

WBCC Lunch Program - May 2014



Monday	Tuesday	Wednesday	No Lunch on Thursday's	Friday
<p>Lunch Served at 12:00pm M/T/W/F</p>	<p><u>LUNCH FEES</u> 60+; \$3.00 <i>Suggested Donation</i> Under 60; \$6.00</p>	<p>PLEASE NOTE: Reservations are required for the Mother's Day Luncheon on Wednesday, May 7th</p>	<p>NO Lunch Served on Thursdays</p>	<p>2 CHICKEN ENCHILADA BAKE Mexican Rice Southwest Corn Tropical Fruit</p>
<p>5 BEEF PICADILLO Spanish Rice Tomato Salad Pineapple</p> 	<p>6 BBQ RIB Scalloped Potato Broccoli Whole Wheat Roll & Pears</p>	<p>7 Mother's Day Luncheon 11:30am-1:00pm (Reservations Required)</p> 		<p>9 CHICKEN & DUMPLINGS Mixed Vegetables Side Salad Ambrosia Salad</p>
<p>12 LIME FISH Rice with Corn Zucchini Tortilla Pineapple Coconut</p>	<p>13 FISH & CHIPS Streak Fries, Coleslaw Cornbread, Banana & Jello</p>	<p>14 VEGETABLE SOUP Ham Sandwich Applesauce</p>		<p>16 ORANGE GLAZED FISH Rice Pilaf Asparagus Dinner Roll Oranges</p>
<p>19 MEXICAN MEATLOAF Mashed Potatoes Green Salad Cornbread & Honey Tropical Fruit</p>	<p>20 POLISH SAUSAGE Apple Slaw Fruit</p>	<p>21 MINESTRONE SOUP Egg Salad Sandwich Green Salad Mixed Berries</p>		<p>23 HAMBURGER Sweet Potato Fries Claremont Salad Applesauce</p>
 <p>CLOSED FOR MEMORIAL DAY HOLIDAY</p>	<p>27 PINEAPPLE CHICKEN Brown Rice Peas Pineapple Chunks Roll Fortune Cookie</p>	<p>28 LEMON PEPPER FISH Corn Chowder Scandinavian Vegetables Roll Fresh Fruit</p>		<p>30 BBQ CHICKEN Macaroni Salad Broccoli Roll & Apple Slices</p>

For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.

Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.