

NBCC Lunch Program—January 2016

Monday	Tuesday	Wednesday	No Lunch on Thursday	Friday
	<p>“Everybody can be great...because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love.” — <u>Martin Luther King Jr.</u></p>			<p>1 CLOSED for New Year's Day</p> 
<p>4 Chicken Taco Spanish Rice Pinto Beans Mexicali Vegetables Mandarin Orange</p>	<p>5 BBQ Park Sandwich Green Beans Appleslaw Oatmeal/Raisin Cookie Apricot Nectar</p>	<p>6 Meatball Soup Chicken Salad Roll Plum</p>	<p>No Lunch Served on Thursday's</p>	<p>8 Lime Fish Salad Salad Zucchini Linguini Breadstick Strawberry Rhubarb Crisp</p>
<p>11 Pork Fajita Rice Pinto Beans Banana</p>	<p>12 Cajun Chicken Pasta Green Salad Garlic Breadsticks Mixed Citrus</p>	<p>13 Chicken Noodle Soup Ham Sandwich Oyster Crackers Strawberries & Whipped Topping</p>	<p>Lunch Served at Noon</p>	<p>15 Stuffed Bell Pepper Salad Salad Whole Wheat Roll Peach Crisp</p>
<p>18 CLOSED for MLK Holiday</p> 	<p>19 Baked Cod Scalloped Potatoes Carrot Raisin Salad Broccoli Tropical Fruit & Roll</p>	<p>20 Lentil Soup Ham Sandwich Cantaloupe</p>	<p>Lunch Fees: 60+ \$3.00 <i>Suggested Donation</i> Under 60; \$6.00</p>	<p>22 Ground Pork & Rice Casserole Baby Carrots Wheat Roll Kiwi</p>
<p>25 Tilapia Amandine Steamed Broccoli Carrots Whole Wheat Roll Oatmeal Raisin Cookie</p>	<p>26 Chef Salad Breadsticks Peaches Apple Juice Orange Sherbet</p>	<p>27 Wild Rice Soup Chicken Santa Fe Salad Saltines Berries & Whipped Topping</p>		<p>29 Amandine Fish White Potatoes Broccoli Wheat Roll Chocolate Pudding</p>

For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.

Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.