

Lewis Creek Hikes

Join a Ranger in exploring the natural history of Lewis Creek Park. Look for signs of local wildlife and learn what to do when encountering animals in the wild. All ages welcome. Dress for the weather and wear sturdy shoes.

Cost: Free! No registration required.

Info: Lewis Creek 425-452-4195

Meeting Place: Lewis Creek Visitor Center 5808 Lakemont Blvd SE, Bellevue

When: The first Saturday of every month from 10:30am-11:30am

Dates: May 5, June 2, July 7, August 4



Local Area Hikes

Did you know Bellevue has almost 100 parks and over 80 miles of trail to explore? Get connected to your local greenbelts and neighborhood parks as rangers take you on hikes throughout the year. Please dress for the weather, bring water and wear sturdy shoes. Hikes vary in theme and length. Please see details below.

Cost: Free! No registration required.

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Ecosystem Ecology - Coal Creek Park

Distance: 5 miles

Level of Difficulty: Moderate

Meeting Place: Redtown Trailhead (Cougar Mountain) on Lakemont Blvd SE.

June 16 10:00 a.m. – Noon

Fabulous Forests - Weowna Park

Distance: 3 miles

Level of difficulty: Moderate

Meeting Place: 168th Ave SE & 19th St. Limited Parking. Carpooling encouraged.

July 27 10:00 a.m. – Noon

Local Wildlife - Lewis Creek to Lakemont Community Park

Distance: 5 miles

Level of Difficulty: Difficult

Meeting Place: Lewis Creek Visitor Center, 5808 Lakemont Blvd SE

August 18 10:00 a.m. – Noon



Printed on recycled paper.

2012

Lewis Creek Park Visitor Center



Summer Programs May - August



Photo Courtesy of Bob Cerelli of Cerelli Photography

Open Wednesday—Sunday, 10:00am to 4:00pm

Inside:

- Know Your Yard Series
- Naturalists' Book Club
- Wolves in Washington Exhibit
- Nature Photography Contest



Lewis Creek Park: 5808 Lakemont Blvd SE, Bellevue, WA

Phone: 425-452-4195

www.bellevuewa.gov/lewis_creek_park.htm

Bellevue Parks & Community Services



Family Discovery Series

To register for programs call 425-452-6885 or visit www.myparksandrecreation.com. Preregistration required for all programs with a **Course #**. Programs are FREE unless otherwise noted. **Children under 12 must be accompanied by a registered adult.**

Story Time at Lewis Creek (1st Friday of every month)

Stories and activities are geared toward children ages 3-6. **Both adult and child must register. Cost: \$2 per registrant.**

The Lorax by Dr. Seuss

The Lorax message still rings true today amidst the dangers of clear-cutting, pollution, and disregard for the earth's environment. Become a nature superhero when we make hats to take home.

When: May 4

11:00—Noon

1:30—2:30

Course # 65716

Course # 66446

The Very Best Bed

Are you ready to snuggle down for the night in your very own bed? Come along as the gray squirrel searches for the very best bed as the moon rises higher in the night sky. We will make a squirrel puppet to take home.

When: June 1

11:00—Noon

1:30—2:30

Course # 65717

Course # 66447

A Log's Life

One stormy day, a strong wind rages through the forest, causing an old oak tree to bend and sway and crash to the ground. Learn about the life cycle of a tree when a new oak grows from the fallen down log. We will map out the oak tree life cycle to take home.

When: August 3

11:00—Noon

1:30—2:30

Course # 65719

Course # 66449

Secret Place

Hardly anyone knows about the secret place along the river. But if you can find the secret place, there may be ducklings and other wild friends to discover. We will make birdie clip ornaments to take home.

When: July 6

11:00—Noon

1:30—2:30

Course # 65718

Course # 66448

Lewis Creek Children's Movies No registration necessary.

Frontier Friends

Bison and prairie dogs, marmots and mountain goats—they're friendly neighbors living in some unfriendly places! Running time 30 mins. **Ages:** 3+

When: May 6

2pm-2:30pm

Mystery of Squirmy Wormy

Join the adventures of the Kratt brothers as they meet up with cool creatures from around the world. Each episode is an adventure that also features how animals use science in their natural lives. Running time 30 mins. **Ages:** 6+

When: June 3

2pm-2:30pm

Monkey Business

An all-star jungle cast from baby chimps to orangutans and baboons to high-flying monkeys play and swing from the trees. Running time 30 mins. **Ages:** 3+

When: July 8

2pm-2:30pm

Honey Seekers

Join the adventures of the Kratt brothers as they meet up with cool creatures from around the world. Each episode is an adventure that also features how animals use science in their natural lives. Running time 30 mins. **Ages:** 6+

When: August 5

2pm-2:30pm



New! Naturalists' Book Club



Delve into seminal writings by America's naturalist forefathers! Discuss, analyze and reflect on the natural world as the frontiersmen saw it, and how you see it today. Share your love of natural history while making new friends. Don't forget to bring a copy of the book along with you! **Ages:** 15+

When: Last Sunday of every month

Time: 3 p.m.—5 p.m.

Silent Spring by Rachel Carson

Rachel Carson's *Silent Spring* was first published in three serialized excerpts in the *New Yorker* in June of 1962. The book appeared in September of that year and the outcry that followed its publication forced the banning of DDT and spurred revolutionary changes in the laws affecting our air, land, and water. *Silent Spring* was a seminal text, instrumental in launching the environmental movement. It is without question one of the landmark books of the twentieth century.

When: May 27

Rewilding North America by Dave Foreman

In *Rewilding North America*, Dave Foreman takes on arguably the biggest ecological threat of our time: the global extinction crisis. He not only explains the problem in clear and powerful terms, but also offers a bold, hopeful, scientifically credible, and practically achievable solution. Sometimes dubbed, the *Sand County Almanac* for the current generation, *Rewilding North America* offers both a vision and a strategy for reconnecting, restoring, and rewilding the North American continent, and is an essential guidebook for anyone concerned with the future of life on earth.

When: June 24

In Defense of Food by Michael Pollan

Michael Pollan's book, *The Omnivore's Dilemma*, launched a national conversation about the American way of eating; now *In Defense of Food* shows us how to change it, one meal at a time. Pollan proposes a new answer to the question of what we should eat that comes down to seven simple but liberating words: "Eat food. Not too much. Mostly plants."

When: July 29

Stickeen by John Muir

Scottish-born American naturalist and writer, Muir devoted much of his life to saving the natural beauties of the West from destruction by commercial exploitation. *Stickeen* details the Alaskan adventures of Muir and his adopted four legged companion.

When: August 26

Introduction to Nature Photography

Learn the basics of nature photography. Come find out what those settings on your camera do and how they affect your photos. Whether you're trying to show off a tiny mushroom or capture the mountains in the distance, your photos can show your love for the outdoors. Bring your DSLR and we'll practice connecting to nature through photography.

Ages: 14+

When: June 24

1p.m.—2:30p.m.

Course # 66451



Adult Enrichment Series

New! Hot Topic Series

Generate discussion on current wildlife and conservation issues facing American today. Suggest topics you'd be interested in learning more about!

Ages: 12+

Wolves in Washington

Have you heard? Gray wolves have returned to Washington nearly 70 years after they were extirpated from the state! Should we be excited or nervous? Where are they coming from? Where are they traveling to? What is the state doing to prepare for their presence?

Explore and inquire about wolves in Washington State. Learn where you can find more resources on this important topic!

When: June 30 1pm-2pm

Course # 66204



Lewis Creek Film Series

Written and narrated by esteemed naturalist David Attenborough, experience the stand-out BBC nature documentary series **LIFE**. The series takes a global view of the specialized strategies and extreme behavior that living things have developed in order to survive; what Charles Darwin termed "the struggle for existence." Lewis Creek will host one episode monthly over the next year. **Ages:** 12+



Birds

Watch the courtship flight of the marvelous spatuletail hummingbird. Some birds nest in extreme locations to avoid threats from predators. Kenya's caustic soda lakes are a perilous environment for a lesser flamingo chick, while chinstrap penguins breed on a volcanic island off the Antarctic Peninsula. Running time 50 minutes.

When: May 13 2pm-3pm

Insects

Insects have evolved diverse survival strategies and become the most abundant creatures on Earth. Many insects carry chemical weapons as a form of defense. Some insects gain an advantage through co-operation. Running time 50 minutes.

When: June 10 2pm-3pm

Hunters and Hunted

Mammals have adopted diverse strategies to hunt their prey and evade predators. See a sure-footed ibex kid escaping a fox, bulldog bats fishing in Belize, and brown bears at an Alaskan river mouth. Running time 50 minutes.

When: July 15 2pm-3pm

Creatures of the Deep

Marine invertebrates, the descendants of one billion years of evolutionary history, are the most abundant creatures in the ocean. See fried egg jellyfish, giant cuttlefish, Giant Pacific Octopus and more! Running time 50 minutes.

When: August 12 2pm-3pm

Family Discovery Series

New! Lewis Creek Explorers Club Fun for the whole family! **Both adult and child must register.**

Nature Bingo

Learn about the elements that make up the natural world while you race to yell "Nature Bingo!" first. **Ages:** 4+

When: May 11, 11-11:30am

Course # 65722

May 11, 2-2:30pm

Course # 66450

Pond Dip

The edges of ponds and wetlands are great places for budding naturalists to explore! We will use tools like dip nets and water scopes to get a closer look at the wetland creatures of Lewis Creek Park... what will we find in this unfamiliar under-water world?! **Ages:** 6+

When: June 8, 1pm-2pm

Course # 65724

July 14, 1pm-2pm

Course # 66104

August 10, 1pm-2pm

Course # 66105



Green Hour

Observe and explore the park during an hour of unstructured play and interaction with the natural world. Each month, creative, science-based ideas will have children and parents deepening their knowledge and love of nature together! **Ages:** 5+

When: June 15, 1pm-2pm

Course # 64106

July 20, 1pm-2pm

Course # 66107

August 17, 1pm-2pm

Course # 66108



Intro to Birding for Kids

Did you think bird-watching was just for adults? No way! Birding is something anyone can do! Come learn how to hone your observation skills and train your eyes and mind to focus on the birds you see every day, at home, in the park, and in your school yard! **Ages:** 6+

When: June 9, 1pm-2pm

Course # 65723

New! Leopold at Lewis Creek

Are you familiar with **Aldo Leopold's Land Ethic**?

"The land ethic simply enlarges the boundaries of the community to include soils, waters, plants and animals, or collectively: the land... A thing is right when it tends to preserve the integrity, stability, and beauty of the biotic community. It is wrong when it tends otherwise."

-- Leopold, A Sand County Almanac



Aldo Leopold's Land Ethic is brought to life through the *Leopold Education Project*—a program whose mission is to create an ecologically literate citizenry so that each individual might develop a personal land ethic. Leopold Education Project curricula & activities are inspired by Aldo Leopold's greatest writing, A Sand County Almanac.

Ask a Lewis Creek Park Ranger how this curricula and activities can inspire your club, school group or scout pack. There is a suggested donation of \$2 per person. For more information or to discuss program possibilities phone 425-452-4195.

Special Events at Lewis Creek

WILDLIFE BABY SHOWER!

You are invited! Join us as the **City of Bellevue & Sarvey Wildlife Care Center** host the *First Annual Wildlife Baby Shower!* All monetary and in-kind donations will benefit Sarvey Wildlife Care Center, a not-for-profit organization that cares for abandoned and injured wild animals. Come see live but un-releasable birds of prey and an opossum as we celebrate with a supply drive and family festival!

Please help support this event by bringing a \$5 monetary donation for each participant or a food/supply item to care for this year's baby wildlife. For a full list of essential food and supply items please visit this website: www.sarveywildlife.org

Cost: Food/Supply donation OR \$5/participant

Ages: All ages

When: Saturday, April 28 11a.m.—3 p.m.

Info: 425-452-4195



LEWIS CREEK PARK NATURE PHOTOGRAPHY CONTEST

Have a great nature shot taken in Bellevue Parks that you want to share with the community? Enter Lewis Creek Park's Nature Photography Contest! The winner's photographs will be displayed at Bellevue Parks premiere environmental education centers. Additional prizes to be announced. Don't miss our Intro to Nature Photography class on June 24th for some extra pointers!

Ages: 15+

When: Submissions accepted June 20 through August 19. Winner will be announced August 25th.

For more information and to apply for the contest call: 425-452-4195



WOLVES IN WASHINGTON STATE: A BURKE MUSEUM TRAVELING EXHIBIT

Wolves, once hunted to near extinction, are making a comeback in Washington State. Understanding how to coexist with wolves is crucial to their survival. A complex story, *Wolves in Washington State* examines wolf habitat and land development issues as well as highlights the critical role wolves play in promoting a healthy ecosystem.

Ages: All ages

When: April 28—July 8, 2012

Info: 425-452-4195



Adult Enrichment Series

New! Living With Wildlife Series

Was that my neighbor's dog or a coyote? What do I do if I run into a bear? How fortunate we are to live in a city full of wildlife! But this also leaves us with the responsibility of learning how to live with our furry and feathered neighbors. Learn about the wildlife that lives in and around Bellevue and how to live in harmony with wild animals. A different species will be discussed every other month. **Ages:** 12+

Deer

Deer are among the most familiar animals of Washington, and in many places they are the largest wildlife that people encounter. Learn how to identify between mule deer, black-tailed deer and white-tailed deer and which lawn plants are deer-resistant!

When: June 23, 1pm-2pm

Course # 65712

Raccoons

Urban raccoon populations can get quite large, owing to hunting and trapping restrictions, few predators, and human-supplied food. Learn how to prevent conflicts with these crafty urban neighbors.

When: August 26, 1pm-2pm

Course # 65713

New! Know Your Yard Series

Enhance your understanding of the land you live on with the Know Your Yard Series at Lewis Creek Park. **Ages:** 12+

Your Soil

Soil is the foundational element for all of our natural world. Learn how to increase the productivity of your gardens and grass. We will talk about soil dwelling organisms, the role of soil for plants and animals, and how to increase the productivity of your gardens and grass.

When: May 20, 1pm-2:30pm

Course # 66100

Your Water

What is the source of your water at home? Come learn how your yard practices affect local water quality and what can be done to mitigate water issues or retain water on your site.

When: June 17, 1pm-2:30pm

Course # 66101

Your Plants

Without plants, nothing else in the world would exist. Come learn about plant ecology and which plants are best for your property.

When: July 22, 1pm-2:30pm

Course # 66102

Your Animals

What backyard habitat have you created? What wildlife can you expect to see in your yard and how do you mitigate impacts against our furry and feathered neighbors?

When: August 19, 1pm-2:30pm

Course # 66103

