

NBCC Lunch Program - JUNE 2015

Monday		Tuesday		Wednesday		Thursday		Friday	
1	Steak Ranchero Refried Beans Red Rice Corn Tortilla Applesauce	2	Potato Salmon Patty Broccoli Lemon Pasta Breadstick Pears	3	Tortilla Soup Spanish Rice Jicama Salad Mandarin Orange	NO Lunch Served on Thursdays		5	Beef Macaroni Corn Wheat Roll Melon Chocolate Pudding
8	Spanish Chicken Salad Rice Soup Chips & Salsa Strawberry Jello w/Banana	9	Chicken Enchilada (in white sauce) Tomato & Cucumber Salad Pears Ice Cream	10	Split Pea Soup Red Potatoes Mixed Vegetables Wheat Roll Apple Streusel Cake	Lunch is Served at 12:00pm M/T/W/F		12	Grilled Sandwich Salad Mango & Yogurt
15	Beef Fajitas Rice Pinto Beans Melon	16	Florentine Fish Red Potatoes Zucchini Stewed Tomatoes Roll Cherry Crisp	17 Father's Day Luncheon 11:30am-1:00pm (Reservations Required)		Father's Day Luncheon Is Wednesday, 6/17 		19	BBQ Pork Ribs Scalloped Potatoes Broccoli Wheat Roll Pears
22	Zarandeado Fish Mashed Potatoes Broccoli Peaches Strawberry shortcake	23	Spaghetti & Meatballs Corn Garlic Bread Pears	24	Black Bean Soup Spinach Salad Salad Roll Baked Apple	<u>LUNCH FEES</u> 60+; \$3.00 <i>Suggested Donation</i> Under 60; \$6.00		26	Chicken & Dumplings Salad Vegetable Blend Tropical Fruit Salad
29	Pork Soft Taco Spanish Rice Mexicali Vegetables Orange	30	Fish Burger Spinach Salad Broccoli Orange Wedge Pudding						

For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.

Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.