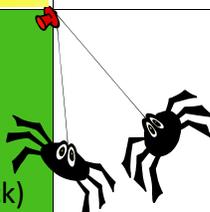


# NBCC Lunch Program - SEPTEMBER 2014

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1 LABOR DAY HOLIDAY</b> North Bellevue Community Center is <b>CLOSED</b>	<b>2 Amandine Fish</b> White Potatoes Broccoli Wheat Roll Chocolate Pudding	<b>3 Lentil Soup</b> Ham Sandwich Cantaloupe	Lunch is Served at 12:00pm M/T/W/F	<b>5 Cajun Chicken Pasta</b> Green Salad Garlic Breadsticks Mixed Citrus
<b>8 Mexican Meatloaf</b> Mashed Potatoes Green Salad Cornbread & Honey Tropical Fruit	<b>9 Taco Bake Casserole</b> Seasoned Corn Pinto Beans Melon	<b>10 Wild Rice Soup</b> Chicken Santa Fe Salad Saltines Berries & Whip Topping	<b>NO Lunch Served on Thursdays</b>	<b>12 Chef Salad</b> Breadsticks Peaches Apple Juice Orange Sherbet
<b>15 Beef Soft Taco</b> Navy Bean Soup Salad Fruit	<b>16 BBQ Pork Sandwich</b> Green Beans Appleslaw Oatmeal Raisin Cookie Apricot Nectar	<b>17 Meatball Soup</b> Chicken Salad Sandwich Roll Plumb	<b>LUNCH FEES</b> 60+; \$3.00 <i>suggested donation</i> Under 60; \$6.00	<b>19 Ham &amp; Spiral Noodles</b> Winter Mix Vegetables Sourdough Bread Apricots Chocolate Chip Cookie
<b>22 Chicken Tinga</b> Refried Beans Green Salad Orange	<b>23 Turkey Pot Pie</b> Mixed Vegetables Apricots Wheat Roll Pineapple-Orange Juice	<b>24 Chicken Noodle Soup</b> Chicken Sandwich Oyster Crackers Strawberries & Whip Topping	 <p>Welcome Fall</p>	<b>26 Beef Stroganoff</b> Peas & Carrots Roll Banana
<b>29 Pork Mexican Zucchini</b> Spanish Rice Corn & Carrots Tortilla Tropical Fruit	<b>30 Baked Cod</b> Scalloped Potatoes Carrot Raisin Salad Broccoli Tropical Fruit	 <p>School is back in session. Please watch for the kids.</p>	Don't forget to sign up in advance for the Halloween Luncheon <b>Reservations Required</b> (Luncheon details on back)	

**For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.**

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.  
 Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.