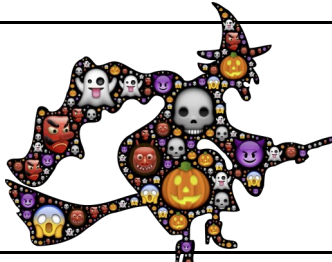






# NBCC Lunch Program— October 2018

Mon	Tue	Wed	Thu	Fri
1 LATINO MENU	2 Minestrone Soup Egg Salad Sandwich Salad Mixed Berries	3 Clam Chowder Salad Bread Sticks Mixed Berries w/Topping	Lunch is not served on Thursday's	5 Swedish Meatballs Egg Noodles Mixed Vegetables Apricots
8 LATINO MENU	9 Beef Macaroni Corn Wheat Roll, Melon Chocolate Pudding	10 Cream of Mushroom Soup Chicken Salad Sandwich Mandarin Orange Apple Crisp		12 Pork Curry Rice Broccoli Roll Applesauce & Cookie
15 LATINO MENU	16 Chicken Cacciatore Stewed Zucchini Pears	17 Spanish Fish Spanish Coleslaw Rice W/Corn Roll Sherbet	Lunch is served at Noon	19 Spaghetti & Meatballs Corn Garlic Bread Pears
22 LATINO MENU	23 Philly Cheesesteak Salad Grapes Orange Juice	24 Crab Cakes Red Potatoes Mixed Vegetables Mixed Fruit Cookie	Lunch Fees: 60+; \$4.00 <i>Suggested Donation</i> Under 60; \$6.00	26 Florentine Fish Red Potatoes Zucchini in Stewed Tomatoes Roll Cherri Crisp
29 LATINO MENU	30 Broccoli Cheese Fish Corn Chowder Scandinavian Vegetables Roll Plums	31 Halloween Luncheon Spooky Surprise Menu <b>Pre-Registration Required \$5/ at the time of the Luncheon</b> <b>11:30-1:00</b> 		

**For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.**

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.  
Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.