



# Youth Link Funding Application Format

Proposal Summary: Maximum of three pages, including one budget page.  
Double spaced, 10 point.

**Name of Organization: Robinswood High School/Cascade Program**

**Contact Person(s): Paul Martin**

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**Project Name: Behavior Management Through Snowboarding**

## 1. Project Description

### A. Describe the goals and objectives of the project.

*The goal of this project has been to teach at-risk youth some of the basic elements of behavior management, social skill development, and incremental achievement through a carefully structured snowboard instruction program. The goal of the snowboarding project is to improve school success by positively affecting social and academic skills. These goals will be achieved through a carefully structured, after school, snowboard instruction program that links daily progress on academic and behavioral goals to participation in the activity. The program runs for ten weeks, and clothing, equipment, lift tickets and professional instruction are provided. The therapeutic elements of the program are provided by experienced mental health professionals, and are integrated into the academic and recreational aspects of the program.*

Cascade program students typically come from difficult family backgrounds and face issues such as involvement with the criminal justice system, truancy, drug and alcohol use, and low self-esteem. The Cascade Program's goals currently focus on behavioral and academic improvement, and adding the "carrot" of an after-school snowboarding activity gives the students a very compelling reason to achieve these goals. It is our hope that the behavioral and academic improvements will continue throughout the time the snowboarding program is in place, and will persist afterwards. It is our further hope that the introduction of a new, exciting activity into the student's lives will provide them a way to avoid involvement in the negative situations described above- the justice system, truancy, and drug and alcohol use. The combination of all the above will contribute to improved self-esteem.

### B. Describe the method of evaluating this project in measurable terms.

*The project is assessed through a series of behavioral measures, and data is gathered before, at the mid-point, and at the end of the program. These measures include such areas as appropriate language, on-task behavior, and the ability to articulate the learning that has taken place. In past years, this data gathering has been extremely valuable to the program, and to the originating schools, as an indication improved school functioning.*

**C. Describe other similar programs in your organization; other projects that compliment this one.**

*There are no other programs in the Bellevue Schools similar to this one, although this program is consistent and logical extension of the behavior management program that this school already has- the entire school program is similar to that used in this snowboarding program.*

**2. Youth Involvement**

**A. How are/were youth involved in the development of this project?**

*Youth have been involved in the development of this project in that student participants planned the structure and boundaries of the program, including the consequence and reward system that are integral to it. Participants also assisted in the organization of contacting people at the ski areas.*

**B. How will youth be responsible for the continuation of this project?**

*Youth are responsible for the continuation of the project in that they are entirely involved in its planning. If the planning stage does not happen, then the project does not happen either. As the program planning stage recurs next year, so will the involvement of the youth.*

**C. How does this project reflect Bellevue's commitment to developing youth assets? How does this project address a current Bellevue Youth Agenda or priority?**

*To answer both questions: This project is aligned with the mission in that it increases the number of developmental assets in the lives of youth participants. For example, it increases positive interactions with adults, increases recreational activity (keeping kids involved in positive after school activities), encourages individual perseverance, and enables responsibility of helping to facilitate such a program.*

**3. Type of Funding Requested**

A. One time only funding.

**4. Youth Link Recognition**

**A. How will this project enhance community awareness about Youth Link?**

*Youth Link will be recognized in every publication and at every possible opportunity that presents itself over the course of the project. Not to mention, that all participants will be aware of Youth Link's generosity.*

**B. How can Youth Link participate in this project?**

*Through volunteers for chaperones, class discussion participation, post-program assessment activities in the classroom. We would love and invite any involvement with Youth Link into our classroom/program.*



## Operating Budget Youth Link Funding Application

Organization Name:

Fiscal Year Ending:

|   | YOUTH LINK<br>REQUEST DOLLARS | YOUR PROGRAM<br>BUDGET DOLLARS |
|---|-------------------------------|--------------------------------|
| <b>Earned Income</b>  |                               |                                |
| This request  | \$5,000                       |                                |
| Fund-raising Projects (describe)                              |                               |                                |
| Other Funding-  |                               |                                |
| <b>*In-Kind Support</b>                                       |                               |                                |
| Youth Link Staff  | \$900                         | \$900                          |
| Volunteer Hours   |                               |                                |
| S.O.S – clothing, lift tickets, instruction, equipment rental |                               | \$9,200                        |
| <b>Operating Expenses</b>                                     |                               |                                |
| Personnel (salaries, taxes, benefits)                         |                               |                                |
| Professional Services   |                               |                                |
| Rental, Lease- bus  | \$4,100                       | \$4,100                        |
| Marketing Expenses  |                               |                                |
| Office Supplies   |                               |                                |
| Postage   |                               |                                |
| Printing  |                               |                                |
| Telephone   |                               |                                |
| Other:  |                               |                                |
|   |                               |                                |
| <b>TOTAL</b>  | <b>\$5000</b>                 |                                |

**\*\* Grand total this funding application: \$ 14,200**

- In-kind contributions are not considered as income
- \*\* This figure should reflect your **“Total Program Budget”** including anticipated Youth Link funds.