

NBCC Lunch Program—March 2015

Mon	Tue	Wed	Thu	Fri
2 Chicken Tinga Refried Beans Green Salad Orange	3 Chicken Parmesan Angel Hair Pasta Italian Green Beans Breadstick Lemon Bar & Juice	4 Cream of Mushroom Soup Chicken Salad Sandwich Mandarin Oranges Apple Crisp	Lunch Served at Noon	6 Lemon Pepper Fish Romano Cheese Potatoes Spinach Tropical Fruit Pineapple-Orange Juice
9 Enchilada Suiza Garden Rice Baked Zucchini & Tomato Chips Banana	10 Crab Cakes Red Potatoes Mixed Vegetables Mixed Fruit Cookie	11 Corned Beef & Cabbage Potatoes & Carrots Irish Soda Bread Apples & Cinnamon <i>St. Patrick's Day Luncheon Reservations Required</i>	No Lunch Served on Thursday's	13 Chicken Margarita Egg Noodles Salad Breadsticks Apple
16 Spanish Pork Chop Rice Pinto Beans Side Salad Tangerine	17 Beef Barley Soup Caesar Salad Melon Ginger Snaps	18 Tomato Soup Tuna Salad Sandwich Green Salad Melon		20 Sloppy Joe Tomato & Cucumber Salad Green Peas Apricots Brownie
23 Mexican Meatloaf Mashed Potatoes Green Salad Cornbread Cantaloupe	24 Fish Taco Rice Flour Tortilla Black Bean Salsa Chips Tropical Fruit	25 Chicken Gumbo Salad Roll Peaches		27 Spaghetti w/Broccoli & Chicken Pea Salad Breadstick Berries & Whip Topping
30 Florentine Fish Roasted Potatoes Green Salad Biscuit Apple	31 Beef Chili Colorado Spanish Rice Black Bean Salsa Chips Mixed Fruit Orange Sherbet			Lunch Fees: 60+: \$300 <i>Suggested Donation</i> Under 60: \$6.00

For information please call 425-452-7681. North Bellevue Community Center, 4063—148th Ave NE, Bellevue, WA 98007

Nutrition analysis includes 2% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.

Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.