

# NBCC Lunch Program—March 2016

| Mon   | Tue   | Wed  | Thu   | Fri   |
|---|---|--|---|---|
|   | <b>1 Lemon Pepper Fish</b><br>Romano Cheese Potatoes<br>Spinach<br>Tropical Fruit<br>Pineapple-Orange Juice | <b>2 Cream of Mushroom Soup</b><br>Chicken Salad Sandwich<br>Mandarin Oranges<br>Apple Crisp   | <b>Lunch Served at Noon</b>   | <b>4 Creamy Tomato Fettuccini</b><br>Riviera Vegetables Roll<br>Mango-Pineapple   |
| <b>7 Chicken Tinga</b><br>Refried Beans<br>Green Salad<br>Orange                        | <b>8 Fish Taco</b><br>Rice<br>Flour Tortilla<br>Black Bean Salsa<br>Chips<br>Tropical Fruit                 | <b>9 Beef Barley Soup</b><br>Caesar Salad<br>Melon<br>Ginger Snaps   |                                    | <b>11 Pork Tenderloin Bake</b><br>Mashed Potatoes<br>Baby Carrots<br>Wheat Roll<br>Kiwi<br>Oatmeal Raisin Cookie                          |
| <b>14 Mexican Meatloaf</b><br>Mashed Potatoes<br>Green Salad<br>Cornbread<br>Cantaloupe | <b>15 Chicken Gumbo</b><br>Salad<br>Roll<br>Peaches   | <b>16 Saint Patrick's Day Luncheon Event</b><br><b>11:30am-1pm</b><br><i>Reservation Only</i><br><i>Please Pre-Register</i><br><i>Sorry No Drop-In's Today</i> | <br><b>Happy St Patrick's Day!</b> | <b>18 Spanish Fish</b><br>Rice & Corn<br>Mexican Coleslaw<br>Roll<br>Oatmeal Cookie<br>Sherbet  |
| <b>21 Florentine Fish</b><br>Roasted Potatoes<br>Green Salad<br>Biscuit<br>Apple        | <b>22 Tomato Soup</b><br>Tuna Salad Sandwich<br>Green Salad<br>Melon  | <b>23 Sloppy Joe</b><br>Tomato & Cucumber Salad<br>Green Peas<br>Apricots<br>Brownie   | <b>Lunch Fees:</b><br><b>60+ \$3.00</b><br><i>Suggested Donation</i><br><b>Under 60; \$6.00</b>                       | <b>No Lunch Today due to Good Friday Holiday</b><br> |
| <b>28 Spanish Pork Chop</b><br>Rice<br>Pinto Beans<br>Side Salad<br>Tangerine           | <b>29 Beef Tostada</b><br>Homemade Refried Beans<br>Mandarin Oranges<br>Lemon Pudding                       | <b>30 Chicken Parmesan</b><br>Angel Hair Pasta<br>Italian Green Beans<br>Breadstick<br>Lemon Bar & Juice   | <b>No Lunch Served on Thursday's</b>  |   |

**For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.**

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.

Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.