

September 2013 NBCC Lunch Program

Mon	Tue	Wed	Thu	Fri
Closed for Labor Day Holiday	3 Box Lunch Meat Sandwich Salad, Fruit Cookie, Milk	4 Manhattan Clam Chowder Turkey Sandwich Milk	Lunch Served at Noon	6 Chicken Parmesan Angel Hair Pasta Garlic Bread Cherry Cobbler Milk
9 Cuban Sandwich Chopped Green Salad Chips & Salsa Strawberries & Whip Cream	10 Chicken Pot Pie Key West Vegetables Roll Mandarin Oranges Milk	11 Salmon Patty Wild Rice Mixed Vegetables Roll Peaches	Lunch Fees: 60+; \$3.00 Suggested Donation Under 60; \$6.00	13 Pork Bratwurst Sauerkraut Mixed Vegetables Streusel Apple
16 Spanish Beef Mexican Slaw, Tortilla Potato Soup Pistachio Pudding	17 Lime Fish Zucchini Pasta Roll Fruit Milk	18 Broccoli Cheese Soup Egg Salad Sandwich Angel Food Cake w/Berries Milk	No Lunch Served on Thursday's	20 Creamed Chicken Over Biscuit Green Beans Fruit Milk
23 Fish Taco Tortilla Soup Mexican Rice Fruit	24 Honey Mustard Chicken Sweet Potato Fries Broccoli Normandy Roll, Fruit Milk	25 Pork Tenderloin Sweet Potatoes Mushroom Soup Fruit Milk		27 Cheese Ravioli Italian Vegetables Bread Sticks Chocolate Cake Orange Milk
30 Chicken Fajitas Refried Beans Mexican Rice Flour Tortilla Strawberry Jell-o	<p>For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.</p> <p>Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.</p>			