### CITY OF BELLEVUE LEOFF 1 DISABILITY BOARD Meeting Minutes

May 7, 2013 5:30 p.m. – Administration 6:00 p.m. – Business Meeting	Conference Room 1E-118 Bellevue City Hall
MEMBERS PRESENT:	Chairperson Susan Neiman Boardmember Bryan Reil Councilmember John Stokes
MEMBERS ABSENT:	Boardmember Wayne Bergeron Councilmember Claudia Balducci
<b>OTHERS PRESENT:</b>	Paula Dillon, Human Resources Siona Windsor, City Attorney's Office
MINUTES TAKER:	Michelle Cash

### I. CALL TO ORDER

The meeting was called to order at 6:08 p.m. by Chair Neiman.

### II. ROLL CALL

### III. APPROVAL OF MINUTES

# Motion by Councilmember Stokes and second by Boardmember Reil to approve the March 5, 2013 Disability Board Regular Meeting minutes as presented. Motion carried unanimously (3-0).

Approval of the February 5, 2013 and April 2, 2013 meeting minutes was postponed due to a lack of quorum.

### IV. CONSIDERATION OF APPLICATIONS FOR DISABILITY ALLOWANCES

#### A. <u>Applications for Disability Allowances</u>

Motion by Boardmember Reil and second by Councilmember Stokes to approve the Applications for Disability Allowances as presented. Motion carried unanimously (3-0).

### B. Applications for Disability Allowances Greater than 1 month

None.

# V. CONSIDERATION OF MEDICAL CLAIMS

A. <u>Routine Claims</u>

Motion by Councilmember Stokes and second by Boardmember Reil to approve the Routine Claims as presented. Motion carried unanimously (3-0).

B. <u>Special Claims</u>

# Motion by Councilmember Stokes and second by Boardmember Reil to approve the Special Claims as presented.

Boardmembers requested a treatment update from Member #31's physician. This update can be obtained during the Member's next regularly scheduled office visit.

At the question, motion carried unanimously (3-0) to approve the Special Claims as presented.

# VI. PRE-APPROVED RECURRING LONG-TERM CARE CLAIMS

The pre-Approved recurring long-term care claims were reviewed and included in the Board packet.

# VII. STAFF REPORT

None.

# VIII. UNFINISHED BUSINESS

None.

### IX. NEW BUSINESS

### A. <u>Fitness Center</u>

Ms. Dillon explained that a LEOFF 1 Member expressed interest in the Board looking into City health insurance programs for LEOFF 1 retirees providing a "Silver Sneakers" program as a form of preventative health care. She clarified that these programs generally involve providing free or reduced memberships to a variety of fitness clubs.

Ms. Dillon noted that Premera does not have a Silver Sneakers program. However, Premera does have a discount program (Extras) that allows members to receive discounts on fitness clubs and gyms as well as diet and nutritional supplements.

For Group Health Members, Ms. Dillon noted that the LEOFF Retiree plan is a Group Medicare Advantage plan so members can participate in the Silver Sneakers program. Members must be 65 and older to qualify for the program.

Boardmembers asked staff to make the fitness center information available to LEOFF 1 Members.

# X. ANNOUNCE DATE & TIME OF NEXT MEETING

The next Disability Board meeting will be held on Tuesday, June 4, 2013.

# XI. ADJOURNMENT

By general consensus, the meeting was adjourned at 6:20 p.m.