
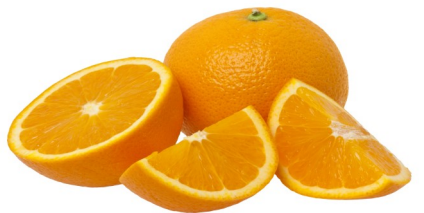


NBCC Lunch Program—April 2019

Mon	Tue	Wed	Thu	Fri
1 LATINO MENU	2 Chicken Tetrzzini Salad Sliced French Bread	3 BBQ Pork Sandwich Sweet Potato Carrot Apple Salad Lemon Bar	CCS Lunch is not Served on Thursday's	5 Amandine Fish Broccoli, Roll Orange Lemon Bar
8 LATINO MENU	9 New Cod with Vegetables Brown Rice, Orange Gingersnaps	10 Pumpkin Soup Tossed Salad Chicken Salad Sandwich Apple		12 Vegetable Lasagna Salad Chocolate Pudding Pears
15 LATINO MENU	16 Volunteer Luncheon By Invitation Only 11:30— 1:00	17 Orzo Soup Chicken Baked Red Potato Spinach Rye Crackers	Lunch is served at Noon	19 Good Friday No Lunch Service Today
22 LATINO MENU	23 Chicken Tostada Chicken Tortilla Soup Plum Crisp Salsa & Sour Cream	24 Wild Rice & Chicken Soup Egg Salad Sandwich Honey Dew Melon	Lunch Fees: 60+; \$4.00 <i>Suggested Donation</i> Under 60; \$6.00	26 Cajun Chicken Pasta Breadstick Salad Fruit Salad
29 LATINO MENU	30 Chef Salad Breadsticks Peaches Orange Sherbet	<p>FUN FACT!</p> <p>Calcium in oranges, besides Aiding in the development Of strong bones and teeth, also helps blood vessels Distribute blood throughout.</p> 		

For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.
 Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.