

#### **BNOA RETREAT AGENDA**

**JANUARY 5<sup>TH</sup>, 2023** 

8:30 - NOON

OUR MISSION: The BNOA is dedicated to healthy aging in our community by promoting awareness of needs and resources that support older adults through life's transitions.

**8:30 Welcome**: Dan Lassiter, Community Services Supervisor North Bellevue Community Center

- Introduce Shelley Brittingham Dan
- > Chair & Vice Chair 2023 Dan

8:35 Role Call - Abigail

8:40 Approval of Minutes (Sept & Dec). – Abigail

#### 8:45 New Business

- 1. Contact Information Review. Dan
- 2. Women's Health Letter. Diana
- 3. Legislative Agenda review for approval Diana
- 4. Zoom vs Microsoft Teams for future meetings. Dan
- 5. New Members on-boarding. Dan
- 6. Recruitment to continue. Dan
- 7. Discuss using more (not all) of the Roberts Rules of Order. (see attachment) Dan asking for an ad hoc committee

#### 9:15 Break 10min



### 9:25 Get-to-know Me Activity

> Tell a little-known fact about yourself and White Elephant Gift activity.

### 10:00 Committee 2022 summary reports

Advocacy - Diana

Outreach - Mary

Housing & Transportation – Gazel

### 10:15 BNOA possible goals for 2023

- 1. 2023 Speakers.
  - Speak to City of Bellevue Depts
  - ➤ Memory Loss and Vision loss are ideas already proposed.
  - ➤ Accepting talks from City of Bellevue Projects.
  - How can information received be put to use by BNOA?
- 2. Development of Electronic Storage of BNOA info for members use only. Abigail
- 3. Possible committee configuration changes. After March maybe Advocacy with Housing and Transportation.
- 4. Local agenda items to think about focusing on: establish local senior networks; broadband access; disability concerns; caregiver issues; food insecurity; isolation, etc...
- 5. Bylaw updates?
- 6. Show to stay involved with 2044 comprehensive plan.
- 7. BNOA December potential changes for 2023.
  - Meetings?
  - Exit interviews?
- 8. Other. (Creating a learning series).



# 11:15 Committee's set up and organize.

- 1. Meeting day and time.
- 2. Note taker or shared note taker per meeting.
- 3. Choose a chair or co-chairs.
- 4. Create outline of 2023 work plan.
- 5. Send this information to Dan

## Noon - Adjourn