisting Bellevue residents and neighborhoods, and runs June 1 – Sept. 30, providing city resources including colorful flyers, banners and connections to safety professionals in the fire and police departments. We can also assist with securing a free permit to close your street to traffic and reimburse up to \$50 for road closure barricades.

Some ideas shared by Bellevue's neighborhoods: organize a fun game night, ice cream or dessert social, coffee and tea gathering, garden walks or a themed potluck picnic.

Perhaps you want to gather for a purpose! Another date to put on your calendar is National Night Out Against Crime, Aug. 6. Police and Fire staff are excited to visit you in your neighborhood and to talk about safety.

What do you need to do get in on the fun? Please call us about what you might be planning!

For more information go to our <u>BellevueWA.gov/citygovernment/departments/community-development/neighborhoods/building-community/neighbor-link-block-parties</u> or contact Carol Ross, 425-452-7917, cross@bellevuewa.gov or NeighborhoodOutreach@belleveuewa.gov.

"Invisible Disabilities: The power in connection and finding voice"



At the next Cultural Conversation on Tuesday, June 4, participants will explore invisible disabilities through storytelling, table conversation and the power of

connection to support the person struggling to be seen.

An invisible disability is often a serious medical condition that may go undiagnosed and untreated due to shame, fear, denial or cultural norms. Our storyteller will share the challenges of developing self-worth amid anxiety and depression, finding courage to ask for help, and sharing what she has learned as she prepares for a new journey.

The meeting will take place 1-2:30 p.m. at Crossroads Community Center, 16000 NE 10th St. Anyone interested in learning about resources or meeting with representatives from local non-profits is encouraged to arrive between 12:30-1 p.m.

The event is free, refreshments are provided and women of all ages, faiths and cultures are encouraged to attend. To fully participate in the sharing, attendees are advised to arrange for child care. The event is recommended for individuals ages 13 and up.

For more information and to RSVP, please contact NeighborhoodOutreach@Bellevuewa.gov or 452-452-6836.

8th Annual Lake to Lake Bike Rides on Saturday, June 8

Bellevue Parks & Community Services

Come join us for an enjoyable, non-competitive recreational ride for the whole family. The 8th Annual Lake to Lake Bike Ride starts and finishes at the Robinswood Park, 14915 SE 22nd Street, Bellevue. The event benefits Bellevue Youth Camp Scholarship Fund. This low cost, recreational ride has a "family-friendly" route and a more "experienced rider" route. The ride is great for all abilities of riders, and past participants tell us it is a fun and unique ride. The routes take riders to and through many parks on a variety of surfaces; bike lanes, park paths, and low traffic roads. Children under age 9 need to be in a trailer, on a tandem or tag-along.

There are two unique routes that explore hidden treasures of Bellevue: a mostly flat 9-mile Greenbelt Loop route and the Lake Loop which is a more challenging 22-mile route.

Pre-registration is welcome and participants will pay a \$15 entry fee instead of the \$20 entry fee on the day of the event.

NEW!!

Kids Free Lake to Lake Bike Ride

Ages 8 and under are invited to the Kids Lake to Lake Ride on Saturday, June 8! There is no cost for the event, and the start and finish for the flat course event are at Robinswood Park, 14915 SE 22nd Street, Bellevue. Strider style, training wheels and two wheelers all welcome, and each finisher will receive a prize!

START TIMES for KIDS' RIDE:

Kids 5-8, 12:15 pm

Tots 2-4, 12:30 pm

For more information, please visit the event website, parks.BellevueWA.gov/special-events/lake-to-lake-bike-ride, or email bikeride@bellevuewa.gov. To register by phone, please call 425-452-6885. Social media #coblk2lk

The Assumption Trap

By Cheryl Cohen,

Co-manager Bellevue Conflict Resolution Center, 425-452-4091



Disputes often arise and escalate because of our own mental leaps toward assumptions about other people. We frequently infer motives and assign judgment based on our own filters. Since our brains operate by categorizing and synthesizing input from our surroundings and then generalize from this information, we frequently draw untested conclusions.

The logical sequence:

- "My beliefs are the truth"
- "The truth is obvious"
- "My beliefs are based on real data"
- "The data I selected are the real data"

In the Bellevue Conflict Resolution Center, mediators and conciliators help people to explore their assumptions and to describe what actually occurred, what they perceived and what they inferred as a result. We call it "Reality check!"



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Our goal is to assist residents in dispute, so they can understand each other's assumptions and explore other possible interpretations of events and behaviors. TIPS on exploring assumptions:

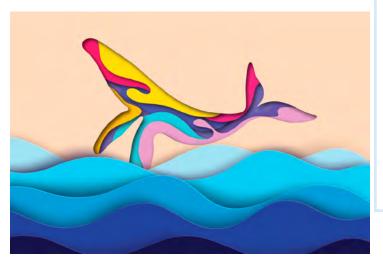
- Be aware that assumptions could be made
- Test your thinking with the other person by describing the observations that led to your ideas
- Explore the ideas that may have led to the other person's assumptions
- Get agreement on the observable data
- Inquire about the person's thinking and reasoning
- Explore other possible interpretations.

Example: Dispute between "A" and "B." A owns a house next to the condo that B lives in. A uses his house and yard to store various projects and he also rents out rooms to 4 female college students in his house. B, an elderly widow, complained about the mess in A's yard as well as the noise coming from the parties and power tools. B has called the police and code compliance many times and was referred to mediation. When they came to mediation, they had separate impressions and assumptions about events. A viewed B as "a cranky old woman who needs to get a life" and B viewed A as an inconsiderate (and potentially dangerous) man.

The mediator was able to provide an objective description based on each person's perspective and both were able to share their assumptions about the other. B was able to understand that A valued his belongings and had a particular order and lifestyle and A was able to understand B's concern about selling her condo in order to move to a quieter place more consistent with her lifestyle. This allowed them to recognize and acknowledge each other's viewpoint.

Let go of assumptions!

Contact BCRC at 425-452-4091 to learn more.



Eligible customers save money

with Cleanup LIFT



Since the program began on Jan. 1, 2019, more than 1,000

Solid Waste Division customers have taken advantage of the Cleanup LIFT discount. This program makes it more affordable for low-income customers to dispose of materials at King County's recycling and garbage transfer facilities. To receive the discount, customers just have to show their ProviderOne, EBT or ORCA LIFT card when entering a facility.

Eligible customers receive \$12 off the cost to dispose of garbage, refrigerant-type appliances, yard waste and clean wood. The discount is good for each type of material, every visit.

The discount is only available to King County residents who live outside the cities of Seattle and Milton, which are part of separate solid waste systems. This service is not available to businesses.

For more information, visit kingcounty.gov/cleanup-lift.

Holiday Fireworks Safety

Cold temperatures are quickly moving to our rear-view mirrors. As you make plans for the summer and Independence



Day, the

Bellevue Fire Department reminds you that fireworks are illegal in the City of Bellevue, except for permitted displays.

We ask for your help in getting the word out and invite you to host a sign to remind your neighbors about the ban. If you would like to host a sign, please contact Bellevue Fire Prevention at 425-452-6872 or Fire_Prevention@Bellevuewa.gov

REMINDER: Last year the penalty for illegal use of fireworks was raised to \$1,000. For background:

BellevueWA.gov/archived-news/fire-archived-news/fireworks-warning

Boards and Commissions Meetings

(All meetings are in City Hall unless otherwise noted. Agendas are subject to change. You may confirm with Neighborhood Outreach the day before or day of the meeting. Or consult the City web pages listed below to download agendas.)

Bellevue Diversity Advisory Network

(6 p.m., Bellevue City Hall) Last Tuesday of each month BellevueWA.gov/city-government/departments/city-managers-office/diversity/bellevue-diversity-advisory-network

East Bellevue Community Council (6:30 p.m., Lake Hills Clubhouse, 15230 Lake Hills Blvd) First Tuesday of each month BellevueWA.gov/city-government/east-bellevue-community-council

Arts Commission (4:30 p.m., 1E-109)

First Tuesday of each month <u>BellevueWA.gov/city-government/departments/community-development/arts-and-culture/arts-commission</u>

Environmental Services Commission

(6:30 p.m., 1E-113) First Thursday of each month Utilities.BellevueWA.gov/conservation-and-theenvironment/environmental-services-commission

Planning Commission (6:30 p.m., 1E-113) Second and fourth Wednesday of each month <u>BellevueWA.gov/citygovernment/departments/community-development/planning-commission</u>

Transportation Commission (6:30 p.m., 1E-113) Second Thursday of each month transportation. BellevueWA.gov/planning/transportation-commission

Human Services Commission (6 p.m., 1E-113) First and third Tuesday of each month <u>BellevueWA.</u> gov/city-government/departments/communityservices/human-services/human-services-commission **LEOFF 1 Disability Board** (6 p.m., Room 1E-118) First Tuesday of each month <u>BellevueWA.gov/city-government/departments/human-resources/retirees-former-employees/leoff-1-disability-board</u>

Library Board (5p.m., Lake Hills, Bellevue or Newport Way Library) Third Tuesday of each month BellevueWA.gov/city-government/departments/cityclerks-office/boards-and-commissions/library-board

Parks & Community Services Board

(6 p.m., 1E-113) Second Tuesday of each month BellevueWA.gov/city-government/departments/cityclerks-office/boards-and-commissions/parks-andcommunity-services-board

The Bellevue Network on Aging (BNOA)

8:30 a.m., North Bellevue Community Center 4063 148th Ave NE, Bellevue) First Thursday of each month BellevueWA.gov/bnoa

Special Events Committee (8:30 a.m., 1E-112) Second Thursday of each month <u>Parks.BellevueWA.</u> gov/special-events/special-events-committee

Youth Link Board (6 p.m.,1E-120) Second Wednesday of each month <u>BellevueWA</u>. gov/city-government/departments/city-clerks-office/ boards-and-commissions/youth-link-board

Bellevue's Neighborhood Services Division offers a variety of programs and partnerships for neighborhood leaders and active residents. To learn more about citizen involvement opportunities and programs to enhance neighborhoods, please visit our website at:

BellevueWA.gov/city-government/departments/community-development/neighborhoods or call 425-452-6836 or email: neighborhoodoutreach@BellevueWA.gov.

To subscribe to this newsletter, visit: planning.BellevueWA.gov/neighborhood-news

City Council https://bellevue.legistar.com/Calendar.aspx

Day	Scheduled Meeting(s)	Location	Public Comment Opportunity
1 and 3 Mondays except in August and December	6 p.m., Study Session	Council Conference Room	None
	8 p.m., Regular Session	Council Chambers	8 p.m., Oral Communications
2 and 4 Mondays except in August and December	6-10 p.m., Extended Study Session	Council Conference Room	6 p.m., Oral Communications
August - first Monday only	6 p.m., Study Session	Council Conference Room	None
	8 p.m., Regular Session	Council Chambers	8 p.m., Oral Communications
December - first and second Mondays only	6 p.m., Study Session	Council Conference Room	None
	8 p.m., Regular Session	Council Chambers	8 p.m., Oral Communications

