





NBCC Lunch Program ~ May 2018

Monday	Tuesday	Wednesday	No Lunch Thursday	Friday
	1 BBQ Pork Sandwich Green Beans Apple Slaw Oatmeal/Raisin Cookie Apricot Nectar	2 Beef Stroganoff Peas & Carrots Roll Banana		4 Arroz con Pollo Pinto Beans Flour Tortilla & Mango 
7 Latino Menu	8 Wild Rice Soup Chicken Santa Fe Salad Saltines Berries & Whipped Topping	9 Mother's Day Luncheon 11:30am-1pm RESERVATIONS Required	Lunch Served At 12:00pm/Noon	11 Shrimp Scampi Linguini Pasta Strawberry Spinach Salad Bread Stick Coconut Cream Pie
14 Latino Menu	15 Baked Cod Scalloped Potatoes Carrot Raisin Salad Broccoli Tropical Fruit Roll	16 Meatball Soup Chicken Salad Roll Plum	Lunch Fees 60+ \$4.00 <i>(Suggested Donation)</i> Under 60; \$6.00	18 Salisbury Steak Mashed Potatoes & Gravy Carrots Spinach Salad Fig Newton Wheat Roll
21 Latino Menu	23 Chef Salad Bread Sticks Peaches Apple Juice Orange Sherbet	23 Amandine Fish White Potatoes Broccoli Wheat Roll Chocolate Pudding	No Lunch Served on Thursday's	25 Lime Fish Salad Zucchini Linguini Breadstick Strawberry Rhubarb Crisp
28 CLOSED FOR MEMEORIAL DAY 	29 Beef Stir Fry Rice Asian Vegetables Fortune Cookie Peaches	30 Turkey Pot Pie Mixed Vegetables Apricots Wheat Roll Pineapple Orange Juice	~ The Kentucky Derby is the 1st Saturday in May. ~ On 5/5/61 Navy Commander Alan Shepard Jr. boarded the Freedom 7 and became the first American Astronaut in space. ~ Emerald is the birthstone for May.	

For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.
Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.