

NBCC Lunch Program - JUNE 2014

Monday	Tuesday	Wednesday	Thursday	Friday
2 BAJA CHICKEN Rice Fiesta Mix Vegetables Cilantro Coleslaw Fresh Fruit	3 CHICKEN ENCHILADA IN WHITE SAUCE Tomato & Cucumber Salad Pears Ice Cream	4 PORK BBQ RIBS Scalloped Potatoes Broccoli Wheat Roll Pears	NO Lunch Served on Thursdays	6 GRILLED HAMBURGER Sweet Potato Fries Claremont Salad Applesauce
9 BEEF SOFT TACO Navy Bean Soup Salad Fruit	10 SWEDISH MEATBALLS Egg Noodles Mixed Vegetables Apricots	11 Father's Day Luncheon 11:30am-1:00pm <i>(Reservations Required)</i>	Father's Day Luncheon Is Wednesday, 6/11 	13 FISH BURGER Spinach Salad Broccoli Orange Wedge Pudding
16 PORK EN SALSA VERDE Corn Tortilla Pinto Beans Tomato/Avocado Slices Fruit	17 PHILLY CHEESESTEAK Salad Grapes Orange Juice	18 IVAR'S CLAM CHOWDER Salad Bread Sticks Mixed Berries & Whipped Topping	Lunch is Served at 12:00pm M/T/W/F	20 CHICKEN CACCIATORE Stewed Zucchini Pears23
23 FISH TACO Tortilla Soup Mexican Rice Fruit	24 FLORENTINE FISH Red Potatoes Zucchini in Stewed Tomatoes Roll Cherri Crisp	25 SPLIT PEA SOUP Red Potatoes Mixed Vegetables Streusel Cake Apple	<u>LUNCH FEES</u> 60+; \$3.00 <i>Suggested Donation</i> Under 60; \$6.00	27 GRILLED TURKEY SANDWICH Salad Mango & Yogurt
30 SPANISH BEEF Mexican Slaw, Tortilla Potato Soup Pistachio Pudding				

For information please call 425-452-7681. North Bellevue Community Center 4063-148th Ave NE, Bellevue, WA 98007.

Nutrition analysis includes 1% milk. (Butter is optional and increases the fat content of the menu.) This Menu is subject to change.

Consuming raw or undercooked eggs, meat, seafood, and un-pasteurized milk and juices may increase your risk of food borne illness.